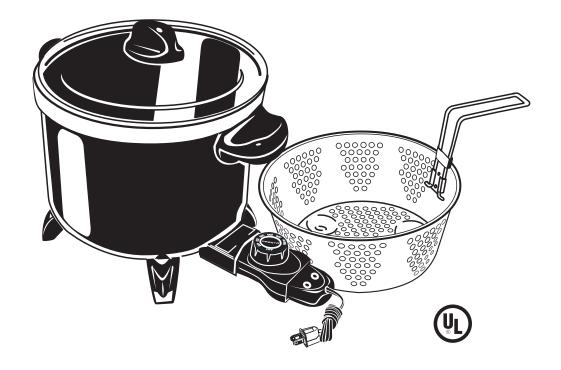


$Slow Cook'n More^{^{\text{m}}}$ electric multi-cooker



- Crockery liner for slow cooking.
- Roasts, steams, boils, stews, or deep fries with crockery liner removed.
- Includes basket for steaming and deep frying.

Visit us on the web at www.GoPresto.com

INSTRUCTIONS

This is a Listed appliance. The following important safeguards are recommended by most portable appliance manufacturers.

IMPORTANT SAFEGUARDS

To reduce the risk of personal injury or property damage, when using electrical appliances basic safety precautions should always be followed, including the following:

1. Read all instructions.

- 2. Do not touch hot surfaces. Use handles or knobs.
- 3. To protect against electrical shock or burns, do not immerse heat control or magnetic cord assembly in water or other liquid.
- 4. Close supervision is necessary when any appliance is used by or near children.
- 5. Be sure handle is properly assembled to basket and locked in place. See detailed assembly instructions on page
- 6. Do not let children handle or put electrical cords or plugs in their mouths.
- 7. Always attach heat control and magnetic cord assembly to appliance first, then plug cord into the wall outlet. To disconnect heat control and magnetic cord, turn control to "OFF", remove plug from wall outlet and cord assembly from heat control. Allow appliance to cool, then remove heat control from unit.
- 8. Unplug from outlet and remove heat control from appliance when not in use and before cleaning. Allow appliance to cool before putting on or taking off parts, and before cleaning.
- 9. Do not operate any appliance with a damaged cord or plug or in the event the appliance malfunctions or has been damaged in any manner. Return the appliance to the Presto Factory Service Department or to the nearest Presto Authorized Service Station for examination, repair, or adjustment.
- 10. The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- 11. Do not use outdoors.
- 12. Do not let cord hang over edge of table or counter or touch hot surfaces.
- 13. Do not place on or near a hot gas or electric burner or in a heated oven.
- 14. It is recommended that this appliance not be moved when it contains hot oil or other hot liquid. If it must be moved when it contains hot oil or other hot liquid, use extreme caution.
- 15. Do not use appliance for other than intended use.

SAVE THESE INSTRUCTIONS

THIS PRODUCT IS FOR HOUSEHOLD USE ONLY.

IMPORTANT CORD AND PLUG INFORMATION

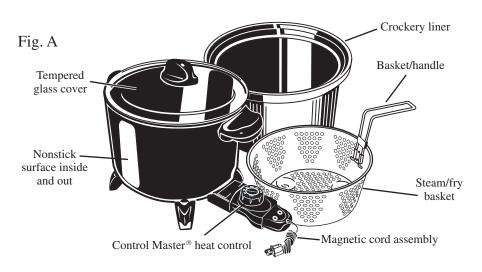
A short power supply cord (or cord set) is provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord. **DO NOT USE WITH AN EXTENSION CORD.**

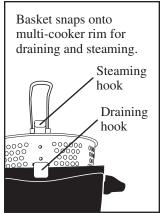
Do not allow the cord to run underneath or around the unit. The magnetic cord may not detach easily if the cord is positioned in this fashion.

Connect the power supply cord to a polarized outlet only. As a safety feature, this appliance has a polarized plug (one blade is wider than the other). This plug will only fit in a polarized outlet one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature.

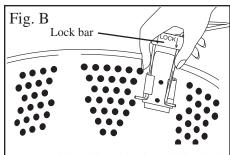
This versatile electric cooker roasts, braises, blanches, boils, deep fries, stews, steams, makes casseroles, soups, and desserts. It also has a removable crockery liner for slow cooking.

Caution: This product is not intended to melt wax, gels, plastics, or other materials for making candles or for other hobbyist activities or in any commercial or business application.

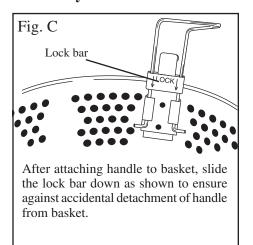




Handle/Basket Assembly



To attach handle to basket, slide lock bar up on handle as shown. Then, place one end of the handle into one of the notches in bracket. Then squeeze the ends together, and fit the other end into the opposite notch in bracket.



HOW TO USE

Before initial use, and after each subsequent use, wash appliance in dishwasher or in warm, sudsy water, rinse, and dry. **Do not immerse heat control or magnetic cord assembly in water or let them come in contact with any liquid.** Prior to first use, "season" the multi-cooker's cooking surface by rubbing lightly with cooking oil. Remove excess oil with paper towel.

For best results use nylon, plastic, wooden, or rubber utensils to turn, stir, or remove food.

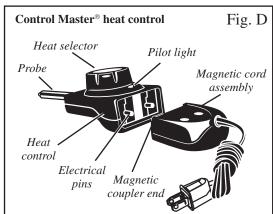
CAUTION: To avoid personal injury, position multi-cooker well back from edge of counter or table. Do not let cord hang or drape over edge of counter or table within reach of children.

- 1. Prepare food for cooking according to recipe (see pages 6 to 19).
- 2. Place multi-cooker on a dry, level, heat resistant surface.
- 3. Insert the probe end of the heat control into the multi-cooker so the two electrical pins on the appliance are fully inserted into the heat control. Then attach the magnetic cord assembly to the heat control by aligning the magnetic

coupler end with the two electrical pins located on the back of the heat control (Fig. D). Due to the fact that the magnetic coupler end is polarized, it can only be attached to the heat control one way. When properly aligned, the plug will magnetically attach itself to the heat control. If positioned upside down, it will not attach.

