



PRO SERIES

Treadmills

The LifeSpan Story

Exercise is no longer limited to improving sports performance or enhancing appearance. For many of us, young and old alike, exercise has become a necessity for good health. Fitness equipment must encourage and support an active lifestyle. It must be safe, effective, easy to use and reliable, whether used in a health club, corporate fitness center, or in the comfort of your own home. At LifeSpan we understand today's exercise needs and deliver innovative fitness solutions to fulfill them.

The LifeSpan PRO series line of treadmills, ellipticals, exercise bikes and stretching equipment complements our high value HOME Series. The performance, features, and durability of the PRO Series make it an excellent solution for light duty commercial settings and for home use for those expecting the best.



Manufacturing Excellence

Every model in the PRO Series product line is produced exclusively in our ISO 9001 Certified Factory and undergoes extensive testing for compliance with European and North American product safety standards. We are proud to say the LifeSpan factory produces more treadmills than any other factory in Taiwan.

Superior Components

Quality components are essential to consistently produce the best possible product. That's why the Dura-Max™ drive system focuses beyond the motor. A powerful 3HP DC or AC motor, combined with a 3" tapered front roller, extra wide 10 rib drive belt, a proprietary wax and silicone belt lubrication system and low maintenance phenolic decks make LifeSpan PRO Series treadmills unrivaled in quality.

Product Awards

Attention to detail has earned us a gold medal award from the Industrial Design Society of America for best new consumer product of the year, and multiple awards from Treadmill Doctor and consumer magazines including Best Buy and Best New Product of the Year awards.



Strong Warranties

Finally, a great product must be accompanied with great service. We support the PRO Series line with strong warranties and exceptional customer service, resulting in high praise from customers and retailers for Customer Service and Overall Satisfaction.

Leading with Innovation



Quality and value are a must to play the game. Innovation is crucial to win the game. Our focus at LifeSpan on research and development has produced utility patents, design patents and numerous non-patented innovations.



Intelli-Guard

Our automatic treadmill pause feature, **Intelli-Guard™**, is a major development in protecting treadmill users. Adding Intelli-Guard in treadmills is similar to adding airbags in cars-both revolutionary safety advancements detect impact to increase safety. Automatically pausing gives a busy Mom the assurance her child is safe if she suddenly leaves her treadmill to answer the phone.



Intelli-Step

Intelli-Step™ is the foundation for LifeSpan's motivational step-based workout programs and daily living programs. Intelli-Step™ automatically detects the impact of your foot striking the treadmill belt, providing greater step-count accuracy than a traditional pedometer.



Intelli-Key

Simplifying your workout is important to LifeSpan. Our patent-pending **Intelli-Key™** technology utilizes illuminated backlit buttons to quickly and easily guide you through the set up process. Buttons to press not only illuminate on LifeSpan treadmills, ellipticals and exercise bikes, but also flash in sequence to signal which button to press next resulting in a stress free set up and a more enjoyable workout.



At LifeSpan, innovation doesn't stop with enhancements to equipment. We know your success also depends on having the knowledge, tools and support to develop and implement an exercise program that is right for you. To support this belief we have partnered with leading Medical Fitness Centers in the U.S. to develop an online Home Exercise Support System. This medically-based system incorporates industry best practices in exercise programming and provides access to state of the art support tools to help customers manage their health and wellness, and achieve their fitness goals.

PRO1

The PRO1 folding treadmill makes no compromises when it comes to performance, durability, and ease of use. The unique frame design and tough steel welded construction offers maximum stability and support for users weighing up to 350 pounds.

Tremendous Stability

PRO1 users enjoy an extremely stable workout free from console vibration, even during heavy use. Our unique *isolated folding frame design* separates the console and console masts from the main treadmill frame, allowing the display console to remain completely steady during use. In addition, the *heavy gauge robotically-welded steel frame* easily supports the constant pounding of foot strikes on the treadmill deck.

Excellent Performance and Durability

The Dura-Max™ Drive System in the PRO1 features a 3 HP DC drive motor, 3" precision ground tapered front roller, extra wide 10 rib drive belt, digital controller board, and 2.2MM multi-ply running belt. In addition, our proprietary lubrication combines the benefits of long lasting wax with the ease of silicone to reduce belt friction, minimize wear and provide a smooth workout for



Motor Ventilation

LifeSpan extends the life of critical drive system components by keeping the motor cool and clean. The *large cross-ventilated motor hood* ensures air circulation and allows heat generated by the motor and digital controller board to be released. The drive motor cooling fan is positioned to pull dust away from the controller board and keep the motor free from dust and debris.

