

**Walk Around the World
Pedometer
MODEL: PE988
USER MANUAL**

EN

INTRODUCTION

Thank you for selecting the Oregon Scientific™ Walk Around the World Pedometer (PE988).

The PE988 is more than just a traditional pedometer. On top of the traditional features such as step count, distance count and calorie count, this product is designed with the purpose of blending fun, challenges and rewards into the sport of walking.

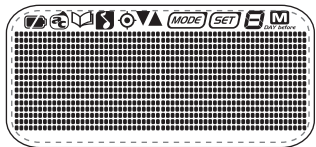
IMPORTANT Do not immerse the pedometer in water.

CONTROL BUTTONS



- SET:** To confirm and move to next setting option
- DISP:** To select options; to increase values
- MODE:** To select modes; to decrease values

LCD



- Indicates battery power is low
- Indicates achieved summary of the trip is displayed
- Indicates targets to achieve of the selected trip is displayed (trip diary)
- Indicates key tone is On
- Indicates target summary of the selected trip plan is displayed
- Indicates the button(s) that can be pressed
- Indicates alarm is ON
- Indicates on which day (1-7) before is the displayed data recorded

GETTING STARTED

ACTIVATE Pedometer (FIRST-TIME USE ONLY)

Remove the battery-saving strip by pulling it out from the battery compartment. The unit will automatically prompt you to set your stride length. Refer to Set Up Mode to set your stride length and other settings.

NOTE The unit will go to Sleep Mode like the screen below then the display will turn off if no movement is detected for 3 minutes; once there is movement detected, the display will turn on.



NOTE To effectively use the pedometer for calculating calorie consumption (based on step count and user body weight) and distance walked (based on step count and length of user's stride), you are advised to set the time and your user data in the Set Up Mode.

CARRYING THE Pedometer

The PE988 is a sensor type pedometer that can detect steps in any dimension it is carried. It can be carried in pockets and handbags or around the neck by using the lanyard provided.

BATTERY REPLACEMENT

The pedometer uses a CR2032 3V battery, which has already been installed.

Indicates battery power is low.

To replace battery:

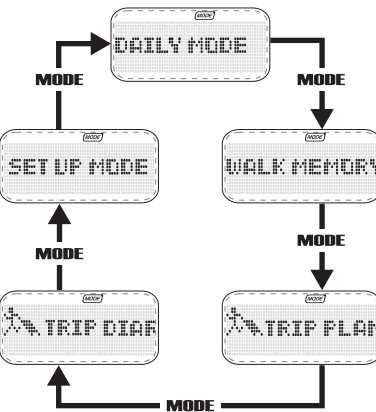


- Use a small Philips screwdriver to remove battery compartment lid.
- Remove the old battery and insert the new one, matching the polarities.
- Replace the lid by screwing it back into place using a small Philips screwdriver.

IMPORTANT When the battery compartment is opened or battery is replaced, all data in the pedometer will be reset.

OPERATION MODES

The PE988 has 5 modes of operation. Press **MODE** to toggle among the 5 modes.



NOTE After a mode is selected, either wait until the moving banner stops to enter the mode you have selected or you can press **SET** to skip the banner.

DAILY MODE

In the Daily Mode, you can view:

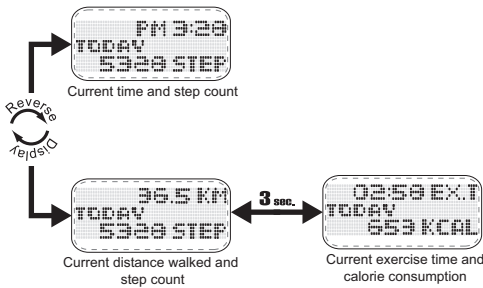
- the time and current step count (default display)
- the current step count, current distance walked, exercise time and calorie consumption (by reverse display of the unit)
- the achieved summary of the selected trip plan (if a trip plan is selected)

NOTE The step count, exercise time, distance walked and calorie consumption values will reset automatically to zero every night at 00:00.

To view the current step count, current distance walked, exercise time and calorie consumption:
Reverse the unit 180° upside down.

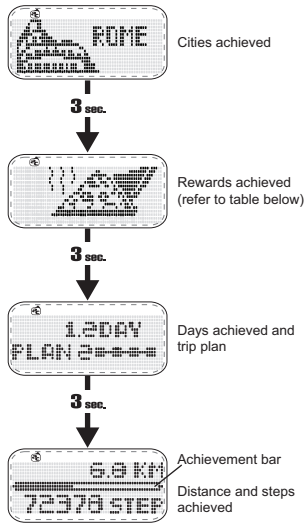
The default display will be changed to show the current distance walked and step count page. After 3 seconds, the unit will auto-toggle to the next page showing the current exercise time and calorie consumption. In reversed display, the unit will auto-toggle between these 2 pages.

To resume default display, reverse the unit to its original position.



To view the accumulated cities, rewards, days, distance and steps achieved of the trip plan (achieved summary):
Press **SET** during the default display.

