

### 10-Cup Electric Rice Cooker & Food Steamer



Instruction Manual & Cooking Guide

Model: ARC-820SW

Congratulations on your purchase of the **AROMA** Electronic Rice Cooker & Food Steamer. It will surely become one of the most practical appliances in your kitchen.

Please read all instructions before first use.



Published By:

Aroma Housewares Co. 6469 Flanders Drive San Diego, CA 92121 U.S.A. 1-800-276-6286 www.aromaco.com

© 2004 Aroma Housewares Company All rights reserved.

## IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed including the following:".

- 1. Important: Read all instructions carefully before first use.
- 2. Do not touch hot surfaces. Use handles or knobs
- 3. Use only on a level, dry, and heat-resistant surface.
- 4. To protect against electrical shock, do not immerse cord, plug or the appliance in water or any other liquid.
- 5. Close supervision is necessary when the appliance is used by or near children.
- 6. Unplug from outlet when not in use and before cleaning. Allow unit to cool before putting on or taking off parts, and before cleaning the appliance.
- 7. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Return the appliance to the nearest authorized service facility for examination, repair or adjustment.
- 8. The use of accessory attachments not recommended by the appliance manufacturer may result in fire, electric shock or injury.
- 9. Do not use outdoors.
- 10. Do not let cord touch hot surfaces or hang over the edge of a counter or table.
- 11. Do not place on or near a hot burner or in a heated oven.
- 12. Do not use the appliance for other than its intended use.
- 13. Extreme caution must be used when moving the appliance containing hot oils or other liquids.
- 14. Do not touch, cover or obstruct the steam valve on the top of the rice cooker as it is extremely hot and may cause scalding.
- 15. Use only with a 120V AC power outlet.
- 16. Always unplug from the base of the wall outlet. Never pull on the cord.
- 17. The rice cooker should be operated on a separate electrical circuit from other operating appliances. If the electric circuit is overloaded with other appliances, this appliance may not operate properly.
- Always make sure the outside of the inner cooking pot is dry prior to use. If cooking pot is returned to cooker when wet, it may damage or cause the product to malfunction.
- 19. Use extreme caution when opening the lid during or after cooking. Hot steam will escape and could cause burns.
- 20. The rice should not be left in the rice pot with the keep warm function on for more than 24 hours.
- 21. To prevent damage or deformation, do not use the inner pot on a stovetop or burner.
- 22. To disconnect, turn any control to "off", then remove plug from wall outlet.
- 23. Do not use appliance for other than intended use.
- 24. To reduce the risk of electric shock, cook only in removable container.

## SAVE THESE INSTRUCTIONS

# SHORT CORD INSTRUCTIONS

- 1. A short power-supply cord is provided to reduce risk resulting from becoming entangled in or tripping over a longer cord.
- 2. Longer extension cords are available and may be used if care is exercised in their use.
- 3. If a longer extension cord is used:
  - a. The marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance.
  - b. The longer cord should be arranged so that it will not drape over the counter top or tabletop where it can be pulled by children or tripped over unintentionally.

# POLARIZED PLUG

This appliance has a **polarized plug** (one blade is wider than the other); follow the instructions below:

To reduce the risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

### This appliance is for household use only.

## ABOUT RICE

Rice is a valuable source of low fat, complex carbohydrates and is abundant in thiamin, niacin and iron. It is an essential ingredient for a healthy diet.

There are many different varieties of rice available in the market. Your Aroma Rice Cooker can cook any type perfectly every time. Following are the commonly available varieties of rice and their characteristics:

#### Long Grain Rice

Typically this rice is not starchy and has loose, individual grains after cooking. The "California" rice is soft; "Carolina" is a little firmer, and "Jasmine" is the firmest of the long grain variety and is flavorful and aromatic.

#### Short Grain Rice

Short grain is characteristically soft, sticky and chewy. This is the rice used to make sushi. "California Rice" is soft; "Sweet Rice", often called "pearl" rice for its round shape, is extra sticky and is excellent for making rice pudding.