Important: The magnetic cord was designed to detach easily from the multi-cooker. As a result, if it is bumped or touched during use, it could possibly detach causing the unit to stop heating. Avoid contact with cord during operation. If contact occurs, verify that the cord is still properly connected.

- 4. Plug the multi-cooker into a 120v AC electrical polarized outlet only.
- 5. Set the heat control at the temperature specified in the recipe. The pilot light will go out when selected temperature is reached. During cooking, the pilot light will go on and off indicating temperature is being maintained.
- 6. Instructions for slow cooking are on page 5.
- 7. Simmer: To find the simmer point (just below boiling), heat multi-cooker at 400° until the food boils then turn the control down until the light goes out. If you don't want food to boil, start at warm and increase heat until you reach the simmer point.



To order a replacement Control Master® heat control, see Service Information on page 20.

To assure the continued accuracy of the Control Master® heat control, avoid rough handling during use and storage. Store the cord assembly in a clean, dry location away from metal objects. Always check the magnetic coupler end before use to assure metal items have not become attached.

8. When cooking is complete, turn heat selector to OFF. Remove plug from wall outlet and then remove magnetic coupler end from heat control. Allow appliance to cool and detach heat control from multi-cooker before cleaning.

CARE AND CLEANING

Wash appliance in dishwasher or in warm, sudsy water, rinse, and dry. **Do not immerse heat control or magnetic cord assembly in water or let them come in contact with any liquid.** Crockery liner should be allowed to cool before cleaning.

After each use, clean the nonstick base and crockery liner with a non-metal cleaning pad, such as Scotch-Brite* Multi-Purpose Scrub Sponge or Scotch-Brite* Dobie** Cleaning Pad. Firm pressure can be applied, if necessary. **Do not use steel wool or abrasive kitchen cleaners.**

In time, the nonstick finish may darken over the heating element. To remove this discoloration, use a commercial cleaner designed for cleaning surfaces, such as dip-it[†] destainer. These cleaners are available at most grocery and hardware stores. For best results, follow the manufacturer's instructions, being careful that any cleaning solution coming in contact with the exterior of the appliance is wiped off. After treating the appliance with a commercial cleaner, it is recommended that the cooking surface be wiped lightly with a cooking oil before using.

Periodically check the screws on the two handles and four legs for looseness. Retighten, if necessary, with a standard slotted screwdriver. CAUTION: Overtightening can result in stripping of screws or cracking of handles and legs.

^{*}Scotch-Brite is a trademark of 3M.

^{**}Dobie is a trademark of Pechney Plastic Packaging, Inc.

[†]dip-it is a registered trademark of Ecolab, Inc.

Any maintenance required for this product, other than normal household care and cleaning, should be performed by the Presto Factory Service Department or a Presto Authorized Service Station, see page 20.

For answers to any questions regarding the operation of your Presto® appliance or if you need parts for your appliance, see the Service Information on page 20.

Glass Cover Care and Use Instructions

Never use cover when frying or heating oil.

Do not use cover if it is chipped or cracked. Handle cover carefully and avoid impact.

Do not handle cover with wet towel or place hot cover on a cold or wet surface.

Allow cover to cool before washing. This cover is dishwasher safe. Keep the cover clean. Do not use cleaning pads or harsh powders which can scratch or weaken the glass. Nonabrasive pads or powders may be used if necessary. Do not scrape or gouge glass with hard or sharp utensils.

CAUTION: Failure to follow these instructions could cause immediate breakage or breakage at a later date for no apparent reason, which may result in personal injury or property damage.

SLOW COOK Kettle with crockery liner

This SlowCook'nMore™ electric multi-cooker adds the convenience of slow cooking to the versatile benefits of the SlowCook'nMore™ through the use of a special removable crockery liner. Read the information below for instructions on use, care, and maintenance of your SlowCook'nMore™ crockery liner.

- 1. When slow cooking only, place multi-cooker on a dry, level, heat resistant surface. If you are unsure if the surface is heat resistant, place a heat resistant counter protector, such as aluminum foil under appliance.
- 2. Place the crockery liner in your 6-Qt. SlowCook'nMore™ (the crockery liner has a 4-Qt. capacity). The crockery liner should never be placed in a preheated multi-cooker. Always heat crockery liner and the multi-cooker at the same time.
- 3. Frozen foods should always be thawed before placing them in the crockery liner. Do not put cold or frozen food in a preheated crockery liner. (Sudden changes in temperature may crack the crockery liner.)
- 4. Many of your favorite recipes can be converted for slow cooking in the SlowCook'nMore™ electric multi-cooker. Basically, slow cooking is "one-step" cooking. Simply add all ingredients to the multi-cooker (with the crockery liner in place) at the same time. Cook 6 to 8 hours with the heat control set at 250° to 300°. Do not add as much water as some recipes call for, because liquids do not boil away as in conventional cooking. Milk, sour cream, or creams should be added during the last hour of cooking.
- 5. Always cook food for at least the minimum amount of time specified in your slow cooker recipe. Meat should always be checked to ensure doneness; use an accurate meat thermometer.
- 6. Lifting the glass lid (releasing steam) will cause a loss of a significant amount of heat, prolonging the cooking time.
- 7. Do not heat the crockery liner on a stove burner.
- 8. The crockery liner should be allowed to cool completely before cleaning. Wash in dishwasher or in warm, sudsy water, rinse, and dry.

Helpful Hints

Here are some helpful hints for successful slow-cooking:

- 1. Allow plenty of time for cooking. Slow-cooking is so gentle that an extra hour or so will generally not overcook food.
- 2. It is not necessary to brown meat except to remove excess fat. Brown and drain hamburger, bacon, etc., before placing in the multi-cooker with crockery liner.
- 3. Some crisp vegetables like carrots, celery, turnips, and beets take longer to cook than meat; therefore, slice or chop vegetables when adding to meat dishes.
- 4. Fish, seafood, rice, pasta, and dairy products cook quickly. They should be added toward the end of cooking time.
- 5. If a crisp topping is desired, add crumbs, bacon bits, or grated cheese just before serving.
- 6. Variances in household electric current, altitude, volume of food, and temperature of foods being prepared all affect cooking time.

