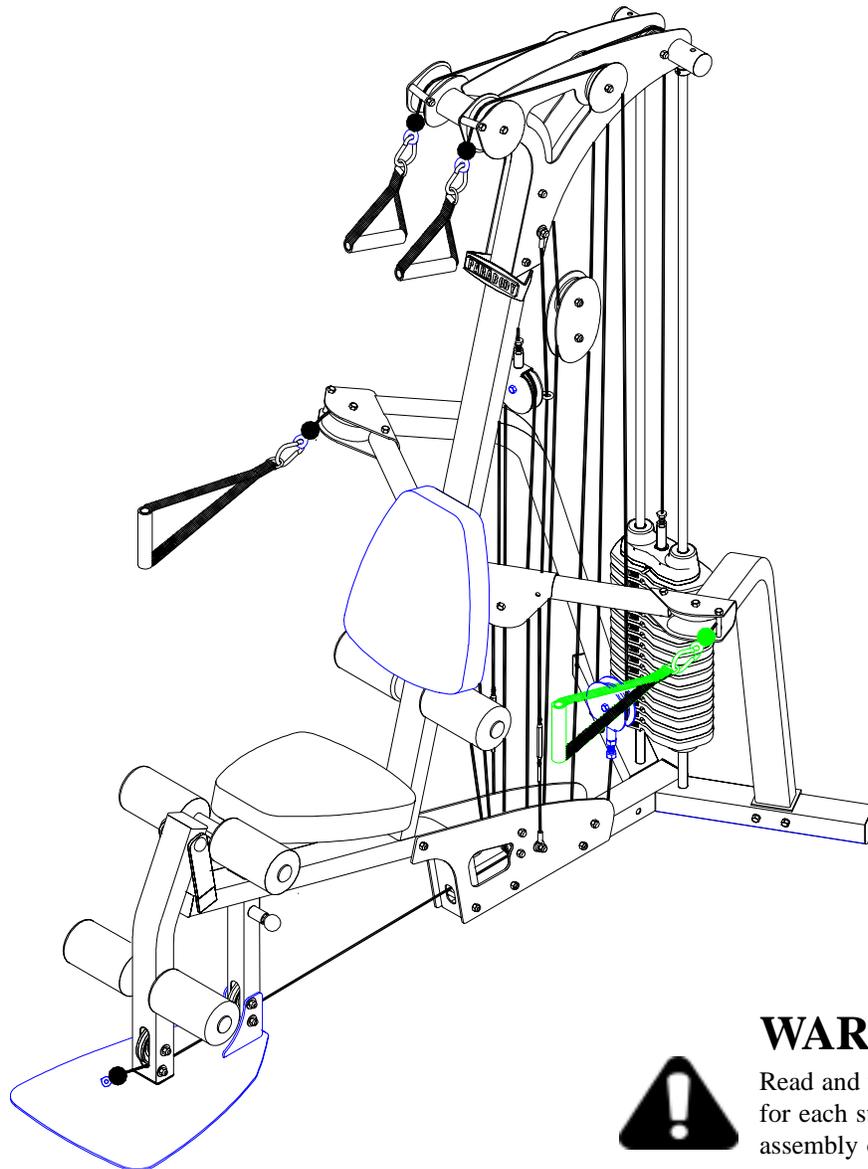


PARABODY®

781 SWIVEL CABLE KIT



WARNING:

Read and follow all directions for each step to insure proper assembly of this product.

USER'S GUIDE

PARTS LIST

KEY	PART #	DESCRIPTION	QTY		KEY	PART #	DESCRIPTION	QTY
1	7118508	GUIDE BRACKET	1		3	3102514	3/8" SAE WASHER	4
2	7122101	CABLE	2		4	3102955	3/8 X 4-1/4" BOLT	2