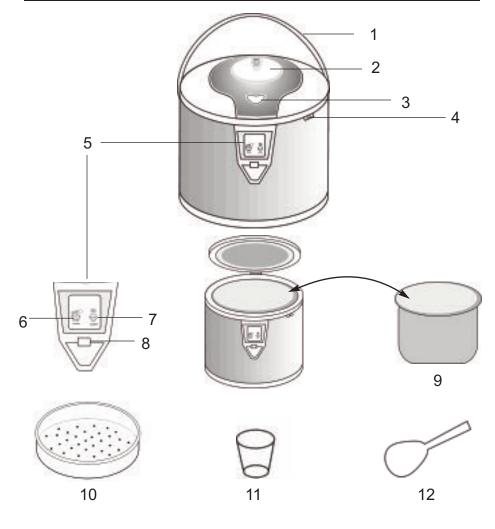
#### **Brown Rice**

Brown rice is often considered the most healthy variety. It has bran layers on the rice grains and contains more B-complex vitamins, iron, calcium, and fiber than polished (white) rice. The most popular brown rice is long grain and has a chewy texture.

#### Wild Rice

Wild Rice comes in many delicious varieties and mixes. Often it is mixed with long grain rice for its firmer texture and rich brown to black color. Wild rice makes wonderful stuffing for poultry when cooked with broth and mixed with your favorite dried fruits.

# PARTS IDENTIFICATION



- 1. Handle
- 2. Condensation collector
- 3. Lid-open button
- 4. Spatula holder
- 5. Control panel
- 6. Cooking mode indicator light

- 7. Warming mode indicator light
- 8. One-touch cook button
- 9. Removable, inner cooking pot
- 10. Steam Tray
- 11. Measuring cup
- 12. Rice paddle

## HOW TO USE

### Before First Use:

- 1. Read all instructions and important safeguards.
- 2. Remove all packaging materials and make sure items are received in good condition.
- 3. Tear up all plastic bags as they can pose a risk to children.
- 4. Wash accessories in warm soapy water. Rinse and dry thoroughly.
- 5. Remove inner pot from rice cooker and clean with warm soapy water. Rinse and dry thoroughly before returning to cooker.
- 6. Wipe body clean with a damp cloth.
- > Do not use abrasive cleaners or scouring pads.
- > Do not immerse the rice cooker, cord or plug in water at any time.

### To Cook Rice:

- 1. Using the measuring cup provided, measure and add rice to the pot. One level Aroma measuring cup equals one cup on the rice/water measurement chart included on <u>page 7</u>.
- 2. Rinse rice in the inner pot until water becomes relatively clear, then drain.
- 3. Using the water measurement lines inside or the measuring cup, add appropriate amount of water.
- 4. Replace lid and plug power cord into outlet.
- 5. Press switch down to start the cooking process. The cook light will illuminate. When rice is complete, it will automatically switch to warm mode and the warm light will illuminate.
- 6. After cooking, allow rice to stand for 5-10 minutes without removing lid. This will ensure that rice is cooked thoroughly.

### To Steam Food:

- 1. Measure the desired amount of water into the inner pot. A convenient steaming guide has been included on **page 8**.
- 2. Place steam tray inside rice cooker.
- 3. Place food in tray and press switch to cook mode. When steaming is complete, it will automatically switch to warm mode. We recommend keeping food on warm mode no longer than 5-10 minutes to avoid over cooking.

### CAUTION:

- Do not open lid when in use as it will delay cooking time and will release hot steam, which may cause burns.
- If cooking pot is returned to cooker when wet, it will damage this product causing it to malfunction.

## HOW TO CLEAN

### Always unplug unit and allow to cool completely before cleaning.

- 1. Remove the inner cooking pot. Wash it in warm, soapy water using a sponge or dishcloth.
- 2. Rinse and dry thoroughly.
- 3. Repeat process with steam tray, and other provided accessories.
- 4. Wipe the body of the rice cooker clean with a damp cloth.

### To Clean Condensation Collector:

Condensation collector should be cleaned after every use.

- 1. Remove collector by lifting gently upwards from the lid of the rice cooker.
- 2. Twist counter clockwise to separate the top from the bottom.
- 3. Clean both pieces of collector in warm, soapy water. Rinse and dry thoroughly.
- 4. Align top grooves with bottom piece and twist to reattach the collect together.
- 5. Return collector to orginal position by aligning the bottom piece into the hole on the lid of cooker.
- 6. Press down gently to secure in place.
- Do not use harsh abrasive cleaners or products that are not considered safe to use on nonstick coatings.
- Do not immerse rice cooker base in water or any other liquid. This appliance is NOT dishwasher safe. Inner pot is NOT dishwasher safe.

