

User Guide





User Guide for Nokia 6800 Phone

What information is needed?	Numbers	Where is the number?
My number		Wireless service provider
Voice mail number		Wireless service provider
Wireless provider's number		Wireless service provider
Provider's customer care		Wireless service provider
Model number		Label on back of phone (under battery). See "Find the phone's label" on page 18.
Phone type		Back of title page
IMEI number (also known as Electronic serial number or ESN)		Label on back of phone (under battery). See "Find the phone's label" on page 18.

The wireless phone described in this guide is approved for use in the 850 and 1900 GSM networks in North and South America.

LEGAL INFORMATION

Part No. 9357899. Issue No. 1

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Printed in Canada 04/2003

US Patent No 5818437 and other pending patents.

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Includes RSA BSAFE cryptographic or security protocol software from RSA Security.



Java is a trademark of Sun Microsystems, Inc.

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FCC/INDUSTRY CANADA NOTICE

Your phone may cause TV or radio interference (for example, when using a telephone in close proximity to receiving equipment). The FCC or Industry Canada can require you to stop using your telephone if such interference cannot be eliminated. If you require assistance, contact your local service facility. This device complies with part 15 of the FCC rules. Operation is subject to the condition that this device does not cause harmful interference.

The term "IC:" before the certification/registration number only signifies that Industry Canada technical specifications were met.

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1 For your safety

Read these simple guidelines. Breaking the rules may be dangerous or illegal. Further detailed information is given in this manual.



Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.



ROAD SAFETY COMES FIRST

Don't use a hand-held phone while driving.



INTERFERENCE

All wireless phones may get interference, which could affect performance.



SWITCH OFF IN HOSPITALS

Follow any regulations or rules. Switch the phone off near medical equipment.



SWITCH OFF IN AIRCRAFT

Wireless devices can cause interference in aircraft.



SWITCH OFF WHEN REFUELLING

Don't use the phone at a refuelling point. Don't use near fuel or chemicals.



SWITCH OFF NEAR BLASTING

Don't use the phone where blasting is in progress. Observe restrictions, and follow any regulations or rules.



USE SENSIBLY

Use only in the normal position. Don't touch the antenna unnecessarily.



QUALIFIED SERVICE

Only qualified personnel may install or repair phone equipment.



OBSERVE INFRARED PRECAUTIONS

Do not point the IR beam at anyone's eyes or allow it to interfere with other IR devices.



ENHANCEMENTS AND BATTERIES

Use only approved enhancements and batteries. Do not connect incompatible products.



WATER-RESISTANCE

Your wireless phone is not water-resistant. Keep it dry.



BACKUP COPIES

Remember to make backup copies of all important data.



CONNECTING TO OTHER DEVICES

When connecting to any other device, read its user's guide for detailed safety instructions. Do not connect incompatible products.



FUSE REPLACEMENT

Replace a blown fuse with a fuse of the same type and size. Never use a fuse with a higher rating!



CALLING

Ensure the phone is switched on and in service. Enter the phone number, including the area code, then press . To end a call, press . To answer a call, press .



EMERGENCY CALLS

Ensure the phone is switched on and in service. Press as many times as needed (e.g. to exit a call, to exit a menu, etc.) to clear the display. Enter the emergency number, then press . Give your location. Do not end the call until told to do so.

ABOUT ENHANCEMENTS

Check the model number of any charger before use with this device. This device is intended for use when supplied with power from ACP-12 and LCH-12.



Warning: Use only batteries, chargers and enhancements approved by the phone manufacturer for use with this particular phone model. The use of any other types may invalidate any approval or warranty applying to the phone, and may be dangerous.

For availability of approved enhancements, please check with your dealer. When you disconnect the power cord of any enhancement, grasp and pull the plug, not the cord.

2 An overview of functions

MESSAGING CONCEPT

Your phone combines the functions of a normal mobile phone and a messaging device. With the flip closed, you can use all the functions of the phone like in any other mobile. By opening the flip of the phone, you will find an additional messaging keyboard that is especially designed for easy text writing. See "Writing text" on page 31.

MULTIMEDIA MESSAGING SERVICE (MMS)

Your phone is able to send and receive multimedia messages made up of text and pictures. You may also be able to send and receive polyphonic ringing tones, and save pictures and ringing tones to personalize your phone. See "Multimedia messages" on page 49 for more information.

POLYPHONIC SOUND (MIDI)

Polyphonic sounds are used in ringing tones, alarm clock tones and message alert tones. They consist of several sound components played at the same time, like an actual melody through a speaker. Your phone has sound components from over 40 instruments that can be used for polyphonic sounds but the phone can play four instruments simultaneously. The phone supports scalable polyphonic MIDI (SP-MIDI) format.

You can receive polyphonic ringing tones using multimedia service, (see "Reading and replying to a multimedia message" on page 50), or download them to the gallery menu, see "Gallery (Menu 8)" on page 77 for more information.

GENERAL PACKET RADIO SERVICE (GPRS)

GPRS technology allows mobile phones to send and receive data over a mobile network. Applications such as WAP, MMS and SMS messaging, and Java may use GPRS.

Your phone supports up to three simultaneous GPRS connections. For more information on GPRS, see "GPRS" on page 89. Also, consult the PC Connectivity Guide. The PC Connectivity guide, Nokia PC Suite, and all related software can be downloaded from the U.S. Mobile Phone products section of www.nokia.com.

Before you can use GPRS technology

Contact your network operator or service provider for availability and subscription to the GPRS service. Also, save the GPRS settings for each of the applications used over GPRS.

PRICING FOR GPRS AND APPLICATIONS

Your wireless provider may charge for GPRS services. For more information on pricing, contact your wireless provider.

SPEAKERPHONE

You can use your phone as a speakerphone during a call. To activate the speakerphone, press **Loudsp**. To deactivate the speakerphone during a call, press **Handset**. The speakerphone deactivates when you end the call or when you connect a headset.

MIDP IAVA APPLICATIONS

Your phone supports Java and includes some Java applications and games that have been specially designed for mobile phones. You may be able to download new applications and games to your phone from a PC with a Java installer software or from some mobile Internet services. See "Applications (Menu 10)" on page 79 for more information.

FM RADIO

Your phone has an integrated FM radio. You can listen to the radio through a headset, the music stand, or the handsfree speaker (headset must be attached). Also, you can use the radio as an alarm tone. See "Set the alarm tone" on page 70 and "Radio (Menu 7)" on page 74 for more information.

OVER THE AIR (OTA) SETTINGS SERVICE

In order to use WAP, MMS, GPRS and other wireless services, you need to have proper settings on your phone. You may receive the settings directly as an OTA message and you only need to save the settings on your phone. For more information on the availability of the settings, contact your network operator, service provider or the nearest authorized Nokia dealer.

SHARED MEMORY

The following features in this phone may share memory: contacts, text and multimedia messages, images and ringing tones in gallery, calendar, to-do lists, notes application, Java games and applications, and e-mail. Using any such features may reduce the memory available for any features sharing memory. This is especially true with heavy use of any of the features, although some of the features may have a certain amount of memory specially allotted to them in addition to the amount of memory shared with other features. For example, saving many images, bookmarks, Java applications, or other features sharing memory may take all of the shared memory and your phone may display a message that the memory is full. In this case, delete some of the information or entries stored in the shared memory features before continuing.

3 Welcome and quick guide

Congratulations on your purchase of the Nokia 6800 mobile phone. Your phone provides many functions which are practical for daily use, such as a Calendar, Radio, Alarm clock, Calculator, Notepad and more. Your phone can also connect to a PC, laptop, or other device using the built-in IR port or data cable (sold separately). For more information on connectivity, refer to the Nokia 6800 PC Connectivity Guide. The PC Connectivity guide, Nokia PC Suite, and all related software can be downloaded from the U.S. Mobile Phone products section of www.nokia.com/us.

GET THE MOST OUT OF THIS GUIDE

The tips that follow can help you get the most from this guide as you learn to use your phone.

I FARN TEXT CONVENTIONS

This user guide provides text clues to help make instructions clear and easy to follow. The following clues are called conventions:

- Bold. The word or phrase appears on the phone's display
- Italics. Indicates emphasis. Pay close attention to any information in italics

Follow graphic clues

This guide uses certain icons to alert you to important information.



Tip: Indicates a shortcut or alternate method of doing something.



Note: Explains a feature or points out an important concept.



Important: Indicates critical information on using a feature.



Caution: Warns when you may lose information.



Warning: Helps you avoid personal injury, damage to the phone, or property damage.

Look for updates

From time to time, Nokia updates this guide to reflect changes. The latest version may be available at www.nokia.com/us.

Also, an interactive tutorial may be available at www.nokiahowto.com.

LEARN ABOUT ACCESSIBILITY SOLUTIONS

Nokia is committed to making mobile phones easy to use for all individuals, including those with disabilities. Nokia maintains an internet site that is dedicated to accessibility solutions. For more information about phone features, enhancements, alternate format user guides, and other Nokia products designed with your needs in mind, visit the website at www.nokiaaccessibility.com or call 1-888-665-4228 for more information. This user guide is available in alternate formats, such as braille, large print, audiocassette, and e-text (documents on disk, in Microsoft Word or WordPerfect format).

UNDERSTAND WIRELESS NETWORK SERVICES

The wireless phone described in this guide is approved for use on the GSM 850 and 1900 networks

A number of features in this guide are called network services. These are special services that you arrange through your wireless service provider. Before you can take advantage of any of these network services, you must subscribe to them through your wireless provider and obtain instructions for their use from your service provider.

REGISTER YOUR PHONE

Make sure to register your phone at www.warranty.nokiausa.com or 1-888-NOKIA-2U (1-888-665-4228) so that we can serve your needs better if you should need to call the center or have your phone repaired.

E-NEWSLETTERS

When you register your phone, you can sign up for Nokia's e-newsletter Nokia Connections if you would like. You will receive tips and tricks on using your phone, enhancement information, and special offers.

UNDERSTAND YOUR PHONE

With flip closed

- Power key Press and hold until the screen lights up, indicating the phone has switched on. Press and release to display a list of profiles. Also when the keypad is locked, press and release to turn on the phone's display lights for about 15 seconds.
- 2 Volume key Adjusts the volume of the earpiece, the headset and the loudspeaker.
- 3 Selection keys

 and . The
 function of the keys
 depends on the text

shown on the display above the keys; for example **Menu** and **Contacts** in standby mode.

4 Four-way joystick □

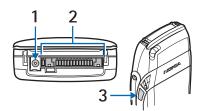
Enables scrolling through names, phone numbers, menus or settings. The four-way joystick also moves the cursor up, down, right, and left in text writing, calendar, and in some game applications.

- 5 dials a phone number, and answers a call. In standby mode it shows the most recently called number.
- 6 ends an active call, or exits from any function.
- 7 Use the keypad to enter numbers and characters.

 1 OD ABC DEF 4 SHI JEL MAD 7 PORRS BU WXYZ D
- 8 Earpiece.

Connectors

- 1 Charger connector
- 2 Pop-portTM connector
- 3 IR window



Antenna







Flip open

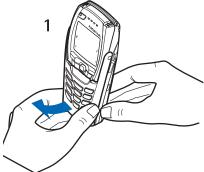
Your phone has a built-in antenna. As with any other radio transmitting device, avoid touching the antenna while the phone is powered up. Contact with the antenna affects call quality and may cause the phone to operate at a higher power level than necessary.

Hold the phone as shown below, with the antenna area pointed up.

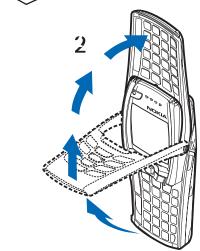


Opening the flip

1 Hold the phone with both hands and open the flip as shown.

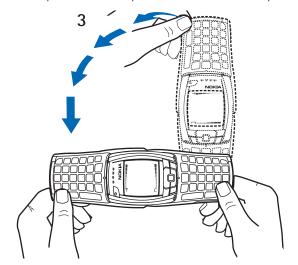


2 Turn the flip until you hear it click into place.

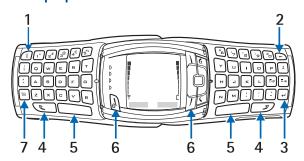


Note: When you close the cover, be careful not to pinch your fingers.

3 Turn the phone to horizontal position and hold it as shown in picture.



With flip open



- 1 Keyboard light key ♀ switches the keyboard light on or off to provide additional lighting while using the keyboard.
- 2 Backspace ← deletes characters.
- 3 Enter key ← forces line feed in text editing.

- 4 Shift keys enter upper case letters and symbols. You can either press the shift key first and then the desired key or press both keys at the same time.
- 5 Space bar keys enter a space.
- 6 The function of these keys depends on the text shown in the display next to the keys; for example, Menu or Contacts in standby mode. Press and hold to switch on the phone.
- 7 Character key :::: opens a set of characters and symbols.

Battery

CHARGE THE BATTERY

- 1 Plug the charger in to a standard ac outlet.
- Insert the charger output plug into the round connector at the bottom end of the phone.

After a few seconds, the battery indicator in the display starts to scroll from bottom to top. If the battery is completely discharged, it may take a few minutes before the charging indicator appears on the display or any calls can be made.





Tip: You can use the phone while the charger is connected.

IMPORTANT BATTERY INFORMATION



Important: Your phone is powered by a rechargeable battery. The Nokia 6800 phone uses only the BLC-2 Li-Ion battery.

Use only batteries approved by Nokia and recharge your battery only with the chargers approved by Nokia. Never use any charger or battery which is damaged.

The battery can be charged and discharged hundreds of times but it will eventually wear out. When the operating time (talk-time and standby time) is noticeably shorter than normal, it is time to buy a new battery.

PROLONG THE BATTERY LIFE

Use the following guidelines to obtain the best performance from your battery:

With your phone turned off, charge your new battery for three hours before
its first use. Use the battery until it is fully discharged. Repeat this procedure
twice for a total of three charging cycles.

- Note that a new battery's full performance is achieved only after two or three complete charge and discharge cycles. Battery operation time may be less than the estimated times during the first charges. This condition is normal.
- You can use your phone while the battery is charging. However, if the battery
 is completely empty, it may need to recharge a few minutes before you can
 make or receive calls or the battery indicator appears.
- After the first charge, you can make and receive calls during the charging cycle, but the calls interrupt the charge. When the phone call ends, the charge will resume.
- The bars on the screen stop scrolling and remain constant when the phone is fully charged. If you switch the phone on when charging is complete, the message Battery full momentarily appears in the display.

Charging time depends on the charger and the battery used. For example, charging a BLC-2 battery with the ACP-12 charger takes about two hours in standby mode.



Important: When the phone's battery is fully charged, be sure to disconnect the phone from the charger.

REMOVE THE BACK COVER

With the back of the phone facing you, push the back cover release button.



Note: Before removing the cover, always switch off the power and disconnect the charger and any other device. Avoid touching electronic components while the cover is removed. Always store and use the device with the cover attached.



REMOVE THE BATTERY

After you have removed the back cover, insert your finger into the finger grip and lift the battery from its compartment.



Install the SIM card



Warning: Keep all SIM cards out of reach of small children.

- The SIM card and its contacts can easily be damaged by scratches or bending, so be careful when handling, inserting or removing the card.
- Before installing the SIM card, always make sure that the phone is switched off and that you have removed the cover and battery.
- Slide the SIM card holder toward the left.



- 2 Swing the SIM card holder open.
- 3 Insert the SIM card into the holder, (beveled corner last) and the gold contacts facing toward the top end of the phone.



4 Close the SIM card holder and slide it back into place.



REPLACE THE BATTERY



Note: The SIM card must be installed *before* installing the battery.

Position the battery so the gold contacts match up with those on the phone. The battery label should be facing *away* from the phone.



REPLACE THE BACK COVER

Place the top of the back cover on the locking catches on the front in the top of the phone.



2 Slide the back cover until it locks into place.

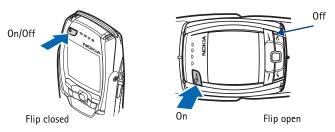


SWITCH YOUR PHONE ON OR OFF



Warning: Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

To turn your phone on or off, press and hold the power key for at least 3 seconds.





Note: In the flip open mode, press — to turn off the phone.

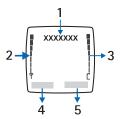
If the phone displays **Insert SIM card** even though the SIM card is properly inserted, or **SIM card not supported**, contact your wireless provider.

Enter the PIN code or security code if necessary and press OK.

• CHECK THE START SCREEN

The start screen is "home base" and indicates your phone is in idle mode.

- Indicates in which cellular network the phone is currently being used.
- 2 Shows the signal strength of the cellular network at your current location. The higher the bar, the stronger the signal.
- 3 Shows the battery charge level. A higher bar indicates more power in the battery.
- 4 The left selection key is Menu.
- 5 The right selection key is Contacts.



• GET STARTED WITH THE QUICK GUIDE

021 017 1111	201011 0012	
Messaging		
Check voice mail	Press and hold ¹ o OR dial your voice mailbox number.	
Write and send a text message	Press the joystick to the left, write the message, press Options , scroll to Send , press Select , enter the recipient's number, then press OK .	
Read a new message	Press Show , then press Select .	
Reply to a message	Press Options , select Reply , write the reply, press Options , select Send , and press OK .	
Send a MMS	Press Menu, select Messages, Multimedia msgs., Create message, write the message, press Options, select Insert image, or Insert sound clip, choose from the list, select Send to number or Send to E-mail, enter number (or e-mail address), press OK.	
Read MMS	Press Show to view (or Exit to view later), press Options , select desired option.	
SMS E-mail - Send	Press Menu, Messages, scroll to Create e-mail, press Select, enter e-mail address, press OK, enter Subject, press OK, write e-mail, press Options, select Send e-mail, enter e-mail server number, press OK.	
SMS E-mail - Reply	Press Show, press Options, scroll to Reply, press Select, choose an option, write reply, press Options, scroll to Send, press Select., enter number, press OK.	
Java TM E-mail – Read new messages	Press Menu, select Messages, E-mail, Open, Retrieve, press Select, When messages are retrieved scroll to a message an press Select.	
Java E-mail - Send	Press Menu, select Messages, E-mail, Open, Create e-mail, enter e-mail address, press Options, select Save, enter subject, press Options, select Save, write e-mail, press Options, select Send e-mail, select Send now.	
Java E-mail - Reply	Read message, press Options , select Reply , choose reply option, write reply, press Options , select Send e-mail , then choose Send now or later .	
Browser	Press Menu-13, select Home, follow directions on screen.	
Personal Information Ma	anager	
Notes	Open flip, press any letter key, write the note.	
Calendar	Move joystick to right, or press Menu, select Organizer and Calendar	
Send a business card	Recall contact, press Details , then Options , scroll to Send bus. card , press Select , scroll to Via text message , press Select , enter recipient's number, press OK .	
Fun and games		
FM radio	Attach headset, press Menu-7; press headset button to change channels; press and hold to turn radio off	
Games	Press Menu-9, select Select game, scroll to game, press Options, select Open	

MENU SHORTCUTS Welcome and quick quide Full list of shortcuts on page 23 8 **GALLERY** MESSAGES GAMES Text messages 0-1-1 1 Select game..... 9-1 Multimedia msgs..... 0-1-2 Game downloads 9-2 3 E-mail 0-1-3 Memory 9-3 4 Voice messages 0-1-4 Settings...... 9-4 5 Info messages 0-1-5 6 Message settings 0-1-6 10 APPLICATIONS 7 Service commands 0-1-7 Select application..... 10-1 App. downloads 10-2 2 CALL LOG Memory 10-3 1 Missed calls......2-1 2 Received calls 2-2 11 **EXTRAS** 3 Dialed numbers 2-3 Calculator 11-1 4 Delete recent call lists 2-4 Voice recorder 11-2 5 Call timers 2-5 3 Voice commands. 11-3 6 GPRS Data counter 2-6 Countdown timer 11-4 7 GPRS Connection timer . . . 2-7 Stopwatch..... 11-5 3 **PROFILES** 12 CONNECTIVITY 1 Infrared 12-1 2 Silent 3-2 GPRS 12-2 3 Meeting 3-3 Synchronization 12-3 13 SERVICES * 5 Pager 3-5 *Your service provider may have SETTINGS requested that certain features not 1 Right selection key be activated in your phone. If so, they settings 4-1 will not appear in the menu. Contact 2 Time and date settings.... 4-2 your service provider for more information. 4 Phone settings......4-4 5 Display settings..... 4-5 6 Tone settings..... 4-6 7 Accessory settings 4-7

NOTES

RADIO

ORGANI7FR

5

6

7

8 Security settings..... 4-8 9 Restore factory settings... 4-9

1 Alarm clock 5-1 2 Calendar 5-2 3 To-do list 5-3

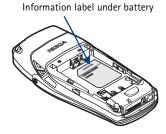
GET HELP

Find the phone's label

If you need help, Nokia Customer Care is available for assistance. Before calling, however, please read "Frequently asked questions" on page 116.

