

# Able2



Innovative products for **easier living...**

# Back Care

## HARLEY ORIGINAL PILLOW



Moulded from cold cast polyurethane foam to offer added support. Fitted inner & removable slipover case as standard except Original Travel. **Additional slip over cases available.**

### Original Pillow

SP14000 45 x 32 x 13cm **£46.99**

### Original Pillow Case

SP14002 **£5.49**

### Original Plus Pillow

SP14006 51 x 36 x 13cm **£49.99**

### Original Plus Pillow Case

SP14033 **£5.49**

### Original Lo Line Pillow

SP14056 45 x 32 x 10cm **£46.99**

### Original Lo Line Pillow Case

SP14135 **£5.49**

### Original Lo Line Plus Pillow

SP14280 51 x 36 x 10cm **£49.99**

### Original Lo Line Plus Pillow Case

SP14318 **£5.49**

## HARLEY DESIGNER PILLOW



Unique moulded shape together with the pressure relieving properties of memory foam make this the perfect sleeping partner. Fitted inner & zipped fleece outer case as standard. **Additional zipped cases available.**

### Designer Pillow

SP14059 45 x 32 x 13cm **£58.99**

### Designer Pillow Case

SP14053 **£7.99**

### Designer Plus Pillow

SP14003 51 x 36 x 13cm **£65.99**

### Designer Plus Pillow Case

SP14127 **£7.99**

### Designer Lo Line Pillow

SP14077 45 x 32 x 10cm **£58.99**

### Designer Lo Line Pillow Case

SP14131 **£7.99**

### Designer Lo Line Plus Pillow

SP14281 51 x 36 x 10cm **£65.99**

### Designer Lo Line Plus Pillow Case

SP14319 **£7.99**

## HARLEY COMFORT PILLOWS



These pillows are the ultimate luxury pillow in terms of comfort. They are a traditional pillow shape. Both pillows are supplied with a luxurious, washable, zipped, polyester cover.

### Memory Foam Comfort Pillow

is made from visco elastic memory foam and moulds to the individual users shape using temperature and pressure.

### SuperSoft Comfort Pillow

is made from high quality moulded polyurethane foam, and is a fantastic alternative to a latex pillow. It is exceptionally soft but yet incredibly supportive.

Size: 68 x 42 x 10cm

### Memory Foam Comfort Pillow

SP15891 **£49.99**

### SuperSoft Comfort Pillow

SP15892 **£42.99**

### Comfort Pillowcase

SP15902 **£12.99**

FOR MATTRESS PROTECTION SEE PAGE 24

## MEMORY FOAM MATTRESS TOPPERS



**BEST SELLER**

Designed to be used on top of your existing mattress, helping to relieve aches, pains and joint stiffness. Moulds to the individuals body providing even pressure distribution. 100% Top quality, high grade, visco elastic memory foam.

**Customised sizes are available on request.**

### With Cover

SP34355/COV Single 91 x 190cm **£199.99**

SP34356/COV Double 137 x 190cm **£286.99**

SP34357/COV King 152 x 198cm **£319.99**

SP34358/COV Super King 183 x 198cm **£339.99**

### Foam Only

SP34355 Single 91 x 190cm **£122.99**

SP34356 Double 137 x 190cm **£186.99**

SP34357 King 152 x 198cm **£219.99**

SP34358 Super King 183 x 198cm **£232.99**

## HARLEY MEMORY FOAM MATTRESSES



Complete Relaxation And Pressure Relief. Temperature reactive visco elastic memory foam. Suitable for both standard and profiling beds. Supplied with zipped polyester cover as standard. Waterproof / multi stretch VP covers available on request. All mattresses are 15cm deep.

**Customised sizes are available on request.**

SP34381 Single 91 x 190cm **£429.99**

SP34382 Double 137 x 190cm **£589.99**

SP34383 King 152 x 198cm **£644.99**

SP34384 Super King 183 x 198cm **£774.99**

## HARLEY BED RELAXER



Support and comfort whilst sitting or sleeping in bed. Can be used in two ways either upright to allow easy reading. For those who find it uncomfortable to sleep lying flat, just turn it around and place under a normal pillow.

**Washable fleece cover.**

### Bed Relaxer

Size: 45 x 56 x 20>1cm  
SP14027

**£42.99**

### Spare Cover

SP14099

**£21.99**

## HARLEY LEG RAISER



Designed to support the back of the knee and heel whilst allowing the calf to relax. Takes pressure from the lower back and stimulates circulation. Back pain is relieved and symptoms of oedema, varicose veins and fatigue are greatly eased.

**Washable fleece cover.**

### Leg Raiser

Size: 45x63x18x8x13cm  
SP14028

**£49.99**

### Spare Cover

SP14125

**£21.99**

## HARLEY MATTRESS TILTER



Place under an existing mattress to give a 5" tilt. Place at the foot of the bed to relieve symptoms of oedema, varicose veins, low back pain and general fatigue. Use at the head of the bed to alleviate hiatus hernia and respiratory difficulties.

**Washable fleece cover.**

### Mattress Tilter

Size: 45 x 63 x 13>2cm  
SP14030

**£36.99**

### Spare Cover

SP14098

**£21.99**

**DON'T FORGET TO ORDER YOUR SPARE COVER / PILLOW CASE**

## HARLEY BATWING PILLOW



Specially shaped into three sections to hold you snugly. The lumbar section gently supports your back and the side sections give fantastic lateral support. Use in bed or your favourite chair. **Fitted pillowcase available seperately.**

### Batwing Pillow

SP14213

**£24.99**

### Batwing Pillowcase

SP14214

**£10.99**

## HARLEY 'V' PILLOW



Superbly comfortable and gives excellent shoulder and neck support whilst relaxing either in bed or the chair. **Fitted pillowcase available seperately.**

### 'V' Pillow

SP14222

**£22.99**

### 'V' Pillow Pillowcase

SP14223

**£10.99**

## HARLEY DESIGNER KNEE SUPPORT



Visco Elastic Memory foam is used for gentle support. Touch-close fastening. **Washable fleece cover.**

### Designer Knee Support

SP14250 26 x 26cm

**£34.99**

### Spare Cover

SP14126

**£12.99**

## HARLEY ORIGINAL KNEE SUPPORT

Made from polyurethane foam for maximum control. Touch-close fastening. **Washable fleece cover.**

### Original Knee Support

SP14029 26 x 26cm

**£23.99**

### Spare Cover

SP14126

**£12.99**

**DON'T FORGET TO ORDER YOUR SPARE COVER / PILLOW CASE**

**See Back cover for how to order**



# Back Care

## HARLEY BACK SOOTHER CUSHION



Literally wraps and supports your back. Cosy fibre filling ensures comfort and support and is ideal in the home or office and fantastic in a wheelchair or scooter. Faux sheepskin and tartan cover as standard - other options available.

SP44085 51 x 27cm **£21.99**

## HARLEY SLIMLINE WEDGE/ CAR SEAT LEVELLER



Ideal in the car where headroom is at a premium. A boon when the need is felt for just a little added support to ease muscle tension in the lumbar region.

Size: 36 x 36 x 5cm

### Slimline Wedge

SP24010 **£22.49**

### Slimline Coccyx Wedge

SP24052 **£22.49** 

## HARLEY 11° WEDGE



Tilts the pelvis to the optimum 11° keeping the spine in its natural position. Significantly decreases pain in the lower back and legs.

Size: 36 x 36 x 10cm

### 11° Wedge

SP24015 **£22.49**

### 11° Coccyx Wedge

SP24050 **£22.49** 

All wedges available with optional coccyx cut out and/or fixing strap (**For a fixing strap add £4.00**)

## HARLEY DESIGNER WEDGE

**BEST SELLER**



An ideal 8° angle ensures the natural 'S' shape of the spine is maintained. A base of high resilient foam bonded to a topping of visco elastic memory foam.

Size: 36 x 36 x 7cm

SP24083 Designer Wedge **£41.99**

SP24023 Designer Coccyx Wedge **£41.99**

All wedges available with optional coccyx cut out and/or fixing strap (**For a fixing strap add £4.00**)

## HARLEY ORIGINAL RING CUSHION



Constructed from moulded polyurethane foam that provides relief to endangered areas when sitting for longer periods. Fitted cotton inner cover.

**Outer covers available.**

Risk Category: Medium Risk\*

### Original Ring Cushion

SP44837 44cm (D) x 8cm **£26.49**

### Ring Cushion Cover

SP44266 **£10.99**

## HARLEY DESIGNER RING CUSHION



**BEST SELLER**

The Designer Ring allows the user to sit for longer periods as visco elastic foam conforms to the body and literally 'moulds as you move'. Reduces interface pressure on the body. Fitted inner cover.

**Outer cover available.**

Risk Category: High Risk\*

Weight: 900g

### Designer Ring Cushion

SP44233 44cm (D) x 10 cm **£39.99**

### Ring Cushion Cover

SP44266 **£10.99**

## HARLEY NODULAR RING CUSHION

**BEST SELLER**



Nodular shaped polyurethane foam allows air to circulate freely and takes pressure away from endangered areas. Complete with its own discreet cover. Tartan cover as standard - other options available.

Risk Category: Low Risk\*

SP44289 41cm (D) x 7cm **£21.49**

## INFLATABLE RUBBER RING



Inflatable rubber ring can be used to prevent pressure sores or assist with their healing. Rubber ring can be wiped clean.

Risk Category: Low Risk\*

PR20616 41cm (D) **£15.49**

PR20618 46cm (D) **£15.49**

**See Back cover for how to order**

# Back Care

## HARLEY GENTLE FORME SUPPORT BELT



Slim effective compressive support with removable back protection pad 20cm at back narrowing to 13cm at front.

Code	Waist
Small SP24031	56-69cm (22-27")
Medium SP24043	71-84cm (28-33")
Large SP24044	86-99cm (34-39")
X Large SP24045	102-114cm (40-45")
<b>Price</b>	<b>£35.99</b>

## HARLEY CORRECTING SHOULDER SUPPORT



This support helps to correct round shoulders. It can also relieve upper back pain. Front fastening for easy use.

Code	Chest (under bust)
Small SP24108	76-86cm (30-34")
Medium SP24156	89-102cm (35-40")
Large SP24157	104-117cm (41-46")
X Large SP24158	120-132cm (47-52")
<b>Price</b>	<b>£38.49</b>

## HARLEY UNIVERSAL SUPPORT BELT



Stabilises hips and pelvis. It has detachable side pulls for added support and provides uniform compression with unrestricted mobility.

Size: 16cm (W)

Code	Waist
Small SP24106	56-69cm (22-27")
Medium SP24114	71-84cm (28-33")
Large SP24117	86-99cm (34-39")
X Large SP24120	102-114cm (40-45")
<b>Price</b>	<b>£35.99</b>

## HARLEY SACROILIAC SUPPORT BELT



Additional stabilisation of the sacrum and added pelvic support. With this belt re-establish the joints natural movement. Additional side pulls.

Code	Size	Hip (7" below waist)
SP24249	Small	76-86cm (30-34")
SP24273	Medium	89-102cm (35-40")
SP24274	Large	104-117cm (41-46")
SP24275	X Large	120-132cm (47-52")
<b>Price</b>		<b>£35.99</b>

## HARLEY POWER PLUS SUPPORT BELT



Ideal for heavy tasks with additional side pulls. Compressive support to the low back. Removable back protection pad. 21cm at back narrowing to 15cm at front.

Code	Waist
Small SP24032	56-69cm (22-27")
Medium SP24046	71-84cm (28-33")
Large SP24047	86-99cm (34-39")
X Large SP24048	102-114cm (40-45")
<b>Price</b>	<b>£46.49</b>

## HARLEY DESIGNER BACK SUPPORT



Our back support is gently sculptured to hold the lumbar spine in the correct position. Shaped sides offer gentle lateral support and optimum comfort. Individually moulded from visco elastic memory foam.

SP24078 40 x 38cm **£47.99**

## HARLEY ORIGINAL BACK SUPPORT

Moulded to the same ergonomic shape as the Designer Back Support but using polyurethane foam which makes this ideal for those who prefer added support.

SP24005 40 x 38cm **£38.99**

## HARLEY DESIGNER SUPER 'D' ROLL



This supremely comfortable 'D' roll made from memory foam allows movement and variation ensuring even greater comfort and relief. Ideal on any 'flat back' chair and is fitted with an elasticated strap.

SP24082 30 x 13 x 6cm **£29.99**

## HARLEY DESIGNER CAR/LOW BACK SUPPORT



### BEST SELLER

Moulded visco elastic memory foam product that provides lumbar support and is ideal in the car or in an office chair. Exceptional comfort and relief.

SP24081 30 x 21cm **£42.99**

## HARLEY ORIGINAL CAR/LOW BACK SUPPORT

Moulded to the same ergonomic shape as the Designer Car/Low Back Support but using polyurethane foam makes this ideal for those who prefer added support.

SP24018 30 x 21cm **£35.99**

## HARLEY DESIGNER SPINE SUPPORT



Perfect on an upright type seat. A base of polyurethane foam bonded to a topping of pressure relieving visco elastic memory foam. Provides maximum comfort as it adjusts to the natural curve of the spine.

SP24024 38 x 41cm **£46.99**

## HARLEY LUMBAR ROLLS



'D' type rolls are ideal on a flat backed seat, perhaps a car or office chair. Circular rolls are more suited to a padded or lounge type seat. Fitted with an elasticated strap. Easily portable - take yours with you wherever you go.

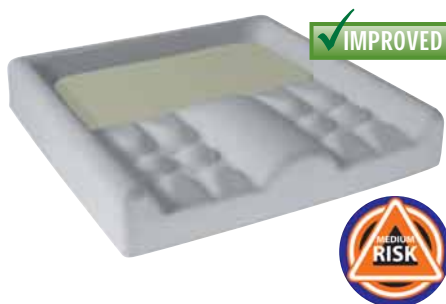
Size: 28cm (L)

SP24008	Circular - 5"	<b>£15.99</b>
SP24001	Circular - 4"	<b>£15.99</b>
SP24007	'D' Roll - 5"	<b>£15.99</b>
SP24016	'D' Roll - 4"	<b>£15.99</b>



# Back Care Wheelchair Cushions

## HARLEY ERGOFORM CUSHION



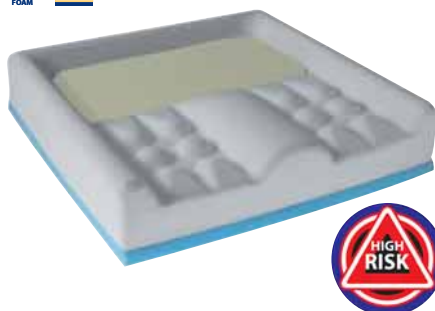
Moulded from polyurethane foam for increased postural control. Pressure relieving visco elastic foam insert protects the ischael tuberosities. Multi stretch/ waterproof cover as standard - other options available.

Risk Category: Medium Risk\*

Size: 43 x 43 x 8cm

SP44263 (£49.99) **£59.99**

## HARLEY DESIGNER ERGOFORM CUSHION



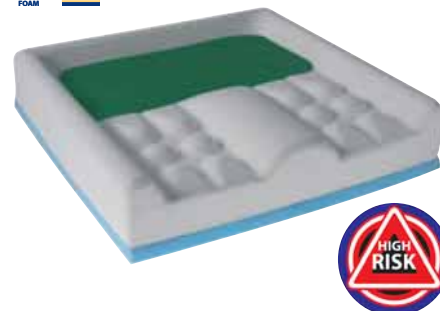
Moulded from visco elastic memory foam provides pressure relieving properties only this material can offer. Pressure relieving visco elastic foam insert protects the ischael tuberosities. Multi stretch vapour permeable/ waterproof cover - welded seams, anti slip base - other options available.

Risk Category: High Risk\*

Size: 43 x 43 x 10cm

SP44264 (£112.49) **£134.99**

## HARLEY DESIGNER ERGOGEL CUSHION



Moulded visco with a polyurethane gel insert. Gel is considered by many to be invaluable in the prevention of pressure ulcers. Optimum pressure reduction and protection on the ischael region. Multi stretch vapour permeable/ waterproof cover - welded seams, anti slip base - other options available.

Risk Category: High Risk\*

Size: 43 x 43 x 10cm

SP44265 (£137.49) **£164.99**

**ERGOFORM CUSHION RANGE** - This revolutionary moulded range offers three levels of protection and support. Lateral and posterior sides are slightly higher to stabilise the pelvis in position. Pommel is designed to improve patient positioning and increase comfort. Shaped thigh area allows air to circulate and reduces pressure. The rear recess is designed to increase patient care options by use of the appropriate insert protecting the ischaels and promoting optimal weight distribution.

\* With appropriate nursing and medical care

## HARLEY COMFORT EASE CUSHION



This attractive cushion is lightweight, comfortable and easily transportable. Discreet tail bone cut out for optimum comfort. Carry handle and comfy topping with water repellent base makes this ideal for outings. Tartan cover as standard - other options available.

Size: 43 x 43 x 5cm

SP44346 **£21.99**

## HARLEY 2-WAY SCULPTURED SUPPORT CUSHION

### BEST SELLER



Two different user ways to give maximum choice. Nodular foam on one side or if you prefer a flat cushion just flip it over for the 2-way option. Designed to give cushioned comfort to the whole seating area. Special cut out allows the tail bone to virtually 'float in mid air' ensuring ultimate comfort and relief. Tartan cover as standard - other options available.

Seat: 40 x 36 x 5cm

Back: 40 x 36 x 5cm

SP44175 **£33.99**



# Wheelchair Cushions Back Care

## PROFORM 'ULTRA' CUSHION



**BEST SELLER**



Deeper providing added comfort and pressure relief. Available with coccyx combi or ringo cut out.

Size: 43 x 43 x 10cm

SP44368	Standard	<b>£30.99</b>
SP44369	Coccyx	<b>£31.99</b>
SP44370	Combi	<b>£31.99</b>
SP44332	Ringo	<b>£31.99</b>

## PROFORM 'ULTRA SEAT RAISER' CUSHION



Super size - ideal in an armchair. Available with coccyx combi or ringo cut out.

Size: 50 x 48 x 10cm

SP44371	Standard	<b>£35.99</b>
SP44372	Coccyx	<b>£37.99</b>
SP44373	Combi	<b>£37.99</b>
SP44325	Ringo	<b>£37.99</b>

## HARLEY PROFORM CUSHION - STANDARD



**BEST SELLER**



Size: 43 x 43 x 8cm

SP44365 **£27.99**

## HARLEY PROFORM CUSHION - COCCYX



**BEST SELLER**



Size: 43 x 43 x 8cm

SP44366 **£28.99**

## HARLEY PROFORM CUSHION - RINGO



**BEST SELLER**



Size: 43 x 43 x 8cm

SP44331 **£28.99**

## HARLEY PROFORM CUSHION - COMBI



**BEST SELLER**



Size: 43 x 43 x 8cm

SP44367 **£28.99**

**HARLEY PROFORM CUSHION RANGE: A great little range - maximum comfort at a minimum outlay. Manufactured from high grade nodular foam allowing air to circulate freely. Ideal in a variety of situations, whether to elevate an easy chair or in a wheelchair. Luxury faux suede cover fitted as standard other options available.**

\* With appropriate nursing and medical care

## HARLEY COMFORT PLUS CUSHION



**BEST SELLER**



Ideal for most situations including a wheelchair or scooter. Made from high grade foam for optimum comfort. Wipe down, zipped, 2-way stretch leatherette cover as standard - other options available.

Risk Category: Low Risk\*

SP44504	40 x 40 x 5cm	<b>£19.99</b>
SP44971	40 x 40 x 8cm	<b>£21.99</b>
SP44669	40 x 40 x 10cm	<b>£23.99</b>
SP44152	43 x 43 x 5cm	<b>£19.99</b>
SP44750	43 x 43 x 8cm	<b>£21.99</b>
SP44597	43 x 43 x 10cm	<b>£23.99</b>
SP44644	46 x 40 x 5cm	<b>£19.99</b>
SP44296	46 x 40 x 8cm	<b>£21.99</b>
SP45929	46 x 40 x 10cm	<b>£23.99</b>
SP44672	46 x 46 x 5cm	<b>£19.99</b>
SP44393	46 x 46 x 8cm	<b>£21.99</b>
SP45834	46 x 46 x 10cm	<b>£23.99</b>

**See Back cover for how to order**

# Back Care Wheelchair Cushions

## HARLEY DESIGNER LUXURY 'V' CUSHION

The construction of this cushion assists in the reduction of pressure to the users vulnerable bodily points and areas, whilst providing stability and shock absorption. A three layer combination of visco elastic memory foam and high density polyurethane foam make this seating appliance extremely durable and effective. This cushion will help with the reduction and prevention of pressure sores and ulcers and the memory foam ensures muscles are relaxed and tension relieved. Supplied with Harley Premium Dartex waterproof/VP cover.