SLOW COOKING RECIPES

Beef Soup Stock

2 to 3 pounds beef soup meat

½ cup chopped onions

½ cup sliced carrots

1 small bay leaf

1 teapoon salt, or to taste

3 peppercorns

½ cup chopped celery with leaves

1 tablespoon chopped parsley

2 quarts water

Combine all ingredients in the multi-cooker with crockery liner in place. Set heat control at 250° to 300°. Cover and cook for 6 to 8 hours. Strain through several thicknesses of cheesecloth. When stock is cold, remove layer of fat. Use stock as a bouillon or for your favorite beef soup recipe. 6 to 8 servings.

Beef Vegetable Soup

1 pound lean beef, cut into 1-inch cubes

6 cups beef stock

½ cup chopped onions

½ cup sliced carrots

1 cup sliced parsnips

½ cup chopped celery

½ cup barley

2 cloves garlic, minced

1 bay leaf

salt and pepper, to taste

Combine all ingredients in the multi-cooker with crockery liner in place. Set heat control at 250° to 300°. Cover and cook for 6 to 8 hours. 6 to 8 servings.

Beef Stew

2 pounds beef stew meat, cut into

1-inch cubes

2 bay leaves

1 tablespoon Worcestershire sauce

1 cup beef stock

1 teaspoon salt, or to taste

½ teaspoon pepper

1 cup chopped onion

1 cup sliced carrots

½ cup sliced celery

4 medium potatoes, peeled and cut into eighths

Combine all ingredients in the multi-cooker with crockery liner in place. Mix well. Set heat control at 250° to 300°. Cover and cook for 6 to 8 hours. Thicken gravy, if desired. 6 to 8 servings.

Chicken Soup Stock

2½ to 3 pounds chicken

1 teaspoon salt, or to taste

 $\frac{1}{2}$ cup chopped onion

½ cup sliced carrots

1/4 cup chopped celery with leaves

2 sprigs parsley

3 peppercorns

2 quarts water

Combine all ingredients in the multi-cooker with crockery liner in place. Mix well. Set heat control at 250° to 300°. Cover and cook for 6 to 8 hours. Strain through several thicknesses of cheesecloth. When stock is cold, remove layer of fat. Use stock as a bouillon or for your favorite chicken soup recipe. 6 to 8 servings.

Chicken and White Bean Chili

- 1 cup dried great northern beans
- 3 cups water

- 1 pound boneless skinless chicken breasts, cut into ³/₄-inch pieces
- ½ cup chopped onion
- ½ cup sliced carrot
- 2 cloves garlic, minced

½ to 1 jalapeño chile, seeded, deveined, minced

- 2 teaspoons chili powder
- 1 teaspoon dried oregano
- 1/4 teaspoon ground allspice
- 4 cups chicken stock or broth
- 1½ teaspoons packed brown sugar
 - 1 teaspoon white wine vinegar

salt and pepper, to taste

Place beans and water in multi-cooker (without crockery liner). Set heat control at 375°. Cover and bring to a boil; boil 2 to 3 minutes. Turn control off; allow beans to stand 1 to 2 hours. Drain.

Place crockery liner in multi-cooker; add drained beans and remaining ingredients, except salt and pepper. Set heat control at 250° to 300°. Cover and cook 6 to 8 hours. Season to taste with salt and pepper. 6 servings.

Southwest Stew

- 1 package (1½ pounds) boneless, skinless chicken breasts, cut into 1-inch pieces
- 1 tablespoon chili powder
- 2 teaspoons ground cumin
- ½ teaspoon salt
- 1 green bell pepper, cut into ³/₄-inch pieces
- 1 red bell pepper, cut into ³/₄-inch pieces
- 1 jalapeno pepper, chopped

- 1 cup coarsely chopped purple onion
- 2 cloves garlic, minced
- 1 cup whole kernel corn
- 1 16-ounce can pinto or garbanzo beans
- 1 15½-ounce can stewed tomatoes
- 1 cup salsa, desired level of spiciness

fresh cilantro (optional)

Place chicken in the multi-cooker with crockery liner in place. Sprinkle chili powder, cumin, and salt over chicken; toss to coat. Add peppers, onion, garlic, corn, beans, tomatoes, and salsa. Mix well. Set heat control at 250° to 300°. Cover and cook for 4 to 6 hours. Garnish with fresh cilantro. 6 servings.

Beef Pot Roast

 $2\frac{1}{2}$ to 3 pounds beef pot roast

1 teaspoon salt, or to taste

½ teaspoon pepper1 cup water

Place the roast in the multi-cooker with crockery liner in place. Sprinkle with salt and pepper. Add water. Set heat control at 250° to 300°. Cover and cook for 6 to 8 hours. 8 to 10 servings.

You can vary the above recipe with the following suggestions:

- 1. Choose the cut of meat from this list of beef pot roasts: Chuck, arm, rib, blade, rump, rolled rump, brisket, flank, or shoulder.
- 2. The water may be substituted with beer, broth, tomato sauce, coffee, wine, fruit juice, or vegetable juice.
- 3. Along with salt and pepper, add a pinch or more of garlic, onion, thyme, rosemary, oregano, marjoram, bay leaf, dill, or basil.
- 4. Vegetables (potatoes, carrots, onions, beans) may be added with the liquid and seasonings.

Easy Beef Stroganoff

2 pounds beef round or sirloin steak, cut into ½-inch strips salt as desired

½ teaspoon black pepper

1 pound fresh mushrooms, sliced

1 package onion soup mix

1 cup water *****

1 tablespoon flour

1 cup sour cream

Place all ingredients except flour and sour cream in the multi-cooker with crockery liner in place. Set heat control at 250° to 300°. Cover and cook for 4 to 6 hours. Combine flour and sour cream; stir into beef mixture during the last 30 minutes of cooking. Serve over cooked egg noodles. 6 servings.