We also recommend that you write down the following information so it can be available if you call. The information can be found on back of the phone, beneath the battery.

- The International Mobile Equipment Identifier (IMEI)
- We also ask that you write down your zip code.



Contact Nokia

Please have your phone or enhancement with you when contacting either of the numbers below.

Nokia Customer Care Center, USA	Customer Care Center, Canada	
Nokia Inc. 7725 Woodland Center Boulevard Suite 150 Tampa, Florida 33614 Tel: 1-888-NOKIA-2U (1-888-665-4228) Fax: 1-813-249-9619 TTY: 1-800-24-NOKIA (hearing impaired only)	Nokia Products Ltd. 601 Westney Road South Ajax, Ontario L1S 4N7 Tel: 1-888-22-NOKIA (1-888-226-6542) Fax: 1-905-427-1070	

Contact your service provider

To use the network services available in your phone, you will need to sign up with a wireless provider. In many cases, the wireless provider will make available descriptions of their services and instructions for using features such as:

- Voicemail and voice privacy
- · Call waiting, call forwarding, and caller ID
- Messaging (e-mail, IM, SMS, MMS)
- News and information services
- Selected Internet services

Wireless providers may differ in their support of features. Before you sign up, make sure a wireless provider supports the features that you need.

Receive accessibility information



Note: Nokia is committed to making mobile phones easy to use for all individuals, including those with disabilities. For more information, visit www.nokiaaccessibility.com.

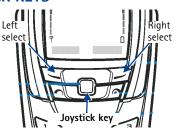
Indicators and icons

📆 or 🕭 🏻 the phone.

lcon	Indicates
	You have one or more text or picture messages. See "Reading a message" on page 46.
@	You have one or more multimedia messages. See "Reading and replying to a multimedia message" on page 50.
QΩ	You have one or more voice messages. See "Voice messages" on page 59.
- 0	Your phone's keypad is locked. See "Security keyguard" on page 65.
*	Your phone is set to the Silent profile. "Profiles (Menu 3)" on page 62.
A	The alarm clock is set to On . See "Organizer (Menu 5)" on page 70.
Θ	The countdown timer is running. See "Countdown timer" on page 87.
œ	The stopwatch timing is running in the background. See "Stopwatch" on page 87.
G	A GPRS dial-up connection is established. See "GPRS" on page 89.
3	You have an incoming or outgoing call during a GPRS dial-up connection. GPRS is suspended.
þ···	IR connection indicator. See "Infrared" on page 88.
و	Forward all voice calls. All calls are forwarded to another number. If you have two phone lines, the indicator for line 1 is 1 and for line 2 2.
2	If you have two phone lines, this indicates that line 2 is active. See "Phone settings" on page 65.
데))	Speakerphone is active.
T.	Calls are limited to a closed user group. See "Caller groups" on page 42.
©	The timed profile is selected. See "Profiles (Menu 3)" on page 62.
۵, ه.,	A headset, handsfree, loopset, or TTY accessory is connected to

SELECTION AND JOYSTICK KEYS

Below each corner of the display are the selection keys. Press when Menu appears above it to show the first of numerous menus. Page through the rest of the menus using the joystick key . Press when Contacts appears above it to enter the Contacts list.





Tip: Press □ up or down from the start screen to view any entries in the Contacts. Press □ left to begin writing a text message, or press □ right to view the calendar



Note: You can customize the right selection key to access other features. See "Right selection key settings" on page 62.

Four-way scrolling

In features such as the calendar monthly view, text messages, and special characters, you can move the cursor up and down as well as left and right with the joystick key.

BROWSE PHONE MENUS

Your phone's features are grouped according to function and are accessed through your phone's main menus. Each main menu contains submenus and lists from which you can select or view items, and customize your phone's features. You can access these menus and submenus by using the scroll method or by using a shortcut.

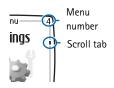


Note: Some features may not be available, depending on your network. For more information, contact your wireless provider.

The scroll method

1 At the start screen, press **Menu**, then press □ to scroll through the main menus.

As you scroll through the menus, the menu number appears in the upper right corner of the display. Below the menu number is a scroll bar with a tab. The tab moves up or down as you scroll through the menus, providing a visual representation of your current position in the menu structure.



- When you arrive at a menu, press **Select** () to enter the submenus.
- Press Back () to return to the previous menu
- Press A to return to the start screen from any menu or submenu

Shortcuts

You can go directly to almost any menu or submenu, as well as activate most features by using a shortcut.

Press **Menu**, then within 3 seconds, press the key or keys associated with the menu function you'd like to view or activate.

For example, to select the **Meeting** profile, press **Menu** > ³**Profiles** > ³**Meeting** > ¹**Select**. After a brief pause, the **Meeting** profile is activated.

A complete list of shortcuts begins on the following page.

Check in-phone help

Many features have brief descriptions (help text) which can be viewed on the display. To view these descriptions, scroll to a feature and wait for about 10 seconds. Press **More** to view all of the description (if necessary), or press **Back** to exit.

ACTIVATE OR DEACTIVATE HELP TEXT

- 1 At the start screen, press Menu, then select Settings, Phone settings, and Help text activation.
- 2 After a brief pause, **On** and **Off** appear in the display.
- 3 Scroll to **On** or **Off** and press **Select**.

A confirmation message appears in the display indicating your selection.

• MENU SHORTCUTS

1

MESSAGES	2	CALL LOG
1 TEXT MESSAGES0-1		1 MISSED CALLS 2-1
1 Create message 0-1-1-1		2 RECEIVED CALLS2-2
2 Inbox0-1-1-2		3 DIALED NUMBERS2-3
3 Create e-mail 0-1-1-3		4 DELETE RECENT CALL
4 Sent items 0-1-1-4		LISTS2-4
5 Archive 0-1-1-5		1 All2-4-1
6 Templates0-1-1-6		2 Missed 2-4-2
7 My folders 0-1-1-7		3 Received 2-4-3
8 Distribution lists 0-1-1-8		4 Dialed 2-4-4
9 Delete messages 0-1-1-9 2 MULTIMEDIA MSGS 0-1-2		5 CALL TIMERS2-5
		1 Duration of last call 2-5-1
1 Create message 0-1-2-1		2 Duration of received
2 Inbox		calls 2-5-2
4 Sent items 0-1-2-4		3 Duration of dialed
5 Saved items 0-1-2-5		calls 2-5-3
6 Delete messages 0-1-2-6		4 Duration of all calls 2-5-4
3 E-MAIL0-1-3		5 Clear timers 2-5-5
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messages 0-1-4-1		session 2-6-1 2 Data received
2 Voice mailbox		2 Data received in last session 2-6-2
number 0-1-4-2		3 All sent data 2-6-3
5 INFO MESSAGES 0-1-5		4 All received data 2-6-4
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4 Info topics saved on		1 Duration of last session . 2-7-1
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The fi	4 Vibrating alert4-6-4
SETTINGS	5 Message alert tone4-6-5
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	7 Warning tones 4-6-7
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2 Organize4-1-2 2 TIME AND DATE	(Appears after accessory connected)
	1 Headset
SETTINGS 4-2	2 Handsfree 4-7-2
1 Clock 4-2-1	3 Loopset4-7-3
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2 Color schemes 4-5-2	1 SELECT GAME 9-1
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4 Call functions

FLIP CLOSED

Making a call

1 Key in the phone number, including the area code.

If you make a mistake, press **Clear** to delete a single number. Press and hold **Clear** to erase the entire field of numbers.

For international calls, press *+ twice for the international prefix or + if the flip is open, (the + character replaces the international access code) and then key in the country code, the area code without the leading 0, if necessary, and finally the phone number.

- 2 Press to call the number.
- 3 Press ro end the call.

See also "Options during a call" on page 29.

Making a call using Contacts

- 1 Press O down to see the Contacts list.
- 2 Scroll to the name/number you want and press .

See "Contacts" on page 35 for more details. Use this feature the same way with the flip open or closed.

Last number redialing

In standby mode, press \frown twice to call the last number you dialed.

OR

Press , scroll to the number you want, and press again. Your phone stores the last 20 numbers dialed. Use this feature the same way with the flip open or closed.

Calling your voice mailbox

In standby mode, press and hold $^{1}\omega$, or press $^{1}\omega$ and $^{2}\omega$.

If the phone asks for the voice mailbox number, key it in and press **OK**. See also "Voice messages" on page 59 for more details.

Using 1-touch dialing

See "Activate 1-touch dialing" on page 38 to set up this feature.

After set up, press and hold the assigned key ($\frac{2}{M_{BE}} - w_{xx} = \frac{9}{2}$) until the call begins.

Conference calls

Conference calling is a network service that allows up to six persons to take part in a conference call. Use this feature the same way with the flip open or closed.

MAKE A CONFERENCE CALL

- 1 Make a call to the first participant.
- 2 To make a call to a new participant, press **Options** and select **New call**.
- 3 Key in, or retrieve from the memory, the phone number of the new participant and press Call. The first call is put on hold.
- 4 When the new participant answers, press Options and select Conference to join the first participant in the conference call.
- 5 To add a new participant to the call, repeat steps 2-4.

END THE CONFERENCE CALL

- 1 Press Options.
- 2 Scroll to End call.
- 3 Press Select.

HAVE A PRIVATE CONVERSATION WITH A PARTICIPANT

- 1 During the conference call, press Options and select Private call.
- 2 Scroll to the desired participant and press Select.
- 3 To rejoin the conference call, scroll to Conference and press Select.

END THE CONFERENCE CALL

- 1 Press Options.
- 2 Scroll to End all calls.
- 3 Press Select. OR

Press and hold .

ANSWER OR DECLINE AN INCOMING CALL

Press
to answer an incoming call. Use this feature the same way with the flip open or closed.

Caller ID

This is a network service that helps identify incoming calls. Contact your service provider for more details.

When Caller ID is active, your phone may show the caller's phone number or the text **Private number**. The caller's name may also appear, if their name and number have been stored in the Contacts list. (See "Contacts" on page 35).

Decline an incoming call

Use this feature the same way with the flip open or closed.

Press or **Decline** to reject an incoming call.

If you press **Silence**, the ringing tone is muted. Then either answer or reject the call.

If a headset is connected to the phone, you can answer and end a call by pressing the headset key.



Tip: If the Forward if busy function is activated to forward the calls, for example, to your voice mailbox, rejecting an incoming call will send the call to your voice mail. See "Call forwarding" on page 64.

Call waiting

During a call, press \(\bullet\) to answer the waiting call. The first call is put on hold. Press to end the active call. Use this feature the same way with the flip open or closed.

To activate the **Call waiting** function, see "Call waiting" on page 64.

FLIP OPEN

Making a call

- Use the number keys to enter the phone number.
 - For international calls, press +, then enter the country code, the area code without the leading 0, if necessary, and finally the phone number.
- Press
 to call the number.

With the flip open, calls are heard automatically through the loudspeaker. Press Handset to listen through the earpiece.

3 Press to end the call.

Using 1-touch dialing

Press and hold the corresponding number key.

OPTIONS DURING A CALL

Many of the options that you can use during a call, are network services. Press **Options** during a call for some of the following options:

Option	Function
Hold Unhold	Place the current call on hold or remove the call from hold status.
Lock keypad	Activate keyguard (see "Security keyguard" on page 65).
Record	Records the conversation for up to three minutes.
End call End all calls	End a call or all calls within a conference call.
New call	Place a new call; the first call is put on hold.
Decline call	Breaks connection or sends call to voicemail.
Conference	Join participants in a conference call.
Private	Have a private conversation with one participant in a conference call.
Swap	Switch between the active call and the call on hold.
Touch tones	Send touch tones generated by your phone's keypad.
Contacts	Open the Contacts menu.
Menu	Display the main menus.
Mute Unmute	Mute your voice; you can hear the other party but they can't hear you; or return to normal from mute status.
Loudspeaker Headset Handset	Routes call audio to the loudspeaker, earpiece, or headset (if connected) in your phone.

Loudspeaker

You can use your phone as a loudspeaker during a call.



Note: Do not hold the phone to your ear during loudspeaker operation.

- To activate the loudspeaker press Loudsp.
- With the flip closed, press Options and select Loudspeaker or press Loudsp., if available
- To deactivate the loudspeaker during a call, close the flip or press **Handset**.

If a handsfree unit or headset is connected, **Handset** in the options list changes to **Handsfree** or **Headset**, and the selection key **Handset** changes to **Handsfr.** or **Headset** respectively.

The loudspeaker is deactivated automatically when you end the call, connect the handsfree unit or headset to the phone, or close the flip.

You can also use the loudspeaker with the stereo radio. See "Radio (Menu 7)" on page 74.

5 Writing text

Your phone is specially designed for easy and comfortable text writing. The easiest way is to write with your thumbs using the messaging keyboard. You can, for example, start writing a message with the keyboard, close the flip and continue writing the same text using either traditional or predictive text input.



Note: Predictive text input is not available when the flip is open.

THE MESSAGING KEYBOARD

There are three ways to use the keyboard. You can start writing a text message in two ways when the flip is open.

- Press Menu, select Messages, Text messages, and Create message. See "Writing" and sending text messages" on page 45.
- Press \square to the left to activate text messaging.
- Press any letter key to activate **Notepad**.

The following keys are also available while writing text:

To insert a number, press a number key.



Tip: You can still make a call when the flip is open. Use the number

- To switch between lower case, upper case, or all capital letters, press one of the shift keys or I loons (Abc, abc or ABC) in the top left of the display indicate which mode you have selected. You can either press the shift key and the desired character consecutively or press and hold both the shift and the desired letter key at the same time. To write in upper case only, press or 2 twice.
- To delete characters, press \leftarrow or Clear. Press and hold \leftarrow or Clear to delete all characters.
- To add a space, press one of the space keys (or) at the bottom of the keyboard.
- To start a new text line, press ←.

Accented characters

The characters available depend on the language selected in the Language menu. See "Language" on page 65. Also, some accented characters or symbols are not shown on the keyboard.

- To open a set of punctuation marks, accented characters, and symbols, press the character key Scroll through the set by moving the joystick and press Insert to select a character.
- To type other accented characters (such as \acute{a} in French, or $\~{N}$ in Spanish) not shown in the list of special characters under !!!!, press and hold !!!! and, at the same time, press a repeatedly until the desired accented variant of a appears on the display.

Changing the language input

See "Language" on page 65 for more details.

KEYPAD

You can write using predictive or traditional text input with the keypad when the flip is closed. When you are writing text, the predictive text input is indicated by was and the traditional text input by won the top left of the display. You can change the character case, indicated by Abc, abc or ABC by pressing # . The number mode is indicated by [223], and you can switch between the letter and number modes by pressing and holding # 4.

Setting predictive text on or off

When writing text, press **Options** and select **Predictive text**.

- To set the predictive text input on, select a language in the dictionary options list. Predictive text input is only available for the languages on the list.
- To revert to traditional text input, select **Prediction off**.



Tip: To quickly set the predictive text input on or off when writing text, press # * twice, or press and hold **Options**.

Predictive text

You can key in any letter with a single keypress. The predictive text input is based on a built-in dictionary to which you can also add new words.

Start writing a word using the keys $\frac{2}{3}$ to $\frac{9}{3}$. Press each key only once for one letter. The word may change after each keystroke.



Example: To write **Nokia** when the English dictionary is selected, press MND once for N. MND once for o. JEL once for k. 4 GHI once for i and ABC

To insert a number while in letter mode, press and hold the desired number key.

- 2 When you have finished writing the word and it is correct, confirm it by adding a space with □ or by moving the joystick to the right.
- 3 If the word is not correct, press *+ repeatedly or press Options and select Matches.
- 4 When the word you want appears, confirm it.
 - If the ? character appears after the word, the word you intended to write is not in the dictionary.
- 5 To add the word to the dictionary, press Spell, key in the word (traditional text input is used) and press Save.
 - When the dictionary becomes full, the new word replaces the oldest one that was added.
- 6 Start writing the next word.

Compound words

Key in the first part of the word and confirm it by moving the joystick to the right. Write the last part of the word and confirm it by moving the joystick to the right.

Traditional text input

Press a number key, 1 to to wxy2, repeatedly until the desired character appears. Not all characters available under a number key are printed on the key. The characters available depend on the language selected in the Language menu, see "Language" on page 65.

To insert a number while in letter mode, press and hold the desired number key.

- If the next letter you want is located on the same key as the present one, wait until the cursor appears or move the joystick to the right, and then key in the letter.
- The most common punctuation marks and special characters are available under the number key ¹ω.

Tips for writing text

The following functions may also be available for writing text in predictive or traditional input:

- To insert a space, press □.
- To move the cursor to the right, left, up or down, move the joystick respectively.
- To delete a character to the left of the cursor, press Clear. Press and hold Clear to delete the characters more quickly.

- To delete all the characters at once when writing a message, press Options and select Clear text.
- To insert a word when using the predictive text input, press Options and select Insert word. Write the word using the traditional text input and press Save.
 The word is also added to the dictionary.
- To insert a special character when using the traditional text input, press *+ or when using the predictive text input, press and hold *+, or press Options and select Insert symbol.

Move the joystick to a character and press **Insert** to select the character.

You can also scroll to a character by pressing $^{2}_{ABC}$, $^{4}_{BHI, MNG}$, or $^{6}_{HI}$, and select the character by pressing $^{5}_{ABC}$.

The following options are available when writing text messages:

- To insert a number while in the letter mode, press Options and select Insert number. Key in the number or search for it in Contacts and press OK.
- To insert a name from Contacts, press Options and select Insert name. To insert
 a phone number or a text item attached to the name, press Options and select
 View details.

6 Contacts

You can save names and phone numbers (contacts) both in the phone's memory and in the SIM card's memory.

- You may save up to 500 names with numbers, addresses and text notes about each name in the phone's memory. The number of names that can be saved depends both on the length of the names and the number and length of the phone numbers and text items.
- The phone supports SIM cards that can save up to 250 names and phone numbers. Names and numbers saved in the SIM card's memory, are indicated by this icon:

SELECTING SETTINGS FOR CONTACTS

- 1 Press Contacts, scroll to Settings, and press Select.
- 2 Select Memory in use to set the memory, either SIM card or phone, that you want to use for your contacts. To recall names and numbers from both memories for Contacts, select Phone and SIM.
- 3 Contacts view selects how the names (and numbers) appear in Contacts.
- 4 Memory status indicates how much memory is available for additional contacts.

SAVING NAMES AND PHONE NUMBERS (ADD CONTACTS)

Names and numbers will be saved in the memory selected above.

- Press Contacts and select Add contact.
- 2 Key in the name and press **OK**. See "Traditional text input" on page 33.
- 3 Key in the phone number, and press OK. To key in the numbers, see "Making a call" on page 28.
- 4 When the name and number are saved, press Done.



Tip: Quick save a number (without a name) in standby mode: key in the phone number, then press and hold **Options**.

Saving multiple numbers and text items per name

You can save different types of phone numbers and short text items per name in the phone's internal memory for Contacts.

The first number saved is automatically set as the default number. It is indicated with a frame around the number type indicator, for example . When you select a name from Contacts, for example, to make a call, the default number is used unless you select another number.

- 1 At the start screen, move the joystick up or down and scroll to the entry to which you wish to add a number or detail.
 - Make sure that the memory in use is either **Phone** or **Phone and SIM**. See "Selecting settings for contacts" on page 35.
- 2 Press Details and then press Options.
- 3 Scroll to Add number or Add detail and press Select.
- 4 Scroll to one of the following number types and press **Select**.

