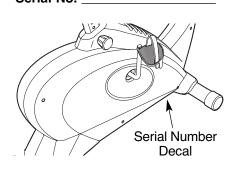


USER'S MANUAL

Model No. PFEX2096.0 Serial No.



QUESTIONS?

As a manufacturer, we are committed to providing complete customer satisfaction. If you have questions, or if parts are damaged or missing, PLEASE CONTACT OUR CUSTOMER SERVICE DEPARTMENT DIRECTLY.

CALL TOLL-FREE: **1-888-533-1333** Mon.–Fri., 6 a.m.–6 p.m. MST

ON THE WEB: www.proformservice.com



Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.

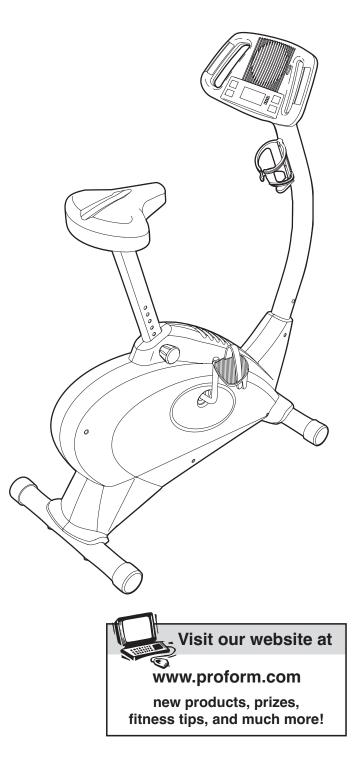


TABLE OF CONTENTS

PORTANT PRECAUTIONS	2
FORE YOU BEGIN	3
SEMBLY	4
DW TO OPERATE THE EXERCISE CYCLE	8
AINTENANCE AND TROUBLESHOOTING	15
DNDITIONING GUIDELINES	
NRT LIST	18
(PLODED DRAWING	19
DW TO ORDER REPLACEMENT PARTSBac	
MITED WARRANTYBac	k Cover

IMPORTANT PRECAUTIONS

WARNING: To reduce the risk of serious injury, read the following important precautions before using the exercise cycle.

- 1. Read all instructions in this manual and all warnings on the exercise cycle before using the exercise cycle. Use the exercise cycle only as described in this manual.
- 2. It is the responsibility of the owner to ensure that all users of the exercise cycle are adequately informed of all precautions.
- 3. The exercise cycle is intended for home use only. Do not use the exercise cycle in a commercial, rental, or institutional setting.
- 4. Keep the exercise cycle indoors, away from moisture and dust. Place the exercise cycle on a level surface, with a mat beneath it to protect the floor. Make sure that there is enough clearance around the exercise cycle to mount, dismount, and use it.
- 5. Inspect and properly tighten all parts regularly. Replace any worn parts immediately.
- 6. Keep children under the age of 12 and pets away from the exercise cycle at all times.
- 7. The exercise cycle should not be used by persons weighing more than 250 pounds.

- 8. Wear appropriate clothes while exercising; do not wear loose clothes that could become caught on the exercise cycle. Always wear athletic shoes for foot protection.
- 9. The pulse sensor is not a medical device. Various factors, including the user's movement, may affect the accuracy of heart rate readings. The pulse sensor is intended only as an exercise aid in determining heart rate trends in general.
- 10. Always keep your back straight while using the exercise cycle; do not arch your back.
- 11. If you feel pain or dizziness while exercising, stop immediately and cool down.
- 12. The exercise cycle does not have a freewheel; the pedals will continue to move until the flywheel stops.
- 13. The warning decal shown on page 3 has been placed on the exercise cycle. If the decal is missing or illegible, call the toll-free telephone number on the front cover of this manual and request a free replacement decal. Apply the decal in the location shown.

WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

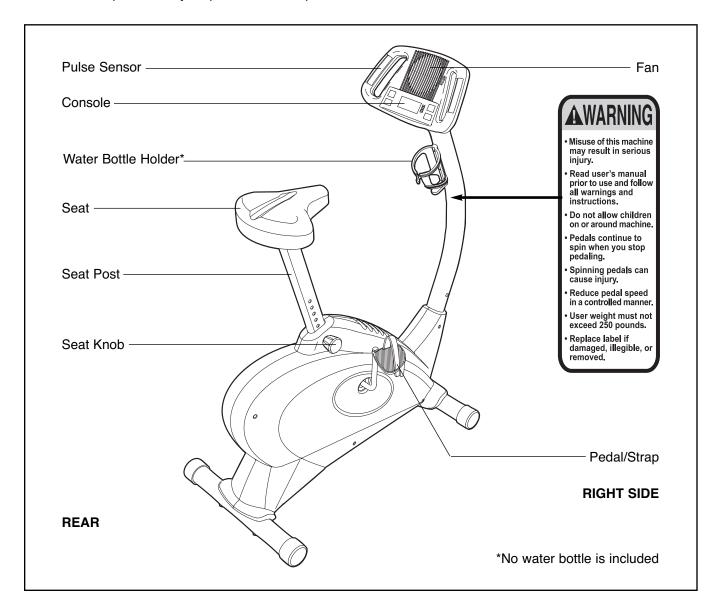
BEFORE YOU BEGIN

Congratulations for selecting the new PROFORM[®] GT 85X exercise cycle. Cycling is one of the most effective exercises for increasing cardiovascular fitness, building endurance, and toning the entire body. The GT 85X exercise cycle offers a selection of features designed to let you enjoy this healthful exercise in the convenience and privacy of your home.

For your benefit, read this manual carefully before you use the exercise cycle. If you have questions after reading this manual, see the front cover of this manual. To help us assist you, please note the product model number and serial number before contacting us. The model number is PFEX2096.0. The serial number can be found on a decal attached to the exercise cycle (see the front cover of this manual).

To avoid a registration fee for any service needed under warranty, you must register the exercise cycle at www.proformservice.com/registration.

Before reading further, please familiarize yourself with the parts that are labeled in the drawing below.



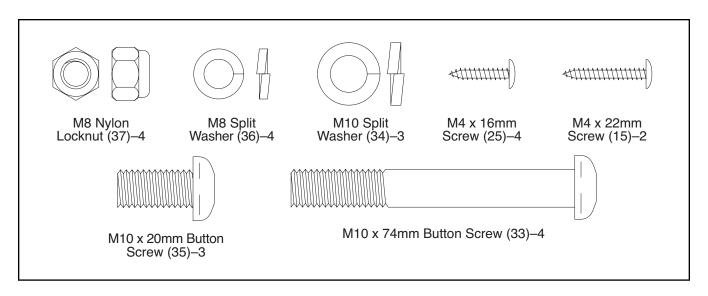
ASSEMBLY

To hire an authorized service technician to assemble the exercise cycle, call toll-free 1-800-445-2480.

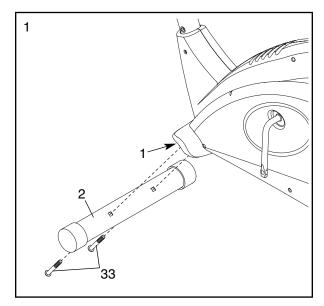
Assembly requires two persons. Place all parts of the exercise cycle in a cleared area and remove the packing materials. Do not dispose of the packing materials until assembly is completed.

Assembly requires the included tools and your own adjustable wrench

Use the part drawings below to identify the small parts used in assembly. The number in parenthesis below each drawing refers to the key number of the part, from the PART LIST on page 18. The second number refers to the quantity needed for assembly. Note: Some small parts may have been preattached for shipping. If a part is not in the parts bag, check to see if it has been preattached.



 Identify the Front Stabilizer (2), which is narrower than the Rear Stabilizer (not shown). While another person lifts the front of the Frame (1), attach the Front Stabilizer to the Frame with two M10 x 74mm Button Screws (33).



- 2. While another person lifts the rear of the Frame (1), attach the Rear Stabilizer (14) to the Frame with two M10 x 74mm Button Screws (33).
- 2 14 33 3 Be careful to avoid pinching the Wire Harnesses (31, 32). 3 35 34 32 35 34 31 4 29 3 15 5 6 **Batteries** Battery Cover **Batteries**
- While another person holds the Upright (3) near the Frame (1), connect the Upper Wire Harness (32) to the Lower Wire Harness (31).