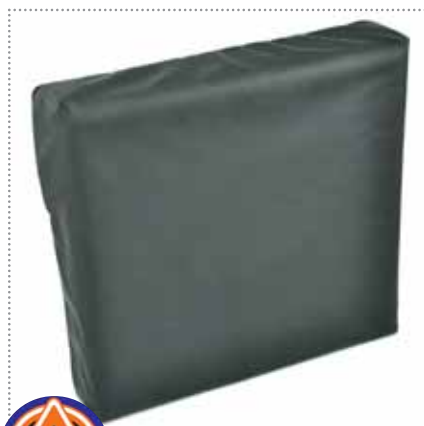


Risk Category: High Risk\*

SP45907	40 x 40 x 6cm
SP45910	40 x 40 x 8cm
SP45911	40 x 40 x 10cm
SP44937	43 x 43 x 6cm
SP44938	43 x 43 x 8cm
SP44939	43 x 43 x 10cm
SP45915	46 x 40 x 6cm
SP45916	46 x 40 x 8cm
SP45917	46 x 40 x 10cm
SP45912	46 x 46 x 6cm
SP45913	46 x 46 x 8cm
SP45914	46 x 46 x 10cm
<b>Price</b>	(£58.33) <b>£69.99</b>

## HARLEY DESIGNER ECONOMY 'V' CUSHION

This memory foam cushion provides exceptional and unrivalled value for money. The base is made from high resilient polyurethane foam that provides stability and support, whilst a bonded upper layer of visco elastic memory foam provides the comfort and pressure relief required. The memory foam conforms to the users body, providing continuous and even pressure distribution. Supplied with Harley Dartex waterproof/VP cover.



Risk Category: Medium Risk\*

SP45918	40 x 40 x 6cm	<b>£29.99</b>
SP45919	40 x 40 x 8cm	<b>£31.99</b>
SP45920	40 x 40 x 10cm	<b>£33.99</b>
SP44934	43 x 43 x 6cm	<b>£29.99</b>
SP44935	43 x 43 x 8cm	<b>£31.99</b>
SP44936	43 x 43 x 10cm	<b>£33.99</b>
SP45924	46 x 40 x 6cm	<b>£29.99</b>
SP45925	46 x 40 x 8cm	<b>£31.99</b>
SP45926	46 x 40 x 10cm	<b>£33.99</b>
SP45921	46 x 46 x 6cm	<b>£29.99</b>
SP45922	46 x 46 x 8cm	<b>£31.99</b>
SP45923	46 x 46 x 10cm	<b>£33.99</b>

# Wheelchair Cushions Back Care

## HARLEY DESIGNER SUPER 'V' CUSHION

Reduces pressure, dissipates heat and moisture away from points of interface pressure. Individually made Visco Elastic Moulded Memory Foam cushion. This unique construction means hugely improved pressure reduction. Conforms to the users shape. Increased sitting tolerance and improved posture. Multi stretch vapour permeable/waterproof cover - welded seams, anti slip base - other options available.

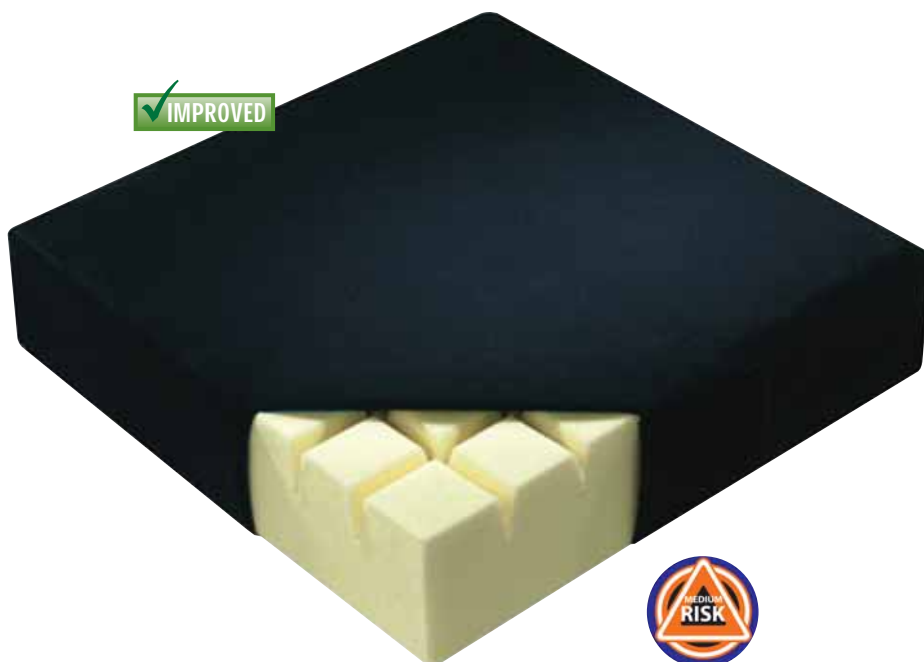


Risk Category: High Risk\*

SP44174	40 x 40 x 6cm
SP44205	40 x 40 x 8cm
SP44173	40x40x10cm
SP44180	43 x 43 x 6cm
SP44206	43 x 43 x 8cm
SP44179	43 x 43 x 10cm
SP45927	46 x 40 x 6cm
SP44623	46 x 40 x 8cm
SP45928	46 x 40 x 10cm
SP44186	46 x 46 x 6cm
SP44207	46 x 46 x 8cm
SP44185	46 x 46 x 10cm
<b>Price</b>	(£95.83) <b>£114.99</b>

## HARLEY PRESSURE-TEX CUSHION

The proven design of the Pressure-Tex Cushion makes this a firm favourite. Geometrically contoured into sections which operate independently allowing maximum weight distribution. Superbly comfortable and helps keep skin cool and free from pressure areas. Multi stretch/ waterproof cover as standard - other options available.



### BEST SELLER

Risk Category: Medium Risk\*

SP44234	40x40x6cm
SP44235	40x40x8cm
SP44236	40x40x10cm
SP44069	43x43x6cm
SP44237	43x43x8cm
SP44068	43x43x10cm
SP44615	46x40x6cm
SP44539	46x40x8cm
SP44635	46x40x10cm
SP44238	46x46x6cm
SP44239	46x46x8cm
SP44240	46x46x10cm
<b>Price</b>	<b>£52.99</b>

See Back cover for how to order



## ABLE2 ORTHOPAEDIC SUPPORTS

Our range of orthopaedic supports are comfortable and supportive. They are constructed from a ventilated material which provides support to the affected area. The inside of all these braces have been lined with a toweling material giving added warmth and comfort. All these Able2 supports should be hand washed.

### ABLE2 STABILISED KNEE BRACE

Our knee brace is comfortable and provides support to the knee. It has an open patella and is fastened above and below the knee.



Code	Size	Knee (C)
PR79005/S	Small	32-36cm
PR79005/M	Medium	36-39cm
PR79005/L	Large	39-43cm
PR79005/XL	X Large	43-47cm
<b>Price</b>	<b>£17.99</b>	

### NECK COLLAR



This collar is ideal to stabilise the neck after trauma, or for long term use as a night resting collar. Made in fully washable medium density closed cell foam, which will not collapse with use.

**Available in four sizes.**

Code	Size	Depth x Length
PR/BC/1	Small	7.5 x 43cm
PR/BC/2	Medium	9 x 47cm
PR/BC/3	Large	9 x 51cm
PR/BC/4	Large/Deep	10 x 51cm
<b>Price</b>	<b>£8.99</b>	

### ABLE2 TENNIS ELBOW SUPPORT

Our tennis elbow support is available in a universal size. It provides pressure and support to the affected area.



PR79004	<b>£10.79</b>
---------	---------------

### ABLE2 ELBOW SUPPORT

Our elbow support just slips over the elbow to provide comfortable support.



Code	Size	Elbow (C)
PR79003/S	Small	21-24cm
PR79003/M	Medium	24-26cm
PR79003/L	Large	26-30cm
PR79003/XL	X Large	31-36cm
<b>Price</b>	<b>£10.79</b>	

### SHOULDER/ARM SLING



This shoulder sling can be used for broken wrist, upper arm and forearm, with its universal design the sling can be adjusted to fit all. A one-piece sling with Velcro closure and stabilising buckle.

Size: 5 x 112cm

PR/UPS	Standard	<b>£5.49</b>
--------	----------	--------------

### ABLE2 THUMB BRACE



This universal thumb brace wraps around the thumb and wrist providing support to the thumb.

**Available as a universal size, left or right.**

PR79001/L	Left	<b>£10.79</b>
PR79001/R	Right	<b>£10.79</b>

### ABLE2 WRIST SPLINT



This wrist splint provides comfortable support. It is adjusted with four hook and loop fastenings and can be used for many wrist injuries.

Code	Size	Wrist (C)
<b>Left hand</b>		
PR79002/L/S	Small	13-16cm
PR79002/L/M	Medium	16-20cm
PR79002/L/L	Large	20-24cm
PR79002/L/XL	X Large	24-28cm
<b>Right hand</b>		
PR79002/R/S	Small	13-16cm
PR79002/R/M	Medium	16-20cm
PR79002/R/L	Large	20-24cm
PR79002/R/XL	X Large	24-28cm
<b>Price</b>	<b>£10.79</b>	

### ABLE2 ANKLE SUPPORT

Our ankle support slips easily onto the ankle to provide comfort and support.



Code	Size	Ankle (C)
PR79006/S	Small	16-21cm
PR79006/M	Medium	21-26cm
PR79006/L	Large	26-31cm
PR79006/XL	X Large	31-36cm
<b>Price</b>	<b>£10.79</b>	

# Bathing & Showering

## PRO SEAL CAST AND BANDAGE PROTECTORS

These comfortable waterproof protectors simply slip over the cast or dressing on either the lower leg or arm to protect them when taking a bath or shower. The cast protectors are re-usable and are intended for single patient use only. Not suitable for use with open or undressed wounds or when swimming.

Code	Size	Length
PR45080	Adult Long Leg	1016mm
PR45081	Adult Short Leg	590mm
PR45083	Adult Long Arm	990mm
PR45084	Adult Short Arm	560mm
PR45086	Adult/Child Foot/Ankle	254mm
PR45087	Adult/Child Hand	305mm

Code	Size	Length
PR45088	Child Short Arm	460mm
PR45089	Child Long Arm	560mm
PR45090	Child Short Leg	460mm
PR45091	Child Long Leg	790mm
<b>Price</b>	<b>£14.99</b>	

**BEST SELLER**



**ADULT LONG ARM**



**ADULT SHORT ARM**



**ADULT HAND**



**ADULT LONG LEG**



**ADULT FOOT / ANKLE**



**ADULT SHORT LEG**

FOR FURTHER ASSISTANCE WHILE BATHING OR SHOWERING SEE THE FULL BATHING SECTION.

**See Back cover for how to order**

# Bathing & Showering

## SAFETY TREADS



Our Safety Treads help to prevent slipping in a shower or bath tub. They are easy-to-apply.  
**Sold in a pack of 20 strips.**

PR45093 19 x 220mm **£7.99**

## SMALL FOLD DOWN SHOWER SEAT

This comfortable shower seat is fitted to the wall and can be folded up when not in use. It has two height adjustable legs at the front to provide extra support and stability. These legs are fitted with non slip feet and are adjusted with pin clips. The seat is padded and is mounted on to a plastic coated steel frame.

Height: 465-565mm

Width: 280mm

Depth: 350mm

### Padded Seat

PR45600 (£89.99) **£107.99**

Max  
user  
weight

16  
st

102  
kg



## BATHING CUSHION

The Bathing Cushion is simple to use lowering you gently to the bottom of the bath. Once there you can choose whether to leave a small amount of air in the cushion to act as a back support, or release all the air to lie right back and bathe as normal. When you have finished your bath, the Bathing Cushion can be re-inflated to lift you steadily back up level with the top of the bath. This Bathing Cushion is battery powered with no need to have trailing power leads running out of the bathroom.

The Bathing Cushion is designed to offer increased stability and comfort. Weighing only 2 kgs (4.4lbs) and featuring a new carry handle, it is supremely portable making it ideal for taking away on visits or on holiday. It can also be set up or removed in seconds and requires no fixtures or adaptations to an existing bathroom.

Seat height (min/max): 2cm/40cm

Seat depth: 44cm

Seat width: 58cm

Airhose length: 1.8m

PR46080 (£494.99) **593.99**

Max  
user  
weight

23  
st

150  
kg





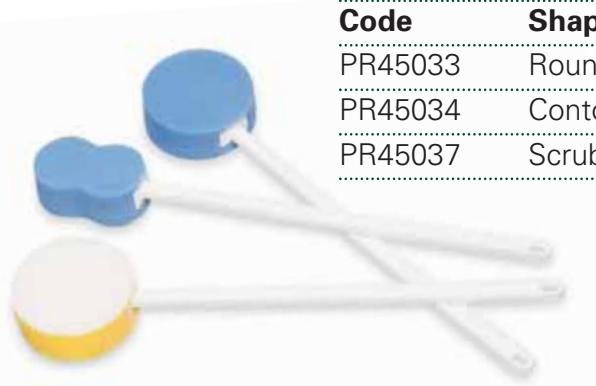
# Bathing & Showering

## BATH AND SCRUB SPONGES

Our most popular sponge is available in three styles. All three sponges measure 130mm in diameter. Scrub sponge is for cleaning.

Size: 560mm

Code	Shape	Price
PR45033	Round	(£6.24) <b>£7.49</b>
PR45034	Contoured	(£6.24) <b>£7.49</b>
PR45037	Scrub	(£8.33) <b>£9.99</b>



## AQUA GLOVE

Waterless bathing without soap, rinsing and drying! The aqua® wash glove is made of a very resistant non-woven embossed material, is very smooth and is pre-moistened with no-rinse and protective washing lotions. The aqua® glove gives easy to use rinse-free bathing for bedridden or dependent people. It can be used in hospitals, care homes, at home or whilst travelling.

**12 gloves per pack.**

PR52207 **£5.99**



**BEST SELLER**

## LOTION APPLICATOR



Apply cream and massage your skin at the same time with this long handled applicator. Simply remove the top of the applicator and fill with your cream or lotion. The rotating balls ensure even distribution and a pleasant massage.

PR45072 45cm (L) **£14.49**

## BATH KIT



**Ideal for washing hard-to-reach areas.** Choose from the attached scrub brush or four additional attachments to wash the body easily, without bending or reaching.

Size: 558mm handle

PR45038 (£16.66) **£19.99**

## DELUXE SHAMPOO BASIN



**A no-splash solution for washing hair in bed.** The Deluxe Basin has a double-tube design that prevents water from splashing. Includes a 1190mm drain hose. Made of durable vinyl for years of use.

Size: 710 x 610 x 150mm

PR45016 **£18.99**

## SHAMPOO CAP



Our shampoo caps wash, condition and rinse hair in one simple step, leaving the hair smelling fresh, towel dry and ready for styling. Can be warmed in the microwave or used cool. **One cap per pack.**

PR45108 **£5.29**

**See Back cover for how to order**

# Bathing & Showering

## PRIMA GRAB BARS



The Prima Grab Bar is one of the strongest and most attractive grab bars on the market. The bars feature special soft grip mouldings around the bar to reduce the risk of slipping, even with wet soapy hands. Reinforced screw mounting points are concealed by colour co-ordinated plastic covers. **Available in white/mint and all white.**

Code	Size	Colour	Price
PR60288 Straight	300mm	White	(£9.58) <b>£11.49</b>
PR60280 Straight	300mm	White/Mint	(£9.58) <b>£11.49</b>
PR60289 Straight	400mm	White	(£10.49) <b>£12.59</b>
PR60281 Straight	400mm	White/Mint	(£10.49) <b>£12.59</b>
PR60290 Straight	450mm	White	(£11.33) <b>£13.59</b>
PR60282 Straight	450mm	White/Mint	(£11.33) <b>£13.59</b>
PR60291 Straight	600mm	White	(£14.66) <b>£17.59</b>
PR60283 Straight	600mm	White/Mint	(£14.66) <b>£17.59</b>
PR60292 Angled	330mm	White	(£12.16) <b>£14.59</b>
PR60284 Angled	330mm	White/Mint	(£12.16) <b>£14.59</b>
PR60293 Angled	400mm	White	(£14.66) <b>£17.59</b>
PR60285 Angled	400mm	White/Mint	(£14.66) <b>£17.59</b>

## STEEL GRAB RAILS



Plastic coated grab rails available in three lengths. Manufactured from 25mm tube. Two fixing holes with flat fixing plates.

PR45560	457mm	(£5.83) <b>£6.99</b>
PR45561	609mm	(£7.08) <b>£8.49</b>
PR45562	685mm	(£7.49) <b>£8.99</b>

## BATH TUB GRAB BAR



Bath Tub Grab Bar with hand-holds for added security. Clamp can be adjusted from 76-177mm, overall height 495mm, height above the tub 374mm.

PR45422 (£32.49) **£38.99**

## QUICK SUCTION RAIL



**BEST SELLER**

This plastic rail features ribbing along the hand rail to give additional grip and reduce the risk of slipping. The grab rail attaches to any smooth non-porous surface using suction cups meaning that no drilling is required to mount the bars. Ideal for use on tiled walls or where drilling is not possible.

Code	Total Length	Grip Length	Price
PR45750	600mm	400mm	(£20.41) <b>£24.49</b>
PR45751	500mm	300mm	(£17.91) <b>£21.49</b>

# Bathing & Showering

## MOULDED FLUTED GRAB RAILS



This cost effective range of plastic grab rails have circular fixing plates supplied with a covering disc. The rails are fluted to provide better grip for wet hands.



**Diameter of tubes 38mm.**  
**Distance from wall 59mm.**  
**Disc diameter 90mm.**

Length: 304mm	
Weight: 295g	
PR45712W	(£9.99) <b>£11.99</b>
Length: 406mm	
Weight: 395g	
PR45716W	(£10.83) <b>£12.99</b>
Length: 457mm	
Weight: 440g	
PR45718W	(£12.49) <b>£14.99</b>
Length: 609mm	
Weight: 595g	
PR45724W	(£13.33) <b>£15.99</b>

## SUCTION GRAB HANDLE



The Suction Grab Handle provides additional security for the user and is easily fixed to any smooth surface. Portable and light. Fixes to glass, baths and tiles over 115mm square.

Size: 114mm (D)

PR45752 (£22.99) **£27.59**

## LOTION APPLICATOR



This Lotion Applicator is ideal for applying lotions, creams, oils or skin medications to your full body. Removes necessity for bending when applying to legs or feet.

**Replacement pads are available in packs of 2.**

<b>Lotion Applicator</b>	
PR45017	(£14.16) <b>£16.99</b>
<b>Replacement Pad</b>	
PR45018	(£6.99) <b>£8.39</b>

## PRIMA PERCHING STOOL



Max user weight

20 st

127 kg

**BEST SELLER**

The Prima Perching Stool has been designed to be attractive and practical, and is ideal for use in the bathroom.

Overall width with arms: 540mm	
Adjust seat height: 510-640mm	
PR60263	(£65.83) <b>£78.99</b>

## BATH BOARD WITH HANDLE



Max user weight

16 st

100 kg

This luxury bath board is comfortable for sitting whilst bathing. The width adjustable brackets have anti slip rubber pads to give a stable platform and protect the baths surface. It is supplied with a useful handle to give extra stability.