Number types:



Text types:

- Enter the number or text for the type you have selected and press **OK** to save it.
- 6 Press Back and then Exit to return to standby mode.
- To change the number or text type, select **Change type** in the options list.

Changing the primary number

- 1 Move the joystick up or down in standby mode, scroll to the name you want, and press Details.
- 2 Scroll to the number you want to set as the default number and press Options.
- **3** Scroll to **As primary number** and press **Select**.

SEARCHING FOR A NAME IN CONTACTS

- Press Contacts and select Find.
- 2 You can key in the first characters of the name you are searching for in the pop-up window.
 - Move the joystick up or down to scroll through the names in the list, and right or left to move the cursor in the pop-up window
- 3 Scroll to the name you want, and press Details. Scroll to view the details of the selected name



Tip: To quickly find a name and phone number, move the joystick up or down in standby mode. Key in the first letter of the name, and/or scroll to the name you want.

EDITING A NAME, NUMBER OR TEXT ITEM

- 1 Search for the name and number you want to edit and press **Details**.
- 2 Scroll to the name, number, or text item you want to edit, and press **Options**.
- 3 Select Edit name, Edit number, or Edit detail, and edit the name, number, or text.
- 4 Press **OK** when finished.

ERASING CONTACTS

Press Contacts and select Delete.

One by one

- 1 Select **One by one** and scroll to the name and number you want to delete.
- 2 Press Delete and press OK to confirm.

All at once

- 1 Select Delete all, scroll to Phone or SIM card, and press Delete.
- 2 Press **OK** and confirm with the security code.

COPYING CONTACTS

You can copy names and phone numbers from the phone's memory to your SIM card's memory and vice versa.

- 1 Press Contacts and select Copy.
- Select From phone to SIM card or From SIM card to phone.
 - To copy from phone to SIM card, select **One by one**, **All**, or **Primary numbers**.
 - To copy from SIM card to phone, select **One by one** or **All**.
- 3 Scroll to the contact you want to copy and press Copy.
- 4 Choose Keep original to keep the original contact, or Move original to delete it.
- 5 Press Select to proceed with copying or moving entries.

SENDING AND RECEIVING A BUSINESS CARD

You can send and receive a person's contact information as a business card using IR or as an over the air (OTA) message if supported by the network.

Receiving a business card

To receive a business card using IR, make sure that your phone is ready to receive data through its IR port, see "Infrared" on page 88. The user of the other compatible phone can now send the name and phone number using Infrared.

When you have received a business card using IR or as an OTA message, press **Show**. Press **Save** to save the business card in the phone's memory. To discard the business card, press **Exit** and then **OK**.



Note: Business cards are automatically saved to phone memory. Be sure to transfer the information to SIM memory so you can copy the information to a personal computer or other devices. Also, since the SIM card saves only the primary number, consider backing up all of your business card data with PC Suite. See "PC Suite" on page 99.

Sending a business card

You can send a business card using IR or as an OTA message to a compatible phone or other handheld device which supports the vCard standard.

- 1 To send a business card, search for the name and phone number you want to send from Contacts, press Details and Options and select Send bus. card.
- 2 To send the business card using IR, select Via infrared.
- 3 Make sure that the other phone or the PC is set up to receive data using its IR port.
- 4 Press Select.
- 5 Choose Primary number or All details.
- 6 Press Select.

A confirmation message appears.

To send the business card as an OTA message, select **Via text message** in step 2.

1-TOUCH DIALING

Activate 1-touch dialing

- 1 Press Menu, then select Settings, Call settings and 1-touch dialing.
- **2** Scroll to **On** and press **Select**.

Assign a key to 1-touch dialing

- 1 Press Contacts, select 1-touch dialing and press Select.
- 2 Scroll to any empty slot and press Assign.
- 3 Enter the number (including the area code) or press Find to retrieve a number from the contacts list
- 4 Press OK. The entry appears in the slot you have assigned. If the 1-touch dialing function is off, the phone asks whether you want to activate it. Press Yes to activate it.

Make a call with 1-touch dialing

Press and hold the key to which an entry has been assigned. Your phone dials the entry assigned to the key.

Change 1-touch dialing numbers

- 1 At the start screen, press Contacts, scroll to 1-touch dialing, and press Select.
- 2 Scroll to the 1-touch dialing entry you wish to change and press **Options**.
- 3 Scroll to Change and press Select.
- 4 Enter the new number, or press **Find** to retrieve a number from the Contacts list, and press **OK**.
- 5 Enter a name for the entry and press OK.

Delete 1-touch dialing numbers

- 1 At the start screen, press **Contacts**, scroll to **1-touch dialing** and press **Select**.
- 2 Scroll to the 1-touch dialing location you wish to erase and press **Options**.
- 3 Scroll to **Delete** and press **Select**. You're asked to confirm the erasure.
- 4 Press **OK** to erase the key assignment.

VOICE DIALING

Your phone's voice dialing feature allows handsfree operation while you place a call. Before using this feature, you need to create entries in the contacts list so you can associate a voice tag with a name and number.

Add a voice tag to a contact

To create contacts, see "Saving names and phone numbers (Add Contacts)" on page 35.

- 1 At the start screen, scroll to the name you want to give a voice tag.
- Press Details, then Options.
 Add voice tag appears highlighted.

- 3 Press Select. The phone displays Press Start, then speak after tone.
- Press Start. 4

You will hear several beeps, and Please speak now appears.

5 Speak clearly into the microphone.



Note: Do not press **Quit** unless you want to cancel the recording.

The phone automatically stops recording, then saves and replays the voice tag. If the recording is not successful, your phone displays Voice system error. Press Options, scroll to Add voice tag, and repeat steps 3-5.



Warning: Do not rely only on a voice tag for dialing emergency numbers. In emergencies, stress causes changes in your voice, which may keep the phone from recognizing the command.

Notes about voice tags

Before using voice dialing, note the following:

- Voice tags are not language-dependent. They are dependent on the speaker's voice.
- Voice tags are sensitive to background noise. Record them and make calls in a quiet environment.
- When recording a voice tag or making a call by saving a voice tag, hold the phone in the normal position near to your ear.
- Very short names are not accepted. Use long names and avoid similar names for different numbers.



Note: You must say the name exactly as you said it when you recorded it. This may be difficult in, for example, a noisy environment or during an emergency, so you should not rely solely upon voice dialing in all circumstances.

Make a call using a voice tag

- Press and hold Contacts.
 - You can also press and hold the down volume key.
 - When you hear several beeps and **Please speak now** appears, release the button.
- Pronounce the voice tag clearly into the microphone. **Searching** appears. When the phone finds the voice tag, Found appears, and the phone automatically dials the number.
 - If the phone does not locate a number, No match found appears and you return to the start screen.

VOICE DIAL WITH THE HEADSET

After you have assigned voice tags to those entries you wish to dial, you can also voice dial a number using a headset (See "Enhancements" on page 101.)

- 1 At the start screen, press and hold the remote button on the headset. Your phone beeps and Please speak now appears in the display.
- 2 Pronounce the voice tag into the microphone. When the phone finds the voice tag, Found appears, and the phone automatically dials the number.

Listen to a voice tag

- 1 Press Contacts and scroll to Voice tags.
- 2 Press Select, then scroll to the name with the voice tag you want to hear.
- 3 Press Options, scroll to Playback, and press Select.

Change or delete a voice tag

- 1 At the start screen, press Contacts, scroll to Voice tags, and press Select. Voice tags appear one at a time in alphabetical order.
- 2 Scroll until the voice tag you wish to change or delete appears in the display, then press Options.
- 3 Scroll to Change or Delete and press Select.

VIEW SERVICE AND OWN NUMBERS

Your wireless provider may have saved your phone's operating number, as well as various information and service numbers to your SIM card. To see this information:

- 1 Press Contacts at the start screen, scroll to one of the number types in the following table, and press Select.
- 2 To view details of any of the number types in the previous table, press Details when the number type appears in the display.

Number type	Used this number to
Service numbers	Contact your wireless provider to obtain service
Own numbers	Display the operating number, or numbers which have been assigned to your phone by your wireless provider

CALLER GROUPS

You can add contacts entries to any of five caller groups, and then assign a unique ringing tone or graphic to that group. This lets you identify callers from the group by their unique ringing tone or graphic. A caller group can be as small as one person or as large as your entire Contacts list. Caller groups can be renamed to suit your preference.

CALLER GROUP OPTIONS

- 1 At the start screen, press Contacts, scroll to Caller groups, and press Select. The following caller groups are available:
 - Family, VIP, Friends, Business, Other.
- 2 Use the joystick to highlight a group, then press **Select** to display these options:

Rename group	Rename the group to your preference
Group ringing tone	Set the ringing tone for the group
Group logo	Turn on the graphic for the caller group
Group members	Add or remove members from the caller group

Setup a caller group

 At the start screen, press the joystick up or down to display entries in your Contacts list.



Tip: Perform a "quick find" when Contacts entries are displayed by entering the first letter of a name. Appears at the bottom of the display to indicate you're performing a search.

- **2** Scroll to a name to add to a caller group and press **Details**.
- 3 Press Options, scroll to Caller groups, and press Select.
- 4 Scroll to the caller group to which you want to add the name and press Select. A confirmation message appears in the display.

7 The menu

The phone offers you an extensive range of functions, which are grouped into menus. Most of the menu functions are provided with a brief help text. To view the help text, scroll to the menu function you want and wait for 15 seconds. To exit the help text, press **Back**. See "Help text activation" on page 66.

ACCESSING A MENU FUNCTION

Scrolling

- 1 Press Menu
- 2 Scroll through the menus by moving the joystick up or down. Press Select when you get to the menu you want.
- 3 If the menu contains submenus, select the one you want, for example, Call settings.
- 4 If the selected submenu contains further submenus, repeat step 3. Select the next submenu, for example, Anykey answer.
- 5 Select the setting of your choice, press Back to return to the previous menu level, and Exit to exit the menu.

Shortcuts

The menus, submenus and setting options are numbered and you can access most of them by using their shortcut number.

 To access the menu, press Menu. Within two seconds, enter the shortcut number of the menu function you want. See "Menu shortcuts" on page 17 for a list of shortcuts



Example: To set the **Anykey answer** to **On**, press **Menu 4–3–2**. Press **Back** to return to the previous menu level, and **Exit** to exit the menu.



Note: Note that accessing the menu functions in menu 1, press **Menu 0–1** and the rest of the digits of the shortcut number.

8 Menu functions

MESSAGES (MENU 1)





Note: When sending messages, your phone may display the words **Message sent**. This indicates that the message has been sent by your phone to the message center number programmed into your phone. This is not an indication that the message has been received at the intended destination. For more details about SMS services, check with your service provider.

You can read, write, send, and save text, multimedia, and e-mail messages. All messages are organized in folders.

Before you can send any text or picture messages, you need to save your message center number. See "Settings for Text Messages" below.

Text messages (SMS service)

This network service lets you send and receive multipart messages through your phone which consist of several ordinary text messages. Invoicing is based on the number of ordinary messages that are required for a multipart message.

You can also send and receive picture messages containing text and a picture. See "Inserting a picture into a text message" on page 48 for more details.

SETTINGS FOR TEXT MESSAGES

The message settings affect the sending, receiving, and viewing of messages.

- 1 Press Menu and select Messages, Message settings, Text messages, and Sending profile.
- 2 If more than one message profile set is supported by your SIM card, select the set you want to change.
 - Select Message center number to save the phone number of the message center that is required for sending text messages. You will receive this number from your service provider.
 - Select Messages sent as to select the message type Text, E-mail, Page, or Fax.
 - Select Message validity to select the length of time for which the network should attempt to deliver your message.
 - Select Default recipient number to save a default number for sending messages for this message profile.
 - Select Delivery reports to ask the network to send delivery reports about your messages (network service).

- Select Use GPRS to set GPRS as the preferred SMS bearer.
- Select **Reply via same center** to allow the recipient of your message to send you a reply using your message center (network service).
- Select **Rename sending profile** to change the name of the selected message profile. The message profile sets are only displayed if your SIM card supports more than one set.
- For message type e-mail, select **E-mail server** to save the e-mail server number.

OVERWRITE SETTINGS

When the text message memory is full, the phone cannot receive or send any new messages. However, you can set the phone to automatically replace old text messages in the Inbox and Sent items folders with the new ones.

Press Menu and select Messages, Message settings, Text messages, and Overwriting in sent items or Overwriting in inbox. Select Allowed to set the phone to replace the old text messages with new ones in the **Sent items** or the **Inbox** folder, respectively.

Writing and sending text messages

The number of available characters and the current part number of a multipart message appear in the top right of the display.

Press Menu, then select Messages, Text messages, and Create message.



joystick to the left. Tip: To quickly open the Create message menu in standby mode, move the

- 2 Key in a message (see "Writing text" on page 31). To insert text templates or a picture into the message, see "Templates" on page 48.
- To send the message, press **Options**, and select **Send**. 3
- Enter the recipient's phone number or search for the phone number in Contacts.
- Press **OK** to send the message. 5

Options for sending a text message

After you have written a message, press Options, and select Sending options.

- To send a message to several recipients, select Send to many. When you have sent the message to everyone you want to send it to, press Done.
- To send a message using a distribution list, select **Send to list**. For creating a distribution list, see "Distribution lists" on page 47.

To send a message using a message profile, select Sending profile and then
the desired message profile. For defining a message profile, see "Settings for
text Messages" on page 44.

Reading a message

When you receive a message, your phone beeps and **Message received** appears in the display as well as the unopened letter icon (►).

1 Press **Show** to read the message, or **Exit** to move it to your inbox.



Note: If the icon is blinking, it indicates that the message memory is
 full. Before you can receive new messages, you must delete some of your old messages.

Use the scroll key to view the whole message if necessary. Keep scrolling to view other information, such as the sender number and time the message was sent.

- 2 Press Back to move the message to the Inbox, or press Options for other choices, such as Reply or Forward.
- 3 If more than one message has been received, select the one that you want to read. An unread text message is indicated by

 in front of it.

Read linked messages

Your phone can receive one long message (up to 612 characters) in sequences. You can start reading the first part before the phone has received the entire message.

While viewing the message, you may see **some text missing** on the display. This is normal, and the message content will be updated as soon as the missing sequence arrives.

If the memory is full, you may have to delete a message from your inbox or outbox before your phone can update the missing text.

Replying to a message

- 1 While viewing the message, press **Options**.
 - You can select an option, for example, to delete, forward, edit, move, and rename the message you are reading.
 - Select **Copy to calendar** to copy text at the beginning of the message to your phone's calendar as a reminder note for the current day.
 - Select **Message details** to view the sender's name and phone number, the message center used, and the date and time of receipt.
 - Select **Use detail** to extract numbers, e-mail, and website addresses from the current message.
 - When reading a picture message, select **Save picture** to save the picture in the **Templates** folder.

- 2 Select **Reply**. Several options appear:
 - Select **Empty screen** to write your own reply.
 - Select Original text to include the original message in the reply.
 - Select Template to choose one of 10 text templates to help compose your reply.
 - Scroll down and select one of the standard answers in the list.
- 3 Press Options, select Send, and press OK to send the message to the displayed number. See "Options for sending a text message" on page 45 for more choices.

Inbox and Sent items folders

The phone saves incoming text messages in the **Inbox** folder and sent messages in the **Sent items** folder of the **Text messages** submenu.

Text messages that you wish to send later can be saved in the **Archive**, **My folders** or **Templates** folder.

Distribution lists

You can save up to 30 distribution lists in the phone's memory for sending text messages to several people at once. If the message sending fails, an **Undelivered** folder will appear containing a list of the recipients who did not receive the message.

- 1 Press Menu, select Messages, Text messages and Distribution lists.
- 2 Press Add to create a new distribution list. Key in the name for the list and press OK.

ADD NAMES TO THE DISTRIBUTION LIST

- 1 Press Options, scroll to View list, press Select, and press Add.
- **2** Scroll to the name you want in Contacts and press **Select**.



Note: Be sure phone memory is activated because contacts for the distribution lists are copied from phone memory. See "Selecting settings for contacts" on page 35 for more information.

DISTRIBUTION LIST OPTIONS

While viewing a distribution list, press **Options** to see the following features:

- View list to view or add names and phone numbers in the selected list
- Add list to add a new distribution list.
- Rename list to change the name of the selected list.
- Clear list to delete all names from the selected list.

Delete list to remove the selected list from the folder.

In the **Undelivered** folder you can, for example, select **View message** to view the failed message or **Resend to list** to send the message again.

TFMPI ATFS

Your phone includes 10 text templates, indicated by 🛅 , and 10 picture templates, indicated by 🔳.

To access the template list, press **Menu** and select **Messages**, **Text messages** and **Templates**.

Inserting a text template into a text message

When you are writing or replying to a message, press **Options**. Select **Use template** and select the template that you want to insert.

Inserting a picture into a text message

When you are writing or replying to a message, press **Options**. Select **Insert picture** and select a picture to view it. Press **Insert** to insert the picture into your message. The indicator in the header of the message indicates that a picture has been attached. The number of characters that you can enter in a message, depends on the size of the picture.

To view the text and the picture together before sending the message, press **Options** and select **Preview**.



Note: The picture message function can be used only if it is supported by your network operator or service provider. Only phones that offer picture message features can receive and display picture messages.

Archive folder and My folders

To organize your messages, you can move some of them to the **Archive** folder, or add new folders for your messages.

While reading a message, press **Options**. Select **Move**, scroll to the folder that you want to move the message to, and press **Select**.

To add or delete a folder, press Menu, select Messages, Text messages, and My folders.

- To add a folder, press Options and select Add folder.
- To delete a folder, scroll to the folder that you want to delete, press Options, and select Delete folder.

Multimedia messages



Note: This function can be used only if it is supported by your network operator or service provider. Only phones that offer compatible multimedia message features can receive and display multimedia messages.

You can send multimedia messages containing text and a picture and receive multimedia messages containing text, a polyphonic ringing tone, and a picture. The phone supports multimedia messages that are up to 45 KB in size. If the maximum size is exceeded, the phone may not be able to receive the message. Depending on the network, you may receive a text message that includes an Internet address where you can view the multimedia message.

If the message contains a picture that is larger than the display area, the phone scales it down to fit the display area.



Note: If **Allow multimedia reception** is set to **Yes** or **In home network**, your operator or service provider may charge you for every message you receive.

Multimedia messaging supports the following formats:

- Picture: JPEG, GIF, PNG and BMP.
- Sound: Scalable polyphonic MIDI (SP-MIDI) and monophonic ringing tones.

If a received message contains any unsupported elements, they may be replaced with the file name and the text **Object format not supported**.

Note that you are not able to receive any multimedia messages if you have a call in progress, a game or another Java application running, or an active WAP connection over GSM data. Because delivery of multimedia messages can fail for a variety of reasons, do not rely solely upon them for essential communications.

Writing and sending a multimedia message

To enter the settings for multimedia messaging, see "Settings for multimedia messages" on page 59. For availability and subscription to the multimedia messaging service, contact your network operator or service provider.

- 1 Press Menu, then select Messages, Multimedia msgs., and Create message.
- 2 Key in a message (see "Writing text" on page 31).
- 3 Insert an image or a sound clip. In some networks, you may be able to send both a sound clip and an image.

Insert image

Press **Options**, and select **Insert image**. The list of available folders in the **Gallery** appears. Open the **Graphics** folder, scroll to a picture, press **Options** and select **Insert**. The indicator on the header of the message indicates that a picture has been attached.

Insert sound clip

Press **Options**, and select **Insert sound clip**. The list of available folders in the **Gallery** appears. Open the **Tones** folder, scroll to a tone, press **Options**, and select **Insert**. The indicator on the header of the message indicates that a sound clip has been attached.

To insert a name from Contacts, press **Options** and select **More options** and **Insert contact**. Scroll to the desired name, press **Options** and select **Insert contact**.

To insert a number, press **Options**, select **More options**, and **Insert number**. Key in the number or search for it in Contacts and press **OK**.



Note: In some networks, you must enter the number 1 before the area code and phone number.

- 4 To view the message before sending it, press **Options** and select **Preview**.
- 5 To send the message, press **Options** and select **Send to number** or **Send to e-mail**.
- 6 Enter the recipient's phone number or e-mail address or search for the phone number or e-mail address in Contacts. Press OK and the message is moved to the Outbox folder for sending.