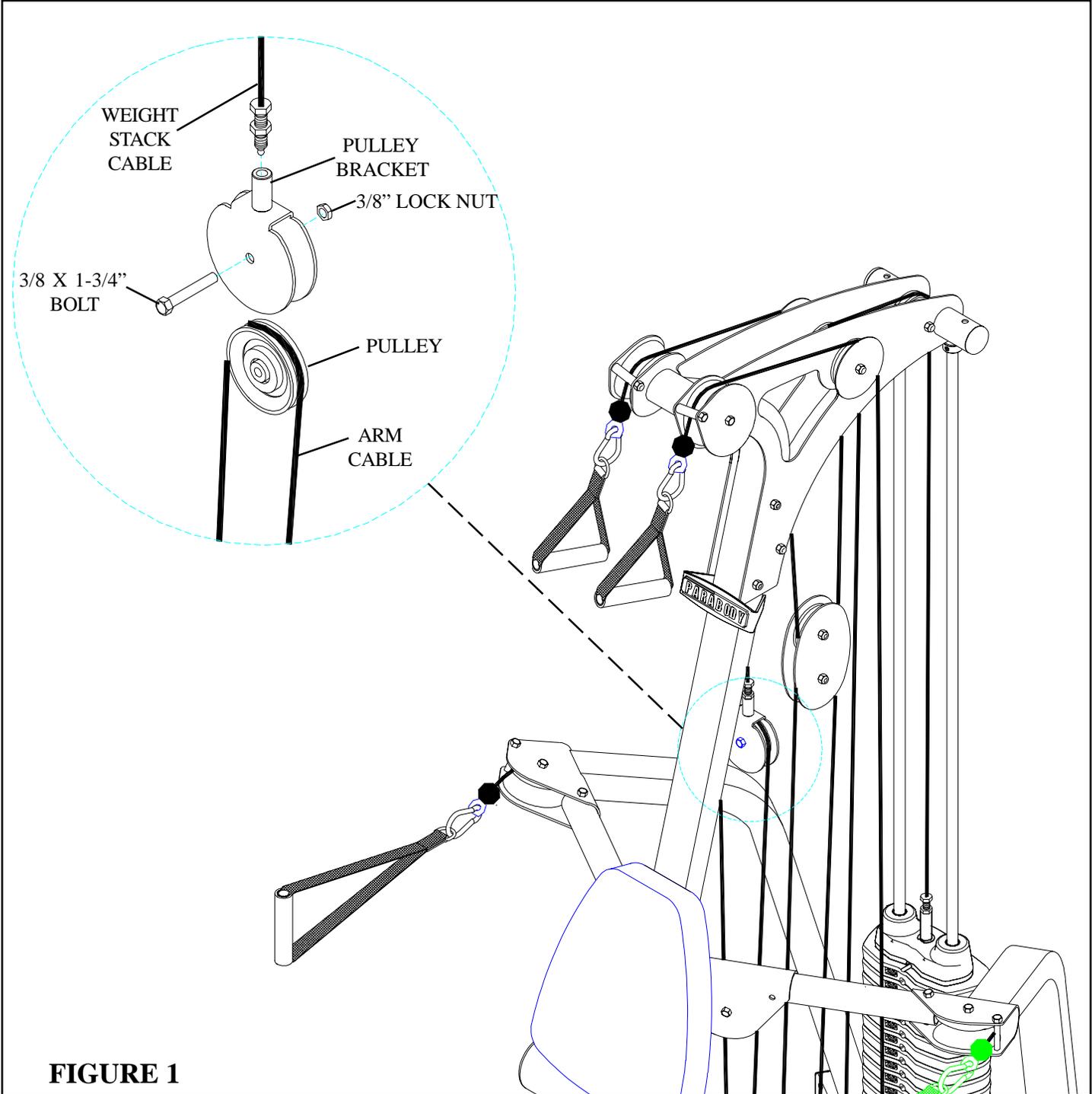