The cities achieved will be displayed and after 3 seconds, the unit will auto-toggle to show the accumulated rewards, days, distance and steps achieved. The achievement bar shows how far you have achieved before the target. After 3 seconds, it will auto-toggle to the default display.



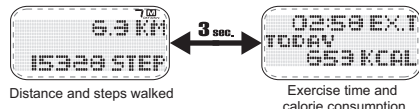
The table below lists the rewards that you will receive if target cities are achieved.

City achieved	Reward to receive
Moscow	Borsch soup
Tokyo	Sushi
Hong Kong	Noodle
London	Tea
New York	Hotdog
Beijing	Beijing duck
Paris	Croissant
Rome	Pizza
Barcelona	Jamon
Zurich	Chocolate
Dubai	Kebab
Sao Paulo	Feijoada
Sydney	Lobster
Cape Town	Fish
Shanghai	Steam bun
Berlin	Pretzel
Stockholm	Herring
Brussels	Waffle

WALK MEMORY MODE

In the Walk Memory Mode, you can view the records of your distance walked, number of steps, exercise time and calorie consumption for the past 7 days.

1. Press **MODE** to toggle to Walk Memory Mode. The unit will auto-toggle between the distance walked and number of steps, and the exercise time and calorie consumption. Press **SET** to fast toggle.



- Press **DISP** or **MODE** to select which day to view: **DISP** to go to the next day, **MODE** to go to the previous day.
- To exit and return to the default display, either keep on pressing **DISP** to toggle through all 7-day records or refrain from pressing any button for at least 3 seconds.

To reset records:

You cannot reset the records manually. The pedometer is designed to automatically reset whenever a new trip plan is selected.

TRIP PLAN MODE

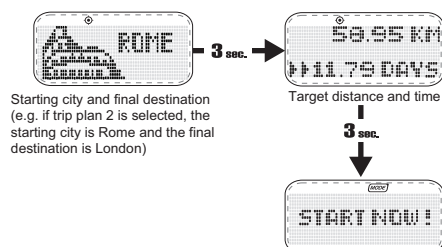
In the Trip Plan Mode, you can select an exercise (trip) plan and achieve its target.

If a trip plan is already selected, this Mode will be hidden automatically. You have to complete the selected trip plan before you can select a new one.

If no trip plan has been selected yet, follow the steps below to select a trip plan.

- Press **MODE** to toggle to Trip Plan Mode.
- The unit will prompt you to select your exercise (trip) plan. You have 6 trip plans to select from (refer to the table below). Press **DISP** to select and **SET** to confirm.

After a trip plan is selected, the unit will auto-toggle and show the screens below. It will finally auto-toggle to the default display; you can then start walking.



- Start walking continuously for 16 steps or more in order for the pedometer to start counting steps. Do this every time you start walking.

The table below lists the 6 trip plans.

TRIP 1			
From	To	Target distance (OS-KM)	Target time to achieve (days)
Berlin	Brussels	6.52	1.30329
Brussels	London	3.20	0.640382
London	Paris	3.38	0.67578
		Total 13.10	Total 2.619452
TRIP 2			
From	To	Target distance (OS-KM)	Target time to achieve (days)
Rome	Zurich	6.92	1.38374
Zurich	Stockholm	14.74	2.947688
Stockholm	Moscow	12.36	2.471424
Moscow	London	24.94	4.9879
		Total 58.95	Total 11.790752
TRIP 3			
From	To	Target distance (OS-KM)	Target time to achieve (days)
Tokyo	Hong Kong	28.96	5.7924
Hong Kong	Shanghai	12.53	2.506822
Shanghai	Beijing	10.62	2.12388
Beijing	Dubai	58.47	11.694212
		Total 110.59	Total 22.117314
TRIP 4			
From	To	Target distance (OS-KM)	Target time to achieve (days)
Barcelona	Sao Paulo	87.64	17.528446
Sao Paulo	Cape town	63.56	12.7111
Cape town	Brussels	94.90	18.979764
Brussels	Rome	11.83	2.36523
		Total 257.92	Total 51.58454
TRIP 5			
From	To	Target distance (OS-KM)	Target time to achieve (days)
New York	Shanghai	118.42	23.68448
Shanghai	Stockholm	77.80	15.55903
Stockholm	Hong Kong	82.36	16.472942
Hong Kong	Dubai	59.16	11.832586
Dubai	Brussels	51.57	10.31369
Brussels	Sao Paulo	96.36	19.272602
		Total 485.68	Total 97.13533
TRIP 6			
From	To	Target distance (OS-KM)	Target time to achieve (days)
Barcelona	Stockholm	22.94	4.588688
Stockholm	London	14.35	2.870456
London	Sydney	169.94	33.988516
Sydney	Tokyo	77.96	15.59121
Tokyo	Berlin	89.12	17.824502
Berlin	London	9.30	1.860004
London	Beijing	81.25	16.2509
Beijing	Sao Paulo	175.94	35.18883
		Total 640.82	Total 128.163286

NOTE:

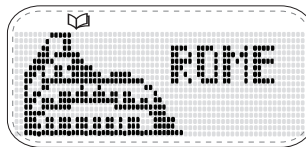
- 1 km = 1/100 OS-KM
- Walking faster and with longer strides can achieve the target within lesser days.