PR46409 675mm (L) x 275mm (W) (£37.49) **£44.99**

## FLOATING BATH THERMOMETER/CLOCK



This little floating marvel will flash if your bath water is too hot! Convertible to Fahrenheit or Celsius, with a big LCD displaying the temperature clearly. There is an auto switch to thermometer or clock function. **Uses 4 button cell battery (included).**

PR45058 **£16.89**

**See Back cover for how to order**



# Bathing & Showering

## PRIMA BATH STEP



Max  
user  
weight **30 st** **190 kg**

This attractive bath step has been designed to make getting in and out of the bath easier. The Prima Bath Step has a unique modular system which can be used as an individual step or it can be linked together to create multiple steps. Additional packs of raisers can be purchased separately, helping to adapt the step to the individuals needs.

Step size: 445mm (L) x 350mm (W)

Step top height: 50mm

Raiser height: 2 x 25mm

Maximum recommended height: 300mm (Variable Height)

PR46292 Step (will give a maximum step height of 100mm) **£63.99**

PR46292/R Additional 1" (25mm) Riser **£14.19**

## CONTOUR SHOWER STOOL



Max  
user  
weight **18 st** **114 kg**

This contoured shower stool is robust and lightweight. The comfortable seat is perforated for easy drainage and has handles on either side to aid stability when sitting or standing. There are two versions available, one with a back rest and one without.

Seat size: 490 x 280mm

Seat height adjust: 385-535mm

### With back rest

PR46043/B (£44.99) **£53.99**

### Without back rest

PR46043 (£33.33) **£39.99**

## SHOWER STOOL - DINO TYPE



Max  
user  
weight **25 st** **160 kg**

A robust shower stool manufactured from plastic coated steel tubing and fitted with a plastic clip on seat. The plastic seat is perforated for drainage and is easily removable for cleaning.

Height: 457-610mm

Width: 380mm

Depth: 330mm

Footprint size: 430 x 460mm

PR46010 (£38.33) **£45.99**

## CORNER SHOWER STOOL



Max  
user  
weight **18 st** **114 kg**

Our corner shower stool fits nearly into the corner of a shower cubicle. Made from steel the stool is robust, sturdy and comes complete with non slip feet. The seat is padded for comfort.

Seat height adjust: 500-650mm

Footprint size: 450 x 450 x 450mm

PR46044 (£49.99) **£59.99**

## BATH PILLOW



This inflatable cushion covered in terry cloth, provides cushioning between the bath and skin. Four suction cups enables the cushion to be used in the bath without fear of slipping.

PR45982 **£7.19**

## SHOWER STOOL



Max  
user  
weight **18 st** **114 kg**

This Shower Stool has a moulded plastic seat with a sturdy but lightweight frame. The adjustable aluminium legs are finished with rubber ferrules to prevent movement of the stool.  
**Tall version also available.**

Seat diameter: 330mm

Footprint size: 330 x 330mm

PR46032 406-508mm (H) (£33.33) **£39.99**

PR46032/TALL 508-610mm (H) (£33.33) **£39.99**

## BEST SELLER



# Bathing & Showering

## SLATTED BATH BOARD



This high quality Slatted Bath Board is strong, comfortable and provides easy drainage. Constructed from plastic it is light weight and easy to assemble and fit. Rubber pads are under the bath board to help prevent slipping on the edge of the bath.

Seat: 230mm (W)

PR46041/26	660mm (26") (L)	(£24.99) <b>£29.99</b>
PR46041/27	685mm (27") (L)	(£24.99) <b>£29.99</b>
PR46041/28	710mm (28") (L)	(£24.99) <b>£29.99</b>

**BEST SELLER**

## SLATTED BATH SEAT

This high quality Slatted Bath Seat is strong, comfortable and provides easy drainage. There are four suckers on each leg which securely holds the bath seat in place.

Seat: 460 (L) x 280mm (W)

PR46040/6	152mm (6") (H)	(£29.99) <b>£35.99</b>
PR46040	203mm (8") (H)	(£29.99) <b>£35.99</b>
PR46040/12	305mm (12") (H)	(£34.16) <b>£40.99</b>

**BEST SELLER**



Max user weight **30 st** **190 kg**

## BATH STEP



Our aluminium bath step is ideal to assist getting in and out of the bath. It is height adjustable and comes complete with non slip feet.

Footprint size: 410 x 230mm  
Height adjustable: 205 - 260mm  
Weight: 1.3kg

PR46293 **£29.99**

Max user weight **19 st** **120 kg**

## RUBBERGRIP BATH AND SHOWER MATS

These Rubbergrip Bath Mats are made from rubber and have a ribbed surface and suction cups for added slip resistance. The mats are self draining and fully machine washable. The mats are available in white only and in three sizes.

**BEST SELLER**



Code	Description	Size	Price
PR45047	Long	340 x 740mm	<b>£9.99</b>
PR45051	Square	530 x 530mm	<b>£10.99</b>
PR45057	Extra Long	370 x 900mm	<b>£11.99</b>

**See Back cover for how to order**

# Toileting

## PADDED TOILET SEAT WITH STRAPS



Padded foam toilet seat with washable vinyl white cover, secures with hook and loop straps on underside, provides an ergonomic way of adding comfort to commode and toilet seats. Can be cleaned easily with soapy water or disinfectant.

### Height: 50mm (2")

PR50646 (£12.08) **£14.49**

### Height: 100mm (4")

PR50647 (£16.66) **£19.99**

## EASYWIPE



Easywipe



Compact Easywipe

The patented shape and mechanism of the Buckingham Easywipe grips the toilet tissue firmly and releases it cleanly. The Buckingham Easywipe removes the need to touch the paper after using. The Buckingham Easywipe has been designed to be both simple to use and easy to keep clean with no dirt traps. Clean with disposable cloth in mild soapy water.



### Easywipe

Length: 380mm

PR50562 (£29.99) **£35.99**

### Compact Easywipe

Length: 220mm in case

PR50562/F (£51.08) **£61.29**

## BIDET BOWL



The ideal solution to personal cleansing. The bidet bowl fits inside the toilet bowl converting a standard toilet to a bidet. Please note this product is not suitable for use with raised toilet seats.

PR50006

(£15.83) **£18.99**

## PRIMA RAISED TOILET SEAT

The Prima Raised Toilet Seats are lightweight and easy to clean. Has a gently contoured surface for extra comfort that fixes securely with two side adjusters and a lip on the front for better positioning. Available with or without a lid.

### Size: 50mm (2")

PR50912 700g (£25.41) **£30.49**

PR50903 700g with lid (£35.83) **£42.99**

### Size: 100mm (4")

PR50914 800g (£25.41) **£30.49**

PR50905 800g with lid (£35.83) **£42.99**

**BEST SELLER**



Max  
user  
weight

30  
st

190  
kg



## BASKETWEAVE COMMODE CHAIR

A traditional wooden frame commode chair with woven fibre upholstery in white and gold. The padded seat is removable and conceals a plastic commode pan and lid with carrying handle. The high chair sides give added stability to the user and also aid the person when rising.

Footprint: 600 x 500mm

PR50504 (£191.66) **£229.99**

Max  
user  
weight **25  
st** **160  
kg**

**BEST SELLER**



## ASHBY COMMODE STOOL



Max  
user  
weight **25  
st** **160  
kg**

Compact but strong commode with metal legs and all plastic seating area. Ideal alongside the bed. Legs are height adjustable. The stool is oatmeal in colour.

Seat Height: 450 x 575mm

Seat Width: 460mm

Seat Depth: 400mm

Overall Height: 675 x 780mm

Overall Width: 500mm

Overall Depth: 480mm

Footprint: 500 x 480mm

PR50537 (£157.49) **£188.99**

## LUXURY COMMODE CHAIR



Max  
user  
weight **21.5  
st** **136  
kg**

This attractive, height adjustable, luxury commode chair has a comfortable, waterproof covering. It has a metal frame and two strong armrests which will offer support to users. These chairs will look stylish in the bedroom or living room, available in three attractive colours.

Seat: 460-460mm (H) x 510mm (W) x 400mm (D)

Footprint: 600 x 540mm

PR50545 Blue (£127.49) **£152.99**

PR50546 Burgundy (£127.49) **£152.99**

PR50547 Green (£127.49) **£152.99**

**See Back cover for how to order**

# Toileting

## TRAVEL JOHN



This discreet, portable and disposable urinal is ideal for situations when toilet facilities are limited. The Travel John turns the liquid into gel. **Suitable for men, women and children.**

Capacity: 800ml  
PR52160 3 per pack **£10.99**

## CAREBAG® COMMODE LINER



The CareBag® range of hygienic absorbent bags are the unique combination of an easy-to-close hermetic bag with a GelMax® super-absorbent pad inside. Upon contact with fluids and materials, the active principles present in the pad will quickly solidify the contents. Designed and recommended to avoid commode soiling the Commode Liner should be placed over any commode bucket/potty. Once used, the liner can then be hermetically sealed and disposed of in regular wastes (as for diapers). This makes cleaning commodes a much easier process.

PR52200/20 1 x 20 bags **£14.99**

## FEMALE URINAL



### BEST SELLER

Urinal with a snap on lid and calibrated for output recording.

Capacity: 1 litre  
PR50565 **£5.69**

## FEMALE URINAL



A white plastic female Urinal, ideal for bed or wheelchair use. Protected by 'Bio-cote' Advanced Surface Hygiene. Made from Polypropylene.

Capacity: 1000ml  
PR50004 **£14.69**

## MALE URINAL WITH LID



### BEST SELLER

Urinal bottle is translucent with a blue lid. Can be emptied easily and perfect for bedside use. Not autoclavable.

Capacity: 1 Litre  
PR50558 **£6.99**

## FEMALE URINAL



This female urinal is made from polypropylene. It can be used in an upright or lying position.

Capacity: 1 Litre  
PR50567 **£12.49**

## FEMALE URINE BOTTLE



This urinal is made from clear plastic, with its cleverly designed spout this makes the user feel comfortable. Easy to dispose of fluids.

Capacity: 500ml  
PR50560 **£10.99**

## OAK LEAF BED PAN



Polypropylene bed pan with handle for ease of use. Can be autoclaved or chemically cleaned.

Size: 430 x 320 x 120mm  
PR50008 **£41.99**

## FOLDEASY TOILET FRAME



## FOLD AWAY GRAB RAILS

Epoxy coated tubular steel rails in trombone shape. The base plate has four mounting points to secure it to the wall. Can be mounted singular or in pairs to provide support all around the toilet.

Length: 760mm

PR50070 (£41.66) **£49.99**

**BEST SELLER**



## TOILET SURROUND

An adjustable height white plastic coated steel toilet frame with and non slip rubber tips. Also available with floor fixing brackets for maximum stability.

Height 650-800mm

Width 530mm

Depth 460mm

PR50300 (£48.33) **£57.99**

**BEST SELLER**



**BEST SELLER**

The FoldEasy Toilet Frame folds conveniently when not in use and is height adjustable. The user should stand on the footplate when positioned on the floor which will hold the frame steady when using the handles to raise and lower onto the toilet seat. The arm rests are soft and easy to grip. **An optional carry bag is available.**

Height: 620-740mm

Width: 510mm

Depth: 530mm

### FoldEasy Toilet Frame

PR50303 (£65.83) **£78.99**

### Carry BAG

PR50303/Bag (£20.83) **£24.99**

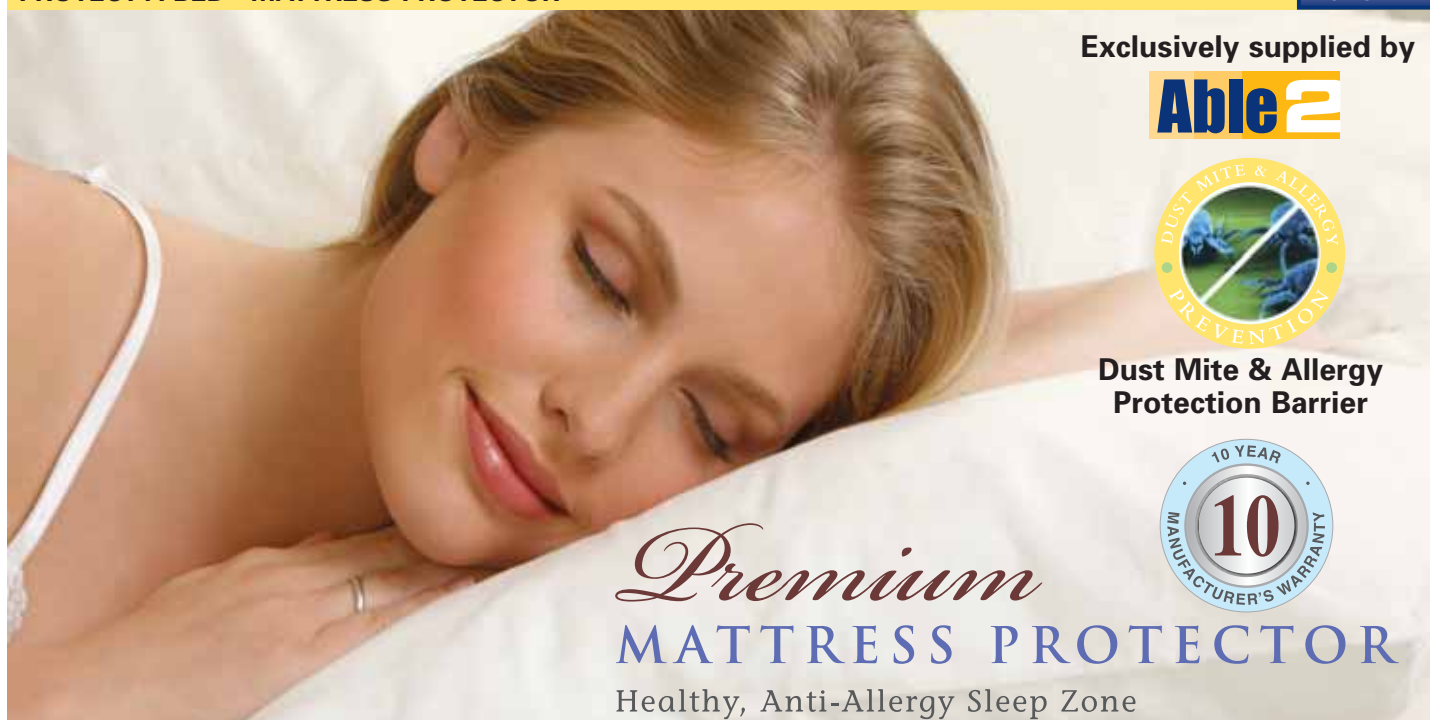
Max user weight **25 st** **160 kg**

**See Back cover for how to order**



PROTECT-A-BED® MATTRESS PROTECTOR

BEST SELLER



Exclusively supplied by

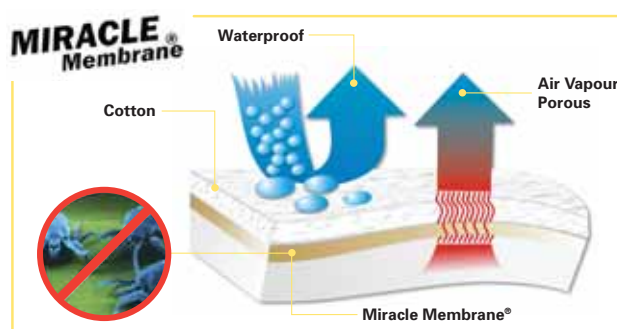
**Able2**

DUST MITE & ALLERGY PREVENTION

Dust Mite & Allergy Protection Barrier

10 YEAR MANUFACTURER'S WARRANTY

*Premium*  
**MATTRESS PROTECTOR**  
Healthy, Anti-Allergy Sleep Zone



## Every Mattress needs a Protect-A-Bed® Mattress Protector

Fact: Every night the human body loses at least a pint of body fluids through the skin pores and mouth, as well as millions of skin flakes. Unprotected mattresses create the perfect breeding ground for bacteria and dust mites (a major cause of asthma, eczema and rhinitis).

- Dust mite barrier & allergy protection
- Absorbent, air vapour porous and waterproof
- Repels liquids like urine and sweat - especially helpful in cases of incontinence
- Terry cotton surface
- Allows airflow through mattress and bedding
- Cool and comfortable to sleep on



PR52170	Bunk	75 x 190cm	<b>£24.99</b>
PR52171	Single	90 x 190cm	<b>£28.99</b>
PR52171/A	Single Adjustable	90 x 200cm	<b>£28.99</b>
PR52172	Double	135 x 190cm	<b>£33.99</b>
PR52173	King	150 x 200cm	<b>£36.99</b>
PR52174	Super King	180 x 200cm	<b>£43.99</b>
PR52178	Underpad Draw Sheet	120 x 120cm	<b>£28.99</b>
<b>Pillow Protector</b>			
PR52175	(2 units)	50 x 57cm	<b>£23.99</b>

MATTRESS ENCASEMENTS | MATTRESS & PILLOW PROTECTORS | BEDDING PROTECTION KITS



## EVERY MATTRESS NEEDS PROTECTION®

WATERPROOF, ABSORBENT, BREATHABLE,  
COMFORTABLE AND EASY TO CARE FOR.

BEYOND YOUR SPECIALIST NEEDS, EVERY MATTRESS  
NEEDS PROTECTION.

PROTECT YOUR MATTRESS FROM A PINT OF SWEAT A NIGHT,  
MILLIONS OF DEAD SKIN FLAKES AND DUST MITES.

PROTECT YOUR MATTRESS WITH PROTECT-A-BED, CREATE A  
HEALTHY SLEEP ZONE AND MAKE YOUR MATTRESS LAST LONGER.



Every Mattress Needs Protection®

See Back cover for how to order



# Toileting

## WAIST SIZE GUIDE (MALE AND FEMALE)

SMALL (S)	MEDIUM (M)	LARGE (L)	X LARGE (XL)	XX LARGE (XXL)
76 X 89CM	91 X 104CM	107 X 119CM	121 X 135CM	137 X 150CM
30" X 35"	36" X 41"	42" X 47"	48" X 53"	54" X 59"

## ONE WAY BRIEFS



One Way briefs have a high cotton content for superior comfort and 'anti run back' elastics for effectiveness time and time again. The briefs contain a washable pad which is attached to the garment at the top and bottom. Some of these briefs dry three times faster than conventional continence care briefs.

A breathable waterproof backing sheet keeps the wearers skin dry and ventilated and additional pads can be inserted into the briefs to 'double the absorbency' – useful at night time to avoid any chance of leakage. **Guaranteed for 200 washes.**

### Female

Code	Size	Absorbency	Price
PR52120/S	S	150ml (£13.99)	<b>£16.79</b>
PR52120/M	M	150ml (£13.99)	<b>£16.79</b>
PR52120/L	L	150ml (£13.99)	<b>£16.79</b>
PR52120/XL	XL	150ml (£13.99)	<b>£16.79</b>
PR52120/XXL	XXL	150ml (£13.99)	<b>£16.79</b>
PR52121/S	S	350ml (£16.41)	<b>£19.69</b>
PR52121/M	M	350ml (£16.41)	<b>£19.69</b>
PR52121/L	L	350ml (£16.41)	<b>£19.69</b>
PR52121/XL	XL	350ml (£16.41)	<b>£19.69</b>
PR52121/XXL	XXL	350ml (£16.41)	<b>£19.69</b>

### Male

Code	Size	Absorbency	Price
PR52123/S	S	200ml (£17.49)	<b>£20.99</b>
PR52123/M	M	200ml (£17.49)	<b>£20.99</b>
PR52123/L	L	200ml (£17.49)	<b>£20.99</b>
PR52123/XL	XL	200ml (£17.49)	<b>£20.99</b>
PR52123/XXL	XXL	200ml (£17.49)	<b>£20.99</b>
PR52124/S	S	350ml (£18.24)	<b>£21.89</b>
PR52124/M	M	350ml (£18.24)	<b>£21.89</b>
PR52124/L	L	350ml (£18.24)	<b>£21.89</b>
PR52124/XL	XL	350ml (£18.24)	<b>£21.89</b>
PR52124/XXL	XXL	350ml (£18.24)	<b>£21.89</b>

## STRETCH PANTS - LONG LEG LENGTH



Stretch Pants are comfortable and soft and ensure a secure and tight fitting for all types of incontinence pads. These Stretch Pants are made from stretchable, breathable fabric they are lightweight and discreet.

**Sold in packs of 5.**

## STRETCH PANTS - SHORT LEG LENGTH



Stretch Pants are comfortable and soft and ensure a secure and tight fitting for all types of incontinence pads. These Stretch Pants are made from stretchable, breathable fabric. They are lightweight and discreet.