Gently pull the upper end of the Upper Wire Harness (32) to remove the slack, and slide the Upright (3) onto the Frame (1). **Be careful to avoid pinching the Wire Harnesses.** Attach the Upright with three M10 x 20mm Button Screws (35) and three M10 Split Washers (34).

4. Attach the Water Bottle Holder (29) to the Upright (3) with two M4 x 22mm Screws (15).

5. The Console (6) requires four "D" batteries (not included); alkaline batteries are recommended. Press the tab on the battery cover and remove the battery cover. Insert four batteries into the console; make sure that the batteries are oriented as shown. Then, reattach the battery cover.

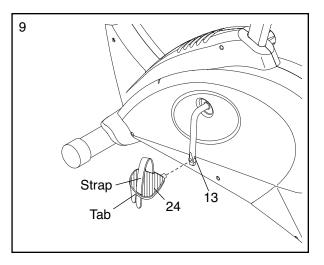
6. While another person holds the Console (6) near the Upright (3), connect the console wire harness to the Upper Wire Harness (32).

Insert the excess Wire Harness (32) downward into the Upright (3). Attach the Console (6) to the Upright with four M4 x 16mm Screws (25). **Make sure that the Wire Harness is not pinched.**

- Attach the Seat (12) to the Seat Post (5) with four M8 Nylon Locknuts (37) and four M8 Split Washers (36).
 Note: The Nylon Locknuts and Split Washers may be preattached to the Seat.
- 6 **Console Wire** Harness 25 De 32 25 3 7 12 5 36 37 8 5 Packing Tube 11
- 8. Remove the packing tube from the Frame (1), and discard the packing tube.

Turn the Seat Knob (11) counterclockwise two or three turns to loosen it (if the Seat Knob is not loosened enough, it may scratch the Seat Post [5]). Next, pull the Seat Knob, insert the Seat Post into the Frame (1), and then release the Seat Knob. **Move the Seat Post up and down slightly until the pin on the Seat Knob snaps into one of the holes in the Seat Post.** Then, turn the Seat Knob clockwise until it is tight. Identify the Left Pedal (24), which is marked with an "L." Using an adjustable wrench, firmly tighten the Left Pedal *counterclockwise* into the left arm of the Crank (13). Tighten the Right Pedal (not shown) *clockwise* into the right arm of the Crank.
Important: Tighten both Pedals as firmly as possible. After using the exercise cycle for one week, retighten the Pedals. For best performance, keep the Pedals tightened.

Adjust the strap on the Left Pedal (24) to the desired position, and press the end of the strap onto the tab on the side of the Left Pedal. Adjust the strap on the Right Pedal (not shown) in the same way.

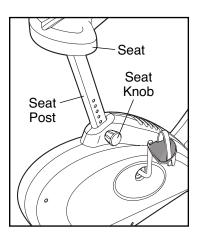


10. Make sure that all parts are properly tightened before you use the exercise cycle. Note: After assembly is completed, some extra parts may be left over. Place a mat beneath the exercise cycle to protect the floor.

HOW TO OPERATE THE EXERCISE CYCLE

HOW TO ADJUST THE SEAT

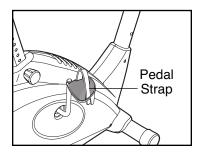
For effective exercise, the seat should be at the proper height. As you pedal, there should be a slight bend in your knees when the pedals are in the lowest position. To adjust the height of the seat, first turn the seat knob counterclockwise two or three turns to

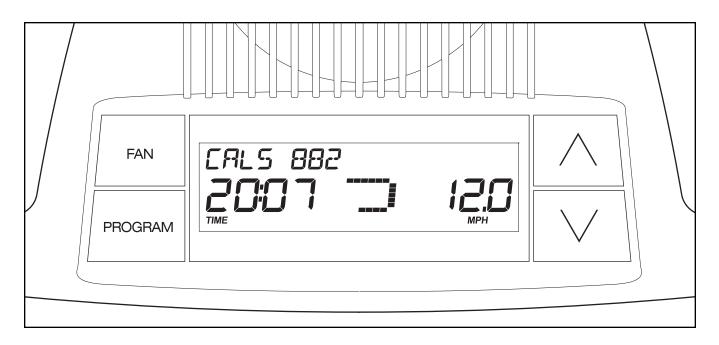


loosen it (if the knob is not loosened enough, it may scratch the seat post). Next, pull the knob, slide the seat post to the desired height, and then release the knob. **Move the seat post up and down slightly until the pin on the knob snaps into one of the holes in the seat post.** Then, turn the knob clockwise until it is tight.