Porcupine Meatballs in Barbecue Sauce

2 pounds ground beef

 $\frac{1}{2}$ cup rice

1 teaspoon salt

½ teaspoon pepper

1 onion, minced

1 egg, beaten *****

3 tablespoons brown sugar

1½ tablespoons paprika

1 teaspoon salt, or to taste

½ teaspoon dry mustard

1 teaspoon chili powder

½ teaspoon cayenne pepper

3 tablespoons Worcestershire sauce

1½ cups tomato juice

1/3 cup chili sauce

1/3 cup vinegar

Combine ground beef, rice, salt, pepper, onion, and egg. Form into 12 meatballs. Preheat multi-cooker (without crockery liner) at 375° and brown meatballs. Remove meatballs; clean multi-cooker with damp cloth. Place crockery liner in multi-cooker; add meatballs. Combine remaining ingredients; pour over meatballs. Set heat control at 250° to 300°. Cover and cook 4 to 6 hours. 6 servings.

Swiss Steak

2 pounds round steak, cut into serving pieces

½ cup flour salt and pepper, as desired

½ cup chopped onion

½ cup chopped celery

½ cup green pepper, diced

1 $10^{1/2}$ -ounce can tomato soup

½ cup water

Dredge round steak in flour seasoned with salt and pepper. Combine round steak and remaining ingredients in the multi-cooker with crockery liner in place. Set heat control at 250° to 300°. Cover and cook for 4 to 6 hours. 6 servings.

Apricot Barbecue Pork Chops

4 boneless pork chops, ³/₄-inch thick

½ cup ketchup

½ cup apricot preserves

2 tablespoons packed dark brown sugar

2 tablespoons cider vinegar

1/4 cup teriyaki sauce

½ teaspoon crushed red pepper

½ teaspoon dry mustard

½ teaspoon ground pepper

1 cup onion, sliced

Place pork chops in the multi-cooker with crockery liner in place. Combine remaining ingredients and pour over pork chops. Set heat control at 250° to 300° . Cover and cook for 4 to 6 hours. 4 servings.

Corned Beef Dinner

1 tablespoon garlic powder

2 to 3 pound flat cut corned beef brisket

3 carrots, cut into ³/₄-inch slices

1 large onion, cut into eighths

2 bay leaves

1 cup water *****

½ head small cabbage, cut into wedges

Rub garlic powder on all surfaces of corned beef. Add carrot slices to multi-cooker with crockery liner in place. Place corned beef, onion, and bay leaves on top of carrots. Add water. Set heat control at 250° to 300°. Cover and cook for 4 to 5 hours. Add cabbage wedges, making sure to moisten with accumulated liquid. Cover and cook for 3 hours.

Note: If seasoning packet is provided with corned beef, spinkle contents of packet over corned beef and omit bay leaves.

6 servings.

Presto Ribs

3 pounds baby back ribs, cut into serving pieces

1 tablespoon dry mustard1 tablespoon chili powder

½ teaspoon cayenne pepper

2 cloves garlic, minced

½ cup chopped onion

²/₃ cup ketchup

½ cup lemon juice

1/4 cup light molasses

1 teaspoon oregano

½ teaspoon salt

½ teaspoon ground pepper

2 drops liquid smoke

Trim excess fat from ribs. Place ribs in the multi-cooker with crockery liner in place. In a medium size bowl combine remaining ingredients; pour over ribs. Set heat control at 250° to 300°. Cover and cook for 6 to 8 hours. 4 servings.

Sweet and Sour Pork

3 pounds pork, cut into 1-inch cubes 1 package dry onion soup mix 3/4 cup ketchup 1/2 cup brown sugar

2 cups water ½ cup vinegar

Add pork cubes to the multi-cooker with crockery liner in place. Spinkle pork with onion soup mix. Combine remaining ingredients and pour into the crockery liner. Set heat control at 250° to 300°. Cover and cook for 4 to 6 hours. 10 servings.

Jambalaya

2 cups chopped ham

½ cup chopped onion

½ cup chopped green pepper

2 cloves garlic, minced

1 15-ounce can diced tomatoes

½ cup chicken stock

½ teaspoon thyme

2 bay leaves, crumbled salt as desired

½ teaspoon pepper

1 pound shrimp, peeled and cleaned

Combine all ingredients except shrimp in the multi-cooker with crockery liner in place. Set heat control at 250° to 300°. Cover and cook for 4 to 6 hours. Add shrimp during the last 30 minutes of cooking. 6 servings.

Chicken and Wild Rice

4 cups cooked chicken, chopped

1 cup wild rice, rinsed

½ cup chopped celery

1 cup chopped carrots

1 cup sliced mushrooms

1 cup chopped onion

½ cup pimento

½ teaspoon marjoram

½ teaspoon thyme

½ teaspoon salt, or to taste

½ teaspoon pepper

2 cups chicken broth

1 cup blanched, slivered almonds, divided

Combine first 12 ingredients plus $\frac{1}{2}$ cup of almonds in the multi-cooker with crockery liner in place. Mix well. Top with reserved almonds. Set heat control at 250° to 300°. Cover and cook for 2 to 4 hours. 10 servings.

Baked Beans

2 cups dry navy beans

6 cups water

1 pound ham, diced

1 15-ounce can diced tomatoes

3 tablespoons molasses

1 teaspoon dry mustard

1 onion, chopped

1½ tablespoons brown sugar

salt and pepper, as desired

Place beans and water in multi-cooker (without crockery liner). Set heat control at 375°. Cover and bring to a boil; boil 2 to 3 minutes. Turn control off; allow beans to stand 1 to 2 hours. Drain.

Place crockery liner in multi-cooker; add drained beans and remaining ingredients, except salt and pepper. Set heat control at 250° to 300°. Cover and cook 8 to 10 hours. Season to taste with salt and pepper. 4 servings.