**Sold in packs of 5.**

Code	Size	Price
PR52165/S	50-80cm (19-31")	(£6.24) <b>£7.49</b>
PR52165/M	80-120cm (31-47")	(£6.24) <b>£7.49</b>
PR52165/L	110-150cm (43-59")	(£6.24) <b>£7.49</b>
PR52165/XL	130-170cm (51-67")	(£6.24) <b>£7.49</b>
PR52165/XXL	140-180cm (55-70")	(£6.24) <b>£7.49</b>

Code	Size	Price
PR52166/S	50-80cm (19-31")	(£7.33) <b>£8.79</b>
PR52166/M	80-120cm (31-47")	(£7.33) <b>£8.79</b>
PR52166/L	110-150cm (43-59")	(£7.33) <b>£8.79</b>
PR52166/XL	130-170cm (51-67")	(£7.33) <b>£8.79</b>
PR52166/XXL	140-180cm (55-70")	(£7.33) <b>£8.79</b>



## WASHABLE BED PADS



These bed pads are warm and comfortable but highly absorbent to keep the sleeper dry, reduce bedding changes and help prevent soreness and infection. They are quilted with highly absorbent fibres for faster dispersal of liquid. These bed pads are supplied with a separate waterproof drawsheet for fast drying.

Code	Description	Size	Absorbency	Price
PR52000	Premium	670 x 830mm	2 Litres (£25.58)	<b>£30.69</b>
PR52001	Premium	870 x 830mm	2 Litres (£37.99)	<b>£45.59</b>
PR52104	Community Bed Pad	670 x 830mm	2 Litres (£17.49)	<b>£20.99</b>
PR52107	Quick Dry Bed Pad	670 x 810mm	2 Litres (£19.49)	<b>£23.39</b>
PR52108	Quick Dry Bed Pad	800 x 870mm	3 Litres (£23.33)	<b>£27.99</b>

## DISPOSABLE BED PADS

**BEST SELLER**



Used under the person as a precaution to absorb any accidental leakages and so protect the bed linen by keeping it dry.

They are comfortable and consist of soft, high absorbency fluff pulp which is sandwiched between tissue and a plastic back.

Code	Quantity	Size	Absorbency	Price
PR52156/1	1 Pack of 35 pads	40 x 60cm	700ml (£9.33)	<b>£11.19</b>
PR52157/1	1 Pack of 35 pads	60 x 60cm	950ml (£12.83)	<b>£15.39</b>
PR52158/1	1 Pack of 35 pads	60 x 90cm	1500ml (£17.49)	<b>£20.99</b>

## WASHABLE SEAT PADS

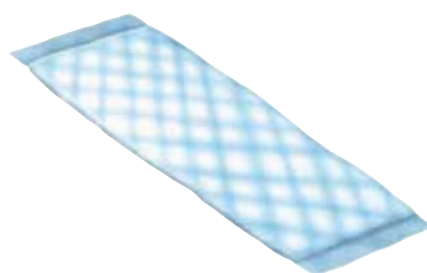


Protect your favourite chair, car seat or wheelchair with these 1 litre absorbent pads. They have a waterproof backing and are available in a choice of patterns.

Size: 490 x 600mm

PR52100	Pink	(£9.99)	<b>£11.99</b>
PR52101	Blue	(£9.99)	<b>£11.99</b>
PR52102	Tartan	(£9.99)	<b>£11.99</b>
PR52103	Floral	(£9.99)	<b>£11.99</b>
PR52109	Wine	(£9.99)	<b>£11.99</b>

## DISPOSABLE INSERT PADS



Convenient and easy to use, these soft and comfortable disposal pads are highly absorbent and completely biodegradable. Where increased absorbency is required, two pads can be used at the same time. For use with One Way Pouch Pant System.

Absorbtion: Upto 700ml

**1 Pack of 30 Pads**

PR52140/1	(£4.58)	<b>£5.49</b>
-----------	---------	--------------

## WATERPROOF BEDDING



Excellent value, durable waterproof bedding protection. Easy to care for, simply wash or wipe down with disinfectant solution. The fabric contains a bacteriostat/ fungistat to prevent the growth of germs. It is flame retardant for added safety.

### Mattress Protector – Single Bed

Size: 914 x 1905 x 228mm

PR52161	(£14.16)	<b>£16.99</b>
---------	----------	---------------

### Mattress Protector – Double Bed

Size: 1905 x 1371 x 228mm

PR52162	(£16.66)	<b>£19.99</b>
---------	----------	---------------

### Duvet Protector – Single

Size: 2032 x 1371mm

PR52163	(£16.66)	<b>£19.99</b>
---------	----------	---------------

### Pillow Case Protector

Size: 736 x 480mm

PR52164	(£4.16)	<b>£4.99</b>
---------	---------	--------------

## REUSABLE HIGH LOSS PADS



For light to medium urinary incontinence. These pads are specially designed for One Way Male and Female Pouch Pants. They contain a mix of highly absorbent fibres in a washable pad and can be used to double the absorbency of the female and male Pouch Pants.

Absorbtion: Upto 350ml

**3 per pack**

PR52126	(£16.99)	<b>£20.39</b>
---------	----------	---------------

**See Back cover for how to order**

# Toileting

## PVC INCONTINENCE PANTS



These plastic waterproof pull on pants are soft and comfortable. They include a gusset pocket and are machine washable. **Sold in single units.**

Code	Size	Price
PR52180/32	81.3cm (32")	(£12.99) <b>£15.59</b>
PR52180/34	86.4cm (34")	(£12.99) <b>£15.59</b>
PR52180/36	91.4cm (36")	(£12.99) <b>£15.59</b>
PR52180/38	96.5cm (38")	(£12.99) <b>£15.59</b>
PR52180/40	101.6cm (40")	(£12.99) <b>£15.59</b>
PR52180/42	106.7cm (42")	(£12.99) <b>£15.59</b>
PR52180/44	111.8cm (44")	(£12.99) <b>£15.59</b>
PR52180/46	116.8cm (46")	(£12.99) <b>£15.59</b>
PR52180/48	121.9cm (48")	(£12.99) <b>£15.59</b>
PR52180/52	132.1cm (52")	(£12.99) <b>£15.59</b>
PR52180/56	146.2cm (56")	(£12.99) <b>£15.59</b>
PR52180/60	152.4cm (60")	(£12.99) <b>£15.59</b>

## ONE WAY POUCH PANT SYSTEM



The One Way Pouch Pant System consists of pants and separate pads. The system is an efficient method of protecting the user from leakages - with the added advantage of very easy pad changes. The pants have a discreet integral pouch system which will hold either disposable or re-usable absorbent pad. The pants have a 'stay dry' layer next to the body and a waterproof outer layer to protect clothing.

Code	Gender	Size	Price
PR52122/S	Female	S	(£12.99) <b>£15.59</b>
PR52122/M	Female	M	(£12.99) <b>£15.59</b>
PR52122/L	Female	L	(£12.99) <b>£15.59</b>
PR52122/XL	Female	XL	(£12.99) <b>£15.59</b>
PR52122/XXL	Female	XXL	(£12.99) <b>£15.59</b>
PR52125/S	Male	S	(£15.16) <b>£18.19</b>
PR52125/M	Male	M	(£15.16) <b>£18.19</b>
PR52125/L	Male	L	(£15.16) <b>£18.19</b>
PR52125/XL	Male	XL	(£15.16) <b>£18.19</b>
PR52125/XXL	Male	XXL	(£15.16) <b>£18.19</b>

## FEMALE BRIEFS



These briefs are for use with disposable shaped and regular pads. They secure pads comfortably but look and feel like conventional underwear.

Code	Size	Price
PR52127/S	S	(£9.99) <b>£11.99</b>
PR52127/M	M	(£9.99) <b>£11.99</b>
PR52127/L	L	(£9.99) <b>£11.99</b>
PR52127/XL	XL	(£9.99) <b>£11.99</b>
PR52127/XXL	XXL	(£9.99) <b>£11.99</b>

## SHAPED PADS



For Medium to Heavy incontinence, these premium pads are widely used by healthcare professionals, including the NHS.

The anatomic shape ensures comfort and standing cuffs prevent leakage. A 'Quickcore' draws urine into the pad and an extra odour locking super absorbent polymer locks it in place. They should be worn with stretch pants.

**All sizes come in packs of 15.**

Code	Usage	Absorbency	Price
PR52147/1	Day	1562ml (£12.99)	<b>£15.59</b>
PR52148/1	Day Extra	1828ml (£15.99)	<b>£19.19</b>
PR52149/1	Night	2353ml (£18.33)	<b>£21.99</b>
PR52150/1	Night Extra	2454ml (£23.08)	<b>£27.69</b>

## ALL-IN-ONE BRIEFS



For heavy incontinence, designed with a 'quickcore' to draw urine into the pad and an extra odour locking super absorbent polymer to lock it

in place. Standing cuffs minimize leakage and a gathered soft back and re-sealable tapes ensure comfort. **All sizes come in packs of 15.**

Code	Size	Absorbency	Price
PR52151/1	M	2628ml (£12.66)	<b>£15.19</b>
PR52152/1	L	3122ml (£15.41)	<b>£18.49</b>

## ALL-IN-ONE IMMOBILE BRIEFS



These All-In-One briefs have been specially developed for the person who spends extended time in bed. They have outstanding

absorbency and are specially shaped to give optimum performance. Widely used by healthcare professionals. **All sizes come in packs of 15.**

Code	Size	Absorbency	Price
PR52153/1	M	2912ml (£16.41)	<b>£19.69</b>
PR52154/1	L	3492ml (£21.16)	<b>£25.39</b>
PR52155/1	XL	3579ml (£22.08)	<b>£26.49</b>

## CLASSIC LIL PAD



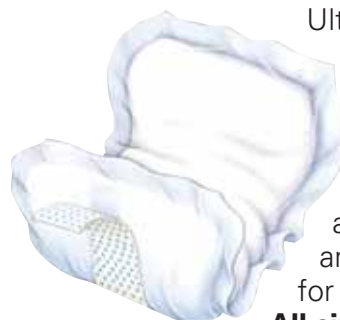
These pads are used to deal with slight incontinence.

They have a waterproof backing and a super absorbent polymer making the pads less bulky and more absorbent.

They are held secure by a self adhesive backing strip and worn in conventional underwear or stretch pants. **All sizes come in packs of 28 excluding Maxi which come in packs of 30.**

Code	Size	Absorbency	Price
PR52193/1	Mini	525ml (£3.91)	<b>£4.69</b>
PR52194/1	Extra	722ml (£5.83)	<b>£6.99</b>
PR52195/1	Maxi	1250ml (£8.83)	<b>£10.59</b>

## SUPREME LIGHT PADS



Ultra convenient, these pull up pants help retain independence and dignity for users. With high absorbency levels, these disposable pants are highly elasticated and are comfortably shaped for both men and women.

**All sizes come in packs of 28.**

Code	Size	Absorbency	Price
PR52196/1	Extra	600ml (£6.16)	<b>£7.39</b>
PR52197/1	Midi extra	830ml (£7.16)	<b>£8.59</b>
PR52198/1	Maxi	1030ml (£8.33)	<b>£9.99</b>

## PULL UP PANTS



Ultra convenient, these pull up pants help retain independence and dignity for users. With high absorbency levels, these disposable pants are highly elasticated and are comfortably shaped for both men and women. **All sizes come in packs of 14.**

Code	Size	Absorbency	Price
PR52190/1	M	1260ml (£21.08)	<b>£25.29</b>
PR52191/1	L	1630ml (£21.58)	<b>£25.89</b>
PR52192/1	XL	1360ml (£28.74)	<b>£34.99</b>



# Exercise & Therapy

## PEDAL EXERCISER

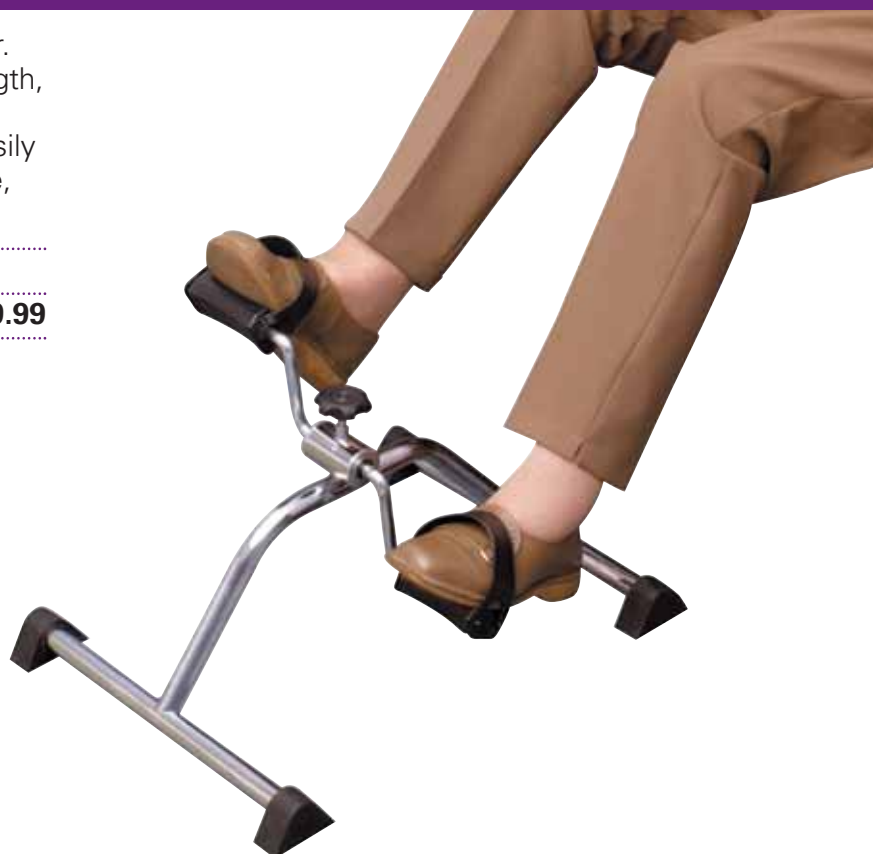
Economical and compact home exerciser. This exerciser helps restore muscle strength, circulation and co-ordination to the lower and upper extremities. Can be stored easily under a chair or bed. Durable steel frame, chrome finish, non-slip tips.

Size: 510 x 400 x 230mm

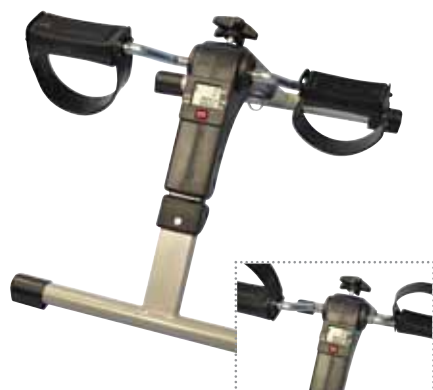
PR15341

**£29.99**

**BEST SELLER**



## PEDAL EXERCISER WITH PEDOMETER



The Folding Exercise Peddler with Electronic Display is a great tool for improving cardiovascular fitness, stimulating circulation and improving leg and arm muscle strength. This attractive pedal exerciser features a five function display that helps you track your exercise time, revolution count, revolutions per minute and total calories burned. The folding design makes it perfect for travel and easy storage.

PR15342

**£39.99**

## PAINGONE

- DRUG FREE AND SAFE
- WORKS OVER CLOTHING
- USED ON THE POINT OF PAIN
- CLINICALLY PROVEN PAIN RELIEF
- CE REGISTERED CLASS IIA MEDICAL DEVICE
- GETS STRAIGHT TO THE POINT OF YOUR PAIN



PainGone is a light, compact electronic pain relief device without any leads, pads, batteries or complicated settings. Simple to use, it even works over clothing for fast, effective pain relief.

PainGone works by pressing the button a few times on top of the device to deliver a low stimulating frequency, straight to the point of pain. Each click sends a pulse that will activate endorphins, the body's natural painkillers to free you from pain. This stimulating frequency can thus provide prolonged and often instant relief. This means that anywhere, anytime, pain relief is but a click away.

It has been successfully clinically tested by people suffering from a number of painful conditions such as arthritis, back pain, osteoporosis, sciatica and inflammatory conditions.

PR61410

(£29.99) **£35.99**



**Swollen Feet & Ankles?**  
**Tired, aching & painful legs?**  
**Poor Circulation?**

**Circulation Booster® v3**  
**FAST ACTING RELIEF**  
**from Aches, Pains & Swelling!**

*OUR CUSTOMERS love IT!*

**Drug Free** ✓  
**Medically Tested** ✓  
**Class IIa Medical Device** ✓  
**Only device Proven to work** ✓

The **Circulation Booster® v3** is the only device of its kind proven to increase circulation, reduce swelling and alleviate aches & pains.

Using the **Circulation Booster® v3** for just 30 minutes per day helps maintain healthy circulation in your legs & provides relief from...

- + Swollen feet & ankles
- + Poor circulation
- + Aches & pains

Relieve these symptoms with the **Circulation Booster® v3** so you can carry on with your day!

**HIGH TECH HEALTH**

*As seen on TV & press*

## CIRCULATION BOOSTER V3®

Stop Poor Blood Circulation. Introducing The NEW **Circulation Booster v3®** - a new and innovative therapeutic device to relieve poor circulation, which has Class 2a Medical Certification, could make a real difference to your quality of life if you suffer from poor blood circulation. It's also Diabetic Friendly - this device doesn't vibrate.

With age, lifestyle or genetics, many people suffer narrowing or reduced elasticity of the veins (poor circulation). This restricts normal blood flow, regardless of how much exercise you do. The **Circulation Booster v3®** performs therapeutic muscle stimulation which is easy-to-do. Applied through large foot pads this device helps to rapidly increase blood circulation. When using the Circulation Booster blood is immediately circulated throughout the foot and pumped back up through the legs, improving your blood circulation and reducing fluid retention and swelling around the ankles.

Box Includes:

- Circulation Booster V3
- 4 Adhesive T.E.N.S body pads
- Remote control
- Power adaptor
- Users manual

PR61400	Booster Unit	(£165.83) <b>£199.00</b>
PR61400/PADS	Replacement pads	(£22.49) <b>£26.99</b>

## REVIVING FOOT AND LEG GEL

Specifically designed to enhance the effects of The Circulation Booster.

- Great for Diabetics
- Anti-inflammatory properties
- Ideal for use with the Circulation Booster
- Soothes and cools hot, tingling and painful feet and legs
- Easy application

These natural ingredients are known for their relieving, soothing and anti-inflammatory properties. Your feet and legs will feel instantly refreshed!



PR61400/GEL	<b>£6.99</b>
-------------	--------------

**See Back cover for how to order**

# Exercise & Therapy

## HEAT IN A CLICK

**Heat in a Click is a heat therapy action, also known as thermotherapy; it is the application of heat to the body for pain relief and health. It can be beneficial to those with arthritis, stiff muscles and injuries to the deep tissue of the skin. Heat may be an effective self-care treatment for conditions like rheumatoid arthritis**

**Heat in a Click pads are reusable and portable and based on a non-toxic solution called Sodium Acetate. Heat in a Click pads reach a temperature of 54°C (130°F) in a few seconds. The product is durable and non-toxic, which makes it ideal for any use. The products can be reused over 1,000's of times, proving an economical heat therapy solution.**

### To Start Using

- Flex metal disc back and forth until you see crystals form and the pad begins to warm up
- Knead pad to soften

### Reusing The Pad

- Boil a pot of water
- Place a cloth at the bottom of the pot
- Place the pad on the cloth inside the pot and continue to boil the water until all crystals are dissolved and the pad is completely clear
- When the pad is completely clear, (only liquid remains), take it out of the water using plastic tongs, and place it on a cloth or counter area to cool down
- Please notice: All crystals must be dissolved in order for the pad to be stored in its original state. If not perfectly clear, a chain reaction will begin and the pad will stay in its heated form. Carefully hold the pad against a light to make sure no crystals are left. If crystals start forming while the pad is cooling, repeat steps 1, 2 and 3
- When the pad cools down, it is ready to be reused

## BACK KIT HEAT PAD



The Back Kit pad stays hot for approximately 2 ½ hours and although is most commonly used for lower back pain the shape of the pad allows it to be used anywhere. The belt allows you to actually wear the pad across the lower back and continue with your day to day life. If the pad is insulated in the belt and under a jacket the heat can last for up to 4 hours. **Colours may vary.**

Size: 40 x 14cm

PR15162 **£22.99**

## MUSCLE HEAT PAD



The round muscle pad stays hot for approximately 1 ½ hours and can be used to target pain anywhere across the body.