HOW TO ADJUST THE PEDAL STRAPS

To adjust the pedal straps, first pull the ends of the pedal straps off the tabs on the pedals. Adjust the pedal straps to the desired position, and then press the ends of the pedal straps back onto the tabs.





FEATURES OF THE CONSOLE

The advanced console offers an array of features designed to make your workouts more effective and enjoyable.

When you select the manual mode of the console, you can change the resistance of the pedals with the touch of a button. As you exercise, the console will display continuous exercise feedback. You can even measure your heart rate using the handgrip pulse sensor.

The console offers three trainer programs that automatically change the resistance of the pedals and prompt you to increase or decrease your pace while guiding you through an effective workout.

The console also features three interactive cross training programs designed to help you to burn calories and enhance your cardiovascular system while toning and strengthening your muscles. The cross training programs automatically control the resistance of the pedals and prompt you to perform a variety of strength exercises during your workout. Choose an upper body, lower body, or whole body cross training program for an effective workout. Note: The strength exercises require the use of dumbbells and an inflatable exercise ball (not included). **To purchase dumbbells or an exercise ball, call toll-free 1-888-533-1333.**

To use the manual mode of the console, follow the steps beginning on page 10. To use a trainer program, see page 12. To use a cross training program, see page 13.

Note: If there is a sheet of clear plastic on the face of the console, remove the plastic.

HOW TO USE THE MANUAL MODE

Press any button or begin pedaling to turn on the console.

A moment after you turn on the console, the display will light.

2

Select the manual mode.

Each time you turn on the console, the manual mode will be selected automatically. If you have selected a program, reselect the manual mode by pressing the Program button repeatedly until the words MANUAL MODE appear in the top of the display.

Begin pedaling and change the resistance of the pedals as desired.

As you pedal, change the resistance of the pedals by pressing the Increase and Decrease buttons repeatedly. There are ten resistance levels. Note: After you press the buttons, it will take a moment for the pedals to reach the selected resistance level.

4

Follow your progress with the display.

The left side of the display—The left side of the display will show the elapsed time. Note: When a program is selected,



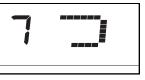
the display will show the time remaining in the program instead of the elapsed time.

The left side of the display will also show your heart rate when you use the handgrip pulse sensor (see step 5 on page 11).

When a program is selected, the left side of the display will also show the approximate number of calories you have burned.

The center of the

display—When you select the manual mode, the center of the display will show a track that represents



1/4 mile. As you exercise, indicators will appear in succession around the track until the entire track appears. The track will then disappear and the indicators will again begin to appear in succession.

The center of the display will also show the resistance setting of the pedals for a few seconds each time the resistance level changes.



The right side of the display—The right

side of the display will show the distance (in miles or kilometers) you have pedaled and



your pedaling pace, in miles or kilometers per hour.

The top of the dis-

play—When you select the manual mode, the top of the display will show the approximate number of calories you have burned.

Note: The console can display speed and distance in either miles or kilometers. The letters MPH or Km/H will



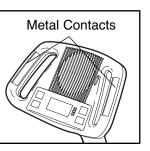


appear in the display to indicate the selected unit of measurement. To change the unit of measurement, first hold down the Program button for several seconds. An E (for English) or an M (for metric) will appear in the display. Press the Increase button to change the unit of measurement. When the desired unit of measurement is selected, press the Program button again. Note: When you replace the batteries , it may be necessary to reselect the unit of measurement.



Measure your heart rate if desired.

If there are sheets of clear plastic on the metal contacts on the handgrip pulse sensor, remove the plastic. To measure your heart rate, hold the handgrip pulse sensor with your palms



resting against the metal contacts. Avoid moving your hands or gripping the contacts too tightly.

When your pulse is detected, a heartshaped symbol will flash in the left side of the display. Each time your heart



beats, one or two dashes will appear, and then your heart rate will be shown. For the most accurate heart rate reading, hold the contacts for at least 15 seconds. Note: If you continue to hold the handgrip pulse sensor, the display will show your heart rate for up to 30 seconds.