Effortless EZ Drop Folding System

Folding and unfolding a treadmill has never been easier. The PRO1 is equipped with a *dual hydraulic shock folding system*, making it easy to fold and unfold the treadmill. Just release the locking mechanism, gently pull back and let the treadmill go. The soft drop system does the rest!



Grip Pulse with Incline Toggle



Intuitive Consoles

LifeSpan PRO Series treadmills give you the console options you need, in a intelligently-designed, easy to use format.



Extensive Programming

Our combination LED and LCD backlit display console provides all the programs and information you need to achieve your workout goals. To support all types of workout preferences, PRO Series treadmills feature a variety of programs including 2 heart rate control programs, 2 user set-up programs, 10 incline and speed programs, a 5K program, a variable step

Console Features

- ⇒ 3 LED Display Panels plus Blue Backlit Display
- ⇒ 17 Programs including 2 Heart Rate Controls and Interactive Step Counting
- ⇒ Wireless Heart Rate Receiver and EKG Grip Pulse



Ease of Use

Just as important as programming, a console must be easy to use. Our **Intelli-Key™** smart lighting system makes operating the console simple and intuitive. The PRO1 features quick keys for speed and incline control, and handlebar toggle keys for those who prefer to adjust speed and incline levels without ever removing their hands from the handlebars.

Intelli-Key Smart Lights



Mechanical Highlights

- ⇒ 3 HP DC Motor
- ⇒ 3" Tapered Front Roller
- ⇒ 20" x 60" Running Deck Surface
- ⇒ 1000 lb Central Mount Incline Motor

Standard Features



Intelli-Key



Intelli-Step



Intelli-Guard

Warranty

Frame
Motor
Parts
Labor
Max. User Weight
Product Weight

Home Use

LifeTime
LifeTime
5 Years
2 Years
350 Pounds
260 Pounds

PRO3

The LifeSpan PRO3 treadmill offers exceptional quality and excellent value. Designed for home and light duty commercial use, this powerful treadmill features an extra-large running surface, our Dura-Max™ Drive System, and a console that surpasses expectations.

Comfortable, Spacious Running Surface

At 22" by 60", the extra-wide orthopedic running surface is comfortable for all types of users. The 3.2MM (3/16") thick orthopedic belt provides the support and cushioning you need for an enjoyable workout. The coarse texture of the belt gives you excellent running traction.



← 22" Wide →

Deck Suspension

The deck suspension on all PRO series treadmills uses full 1 3/16" elastomers to optimize deck shock absorption. The result is the right balance of cushioning in the front where your foot strike occurs and in the back where you push off. You also get extra shock absorption and comfort from the thick orthopedic belt.



Grip Pulse with Incline Toggle



Sturdy Aluminum Rails

The PRO3 adds to the impressive features and durability of the PRO1 with its 1" reversible commercial grade deck and aluminum top extrusion rails. Aluminum provides the strength and toughness needed for light commercial settings.



Feature Rich Consoles

The PRO3 console offers the same great features as other PRO Series treadmills, including our latest intelligent innovations and advanced programming. Quick Start, speed and incline buttons on both the console and handlebars, and patent pending **Intelli-Key™** smart lighting system allow you to quickly and easily get your workout started on the PRO3.



Unique Step Program

Providing motivational programs are crucial to maximizing the use of your treadmill. The PRO3 includes 17 programs, including a unique interactive step counting program. This program is based on our patented **Intelli-Step™** technology that counts each time your foot lands on the treadmill belt. You simply set the number of steps you want to walk or run, then monitor your progress until you achieve your goal.



Console Features

- ⇒ 3 LED Display Panels plus Blue Backlit Display
- ⇒ 17 Programs including 2 Heart Rate Control Programs and Interactive Step Counting
- ⇒ Wireless Heart Rate Receiver and EKG Grip Pulse

Convenience

All PRO series treadmills are designed with usable conveniences including a forward mounted safety bar, water bottle holder, magazine rack, and storage tray for personal items such as cell phones, keys, remote controls and MP3 players.