It takes more time to send a multimedia message than to send a text message. While the multimedia message is being sent, the animated indicator (is displayed and you can use other functions of the phone. If there is an interruption, while the message is being sent, the phone tries to resend it a few times. If this fails, the message will remain in the **Outbox** folder and you can try to resend it later.

You choose to save messages that you have sent in the **Sent items** folder. See "Settings for multimedia messages" on page 59.

Reading and replying to a multimedia message



Note: In some networks, you must first send a multimedia message before you can begin receiving them.

While receiving a multimedia message, the animated indicator \square appears. When the message is complete, the indicator \square and the text **Multimedia message received** appear.

If the (icon is blinking, it indicates that the memory for multimedia messages is full, see "Multimedia messages memory full" on page 51.

- 1 Press Show to view the message, or press Exit to view it later. If you get more than one message, scroll to the one you want to read and press Select.
- 2 Press **Options** and some of the following options may be available.

- Delete message to delete the message.
- Reply to reply to the message. To send the reply, press Options and select Send. The sender's phone number (or e-mail address) is used as the default value
- Forward to no. sends the message to a phone number.
- Forward to e-mail sends the message to an e-mail address.
- Edit to edit a message. You can only edit messages you have written.
- Message details to view the subject, size, and class of the message.
- Details to view the details of the attached image or sound
- Play to listen to the ringing tone that is contained in the message.
- Save sound clip to save a ringing tone in the Gallery.
- Save image to save the picture in the Gallery.

Inbox, Outbox, Saved, and Sent items folders

The phone saves the multimedia messages that have been received in the **Inbox** folder of the **Multimedia msgs**. submenu.

Multimedia messages that have not yet been sent are moved to the **Outbox** folder of the **Multimedia msgs**.

The multimedia messages that you wish to send later, can be saved in the **Saved items** folder of the **Multimedia msqs**. submenu.

The multimedia messages that have been sent are saved in the **Sent items** folder of the **Multimedia msgs**. submenu, if the setting **Save sent messages** is set to **Yes**. See "Settings for multimedia messages" on page 59.

Multimedia messages memory full

When you have a new multimedia message waiting and the memory for the messages is full, the indicator (blinks and Multimedia memory full, view waiting msg. is shown. To view the waiting message, press Show. To save the message, press Options, select Save message, and delete old messages by first selecting the folder and then the old message to be deleted.

To discard the waiting message, press **Exit** and **Yes**. If you press **No**, you can view the message.

Deleting messages

You can select a folder and delete all the messages in that folder at once. Or, you can recall messages and delete them one at a time.

DELETE ALL MESSAGES

- 1 Press Menu, then select Messages.
- 2 Scroll to the message type that you want to delete (Text messages, or Multimedia Msgs.) and press Select.
- 3 Scroll to Delete messages and press Select.
- 4 Scroll to the folder with the messages you want to delete and press **Select**.

For Text messages, the folders include All messages, Inbox, Sent items, Archive.

For Multimedia messages the folders include Inbox, Outbox, Sent items, Saved items.

5 When the confirmation message appears, press **OK**.

If the folder contains unread messages, the phone will ask whether you want to delete them also

If you decide not to delete all the messages in that folder, press Back.

DELETE INDIVIDUAL MESSAGES

- 1 Press Menu, then select Messages.
- 2 Scroll to the message type that you want to delete (Text messages, or Multimedia Msgs.) and press Select.
- 3 Scroll to the folder with the message you want to delete and press Select. For Text messages, the folders include Inbox, Sent items, Archive. For Multimedia messages the folders include Inbox, Outbox, Sent items, Saved items.
- 4 Select to the message you want to delete, and press Options. Delete appears highlighted.
- 5 Press Select, and when the confirmation message appears, press OK.

E-mail messages

The Nokia 6800 phone has two ways to send e-mail: using the SMS system or the JavaTM e-mail application. The method available to you depends on your service provider. Both methods using SMS and the Java application, are explained here.

Before you can send and retrieve e-mails,

- You need an active e-mail account and the settings for that account. For the
 e-mail settings and availability of your e-mail account, contact your e-mail
 service provider.
- You must set the e-mail settings on your phone. See "E-mail settings" on page 57.

You must activate the e-mail service settings obtained from your service provider.
 Some of these settings my be preset in your phone. Check with your service provider.

WRITING AND SENDING AN E-MAIL WITH THE SMS METHOD

You can send e-mail to anyone with an e-mail address. First, you will need to setup an e-mail profile and modify a few other settings. It takes just a few minutes, and you only need to do this once.



Important: The e-mail address is included in the total character count for an e-mail message. Leave enough space for the e-mail address while composing your message or you will be taken back to the editor, where you will have to delete some text before sending.



Note: You cannot send picture messages with SMS e-mail. Service providers may customize the SMS message settings interface. For more details about SMS services, please contact your service provider.

Write down the e-mail server number

Write down your **e-mail server number** (also known as the "e-mail gateway" number) in the following table. You will need this number when setting up an e-mail profile in the next section. Get this number from your wireless provider.

Number	Where to find it	Write the number below
e-mail server number	Your wireless provider	

Setup an e-mail profile

- 1 At the start screen, press Menu, select Messages, then scroll until Message settings appears in the display.
- 2 Press Select, select Text messages, then Sending profile.
- 3 Scroll to an empty profile slot and press **Select**.
- 4 Choose from the following options:

Message Setting	Function
Message center number	Save the phone number of the message center, which is necessary for sending text messages; obtain this number from your wireless provider

Message Setting	Function
Default recipient number	For text messages, the default number used to send messages
Delivery reports	Request the network to send delivery reports on your messages
Use GPRS	Set GPRS as the preferred method of sending SMS
Reply via same center	Allow the recipient of your message to send you a reply message using your message centre (network service).
Rename sending profile	Change the name of the selected sending profile; the sending profile sets display only if your SIM card supports more than one set

Write and send e-mail



Note: See "Writing text" on page 31 for ways to write messages faster.

- 1 At the start screen, press Menu, then select Messages, Text messages and Create e-mail.
 - After a brief pause, you're prompted to enter the e-mail address.
- 2 Enter the e-mail address, or press Find to retrieve an e-mail address from Contacts, and press OK.
- 3 Enter a subject for the e-mail and press **OK**.
- 4 Compose your e-mail using the keypad and press **Options**.



Tip: Leave enough space in the total character count for the e-mail address.

- 5 Select Send e-mail.
- 6 Enter the e-mail server number (obtained from your service provider).
- 7 Press OK.

Reply to a message or e-mail

When you have received a text message or e-mail, the number of new messages and ____ Message(s) received appears in the display.



Note: The blinking \square indicates that the message memory is full. Before you can receive new messages, delete some of your old messages. See "Deleting messages" on page 51 for more information.

Press Show to view the message now, or Exit to view it later.

READING THE MESSAGE LATER:

- 1 Press Menu, and select Messages, Text messages, and Inbox.
- 2 If more than one message is received, select the message you want to read and press Select.

WRITING AND SENDING AN E-MAIL WITH THE JAVA™ METHOD

Before you can send and retrieve e-mails,

- You need an active e-mail account and the settings for that account. For the e-mail settings and availability of your e-mail account, contact your e-mail service provider.
- You must set the e-mail settings on your phone. See "E-mail settings" on page 57.
- Some of these settings my be preset in your phone by your service provider.
 If so, you must activate these e-mail service settings.

You can write your e-mail message before connecting to the e-mail service or connect to the service first, and then write and send your e-mail.

- Press Menu, select Messages, scroll to E-mail and press Select.
 Open appears highlighted.
- 2 Press Select.

Create e-mail appears highlighted.

- 3 Press Select.
- 4 Enter the recipient's e-mail address one of two ways:
 - Key in the e-mail address with the keypad.
 OR
 - Press Options, scroll to Find and press Select to search for the e-mail address in Contacts, then press Select.
- 5 Press Options, scroll to Save and press Select.
- 6 Enter the subject of the e-mail, if you want, and press Options, scroll to Save and press Select.

- 7 Write the e-mail message. (See "Writing text" on page 31.) The number of characters you can enter appears in the top right of the display.
 To stop writing and save a draft version of the armill proce Options and
 - To stop writing and save a draft version of the e-mail, press **Options**, and select **Save draft msg**.
- 8 To send the e-mail message, press **Options**, select **Send e-mail**, and press **Ok**.
- 9 Select
 - Send now to send the e-mail immediately. If you are not currently connected to the e-mail account, your phone establishes the connection first and then sends the e-mail.
 - Send later saves the e-mail in the Outbox folder. If you want to edit or
 continue writing your e-mail later, you can save it in Drafts by selecting
 Save to drafts.

Sending the e-mail later: Press Menu, and select Messages, E-mail, Outbox and Send now.

OTHER OPTIONS AVAILABLE FOR AN E-MAIL APPLICATION

- Web access restricts the application from accessing the network.
 - Ask first. Confirms net access.
 - Allowed. Allows net access, or Not allowed denies net access.
- Details gives additional information about the application.
- Service settings activates the network connection settings for your e-mail function.
 - Application activates settings that are used for the e-mail application.
 - Default confirms that your e-mail function uses the same settings as the WAP browser. Contact your e-mail service provider, if in doubt.

DOWNLOADING E-MAIL MESSAGES FROM YOUR E-MAIL ACCOUNT

You have two choices when checking your e-mail: Retrieve, or Send and retrieve.

- 1 Press Menu, then select Messages, E-mail, Open.
- 2 Scroll to Retrieve to download e-mail messages sent to your e-mail account. OR:

Scroll to **Send and retrieve** to download new e-mail messages and to send e-mails that have been saved in the **Outbox** folder.

Your phone makes a connection to the e-mail service. A waiting bar is shown, while your phone is downloading e-mail messages to your phone.

If the message memory is full, delete some of your older messages before you start to download new messages.

- 3 To view a new message, press Select or to view it later, press Back to.
 To read the e-mail later, press Menu, select Messages, E-mail, Open, and Inbox.
- 4 If more than one message is received, select the message you want to read. An unread e-mail message is indicated by
 ☑.

REPLYING TO AN E-MAIL MESSAGE

- 1 While reading or viewing the message, press **Options**.
 - You can, for example, select an option to delete, reply, reply to all, forward or archive the message you are reading.
- 2 Select Reply.
- 3 Select Original text to include the original message in the reply or select Empty screen.
- 4 Write your reply.
- 5 When finished, press Options, and select Send e-mail and Send now to send the message to the displayed number.

INBOX, OUTBOX, DELETED ITEMS, SENT ITEMS, DRAFTS, AND ARCHIVE FOLDERS

Your phone has the following folders in the E-mail menu:

- Inbox for saving e-mails that you have downloaded from your e-mail account.
- Outbox for saving e-mails that have not been sent. See "Writing and sending an e-mail with the SMS Method" on page 53.
- Deleted items for e-mails that have been deleted.
- Sent items for saving e-mails that have been sent.
- **Drafts** for saving unfinished e-mails.
- Archive for organizing and saving your e-mails.

E-MAIL SETTINGS

These settings may already be set up in your phone (depending on your service provider). If you must enter the settings manually, refer to the table below.

- 1 Press Menu, then select Messages, E-mail, Open, and Settings.
- 2 Select Mailbox in use to view a list of mailboxes, then scroll to the one you want to edit and select it.

You have five mailboxes that you can use for the e-mail settings of your phone for saving and retrieving e-mail messages.

3 Select Edit active mailbox and select each of the settings one by one. Enter the required settings according to the information you have received from your mail service provider.

Setting	Explanation
Mailbox name	The name for the mailbox.
E-mail address	Your e-mail address.
My name	Adds a nickname to your e-mail address.
Outgoing (SMTP) server	Address for the outgoing (SMTP) server. For example, smtp.mail.com.
Outgoing (SMTP) port	SMTP port number for outgoing e-mails (common value is 25).
Use SMTP authorization	Set to On , if required for sending e-mails. If not, select Off .
SMTP user name	User name for outgoing e-mails (if required); found in the first part of your e-mail address.
SMTP password	Password for outgoing e-mails (if required).
Include signature	Personal signature automatically added to e-mail.
Incoming (POP3/ IMAP) server	E-mail server type for the incoming e-mail. Changing the server type also changes the incoming port number.
Incoming (POP3/ IMAP) port	Port number: 110 for POP3 and 143 for IMAP.
POP3/IMAP user name	User name to access the mailbox; found in the first part of your e-mail address.
POP3/IMAP password	Password to access the mailbox.
Reply-to address	Sends incoming replies to a different mailbox.

Setting	Explanation
Incoming server type	Either POP3 or IMAP4 . If both types are supported, select IMAP4. Changing the server type also changes the incoming port number.
Secure login APOP	For POP3 only: On for the connection requiring an encrypted login, otherwise Off .
Retrieve mails	All to retrieve all e-mails at once or User defined to retrieve only some at a time.

Voice messages

Voice mailbox is a network service and you may need to subscribe to it. For more information and for the voice mailbox number, contact your service provider.

Press Menu, select Messages and Voice messages. Select from these options:

- Listen to voice messages to call your voice mailbox at the phone number that you have saved in the Voice mailbox number menu.
 - Each phone line may have its own voice mailbox number, see "Line for outgoing calls" on page 65.
- Voice mailbox number to key in, search for or edit your voice mailbox number and press OK to save it.

If supported by the network, the indicator **QQ** will show new voice messages. Press **Listen** to call your voice mailbox number.



Tip: Press and hold $^{1}\omega$ to call your voice mailbox when the flip is closed.

Info messages

With the info message network service you can receive messages on various topics from your service provider, for example, weather or traffic conditions. For available topics and the relevant topic numbers, contact your service provider.

If the GPRS connection is set to Always online, the info messages may not be received. In that case, set the GPRS connection to When needed, see "GPRS connection" on page 89.

SETTINGS FOR MULTIMEDIA MESSAGES

Press Menu, then select Messages, Message settings, and Multimedia msgs. Select from the following list of multimedia settings:

- Save sent messages. Select Yes to set the phone to save sent multimedia messages in the Sent items folder. If you select No, the sent messages are not saved.
- Allow multimedia reception. Select No, Yes or In home system to use the
 multimedia service. If you select In home system, you cannot receive multimedia
 messages outside your home network.
- Incoming multimedia messages. Select Retrieve to set the phone to automatically fetch newly received multimedia messages, or select Reject if you do not wish to receive multimedia messages.
- Connection settings. Define WAP connection settings for retrieving multimedia messages. Activate the set where you want to save the connection settings and then edit the settings.
- Allow advertisements. You can receive or reject advertisements.

RECEIVE MULTIMEDIA CONNECTION SETTINGS AS A TEXT MESSAGE

You may receive the multimedia connection settings as a text message from the network operator or service provider that offers the WAP service you want to use. For more information, contact your network operator or service provider. You can also visit Club Nokia's website – www.club.nokia.com. Availability may vary by country.

Font size setting

To select the font size for reading and writing messages, press Menu, then select Messages, Message settings, Other settings, and Font size.

Service commands

Press **Menu** and select **Messages** and **Service commands**. Key in and send service requests (also known as USSD commands) such as activation commands for network services, to your service provider.

CALL LOG (MENU 2)



The phone registers the phone numbers of missed, received and dialed calls, and the approximate length and cost of your calls.

The phone registers missed and received calls only if the network supports these functions, the phone is switched on and within the network service area.

When you press **Options** in the **Missed calls**, **Received calls**, and **Dialed numbers** menu, you can, for example, view the date and the time of the call, edit or delete the phone number from the list, save the number in Contacts, or send a message to the number.

Recent calls lists

Press Menu, select Call log, then select among the following functions:

Missed calls. To view the list of the last ten phone numbers from which somebody has tried to call you (network service). The number in front of the (name or) phone number indicates the amount of call attempts from that caller.



Tip: When a note about missed calls is displayed, press List to access the list of phone numbers. Scroll to the number you would like to call back and press .

- Received calls. To view the list of the last 10 phone numbers from which you have most recently accepted calls (network service).
- **Dialed numbers.** To view the list of the last 20 phone numbers that you have most recently called or attempted to call. See also "Last number redialing" on page 26.
- **Delete recent call lists.** To delete the recent calls lists. Select whether you want to delete all the phone numbers in the recent calls lists, or only the numbers in the missed calls, received calls or dialed numbers lists. You cannot undo the operation.

Call counters and call timers



Note: The actual invoice for calls and services from your service provider may vary, depending upon network features, rounding-off for billing, taxes and so forth.

Press Menu and select Call log and then select

- **Call timers**. Scroll to view the approximate duration of your incoming and outgoing calls in hours, minutes and seconds. The security code is required to clear the timers.
 - Each phone line has its own call timers and the timers of the selected line are displayed. See "Line for outgoing calls" on page 65.
- Call costs (network service). Select Last call units or All calls units to check the cost of your most recent call or all calls in terms of units specified within the Show costs in function.

Select **Call cost settings** and select **Clear counters** to clear the counters. Select **Show costs in** to set the phone to show the remaining talk time in terms of charging units or units of currency. Select **Call cost limit** to limit the cost of your calls to a certain amount of charging units or units of currency. (The PIN2 code is required for the call cost settings.) Contact your service provider for charging unit prices.



Note: When no more charging units or currency units are left, calls may only be possible to the emergency number programmed into your phone (for example, 911 or other official emergency number).

- GPRS data counter. Scroll to check the size of data sent or received in bytes, sent and received data in total, and to clear the counters. The security code is required to clear the counters.
- GPRS connection timer. Scroll to check the duration of the last GPRS connection or the total GPRS connection. You can also clear the timers.
 The security code is required to clear the timers.

• PROFILES (MENU 3)



Your phone has a group of profiles that allow you to personalize the tone settings of your phone and to activate a profile for different events and environments. Available profiles are **Normal**, **Silent**, **Meeting**, **Outdoor**, and **Pager**.

Press Menu and select Profiles. Scroll to a profile and press Select.

- To activate the selected profile, press **Select**.
- To set the profile to be active for a certain amount of time up to 24 hours, select Timed and set the end time. When the time set for the profile expires, the previous profile that was not timed, becomes active.
- To personalize the profile, select Customize. Select the setting you want to change and make the changes.

The settings can also be changed in the **Tone settings** menu. See "Tone settings" on page 68.

In addition, with Profile name you can rename all but the Normal profile.



Tip: To change the profile quickly in standby mode:

- With the flip closed, press the power key , scroll to the profile you want to activate and press Select.
- With the flip open, press , scroll to the profile you want to activate and press Select.

• SETTINGS (MENU 4)



Right selection key settings

You can program the right selection key to quickly access several features.

1 Press Menu, then select Settings and Right selection key settings.

- 2 Scroll through the list of features and press Mark at each feature you want to access with the right selection key.
- 3 Press Done when finished.
- Scroll to Organize and press Select.
- Press Move and use the options (move up/down/to top/to bottom) to organize the features in the order you want.
- 6 Press **Done** when finished, then press and hold **Back** to return to the start screen. Now the right selection key is labeled **Go to**. To access the features:
- Press Go to and scroll to the feature you want. 1
- Press Select to access that feature. 2

Time and date settings

CLOCK

Press Menu, then select Settings, Time and date settings and Clock.

Select **Show clock** to show (or **Hide clock** to hide) the time on the top right of the display in standby mode. Select **Set the time** to adjust the clock to the correct time, and select Time format to set the 12-hour or 24-hour time format.



Note: Features that depend on accurate time settings are **Messages**, Call log, Alarm clock, Timed Profiles, Calendar, Screen saver and **Notes.** Also, if the battery is removed for more then 30 minutes, you may need to reset the time.

DATE

Press Menu and select Settings, Time and date settings and Date.

Select **Show date** to show (or **Hide date** to hide) the date on the display in the standby mode. Select Set the date to adjust the date. You can also select the date format.

AUTO UPDATE OF DATE AND TIME

Press Menu, then select Settings, Time and date settings, and Auto-update of date & time (network service). To set the phone to automatically update the time and date according to the current time zone, select **On**. To set the phone to ask for a confirmation before the update, select Confirm first.

The automatic update of date and time does not change the time you have set for the alarm clock, calendar, or the alarm notes. They are in local time. Updating may cause some alarms that you have set to expire.