If your heart rate is not shown, make sure that your hands are positioned as described. Be careful not to move your hands excessively or to squeeze the metal contacts too tightly. For optimal performance, clean the metal contacts using a soft cloth; **never use alcohol, abrasives, or chemicals to clean the contacts.**

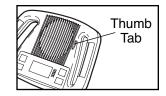


7

Turn on the fan if desired.

To turn on the fan at high speed, press the Fan button. To turn on the fan at low speed, press the button a second time. To turn off the fan, press the button a third time. Note: If the pedals do not move for a few minutes, the fan will automatically turn off to conserve the batteries.

Pivot the thumb tab on the right side of the fan to adjust the fan angle.



When you are finished exercising, the console will turn off automatically.

If the pedals do not move for several seconds, a tone will sound and the console will pause.

If the pedals do not move for about five minutes and the buttons are not pressed, the console will turn off and the display will be reset.

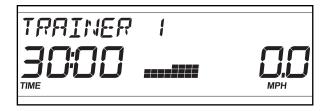
HOW TO USE A TRAINER PROGRAM

Press any button or begin pedaling to turn on the console.

A moment after you turn on the console, the display will light.

Select a trainer program.

Press the Program button repeatedly until the words TRAINER 1, TRAINER 2, or TRAINER 3 appear in the display. When you select a trainer program, the program time will appear in the display and a profile of the resistance levels for the program will scroll across the center of the display.

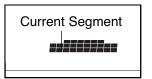


3

Begin pedaling to start the program.

Each program is divided into 30 one-minute segments. One resistance level and one target speed setting are programmed for each segment. Note: The same resistance level and/or target speed setting may be programmed for two or more consecutive segments.

The resistance level for the first segment will be shown in the flashing Current Segment column of the profile. The resistance levels for

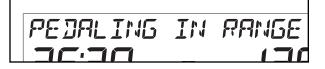


the next several segments will be shown in the columns to the right. The target speed setting will appear in the top of the display.

When only three seconds remain in the first segment of the program, both the Current Segment column and the column to the right will flash and a series of tones will sound. If the resistance and/or target speed is about to change, the resistance level and/or the target speed setting will appear in the display to alert you.

When the first segment is completed, *all resistance settings will move one column to the left.* The resistance level for the second segment will then be shown in the flashing Current Segment column and the resistance of the pedals will automatically adjust to the level programmed for the second segment. Note: If all the indicators in the Current Segment column are lit, *the resistance levels may move downward* so that only the highest indicators appear.

As you exercise, you will be prompted to keep your pedaling pace near the target speed setting for the current segment. When the words PEDAL FASTER appear in the display, increase your pace. When the words PEDAL SLOWER appear in the display, decrease your pace. When the words PEDALING IN RANGE appear, maintain your current pace.



Important: The target speed settings are intended only to provide motivation. Your actual pace may be slower than the target speed settings. Make sure to exercise at a pace that is comfortable for you.

You can manually override the resistance level by pressing the Increase or Decrease buttons. Every few times you press an Increase or Decrease button, an additional indicator will appear or disappear in the Current Segment column. Important: When the current segment of the program ends, the exercise cycle will automatically adjust to the resistance level for the next segment.

To stop the program at any time, stop pedaling. The time will begin to flash in the display. To restart the program, simply resume pedaling. When the last segment of the program ends, the words PROGRAM DONE will appear in the display.

4 F

Follow your progress with the display.

See step 4 on page 10.

Measure your heart rate if desired.

See step 5 on page 11.



5

Turn on the fan if desired.

See step 6 on page 11.

When you are finished exercising, the console will turn off automatically.

See step 7 on page 11.

HOW TO USE A CROSS TRAINING PROGRAM

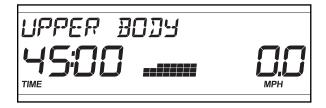
Press any button or begin pedaling to turn on the console.

A moment after you turn on the console, the display will light.

2

Select a cross training program.

Press the Program button repeatedly until the words UPPER BODY, LOWER BODY, or WHOLE BODY appear in the display. When you select a cross training program, the program time will appear in the display and a profile of the resistance levels for the program will scroll across the center of the display.



3

Begin pedaling to start the program.

Each program is divided into 30 or 45 one-minute segments. One resistance level and one target speed setting are programmed for most segments. (The same resistance level and/or target speed setting may be programmed for two or more consecutive segments.) During other segments, the console will prompt you to perform strength exercises.