TRIP DIARY MODE

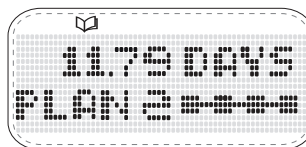
In the Trip Diary Mode, you can view your trip plan's detailed target summary. If no trip plan is selected, this Mode will be hidden automatically.

Press **MODE** to toggle to Trip Diary Mode. The unit will auto-toggle every 3 seconds, showing the following:

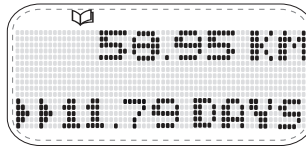
- All starting and destination cities



- The selected trip plan, total days to achieve and total destination count



- The total distance and days to achieve



SET UP MODE

In the Set Up Mode, you can set your stride length, weight, time, alarm and key tone.

- Press **MODE** to toggle to Set Up Mode.
- Wait for the setting option to flash, then press **DISP** or **MODE** to select option.
- Press **SET** to confirm and move to the next setting option.

The setting sequence is:

- stride length unit (cm / in) [press **DISP**]
- stride length value [press **DISP** or **MODE**]
- weight unit (kg / lb) [press **DISP**]
- weight value [press **DISP** or **MODE**]
- time format (12 / 24) [press **DISP**]
- time (hour and minute) [press **DISP** or **MODE**]
- alarm On/Off [press **DISP**]
- alarm time (hour and minute) (if alarm On is selected) [press **DISP** or **MODE**]
- key tone On/Off [press **DISP**]

To silence an activated alarm:

Press any button to silence an activated alarm. If not deactivated, the alarm will be activated at the same time the following day.

ANIMATION

The table below lists the scenarios that are associated with the animations featured in this pedometer.

SCENARIO	ANIMATION
If you successfully complete the trip within target	<p>Press SET if you want to select your next trip then follow steps 2 and 3 in Trip Plan Mode, or press MODE to exit.</p>
If you fail to complete the trip within target	<p>Press SET if you want to select a new trip then follow steps 2 and 3 in Trip Plan Mode, or press MODE to exit.</p>
If there is no activity for 24 hours	<p>Back to default display</p>

SPECIFICATIONS

Real time clock	12 / 24 format with hour / minute
Step measurement range	0 – 99,999 steps
Distance measurement range	0 – 9999.99 km (0 – 621 miles)
User adjustable stride length	28 – 152 cm (11 – 60 inches)
Calorie measurement range	0 – 99,999 kcal
Body weight range	29 – 154 kg (64 – 340 lbs)
Exercise timer range	99 hr 59 min 59 sec
Water resistance	No
Power	1 x CR2032 3V battery
Operating temperature	-10°C to 40°C (14°F to 104°F)
Storage temperature	-20°C to 60°C (-4°F to 140°F)

PRECAUTIONS

To ensure you use your product correctly and safely, read these warnings and the entire user manual before using the product:

- Use a soft, slightly moistened cloth. Do not use abrasive or corrosive cleaning agents, as these may cause damage. Use lukewarm water and mild soap to clean the device thoroughly after each training session. Never use the product in hot water or store it when wet.
- Do not subject the product to excessive force, shock, dust, temperature changes, or humidity. Never expose the product to direct sunlight for extended periods. Such treatment may result in malfunction.
- Do not tamper with the internal components. Doing so will terminate the product warranty and may cause damage. The main unit contains no user-serviceable parts.
- Do not scratch hard objects against the LCD display as this may cause damage.
- Take precautions when handling all battery types.
- Remove the batteries whenever you are planning to store the product for a long period of time.
- When replacing batteries, use new batteries as specified in this user manual.
- The product is a precision instrument. Never attempt to take this device apart. Contact the retailer or our customer service department if the product requires servicing.
- Do not touch the exposed electronic circuitry, as there is a danger of electric shock.
- Check all major functions if the device has not been used for a long time. Maintain regular internal testing and cleaning of your device. Have your device serviced by an approved service centre annually.
- When disposing of this product, ensure it is collected separately for special treatment and not as normal household waste.
- Due to printing limitations, the displays shown in this manual may differ from the actual display.
- The contents of this manual may not be reproduced without the permission of the manufacturer.

NOTE The technical specifications for this product and the contents of the user manual are subject to change without notice.

NOTE Features and accessories will not be available in all countries. For more information, please contact your local retailer.

ABOUT OREGON SCIENTIFIC

Visit our website (www.oregonscientific.com) to learn more about Oregon Scientific products.

If you're in the US and would like to contact our Customer Care department directly, please visit: www2.oregonscientific.com/service/support.asp

For international inquiries, please visit: www2.oregonscientific.com/about/international.asp.

EU-DECLARATION OF CONFORMITY

Hereby, Oregon Scientific, declares that this Walk Around the World Pedometer (Model: PE988) is in compliance with EMC directive 2004/108/EC. A copy of the signed and dated Declaration of Conformity is available on request via our Oregon Scientific Customer Service.