Mechanical Highlights

- ⇒ 3 HP DC Motor
- ⇒ 3" Tapered Front Roller
- ⇒ Expansive, No Stretch Orthopedic 22" X 60" Running Belt
- ⇒ Aluminum Side Rails
- ⇒ 1" Reversible Phenolic Deck
- ⇒ 1,000 Pound Central Mount Incline Motor

Intelli-Key Smart Lights



Standard Features



Intelli-Key



Intelli-Step



Intelli-Guard

Warranty	Home Use	Commercial Use*
Frame	LifeTime	LifeTime
Motor	LifeTime	5 Years
Parts	5 Years	2 Years
Labor	2 Years	1 Years
Max. User Weight	350 Pounds	
Product Weight	286 Pounds	

*Commercial Warranty covers up to 3 hours of use per day

PRO5

The PRO5 is the largest and most powerful treadmill in the PRO series line. This model features an AC motor provides tremendous torque at low speeds and is more responsive to speed adjustments than DC motors. The integrated cooling fan enhances the natural cross ventilation of the motor hood to keep components running cool even under heavy workload conditions.



Strength and Durability

Users get maximum strength and durability from the 3 HP AC motor, aluminum side rails that cover and protect the top and side of the frame, and a controller board with an integrated cooling fan to ensure air circulation, even at low speeds.

For added comfort, we increased the length of the belt by 2" for a very spacious 22" by 62" running surface. These enhanced features, combined with the quality in all PRO series treadmills, make the PRO5 an easy decision for facilities expecting the best but still operating on a budget.



Aluminum All Around

Strong top and side aluminum extrusion rails provide maximum protection against wear and rust.



Commercial Consoles

The 15 character alphanumeric LED display allows you to simultaneously view all readouts including Speed, Incline, Time, Distance, Calories and Heart Rate. Combining this feature with heart rate monitoring and a variety of preset speed and incline change programs gives this treadmill the technological edge over its competition.



Console Features

- ⇒ 3 Single Panel LED Displays, 15 Character Alphanumeric Display and Program Matrix
- ⇒ 13 Programs including 2 Heart Rate Controls
- ⇒ Wireless Heart Rate Receiver



Mechanical Highlights

- ⇒ 3 HP AC Motor
- ⇒ 3" Front and Rear Tapered Rollers with Oversized Bearings
- ⇒ Top and Side Aluminum Extrusion Rails
- ⇒ 22" x 62" Running Belt
- ⇒ 1,000 Pound Central Mount Incline Motor



Standard Features



Warranty	Home Use	Commercial Use*
Frame	LifeTime	LifeTime
Motor	LifeTime	5 Years
Parts	5 Years	2 Years
Labor	2 Years	1 Years
Max. User Weight	400 Pounds	
Product Weight	308 Pounds	

*Commercial Warranty covers up to 6 hours of use per day

The LifeSpan Difference

At LifeSpan, we are committed to delivering fitness solutions to help you live a healthier life. From delivering innovative products with superior quality to providing online support tools that help you develop an exercise program that is appropriate for you, we truly believe your success is our success.

We back up our products with strong warranties that will keep your LifeSpan products running for years to come and should the need ever arise for you to contact our Customer Service Department a knowledgeable Support Technician will be there to answer your questions.

LifeSpan customers continually provide us with feedback supporting our mission and help us make improvements in all aspects of their experience with LifeSpan and our products.



"The LifeSpan StretchPartner is a great piece of equipment. It really helps my patients get the lower back stretch needed to reduce back pain and strengthen muscles."

DC Michael Araghi

LAX Chiropractic Center, Los Angeles, California



"As a runner and Physical Therapist, I have used several treadmills. The belt on the PRO3 is one of the smoothest and softest running decks I've used. It takes a lot of stress off the knees".

Dan I.

Physical Therapy and Sports Medicine at

Kimball Junction, Park City, Utah

"If your excellent customer service is any reflection of the quality of your product, I am in luck!"

Cindy J., Lake City, Florida

"The packaging was excellent. The bike was easy to assemble and I appreciated having 'real' wrenches and tools to do the assembly!"