The displays for the cross training programs work in the same way as the displays for the trainer programs (see step 3 on page 12).

As you exercise, you will be prompted to keep your pedaling pace near the target speed setting for the current segment. When the words PEDAL FASTER appear in the display, increase your pace. When the words PEDAL SLOWER appear in the display, decrease your pace. When the words PEDALING IN RANGE appear, maintain your current pace.



Important: The target speed settings are intended only to provide motivation. Your actual pace may be slower than the target speed settings. Make sure to exercise at a pace that is comfortable for you.

To stop the program at any time, stop pedaling. The time will begin to flash in the display. To restart the program, simply resume pedaling.

4 Perform the first strength exercise when prompted.

When the first strength exercise segment begins, the name of the first strength exercise will appear in the display for a few seconds. The time will pause and flash in the display. Next, the display will show the recommended number of repetitions for the first strength exercise.



Step off the exercise cycle and prepare to begin the first strength exercise. Every few seconds, the console will sound a



tone; when a tone sounds, perform one repetition of the exercise. Exercise with a slow, steady motion; do not perform more than one repetition each time a tone sounds. The display will count down the repetitions as you perform them.

Note: Refer to the accompanying exercise chart to see the correct form for each exercise. When performing lunges, alternate legs with each repetition. When performing dumbbell rows, perform half the repetitions with your right arm and half the repetitions with your left arm. The strength exercises require the use of dumbbells and an inflatable exercise ball (not included). **To purchase dumbbells or an exercise ball, call tollfree 1-888-533-1333.**



Continue the cross training program.

When you have performed the recommended number of repetitions, the words START PEDALING will appear in the display. To continue the cross training program, step onto the exercise cycle and start pedaling. The pedals will automatically adjust to the resistance level for the next segment.

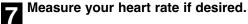


The program will continue in this way until the last segment ends. Then, the words PROGRAM DONE will appear in the display.



Follow your progress with the display.

See step 4 on page 10.



See step 5 on page 11.

Turn on the fan if desired.



See step 6 on page 11.

9 When you are finished exercising, the console will turn off automatically.

See step 7 on page 11.

MAINTENANCE AND TROUBLESHOOTING

Inspect and properly tighten all parts of the exercise cycle regularly. Replace any worn parts immediately.

To clean the exercise cycle, use a damp cloth and a small amount of mild soap—never use alcohol, abrasives, or chemicals to clean the exercise cycle.

Important: To avoid damage to the console, keep liquids away from the console and keep the console out of direct sunlight.

BATTERY REPLACEMENT

If the console display becomes dim, the batteries should be replaced; most console problems are the result of low batteries. To replace the batteries, see assembly step 5 on page 5.

PULSE SENSOR TROUBLESHOOTING

For optimal performance of the pulse sensor, keep the metal contacts clean. Clean the contacts with a soft cloth—never use alcohol, abrasives, or chemicals to clean the metal contacts.

Avoid moving your hands or squeezing the metal contacts too tightly while using the pulse sensor; doing so may interfere with heart rate readings. For the most accurate heart rate reading, hold the metal contacts for about 15 seconds.

CONDITIONING GUIDELINES

The following guidelines will help you to plan your exercise program. Remember that proper nutrition and adequate rest are essential for successful results.

A WARNING:

Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems.

The pulse sensor is not a medical device. Various factors may affect the accuracy of heart rate readings. The pulse sensor is intended only as an exercise aid in determining heart rate trends in general.

EXERCISE INTENSITY

Whether your goal is to burn fat or to strengthen your cardiovascular system, the key to achieving the desired results is to exercise with the proper intensity. The proper intensity level can be found by using your heart rate as a guide. The chart below shows recommended heart rates for fat burning, maximum fat burning, and cardiovascular (aerobic) exercise.

165	155	145	140	130	125	115	¢
145	138	130	125	<i>11</i> 8	110	103	Ś
125	120	<i>1</i> 15	110	105	95	90	¥
20	30	40	50	60	70	80	

To find the proper heart rate for you, first find your age at the bottom of the chart (ages are rounded off to the nearest ten years). Next, find the three numbers above your age. The three numbers are your "training zone." The lowest number is the recommended heart rate for fat burning; the middle number is the recommended heart rate for maximum fat burning; the highest number is the recommended heart rate for aerobic exercise.