Call settings

CALL FORWARDING

Press Menu, then select Settings, Call settings, and Call forwarding (network service). With call forwarding, you can direct your incoming calls to another number, for example, to your voice mailbox number. For details, contact your service provider. Forwarding options not supported by your SIM card or your network operator may not be shown.

Select the call forwarding option you require, such as **Forward if busy**, to forward the voice calls when your number is busy or when you reject an incoming call.

To set Call forwarding to on, select **Activate**, then select the timeout after which the call is forwarded if this is available for the call forward option. To set the call forward to off, select **Cancel**. To check whether the call forward is activated or not, select **Check status** if this is available for the forward option. Several forward options may be active at the same time.

ANYKEY ANSWER

Press Menu, then select Settings, Call settings, and Anykey answer. Select On and you can answer an incoming call by briefly pressing any key, except \mathcal{P} , selection keys \mathcal{P} and \mathcal{P} .

AUTOMATIC REDIAL

Press Menu, then select Settings, Call settings, and Automatic redial. Select On and your phone will make a maximum of 10 attempts to connect the call after an unsuccessful call attempt.

1-TOUCH DIALING

Press Menu, then select Settings, Call settings, and 1-touch dialing. Select On and the names and phone numbers assigned to the speed dialing keys, from 2 to wxx 2, can be dialed with the flip closed or open by pressing and holding the corresponding number key.

CALL WAITING

Press **Menu**, then select **Settings**, **Call settings**, and **Call waiting**. Select **Activate** and the network will notify you of an incoming call while you have a call in progress (network service).

SUMMARY AFTER CALL

Press Menu, then select Settings, Call settings, and Summary after call. Select On and after each call the phone will briefly display the duration and cost (network service) of the call.

SEND MY CALLER IDENTITY

Press Menu, then select Settings, Call settings, and Send my caller identity. Select Yes and your phone number will be displayed to the person you are calling (network service). Select Default and the setting agreed upon with your service provider is used.

LINE FOR OUTGOING CALLS

Line for outgoing calls is a network service to select the phone line 1 or 2, that is, the subscriber number, for making calls.

Press Menu, then select Settings, Call settings, and Line for outgoing calls. If you select Line 2 and have not subscribed to this network service, you will not be able to make calls. However, calls on both lines can be answered regardless of the selected line.

If supported by your SIM card, you can prevent the line selection by selecting the option **Lock**.

For more information on availability, contact your network operator or service provider.



Tip: In standby mode, you can switch from one line to the other by pressing and holding # .

Phone settings

LANGUAGE

Press Menu, then select Settings, Phone settings, and Language. Select the language for the display texts. If Automatic is selected, the phone selects the language according to the information on the SIM card.

SECURITY KEYGUARD

Security keyguard lets you lock your phone's key pad with a security code. When the keypad is locked, this icon appears on top of the display. With Security keyguard on and activated, the keys are still locked even when you open the flip.

- 1 Press Menu, then select Settings, Phone settings, and Security keyguard.
- 2 Key in the security code and press **OK**. The Security keyguard code is the same as your security code. (See "Security settings" on page 69.)



Note: You should replace the default security code with a new code as soon as possible.

3 Select On.

Use Security Keyguard with Flip closed

- To activate, press Menu and *+.
- To deactivate, press **Unlock** and *+, enter the security code, and press **OK**.

Use Security Keyguard with Flip open

- To activate, press Menu, \(\mathcal{L}\), *.
- To deactivate, press Unlock, OK, enter the security code, and press OK.



Important: You can still call 911, even with Security Keyguard activated. This feature lets you lock your phone with a security code. Please note that even when the keyguard lock is activated, the phone content (except Java applications like e-mail) can be read using Nokia PC Suite when the phone is attached to a computer using data cable.

CELL INFO DISPLAY

Press Menu, then select Settings, Phone settings, and Cell info display. Select On to set the phone to indicate when it is used in a cellular network based on microcellular network (MCN) technology.

If the **GPRS connection** is set to **Always online**, the cell identity may not be received. In that case, set the **GPRS connection** to **When needed**. See "GPRS connection" on page 89.

WELCOME NOTE

Press **Menu**, then select **Settings**, **Phone settings**, and **Welcome note**. Key in the note you would like to be shown briefly when the phone is switched on. To save the note, press **Options**, and select **Save**.

SYSTEM SELECTION

Press Menu, then select Settings, Phone settings, and System selection. Select Automatic and the phone automatically selects one of the cellular networks available in your area.

If you select **Manual**, you can select a network that has a roaming agreement with your home network operator. If **No access** is displayed, you must select another network. The phone stays in manual mode until the automatic mode is selected or another SIM card is inserted into the phone.

CONFIRM SIM SERVICE ACTIONS

See "SIM services (Menu 14)" on page 98.

HELP TEXT ACTIVATION

To set the phone to show or not to show the help texts, press **Menu**, then select **Settings**, **Phone settings**, and **Help text activation**.

See also "The menu" on page 43.

START-UP TONE

To set the phone to play or not to play a start-up tone when the phone is switched on, press **Menu**, then select **Settings**, **Phone settings**, and **Start-up tone**.

MEMORY STATUS

This menu item shows you how much memory is being used by features that contain user data. Features include Contacts, Gallery, and Applications.

Display settings

WALLPAPER

You can set your phone to display a background image, known as wallpaper, when the phone is in standby mode. Some images are presaved in the **Gallery** menu. You can also receive images using multimedia messages, download them using WAP service or transfer them with PC Suite from your PC and then save them in **Gallery**. Your phone supports JPEG, GIF, BMP, and PNG formats.

SELECT WALLPAPER

- 1 Press Menu, then select Settings, Display settings, and Wallpaper.
- 2 Select Change image to view the folder list in the Gallery menu.
- 3 Open the image folder and scroll to the desired image
- 4 To set the image as wallpaper, press Options and select Set as wallpaper. Note that the wallpaper is not displayed when the phone activates the screen saver.

ACTIVATE OR DEACTIVATE THE WALLPAPER

Press Menu and select Settings, Display settings, and Wallpaper. To activate or deactivate the wallpaper, select On or Off respectively.

COLOR SCHEMES

You can change the color in some display components, for example, indicators and signal bars.

Press Menu, then select **Settings**, **Display settings**, and **Color schemes**. Select the desired color scheme.

OPERATOR LOGO

To set your phone to display or hide the operator logo, press **Menu**, then select **Settings**, **Display settings**, and **Operator logo**. If you have not saved the operator logo, the **Operator logo** menu is dimmed.

Note that the operator logo is not displayed when the phone activates the screen saver. For more information on availability of an operator logo using SMS, MMS, or WAP, contact your network operator or your WAP service provider.

SCREEN SAVER TIMEOUT

Digital clock screen saver is used for power saving in standby mode. It is activated when no function of the phone has been used for a certain time while the phone's flip is closed. Press any key to deactivate the screen saver or open the flip. The screen saver is also deactivated when the phone is out of the network coverage area.

Press Menu, then select Settings, Display settings, and Screen saver timeout. Select the timeout after which the screen saver will be activated. The length of the timeout can vary from 5 seconds to 60 minutes.

Note that until you set the phone's clock, the screen saver shows the time as 00:00. Also, the screen saver overrides all the graphics and texts on the display in standby mode.

DISPLAY BRIGHTNESS

You can change the display brightness level of the phone display.

Press Menu, then select Settings, Display settings, and Display brightness. Move the joystick to the left to decrease and to the right to increase the brightness level, and press **OK** to accept it.

Tone settings

Press Menu, then select Settings, and Tone settings. You can find the same settings in the **Profiles** menu, see "Profiles (Menu 3)" on page 62. Note that the settings you make will change the settings in the active profile.

Select **Ringing options** to choose how the phone notifies you of an incoming voice call. The options are Ring, Ascending, Ring once, Beep once, and Silent.

Select **Ringing tone** for incoming voice calls. To select ringing tones that have been saved in the Gallery, select Open gallery from the ringing tone list.

Select Ringing volume and Vibrating alert for incoming voice calls and incoming messages. The vibrating alert does not work when the phone is connected to a charger, a desktop stand, or a car kit.



Tip: If you receive a ringing tone using OTA or by downloading, you can Tip: It you receive a mignig save the ringing tone in the **Gallery**.

Select **Message alert tone** to set the alert tone for the incoming messages, select Keypad tones, or Warning tones to set the phone to sound tones, for example, when the battery is running out of power.

Select **Alert for** to set the phone to ring only upon calls from phone numbers that belong to a selected caller group. Scroll to the caller group you want or **All calls** and press Mark.

Accessory settings

The Accessory settings menu is shown only if the phone is or has been connected to one of the following accessories: a headsets, a handsfree unit, or a mobile inductive loopset.

Press Menu, then select Settings, and Accessory settings. You can select Headset, Handsfree, or Loopset if the corresponding accessory is or has been connected to the phone.

- Select **Default profile** to select the profile that you want to be automatically activated when you connect to the selected accessory. You can select another profile while the accessory is connected.
- Select **Automatic answer** to set the phone to answer an incoming call automatically after five seconds. If the Incoming call alert is set to Beep once or Off, automatic answer will not be in use.
- Select **Lights** to set the lights permanently to **On**. Select **Automatic** to set the lights on for 15 seconds after a keypress. The **Lights** option is available only when Handsfree is selected.

Security settings



Note: When security features that restrict calls are in use (call restrictions. closed user group, and fixed dialing), calls may be possible to certain emergency numbers in some networks (for example 911 or other official emergency numbers).

Press Menu, then select Settings, and Security settings.

- **PIN code request** sets the phone to ask for your PIN code every time the phone is switched on. Some SIM cards do not allow the PIN code request to be turned off.
- **Call restrictions** is a network service that lets you restrict calls your phone can make or receive. Check with your service provider for more details.
- Fixed dialing restricts your outgoing calls and text messages to selected phone numbers if this function is supported by your SIM card. The PIN2 code is required.

When fixed dialing is on, GPRS connections are not possible except while sending text messages over a GPRS connection. In this case, the recipient's phone number and the message center number must be included in the fixed dialing list.

- Closed user group is a network service that specifies the group of people whom you can call and who can call you. For more information, contact your network operator or service provider.
- Security level. Select Phone and the phone will ask for the security code
 whenever a new SIM card is inserted into the phone. Select Memory to set the
 phone to request the security code when SIM card memory is selected and you
 want to change the memory in use. See "Selecting settings for contacts" on
 page 35. To copy from one memory to another, see "Copying contacts" on
 page 37.

Access codes changes the security code, PIN code, PIN2 code, or restriction password. Codes can include numbers, but not letters.

Restore factory settings

To reset the menu settings to their original values, press **Menu**, and select **Settings** and **Restore factory settings**. Key in the security code and press **OK**. Note that the data you have keyed in or downloaded, for example, the names and phone numbers saved in Contacts are not deleted.

• ORGANIZER (MENU 5)





Warning: These features, other than the alarm clock, require the phone to be switched on to use the features. Do not switch on the device when wireless phone use may cause interference or danger.

Alarm clock

The alarm clock uses the time format set for the clock. The alarm clock works even when the phone is switched off.

SET THE ALARM

- 1 Press Menu, then select Organizer, Alarm clock, and Alarm time.
- 2 Key in the alarm time and press **OK**.
- 3 To change the alarm time, select On.

SET THE ALARM TONE

- 1 Press Menu, then select Organizer and Alarm clock.
- 2 Scroll to Alarm tone and press Select.
 - Standard The phone vibrates and sounds a beeping tone while the display light flashes
 - Radio The alarm plays the last radio station you were listening to

- Ringing tone Select from the ringing tones included in your phone
- Open Gallery Use a tone stored in the Tones folder

Standard

Choose Standard from the Alarm tone menu, and press Select.

Radio

Choose **Radio** from the **Alarm tone** menu and press **Select**. Now the alarm will play the last radio station you tuned in.



Note: You must connect the phone to a headset or music stand to use the radio as an alarm tone. If you forget, a standard alarm tone sounds.

Ringing tone

- 1 Choose Ringing tone from the Alarm tone menu, and press Select.
- 2 Scroll through the list of ringing tones. Stop briefly to hear a sample of the tone.
- 3 Press Select for the tone you want.

Open Gallery

- 1 Choose Open gallery from the Alarm tone menu press Select.
- 2 Scroll to the Tones folder and press Open.
- 3 Scroll through the list of tones. Stop briefly to hear a sample of the tone.
- 4 Press Options, then Select for the tone you want.

ALARM TONE

Phone on

When the alarm activates, the phone sounds a tone, **Alarm!** flashes, and the current time appears in the display. The alarm continues for one minute, then stops. After 10 minutes, the alarm sounds again.

Press **Stop** to stop the alarm.

OH

Press **Snooze**. The alarm stops for about ten minutes and then resumes.

Phone off

The phone switches on and starts sounding the alarm tone. If you press **Stop**, the message **Switch the phone on?** appears, asking if you want to activate the phone for calls. Press **No** to switch off the phone or **Yes** to make and receive calls.



 $\mbox{\bf Note:}\ \mbox{\bf Do}\ \mbox{not}\ \mbox{\bf press}\ \mbox{\bf Yes}\ \mbox{when}\ \mbox{wireless}\ \mbox{phone}\ \mbox{use}\ \mbox{is}\ \mbox{prohibited}\ \mbox{or}\ \mbox{when}\ \mbox{it}\ \mbox{may}\ \mbox{cause}\ \mbox{interference}\ \mbox{or}\ \mbox{danger.}$

Calendar

The calendar helps you to keep track of reminders, calls that you need to make, meetings, and birthdays.

Press Menu and select Organizer and Calendar.



Tip: To quickly view the current calendar month, move the joystick to the right in standby mode.

Scroll to the day you want. The current day is indicated by a frame around the day. If there are any notes set for the day, the day appears in bold type. To view the day notes, press Options and select View day.

To view a single note, scroll to the note you want to view, press **Options**, then select View. The note view allows you to view the details of the selected note. You can scroll through the note.

CALENDAR VIEW OPTIONS

- Options for making a note, sending a note using IR, sending as a note directly to another phone's calendar, sending as a text message.
- Options for deleting, editing, moving, and repeating a note and for copying a note to another day.
- Settings to set the date, time, date, time format, or the first day of the week. In the Auto-delete option you can set the phone to delete old notes automatically after a specified time. However, the repeated notes, for example, birthday notes, will not be deleted.

CALENDAR NOTES

For keying in letters and numbers, see "Writing text" on page 31.

- Press Menu, then select Organizer and Calendar. ΟR
 - In standby mode, move the joystick to the right. The monthly view appears.
- Scroll to the date you want, press **Options** and select **Make a note**. Select one of the following note types:
 - Meeting. Key in the note, press Options, and select Save (or search for the name in Contacts and press Select). Key in the location of the meeting, press **Options**. and select **Save**. Key in the start time for the meeting and press **OK**; then key in the end time and press **OK**. To set the alarm for the note, select With tone or Silent (no alarm tone), then set the alarm time.

- Call. Key in the phone number, press Options, and select Save. Key in the name, press Options, and select Save. (Instead of keying in the phone number, you can search for the name and number in Contacts). Then key in the time for the call and press OK. To set the alarm for the note, select With tone or Silent (no alarm tone), then set the alarm time.
- Birthday. Key in the person's name (or press Options, search for it in Contacts, and press Select), press Options, and select Save. Then key in the year of birth, and press OK. To set the alarm for the note, select With tone or Silent, and then set the alarm time.
- Memo. Key in the note, press Options, and select Save (or search for the name in Contacts and press Select). Key in the end day for the note and press OK. To set the alarm for the note, select With tone or Silent (no alarm tone), then set the alarm time.
- Reminder. Key in the subject for the reminder, press Options, and select Save (or search for the name in Contacts, and press Select). To set the alarm for the note, select Alarm on, then set the alarm time.

When you have set the alarm, the indicator ***** is displayed when you view the notes

ALARM TONE FOR A NOTE

The phone beeps, and displays the note. With a call note \Box on the display, you can call the displayed number by pressing \frown . To stop the alarm and view the note, press View. To stop the alarm without viewing the note, press Exit.

To-do list

You can save a to-do note for a task, select a priority level for the to-do note, and mark it as done when complete. You can sort the to-do notes by priority or by deadline.

Press Menu, select Organizer, and To-do list.

ADD A TO-DO NOTE

- 1 Press Options, then select Add.
 - The **Subject** box appears,
- 2 Key in the to-do note.
 - When you reach the maximum number of characters for a to-do note, no further characters are accepted.
- 3 Press Options and select Save.

4 Select the priority for the to-do note: High, Medium or Low.

The phone automatically sets the due date for the note as two weeks ahead of the current date.

You can view and delete the selected note and delete all the notes that you have marked as done. You can sort notes by priority, send them to another phone, save them as calendar notes, or access the calendar. While viewing a note, you can also select an option to edit the selected note, edit the deadline or priority for the note, or mark the note as done

• NOTES (MENU 6)





Note: Your phone must be switched on to use this function. Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

You can use the Notes application for writing and sending notes using IR, SMS or as a multimedia message.

- 1 Press Menu and select Notes. OR
 - Type any letter when the messaging keyboard is open.
- **2** Press **Options** and select **Make a note**. See "Writing text" on page 31.
- 3 Key in the note and select Save.

You can insert current time and date to the note. If there is not enough space to insert them to the note, the phone will ask you to delete the required number of characters from your note.

You can also save a note as a memo in the calendar. If the note is too long, the text will be truncated. In case the calendar memory is full, you cannot save the note to the calendar.

You can also send the note using IR, multimedia, or as a text message.

The other options for the note include options for viewing, deleting, and editing a note.

• RADIO (MENU 7)





Note: Your phone must be switched on to use this function. Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

The quality of the radio broadcast depends on the radio station's coverage in that particular area.

Turn the radio on

Connect a headset.



Note: The headset wire is also the radio's antenna, so you must have a headset connected to the phone before using the radio.

Press Menu. and select Radio.

Radio on appears, then, if no frequencies are saved, 87.5 MHz appears.

3 Press Options.

Set a frequency

You can set frequencies by directly entering the number, manual tuning, or automatic tuning.

DIRECT ENTRY

- Scroll to **Set frequency** and press **Select**.
- Enter the frequency number and press **OK**.

For example, to enter 98.6, press 0.9.8.6. The cursor automatically moves to the correct places and enters the numbers.

After you press **OK**. Frequency set appears briefly, followed by the frequency number.

MANUAL SEARCH

- Scroll to Manual tuning and press Select.
- Press \square up or down until you hear the radio station you want. Press and hold \square to rapidly search the frequencies.
- 3 Press OK

Frequency set appears.

AUTOMATIC TUNING

- Scroll to Auto-tuning and press Select.
- 2 Press \square up or down.

The radio automatically seeks and stops on the next active frequency.

3 Press OK.

Frequency set appears, followed by the frequency number.

SAVE FREQUENCIES IN PHONE MEMORY

You can store up to 20 frequencies in the phone's memory for quick recall later.

- 1 With the frequency displayed on the screen, press **Options**.
- 2 Scroll to Save channel and press Select.

The **Channel name** box appears.

3 Key in a name for the channel, and press OK.

For example, KWCR.

Select channel location appears followed by a numbered list.

4 The next open channel location number appears.

ΩR

Scroll to the channel location number you want and press Select.

A confirmation message appears.

RECALL A STORED FREQUENCY

Press Menu, and select Radio

Radio on appears and you hear the last station you were tuned to.

CHANGE CHANNELS

With the keypad

While in the **Radio** menu, press \square up or down to select another station. OR

Press the channel location number of the station you want to hear.

With the headset

Briefly press and release the headset button to move up to the next channel.

LISTEN TO THE RADIO THROUGH THE LOUDSPEAKER

- 1 Connect a headset and press Menu 7 to turn the radio on.
- 2 Press Options, scroll to Loudspeaker and press Select.
- 3 Adjust the volume with the volume keys on the side of the phone.

ADJUST THE VOLUME

Use the volume key on the side of the phone to adjust volume for both the headset and the loudspeaker. See "Understand your phone" on page 7.

CHOOSE STEREO OR MONO

- 1 While listening to a frequency, press **Options**.
- 2 Scroll through the menu to Stereo output, and press Select. The radio is set to provide audio in stereo.

0r

Scroll to Mono output, and press Select.

Handle calls while listening to the radio

INCOMING CALLS

When you get an incoming call, the radio is muted. Answer the call as normal. (See "Call functions" on page 26.) When you end the call, the radio automatically turns on again, with the same frequency and volume setting as set before the call.