Scalloped Potatoes and Ham

3 pounds potatoes, peeled and sliced

8 ounces ham, cubed

½ cup minced onion

½ cup chopped green pepper

1 10½-ounce can condensed cream of mushroom soup

1 cup water

salt and pepper, as desired

Place potatoes, ham, onion, and green pepper in the multi-cooker with crockery liner in place. Combine soup, water, salt, pepper, and pour over potatoes. Set heat control at 250° to 300°. Cover and cook for 4 to 6 hours. 8 to 10 servings.

Marinara Sauce

1 pound lean ground beef

1 cup chopped onion

2 cloves garlic, minced

½ cup chopped green pepper

2 15-ounce cans diced tomatoes

2 6-ounce cans tomato paste

½ teaspoon salt

½ teaspoon oregano

½ teaspoon basil

½ teaspoon thyme

½ teaspoon cayenne pepper

1 teaspoon sugar

Preheat multi-cooker (without crockery liner) at 375°. Brown ground beef; drain excess fat and remove meat. Wipe multi-cooker with damp cloth. Place crockery liner in multi-cooker; add browned meat and remaining ingredients to the crockery liner. Set heat control at 250° to 300°. Cover and cook for 5 to 6 hours. Serve meat sauce over spaghetti and sprinkle with Parmesan cheese. 10 to 12 servings.

Bread Pudding

- $3 3\frac{1}{2}$ tablespoons margarine, softened
 - 10 slices French bread, ½-inch thick, cubed ground nutmeg
 - ²/₃ cup brown sugar
 - 1 teaspoon cinnamon

- 4 cups hot reduced fat milk
- 4 eggs, slightly beaten
- 1 teaspoon vanilla
- $\frac{1}{3}$ cup raisins
- ½ cup chopped pecans

Spread margarine on one side of bread slices. Sprinkle lightly with nutmeg. Spread remaining margarine on the inside of crockery liner. Combine remaining ingredients in crockery liner. Set heat control at 250° to 300°. Cover and cook for 3 to 4 hours. Serve warm. 8 servings.

Dried Fruit Compote

- 1 pound dried mixed fruit, cut into bite-size pieces
- ½ cup dried cranberries
- $\frac{1}{2}$ cup raisins
- 2 quarts water

- 2 cinnamon sticks
- 1 cup sugar
- ½ cup minute tapioca
- 1 cup grape juice

Combine all ingredients in the multi-cooker with crockery liner in place. Set heat control at 250° to 300°. Cover and cook for 4 to 6 hours. Serve warm. 12 servings.

SIMMER Kettle Only

The Presto® SlowCook'nMore™ electric multi-cooker makes preparing your favorite soup, stew, or casserole so easy. The Control Master® heat control maintains the cooking temperature and the nonstick finish, inside and out, makes clean-up easy.

Great soup starts with rich flavorful broth. Create a tasty soup by first making either the Brown Beef Soup Stock or Chicken Soup Stock.

Brown Beef Soup Stock

- 2 pounds beef soup meat 1½ tablespoons cooking oil
- 2 quarts water
- 1 cup diced onion
- ½ cup diced carrots

- 1 small bay leaf
- 1 teaspoon salt
- ½ teaspoon pepper
- ½ cup chopped celery
- ½ tablespoon parsley flakes

Preheat multi-cooker at 375°. Add oil and brown meat. Add remaining ingredients and bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer 2 to 3 hours. Strain stock. 6-8 servings.

Delicious Soups From Brown Beef Soup Stock

VEGETABLE SOUP: Add 3 cups cooked diced vegetables of your choice. Salt and pepper to taste and heat through.

BEEF TOMATO SOUP: Add 2 cups tomato juice, ½ cup chopped onion, ¾ cup rice, and 1 teaspoon salt. Cover and simmer 30 minutes or until rice is done.

Chicken Soup Stock

2 pounds chicken

2 quarts water1 teaspoon salt

½ teaspoon pepper

½ cup chopped celery

½ cup diced carrots

1 cup diced onion

Cut chicken into serving pieces. (wings, neck, and back make excellent soup). Place all ingredients into multicooker. Set heat control at 250° and bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer 2 to 3 hours. Strain stock. 6-8 servings.

Delicious Soups From Chicken Soup Stock

CHICKEN NOODLE SOUP: Add finely chopped carrot, celery, and onion. Salt and pepper to taste. Bring to a boil and add ½ pound noodles. Simmer 10 to 15 minutes or until noodles are done.

CHICKEN SOUP WITH EGG DROP: Combine 3 eggs, 1 cup flour, 1 teaspoon baking powder, and ½ teaspoon salt; stir until smooth. Drop by ½ teaspoonfuls into simmering soup stock. Continue to simmer, uncovered, 20 to 30 minutes.

Minestrone Soup

½ pound beef bones

1½ quarts water

½ cup frozen lima beans, soaked

1 teaspoon salt

½ teaspoon pepper

1½ teaspoons cooking oil

1 small clove garlic, peeled

2 tablespoons chopped onion

1 tablespoon chopped green pepper

2 tablespoons diced celery

½ cup fresh or frozen peas

1/4 cup shredded cabbage

1/3 cup whole kernel corn

½ cup diced carrots

1 cup stewed tomatoes

½ cup elbow spaghetti

½ cup grated cheese

Set heat control at 250°. Place beef bones, water, lima beans, salt, and pepper in multi-cooker. Bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer $2\frac{1}{2}$ hours. Heat cooking oil in a skillet, add garlic, and brown lightly on all sides. Remove garlic. Remove bones from stock, add garlic, oil, onion, green pepper, celery, peas, cabbage, corn, carrots, and tomatoes. Simmer until vegetables are almost tender. Add spaghetti and simmer 20 minutes or until tender. Garnish with grated cheese. 6-8 servings.