**Colours may vary.**

PR15166 **£11.49**

## NECK & SHOULDER HEAT PAD



The Neck & Shoulder pad stays hot for approximately 2 ½ hours and is designed to reach all of those tricky areas which a conventional heating pad does not do. **Colours may vary.**

Size: 45 x 20cm

PR15163 **£22.99**

## CIRCLE HAND WARMER



The hand warmers stay hot for approximately 30-40 minutes and can either be held to keep hands warm or inserted into gloves. They can also be used in pockets, socks and boots. **Colours may vary.**

Size: 10cm (D)

PR15160/S Single pack **£3.99**

PR15160/D Double pack **£6.99**

## GLOVE HEAT PAD



The glove can be strapped to the hand and used as a massage glove or under mittens to keep hands warm. Stays hot for approximately 1hr 15mins.

**Colours may vary.**

Size: 17.5 x 11cm

PR15161 **£9.49**

## FOOT WARMER HEAT PAD



The foot warmer stays hot for approximately 2 hours and once moulded to the shape of your feet you can walk around the house with them on. Fitting all sizes they simply feel like walking on hot sand. Sold as a pair. **Colours may vary.**

PR15165 **£22.99**



## HEAT BAG - LAVENDER



These wheat bags are lavender scented and are ideal for cramps, headaches/migraines, aches, tension and stress. **Available in two outer cover choices.**

Length: 410mm  
Width: 135mm  
Depth: 25mm

PR15095/T Tartan **£9.19**

PR15095/P Purple fleece **£9.19**

## HOT & COLD PACK



### Hot therapy for relief from:

Muscle aches, back pain, sinusitis, menstrual cramps.

### Cold therapy for relief from:

Toothache, swelling, fever, headaches. Microwaveable and reusable. **Available in 3 sizes.**

PR15153/S Small **£5.89**

PR15153/M Medium **£7.49**

PR15153/L Large **£10.49**

## HANDWARMERS



Portable heat in the palm of your hand! Air-activated Grabber Hand Warmers keep hands and fingers toasty for over 7 hours. No shaking or kneading required; just open the package and put the 'Original' Warmers in your glove or pocket for a few minutes to start the process. **2 per pack.**

PR15170 **£2.69**

## GEL THERAPY BALLS



Our Therapy Balls are colour coded to provide variable resistance training for hands, fingers and forearms. The balls are pleasant to touch and return back to their original shape after each squeeze. Perfect for use in the clinic or at home.

### Pink - Extra Soft

PR15220/P **£3.49**

### Blue - Soft

PR15220/BL **£3.49**

### Green - Medium

PR15220/G **£3.49**

### Orange - Firm

PR15220/O **£3.49**

### Black - Extra Firm

PR15220/BK **£3.49**

## OVER DOOR EXERCISE PULLEY



Webbing Anchor



Extended Metal Bracket

Small Metal Bracket

Use the Over Door Exercise Pulleys to help improve range of motion and coordination following CVA; the stronger arm pulls the affected arm up in a controlled stretching motion. 3 models are available.

- Over Door Exercise Pulley with Extended Metal Bracket positions the pulleys 38cm away from the door to give the client more room to move
- Over Door Exercise Pulley with Small Metal Bracket can be mounted easily to most closed doors
- Over Door Exercise Pulley with Webbing Anchor fits snugly between the door and frame. Will not scratch surfaces

**With Extended Metal Bracket**  
PR15057 **£19.99**

**With Small Metal Bracket**  
PR15057/SMB **£20.99**

**With Webbing Anchor**  
PR15057/WA **£20.99**

## NECK-EZE PILLOW



Inflatable pillow that fits around your neck thus cradling your head. A supremely versatile product for a variety of situations. Velvet like outer surface.

PR20089 £4.99

## HARLEY DESIGNER CAR/ LOW BACK SUPPORT



**BEST SELLER**

Moulded from visco elastic memory foam this product provides lumbar support. It is ideal in the car or in an office chair and gives exceptional comfort and relief.

**Designer Car/Low Back Support**  
SP24081 30 x 21cm £35.99

## HARLEY SLIMLINE WEDGE/ CAR SEAT LEVELLER



Ideal in the car where headroom is at a premium. Helps to raise the back of a car seat and gives added support to ease muscle tension in the lumbar region.

**Slimline Wedge**  
SP24010 36 x 36 x 5cm £22.49

**Slimline Coccyx Wedge**   
SP24052 36 x 36 x 5cm £22.49

## DISABLED BADGE HOLDER



Designed to store and display your European style blue badge and time card. The wallet is made from leather and opens to fully display the badges behind clear pockets.

Size - closed: 173 x 146mm  
Size - open: 348 x 146mm

**Black**  
PR35207/B (£14.58) £17.49

**Purple**  
PR35207/P (£14.58) £17.49

## SEAT BELT REACHER



A convenient handle for pulling your car seat belt. It attaches easily to your existing seat belt with no tools required.

PR40015 £14.29

All wedges available with optional coccyx cut out and/or fixing strap  
(For a fixing strap add £4.00)

## CAR CADDIE



Provides assistance for seniors getting in and out of a car. Simply roll down your window and put the end of the Car Caddie strap around the top of the window frame.

PR40016 (£11.66) £13.99

## SWIVEL CUSHION



A soft, padded, flexible turning disc ideal for use on car seats, chairs and beds. The Swivel Cushion allows a smooth swivel transfer without painful jarring or twisting.

PR41021 (£19.99) £23.99

**BEST SELLER**





## Get in and out of the car easily and safely

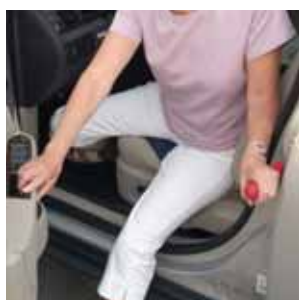
with



Vehicle support handle

by **Able2**

### HANDY BAR



Max  
user  
weight

25  
st

158  
kg

**BEST SELLER**

The user can get in and out of their vehicle easily and comfortably with this strong simple device. The Handybar, with its soft grip, non-slip handle for extra comfort and super strong forged steel shaft, creates a safe, solid support handle where it is needed. The Handybar fits the majority of vehicles with the 'U' shaped striker.

PR40013

(£24.99) **£29.99**

### AUTO MOBILITY SOLUTION



This combination pack includes our Handybar and one Swivel Cushion. The ideal combination to help getting in to and out of a car.

PR40014

(£41.66) **£49.99**

**See Back cover for how to order**



## STEEL TRI WHEEL WALKER



High quality 3 wheeled walker made from strong gauge steel. Folds for easy storage and transportation. Orthopaedic handles with hook, lock down brakes. Height adjustable handles. Available in Burgundy. Includes bag, basket and tray.

Handle height: 863 - 940mm  
Carrying weight: 6.5kg  
PR30273/30-BU (£74.99) **£89.99**

STYLE MAY VARY

Max user weight **18 st** **114 kg**

## BLUEBIRD – TRANSIT/ATTENDANT FOLDING WHEELCHAIR



The Bluebird attendant propelled wheelchair has a half folding back, fully removable padded desk arms, swing away removable footrests with a leg strap for added comfort, superbly finished with a Metallic Blue frame with black nylon padded upholstery. Folds quickly and easily for storage and transportation. The Bluebird comes complete with braked handles for use by the attendant/carer.

Seat height: 508mm  
Handle height: 915mm  
Overall width: 635mm  
Seat width: 457mm  
Carrying weight: 14kgs  
PR32000 (£166.66) **£199.99**

Max user weight **16 st** **100 kg**

## ALUMINIUM TRI WHEEL WALKER

BEST SELLER



High quality 3 wheeled walker made from aluminium. Folds for easy storage and transportation. Orthopaedic handles with lock down brakes. Height adjustable handles. Available in Blue and Silver. Includes bag, basket and tray.

Handle height: 736 - 940mm  
Carrying weight: 4.2kg

**Blue**  
PR30274/30-AL (£83.33) **£99.99**

**Silver**  
PR30274/30-AL/SL (£83.33) **£99.99**

STYLE MAY VARY

Max user weight **18 st** **114 kg**

## ALUMINIUM ROLLATOR - BLUE



A lightweight aluminium rollator that is easily manoeuvrable. Looped brakes can be locked to give the client additional confidence when resting in a seated or standing position. Folds easily for storage and transportation. Height adjustable handles. Includes free cane holder and removable bag. **Available in a metallic blue frame.**

Seat height: 584mm  
Handle height: 812-940mm  
Weight: 7.6kg  
PR30283/30-BL (£124.99) **£149.99**

FITTED WITH A FREE CANE HOLDER WORTH £9.99

FOR WHEELCHAIR CUSHIONS SEE PAGE 8-11

## LETS GO INDOOR ROLLATOR

The **Lets Go** comes with a useful carry bag and clip on tray, which is ideal for transporting drinks, plates or any other small lightweight items from room to room.

The hand operated brakes are easy to apply and can be used as parking brakes. The handle is soft and comfortable and can be adjusted to suit the height of the user.

The brakes are also linked together so that both brakes can be operated with just one hand. The **Lets Go** can be neatly folded away when not in use or for transporting in a car. Tray colour may vary.

Handle height:	790-900mm
Tray height:	680mm
Length:	630mm
Width:	520mm
Carrying weight:	6kg
PR30285	(£149.99) <b>£179.99</b>



**BEST SELLER**

Max user weight **16 st** **100 kg**

## DELUXE FOLDING WALKER

Folding and lightweight and robust with aluminium frame and adjustable height legs. Folds by use of a simple press down button and becomes only 100mm thick for easy storage or transportation.

**Available in two colours.**

Height adjustable:	787-965mm
Width:	508mm
Depth:	406mm
Weight:	2.4kg

**Blue**  
PR30180-BL (£53.33) **£63.99**

**Silver**  
PR30180-SL (£53.33) **£63.99**

Max user weight **19 st** **120 kg**

# It gives you a new life.

Let's Go indoor rollator has become a worldwide success.

It is light and easy to use.

It gives support and safety in all situations.

Use it as a help in the kitchen, bring it with you into the bathroom, use it as a food-trolley or a small table for meals and coffee-breaks and let it give you safety at the bedside in the night.

# Let's Go indoor rollator.



**See Back cover for how to order**

## ERGONOMIC GRIP CANES



Arthritis Grip Cane for users that need full palm support. Especially suitable for Rheumatoid Arthritis sufferers. **Available in Black.**

Adjustable height: 762-991mm

Ferrule size: 19mm

### Right handed

PR30107-BK (£13.33) **£15.99**

### Left handed

PR30108-BK (£13.33) **£15.99**

## COMFORT GRIP CANE



Comfort Grip Cane for users that need gentle palm support.

Adjustable height: 762-991mm

Ferrule size: 19mm

### Right handed

PR30107S-BK (£13.33) **£15.99**

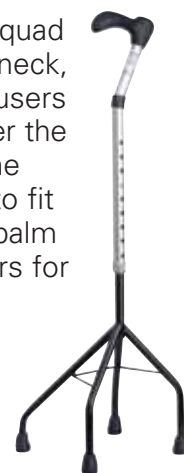
### Left handed

PR30108S-BK (£13.33) **£15.99**

Max user weight 18 st 114 kg

## ADJUSTABLE QUAD CANE

Height adjustable quad cane with curved neck, which places the users weight directly over the shaft for safety. The handle is shaped to fit the centre of the palm and the front tapers for the fingers.



Height adjusts from: 750-930mm

Base dimension: 230 x 240mm

Ferrule size: 16mm

PR30148/SB (£23.33) **£27.99**

Max user weight 16 st 100 kg

## THE BUCKINGHAM WALKING FRAME CADDY



The Caddy has one large and one small compartment to allow the user to separate items such as glasses, keys, medication etc. Supplied with a tray, that is designed to safely transport a plate of food, and a mug holder, which catches any spillages. The caddy is easy to fit to most styles of walking frame.

Maximum carrying weight: 2kg

Width without tray: 434mm

Width with tray: 457mm

Depth with tray: 310mm

Height: 200mm

Total weight: 1kg

PR30350 (£44.99) **£53.99**

## FOLDING WALKING STICKS



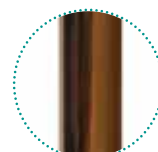
IVY



BLUE PETAL



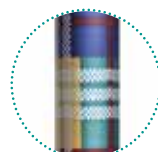
RAINBOW



BRONZE



PINK FLOWER



TARTAN



NATURAL



BLACK



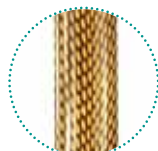
PAISLEY



BIRDS EYE MAPLE



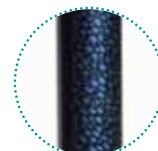
FLORAL



SNAKE



BURGUNDY FLOWER



BLUE ICE



## ARTHRITIS GRIP CANE ADJUSTABLE - FOLDING



Arthritis Grip Cane for users that need full palm support. Especially suitable for Rheumatoid Arthritis. **Ferrule measures 19mm.**

Adjustable height: 838-940mm

### Right handed

PR30107/F-BK	Black
PR30107/F-ICE	Blue Ice
PR30107/F-FRL	Floral
PR30107/F-RAB	Rainbow
PR30107/F-IVY	Ivy
PR30107/F-PF	Pink Flower
PR30107/F-PAS	Paisley
PR30107/F-SNK	Snake

**Price** (£13.33) **£15.99**

Adjustable height: 838-940mm

### Left handed

PR30108F-BK	Black
PR30108F-ICE	Blue Ice
PR30108F-FRL	Floral
PR30108F-RAB	Rainbow
PR30108F-IVY	Ivy
PR30108F-PF	Pink Flower
PR30108F-PAS	Paisley
PR30108F-SNK	Snake

**Price** (£13.33) **£15.99**

## COMFORT GRIP CANE ADJUSTABLE - FOLDING (SMALL HANDLE)



Comfort Grip Cane for users that need gentle palm support. **Ferrule measure 19mm.**

Adjustable height: 762-991mm

### Right handed

PR30107/FS-BK	Black
PR30107/FS-ICE	Blue Ice
PR30107/FS-FRL	Floral
PR30107/FS-RAB	Rainbow
PR30107/FS-IVY	Ivy
PR30107/FS-PF	Pink Flower
PR30107/FS-PAS	Paisley
PR30107/FS-SNK	Snake

**Price** (£13.33) **£15.99**

Adjustable height: 762-991mm

### Left handed

PR30108FS-BK	Black
PR30108FS-ICE	Blue Ice
PR30108FS-FRL	Floral
PR30108FS-RAB	Rainbow
PR30108FS-IVY	Ivy
PR30108FS-PF	Pink Flower
PR30108FS-PAS	Paisley
PR30108FS-SNK	Snake

**Price** (£13.33) **£15.99**

## FOLDING ADJUSTABLE WALKING STICKS



These folding adjustable walking sticks with 'T' shaped handle are lightweight and easy to use, they fold away neatly for easy storage when not in use. **Ferrule measures 19mm.**

**BEST SELLER**

**ALL STICKS ON THIS PAGE**

Max user weight **18 st** **114 kg**

### Height: 29-33"

PR30121-F/ICE/S	Blue Ice	(£13.33) <b>£15.99</b>
PR30120-F/FRL/S	Floral	(£13.33) <b>£15.99</b>
PR30120-BK-S	Black	(£11.16) <b>£13.99</b>
PR30120/BF/S	Burgundy Flower	(£13.33) <b>£15.99</b>
PR30120/BP/S	Blue Petal	(£13.33) <b>£15.99</b>
PR30120/T/S	Tartan	(£13.33) <b>£15.99</b>
PR30120/RAB/S	Rainbow	(£13.33) <b>£15.99</b>
PR30120/IVY/S	Ivy	(£13.33) <b>£15.99</b>
PR30120/PF/S	Pink Flower	(£13.33) <b>£15.99</b>
PR30120/PAS/S	Paisley	(£13.33) <b>£15.99</b>
PR30120/SNK/S	Snake	(£13.33) <b>£15.99</b>

### Height: 31-35"

PR30120-F/FRL	Floral	(£13.33) <b>£15.99</b>
PR30120-BK	Black	(£11.16) <b>£13.99</b>
PR30120-BZ	Bronze	(£11.16) <b>£13.99</b>

### Height: 33-37"

PR30121/I	Birds Eye Maple	(£13.33) <b>£15.99</b>
PR30121/J	Natural	(£13.33) <b>£15.99</b>
PR30121-F/ICE	Blue Ice	(£13.33) <b>£15.99</b>
PR30121-BK	Black	(£11.16) <b>£13.99</b>
PR30121-BZ	Bronze	(£11.16) <b>£13.99</b>
PR30120/BF	Burgundy Flower	(£13.33) <b>£15.99</b>
PR30120/BP	Blue Petal	(£13.33) <b>£15.99</b>
PR30120/T	Tartan	(£13.33) <b>£15.99</b>
PR30120/RAB	Rainbow	(£13.33) <b>£15.99</b>
PR30120/IVY	Ivy	(£13.33) <b>£15.99</b>
PR30120/PF	Pink Flower	(£13.33) <b>£15.99</b>
PR30120/PAS	Paisley	(£13.33) <b>£15.99</b>
PR30120/SNK	Snake	(£13.33) <b>£15.99</b>

**WALKING STICK ACCESSORIES ON PAGE 40**

**See Back cover for how to order**

## CANE STRAP



Cane strap for wood or plastic handled canes.

PR30150 £1.99

## REBOUND FERRULE



This useful ferrule enables you to retrieve your stick without bending down. With a little practice you can raise your stick from any surface and also hold your stick upright if you need to use both hands.

Ferrule size: 19mm

PR30016 (£1.71) £2.05

## FOLDING CANE HOLDER/CLIP



This useful accessory keeps your folding stick held securely together when not in use.

PR30156 £1.89

## FERRULES

PR30017-BK  
16mm



PR30018-BK  
19mm



PR30034-BK  
19mm



PR30037-BK  
16mm



PR30039-BK  
27mm



PR30039-GR  
27mm



**Code Size Colour**

**Base diameter: 30mm**

PR30017-BK 16mm Black

PR30017-GR 16mm Grey

PR30037-BK 16mm Black

PR30037-GR 16mm Grey

PR30018-BK 19mm Black

PR30018-GR 19mm Grey

**Base diameter: 40mm**

PR30034-BK 19mm Black

PR30034-GR 19mm Grey

PR30035-BK 21mm Black

PR30035-GR 21mm Grey

PR30039-BK 27mm Black

PR30039-GR 27mm Grey

**Price** 2 per pack **£2.19**

## CANE/CRUTCH HOLDER



Keeps canes and crutches handy. A clip-on holder balances the cane and a rubber pad helps keep the holder from sliding off the table. The Cane/Crutch Holder securely grips a cane or crutch with a diameter of 16-25mm.

PR30158 £2.39

## CANE & CRUTCH HOLDER

Cane & Crutch Holder complete with fixings. Can be attached on to most rollators.



PR30283/CC (£8.33) £9.99

## WALKING FRAME NET BAG

A knotted nylon bag, that can clip onto any walking frame for carrying shopping or personal belongings.

PR30292 (£9.99) £11.99



## PROGRESS CRUTCHES



Max  
user  
weight

23.5  
st

150  
kg

These lightweight elbow crutches are both stylish and practical. The ergonomically designed handles fit comfortably into the hand and are height adjustable. This crutch also has a height adjustable elbow support. Available in Dark Grey. **Sold in pairs.**

Height adjustable:	720-960mm
Adjust elbow support:	220-290mm
Weight:	520g
Ferrule size:	19mm
<b>Ⓐ Open Cuff</b>	
PR30086	(£32.49) <b>£38.99</b>
<b>Ⓑ Closed Cuff</b>	
PR30087	(£35.16) <b>£42.19</b>

## CRUTCH PADS



## CRUTCH LOCK



The Buckingham Crutch Lock is a revolutionary new accessory which provides strong magnetic power allowing you to lock your two crutches together and enabling them to be leaned on a surface and not fall over.