OUTGOING CALLS

All functions for placing outgoing calls are available, including voice dialing (See "Call functions" on page 26 and "Voice dialing" on page 39.) The radio remains on until you press to make the call. If using voice dialing, the radio is muted as soon as you press and hold **Names**. When you end the call, the radio automatically turns on again, with the frequency and volume settings unchanged.



Important: You cannot turn on the radio during a call.

INCOMING MESSAGES

 When you get an incoming text, e-mail, or fax message, the radio is muted briefly by the incoming message tone (depending on the profile you have set).
 The radio stays on while you access all the incoming message functions.

When an application using a GPRS or CSD connection is sending or receiving data, it may interfere with the radio.

Voice commands

The voice commands feature lets you control some radio functions with your voice. Radio functions include "On," "Off," "Next channel," and "Previous channel." See"Voice commands" on page 84 for more information.

• GALLERY (MENU 8)





Note: Your phone must be switched on to use this function. Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

You can save pictures and ringing tones to folders in the gallery, or create folders of your own and save them there. You can also connect to image and tone services of Club Nokia from the gallery. You must be subscribed to a WAP service through your wireless provider in order to download images and tones. Also, you can save images and ringing tones, for example, that have been received in multimedia messages, in the folders of the gallery, see "Reading and replying to a multimedia message" on page 50.

1 Press Menu and select Gallery. The list of options is shown.

2 Select View folders to open the list of folders.

Other available options are:

Add folder. Key in a name for the folder and press **OK**.

Delete folder. Select the folder you want to delete. You cannot delete the folders that were preprogrammed in the phone.

Rename folder. Select the folder you want to rename. You cannot rename the folders that were originally on the phone.

Gallery downloads. Store images and tones you have downloaded received from messaging or the Internet. Select Image downloads or Tone downloads respectively. The list of available WAP bookmarks is shown. Select More bookmarks to access the list of WAP bookmarks in the Services menu, see "Use bookmarks" on page 96.

Select the appropriate bookmark to connect to the desired WAP site. If the connection fails, you may not be able to access the WAP page from the WAP service, whose connection settings are currently active. In this case, enter the Services menu and activate another set of service settings. See "Use browser options" on page 94. Try again to connect to the WAP site.

For the availability of different WAP services, pricing and tariffs, contact your network operator and/or the WAP service provider.

- 3 Open the desired folder and the list of files in the folder is shown. **Graphics** and Tones are the original folders in the phone.
- Scroll to the desired file and press **Options**. The following options are available:

Open to open the selected file.

Delete to delete the selected file.

Move to move a file to another folder.

Rename to give a new name to the file.

Set as wallpaper to set the selected file as wallpaper.

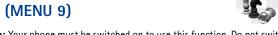
Set as ring tone to set the selected file as the ringing tone.

Details to see the details of the file, for example, the size of the file.

Sort to sort the files and folders by date, type, name or size.

GAMES (MENU 9)





Note: Your phone must be switched on to use this function. Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

Launching a game

- 1 Press Menu and select Games and Select game.
- 2 Scroll to a game or a game set (the name depends on the game).
- 3 Press Options and select Open, or press .

If the selection is a single game it will be launched.

Otherwise, a list of games in the selected game set is displayed. To launch a single game, scroll to the desired game, press **Options**, and select **Open** or press **^**.

Note that running some games may consume the phone's battery faster. You may need to connect the phone to the charger.

Game downloads

Press Menu and select Games and Game downloads. The list of available WAP bookmarks is shown. Select More bookmarks to access the list of WAP bookmarks in the Services menu.

Select the appropriate bookmark to connect to the desired WAP site. If the connection fails, you may not be able to access the WAP site from the WAP service, whose connection settings are currently active. In this case, enter the **Services** menu and activate another set of service settings. See "Use browser options" on page 94. Try again to connect to the WAP site.

For the availability of different WAP services, pricing and tariffs, contact your network operator or the WAP service provider.

Note that when downloading a game or an application, it may be saved in the **Applications** menu instead of the **Games** menu.

Memory status for games

To view the amount of memory available for game and application installations, press Menu, and select Games and Memory.

Game settings

Press Menu, and select Games and Settings to set sounds, lights and shakes for the game, and to enter and save your Club Nokia ID. See "Services (Menu 13)" on page 91.

• APPLICATIONS (MENU 10)





Note: The phone must be switched on to use this function. Do not switch on the phone when the use of a wireless phone is prohibited or when it may cause interference or danger.

With the **Applications** menu you can manage the Java applications installed on your phone. Your phone includes some Java applications specially designed for this phone. Various service providers offer other applications using WAP services, or they can be downloaded to your phone from a personal computer using a data cable or IR connection.

LAUNCH AN APPLICATION

- 1 At the start screen, press Menu, Applications and Select application.
- 2 Press Select.
 - One or more applications appear in the display.
- 3 Scroll to an application press Options.
- 4 Press Open. If the selection is a single application it launches. Otherwise, a list of applications in the selected application set appears.
- 5 To launch a single application within the set, scroll to the desired application, press Options, then press Open.

APPLICATION OPTIONS

Option	Function
Open	Starts the application.
Delete	Delete the application or application set from your phone.
Web access	Provides options for restricting network access: Ask first (ask for net access) Allowed (allow net access) Not allowed (refuses net access)
Update version	Check if a new version of the application is available for download.
Service settings	Lets you specify settings for applications requiring specific network settings.
Details	Shows additional information about the application.

DOWNLOAD APPLICATIONS

You can download new Java applications in different ways.

Application downloads

- At the start screen, press Menu, select Applications and App. downloads. After a brief pause, the list of available WAP bookmarks appears in the display.
- Scroll to the appropriate bookmark that contains the application you wish to download, and press Select to connect to the WAP page. See "Navigate the wireless Internet" on page 95 for information on browsing WAP pages.
- Scroll to More bookmarks (if necessary) and press Select to access the list of WAP bookmarks in your Services menu.

Game downloads menu

At the start screen, press Menu, select Games, Game downloads, Club Nokia and press Select.

After a brief pause, your phone connects to the WAP pages of Club Nokia using the WAP settings currently active.



Note: If the connection fails, enter the **Services** menu and activate another set of service settings. See "Use browser options" on page 94 for more info on browser settings.

PC Suite

Use the Java Application installer from PC Suite to download the applications in your phone.



Note: Only install software from sources that you trust.

Note: When you download a game or an application, it may be saved in the Games menu instead of the Applications menu.

Memory status for applications

You can view the size of memory available for game and application installations.

At the start screen, press Menu, select Applications and Memory. After a brief pause, the amount of free memory appears in the display.

EXTRAS (MENU 11)



Note: Your phone must be switched on to use the functions in Extras menu. Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

Calculator

The calculator in your phone adds, subtracts, multiplies, divides, calculates the square and the square root, and converts currency values.

This calculator has a limited accuracy and rounding errors may occur, especially in long divisions.

- Press Menu and select Extras and Calculator.
- When **0** is displayed on the screen, key in the first number in the calculation, and press # for a decimal point or the corresponding decimal symbol on the keyboard, if the flip is open.
- Press Options, then select Add, Subtract, Multiply, Divide, Square, Square root, or Change sign.

If the flip is open, you can also use the corresponding calculation symbols of the keyboard, if available,



Tip: Alternatively, press *+ once to add, twice to subtract, three times to multiply, or four times to divide, if you use the calculator with the flip closed.

- Key in the second number.
- For a total, press **Options** and select **Equals**. Repeat steps 3–5 as many times as is necessary.
- To start a new calculation, press and hold Clear.

PERFORMING A CURRENCY CONVERSION

- Press Menu and select Extras and Calculator.
- To save the exchange rate, press **Options** and select **Exchange rate**. Select either of the displayed options.
- Key in the exchange rate, press $\#^{\Phi}$ for a decimal point, and press **OK**. The exchange rate remains in the memory until you replace it with another one.
- To perform the currency conversion, key in the amount to be converted, press Options, and select To home or To foreign.
 - You can also perform the currency conversion in standby mode. Key in the amount to be converted, press **Options**, and select **To home** or **To foreign**.

VOICE RECORDER

You can use the voice recorder feature when you want to record personal notes or reminders, or when you want to record an active phone conversation.



Warning: Your phone must be switched on to use this function. Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

Record a memo

Press Menu. Extras and Voice recorder.

Record appears highlighted.

- 2 To begin recording, scroll to Record, then press Select.
- 3 Clearly state your note; When you are finished, press **Stop**.

The **Title** box appears on the screen with the word **Recording**.

4 Key in a name for the recording and press **OK** to save it.

Recording saved appears on the screen.

If you do not want to save the recording, then follow these steps:

1 Press Clear to erase the name, then press Back.

Recording will not be not saved. Continue? appears on the screen.

2 Press OK.

Record a phone conversation



Note: Obey all applicable local laws governing recording of calls. Do not use this feature illegally.

- Place the call.
- While in the call, press Options.
- 3 Scroll to Record, then press Select.

While you are recording, the screen shows the amount of time left, and you hear a soft beep every 5 seconds.

- 4 When you are finished, press Stop.
- 5 Recording saved appears on the screen, and the conversation is automatically saved under the name "Recording." You can edit the name later.

AUDIO CUES

There are three audio cues to indicate the recording status to both parties in an active phone conversation.

- The start tone plays when recording begins.
- The recording tone plays every 5 seconds while the conversation is being recorded.
- The ending tone signals the end of the recording.

Listen to or edit a memo

- 1 To listen to or edit a recorded memo, press Menu, Extras, Voice recorder and Recordings list. A list of recordings appears.
- 2 Scroll to the recording you want, then press **Options**.

A list of options appears:

- Select Playback to listen to the memo.
- Select Edit title to change the name of a memo. Key in the new name and press OK.
- Select Erase to delete the memo.

Set an alarm

You can set an alarm for a voice memo as a reminder to yourself.



Note: Voice memo alarms are played only when the phone is on. There is no snooze function.

- 1 Press Menu, Extras, Voice recorder and Recordings list.
- 2 Press Options, scroll to Add alarm, and press Select.
- 3 Enter the date and time for the alarm, then press OK.
 Alarm added appears on the display.

Notes about voice memos

- Available memo length is about 180 seconds, but the maximum length of the memo depends on available memory.
- When the recording tone starts to beep every 2 seconds, you only have 10 seconds left for your voice memo.
- If the memory is full when you try to record a new voice memo, No space for new recording appears on the screen. You have the choice to erase an existing voice memo to free up space for the new recording.

VOICE COMMANDS

You can command your phone to perform different functions with your voice. Voice commands work similar to voice dialing, so you will need to associate a voice tag with each command.



Note: Voice commands cannot be used during a call, or while sending or receiving data using the GPRS connection.

View available functions

To see which functions in your phone work with voice commands, press **Menu**, **Extras**, **Voice commands** and scroll through the list of functions.

Phone feature	Use a voice tag to select a profile or activate a feature	
Profiles	Normal	
	Silent	
	Meeting	
	Outdoor	
	Pager	
Voice mailbox	Call voice mailbox	
Radio	Radio on	
	Radio off	
	Next channel	
	Previous channel	
Infrared	Activate infrared	
Recorder	Record	

Add a voice tag for the command

- 1 Press Menu, then select Extras and Voice commands.
- **2** Scroll to the phone function, then press **Select**.
- **3** Scroll to one of the available features, and press **Options**.
 - Add command appears on the display.
- 4 Press Select.
 - Press Start, then speak after tone appears on the display.
- 5 Press **Start**, and speak the voice tag clearly into the microphone.
- Note: Do not press Quit unless you want to cancel the recording.
 - The phone replays then saves the recorded tag.

Activate a voice command

After you associate a voice tag with a phone function, you can issue a command by speaking the voice tag.

- 1 Choose on of the following three ways to activate a voice command:
 - If you have the headset attached, press and hold the headset button.
 - Press and hold Contacts.
 - Press and hold the volume down key.
- When Please speak now appears, pronounce the voice tag clearly into the microphone. When the phone finds the tag, Found appears, and the command is issued.

Existing voice command tags

After you have associated a voice tag to a command, you can choose one of the following options:

- Playback
- Change
- Erase

PLAY BACK A VOICE COMMAND TAG

- 1 Press Menu, then select Extras and Voice commands.
 - A list of phone functions appears, with **Profiles** highlighted.
- 2 Scroll to the phone function containing the voice command you want to hear and press Select, for example, Profiles.
- 3 Scroll to the profile with the voice command you want to hear. Look for the voice tag icon (♀)).
- 4 Press Options.
 - Playback appears highlighted.
- 5 Press Select.
 - Playing voice command appears as the phone plays the command.

CHANGE OR ERASE A VOICE COMMAND TAG

- 1 At the start screen, press Menu, then select Extras and Voice commands.
- 2 After a brief pause, the list of phone functions appears in the display.
- **3** Scroll to the feature you wish to modify and press **Select**.

- When the command you wish to modify appears in the display, press **Options**.
- Scroll to Change or Delete and press Select. 5
 - If you selected **Change**, press **Start**, then record the new tag.
 - If you selected **Delete**, a confirmation message appears. Press **OK** and the tag for the selected command is erased.

Countdown timer

Press Menu. and select Extras. and Countdown timer. Key in the alarm time in hours and minutes and press OK. If you wish, write your own text note, which is displayed when the time expires, and press **OK** to start the countdown timer.

To change the countdown time, select **Change time**, or to stop the timer, select Stop timer.

If the alarm time is reached when the phone is in standby mode, the phone sounds a tone and flashes the note text if it is set or else **Countdown time up** appears. Stop the alarm by pressing any key. If no key is pressed, the alarm stops automatically within 30 seconds. To stop the alarm and to delete the text note, press OK.

Stopwatch

You can measure time, record intermediate times or lap times using the stopwatch. During timing, the other functions of the phone can be used. To set the stopwatch timing in the background, press .



Note: Using the stopwatch consumes the battery and operating time is reduced. Be careful not to let it run in the background when performing other operations with your phone.

TIMING AND SPLIT TIMING

- Press Menu, then select Extras, Stopwatch, and Split timing. You can select Continue if you have set the timing in the background.
- 2 Press **Start** to start timing.
- 3 Press **Split** every time you want to record an intermediate time. The intermediate times are listed below the running time on the display.
- Scroll to view the times. 4
- Press **Stop** to stop timing.
- Press **Options** and select one of the following options:

Start to start the timing again. The new time is added to the previous one. Save to save the time. Key in a name for the measured time and press OK. If no name is keyed in, the total time is used as the title.

Reset to reset the time without saving it.

LAP TIMING

Press Menu, then select Extras, Stopwatch, and Lap timing. Press Start to start timing and Lap to record a lap time. Press Stop to stop the lap timing. Press Options and you can save the lap times, reset the lap times, or start timing again, Refer to "Timing and Split timing".

VIEWING AND DELETING TIMES

Press Menu, then select Extras and Stopwatch.

If the stopwatch is not reset, you can select **Show last time** to view the most recent measured time. Select View times and a list of names or final times of the time sets is shown. Select the time set you want to view.

To delete the saved times, select **Delete times**. Select **Delete all** and press **OK**, or select One by one, scroll to the times you want to delete, press Delete and press OK.

CONNECTIVITY (MENU 12)



Infrared

You can set up the phone to receive data through its infrared (IR) port. To use an IR connection, the device with which you want to establish a connection must be IrDA compliant. You can send or receive data such as business cards and calendar notes to or from a compatible phone or data device (for example, a computer) using the IR port of your phone.

Do not point the IR beam at anyone's eye or allow it to interfere with other IR devices. This device is a Class 1 laser product.



Note: Your phone must be switched on to use this function. Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

SENDING AND RECEIVING DATA VIA IR

- Ensure that the IR ports of the sending and receiving devices are pointing at each other and that there are no obstructions between the devices. The preferable distance between the two devices in an IR connection is no more than 2 ft. 7in. (about 80cm).
- To activate the IR port of your phone to receive data using IR, press **Menu** and select Connectivity and Infrared.
- The user of the sending phone selects the desired IR function to start data transfer.

If data transfer is not started within two minutes after the activation of the IR port, the connection is cancelled and has to be started again.

IR CONNECTION INDICATOR

- When p. is shown continuously, the IR connection is activated and your phone is ready to send or receive data using its IR port.
- When **b···** blinks, your phone is trying to connect to the other device or a connection has been lost.

Note that the IR connection deactivates automatically.

GPRS

GPRS CONNECTION

You can set the phone to automatically register to a GPRS network when you switch the phone on. Press **Menu**, then select **Connectivity**, **GPRS**, **GPRS connection**, and **Always online**. When you start an application using GPRS, the connection between phone and network is established, and data transfer is possible. When you end the application, the GPRS connection is ended but the registration to the GPRS network remains.

If you select **When needed**, the GPRS registration and connection are established when an application using GPRS requires it and is closed when you end the application.

When the GPRS connection is established, the indicator **G** is shown on the top left of the display. If you receive a call or a text message, or make a call during a GPRS connection, the indicator **W** will be shown on the top right of the display to indicate that the GPRS connection is suspended (on hold).

Note that your phone supports three simultaneous GPRS connections. For example, you can at the same time browse WAP pages, receive multimedia messages and have an ongoing PC dial—up connection.

GPRS MODEM SETTINGS

You can connect the phone using an IR or data cable connection to a compatible PC and use the phone as a modem to enable GPRS connectivity from the PC.

Press Menu, then select Connectivity, GPRS, and GPRS modem settings. Select Active access point and activate the access point you want to use. Select Edit active access point to change the access point settings.

- Scroll to Alias for access point and press Select. Key in the name you would like for the activated access point and press OK.
- Scroll to GPRS access point and press Select. Key in the Access Point Name (APN) and press OK.

An APN is needed to establish a connection to a GPRS network. You can obtain the APN from your network operator or service provider.

You can also set the GPRS dial-up service settings (APN) on your PC using the Nokia Modem Options software. See "PC Suite" on page 99. If you have set the settings both on your PC and on your phone, note that the PC settings will be used.

Synchronization

You can save your calendar and contacts data in a remote Internet server or in a compatible PC. If you have saved data in the remote Internet server, you can synchronize your phone by starting the synchronization from your phone. You can also synchronize the data in your phone's contacts and calendar to correspond with the data of your PC by starting the synchronization from your PC.

Note that answering an incoming call during synchronization will end the synchronization and you need to start it again.

SYNCHRONIZING FROM YOUR PHONE

Before synchronizing from your phone, you may need to do the following:

- Subscribe to a synchronization service. For more information on availability
 and the synchronization service settings, contact your network operator or
 service provider.
- Retrieve the synchronization settings from your network operator or service provider.

You may receive the synchronization settings as a text message or you may have to key in the settings manually (see below for more details).

To start the synchronization from your phone:

- Press Menu, then select Services, Settings, and select the connection settings you need for synchronization.
 - The synchronization settings may differ from the service settings required for WAP browsing. After synchronizing, change your **Settings** back to the previous ones if you want to use other WAP services later.
- 2 Mark the data to be synchronized (see Data to be synchronized in "Key in synchronization settings manually" on next page).
- 3 Press Menu, and select Connectivity, Synchronization and Synchronize.
- 4 The marked data of the active set will be synchronized after confirmation.
 Note that synchronizing for the first time may take time up to 30 minutes, if Contacts or calendar are full

SAVE SYNCHRONIZATION SETTINGS RECEIVED AS TEXT MESSAGE

When you receive the synchronization settings as a text message, **Synchronization settings received** is displayed.

Press **Options** and select **Details** to view the received settings first, **Save** to save the synchronization settings, or **Discard** to discard them.

KEY IN SYNCHRONIZATION SETTINGS MANUALLY

- 1 Press Menu, select Connectivity, Synchronization and Settings.
- 2 Select Custom. active Internet sync. sett
 - You need to activate the set where you want to save the synchronization settings. A set is a collection of settings required to make a connection to a service.
- 3 Scroll to the set you wish to activate and press Activate.
- 4 Select Custom. active Internet sync. sett.
- 5 Select each setting one by one and key in all the required settings.
- Settings' name. Key in the name for the set and press OK.
- Data to be synchronized. Mark the data you want to synchronize (Contacts or Calendar) and press Done.
- Database addresses. Select Contacts database or Calendar database to be edited. Key in the name of the database and press OK.
- User name. Key in the user name and press OK.
- Password. Key in the password and press OK.
- Synchronization server. Key in the name of the server and press OK.