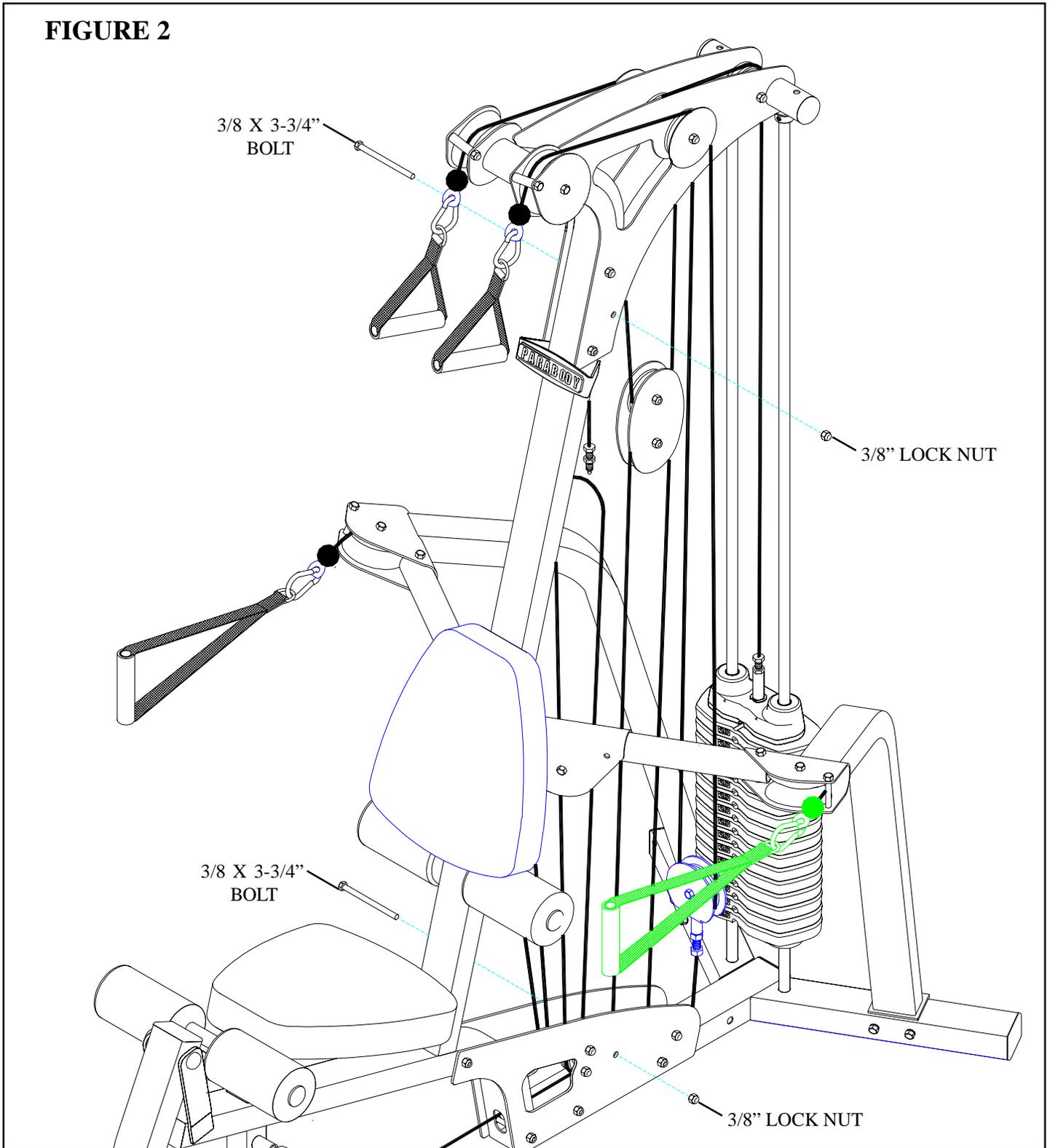


