instructions

Kenwood

Chef KM030 series/Major KM040 series

Congratulations on buying a Kenwood. With such a wide range of attachments available, it's more than just a mixer. It's a state-of-the-art kitchen machine. We hope you'll enjoy it.

Robust. Reliable. Versatile. Kenwood.



know your Kenwood kitchen machine

safety

- Switch off and unplug before fitting or removing tools/attachments, after use and before cleaning.
- Keep your fingers away from moving parts and fitted attachments.
- Never leave the machine on unattended.
- Never use a damaged machine. Get it checked or repaired: see 'service', page 8.
- Never use an unauthorised attachment or more than one attachment at once.
- Never exceed the maximum capacities on page 4.
- When using an attachment, read the safety instructions that come with it.
- Take care when lifting this appliance as it is heavy. Ensure the head is locked and that the bowl, tools, outlet covers and cord are secure before lifting.
- Never let the cord hang down where a child could grab it.
- Never let the power unit, cord or plug get wet.
- Do not let infirm people use the appliance without supervision.
- Do not let children use or play with the appliance.
- Only use the appliance for its intended domestic use. Kenwood will not accept any liability if the appliance is subject to improper use, or failure to comply with these instructions.

before plugging in

- important UK only Make sure your electricity supply is the same as the one shown on the underside of your machine.
 - The wires in the cord are coloured as follows: Green and Yellow = Earth. Blue = Neutral. Brown = Live.
 - The appliance must be protected by a 13A approved (BS1362) fuse.
 - WARNING: THIS APPLIANCE MUST BE EARTHED. Note:
 - For non-rewireable plugs the fuse cover MUST be refitted when replacing the fuse. If the fuse cover is lost then the plug must not be used until a replacement can be obtained. The correct fuse cover is identified by colour and a replacement may be obtained from your Kenwood Authorised Repairer (see Service).
 - If a non-rewireable plug is cut off it must be DESTROYED IMMEDIATELY. An electric shock hazard may arise if an unwanted non-rewireable plug is inadvertently inserted into a 13A socket outlet.
 - This machine complies with European Economic Community Directive 89/336/EEC.

before using for the first time

- 1 Remove all packaging.
- 2 Wash the parts: see 'care and cleaning', page 8.
- 3 Push excess cord into the cord stowage compartment at the back of the machine.





the **mixer**

the mixing tools and some of their uses

- K-beater For making cakes, biscuits, pastry, icing, fillings, éclairs and mashed potato.
 - whisk For eggs, cream, batters, fatless sponges, meringues, cheesecakes, mousses, soufflés. Don't use the whisk for heavy mixtures (eg creaming fat and sugar) - you could damage it.

dough hook • For yeast mixtures.

to use your mixer

- to insert a tool 2 Push up till it stops 2 then turn.
 - 3 Fit the bowl onto the base press down and turn clockwise 3
 - 4 To lower the mixer head, raise it slightly, then turn the head lift lever clockwise. Lower into the locked position.

to remove a tool • Turn and remove.

- 5 Connect the mixer to the power supply. The display will show 88:88 and then clear leaving the power on indicator illuminated .
- 6 Turn the speed switch 4 to the desired setting and then press the start/stop button 0 to start the mixer. The timer will count up in 1 second intervals. The speed can be changed at any time whilst the mixer is operating.
- 7 Stop the mixer by pressing the start/stop button \mathcal{O} . The operating time will be displayed and if the machine is re started the timer will continue counting providing no longer than 3 minutes has elapsed. If the mixer is not used within this time the display will re set to 00:00.

Important - If at any time, the mixer head is raised during an operation, the mixer will automatically stop and it will not re start when the mixer head is lowered. It will only restart when the head is lowered and the start/stop button 🕁 is pressed.

pulse position

To select pulse turn the speed switch anti clockwise to the (D) position. The mixer will run at maximum speed for as long as the switch is held in this position. When the switch is released it will return to the 'min' position and the mixer will stop.