PR30289 **£11.99**

Constructed from a core of high density polyurethane foam topped on either side with a layer of visco elastic memory foam. The combination of memory foam and the multi-stretch fabric allows these pads to easily wrap round a crutch or stick handle. Can also be used on a variety of walking aids. **Supplied as a pair.**

Pad Size: 13 x 13 x 3.5cm  
SP54955 **£21.99**

## CRUTCH POD



Stylish neat and modern design the Crutch Pod easily clips to a variety of positions on the stem of the crutch allowing personal belongings such as mobile phones, sunglasses, keys, water bottle etc to be carried with ease.

PR30288 **£11.99**

## COMFORT GRIP ADJUSTABLE CRUTCHES

**BEST SELLER**



Max  
user  
weight

16  
st

100  
kg

Forearm Crutches have an anatomical soft grip designed to support the palm and spread the pressure, for increasing comfort. Leg and forearm sections adjust independently for a custom fit. Sold in pairs. **Finished in Bronze or Blue metallic.**

Height to handle:	660-890mm
Handle to cuff:	230-310mm
Ferrule size:	21mm
<b>Bronze</b>	
PR30081-BZ	(£35.83) <b>£42.99</b>
<b>Blue</b>	
PR30082-BL	(£35.83) <b>£42.99</b>



# Wheelchair/Scooter Accessories

## SCOOTER CONTROL PANEL COVER



Designed to protect the electronics whilst you maintain full control of the handles and brakes. Fits virtually all scooters. **Available in Navy only.**

PR35181 (£13.99) **£16.79**

## SCOOTER BASKET LINER AND COVER



Keep your shopping secure and dry. Removable and fits most baskets. **Available in Navy only.**

PR35178 (£13.83) **£16.59**

## MOBILITY PONCHO



For head to toe protection. Specifically designed for those who have difficulty putting on conventional coats and jackets. The mac offers warmth in the winter and keeps you cool in the summer. With a shorter back the mac can be worn over the back of the chair or tucked inside. **Available in Navy only.**

Universal Chest: 116cm  
Length: 121cm

PR35179 Lined (£64.16) **£76.99**



## WHEELY MAC SLEEVED

A sleeved version of the Wheely Mac. Fully waterproof and seam sealed, featuring elasticated cuffs and an easy to use ring pull zip.

**Available in Navy only.**

Size: Chest 116cm x 177cm (L)

PR35161 With sleeves (£38.49) **£46.19**

PR35160 Without sleeves (£34.41) **£41.29**

## WHEELY COSY

Seam sealed, and fully waterproof the Wheely Cosy features a warm polyester fur lining and an easy to use central zip. **Available in Navy only.**

Size: Chest 116cm x 106cm (L)

PR35162 (£48.66) **£58.39**



## WHEELY PONCHO

A seam sealed, fully waterproof poncho, which is quick and easy to put on during sudden showers. Featuring slots to accommodate the pushing handles. **Available in Navy Only.**

Size: Chest 116cm

PR35163 (£29.83) **£35.79**

## SCOOTER SHELTER



The perfect solution for those who have nowhere to store their scooter. Simply drive it on to the metal base plate and pull the heavy duty, fully waterproof, metal framed structure over your scooter. Secures with a chain and padlock at the base. Features two easy access flaps for battery charging.

Length: 218cm  
Width: 98cm  
Height: 127cm

PR35170 (£243.74) **£292.49**

# Wheelchair/Scooter Accessories

## RICMAR THRESHOLD RAMPS

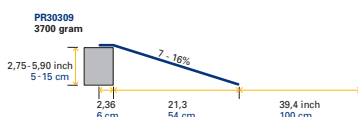
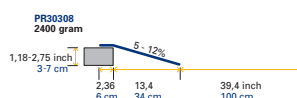
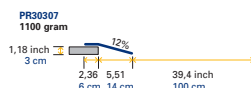
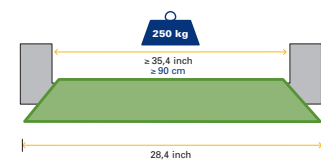


Our threshold ramps make it much easier to get through doorways with a threshold step. Constructed of aluminium they are lightweight, have a non slip surface and have a convenient built-in carry handle. There are three difference sizes available depending on the threshold and the space to lay the ramp on.

Height: 3cm  
PR30307 (£61.66) **£73.99**

Height: 3-7cm  
PR30308 (£91.66) **£109.99**

Height: 5-15cm  
PR30309 (£154.16) **£184.99**



## SCOOTER STORAGE COVER



A light weight, seam sealed, fully waterproof scooter storage cover which protects your scooter from rain and dust. With elasticated corners to secure. **Available in Navy only.**

Size: 86cm (L) x 43cm (W)  
PR35166 (£38.49) **£46.19**

## ROLL UP WHEELCHAIR RAMP



Aluminium in construction, portable and simple to use quickly makes stairs accessible.

Size: 91cm (L) x 75cm (W)  
PR30297 (£133.33) **£159.99**

## PORTABLE RAMPS



These wheelchair ramps are designed to be portable, made from anodized aluminium so they are light weight, complete with a carry bag ideal for transporting.

### Suitable for Wheelchairs and Mini Scooters

Length: 150cm (5ft)  
Width (External): 16.5cm  
Width (Internal): 11.4cm  
Depth: 8cm  
Carrying weight: 6.5kg (14lbs)  
Max load: 200kg (29 stone)  
PR30298/B (£133.33) **£159.99**

## DERBY HALF STEP



The Derby Half Step is designed for outdoor use and halves the door step rise for those with limited mobility. The large platform allows you to be steady before attempting the next step. The four feet are fully adjustable to ensure level use.

Size: 700 x 400 x 110mm  
PR30295 **£113.99**

**See Back cover for how to order**



# Wheelchair/Scooter Accessories

## REVARA SPORTS GLOVES



Glove with semi-covered fingers and semi-covered thumb. Additionally strengthened at different strategic places, especially designed for wheelchair users who prefer to have their fingers free. These real sport gloves are equipped with an additional non-skid inside for a maximum grip.

**Available in four colours – red, blue, black and grey.**

Size Hand (W)		
Red		
PR35183/R/XS	XS	Upto 7cm
PR35183/R/S	S	Upto 8cm
PR35183/R/M	M	Upto 9cm
PR35183/R/L	L	Upto 10cm
PR35183/R/XL	XL	Upto 11cm
PR35183/R/XXL	XXL	Upto 12cm
Blue		
PR35183/BL/XS	XS	Upto 7cm
PR35183/BL/S	S	Upto 8cm
PR35183/BL/M	M	Upto 9cm
PR35183/BL/L	L	Upto 10cm
PR35183/BL/XL	XL	Upto 11cm
PR35183/BL/XXL	XXL	Upto 12cm
Price	(£20.83)	£24.99

Size Hand (W)		
Black		
PR35183/BK/XS	XS	Upto 7cm
PR35183/BK/S	S	Upto 8cm
PR35183/BK/M	M	Upto 9cm
PR35183/BK/L	L	Upto 10cm
PR35183/BK/XL	XL	Upto 11cm
PR35183/BK/XXL	XXL	Upto 12cm
Grey		
PR35183/GR/XS	XS	Upto 7cm
PR35183/GR/S	S	Upto 8cm
PR35183/GR/M	M	Upto 9cm
PR35183/GR/L	L	Upto 10cm
PR35183/GR/XL	XL	Upto 11cm
PR35183/GR/XXL	XXL	Upto 12cm
Price	(£20.83)	£24.99

## REVARA SPORTS – LEATHER GLOVES – SUMMER OR WINTER



Glove with either cover the full hand or semi- covered fingers and semi-covered thumb. Additionally strengthened at different strategic places, especially designed for wheelchair users who prefer to have their fingers free.

### Winter - Full

Code	Size	Hand (W)
PR35186/BK/XS	XS	Upto 7cm
PR35186/BK/S	S	Upto 8cm
PR35186/BK/M	M	Upto 9cm
PR35186/BK/L	L	Upto 10cm
PR35186/BK/XL	XL	Upto 11cm
PR35186/BK/XXL	XXL	Upto 12cm
<b>Price</b>	(£24.16)	<b>£28.99</b>

### Summer - Fingerless

PR35185/BK/XS	XS	Upto 7cm
PR35185/BK/S	S	Upto 8cm
PR35185/BK/M	M	Upto 9cm
PR35185/BK/L	L	Upto 10cm
PR35185/BK/XL	XL	Upto 11cm
PR35185/BK/XXL	XXL	Upto 12cm
<b>Price</b>	(£20.83)	<b>£24.99</b>

## WHEELYBRELLA



Relax in the heat of the sun or keep off the rain when out and about. The flexible arm of the Wheelybrella allows for all angles of positioning, providing complete rain and sun protection. Featuring a simple clamp to fasten the Wheelybrella to the chair.

**Available in Navy only.**

PR35169	(£16.83)	<b>£20.19</b>
---------	----------	---------------



# Wheelchair/Scooter Accessories

## CRUTCH WALKING STICK BAG



Strong and spacious bag for a wheelchair or scooter. With a zipped box lid and two side holders for your crutches or walking sticks. **Colour black.**

### Ⓐ Large

Height: 52cm

Width: 32cm

Depth: 15cm

PR35173/L (£38.49) **£46.19**

### Ⓑ Small

Height: 33cm

Width: 37cm

PR35173/S (£21.07) **£25.29**

## SCOOTER BAG



Strong, durable bag designed to accommodate scooters with or without headrests. Features a spacious storage compartment and a box lid for easy access.

Height: 40cm

Weight: 31cm

Depth: 5cm

PR35167 (£22.66) **£27.19**

## MOBILITY BAG



A strong, stylish and multipurpose bag, which secures around the seat of the scooter or powerchair using long, wide detachable braided straps. Navy Blue in colour with a reflector strip.

Height: 36cm

Weight: 34cm

Depth: 15cm

PR35175 (£22.99) **£27.59**

## CRUTCH HOLDER FOR SCOOTER

Crutches or walking sticks sit comfortably in two metal holders and secure at the top with strong Velcro fastenings. Attaches to the rear of your scooter with a universal fitting suitable for most scooters.

PR35171 (£39.41) **£47.29**



**See Back cover for how to order**

# Household & Kitchen

## BOOSTER CUSHIONS



Manufactured from high grade, durable, polyurethane foam. This is a luxury alternative to other forms of chair raisers. Place under the chairs existing cushion to raise the height by 10cm or 12.5cm. It is supplied as standard with a faux suede zipped outer cover.

SP44867	46 x 46 x 10cm	<b>£39.49</b>
SP44870	48 x 48 x 10cm	<b>£39.49</b>
SP44873	51 x 51 x 10cm	<b>£39.49</b>
SP44876	46 x 46 x 13cm	<b>£43.49</b>
SP44879	48 x 48 x 13cm	<b>£43.49</b>
SP44882	51 x 51 x 13cm	<b>£43.49</b>

## OVER BED/CHAIR TABLE



**BEST SELLER**

These Over Bed/Chair Tables are made from chromium and powder coated steel with a wooden top which can be set at varying angles. The table tops are trimmed with an edging so that items will not slip off.

These tables are supplied flat packed. One version is supplied without castors and the other version with four 2" swivel castors with brakes.

Table size: 56 x 41cm

Height adjustable: 65 - 98cm

### With Castors

PR60196 **£62.99**

### Without Castors

PR60197 **£56.99**

## DELUXE OVERBED TABLE



This cantilever overbed table is adjustable in height and tilt. The table top has a lip around the edges to prevent items from sliding off and it can be folded flat for storage. The table is mobile with 4 castors (2 castors are lockable). Available in a black frame with a walnut style table top.

Table top size: 60 x 40cm

Height adjustable: 61 - 94cm

PR60192 **£88.99**

## ECONOMY OVER CHAIR TABLE



Max  
load  
weight

22  
lbs

10  
kg

**BEST SELLER**

This Over Chair Table is made from epoxy coated steel with an easy clean laminate Beech effect table top, which can be tilted for reading or craft activities, the table is fitted with four castors for ease of positioning.

Table top: 60.5 x 40cm

Base: 80 x 58cm

Height adjustable: 69.5 - 84.5cm

PR60195 **£84.99**

## BED TRAY



This attractive wooden bed tray has a large laminated top which tilts to a 45 degree angle for easy reading and writing while in bed. It is easily wiped clean. The legs fold for convenient storage.

Size: 24cm (H) x 55cm (W) x 35cm (D)

Weight: 5lbs

PR60193 **£40.99**

Be Independent.™

## ASSIST-A-TRAY™

BECAUSE YOUR TRAY SHOULD EASILY SWIVEL OUT OF THE WAY AND HELP YOU STAND



- Provides Assistance In And Out Of Couch or Chair
- Multi-Use Swivel Tray Keeps Handy Items Close By
- Adjustable In Height And Length
- Quick Assembly No Tools Acquired



### ASSIST-A-TRAY



This new, patented invention features an ergonomic grip handle that provides support in and out of any sofa, chair or recliner. Attached to the handle is a dual pivoting tray that rotates 360 degrees to allow for the most convenient placement. Tray includes a cup holder and extended compartment, perfect for keeping handy items close by.

PR60189

**£199.99**

### EASYLEAVER® BED GRAB RAIL

Designed for use on divan style beds; suitable for use on single, double or kingsize. This all-metal bed grab rail is simple to assemble and dismantle without tools.

Handle height: 47cm

PR60237 (£87.49) **£104.99**



Max user weight **17 st** **108 kg**

### BED BACKREST

**BEST SELLER**

Powder coated strong frame covered in breathable nylon fabric with pillow. Adjustable in height.

PR30230

(£37.49) **£44.99**



Max user weight **18 st** **114 kg**

**See Back cover for how to order**



# Household & Kitchen

## 30" SAFETY BED RAIL



This bed rail works well as a side rail to keep you from falling out of bed and as a support bar for getting in and out of bed. The safety bed rail folds down and out of the way when it isn't in use.

Size: 23" (H)

PR60232 (£76.66) **£91.99**

## BED RAIL ADVANTAGE TRAVELER



The most portable bed rail on the market! Requires no assembly, folds for travel and even fits in a suitcase. Attaches to any size home or hospital bed frame with included safety strap. Includes 4-pocket Bed Rail organizer for keeping handy items close by.

Rail size: 22"(H) x 17"(W)

Weight: 7lbs

PR60233 (£55.83) **£66.99**

## EZ ADJUSTABLE BED RAIL (WITH POUCH)



The only bed rail that adjusts in length after installation. It adjusts with the push of a button. The rail also folds down and out of the way when it isn't in use. Includes a dual safety strap that secures it to the bed frame.

Size: 23" (H)

Height adjustable: 26 - 34 - 42"

PR60231 (£99.99) **£119.99**

## BED CADDIE



Offers a helping hand to a sitting position in bed. Perfect for seniors who need a boost to get out of bed safely.

PR60229 (£17.49) **£20.99**

Be Independent.™

## EZ ADJUST BEDRAIL™

BECAUSE IT'S THE WORLD'S MOST VERSATILE BED RAIL



- Extends 24" - 42"
- Provides Assistance In And Out Of Bed
- Prevents Falling From Bed
- Pivots 180° Out Of User's Way
- Secures to Any Home or Hospital Bed with Included Safety Strap
- 4-Pocket Organizer Pouch Included



## HOME BED RAIL



This sturdy bed rail offers stability to those who have difficulty getting in and out of bed. The frame is height adjustable and can be positioned anywhere under the mattress of most divan style beds. The two legs rest on the floor securely with rubber ferrules. This rail is supplied flat packed and is simple to assemble and install.

Size: 50.8cm (W)

Height adjustable: 83 - 93cm

PR60242

(£46.66) **£55.99**

## INDEPENDENCE with LIFTING SEATS



Unique sit-to-stand portable assistive devices, designed to help people stay active and mobile.

**LeveLift™** technology means users rise on a level plane for a safe and gentle lift that does not dump the user forward.

### Power Seat™

An electric powered portable lifting seat that provides 100% lift up to 136kg.

Use with most armchairs around the home.

### Seat Assist

A portable automatic lifting seat that requires no power and lifts up to 70% of a user's weight, up to 154kg.

Use with most armchairs at home or on the go.

Available in either:

- standard polyurethane foam cushion with washable cover; or
- memory foam cushion with waterproof cover.



Bringing quality to life.

## UPEASY

**BEST SELLER**

Uplift Product	Code	Maximum load	Price
<b>Power Seat™</b>			
Upeasy Powered Lifting Cushion	PR30361	Upto 21stone	(£183.33) <b>£219.99</b>
<b>Seat Assist®</b>			
Upeasy Seat Assist Standard Cushion	PR30357	6 - 16.5stone	(£123.33) <b>£147.99</b>
Upeasy Seat Assist Standard + V Foam	PR30358	6 - 16.5stone	(£138.33) <b>£165.99</b>
Upeasy Seat Assist Plus Standard Cushion	PR30359	14 - 25stone	(£123.33) <b>£147.99</b>
Upeasy Seat Assist Plus + V Foam	PR30360	14 - 25stone	(£138.33) <b>£165.99</b>

**See Back cover for how to order**

# Household & Kitchen

## FOOTSTOOL



Max  
user  
weight

19  
st

120  
kg

A sturdy, steady footstool with rubber mat surface and a steel frame. This stool makes access to the bath easier. Also available with a handrail. **Colour may vary.**

Additional handrail: 81cm (H)

PR60222 **£31.99**

PR60222H With handrail **£49.99**

## 4 IN 1 PERCHING STOOL

This versatile perching stool can be used as 4 different types.

- seat only
- seat and arms
- seat and back
- seat back and arms

The frame is a powder coated steel and the seat is padded. The product is flat packed and only requires minor assembly.

Seat height adjustable: 55 - 70cm

PR60266 (£54.16) **£64.99**

Max  
user  
weight

18  
st

114  
kg



## ROTATING REACHER



This reacher with the rotating clamp is ideal for individual tasks, just rotate the clamp to suit the job in hand. Easy to operate with the pistol style grip.

PR60214 787mm (L) (£11.49) **£13.79**

PR60214/F Folding Version (£11.83) **£14.19**

## STANDARD REACHER



**BEST SELLER**

This reacher with the pistol style grip is easy to operate, this lightweight reacher has a magnet on the tip which enables you to pick up metallic objects.

Code	Length	Weight	Price
PR60208 Short	673mm	168g	(£8.33) <b>£9.99</b>
PR60209 Long	825mm	190g	(£9.16) <b>£10.99</b>
PR60205 Folding	673mm (343mm folded)	255g	(£8.33) <b>£9.99</b>

## BETTERGRIP REACHER



An extremely light, but strong reacher that helps with every kind of task. The handle has a trigger action operated by all four fingers, making it easy to use, even with weak hands.

Size: 660mm	
PR60220/26	(£10.41) <b>£12.49</b>
Size: 766mm	
PR60220/30	(£11.24) <b>£13.49</b>



## ELEPHANT FEET - CHAIR AND BED RAISERS



Max user weight **60 st** **380 kg**

Simply place under chairs or beds to raise the height. Simple but strong, one piece grey plastic blends with most furniture.

Available in two heights. **Set of 4.**

PR60700 9cm (£17.99) **£21.59**

PR60740 14cm (£20.66) **£24.79**

## WOODEN CHAIR/BED RAISERS



Max user weight **60 st** **380 kg**

These traditional hardwood raisers offer both a 10cm and 15cm rise. They are simple to install and are suitable for different bed legs. **Set of 4.**

PR60701 10cm (£32.24) **£38.69**

PR60702 15cm (£58.99) **£70.79**

## DERBY TAP TURNERS



These tap turners fit crosshead and crystal taps, making them easier to turn. They are hard wearing and easily fitted, providing outstanding grip with no tools required. **Sold in packs of two.**

PR45564 (£16.24) **£19.49**

## CHEEKEY



The Cheekey provides excellent leverage and increased grip for keys. A clever little device that makes holding and turning a key much easier and also doubles as a ring pull aid, for all the cans that have made life difficult for people with arthritis and dexterity problems. Fits 99% of keys tested and carries more than two keys. Also assists unattached keys.