Split Pea Soup

2 cups split peas

7 cups water

1½ pounds ham shank

1 onion, chopped

1 bay leaf

1 teaspoon salt

½ teaspoon pepper

Place all ingredients in multi-cooker. Set heat control at 250° and bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer 1½ to 2 hours or until peas are very tender. Remove ham shank, cut meat into small pieces, and return to soup. Stir well for even consistency. 6-8 servings.

Shrimp Bisque

- 1½ cups chopped celery
- 1½ cups diced potatoes
- ³/₄ cup chopped onion
- 1½ cups water
- ½ teaspoon salt
- ½ teaspoon pepper

- 3 cups milk
- 3 tablespoons flour
- ³/₄ pound precooked shrimp
- 3 tablespoons butter
- 1 zucchini, sliced (optional)

Place celery, potato, onion, water, salt, and pepper in multi-cooker. Set heat control at 250° and bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer 15 minutes or until potatoes are tender. Blend milk and flour; stir into potato mixture. Add shrimp, butter, and zucchini. Simmer, stirring until thickened and bubbly. 3-4 servings.

STEWS Kettle only

Traditional Beef Stew

- 1 tablespoon cooking oil
- 2 pounds beef stew meat, cut into 1-inch cubes
- 1 quart water
- 1 teaspoon salt
- ½ teaspoon pepper

- 1 small onion, diced
- 3 carrots, cut into 1-inch pieces
- 1 cup sliced mushrooms
- 1 cup peas
- ½ cup celery, cut into ½-inch pieces

Preheat multi-cooker at 375°. Add oil and brown meat. Add water, salt, and pepper. Bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer 1 to 2 hours. Add remaining ingredients. Cover and simmer 30 minutes or until vegetables are tender. If desired, thicken with a paste made of cornstarch and water. 6-8 servings.

Brunswick Stew

- 2 tablespoons cooking oil
- 2 pounds chicken, cut up
- 1 quart water
- ½ cup chopped onion
- 1 teaspoon salt
- ½ teaspoon pepper
- 1 small bay leaf

- ½ teaspoon basil
- 1 cup cubed cooked ham
- 2 potatoes, diced
- 2 tomatoes, peeled and quartered
- ½ 10-ounce package frozen lima beans
- ½ 10-ounce package frozen whole kernel corn

Preheat multi-cooker at 375°. Add oil and brown chicken. Add water, onion, and seasonings. Bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer 45 minutes or until chicken is tender. Add ham and vegetables. Cover and simmer 30 minutes or until vegetables are tender. 3-4 servings.

New England Boiled Dinner

- 1½ pounds ham, cut into serving pieces
 - 3 cups water
- 4 potatoes, halved
- 6 small onions

- ½ rutabaga, sliced
- 4 carrots
- ½ head cabbage, cut into wedges
- ½ teaspoon pepper
- 1 teaspoon salt

Place ham and water in multi-cooker. Set heat control at 250° and bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer 1 hour or until meat is nearly tender. Add remaining ingredients, cover, and simmer until vegetables are done. Add water if necessary. 3-4 servings.

ROAST Kettle Only

To create a personalized roast, choose and combine the following ingredients. Pick foods having compatible flavors. Figure 2 to 4 servings per pound of roast.

Start with 1½ to 3 pounds of beef or pork...

Chuck Roast Fore Shank Rib Eye Roast
Arm Roast Standing Rump English Cut
Heel of Round Rolled Rump Roast Brisket

Rib Roast Flank Steak Shoulder Pot Roast
Blade Roast Sirloin Tip Boston Butt

Preheat multi-cooker at 375°. Brown roast in...

Olive Oil Margarine Vegetable Oil

Butter Vegetable Shortening

Add 2 cups...

Water Beer Broth Fruit Juice Vinegar

Tomato Juice Red Wine Carbonated Beverage

Add a pinch or two of...

SaltThymeMustardPepperRosemaryDillGarlicOreganoCarawayOnionMarjoramBasil

Celery Bay Leaf Dry Soup Mix

Turn heat control down until pilot light goes out. Cover and simmer 1 to 3 hours or until tender.

CREATE A CASSEROLE Kettle Only

To create a personalized casserole, choose and combine the following ingredients. Pick foods having compatible flavors and contrasting color and texture. The amounts given are approximate. Use imagination in combining ingredients for an exciting casserole dish.

If a larger quantity is desired, recipes can be doubled. Do not overfill unit.

Start with...

1 6-ounce can tuna 1 8-ounce can salmon 1 cup cooked leftover meat 1 cup cooked seafood, shrimp, 1/2 pound crumbled ground or poultry

1 cup cooked seafood, shrimp, ½ pound crumbled ground or poultry lobster, etc. meat, well browned

Add 2 cups of cooked...

Egg Noodles Rice Hominy
Pasta Potatoes, sliced, cubed, etc. Dried beans

Add 1 cup any cooked or canned vegetable...

Stir in ½ cup milk or water and 1 cup...

Cream of celery soup Cream of shrimp soup Spaghetti sauce Cream of chicken soup Cheddar cheese soup Canned gravy

Cream of mushroom soup Chicken gumbo soup Reconstituted dehydrated Cream of tomato soup Tomato sauce sauce or gravy mix

Season with salt, pepper, and a pinch of...

Sautéd minced garlic Sliced black olives Tabasco sauce Sautéd chopped onion Instant bouillon Soy sauce Sautéd chopped green pepper Chopped pimiento Thyme Instant onion, chopped or Garlic powder Oregano Celery salt Basil diced Crumbled cooked bacon Onion salt Marjoram Chopped parsley Worcestershire sauce Sage

Minced chives worcestershire s

Set heat control at 250° and bring to a boil. Turn heat control down until pilot light goes out. Cover and simmer 20 to 30 minutes.

Just before serving, top your casserole with...

PaprikaCrumbled potato or corn chipsCrumbled cooked baconToasted wheat germGrated cheeseSliced stuffed green olivesButtered bread crumbsButtered stuffing croutonsSliced hard cooked eggsCrushed crackersToasted chopped nutsChopped parsley

Create a name for your exciting casserole dish. 4-6 servings.