Note: If the mixer is running in the timer mode the pulse function will not operate.

fold button

Press and release the fold button Q and the mixer will automatically operate on minimum speed for 2-3 seconds. The button can be held down for a longer operation or pressed repeatedly as needed to combine ingredients. Note: If the mixer is running in the timer mode the fold function will not operate.

speed switch (4)

- K-beater creaming fat and sugar start on min, gradually increasing to 'max'.
 - beating eggs into creamed mixtures 4 'max'.
 - folding in flour, fruit etc Min 1
 - all in one cakes start on min speed, gradually increase to max.
 - rubbing fat into flour min 2.
 - whisk Gradually increase to 'max'.
- dough hook Start on 'min', gradually increasing to 1.



the **mixer**

to use the countdown timer

- 1 Connect the mixer to the power supply. The display will show 88:88 and then clear leaving the power on indicator visible .
- 2 Press either the + or button for one second and the power on indicator will disappear and 00:00 will appear in the display.
- 3 Press the + and buttons until the desired time is displayed. The timer will count up in 5 second intervals. If the buttons are pressed continuously the numbers will change more quickly the longer they are held down. A maximum time of 60 minutes can be set. If a time is not selected within 30 seconds the display will revert to showing the power on indicator.
- 4 Press the start/stop button 🕁 to start the mixer and the timer will count down in one second intervals.
- The mixer operation can be paused at any time by pressing the start/stop button once, this will also pause the timer. To resume the mixing operation press the start/stop button again, the mixer will start and the timer will continue to count down. If the mixer is left in the pause mode for ten minutes the timer will automatically re-set and an audible tone will be emitted for 2 seconds.
- 5 The mixing process will automatically stop when the total time has elapsed and an audible beep will be emitted for 5 seconds. The display will flash 00:00 for 5 seconds and then clear showing the power on indicator .

to re set the timer

maximum capacities

1 Zero the timer by pressing the – and + buttons at the same time. However, if the mixer is not used for 30 minutes the display will automatically reset to 00:00.

	CHEF	MAJOR
stiff yeast dough	 Flour weight: 680g - 1lb 8oz Flour weight: 1.36kg - 3lb Total weight: 2.18kg - 4lb 13oz 	Flour weight: 910g - 2lb Flour weight: 1.5kg - 3lb 5oz Total weight: 2.4kg - 5lb 5oz
soft yeast dough	 Flour weight: 2.10kg - 41b 1002 Flour weight: 1.3kg - 21b 14oz Total weight: 2.5kg - 51b 8oz 	Flour weight: 2.6kg - 5lb 12oz Total weight: 5kg - 11lb
fruit cake mix egg whites	Total weight: 2.72kg - 6lb12	Total weight: 4.55kg - 10lb 16
C C	 Stop mixing and scrape down the bowl with the spatula frequently. Eggs at room temperature are best for whisking. Before whisking egg whites, make sure there's no grease or egg yol on the whisk or bowl. Use cold ingredients for pastry unless your recipe says otherwise. 	

points for bread making

- important Never exceed the maximum capacities stated you'll overload the machine.
 - If you hear the machine labouring, switch off, remove half the dough and do each half separately.
 - The ingredients mix best if you put the liquid in first.



 \mathbf{Q}

yolk



troubleshooting

problem

- The whisk or K-beater knocks against the bottom of the bowl or isn't reaching the ingredients in the bottom of the bowl.
- solution Adjust the height. Here's how:
 - 1 Unplug.
 - 2 Raise the mixer head and insert the whisk or beater.
 - 3 Hold it, then loosen the nut 1
 - 4 Lower the mixer head.
 - 5 Adjust the height by turning the shaft. Ideally the whisk/K-beater should be **almost** touching the bottom of the bowl **2**
 - 6 Raise the head, hold the whisk/K-beater and tighten the nut.