Kathy D., North Vernon, Indiana

Product Comparison

		PRO1	PRO3	PRO5	
CONSOLE AND PROGRAMMING	DISPLAY PANEL	30 x 16 LCD Program Matrix 3 LED Displays plus Blue Backlit Display	30 x 16 LCD Program Matrix 3 LED Displays plus Blue Backlit Display	Multi-Color Program Matrix 15 Character Alphanumeric LED 3 Single Panel LED Displays	
	READOUTS	Heart Rate, Incline, Speed, Distance, Time, Calories, Step Count	Heart Rate, Incline, Speed, Distance, Time, Calories, Step Count	Heart Rate, Incline, Speed, Distance, Time, Calories, Lap Count	
	PROGRAMS	Manual 10 Preset Speed and Incline 5k Distance 2 User Constant Heart Rate Control Interval Heart Rate Control Body Mass Analysis Step Program	Manual 10 Preset Speed and Incline 5k Distance 2 User Constant Heart Rate Control Interval Heart Rate Control Body Mass Analysis Step Program	Manual 10 Preset Speed and Incline 5k Distance 2 User Constant Heart Rate Control Interval Heart Rate Control Body Mass Analysis Step Program	
		HEART RATE	Contact Heart Rate & Chest Strap Receiver	Contact Heart Rate & Chest Strap Receiver	Chest Strap Receiver
		SPEED/INCLINE CONTROL	Quick Speed & Incline Buttons Handlebar Speed & Incline Control	Quick Speed & Incline Buttons Handlebar Speed & Incline Control	Quick Speed & Incline Buttons
	MECHANICAL PERFORMANCE	SPEED	.05 - 12 MPH	.05 - 12 MPH	.05 - 12 MPH
		INCLINE LEVELS	0 - 15	0 - 15	0 - 15
BELT SIZE		60" x 20"	60" x 22"	62" x 22"	
BELT TYPE		2.2 mm Multi-Ply	Multi-Ply with 2 ply no stretch & 2 ply PVC with anti-static layer	Multi-Ply with 2 ply no stretch & 2 ply PVC with anti-static layer	
ROLLER SIZE		3.0" Tapered Front Roller with Oversized Bearings 2.5" Rear Roller with Oversized Bearings	3.0" Tapered Front Roller with Oversized Bearings 2.5" Rear Roller with Oversized Bearings	3.0" Tapered Front Roller with Oversized Bearings 3.0" Rear Roller with Oversized Bearings	
		MOTOR	3.0 Continuous Duty – DC	3.0 Continuous Duty – DC	3.0 Continuous Duty – AC
FRAME		Extra-Heavy Gauge Steel Welded Frame	Extra-Heavy Gauge Steel Welded Frame	Extra-Heavy Gauge Steel Welded Frame	
FOLD		Yes - Isolated Frame Design	No	No	
SIDE RAILS		Non Slip Plastic	Aluminum Extrusion (Top)	Aluminum Extrusion (Top and Side)	
DECK		3/4" Single Side Deck with Variable Elastomer Suspension	1.0" Reversible Deck with Variable Elastomer Suspension	1.0" Reversible Deck with Variable Elastomer Suspension	
LIFT MOTOR		1,000 lb Thrust	1,000 lb Thrust	1,000 lb Thrust	
PRODUCT WEIGHT		260 lbs.	286 lbs.	308 lbs.	
MAX. USER WEIGHT		350 lbs.	350 lbs.	400 lbs.	
FLOOR SPACE		77" L x 38" W x 56"H	74" L x 36" W x 56"H	77" L x 36" W x 56"H	
WARRANTY	FRAME	LifeTime – Residential	LifeTime – Residential & Commercial	LifeTime – Residential & Commercial	
	MOTOR	LifeTime – Residential	LifeTime – Residential / 5 Year – Commercial	LifeTime – Residential / 5 Year – Commercial	
	PARTS	5 Years – Residential	5 Year – Residential / 2 Year – Commercial	5 Year – Residential / 2 Year – Commercial	
	LABOR	2 Year – Residential	2 Year – Residential / 1 Year – Commercial	2 Year – Residential / 1 Year – Commercial	
			• Commercial Warranty covers up to 3 hours of use per day	• Commercial Warranty covers up to 6 hours of use per day	



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www.LifeSpanFitness.com

For other fine LifeSpan products visit our website at
www.LifeSpanFitness.com



EX3



C2



Stretch Partner

PRO SERIES