FIGURE 1

- STEP 1:**
- Remove PULLEY and PULLEY BRACKET from the 777 GYM SYSTEM. Discard the PULLEY BRACKET. See FIGURE 1.

FIGURE 2



STEP 2:

- Remove one 3/8" LOCK NUT and one 3/8 X 3-3/4" BOLT from the TOP and BOTTOM PLATES as shown in FIGURE 2. Discard the 3/8 X 3-3/4" BOLTS.

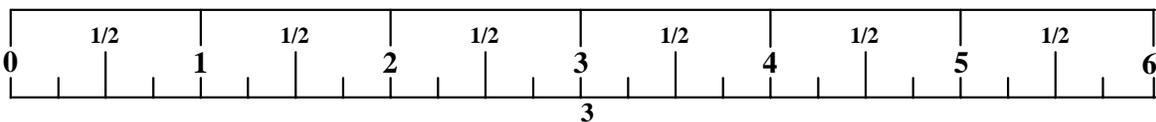
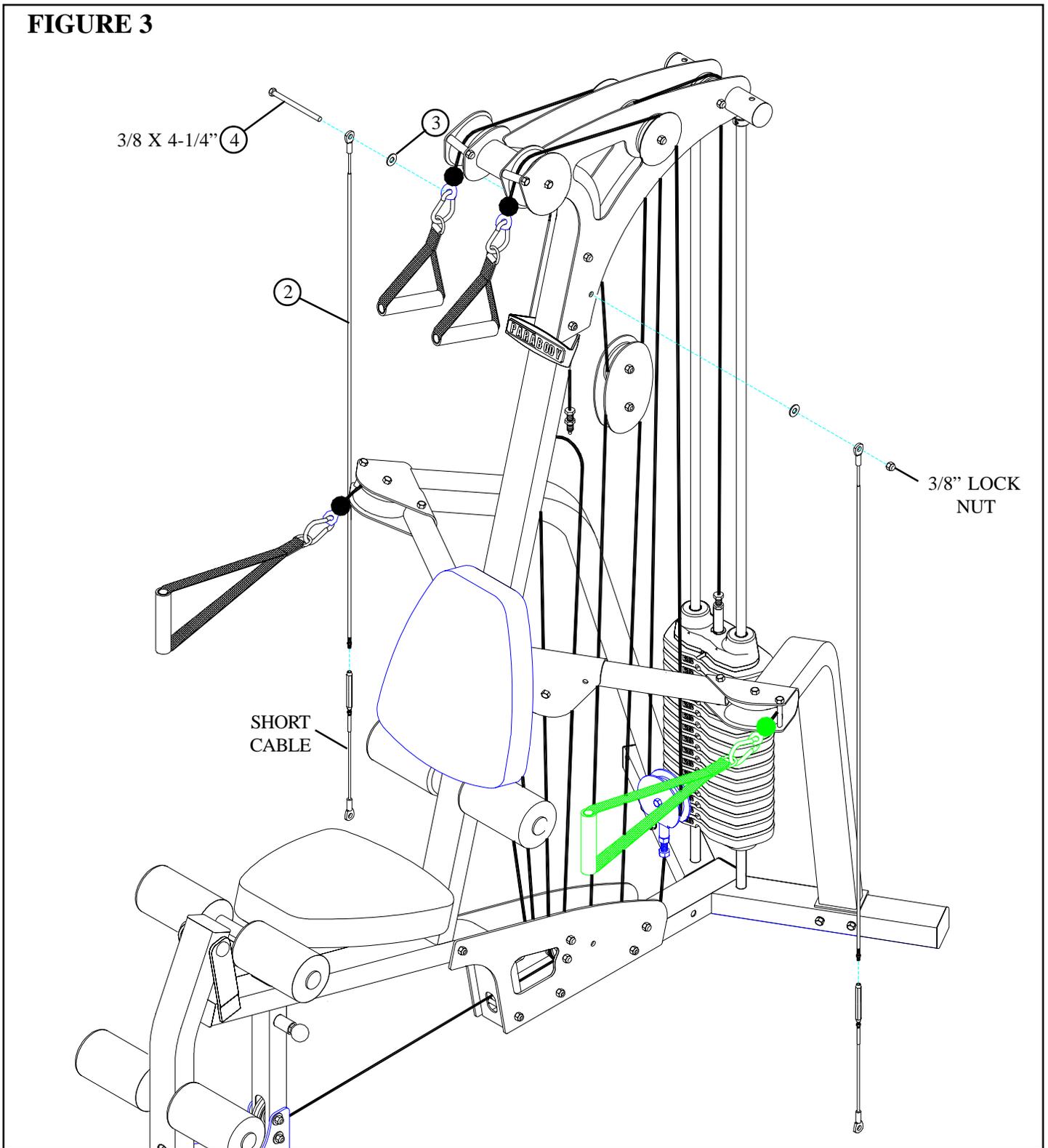
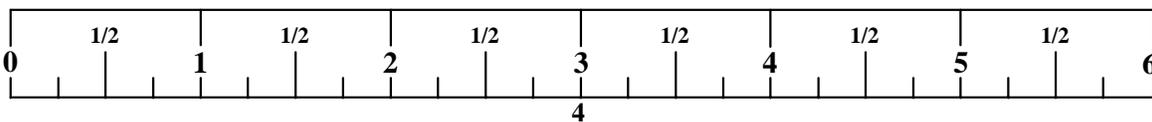


FIGURE 3



STEP 3:

- Assemble the CABLES (2) to the TOP PLATES using one 3/8 X 4-1/4" BOLT (4), two 3/8" SAE WASHERS (3) and one previously removed 3/8" LOCK NUT as shown in STEP 3.
- Disassemble the SHORT CABLE and the turnbuckle on LONG CABLE (2) as shown in FIGURE 3. The SHORT CABLE will be reassembled later.