SYNCHRONIZE FROM YOUR PC

To synchronize Contacts and Calendar from your PC, use either an IR connection or a data cable. You also need to install on your computer the PC Suite software that is designed to work with your phone. Visit the website at nokia.com/support/phones/6800. Start the synchronization from your PC using PC Suite. After synchronizing, the data in the phone and the PC are the same.

• SERVICES (MENU 13)



Your phone has a built-in browser you can use to connect to selected services on the Internet. You can view weather reports, check news or flight times, view financial information, and much more.



Note: Your phone must be switched on to use this function. Do not switch the phone on when wireless phone use is prohibited or when it may cause interference or danger.

NOTES ON WIRELESS INTERNET ACCESS.

This section gives a brief overview of wireless Internet technology.

Technology background

XHTML

A technology called HyperText Markup Language (xHTML) is to mobile devices what the World Wide Web (WWW) is to personal computers. xHTML is a relatively new development that provides access to the Internet for mobile users.

Today, most xHTML sites are made up of text and hyperlinks. Some pages even contain low-resolution graphics, or require data input. Your service provider and others are free to design xHTML sites as they choose, so the sites are as variable as Web pages on the Internet.

Internet content on your personal computer is called a "web page." Internet content on your mobile phone is called a "page," or "xHTML card."

The wireless provider's role

Because wireless Internet content is designed to be viewed from your phone, your wireless provider now becomes your "wireless Internet service provider" as well.

Your wireless provider has probably created a home page and set up your browser to go to this page when you log on to the Internet. Once at your service provider's home page, you may find links to a number of other sites.

Set up for browsing

It should not be necessary to manually configure the browser on your phone. Normally this is done by your wireless provider once you have subscribed to the feature. Contact your wireless provider if you have problems using the browser.

If it is necessary to enter the settings manually, refer to the following steps.

- 1 Press Menu and select Services, Settings and Connection settings.
- 2 Select Active service settings.

You need to activate the set where you want to save the service settings. A set is a collection of settings that are required to make a connection to a WAP service.

- 3 Scroll to the set that you would like to activate and press **Activate**.
- 4 Select Edit active service settings.
 Select each of the settings one by one and key in all the required settings.
- Settings' name Key in the new name for the connection set and press OK.

- Homepage Key in the homepage address of the WAP service that you want to use, and press OK.
- Session mode Select Permanent or Temporary.
- Connection security Select On or Off.
- When the connection security is On, the phone tries to use a secure connection
 with the WAP service. If a secure connection is not available, the connection
 will not be made. If you wish to connect anyway, with a non-secure connection,
 you must set the connection security to Off.
- Data bearer Select GSM data or GPRS.
- Bearer settings Settings for the selected bearer. See below for more information.
 For pricing, connection speed and other information, contact your network operator or service provider.

SETTINGS WHEN GSM DATA IS THE SELECTED DATA BEARER

- Dial-up number Key in the phone number and press OK.
- IP address Key in the address, and press OK. You obtain the IP address from your network operator or service provider.
- Authentication type Select Secure or Normal.
- Data call type Select Analogue or ISDN.
- Data call speed Select the speed you want to use, or select Automatic.
 Automatic is available only if the current selected data call type is Analogue.
 The actual data call speed depends on the service provider.
- Login type Select Manual or Automatic.
- User name Key in the user name and press OK.
- Password Key in the password and press OK.
- Display terminal window Select Yes, if you want the server to perform user authentication when you access intranet sites during a dial-up connection.

SETTINGS WHEN GPRS IS THE SELECTED DATA BEARER

- **GPRS access point** Key in the access point name and press **OK**.
- An access point name is needed to establish a connection to a GPRS network.
 You obtain the access point name from your network operator or service provider.
- IP address Key in the address and press OK. You obtain the IP address from your network operator or service provider.

- Authentication type Select Secure or Normal.
- Login type Select Manual or Automatic. If you select Automatic, the login
 type uses the user name and password keyed in the following settings. If you
 select Manual, the login information is required each time when establishing
 a connection.
- User name Key in the user name and press OK.
- Password Key in the password and press OK.

SIGN ON TO THE WIRELESS INTERNET

- Press Menu, then select Services and Home. After a brief pause, your phone attempts to connect to your wireless provider's home page.
 OR
- At the start screen, press and hold \square .

Your phone connects to the Internet and to your service provider's home page.

If you see the **Check service settings** message, the phone may not be set up for browsing. Contact your wireless provider to make sure that your phone is configured properly.

USF BROWSER OPTIONS

The **Services** menu gives you the options shown in the following table. Some wireless providers may have customized the options on the Services menu. Contact your wireless provider for more information if any of the options shown in the following table are not available.

Choice	What it does	
Home	Starts the browser and takes you to your service provider's home page.	
Bookmarks	Shows a list of all saved bookmarks. Bookmarks help you find an xHTML site quickly.	
Download links	Allows you to download content from pre-programmed xHTML sites.	
Service inbox	Allows you to receive notifications from your service provider about new e-mail messages, changes in stock prices, and so on.	

Choice	What it does
Settings	Provides options for changing connection settings, appearance settings, cookie settings, and certificates.
Go to address	Accepts an address you enter.
Clear the cache	Empties the browser's temporary memory. It is advisable to empty the cache at the end of each session.

NAVIGATE THE WIRELESS INTERNET

Since your phone screen is much smaller than a computer screen, Internet content is displayed differently than you may be accustomed to seeing. This section contains guidelines for using phone keys to navigate a xHTML site and examples of how to read an xHTML site.

General guidelines for using the phone keys

- Use the four-way scroll keys to browse the xHTML site.
- To select a highlighted item, press —.
- To enter letters and numbers, press the keys □ through wxxz.
- To enter special characters, press the *+ key.

Examples of wireless Internet sites

The following illustrations show most of the elements you may find on a wireless Internet site. These are examples only.



- Header line: shows the current Internet site
- 2) Active link: appears as a highlighted word.
- Inactive link: appears as an underlined word.

Scroll through the list of links using \square .





- **4) Selection list**: Brackets [] appear when you have the option to enter information.
- **5) Options**: Press **Options** to go to the site menu and/or browser page.
- **6) Back**: Press **Back** to return to the previous page.
- 7) Data entry field: Brackets [] that enclose dots indicate when you need to enter information. In this example, you can enter your zip code to receive the local weather forecast.

USE BOOKMARKS

You can save addresses for your favorite sites as bookmarks. A bookmark helps you find a site again, just as a slip of paper helps you find a page in a book. You can add up to 50 bookmarks to your browser.

Set a bookmark while browsing

- 1 Press Menu, then select Services and Bookmarks. After a brief pause, a list of bookmarks (if any) appear in the display.
- 2 Press Options, scroll to New bookmark (if necessary), and press Select.
- **3** Enter an address for the bookmark and press **OK**.
- 4 Enter a title for the bookmark and press **OK**. A message appears in the display confirming your bookmark is saved.

Disconnect from the Internet

- To quit browsing and end the connection, press Options and select Quit.
 When the Quit browsing? message appears, press Yes.
 - OR
- Press . If GSM data is the selected data bearer, then press twice.

SECURITY ISSUES

Security features are required for some WAP services, such as banking services or shopping on a WAP site. For such connections you need security certificates and possibly a security module, which may be available on your SIM card.

The security module can contain certificates as well as private and public keys. The security module provides security services for WAP- related applications and allows you to use a digital signature. The certificates are saved in the security module by the service provider, or they can be downloaded from a WAP site. For more information, contact your service provider.

CLEAR THE CACHE

The information or services you have accessed are stored in the cache of your phone. A cache is a buffer memory, which is used to store data temporarily. If you tried to access or have accessed confidential information requiring passwords (for example, your bank account), empty the cache of your phone after each use.

1 Press Menu, then select Services. After a brief pause, a list of options appear in the display.

ΩR

If browsing, press Options.

2 Scroll to Clear the cache and press Select.

About authority certificates

To use some xHTML services, such as banking services, you need an authority certificate. Using the certificate can help you to improve the security of connections between your phone and an xHTML server.

You can download the certificate from an xHTML page if the xHTML service supports the use of authority certificates. After the download, you can view the certificate, then save or delete it. If you save the certificate, it is added to the list of certificates in the phone.

Your phone alerts you if the identity of the xHTML server or xHTML gateway cannot be verified or is not authentic

VIEW THE LIST OF AUTHORITY CERTIFICATES

- 1 Press Menu, then select Services, Settings and Connection settings.
- 2 Scroll to Security settings and press Select.
- 3 Scroll to Authority certificates and press Select.
- 4 Scroll to Certificate list and press Select. The list of authority certificates is displayed.

• SIM SERVICES (MENU 14)



In addition to the functions available on the phone, your SIM card may provide services that you can access in Menu 14. Menu 14 is shown only if it is supported by your SIM card. The name and contents of the menu depend entirely on the service available.



Note: For availability, rates and information on using SIM services, contact your SIM card vendor, network operator, service provider, or other vendor.

You can set the phone to show you the confirmation messages sent between your phone and the network when you are using the SIM services by selecting the option **Yes** in **Phone settings, Confirm SIM service actions**.

Note that accessing these services may involve sending a text message (SMS) or making a phone call for which you may be charged.

9 PC Connectivity

You can access the Internet when your phone is connected to a compatible PC using an IR connection or a data cable. You can use your phone with a variety of PC connectivity and data communications applications. With PC Suite you can, for example, send text and picture messages, synchronize Contacts, Calendar, To-do notes, and Notes between your phone and the PC, and manage your WAP bookmarks and connection settings.

You may find more information and downloadable files on the Nokia website, www.nokia.com/us.

PC SUITE

Nokia PC Suite is a collection of powerful tools that you can use to manage your phone's features and data. Depending on which phone you have, your version of PC Suite consists of the following components.

- Nokia Application Installer allows you to install Java applications from your PC to your phone.
- Nokia Image Converter allows you to convert and optimize graphics for use in MMS messages or for creating desktop wallpaper for your phone.
- Nokia Sound Converter allows you to convert general MIDI files for use with MMS messages and as ringing tones for your phone.
- Nokia Content Copier allows you to copy data between two Nokia phones, to back up your phone's data to your PC (then restore the data back to your phone), and erase data from your phone.
- Nokia Phone Editor allows you to edit your Contacts list and settings from your PC.
- Nokia PC Sync allows you to synchronize contacts, calendar, and to-do list items between your phone and PIM applications such as Microsoft Outlook and Lotus Organizer.
- Nokia Connection Manager allows you to monitor the serial connection between your phone and PC and switch to a different type of connection (cable, IR, or Bluetooth) when copying data from one phone to another.
- Nokia Phone Browser allows you to browse the contents of your phone using Windows Explorer or My Computer.

GPRS and CSD

With your phone you can use GPRS (general packet radio service) and CSD (circuit switched data) data services.

For availability and subscription to high-speed data services, contact your network operator or service provider.

See "GPRS modem settings" on page 89.

DATA COMMUNICATION APPLICATIONS

For information on using a data communication application, refer to the documentation provided with it.

- 1 If you use an IR connection, activate the IR connection in the phone. See "Infrared" on page 88. Make sure that the connection is active in your PC.
- 2 If you use the cable DKU-5, connect the cable to the USB port on your computer and to the connector on your phone.
- 3 Start using the data communications application on the computer.
 Note that making or answering phone calls during a computer connection is not recommended as it might disrupt the operation.

For a better performance during data calls, place the phone on a stationary surface with the keypad facing downward. Do not move the phone by holding it in your hand during a data call.

10 Enhancements

SAFFTY

A few practical rules for enhancement operation:

- Keep all enhancements out of the reach of small children.
- When you disconnect the power cord of any enhancement, grasp and pull the plug, not the cord.
- Check regularly that any vehicle-installed enhancements are mounted and are operating properly.
- Installation of any complex car enhancements must be made by qualified personnel only.
- Use only batteries, chargers, and enhancements that have been approved by the phone manufacturer. The use of any other types could invalidate any approval or warranty applying to the phone and could be dangerous.

Charging times

The following table shows battery charging times for the specified charger.

Battery Option	ACP-7 Charger	ACP-12 Charger
BLC-2 Li-Ion 1000 mAh	3 h, 30 min	1 h, 30 min

Standby and talk times

The times shown in the following table are estimates only and represent a range for either standby or talk times (not a combination of both).



Warning: Battery talk and standby times are estimates only and depend on signal strength, network conditions, features used, battery age and condition (including the effect of charging habits), temperatures to which battery is exposed, use in digital mode, and many other factors. Please note that the amount of time a phone is used for calls will affect its standby time. Likewise, the amount of time that the phone is turned on and in standby mode will affect its talk time.



Note: Dispose of batteries according to local regulations (for example, recycling). Do not dispose of as household waste.

Refer to the following table for more information on talk-time and standby times in both digital and analog networks.

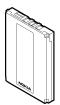
Battery	Talk time	Standby time
BLC-2 Li-lon 1000 mAh	up to 4.5 hours	up to 10 days

Battery BLC-2

- 1000 mAh Li-Ion battery
- Internal battery that can be charged by the user
- Laser printed type labels with bar code for traceability

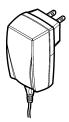


Note: Operation times are estimates and may vary depending on network conditions, charging and phone use.



Rapid travel charger ACP-8

- Fast and efficient way to charge the phone battery
- Multi-voltage
- Small, lightweight and durable



Standard travel charger ACP-7

- Easy, convenient way to charge the phone
- Small, lightweight, and durable
- Easy to connect to phone or desktop stand



Battery charging stand DDC-1

- Provides for charging a spare battery so a full power source is always available when needed
- Compatible chargers: ACP-7, ACP-8, ACP-12



Travel charger ACP-12

- High performance charger
- Multi-voltage (90-264V)



Headset HS-5

- Basic headset with good audio quality
- Send/end button for convenient use



Stereo headset HDS-3

- Stereo headset with microphone and answer/end button
- Provides comfortable handsfree operation and pleasure of listening to the Nokia 6800 phone's FM radio in stereo
- Small and lightweight



Boom headset HDB-4

- Basic handsfree functionality with send/end button
- Beautiful and distinctive Nokia design
- Small and lightweight



Camera headset HS-1C

- A single-shot camera with a Pop-port connection to use with your Nokia phone
- Basic handsfree functionality with send/end button
- Small and lightweight



Inductive loopset LPS-4

- Mobile freedom for hearing aid users
- Handsfree operation without batteries
- Audio input connection



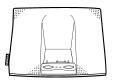
Connectivity desk stand DCV-14

Provides easy charging and data synchronization with a compatible computer using the Connectivity Adapter Cable DKU-5 (supplied separately).



Music stand DT-1

- Stylish stand with excellent sound quality for phones with built-in radio
- Includes input for external audio devices, handsfree functions and charging
- Compatible with the ACP-12 charger



Full car kit CARK-144

- Full car kit consists of Car installation kit CARK-126, Mobile holder MBC-13L and Swivel mount HHS-15
- Convenient, handsfree usage
- Provides charging for the phone and car radio mute
- Ignition sense
- Phone specific voice dialing features are accessible using car kit



Mobile holder MBC-13L

- Enables the use of Car installation kit CARK-126.
- Enables use of Mobile charger and/or headset
- Easy to attach to the dashboard with swivel or mounting plate
- Phone specific size



- · High performance charger
- Easy and convenient way to charge the phone battery in a vehicle
- Green LED shows when ready for charging
- Can be used with 12V DC or 24V DC systems
- Lightweight and small size unobtrusive when plugged into the cigarette lighter socket wherever the socket is located

Data cable DKU-5

- For sending and receiving data from your computer
- Enables data transfer and synchronization with personal computer





Phone adapter HDA-10

- Plug and play TTY connectivity (TTY must be activated first in Accessory settings menu)
- Plugs into the connector on the bottom of the phone

Carrying cases

Stylish carrying cases complementing your Nokia mobile phone's design are available from your local dealers



11 Reference information

BATTERY STATEMENTS

Charging and Discharging

Your phone is powered by a rechargeable battery.

Note that a new battery's full performance may be achieved only after two or three complete charge and discharge cycles!

The battery can be charged and discharged hundreds of times but it will eventually wear out. When the operating time (talk time and standby time) is noticeably shorter than normal, it is time to buy a new battery.

Use only batteries approved by the phone manufacturer and recharge your battery only with the chargers approved by the manufacturer. Unplug the charger when not in use. Do not leave the battery connected to a charger for longer than a week, since overcharging may shorten its lifetime. If left unused, a fully charged battery will discharge itself over time.

Temperature extremes can affect the ability of your battery to charge; allow it to cool down or warm up first.

Use the battery only for its intended purpose.

Never use any charger or battery which is damaged or worn out.

Do not short-circuit the battery. Accidental short-circuiting can occur when a metallic object (coin, clip, or pen) causes direct connection of the + and - terminals of the battery (metal strips on the battery), for example, when you carry a spare battery in your pocket or purse. Short-circuiting the terminals may damage the battery or the connecting object.

Leaving the battery in hot or cold places, such as in a closed car in summer or winter conditions, will reduce the capacity and lifetime of the battery. Always try to keep the battery between 59°F and 77°F (15°C and 25°C). A phone with a hot or cold battery may temporarily not work, even when the battery is fully charged. Batteries' performance is particularly limited in temperatures well below freezing.

Do not dispose of batteries in a fire!

Dispose of batteries according to applicable local regulations (for example, recycling). Do not dispose of as household waste.

USE PROPER CARE AND MAINTENANCE

Your phone is a product of superior design and craftsmanship and should be treated with care. The suggestions below will help you to fulfill any warranty obligations and to enjoy this product for many years:

- Keep the phone and all its parts and enhancements out of the reach of small children.
- Keep the phone dry. Precipitation, humidity and all types of liquids or moisture can contain minerals that will corrode electronic circuits.
- Do not use or store the phone in dusty, dirty areas. Its moving parts can be damaged.
- Do not store the phone in hot areas. High temperatures can shorten the life
 of electronic devices, damage batteries, and warp or melt certain plastics.
- Do not store the phone in cold areas. When it warms up (to its normal temperature), moisture can form inside which may damage electronic circuit hoards
- · Do not attempt to open the phone. Non expert handling may damage it.
- Do not drop, knock, or shake the phone. Rough handling can break internal circuit boards.
- Do not use harsh chemicals, cleaning solvents, or strong detergents to clean the phone.
- Do not paint the phone. Paint can clog the moving parts and prevent proper operation.
- Use only the supplied or an approved replacement antenna. Unauthorized antennas, modifications, or attachments could damage the phone and may violate regulations governing radio devices.

All of the above suggestions apply equally to your phone, battery, charger or any enhancement. If any of them are not working properly, take them to your nearest qualified service facility. The personnel there will assist you, and if necessary, arrange for service. Be sure to back up important data before releasing your phone for service.

UNDERSTAND IMPORTANT SAFETY INFORMATION

Traffic Safety

Do not use a handheld telephone while driving a vehicle. Always secure the phone in its holder; do not place the phone on the passenger seat or where it can break loose in a collision or sudden stop.

Remember road safety always comes first!

Operating environment

Remember to follow any special regulations in force in any area and always switch off your phone whenever it is forbidden to use it, or when it may cause interference or danger.

Use the phone only in its normal operating positions.

Electronic devices

Most modern electronic equipment is shielded from radio frequency (RF) signals. However, certain electronic equipment may not be shielded against the RF signals from your wireless phone.

PACEMAKERS

Pacemaker manufacturers recommend that a minimum separation of 6 inches (20 cm) be maintained between a handheld wireless phone and a pacemaker to avoid potential interference with the pacemaker. These recommendations are consistent with the independent research by and recommendations of Wireless Technology Research. Persons with pacemakers:

- Should always keep the phone more than 6 inches (20 cm) from their pacemaker when the phone is switched on
- · Should not carry the phone in a breast pocket
- Should use the ear opposite the pacemaker to minimize the potential for interference.
- If you have any reason to suspect that interference is taking place, switch off your phone immediately.

HEARING AIDS

Some digital wireless phones may interfere with some hearing aids. In the event of such interference, you may want to consult your service provider.