Fat Burning

To burn fat effectively, you must exercise at a relatively low intensity level for a sustained period of time. During the first few minutes of exercise, your body uses easily accessible *carbohydrate* calories for energy. Only after the first few minutes of exercise does your body begin to use stored *fat* calories for energy. If your goal is to burn fat, adjust the intensity of your exercise until your heart rate is near the lowest number in your training zone as you exercise. For maximum fat burning, adjust the intensity of your exercise until your heart rate is near the middle number in your training zone as you exercise.

Aerobic Exercise

If your goal is to strengthen your cardiovascular system, your exercise must be "aerobic." Aerobic exercise is activity that requires large amounts of oxygen for prolonged periods of time. This increases the demand on the heart to pump blood to the muscles, and on the lungs to oxygenate the blood. For aerobic exercise, adjust the intensity of your exercise until your heart rate is near the highest number in your training zone.

WORKOUT GUIDELINES

Each workout should include the following three parts:

A warm-up, consisting of 5 to 10 minutes of stretching and light exercise. A proper warm-up increases your body temperature, heart rate, and circulation in preparation for exercise.

Training zone exercise, consisting of 20 to 30 minutes of exercising with your heart rate in your training zone. Note: During the first few weeks of your exercise program, do not keep your heart rate in your training zone for longer than 20 minutes.

A cool-down, with 5 to 10 minutes of stretching. This will increase the flexibility of your muscles and will help to prevent post-exercise problems.

EXERCISE FREQUENCY

To maintain or improve your condition, plan three workouts each week, with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week, if desired. Remember, the key to success is make exercise a regular and enjoyable part of your everyday life.

SUGGESTED STRETCHES

The correct form for several basic stretches is shown at the right. Move slowly as you stretch—never bounce.

1. Toe Touch Stretch

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Hamstrings, back of knees and back.

2. Hamstring Stretch

Sit with one leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Hamstrings, lower back and groin.

3. Calf/Achilles Stretch

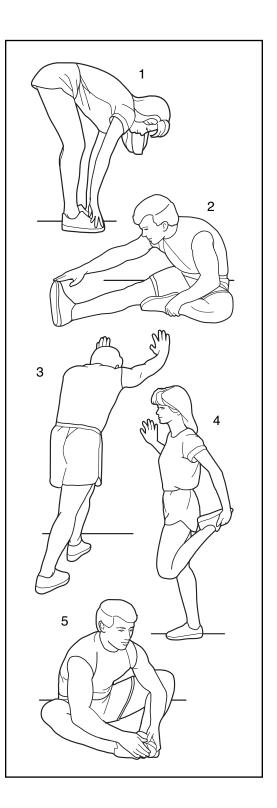
With one leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall. Hold for 15 counts, then relax. Repeat 3 times for each leg. To cause further stretching of the achilles tendons, bend your back leg as well. Stretches: Calves, achilles tendons and ankles.

4. Quadriceps Stretch

With one hand against a wall for balance, reach back and grasp one foot with your other hand. Bring your heel as close to your buttocks as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Quadriceps and hip muscles.

5. Inner Thigh Stretch

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Quadriceps and hip muscles.