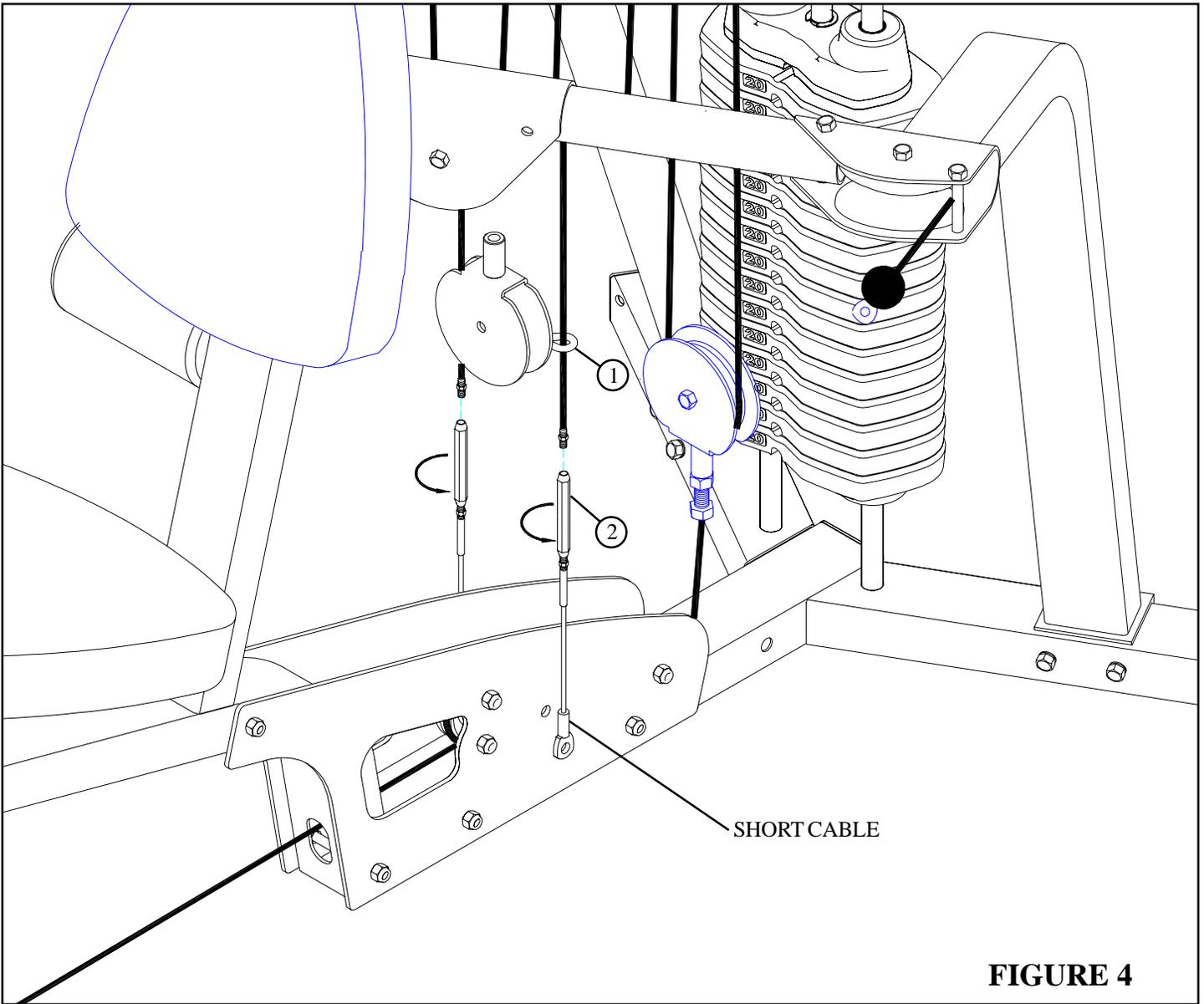
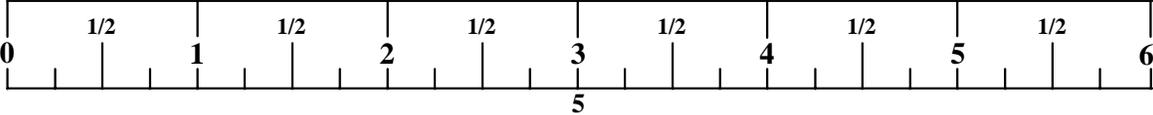


FIGURE 4

STEP 4:

- **CAREFULLY** slide the GUIDE BRACKET (1) through the CABLES (2) as shown in FIGURE 4.
- Assemble the SHORT CABLE and the turnbuckle to each CABLE (2) as shown in FIGURE 4.