PR60047 **£2.69**

## KEY TURNER III



**BEST SELLER**

The heavy-duty plastic handle of the Key Turner III provides extra leverage for easy turning. Holds three keys. Fold the keys into the handle when not in use.

Length: 120mm

Width: 22mm

Circumference: 100mm

PR60026 **£5.99**

## EASITURN TAP TURNER



These aesthetically designed tap turners fit easily onto crosshead style taps and act as convenient levers making turning the tap on and off much easier.

PR45565 (£6.08) **£7.29**

## PRIMA OUTDOOR RAIL

The Prima Outdoor Rail has been designed to be used out doors mainly to help in doorways. The bar has good grip and is coloured in black.



Size: 450mm (L)

PR60287 (£11.33) **£13.59**

# Household & Kitchen

## PLUG TUGS



This Plug-Tug makes removing fiddly plugs less of a hassle. They are easy to attach and use. They help you identify confusing wires and plugs as it includes a range of stickers, labels and a marker pen. Single pack contains 10 Plug Tugs.

PR60076

Single Pack

£3.99



## LONG HANDLED DUSTPAN AND BRUSH



The long handle means you don't have to bend down which really takes the backache out of cleaning. **Colours may vary.**

Size: 865 x 240 x 190mm

PR60064

£19.99

## ANTI SLIP ROLLS



This roll can be cut to size and used universally throughout the home.

**Available in black only.**

Size: 150cm (L) x 30cm (W)

PR61580

£14.59

✓ IMPROVED

BEST SELLER

# Dycem<sup>®</sup>

non-slip

Aids to Daily Living

### jar openers



PR61627	Blue	£5.19
PR61627/S	Silver	£5.49
PR61627/Y	Yellow	£5.19

### circular mats 14cm diam (5.5in)



PR61600	Blue	£8.39
PR61601	Red	£8.39
PR61640	Silver	£8.59

### rectangular mats 35cm x 25cm



PR61606	Blue	£21.99
PR61607	Red	£21.99
PR61608	Yellow	£21.99

### bottle openers



PR61628	Blue	£3.79
PR61628/S	Silver	£3.89
PR61628/Y	Yellow	£3.79

### rectangular mats 25cm x 18cm



PR61603	Blue	£13.99
PR61604	Red	£13.99
PR61605	Yellow	£13.99
PR61641	Silver	£14.69

## GOOD GRIPS® JAR OPENER



Comfortable, built-up handle helps open stubborn lids easily. Two metal grip strips allow for easy removal of lids ranging from 13 to 95mm in diameter. Household dishwasher safe.

PR63023 **£10.69**

## GOOD GRIPS® 'Y' PEELER



Good Grips® handle ensures a secure hold, even when wet. Household dishwasher safe.

PR63020 **£8.59**

## TURN KEY



Screw cap cartons can be difficult to open especially for children or elderly people who often lack the strength in their fingers. The Turn Key Screw cap opener solves the problem.

PR60053 **£4.49**

## JAR POP KEY



### BEST SELLER

The Jar Pop Key is placed against the lid of the jar, and with a slight lift, the vacuum is released, and the lid can now be easily unscrewed. Dishwasher proof. MAX version is for deeper jar lids.

Ⓐ PR60035 **£5.19**

Ⓑ PR60035/MAX **£5.19**

## EZ SQUEEZE ONE HANDED CAN OPENER



The Chef'n EZ Squeeze One Handed Can Opener features a patented ratcheting mechanism which enables you to open cans with one hand.

PR60075 **£22.99**

## CAN KEY



Practical and patented opener for all cans with a ring pull opening device. Dishwasher proof.

PR60037 **£4.49**

## PLASTIC MULTI OPENER



Use this multipurpose device to easily open aluminium can tabs, twist off resealable and pressure sealed bottle caps.

PR60039 **£3.99**

## MULTI GRIP

Practical and patented opener for various bottles with safety caps, like cleaning liquids and pill bottles (Keep out of reach of children!).



PR60036 **£4.49**

## TUBE MASTER



Tube master squeezes out the last remains of the tubes in a simple way that leaves nothing inside the tube.

PR60054 **£5.19**



# Household & Kitchen

## 7 DAY MINI PILL BOX



The large 7 day pill box has 7 compartments, one per day for daily medication with a flip top lid. The lids are marked with letters and Braille.

**Colours may vary.**

Length: 130mm

Width: 35mm

Depth: 24mm

PR61432

**£3.49**

## 7 DAY EXTRA LARGE PILL BOX



A large dispenser to enable a selection of pills to be added to each daily compartment. The large letters and compartments are helpful for users with poor eyesight or dexterity. Each day has a flip top lid.

Length: 230mm

Width: 45mm

Depth: 27mm

PR61430

**£2.09**

## WEEKLY MULTI DOSE PILL BOX



Suitable for up to four times daily medication for one week or for four weeks once daily. The box has the weekdays and morning, noon, evening and night printed and in Braille. Medication record label included. **Colour may vary.**

PR61431

**£9.19**

## PILL DAILY DOSE



A wallet containing seven individual transparent one-day strips, marked with the day and dose time. A pouch is supplied to carry a strip.

PR61438

**£12.79**

## PILL CRUSHER/2



**BEST SELLER**

Crushes uncoated pills into powder by a screw action. Ideal when mixing the medication with a drink or food. Useful for children or those with difficulty swallowing.

PR61437

**£4.29**

## LONG HANDLED TOENAIL SCISSORS



The moulded finger and thumb grip on these Toenail scissors allow easier gripping and greater leverage. This strong angled blade provides a good cutting position and can cut through even the toughest nails.

PR63006 210mm (L) **£8.79**

## TABLE-TOP FINGERNAIL CLIPPER

The Table Top Fingernail Clipper is mounted on a plastic base with non-slip feet. The large finger pad provides comfort and good leverage. The stainless steel clipper has a curved edge.

✓IMPROVED



PR63005 **£11.89**

## PILL SPLITTER



Eliminate the mess and inaccuracies of dividing medication. Easily cuts pills without the risk of cutting the hand. Dishwasher safe.

PR61500 **£5.49**

## AUDIO/VIBRATION ALARM PILL BOX

A complete medication planner with five pill compartments and five unique vibration and/or audible reminder alarms. Ideal for privacy or those with limited sight or hearing.

- Easy to set and use
- Five pill storage areas
- Five alarm reminders with vibration or audible options
- Measures 8cm x 8cm x 3.2cm
- Uses 1x AAA battery (not included) and 1x button cell battery (included)



PR70150 **£13.99**

**BEST SELLER**

## PILL BOX REMINDER

Don't forget to take your pills. This great little timer is pocket sized or can be worn around your neck and pre set to sound when you are due to take your medication.

- Pocket size pill box with neck cord
- Audible alarm and flashing light indicate when medication is due
- Real time display
- Count down timer up to 19 hours
- Count up timer to 19 minutes 59 seconds
- Uses 1 x 1.5v Button cell battery (included)



PR61433 **£12.39**

# Eating & Drinking

## GRIPWARE™ ROUND SCOOP DISH



### BEST SELLER

The low front and high back are ideal for persons with limited motor co-ordination or the use of only one hand. The plastic dish is microwave safe and household dishwasher safe.

PR65006 20cm (D) **£10.39**

## GRIPWARE™ PARTITIONED SCOOP PLATE



Compartments help to keep food separate and provide more surfaces for scooping. Dish measures 22cm in diameter.

PR65601 **£11.49**

## DINNER BIBS

These bibs are long, with a poly/cotton front and a waterproof backing. The neck of these bibs open and close with snap buttons. Colours and style may vary. Machine washable.



Size of bib: 460 x 890mm

PR65645 **£13.99**

## STAY WARM FEEDING DISH



Keep food warm for longer using this convenient dish. A chamber under the plate is easily filled with warm water, keeping food warm for longer. The dish also has a non slip ring which keeps the dish in place, reducing the risk of spillage. Microwave and top rack dishwasher safe.

PR65110-N 22cm (D) **£13.49**

## FOOD GUARD



This flexible food guard can be fitted to ordinary plates to assist with one handed eating. Plate size 190 to 254mm external diameter. Microwave and dishwasher safe.

Weight: 45g

PR65071 (£3.91) **£4.69**

## DISPOSABLE BIBS



Quickly and easily protects the clothing of both patients and professionals. These disposable bibs are instantly absorbent, waterproof and leakproof. They are easy to attach by simply peeling the strip and adhere it to clothes. **Available in white.**

Size of bib: 330 x 460mm

PR65664 1 x 50 bibs **£5.99**

PR65664/R 1 x 10 bibs **£1.99**

FOR NON SLIP DYCEM MATTING SEE PAGE 52

## CLICK CUP



This plastic feeding cup has a spouted lid which if required can be clicked to create an angle when drinking. Lids available separately. Dishwasher safe.

### Cup only

PR65665 200ml **£2.69**

### Lid only

PR65665/L4 4mm spout hole **£2.69**

PR65665/L8 8mm spout hole **£2.69**

## INSULATED MUG



A quality insulated mug at a great value. This polypropylene mug keeps liquids hot or cold as necessary. Can be used with the Snorkel or the Snap On Lid. Household dishwasher and microwave safe. **Lids sold separately in a pack of 6.**

Size: 237ml (8fl.oz.)

PR65031 Insulated mug (no lid) **£8.99**

PR65035 Snap on lids (6) **£24.99**

PR65068 Snorkel lids (6) **£38.49**



## GOOD GRIPS® CUTLERY



Twist in shaft allows utensil to be adjusted to any angle. Bend for use in right or left hand



Rocker knife requires only minimal strength for easy cutting



Stainless steel. Dishwasher safe



Soft flexible ribbing adapts for any grip



Large cushioned grip is comfortable to hold



Hold handle firmly.



Bend left or right.



Adapt for custom use.

Good Grips® cutlery has a soft cushion grip that keeps the utensil in the hand - even when wet! The built up handles are made of soft latex - free material, with flexible ribbing that's comfortable and adapts to any grip. Each stainless steel utensil has a special twist built into the metal shaft that allows the spoons and forks to bend to any angle. You can bend them for either left or right handed use. The rocker knife requires only minimal arm strength for cutting. A special extended safety cap protects fingers. Dishwasher safe.

PR65591	Fork	(£9.41) <b>£11.29</b>
PR65595	Youth Spoon	(£9.41) <b>£11.29</b>
PR65593	Teaspoon	(£9.41) <b>£11.29</b>
PR65594	Dessert Spoon	(£9.41) <b>£11.29</b>
PR65592	Rocker Knife	(£9.99) <b>£11.99</b>
PR65592/S	Serrated Rocker Knife	(£10.74) <b>£12.89</b>
PR65590	Souper Spoon	(£12.24) <b>£14.69</b>

**BEST SELLER**

## DRINKING CUP WITH LONG SPOUT LID



This plastic drinking cup comes with 2 lids with a long spout. Dishwasher safe.

Size: 200ml		
PR65666	Clear	<b>£7.29</b>

## KNORK



The Knork is a stylish fork with wide, rounded and bevelled outer tines that will safely cut food like a knife, without a sharp edge to cut the mouth of the user. It slices through food with a rocking motion which is facilitated by a finger platform on both sides of the handle. As it is symmetrical it can be used by both left and right hand users. An optional foam handle is also available.

PR65654	Single Knork	<b>£12.99</b>
PR65654/FH	Foam Handle	<b>£6.59</b>

**See Back cover for how to order**

# Eating & Drinking

## HANDYCUP



The rim of the HANDYCUP is angled so that a person can drink without tipping their head back to drain the glass. It can be tipped beyond the point where a normal cup would hit the bridge of your nose. The cup is transparent so that the level of the contents is always visible. The cup has large handles so that the person can fit their hand inside for better grip or can hold handles. The large base helps to prevent tipping. Household dishwasher and microwave safe. **Includes lid.**

### BEST SELLER



Size: 200ml

PR65646	Clear	<b>£12.49</b>
PR65646/B	Blue	<b>£12.49</b>
PR65646/G	Green	<b>£12.49</b>
PR65646/O	Orange	<b>£12.49</b>

## SURE GRIP CUP



This stackable, polycarbonate mug features deep grooves allowing a comfortable grip in the hand and is anti-slip. Microwave and dishwasher safe, available in three colours. The optional lid changes colour if the contents are in excess of 50°C in temperature.

The optional handle is available. A useful straw clip is also available which eliminates the need to hold the straw when drinking.

PR65571	Clear cup	<b>£7.19</b>
PR65572	Blue cup	<b>£7.99</b>
PR65573	Pink cup	<b>£7.99</b>
PR65581	Handle	<b>£7.49</b>
PR65582	Straw clip	<b>£0.99</b>
<b>Temperature regulated lid</b>		
PR65580	(£6.66)	<b>£7.99</b>

## CLEAR MUG WITH HANDLE



A tough, clear plastic mug, with large, open handle to grip round or under without making a fist. This mug is supplied with two lids, one for anti-spill and one with a drinking spout. It is of a simple design, stackable and easy to clean. The mug is dishwasher safe however the lids are not, but can be used in the microwave.

PR65100	300ml	<b>£8.39</b>
---------	-------	--------------

## NOVO CUP



Perfect for people who want to drink without having to be helped. The Novo Cup allows you to drink comfortably while lying down. Dishwasher, microwave and autoclave safe.

PR65075	250ml	<b>£4.49</b>
---------	-------	--------------

## DIGNITY by Wade



Dignity is made from vitrified earthenware with added Alumina for extra strength and are dishwasher, microwave and freezer proof and are available in White, Yellow and Green.

### Ⓐ Dignity - 1 Handled Mug

PR65546W	White	£7.99
PR65546G	Green	£7.99
PR65546Y	Yellow	£7.99

### Ⓑ Dignity - 2 Handled Mug

PR65540W	White	£12.29
PR65540G	Green	£12.29
PR65540Y	Yellow	£12.29

### Ⓒ Dignity - 2 Handled Feeder Cup

PR65541W	White	£12.29
PR65541G	Green	£12.29
PR65541Y	Yellow	£12.29

### Ⓓ Dignity - 2 Handled Feeder Cup with pierced spout

PR65542W	White	£12.29
PR65542G	Green	£12.29
PR65542Y	Yellow	£12.29

### Ⓔ Dignity - Plate 23cm

PR65543W	White	£21.99
PR65543G	Green	£21.99
PR65543Y	Yellow	£21.99

## KETTLE TIPPER



This tipper allows the safe and steady pouring of hot liquids without lifting any weight. It is suitable for most types of teapot or electric kettle and comes with a Velcro strap for added security. When using the tipper with a cordless kettle (especially a jug kettle) for extra safety, it is recommended that the tipper stabiliser base is used. Suitable for use with cordless kettles.

Length: 205mm

Width: 275mm

Height: 200mm

### Kettle Tipper

PR60011 500g (£32.49) **£38.99**

### Stabiliser base for kettle/teapot/jug tipper

PR60011/BASE (£16.66) **£19.99**

## JUG KETTLE TIPPER



Designed specifically for the use with jug kettles, this sturdy wire tipper makes it safe and easy to pour water. Holds your kettle securely in a cradle and pivots gently to pour with the need to lift. Not suitable for cordless kettles.

PR60072 (£12.99) **£15.59**



## HOME SAFETY ALERT



A wireless calling alarm system with one main receiver unit and two pendant calling transmitters. Call button and panic button on each pendant. Helpful support for the elderly, disabled or children. Main unit receives and recognises who is calling and the urgency from different sound and coloured light signals. Caller can choose between a regular call signal or a panic alarm. Main unit can be battery or mains operated for use in any location. Quick reset button on main unit to cancel the call or alarm. Low battery warning signal and each transmitter uses 1 x 23A 12v battery (included). The receiver unit is powered by a 6v adaptor (included) or 4 x AA batteries (not included).

PR70145 **£56.99**

## TALKING BIG DIGIT WATCH



A stylish digital watch with oversize LCD digital display. The clear voice announcement of time and date assists the visually impaired. **Uses 1 x CR2016 lithium battery (included).**

PR70163 **£13.99**

## AUTOMATIC NEEDLE THREADER



This simple, plastic device makes threading needles easy, even with poor eyesight or shaky hands. Different sizes of needles can be threaded at the two ends by following the instructions enclosed in the pack. Two needles are included, although standard needles can be used.

PR70056 **£5.39**

## TALKING DUAL TIME ALARM CLOCK



Press the large top button and this quartz analogue clock will speak the time.

- Talking function and clear analogue face assists the visually impaired
- Dual time with traditional hands and digital display
- Voice announcement of temperature
- Alarm and hourly time announcement optional
- Uses 2 x AA batteries (not included)

PR70073 **£13.19**

## SMOKERS ROBOT



The Smokers Robot enables safe, hands-free smoking. The Smokers Robot allows a cigarette to rest safely in the holder that is attached to an ashtray base. Features a 910mm tube with a mouthpiece. Replacement tubes are available separately.

### Smokers Robot

PR70010 (€55.99) **£67.19**

### Replacement Tube

PR70011 (€9.66) **£11.59**

## BIG BUTTON TELEPHONE



Corded phone with large buttons, a large screen.

- 50 Caller ID
- 10 Number Memory and 3 Picture Key
- 20 Outgoing call log record
- Dialing memory
- Visual ringer
- Speakerphone function
- Handset Hi/Lo volume control
- Hearing Aid Compatible

PR70151 **£57.99**

## CARD PLAYER

Holds playing cards in a natural position. Comfortably holds standard or oversized playing cards. Can be held in the hand or placed on a table.

**Sold in a pair.**

PR70005

**£16.49**



## PLASTIC CARD HOLDER



An affordable solution for holding cards. Persons with diminished finger control will enjoy playing cards with this lightweight plastic holder. Card slot tapers from 13 to 3.2mm.

Size: 51 x 35 x 250mm

PR70007

**£7.99**

## REAL BIG PLAYING CARDS



Easy-to-see giant cards. These extra large playing cards are easy to read and hold.

Size: 150 x 100mm

PR70008

**£8.79**

## LARGE NUMBER PLAYING CARDS



**Extra-large characters for easy viewing.** Numbers, letters and suit characters are enlarged for quick recognition. Standard size cards are colour coded by suit. Standard black and red corner markers. Ideal for use by persons with at least 5% of normal vision.

PR70004

**£2.99**

## PENCIL GRIPS



Helps reduce fatigue caused by writing pressure. These non slip triangular shaped grips are comfortable and slip onto any standard sized pencil.

PR70891

Pack of 3

**£3.99**

## LITE-TOUCH PEN



Almost no pressure is required to write with the Lite-Touch Pen. The entire pen is built up to provide a comfortable hold. A slight indentation in the thumb area aids in gripping. It is lightweight plastic with a clip top. Cap included. Black ink. Use Parker #30316 ink cartridge for replacement.

PR70017

(£6.66) **£7.99**

## WRITING GRIPS



Helps reduce fatigue caused by writing pressure. Writing Grips are soft, plastic, and bulb shaped grips that slip onto any standard size pen or pencil.

PR70022

Pack of 3

**£3.99**

## LIGHTED MAGNIFIER

With an impressive 3x magnification, the Lighted Magnifier is the ideal aid for reading small type in books, newspapers and maps. With a larger handle, it is comfortable for longer periods of use and has an illuminating frame that lights up the page as you read.

**Comes with batteries fitted.**

PR70080 £5.19



## POCKET LED MAGNIFIER

Ideal for those times when you find yourself not only short of sight but also short of light! Combining a bright LED page light with twin magnification lenses (2x main and 4x inset) this versatile magnifier is small enough to fit into pocket or bag. Can be used with or without the light as required. **Comes with batteries fitted.**

PR70081 £6.19



## HANDS FREE MAGNIFIER

Hands-Free Magnifying Lens. Great for reading or arts and crafts, this effective 'hands-free' magnifier comes with a braided cord to wear around the neck and rubber feet to support the lens.

PR70082 Lens 13cm (D) £10.29



## MAGNIFYING SHEET

Available as a smaller and cheaper alternative to the Full Page Magnifier, this flexible 'fresnel' sheet offers excellent enlargement for books, directories, timetables and maps, and it comes in a protective card sleeve.

PR70086 Approximate Size: 19 x 13cm £3.04



## FULL PAGE MAGNIFIER

This product is manufactured to a far higher standard than most by using a rigid lens which prevents image warping around the edges of the lens. Allows larger areas to be viewed than traditional magnifiers. Sold in a protective, printed card sleeve.