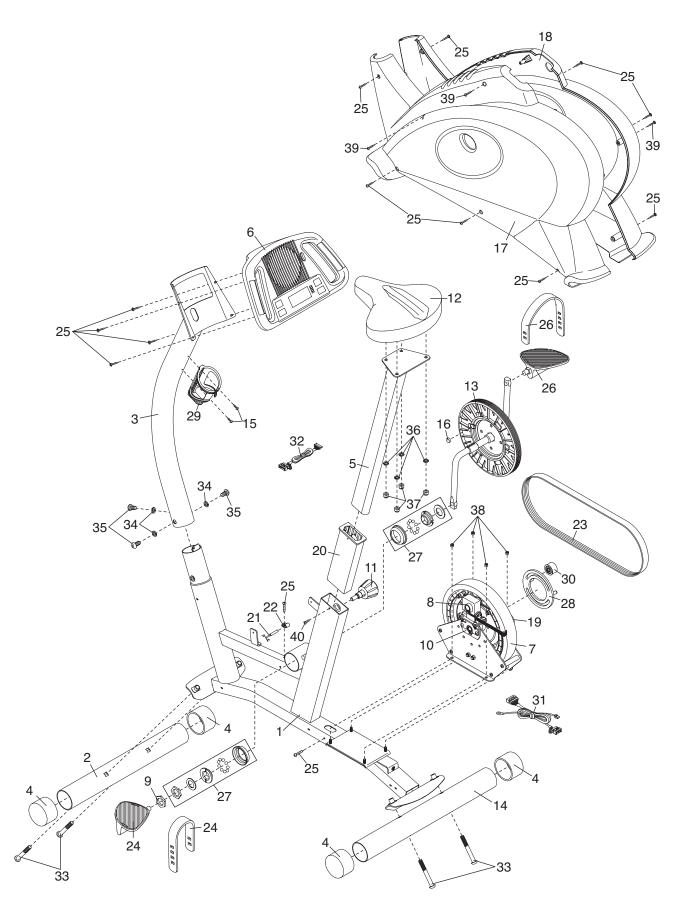
PART LIST-Model No. PFEX2096.0

Key No.	Qty.	Description	Key No.	Qty.	Description
1	1	Frame	22	1	Clamp
2	1	Front Stabilizer	23	1	Belt
3	1	Upright	24	1	Left Pedal/Strap
4	4	Endcap	25	14	M4 x 16mm Screw
5	1	Seat Post	26	1	Right Pedal/Strap
6	1	Console	27	1	Crank Bearing Set
7	1	Eddy Mechanism	28	1	ldler
8	1	Resistance Motor	29	1	Water Bottle Holder
9	1	Crank Nut	30	1	Idler Pulley
10	1	Pillow Block	31	1	Lower Wire Harness
11	1	Adjustment Knob	32	1	Upper Wire Harness
12	1	Seat	33	4	M10 x 74mm Button Screw
13	1	Pulley/Crank	34	3	M10 Split Washer
14	1	Rear Stabilizer	35	3	M10 x 20mm Button Screw
15	2	M4 x 22mm Screw	36	4	M8 Split Washer
16	1	Magnet	37	4	M8 Nylon Locknut
17	1	Left Side Shield	38	4	M6 Nylon Locknut
18	1	Right Side Shield	39	3	M4 x 25mm Screw
19	1	Eddy Axle Assembly	40	1	M4 x 5mm Screw
20	1	Seat Post Bushing	#	1	User's Manual
21	1	Reed Switch/Wire	#	1	Hex Key

Note: "#" indicates a non-illustrated part. Specifications are subject to change without notice. See the back cover of this manual for information about ordering replacement parts.

EXPLODED DRAWING—Model No. PFEX2096.0

R1006A



HOW TO ORDER REPLACEMENT PARTS

To order replacement parts, please see the front cover of this manual. To help us assist you, be prepared to give the following information when contacting us:

- the MODEL NUMBER of the product (PFEX2096.0)
- the NAME of the product (PROFORM GT 85X exercise cycle)
- the SERIAL NUMBER of the product (see the front cover of this manual)
- the KEY NUMBER and DESCRIPTION of the part(s) (see pages 18 and 19)

PROFORM is a registered trademark of ICON IP, Inc.

LIMITED WARRANTY

ICON Health & Fitness, Inc. (ICON) warrants this product to be free from defects in workmanship and material, under normal use and service conditions, for a period of ninety (90) days from the date of purchase. This warranty extends only to the original purchaser. ICON's obligation under this warranty is limited to replacing or repairing, at ICON's option, the product through one of its authorized service centers. All repairs for which warranty claims are made must be pre-authorized by ICON. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage or repairs not provided by an ICON authorized service center, products used for commercial or rental purposes, or products used as store display models. No other warranty beyond that specifically set forth above is authorized by ICON.

ICON is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, costs of removal, installation or other consequential damages of whatsoever nature. Some states do not allow the exclusion or limitation of incidental or consequential damages. Accordingly, the above limitation may not apply to you.

The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein. Some states do not allow limitations on how long an implied warranty lasts. Accordingly, the above limitation may not apply to you.

This warranty gives you specific legal rights. You may also have other rights which vary from state to state.

ICON HEALTH & FITNESS, INC., 1500 S. 1000 W., LOGAN, UT 84321-9813