

# EXT 7



The EXT7 features an extended stride design allowing for the longest stride elliptical (19") with a space saving footprint. Achieve all benefits of ultra low impact elliptical training with the unique motion of the EXT 7. Our patented Extended Motion™ technology offers the most ergonomic sequence of movement and lowest impact of any elliptical trainer on the market. The EXT 7 also features a state of the art training computer that features our Easy Com™ menu. The no-friction electro-magnetic system challenges the user with up to 400 watts of resistance. The training computer also offers over 48 exercise programs to choose from, including programs for fat combustion and fitness training. The EXT7 is German craftsmanship at it best.



- 48 programmable training computer with recovery feature include programs ranging from pulse-directed training to pre-set pulse range for fat burning and fitness zones
- SIEMENS® electronic VGA and LCD high resolution display with backlight display and graphic load profile
- KETTLER® USB interface allows downloads of interactive software and exchangeable pre-set programs from [www.kettlerusa.com](http://www.kettlerusa.com)
- Easy Com™ reading allows the rider to just start & go or guides them through the operations step by step

- The KETTLER® eSYS™ System allows for perfect ergonomic, biomechanical and electronic adjustments for the beginner to the most demanding athlete
- KETTLER® Induktions Brake System™ - adaptable manual or programmable 25-400 watt electro-magnetic resistance range allows for variable users and 75 levels of training with no friction nor wear to brake components
- Heart rate measured by either integrated hand pulse sensors or included wireless Polar® T34 heart rate transmitter
- 50 lbs Drive System offers a smooth, fluid and effortless glide that provides an ultra low impact and natural motion
- Extended Motion Technology™ offers a longer stride(19") , from integrated gliding footplates, than typically found on compact footprint home models
- Sturdy powder coated ergonomically formed tubing frame with transport castors, water bottle and levelers
- Light Commercial Warranty: 2 years parts, 1 year labor, lifetime frame



Flat extended ellipse with a 19 inches stride length



Biomechanically optimum distance between tread surfaces



Extended motion technology for an ergonomic sequence of movement