problem

- The mixer stops during operation.
- Your mixer is fitted with an overload protection device and will stop if overloaded to protect the machine. If this happens, unplug the mixer. Remove some of the ingredients to reduce the load, and allow the mixer to stand for a few minutes. Plug in and press the start/stop button. If the mixer does not restart immediately allow to stand for additional time.
 - If for any reason power to the mixer is interrupted and the machine stops working, switch off by pressing the on/off button, wait a few seconds and then switch on again. The mixer should resume operating straight away.



to fit and use your splashguard

- 1 Raise the mixer head until it locks.
- 2 Fit the bowl onto the base.
- 3 Push the splashguard onto the underside of the mixer head ③ until fully located. The hinged section should be positioned as shown.
- 4 Insert required tool.
- 5 Lower the mixer head.
- During mixing, ingredients can be added directly to the bowl via the hinged section of the splashguard 4.
- You do not need to remove the splashguard to change tools.





the attachments available

To buy an attachment not included in your pack, call your KENWOOD repairer.

attachment attachment code





cleaning and service

care and cleaning

- Always switch off and unplug before cleaning.
- A little grease may appear at **outlet** 2 when you first use it. This is normal just wipe it off.

power unit, outlet covers • Wipe with a damp cloth, then dry.

- Never use abrasives or immerse in water.
- Wash by hand, then dry thoroughly or wash in the dishwasher.
 - Never use a wire brush, steel wool or bleach to clean your stainless steel bowl. Use vinegar to remove limescale.
 - Keep away from heat (cooker tops, ovens, microwaves).
- tools
 Stainless steel tools can be washed by hand or in a dishwasher.
 Non stainless steel tools (coated) should only be washed by hand, then dried thoroughly.
- splashguard Wash by hand, then dry thoroughly.

service and customer care

- If the cord is damaged it must, for safety reasons, be replaced by KENWOOD or an authorised KENWOOD repairer.
- UK If you need help with:
 - using your machine
 - servicing or repairs (in or out of guarantee)
 - call KENWOOD Customer Care on 023 92392333.
 - Have your model number ready it's on the underside of the mixer.
 - spares and attachments
 - ☎ call 0870 2413653.
- Eire See our advertisement in Golden Pages.
- other countries Contact the shop where you bought your machine.

guarantee UK only

- If your machine goes wrong within one year from the date you bought it, we will repair or replace it free of charge provided:
- you have not misused, neglected or damaged it;
- it has not been modified;
- it is not second-hand;
- it has not been used commercially;
- you have not fitted a plug incorrectly; and
- you supply your receipt to show when you bought it.

This guarantee does not affect your statutory rights.



recipes

See important points for bread making on page 2.

white bread stiff British-type dough

- ingredients 1.36kg (3lb) strong plain flour
 - 15ml (3tsp) salt
 - 25g (1oz) fresh yeast; or 15g/20ml (½oz) dried yeast + 5ml (1tsp) sugar
 - 750ml (1½pts) warm water: 43°C (110°F). Use a thermometer or add 250ml (9floz) boiling water to 500ml (18floz) cold water
 - 25g (1oz) lard

method 1 **dried yeast** (the type that needs reconstituting): pour the warm water into the bowl. Then add the yeast and the sugar and leave to stand for about 10 minutes until frothy.

fresh yeast: crumble into the flour.

other types of yeast: follow the manufacturer's instructions.

- 2 Pour the liquid into the bowl. Then add the flour (with fresh yeast if used), salt and lard.
- 3 Knead at minimum speed for 45 60 seconds. Then increase to speed 1, adding more flour if necessary, until a dough has formed.
- 4 Knead for 3 4 more minutes at speed 1 until the dough is smooth, elastic and leaves the sides of the bowl clean.
- 5 Put the dough into a greased polythene bag or a bowl covered with a tea towel. Then leave somewhere warm until doubled in size.
- 6 Re-knead for 2 minutes at speed 1.
- 7 Half fill four 450g (1lb) greased tins with the dough, or shape it into rolls. Then cover with a tea towel and leave somewhere warm until doubled in size.
- 8 Bake at 230°C/450°F/Gas Mark 8 for 30 35 minutes for loaves or 10 15 minutes for rolls.
- When ready, the bread should sound hollow when tapped on the base.