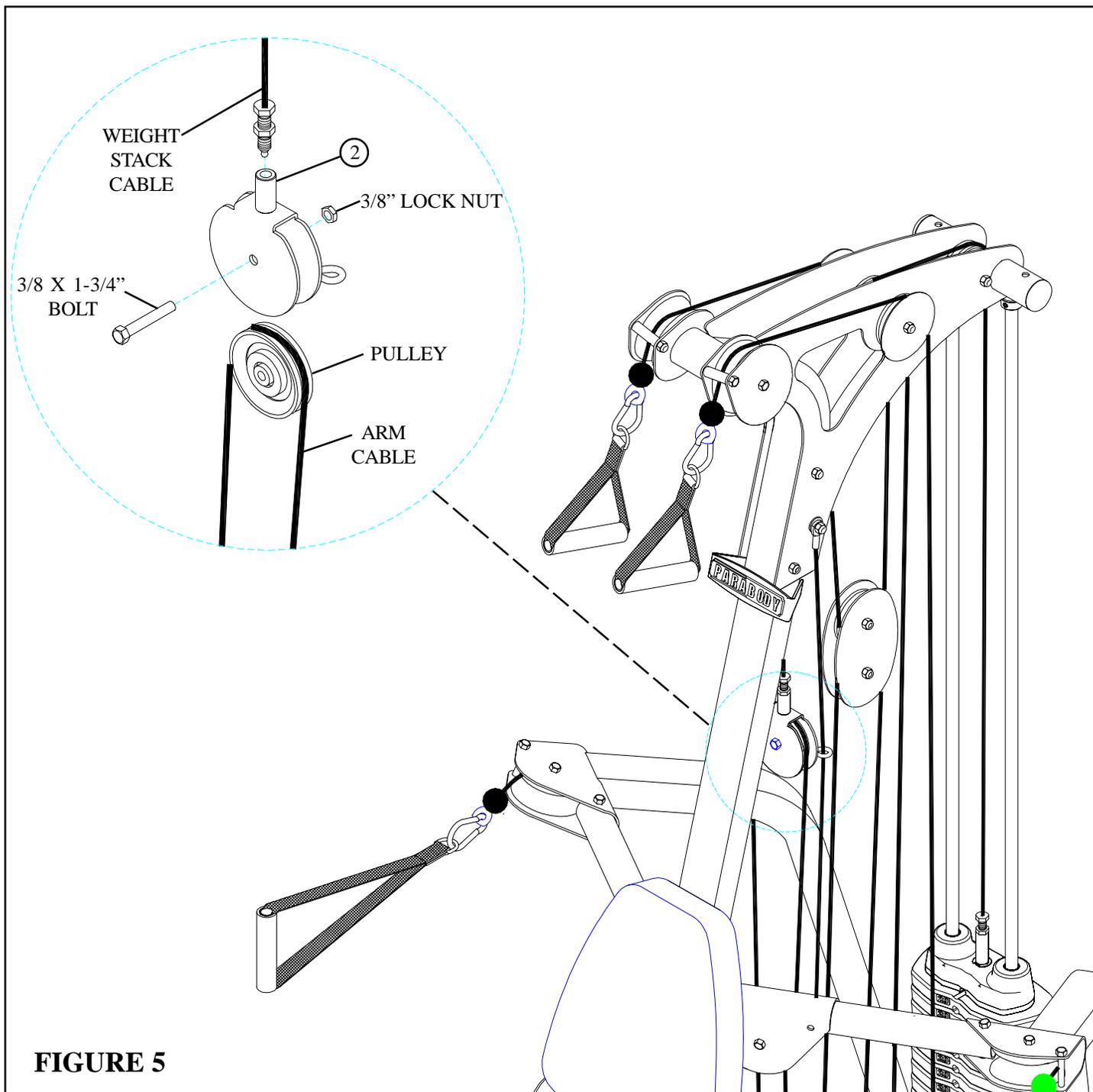
