

SETTING INSTRUCTIONS FOR SEIKO H556 & H558 MOVEMENT

(by Roland Kamp, September 2003)



Notes on different time zones. This watch has three different time zones:

- Analog time.
- Digital time.
- Second digital time, also called local-time, displayed with "-L" in the right corner of the display.

These three time (zones) work independently, the alarm and hourly chime always refer to the digital time.

Set analog time.

- Pull crown to position 3, the secondhand stops.
- Set the hands to the correct time by turning the crown in direction X.
- Push the crown back to position (1) to start the analog part of the watch again.

Set digital time.

- Push button B until the time is on the display.
- Pull crown to position 2.
- Turn the crown in direction X to increment time; turn faster to make bigger steps.
- Turn the crown in direction Y to decrement time, turn faster to make bigger steps,
- Push button B to reset the seconds, if seconds are <29 the seconds go to zero and the minutes do not change, if the seconds are >29 the seconds go to zero and the minutes are incremented by one.
- Push crown to position 1 when digital time is correct.

Set day and date.

- Push button B until the day and date are on the display.
- Pull crown to position 2.
- Turn the crown in direction Y to change the day.
- Turn the crown in direction X to change the date, now the month and date are shown.
- Turn crown in direction X to set the month and date.
- Push crown to position 1 when day and date are correct.


Set local digital time.

- Push button B until the local time is on the display. (-L on display)
- Pull crown to position 2.
- Turn the crown in direction X to increment time, turn faster to make bigger steps.
- Turn the crown in direction Y to decrement time, turn faster to make bigger steps.
- Push crown to position 1 when local time is correct.

Changeover between 12-Hour and 24-Hour indication.


- Push button B until the time is on the display.
- Pull crown to position 2 and after 1 second back to position 1 again. Just repeat this action to switch over again.

Set alarm time.

- Push button B until the alarm time is on the display. (AL on display)
- Pull crown to position 2.
- Turn the crown in direction X to increment time, turn faster to make bigger steps.
- Turn the crown in direction Y to decrement time, turn faster to make bigger steps.
- Push crown to position 1 when alarm time is correct.
- When the alarm time is set the alarm function turns on automatically.  (See table below)

Switch alarm and hourly chime on/off.

- Push button B until the alarm time is on the display, AL in the right corner of display.
- Pull crown to position 2 and after 1 second push it back to position 1 again. Repeat this
- Action until desired function is set, see table below.

	Alarm	Hourly chime
Off	Off	Off
On	On	Off
Blinking	On	On

Stopwatch.

- Push button B until the stopwatch is on the display
- Push button A to start and stop timing.
- Hold button A pressed for a second to reset the stopwatch.
- Stopwatch keeps running when changing to a different mode.

Light.

- Push button A to illuminate the digital display. Does not work in stopwatch mode.

Alarm test.

- Push buttons A and B simultaneously to sound the alarm.