## **COOKING GUIDES**

### **Rice/Water Measurement Chart:**

UNCOOKED RICE	WATER WITH MEASURING CUP	INNER POT WATER LINE	APPROX COOKED RICE YIELD
1 Cup	1-1/2 Cups	Line 1	2 Cups
2 Cups	2-1/2 Cups	Llne 2	4 Cups
3 Cups	3-1/2 Cups	Line 3	6 Cups
4 Cups	4-1/2 Cups	Line 4	8 Cups
5 Cups	5-1/2 Cups	Line 5	10 Cups
6 Cups	6-1/2 Cups	Line 6	12 Cups
7 Cups	7-1/2 Cups	Line 7	14 Cups
8 Cups	8-1/2 Cups	Line 8	16 Cups
9 Cups	9-1/2 Cups	Line 9	18 Cups
10 Cups	10-1/2 Cups	Line 10	20 Cups
14 Cups	14-1/2 Cups	Line 14	28 Cups

#### NOTE

- When cooking brown or wild rice, add an additional 3/4 cup water.
- The measuring cup included is not an exact cup. Chart refers to cups of rice/water based on the measuring cup provided.
- This is only a general measuring guide. As there are many different kinds of rice available (see *About Rice* on page 3), rice/water measurement may vary slightly.

### **HELPFUL HINTS:**

- 1. Rinse rice to remove excess bran and starch. This will help reduce browning and sticking to the bottom of the pot, but it may also reduce nutrients in rice.
- If you have experienced any sticking due to the type of rice you are using, try adding a light coating of vegetable oil to the bottom of the inner pot before adding rice.
- 3. For softer rice, allow rice to soak for 10-20 minutes prior to cooking.

## **COOKING GUIDES**

#### Steaming Chart:

VEGETABLE	AMOUNT OF WATER	STEAMING TIME
Asparagus	1/2 Cup	10 Minutes
Broccoli	1/4 Cup	5 Minutes
Cabbage	1 Cup	15 Minutes
Carrots	1 Cup	15 Minutes
Cauliflower	1 Cup	15 Minutes
Corn	1 Cup	15 Minutes
Eggplant	1-1/4 Cup	20 Minutes
Green Beans	1 Cup	15 Minutes
Peas	1/2 Cup	10 Minutes
Spinach	1/2 Cup	10 Minutes
Squash	1/2 Cup	10 Minutes
Zucchini	1/2 Cup	10 Minutes

### HELPFUL HINTS:

- 1. Since most vegetables only absorb a small amount of water, there is no need to increase the amount of water with a larger serving of vegetables.
- 2. Always keep the lid on the cooker during the entire steaming process. Opening the lid causes a loss of heat and steam, resulting in a slower cooking time, and may cause burns. If you find it necessary to open the lid, use caution. You may want to add a small amount of water to help restore the cooking time.
- 3. Altitude, humidity and outside temperature will affect cooking times.
- 4. The steaming chart is for reference only. Actual cooking time may vary.

## LIMITED WARRANTY

Aroma Housewares Company warrants this product free from defects in material and workmanship for one year from provable date of purchase in continental United States.

Within this warranty period, Aroma Housewares Company will repair or replace, at its option, defective parts at no charge, provided the product is returned, freight prepaid with proof of purchase and U.S. \$8.00 for shipping and handling charges payable to Aroma Housewares Company. Before returning an item, please call the toll free number below for return authorization number. Allow 2-4 weeks for return shipping.

This warranty does not cover improper installation, misuse, abuse or neglect on the part of the owner. Warranty is also invalid in any case that the product is taken apart or serviced by an unauthorized service station.

This warranty gives you specific legal rights and which may vary from state to state and does not cover areas outside the United States.

> AROMA HOUSEWARES COMPANY 6469 Flanders Drive San Diego, California 92121 1-800-276-6286 M-F, 8:30 AM - 5:00 PM, Pacific Time Website: www.aromaco.com