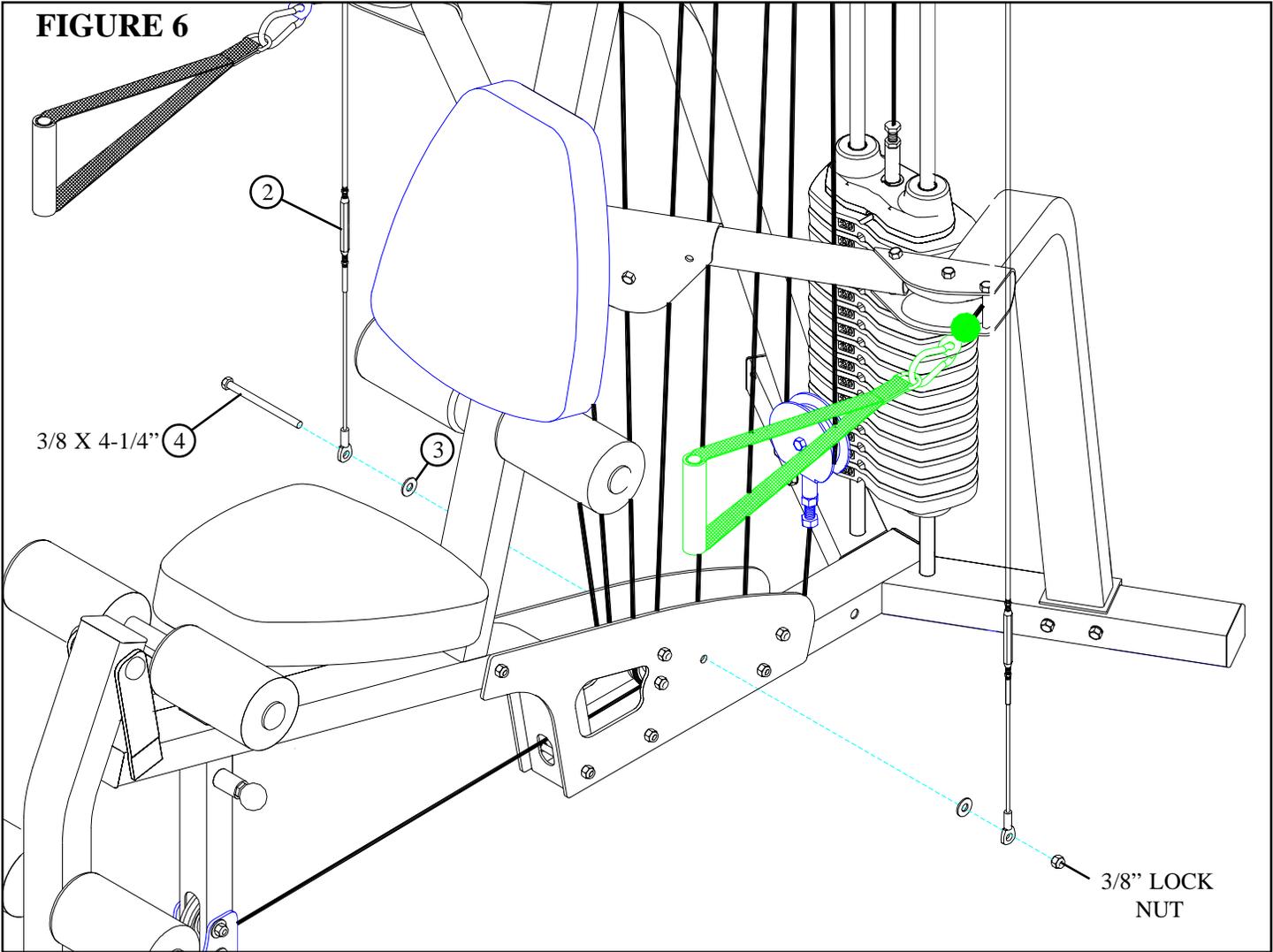