Pineapple Duckling

3 pound duckling, quartered 1 tablespoon butter 1 13½-ounce can pineapple chunks 1 onion, finely chopped

1/4 teaspoon salt 1/4 cup water 1/8 teaspoon pepper

Remove excess fat from duckling. Place duckling in a shallow dish. Drain pineapple. Combine pineapple liquid, soy sauce, ginger, salt, and pepper. Pour mixture over duckling and marinate 3 hours or longer, turning duckling occasionally. Remove duckling from marinade and pat dry. Reserve marinade. Preheat multi-cooker at 375°. Melt butter and brown duckling. Remove duckling. Sauté onion and green pepper. Stir in marinade. Add duckling. Turn heat control down until pilot light goes out. Cover and simmer 1 hour. Remove duckling. Combine cornstarch and water. Pour into multi-cooker, stirring constantly until gravy has thickened. 4-6 servings.

Boston Beans with Pork

2 cups dried beans

6 to 7 cups water

½ pound salt pork, diced1 small onion, diced

3 tablespoons brown sugar

1 teaspoon salt

3 tablespoons molasses

½ teaspoon dry mustard

2 tablespoons ketchup

water

Place beans and water in multi-cooker. Set heat control at 375°. Cover and bring to a boil; boil 2 to 3 minutes. Turn control off; allow beans to stand 1 to 2 hours. Drain.

Preheat multi-cooker at 375°. Brown salt pork. Add onion and sauté lightly. Remove excess fat. Add soaked beans, brown sugar, salt, molasses, dry mustard, and ketchup; mix well. Add enough water to well cover beans. Turn heat control down until pilot light goes out. Cover and simmer 4 to 6 hours or until beans are tender. Add water if necessary. 4-6 servings.

BLANCH Kettle Only

Vegetables are blanched before freezing to stop enzyme action and to retain fresh flavor and appearance.

Wash vegetables thoroughly and sort according to size or cut into uniform pieces. Place 4 quarts of water in the multi-cooker, set heat control at 250° and bring to a rolling boil. Place no more than ½ pound vegetables in the steam/fry basket and lower into boiling water. Cover and boil for time specified. After heating, plunge vegetables in cold water to cool quickly and thoroughly. When cool, remove from water, drain, pack, seal, and freeze. For successive batches, return water to a full boil.

Vegetable	How to Prepare	Blanching Time
Asparagus	Trim. Cut to package length or in 2-inch pieces. Sort according to stalk thickness.	2-4 minutes
Beans		
Green or wax	Snip ends and remove strings. Cut in 1- or 2-inch pieces or julienne.	3 minutes
Lima	Shell.	2-4 minutes
Broccoli	Peel stalks, trim. Cut to package length. No thicker than $1\frac{1}{2}$ inches.	3 minutes
Brussels Sprouts	Remove outer leaves.	3-5 minutes
Carrots	Scrape or pare. Cut into package lengths.	5 minutes
	Or slice ½-inch thick.	2 minutes
Cauliflower	Cut into 1-inch pieces.	3 minutes
Corn		
On Cob	Husk, remove silk, wash, and sort.	7-11 minutes
Kernel	Blanch ears; cool, cut off corn.	4 minutes
Greens	Cut and discard thick stems and imperfect leaves.	2 minutes
Peas	Shell.	1½ minutes
Rutabagas and Turnips	Pare. Cut into ¹ / ₄ -inch cubes.	2 minutes

BOIL Kettle Only

Fresh Vegetables:

Place 1 to 2 cups water in the multi-cooker. Set heat control at 250° and bring to a boil. Add prepared vegetables. Cover and return to a boil. Cook vegetables according to chart or until tender. Do not overcook. Add boiling water if necessary. Use enough water to almost cover strong flavored vegetables or those requiring long cooking times.

Vegetable	How to Prepare	Boiling Time
Asparagus	Wash. Break stalks, snapping where tender part starts.	10-15 minutes
Beans	Wash. Snip ends and remove strings.	
Green or wax	Cook whole or in 1-inch pieces.	20-30 minutes
Lima	Shell and wash.	20-30 minutes
Beets	Cut off all but 1 inch of stems and root. Wash and scrub. Peel when cooked.	35-60 minutes
	Or pare and slice or cube.	15-20 minutes
Broccoli	Remove outer leaves and tough part of stalk. Split rest of stalk, almost to flowerets.	15-20 minutes
Brussels Sprouts	Cut off wilted leaves. Wash. Cut large Brussels sprouts in half lengthwise.	10-15 minutes
Cabbage	Remove wilted leaves. Cut in 6 to 8 wedges.	10-12 minutes
Carrots	Wash and pare or scrape. Leave whole.	20-25 minutes
	Or slice or cut in quarters or strips.	15-20 minutes
Cauliflower	Remove leaves and some of the stem.	20-25 minutes
	Leave whole.	
Celery	Cut off leaves; trim roots. Wash.	10-15 minutes
Corn	Remove husks from fresh corn. Remove silks with stiff brush. Rinse. Cook whole.	6-8 minutes
	Or cut off tips of kernels. Scrape cob with dull edge of knife.	5-8 minutes
Greens	Cut off roots. Wash.	5-10 minutes
Kohlrabi	Cut off leaves; wash, pare, and dice or slice.	25-30 minutes
Potatoes	Wash. Cook with skins on.	
	Cook: whole	25-40 minutes
	quartered	20-25 minutes
	cubed	10-15 minutes
Rutabaga	Wash. Pare thinly. Slice or cube.	25-40 minutes
Turnips	Wash. Pare thinly. Slice or cube.	15-20 minutes

Frozen Vegetables:

Place water and vegetables into multi-cooker according to package directions. Set heat control at 250° . Cover and cook until tender.

Pasta

Following package directions, place water and salt into multi-cooker. Set heat control at 250°. Bring water to a rolling boil. Add pasta gradually so that the boiling is not disturbed. Continue to boil until pasta is tender. Drain. (The steam/fry basket may be used for draining cooked pasta.)