PR70001 Approximate size: 28 x 21.5cm £9.99



## DUAL FOCUS MAGNIFIER

Available in 2 sizes, small and large, these lightweight magnifiers have a rubber coating on the handle and frame making them more comfortable and durable in everyday use. Both sizes come with a standard full size 2x magnification lens and an extra inset high magnification lens for 4x enlargement.

PR70083 Lens 6.5cm (D) £6.19

PR70084 Lens 9cm (D) £8.29



## MAGNIFIER ON A STAND



This large 2x magnifier comes with a weighted stand base and a clamping device to attach to a table or desk surface, for hands free use. The extendable arm allows the magnifier to be positioned at different heights and angles.

Size: 220 x 170mm

PR70057 £37.99

## WOODEN READING REST



### BEST SELLER

Beautifully crafted from Canadian Alder, this product allows you to assume a more relaxed posture whilst reading at a table or desk - it's also great in the kitchen.

PR70095 £20.79

## GIMBLE BOOK HOLDER



Whether you like to curl up in bed with a good book and a mug of tea, enjoy reading whilst sitting at the table or prefer a relaxing read outdoors, this great new product is the perfect answer to that 'extra pair of hands' you always seem to need.

PR70094 £5.39



## DUNLOP SLIPPERS

These comfortable and stylish slippers have a wide opening for swollen feet, the hook and loop fastening ensures these slippers are easy to put on and take off. These machine washable slippers have non slip hardwearing soles. The slippers are available in a variety of sizes and in male and female versions.



**BLUEBELL**

**BEST SELLER**



**BETSY**

**BEST SELLER**



**ALBERT**

**BEST SELLER**



**ARTHUR**

**BEST SELLER**

### Female

Code	Slipper	Size	Colour	Price
PR55150/BL/3	Bluebell	3	Blue	<b>£17.99</b>
PR55150/BL/4	Bluebell	4	Blue	<b>£17.99</b>
PR55150/BL/5	Bluebell	5	Blue	<b>£17.99</b>
PR55150/BL/6	Bluebell	6	Blue	<b>£17.99</b>
PR55150/BL/7	Bluebell	7	Blue	<b>£17.99</b>
PR55150/BL/8	Bluebell	8	Blue	<b>£17.99</b>
PR55150/BU/3	Bluebell	3	Burgundy	<b>£17.99</b>
PR55150/BU/4	Bluebell	4	Burgundy	<b>£17.99</b>
PR55150/BU/5	Bluebell	5	Burgundy	<b>£17.99</b>
PR55150/BU/6	Bluebell	6	Burgundy	<b>£17.99</b>
PR55150/BU/7	Bluebell	7	Burgundy	<b>£17.99</b>
PR55150/BU/8	Bluebell	8	Burgundy	<b>£17.99</b>
PR55151/BL/3	Betsy	3	Blue	<b>£19.99</b>
PR55151/BL/4	Betsy	4	Blue	<b>£19.99</b>
PR55151/BL/5	Betsy	5	Blue	<b>£19.99</b>
PR55151/BL/6	Betsy	6	Blue	<b>£19.99</b>
PR55151/BL/7	Betsy	7	Blue	<b>£19.99</b>
PR55151/BL/8	Betsy	8	Blue	<b>£19.99</b>
PR55151/BU/3	Betsy	3	Burgundy	<b>£19.99</b>
PR55151/BU/4	Betsy	4	Burgundy	<b>£19.99</b>
PR55151/BU/5	Betsy	5	Burgundy	<b>£19.99</b>
PR55151/BU/6	Betsy	6	Burgundy	<b>£19.99</b>
PR55151/BU/7	Betsy	7	Burgundy	<b>£19.99</b>
PR55151/BU/8	Betsy	8	Burgundy	<b>£19.99</b>

### Male

Code	Slipper	Size	Colour	Price
PR55152/BL/6	Albert	6	Blue	<b>£19.99</b>
PR55152/BL/7	Albert	7	Blue	<b>£19.99</b>
PR55152/BL/8	Albert	8	Blue	<b>£19.99</b>
PR55152/BL/9	Albert	9	Blue	<b>£19.99</b>
PR55152/BL/10	Albert	10	Blue	<b>£19.99</b>
PR55152/BL/11	Albert	11	Blue	<b>£19.99</b>
PR55152/BL/12	Albert	12	Blue	<b>£19.99</b>
PR55152/BU/6	Albert	6	Burgundy	<b>£19.99</b>
PR55152/BU/7	Albert	7	Burgundy	<b>£19.99</b>
PR55152/BU/8	Albert	8	Burgundy	<b>£19.99</b>
PR55152/BU/9	Albert	9	Burgundy	<b>£19.99</b>
PR55152/BU/10	Albert	10	Burgundy	<b>£19.99</b>
PR55152/BU/11	Albert	11	Burgundy	<b>£19.99</b>
PR55152/BU/12	Albert	12	Burgundy	<b>£19.99</b>
PR55153/BL/6	Arthur	6	Blue	<b>£19.99</b>
PR55153/BL/7	Arthur	7	Blue	<b>£19.99</b>
PR55153/BL/8	Arthur	8	Blue	<b>£19.99</b>
PR55153/BL/9	Arthur	9	Blue	<b>£19.99</b>
PR55153/BL/10	Arthur	10	Blue	<b>£19.99</b>
PR55153/BL/11	Arthur	11	Blue	<b>£19.99</b>
PR55153/BL/12	Arthur	12	Blue	<b>£19.99</b>
PR55153/GR/6	Arthur	6	Grey	<b>£19.99</b>
PR55153/GR/7	Arthur	7	Grey	<b>£19.99</b>
PR55153/GR/8	Arthur	8	Grey	<b>£19.99</b>
PR55153/GR/9	Arthur	9	Grey	<b>£19.99</b>
PR55153/GR/10	Arthur	10	Grey	<b>£19.99</b>
PR55153/GR/11	Arthur	11	Grey	<b>£19.99</b>
PR55153/GR/12	Arthur	12	Grey	<b>£19.99</b>

**See Back cover for how to order**

# Dressing & Comfort

## ZIP GRIP



The Zip Grip is ideal for persons who have difficulty grasping and pulling small zipper tabs. **Sold in pack of 6.**

PR55021 2.5cm (D) (£7.66) **£9.19**

## GOOD GRIPS® BUTTON HOOK



The soft, cushioned grip of the Good Grips® Button Hook makes the sometimes difficult task of buttoning clothes easy. The built-up handle is made of rubber like material and features flexible ribbing that adapts to any grip.

Handle size: 11cm (L) x 3.8cm (D)

PR55020 16cm (L) (£8.08) **£9.69**

## RING ZIPPER



A useful device for people who find it difficult grasping and pulling small zips. **Sold in a pack of 3.**

PR55049 (£3.33) **£3.99**

## LONG HANDLED COMB & BRUSH



Ergonomically designed personal care products featuring anti-slip handles.

Ⓐ **Long Handled Comb:** 38cm (L)  
PR45014 (£14.16) **£16.99**

Ⓑ **Long Handled Brush:** 35cm (L)  
PR45015 (£14.16) **£16.99**



## DRESSING STICK



Essential for anyone who has difficulty bending and a limited range of movement, or the use of only one arm or hand. A plastic coated combination hook/pusher assists in putting on shirts and jackets, pulling up slacks or skirts, or removing socks. Three versions are available.

Ⓐ **Fixed Length**  
PR55030/18 46cm (£6.66) **£7.99**  
PR55030/27 69cm (£7.08) **£8.49**

Ⓑ **Collapsible**  
PR55030/C 70cm (£20.49) **£24.59**

Each piece measures 37cm when collapsed

## PLASTIC SHOEHORN WITH HOOK



Hooked handle offers a comfortable hold for fingers and may be used to pull up socks or aid dressing.

PR55028 41cm **£2.99**

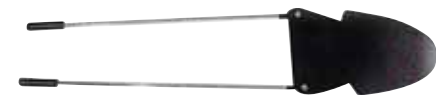
## EASY-PULL SOCK AID



The Easy-Pull Sock Aid allows people with the use of just one hand to shape the trough easily. Large loop handles at the end of the strong, 810cm straps are great for persons with weak grasps.

PR55005 (£12.49) **£14.99**

## LUXURY STOCKING AID



This luxury stocking device is particularly useful for putting on socks or stockings. Strong wire, tong style easy to grip, telescopic handles, and cleverly shaped bendable gutter so socks or stockings can slip over straight on to the foot.

Handle size: 38.1cm (L)

PR55318 (£14.91) **£17.89**

## OEDEMA SOCKS

This cotton rich sock has an extra wide, extra deep cut, perfect for people who suffer from Oedema in the feet and legs. These oversized non-compression socks are 100% elastic free and have an extra wide expansion for a comfortable fit.

PR35180/S Size 4-8 **£10.79**

PR35180/L Size 9-13 **£10.79**

## GOOD GRIPS® SHOEHORN



**BEST SELLER**

This shoehorn offers an extended reach and a secure, cushioned grip. The built-up handle is made of a latex free, rubber-like material and features flexible ribbing that adapts to any grip. Available in 3 different lengths.

Handle size: 3.8cm (D)

PR55010 460mm (L) **£12.69**

PR55011 610mm (L) **£14.09**

PR55012 760mm (L) **£15.29**

## TIGHTS AID



A one-piece flexible aid for tights, with webbing handles attached. The plastic blade is shaped to hold the tights until they can be pulled up within reach.

PR55320 (£6.66) **£7.99**

## SOCK/STOCKING AID



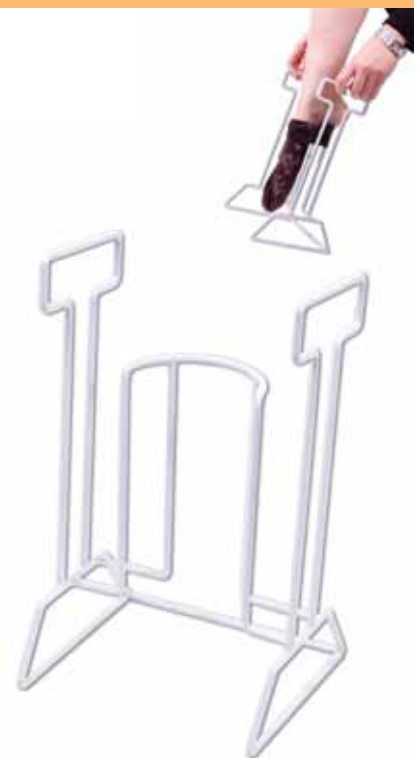
**BEST SELLER**

The unique shape of the flexible Sock Aid keeps socks on the aid until the sock is pulled all the way onto the foot. **Requires the use of two hands.**

Loop handle size: 91cm long

PR55319 (£3.58) **£4.29**

## COMPRESSION STOCKING AID



This Compression Stocking Aid is designed to take the struggle out of putting on Compression Stockings. Convenient handles greatly assist in pulling the stockings up. Simply stretch the stocking over the column, insert toes and pull up with a continuous motion.

Inside column width: 10cm.

PR55321 (£28.99) **£34.79**



# Dressing & Comfort

## THE HIPSHIELD HIP PROTECTOR

The Hipshield can help to prevent a fall becoming an injury and is designed to absorb and deflect impact away from the hipbone. The Hipshield itself is discreet and comfortable to wear and inside the protector is a lightweight honeycomb structure that compresses on impact. The Hipshield just slips into a pair of protector pants and is unobtrusive beneath skirts or trousers.

Pants are available in two styles, male and female, in six sizes based on waist measurement. Made of 95% cotton, each pair has internal pockets that you simply 'slip' the Hip protector into before putting on the garment. Suitable for day or nightwear the Hipshield is available in 'single' or 'triple pack'.

The **single pack** contains one knickers/pants plus two Hip protectors.

The **triple pack** contains three knickers/pants plus two Hip protectors. The perfect solution, one pair to wear, one in the wash and one spare! For sizing see chart below.

### Washing

The Hipshield protectors should be hand washed with warm soapy water and be left to dry. This normally takes around 10 minutes. The undergarments may be washed by hand or in a washing machine at 60-90°.



Single pack	Triple pack	Size	Female waist size
PR20300	PR20300-3	Small	66-71cm (26-28")
PR20301	PR20301-3	Medium	71-76cm (28-30")
PR20302	PR20302-3	Large	76-80cm (30-32")
PR20303	PR20303-3	XL	81-86cm (32-34")
PR20304	PR20304-3	XXL	86-91cm (34-36")
PR20320	PR20320-3	XXXL	91-96cm (36-38")
Single pack	Triple pack	Size	Male waist size
PR20305	PR20305-3	Small	76-81cm (30-32")
PR20306	PR20306-3	Medium	83-89cm (33-35")
PR20307	PR20307-3	Large	91-96cm (36-38")
PR20308	PR20308-3	XL	99-104cm (39-41")
PR20309	PR20309-3	XXL	106-112cm (42-44")
PR20321	PR20321-3	XXXL	111-116cm (44-46")
<b>Price</b>	Single pack	<b>£56.29</b>	
<b>Price</b>	Triple pack	<b>£77.99</b>	

**BEST SELLER**



## COILERS



Easy-to-use Coilers never need tying. Coilers may be tightened or loosened, but never need tying. They have no pressure points and allow natural movement. Fits up to eight pairs of eyelets. **Sold in pairs.**

PR55001	Black	<b>£4.99</b>
PR55002	Brown	<b>£4.99</b>
PR55003	White	<b>£4.99</b>
PR55004	Royal Blue	<b>£4.99</b>

## ELASTIC SHOELACES



Turn a lace-up shoe into a slip-on shoe. Ideal for people with limited back mobility, decreased hip flexion or limited hand dexterity. Lace and tie shoes in the normal manner just once. Shoes can be slipped on or off easily without tying and untying. **Two pairs per package.**

Size: 61cm (L)		
PR55000	Black	<b>£5.29</b>
PR55022	Brown	<b>£5.29</b>
PR55023	White	<b>£5.29</b>

# Dressing & Comfort

## BUNION PROTECTORS



These Bunion Protectors are made from unique polymer gel offering superior pain relief. They conform to the toe area giving all day comfort and provide soft gel support designed to protect enlarged joints and bunions. Universal size. **Sold in pairs.**

PR55036	£1.99
---------	-------

## TOE SEPARATORS



These polymer gel toe separator pads are used to relieve pressure and keep toes apart. If you have painful corns between toes or simply wish to separate the toes then this shaped pad provides comfortable protection.

**Sold in pairs.**

Code	Size	Price
PR55037/SM	S/M	£1.99
PR55037/ML	M/L	£1.99

## TOE PROTECTOR TUBES



These Gel Toe Protector Tubes give all-around toe protection. Cushions and protects toes against pressure and friction. One 10cm length that can be cut/trimmed with scissors to fit toes. **Sold in pairs.**

Code	Size	Price
PR55038/SM	S/M	£1.99
PR55038/ML	M/L	£1.99

## TOE CRESTS



Gel Toe Crests provide Gel comfort for pain caused by hammer, claw, or mallet toes. Fits comfortably between your ball-of-foot and toes, and relieves pressure from the toe area.

**Sold in pairs.**

Code	Size	Price
PR55039/SM	S/M	£1.99
PR55039/ML	M/L	£1.99

## TOE CAPS



Gel Toe Caps are so soft and comfortable, just perfect for protecting and cushioning sore toes. **Sold in pairs.**

Code	Size	Price
PR55040/SM	S/M	£1.99
PR55040/ML	M/L	£1.99

## TOE SPREADERS



The toe spreaders are extremely comfortable due to the polymer's soft conforming properties. Use them to wedge between an overlapping toe or bunion deformity. **Sold in pairs.**

Code	Size	Price
PR55041/SM	S/M	£1.99
PR55041/ML	M/L	£1.99

## BED SOCKS



These protect your feet from the cold but do not apply pressure or restrict circulation. They can be worn in bed or just for lounging. Wash by hand. Do not tumble dry. **Supplied in pairs.**

<b>Medium (4-6)</b>	
PR55033/M	£12.99
<b>Large (7-11)</b>	
PR55033/L	£12.99

## HEEL PROTECTORS



These protect sore and delicate heels and ankles. There are no raised seams around the heel area. Supplied in pairs. Universal. Wash by hand. Do not tumble dry.

PR55034	£18.79
---------	--------

**See Back cover for how to order**

# ORDER FORM

## Customer details

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Post Code \_\_\_\_\_

Daytime Tel No. \_\_\_\_\_

## Delivery Details (If different from customer details)

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Post Code \_\_\_\_\_

Daytime Tel No. \_\_\_\_\_

Code No.	Description	Size	Colour	Qty	Price each	Total

## Payment Method

- ☐ I enclose a cheque/postal order for £ \_\_\_\_\_ or
- ☐ Please charge my Credit Card for the items above ☐ Master ☐ Visa ☐ Switch

Please quote the following information from your card:

Card Number: \_\_\_\_\_

Valid From: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Security Number: \_\_\_\_\_ This is the last 3 digits on the reverse of your credit card

Issue Number: \_\_\_\_\_

(Card Holder)  
Post Code \_\_\_\_\_

Sub Total

Carriage

Total to Pay

£7

95

## Handling and Carriage

A charge of £7.95 is for handling and carriage on all orders. This covers order processing, packaging, handling, insurance and delivery costs.

## Why two Prices - VAT Zero rating

Some of the products in this catalogue are designed specifically for the relief of chronic illness or disability and may be purchased, by those eligible, without paying VAT. The VAT free prices are shown in brackets. For the products which do not illustrate prices in brackets, VAT relief cannot be claimed AND EVERYONE HAS TO PAY VAT.

You can qualify for VAT relief if you are chronically sick or disabled and are purchasing goods for personal and domestic use which are relevant to your disability. To claim VAT relief you must complete in full the declaration on our order form.

## Important VAT Note:

Products that may be VAT exempt have been identified. It is the retailers responsibility whether or not to charge VAT. If VAT is not charged it is also the retailers responsibility to ensure that they obtain a valid VAT exemption certificate approved by customs & excise with every order from buyers that may qualify from paying VAT.

## VAT Declaration - If you qualify for vat zero rating you must complete this section to claim relief from vat on the goods you are ordering. See below for details.

Goods and Services for disabled persons: Eligibility declaration by an individual. I declare that I am / the person for whom I am buying is / chronically sick or disabled by reason of (give a full and specific description of your condition, eg Multiple Sclerosis, Stroke, Rheumatoid Arthritis etc.),

and that I am receiving the goods detailed above which are being supplied to me for domestic or my personal use and claim relief from value added tax under group 12 of schedule 8 to the Value Added Tax Act 1994

Signature \_\_\_\_\_

Date \_\_\_\_\_

## Mail Order

Handling and carriage cost illustrated applies to mainland UK only. Goods ordered by mail order may be returned, for replacement or refund, if not suitable for your use, provided we are notified within 10 days of receipt. This is in addition to your statutory rights. The goods must be unused and in their original packaging. We reserve the right to charge for all carriage costs incurred.

## Delivery

Orders will be delivered to the address shown on the order form by Royal Mail or National Carrier depending upon the size and weight. We aim to despatch within 14 days, but if you have not heard from us within 28 days, please contact us. Items may be sent separately, therefore you may not receive your entire order in one delivery.

## Guarantee

All products within the catalogue are guaranteed against defects in materials or workmanship for one year, from the date of purchase, unless otherwise stated. We recommend regular visual checks to ensure your product is not showing undue signs of wear and tear.

## Money Back Guarantee

If for any reason the products you receive are damaged or faulty, or even unsuitable for your purpose, return them to us unused, in their original packaging, within 14 days of receipt, and we will replace the goods or refund your payment.

## Specialist Advice

For advice regarding the suitability of a product, we recommend that you contact an Occupational Therapist through your local Social Services. Your local Disabled Living Centre may also be able to help. For details of your local centre, call the DLF Helpline on 0870 6039177.

## General Enquiries

If you have a query with your order or need more information on our products, please contact us at:

## Distributed by:



**Able2 UK Ltd**  
Moorgate Street, Blackburn  
Lancashire, BB2 4PB

**Telephone: 01254 619000**

**Facsimile: 01254 619001**

**Email: enquiries@able2.eu**

**www.able2.eu**