FIGURE 5

STEP 5:

- Slide the GUIDE BRACKET (1) up and reattach the WEIGHT STACK CABLE as shown in FIGURE 5.
- Loop the ARM CABLE around the previously removed pulley and assemble it to the GUIDE BRACKET (1) with the previously removed hardware as shown in FIGURE 5.



STEP 6:

- Assemble the CABLES (2) to the BOTTOM PLATES using one 3/8 X 4-1/4" BOLT (4), two 3/8" SAE WASHERS (3) and one previously removed 3/8" LOCK NUT as shown in STEP 6.

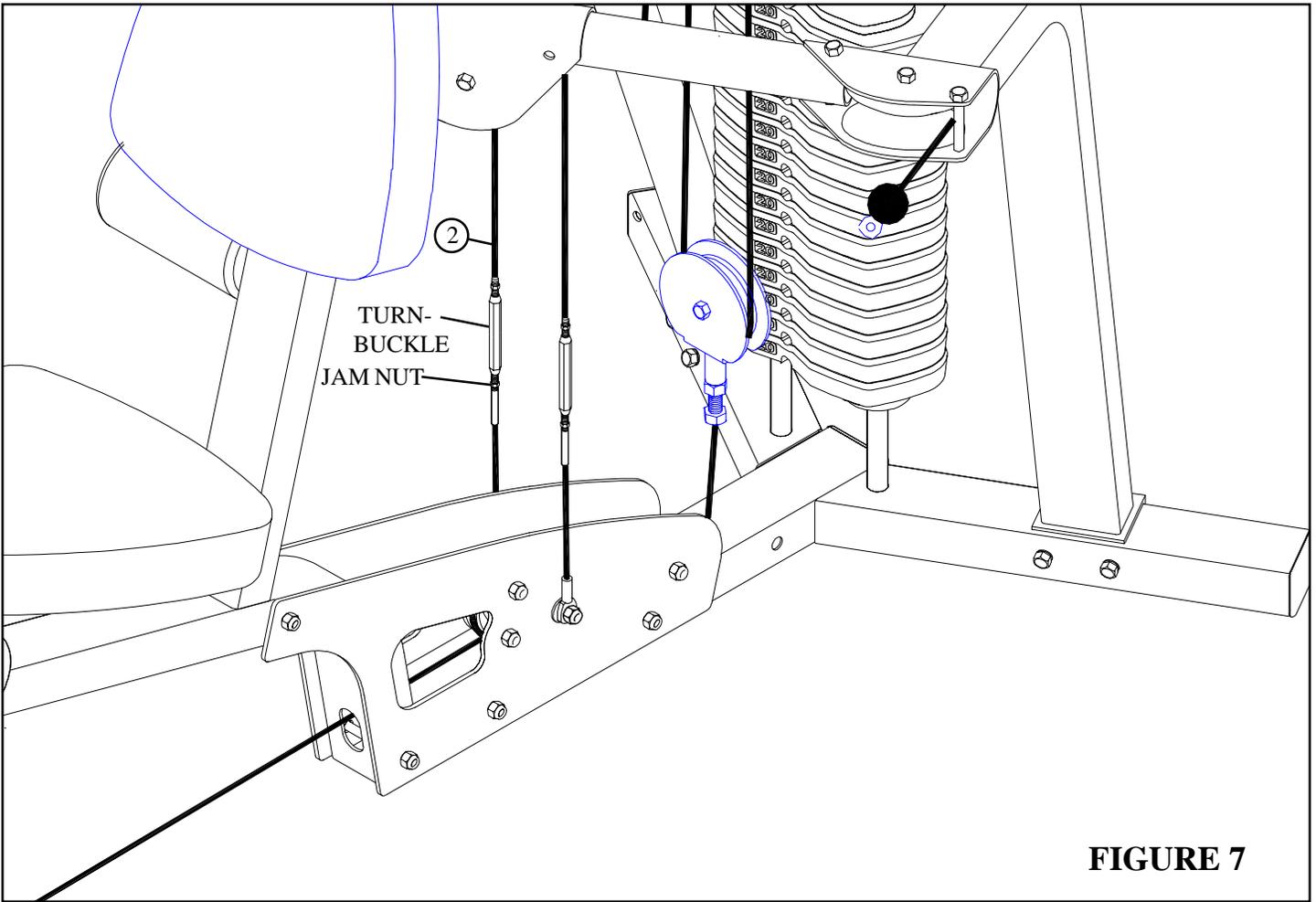


FIGURE 7

STEP 7:

- Adjust the turnbuckle on each CABLE (2) to add tension to the CABLES (2). Secure turnbuckle with the JAM NUTS as shown in FIGURE 7.
- Refer to the 777 USER GUIDE to adjust tension in the systems cables and tighten all jam nuts securely.