Cranberry Sauce

2 cups sugar 2 cups water 1 pound cranberries

Combine sugar and water in multi-cooker. Set heat control at 250°. When mixture boils, turn heat control down until pilot light goes out. Simmer 5 minutes. Add cranberries and simmer until all skins pop. Allow to cool before serving. 6-8 servings.

STEAM Kettle Only

Vegetables:

Pour 2 cups water in multi-cooker. Set heat control at 250°. Remove handle from basket. Place vegetables in steam/fry basket and attach basket to multi-cooker rim with steaming hook. Then cover and steam 10 to 15 minutes longer than the boiling time. (See page 17). Add additional water if necessary.

Fish:

Pour 1 or 2 cups water, wine, or herb-flavored broth into multi-cooker. Set heat control at 250° . Remove handle from basket. Place one layer of fish fillets in steam/fry basket and attach basket to multi-cooker rim with steaming hook. Then cover and steam 5 to 10 minutes or until the fish flakes easily when tested with a fork.

Fluffy Rice

2 cups rice

4 cups water

Place rice and water in multi-cooker. Set heat control at 250°. Cover and bring to a vigorous boil. Turn heat control down until pilot light goes out and simmer 15 minutes. Remove cover and allow rice to steam dry to desired consistency. Do not stir rice. Lift gently with a fork when testing for consistency. 6-8 servings.

DEEP FRY Kettle Only

CAUTION: To avoid personal injury: 1) Position multi-cooker well back from edge of counter or table. Do not let cord hang or drape over edge of counter or table within reach of children. 2) Do not add water or wet foods to cooking oil. Even small amounts of water will cause oil to spatter.

Remove the cover for all deep frying. Never use any cover while oil is heating or while deep frying foods in this unit.

Use only a good reliable standard brand of vegetable oil or all-purpose shortening for deep frying. Deep frying foods in butter, margarine, olive oil, or animal fat is not recommended because of lower smoking temperatures.

Use 8 cups of oil or shortening. This allows for oil displacement and promotes even frying.

Remove excess moisture from moist foods by blotting with paper toweling before deep frying. Moist foods cause excessive foaming and spattering. Set heat control at 400° and preheat oil for 20 minutes. Place food in steam/fry basket. Lower into heated oil. Fry until food is well browned. Lift steam/fry basket and using drain hook, hook basket onto multi-cooker rim to drain.

Do not overload basket. Too many items lower the oil temperature causing food to absorb oil and/or cook improperly. Fry similar sized items for even browning and doneness.

Place uniform size pieces in a single layer on the bottom of the steam/fry basket. Smaller amounts cook faster.

Oil can be reused several times but must be strained after each use. Cool the oil completely then strain it through a sieve, wire strainer, double layers of cheesecloth, or a filter-lined funnel. Place the strained oil in a container labeled with date and type of food cooked. Store oil in cool, dark place.

Use caution when deep frying flour tortillas. Flour tortillas contain air bubbles. During deep frying, oil can become trapped within these bubbles. If not properly drained the bubbles can burst and cause burns. Therefore, after deep frying tortillas, carefully raise them out of the cooking oil, but not out of the multi-cooker and allow oil to drain from the tortilla for approximately 30 seconds.

The following recipe is recommended as an excellent coating for most fried foods:

Crispy Coating Recipe

½ cup milk1 egg beatenFlourSalt and Pepper

Beat milk and egg together. Combine flour and seasonings. Dip food into milk-egg mixture, then seasoned flour. Fry food in deep fryer.

SERVICE INFORMATION

If you have any questions regarding the operation of your Presto® appliance or need parts for your appliance, **call our Consumer Service Department** weekdays between 8:00 AM and 4:30 PM (Central Time) **at 715-839-2209** or write:

NATIONAL PRESTO INDUSTRIES, INC. Consumer Service Department 3925 N. Hastings Way, Eau Claire, WI 54703-3703

You may also email inquiries to contact@GoPresto.com. Inquiries will be answered promptly by telephone, letter, or email. When writing, please include a phone number and a time when you can be reached during weekdays if possible.

Any maintenance required for this product, other than normal household care and cleaning should be performed by our Factory Service Department or any Presto Authorized Service Station. Be sure to indicate date of purchase and a description of defect when sending an appliance for repair. Send appliances for repair to:

CANTON SALES AND STORAGE COMPANY Presto Factory Service Department 555 Matthews Drive, Canton, MS 39046-0529

Appliances may also be repaired at any Presto Authorized Service Station. Check your yellow pages for Service Stations near you.

The Presto Factory Service Department and Presto Authorized Service Stations are equipped to service all PRESTO® appliances and supply genuine PRESTO® parts. Genuine PRESTO® replacement parts are manufactured to the same exacting quality standards as PRESTO® appliances and are engineered specifically to function properly with its appliances. Presto can only guarantee the quality and performance of genuine PRESTO® parts. "Look-alikes" might not be of the same quality or function in the same manner. To ensure that you are buying genuine PRESTO® replacement parts, look for the PRESTO® trademark.

California residents seeking warranty and service information may call 1-800-877-0441.

PRESTO® Limited Warranty

This quality PRESTO® appliance is designed and built to provide many years of satisfactory performance under normal household use. Presto pledges to the original owner that should there be any defects in material or workmanship during the first year after purchase, we will repair or replace it at our option. Our pledge does not apply to damage caused by shipping. To obtain service under the warranty, return this PRESTO® appliance, shipping prepaid, to the Presto Factory Service Department or to the nearest Presto Authorized Service Station. When returning a product, please include a description of the defect and indicate the date the appliance was purchased.

We want you to obtain maximum enjoyment from using this PRESTO® appliance and ask that you read and follow the instructions enclosed. Failure to follow instructions, damage caused by improper replacement parts, abuse or misuse will void this pledge. This warranty gives you specific legal rights, and you may also have other rights which vary from state to state. This is Presto's personal pledge to you and is being made in place of all other express warranties.

NATIONAL PRESTO INDUSTRIES, INC. Eau Claire, WI 54703-3703

U.S. Patents 6,719,576 and 6,527,570

Form 72-575B