shortcrust pastry

ingredients • 450g (1lb) flour, sieved with the salt

- 5ml (1tsp) salt
- 225g (8oz) fat (mix lard and margarine straight from the fridge)
- About 80ml (4tbsp) water
- hint Don't overmix
- method 1 Put the flour into the bowl. Chop the fat up roughly and add to the flour.
 - 2 Mix at speed 1 until it resembles breadcrumbs. Stop before it looks greasy.
 - 3 Add the water and mix at minimum speed. Stop as soon as the water is incorporated.
 - 4 Cook at around 200°C/400°F/Gas Mark 6, depending on the filling.

pavlova

ingredients • 3 large egg whites

- 175g (6oz) caster sugar
- 275ml (10 fl.oz.) double cream
- fresh fruit eg raspberries, strawberries, grapes, kiwi fruit
- method 1 Whisk the egg whites on a high speed until they form 'soft peaks'.
 - 2 With the whisk operating on speed 5, gradually add the sugar one tablespoon at a time, whisking after each addition.
 - 3 Line a baking tray with silicone paper, then spoon the meringue onto the paper forming a nest approximately 20cm/8" in diameter.
 - 4 Place the baking tray into an oven preheated to 150°C/300°F/Gas Mark 2, then immediately reduce the temperature to 140°C/275°F/Gas Mark 1 and bake for 1 hour. Turn the heat off but leave the pavlova in the oven to cool down.
 - 5 When ready to serve, peel off the silicone paper and place on a serving dish. Whip the cream until soft peaks form then spread over the top of the pavlova and decorate with the fruit.

recipes continued

scrumptious chocolate cake

- ingredients 225g (8oz) butter, softened
 - 250g (9oz) caster sugar
 - 4 eggs
 - 5ml (1tsp) instant coffee dissolved in 15ml (1tbsp) hot water
 - 30ml (2tbsp) milk
 - 5ml (1tsp) almond essence
 - 50g (2oz) ground almonds
 - 100g (4oz) self raising flour
 - 5ml (1tsp) baking powder
 - 50g (2oz) unsweetened cocoa powder
 - method 1 Cream the butter and sugar on a low speed gradually increasing to a higher speed until the mixture is light and fluffy. Scrape down the bowl and beater.
 - 2 Beat the eggs in a jug and whilst the mixer is operating on a high speed, gradually add the egg a little at a time until incorporated. Switch off and scrape down.
 - 3 Incorporate the dissolved coffee, milk and almond essence on a low speed. Add the ground almonds, sieved flour, baking powder and cocoa. Mix on a low speed to incorporate.
 - 4 Divide the mixture between two 20cm/8" cakes tins that have been lined with greased greaseproof paper. Level the tops then bake at 180°C/350°F/Gas Mark 4 for approximately 30 minutes until springy to the touch.
 - 5 Turn out and cool on a wire rack.

chocolate mousseline filling

- ingredients 275g (10oz) plain chocolate, broken into pieces
 - 225ml (8 fl.oz.) double cream
 - method 1 Melt the chocolate by placing in a bowl over a pan of barely simmering water.
 - 2 Whisk the cream starting on a low speed gradually increasing to a higher speed until it forms soft peaks.
 - 3 When the chocolate has melted remove the bowl from the heat and, using a large spoon fold into the cream.
 - 4 Spread the chocolate filling between the cooled cakes.

honey and nut spread using the liquidiser

- ingredients 25g chopped nuts
 - 875g clear honey at room temperature
 - method 1 Place the ingredients into the liquidiser in the above order.
 - 2 Blend together using the pulse control for 5 seconds
 - 3 Use as required.

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