Other medical devices

Operation of any radio transmitting equipment, including cellular phones, may interfere with the functionality of inadequately protected medical devices. Consult a physician or the manufacturer of the medical device to determine if they are adequately shielded from external RF energy or if you have any questions. Switch off your phone in health care facilities when any regulations posted in these areas instruct you to do so. Hospitals or health care facilities may be using equipment that could be sensitive to external RF energy.

Vehicles

RF signals may affect improperly installed or inadequately shielded electronic systems in motor vehicles (for example, electronic fuel injection systems, electronic antiskid/antilock braking systems, electronic speed control systems, air bag systems). Check with the manufacturer or its representative regarding your vehicle. You should also consult the manufacturer of any equipment that has been added to your vehicle.

Posted facilities

Switch your phone off in any facility where posted notices so require.

Potentially explosive atmospheres

Switch off your phone when in any area with a potentially explosive atmosphere and obey all signs and instructions. Sparks in such areas could cause an explosion or fire resulting in bodily injury or even death.

Users are advised to switch off the phone when at a refueling point (service station). Users are reminded of the need to observe restrictions on the use of radio equipment in fuel depots (fuel storage and distribution areas), chemical plants, or where blasting operations are in progress.

Areas with a potentially explosive atmosphere are often but not always clearly marked. They include below deck on boats; chemical transfer or storage facilities; vehicles using liquefied petroleum gas (such as propane or butane); areas where the air contains chemicals or particles, such as grain, dust, or metal powders; and any other area where you would normally be advised to turn off your vehicle engine.

Vehicles

Only qualified personnel should service the phone or install the phone in a vehicle. Faulty installation or service may be dangerous and may invalidate any warranty which may apply to the unit.

Check regularly that all wireless phone equipment in your vehicle is mounted and operating properly.

Do not store or carry flammable liquids, gases, or explosive materials in the same compartment as the phone, its parts, or enhancements.

For vehicles equipped with an air bag, remember that an air bag inflates with great force. Do not place objects, including both installed or portable wireless equipment in the area over the air bag or in the air bag deployment area. If in-vehicle wireless equipment is improperly installed and the air bag inflates, serious injury could result.

FCC regulations prohibit using your phone while in the air. Switch off your phone before boarding an aircraft. The use of wireless telephones in an aircraft may be dangerous to the operation of the aircraft, disrupt the wireless telephone network, and may be illegal.

Failure to observe these instructions may lead to suspension or denial of telephone services to the offender, legal action, or both.

FMFRGFNCY CALLS



Important: This phone, like any wireless phone, operates using radio signals, wireless, and landline networks as well as user-programmed functions. Because of this, connections in all conditions cannot be guaranteed.

Therefore you should never rely solely upon any wireless phone for essential communications (for example, medical emergencies).

Emergency calls may not be possible on all wireless phone networks or when certain network services and/or phone features are in use. Check with local service providers.

To make an emergency call:

- If the phone is not on, switch it on. Check for adequate signal strength.
- **Note:** Some networks may require that a valid SIM card is properly inserted in the phone.
- Press A as many times as needed (for example, to exit a call, to exit a menu, etc.) to clear the display and ready the phone for calls.
- Key in the emergency number for your present location (for example, 911 or other official emergency number). Emergency numbers vary by location.
- Press the \(\bullet\) key.

If certain features are in use, you may first need to turn those features off before you can make an emergency call. Consult this user quide and your local cellular service provider.

When making an emergency call, remember to give all the necessary information as accurately as possible. Remember that your wireless phone may be the only means of communication at the scene of an accident - do not end the call until given permission to do so.

CERTIFICATION INFORMATION (SAR)

THIS MODEL PHONE MEETS THE GOVERNMENT'S REQUIREMENTS FOR EXPOSURE TO RADIO WAVES.

Your wireless phone is a radio transmitter and receiver. It is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government. These limits are part of comprehensive guidelines and establish permitted levels of RF energy for the general population. The guidelines are based on standards that were developed by independent scientific organizations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The exposure standard for wireless mobile phones employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit set by the FCC is 1.6W/kg.* Tests for SAR are conducted using standard operating positions accepted by the FCC with the phone transmitting at its highest certified power level in all tested frequency bands. Although the SAR is determined at the highest certified power level, the actual SAR level of the phone while operating can be well below the maximum value. This is because the phone is designed to operate at multiple power levels so as to use only the power required to reach the network. In general, the closer you are to a wireless base station antenna, the lower the power output.

Before a phone model is available for sale to the public, it must be tested and certified to the FCC that it does not exceed the limit established by the government-adopted requirement for safe exposure. The tests are performed in positions and locations (for example, at the ear and worn on the body) as required by the FCC for each model. The highest SAR value for this model phone as reported to the FCC when tested for use at the ear is 1.20 W/kg, and when worn on the body, as described in this user guide, is 1.02 W/kg. (Body-worn measurements differ among phone models, depending upon available accessories and FCC requirements).

While there may be differences between the SAR levels of various phones and at various positions, they all meet the government requirement.

The FCC has granted an Equipment Authorization for this model phone with all reported SAR levels evaluated as in compliance with the FCC RF exposure guidelines. SAR information on this model phone is on file with the FCC and can be found under the Display Grant section of LIPNSB-9.

For body worn operation, this phone has been tested and meets the FCC RF exposure guidelines for use with an accessory that contains no metal and that positions the handset a minimum of 5/8 inch (1.5 cm) from the body. Use of other accessories may not ensure compliance with FCC RF exposure guidelines. If you do not use a body-worn accessory and are not holding the phone at the ear, position the handset a minimum of 5/8 inch (1.5 cm) from your body when the phone is switched on.

*In the United States and Canada, the SAR limit for mobile phones used by the public is 1.6 watts/kilogram (W/kg) averaged over one gram of tissue. The standard incorporates a substantial margin of safety to give additional protection for the public and to account for any variations in measurements. SAR values may vary depending on national reporting requirements and the network band. For SAR information in other regions please look under product information at www.nokia.com/us.

12 Troubleshooting

The following table lists some common problems and their solutions.

Problem	Possible cause	Possible solution
My phone isn't charging	The charger and phone aren't properly connected	Securely connect the charger to the phone
	The charger is not properly plugged into the wall	Ensure the charger is plugged in correctly
My phone isn't	The battery isn't charged	Charge the battery
making/receiving calls	The signal strength is poor	If you are indoors, move toward a window
I can't listen to my voice	You don't have voicemail service	Call your wireless provider
messages	You haven't setup your voicemail service with your wireless provider	Call your wireless provider
	You haven't saved your voicemail number to your phone	See "Voice messages" on page 59.
	You've forgotten your password or are entering it incorrectly	Call your wireless provider
	The voicemail number you have saved to your phone is incorrect	Call your wireless provider
When I insert my SIM card into another phone, it's rejected	Fixed dialing is activated on your SIM card and the receiving phone doesn't support fixed dialing	Deactivate fixed dialing on the SIM
I can't hear the radio.	A proper enhancement (headset or music stand) is not connected to the phone. No radio frequencies are saved in memory. Volume needs adjustment.	Connect the proper enhancement. See "Set a frequency" on page 75. See "Understand your phone" on page 7 to locate the volume key.

13 Frequently asked questions

This section lists answers to the most frequently asked questions. Some of the answers contain menu shortcuts. For a list of shortcuts, see "Menu shortcuts" on page 17.

Q. What is my security code?

- A. The default security code is 12345. However, Nokia recommends that you change this code immediately. Certain features can be used only after the correct security code has been successfully entered.
- Q. How do I lock and unlock the keypad?
- A. Lock the keypad by pressing Menu *+. To unlock the keypad, press Unlock *+.
- Q. How do I make the phone ring louder?
- A. Press Menu 3 (Profiles), and scroll through the list of profiles until you find the one for which you want to set the ringing volume. Then press Select.
 - Scroll to Customize and press Select.
 - Scroll to Ringing volume and press Select.
 - Scroll to the volume level of your preference and press Select.
- Q. How do I change the ringing tone?
- A. Press Menu 3 (Profiles) and scroll through the list of profiles until you find the one for which you want to set the ringing tone. Then press Select.
 - Scroll to Customize and press Select.
 - Scroll to **Ringing tone**, and then press **Select**.
 - Scroll through the options. After you hear the tone you want to use, press Select.
- Q. How do I store my voice mailbox number?
- A. Press Menu 0-1-4-2 (Messages > Voice messages > Voice mailbox number). Enter your voice mailbox phone number, and press OK.
- Q. How do I call my voice mailbox number (retrieve voice messages)?
- A. When your phone alerts you to new voice messages, press Listen and follow the instructions on the phone. If you'd rather listen to your messages later, press Exit.

To listen to your voice messages at a later time, perform one of the following actions:

- Press and hold ¹ ao.
- Press Menu 01-4-1 (Messages > Voice messages > Listen to voice messages). Follow the recorded voice prompts to listen to your messages.
- Q. How do I redial the last-dialed number?
- A. Press twice.
- Q. How do I assign a key to 1-touch dialing?
- A. Press Contacts and scroll to 1-touch dialing.

Press Select.

Scroll to the first (empty) slot and press **Assign**.

Enter or retrieve the name/number you want to assign to the key and press **OK**. Repeat these steps as many times as necessary.

- Q. How do I check the memory status?
- A. Press Contacts, scroll to Settings, and press Select. Scroll to Memory status and press Select. Scroll to Phone or SIM card and press Select. The memory status for your selection appears in the display.
- Q. How do I find my phone's Model number and IMEI number?
- A. The model number and IMEI numbers are located on a label under the phone's battery. Turn your phone off, remove the back cover and then remove the battery from the phone.
- Q. How do I clear my call timers?

Important: Clearing call timers cannot be undone.

A. Press Menu 2-5-5 (Call log - Call timers - Clear timers).

When the security code prompt appears, enter your security code and press \mathbf{OK} .

14 Glossary

Business card A business card is the same as an entry in the Contacts list.

It may contain a name, phone number, and text entry. It can

also be sent to other devices.

Call forwarding A network services feature you use to forward incoming

calls to another number.

Call lists A list used to track numbers for incoming, outgoing, or

missed calls.

Call log A log that registers information about calls you make

and receive.

Call timers Timers used to track the amount of time you spend on calls.

Call waiting A network services feature that enables your phone to beep

while you are in the middle of a call. The beep lets you know

that someone else is calling you.

Electronic serial The identification number that is assigned to the phone.

number (ESN) This number is located under the battery.

In-call options Features available for use while you are in a call.

Keyguard Locks the keypad to prevent accidental key presses.

Keypad tones The tone you hear when you press a key.

Menu A list of choices you can make to change settings on your

phone or use various phone features.

MMS Acronym for "Multimedia messaging service."

Predictive text A method of entering information in your phone that uses

a dictionary to predict, or guess, what you are writing.

Profile A group of settings you can use to customize the way your

phone works.

Quick save A fast method for saving a number.

Ringing tone The sound your phone makes when you receive a call.

Ringing tones can be ringing sounds or short tunes.

Scroll bar A bar that appears on the right side of the screen when you

scroll through the main menus.

SMS Acronym for "short message service."

Start screen Your phone's idle screen.

Voice mail A network services feature that enables people who call and

miss you to leave a voice message on your phone.

Warning tones Sounds your phone makes during error conditions, during

confirmations, when the battery is low, and when you need

to recharge the battery.

15 Technical information

Feature	Specification
Weight	4.3 oz (122 g) with BLC-2 1000 mAh Li-lon Battery
Size	4.67 x 2.15 x .91 in (length, width, thickness)
Frequency range	Lowband 824–849 MHz (TX) 869–894 MHz (RX) Highband 1850–1910 MHz (TX) 1930–1990 MHz (RX)
Tx output power	Lowband: Up to 2 W Highband: Up to 1 W
Battery voltage	3.6 V nominal
Operating temperature	14°F to +131°F (-10°C to +55°C)
^a Talk time, standby time	Talk-time: up to 4.5 hours Talk-time with speaker: up to 4 hours Stand by time: up to 10 days Radio on with headset: up to 30 hours Radio on with speaker: up to 16 hours

^a Battery talk and standby times are estimates only and depend on signal strength, network conditions, features used, battery age and condition (including the effect of charging habits), temperatures to which battery is exposed, use in digital mode, and many other factors. Please note that the amount of time a phone is used for calls will affect its standby time. Likewise, the amount of time that the phone is turned on and in standby mode will affect its talk-time.

16 Nokia One-Year Limited Warranty

Nokia Inc. ("Nokia") warrants that this cellular phone ("Product") is free from defects in material and workmanship that result in Product failure during normal usage, according to the following terms and conditions:

- 1 The limited warranty for the Product extends for ONE (1) year beginning on the date of the purchase of the Product. This one year period is extended by each whole day that the Product is out of your possession for repair under this warranty.
- 2 The limited warranty extends only to the original purchaser ("Consumer") of the Product and is not assignable or transferable to any subsequent purchaser/ end- user.
- 3 The limited warranty extends only to Consumers who purchase the Product in the United States of America.
- During the limited warranty period, Nokia will repair, or replace, at Nokia's sole option, any defective parts, or any parts that will not properly operate for their intended use with new or refurbished replacement items if such repair or replacement is needed because of product malfunction or failure during normal usage. No charge will be made to the Consumer for any such parts. Nokia will also pay for the labor charges incurred by Nokia in repairing or replacing the defective parts. The limited warranty does not cover defects in appearance, cosmetic, decorative or structural items, including framing, and any non-operative parts. Nokia's limit of liability under the limited warranty shall be the actual cash value of the Product at the time the Consumer returns the Product for repair, determined by the price paid by the Consumer for the Product less a reasonable amount for usage. Nokia shall not be liable for any other losses or damages. These remedies are the Consumer's exclusive remedies for breach of warranty.
- 5 Upon request from Nokia, the Consumer must prove the date of the original purchase of the Product by a dated bill of sale or dated itemized receipt.
- 6 The Consumer shall bear the cost of shipping the Product to Nokia in Melbourne, Florida. Nokia shall bear the cost of shipping the Product back to the Consumer after the completion of service under this limited warranty.
- 7 The Consumer shall have no coverage or benefits under this limited warranty if any of the following conditions are applicable:

- a) The Product has been subjected to abnormal use, abnormal conditions, improper storage, exposure to moisture or dampness, unauthorized modifications, unauthorized connections, unauthorized repair, misuse, neglect, abuse, accident, alteration, improper installation, or other acts which are not the fault of Nokia, including damage caused by shipping.
- b) The Product has been damaged from external causes such as collision with an object, or from fire, flooding, sand, dirt, windstorm, lightning, earthquake or damage from exposure to weather conditions, an Act of God, or battery leakage, theft, blown fuse, or improper use of any electrical source, damage caused by computer or Internet viruses, bugs, worms, Trojan Horses, cancelbots or damage caused by the connection to other products not recommended for interconnection by Nokia.
- c) Nokia was not advised in writing by the Consumer of the alleged defect or malfunction of the Product within fourteen (14) days after the expiration of the applicable limited warranty period.
- d) The Product serial number plate or the enhancement data code has been removed, defaced or altered.
- e) The defect or damage was caused by the defective function of the cellular system or by inadequate signal reception by the external antenna, or viruses or other software problems introduced into the Product.
- 8 Nokia does not warrant uninterrupted or error-free operation of the Product. If a problem develops during the limited warranty period, the Consumer shall take the following step-by-step procedure:
 - The Consumer shall return the Product to the place of purchase for repair or replacement processing.
 - b) If "a" is not convenient because of distance (more than 50 miles) or for other good cause, the Consumer shall ship the Product prepaid and insured to:

Nokia Inc., Attn.: Repair Department 795 West Nasa Blvd. Melbourne. FL 32901

- c) The Consumer shall include a return address, daytime phone number and/ or fax number, complete description of the problem, proof of purchase and service agreement (if applicable). Expenses related to removing the Product from an installation are not covered under this limited warranty.
- d) The Consumer will be billed for any parts or labor charges not covered by this limited warranty. The Consumer will be responsible for any expenses related to reinstallation of the Product.

- e) Nokia will repair the Product under the limited warranty within 30 days after receipt of the Product. If Nokia cannot perform repairs covered under this limited warranty within 30 days, or after a reasonable number of attempts to repair the same defect, Nokia at its option, will provide a replacement Product or refund the purchase price of the Product less a reasonable amount for usage. In some states the Consumer may have the right to a loaner if the repair of the Product takes more than ten (10) days. Please contact the Customer Service Center at Nokia at the telephone number listed at the end of this warranty if you need a loaner and the repair of the Product has taken or is estimated to take more than ten (10) days.
- f) If the Product is returned during the limited warranty period, but the problem with the Product is not covered under the terms and conditions of this limited warranty, the Consumer will be notified and given an estimate of the charges the Consumer must pay to have the Product repaired, with all shipping charges billed to the Consumer. If the estimate is refused, the Product will be returned freight collect. If the Product is returned after the expiration of the limited warranty period, Nokia's normal service policies shall apply and the Consumer will be responsible for all shipping charges.
- 9 YOU (THE CONSUMER) UNDERSTAND THAT THE PRODUCT MAY CONSIST OF REFURBISHED EQUIPMENT THAT CONTAINS USED COMPONENTS, SOME OF WHICH HAVE BEEN REPROCESSED. The used components comply with Product performance and reliability specifications.
- 10 ANY IMPLIED WARRANTY OF MERCHANTABILITY. OR FITNESS FOR A PARTICULAR PURPOSE OR USE, SHALL BE LIMITED TO THE DURATION OF THE FOREGOING LIMITED WRITTEN WARRANTY, OTHERWISE, THE FOREGOING LIMITED WARRANTY IS THE CONSUMER'S SOLE AND EXCLUSIVE REMEDY AND IS IN LIEU OF ALL OTHER WARRANTIES, EXPRESS OR IMPLIED, NOKIA SHALL NOT BE LIABLE FOR SPECIAL, INCIDENTAL, PUNITIVE OR CONSEQUENTIAL DAMAGES, INCLUDING BUT NOT LIMITED TO LOSS OF ANTICIPATED BENEFITS OR PROFITS. LOSS OF SAVINGS OR REVENUE, LOSS OF DATA, PUNITIVE DAMAGES, LOSS OF USE OF THE PRODUCT OR ANY ASSOCIATED EQUIPMENT, COST OF CAPITAL, COST OF ANY SUBSTITUTE EQUIPMENT OR FACILITIES, DOWNTIME, THE CLAIMS OF ANY THIRD PARTIES, INCLUDING CUSTOMERS, AND INJURY TO PROPERTY, RESULTING FROM THE PURCHASE OR USE OF THE PRODUCT OR ARISING FROM BREACH. OF THE WARRANTY, BREACH OF CONTRACT, NEGLIGENCE, STRICT TORT, OR ANY OTHER LEGAL OR EQUITABLE THEORY, EVEN IF NOKIA KNEW OF THE LIKELIHOOD OF SUCH DAMAGES. NOKIA SHALL NOT BE LIABLE FOR DELAY IN RENDERING SERVICE UNDER THE LIMITED WARRANTY. OR LOSS OF USE DURING THE PERIOD THAT THE PRODUCT IS BEING REPAIRED.

- Some states do not allow limitation of how long an implied warranty lasts, so the one year warranty limitation may not apply to you (the Consumer). Some states do not allow the exclusion or limitation of incidental and consequential damages, so certain of the above limitations or exclusions may not apply to you (the Consumer). This limited warranty gives the Consumer specific legal rights and the Consumer may also have other rights which vary from state to state.
- 12 Nokia neither assumes nor authorizes any authorized service center or any other person or entity to assume for it any other obligation or liability beyond that which is expressly provided for in this limited warranty including the provider or seller of any extended warranty or service agreement.
- 13 This is the entire warranty between the Nokia and the Consumer, and supersedes all prior and contemporaneous agreements or understandings, oral or written, relating to the Product, and no representation, promise or condition not contained herein shall modify these terms.
- 14 This limited warranty allocates the risk of failure of the Product between the Consumer and Nokia. The allocation is recognized by the Consumer and is reflected in the purchase price.
- 15 Any action or lawsuit for breach of warranty must be commenced within eighteen (18) months following purchase of the Product.
- 16 Questions concerning this limited warranty may be directed to:
 Nokia Inc

Attn.: Customer Service

7725 Woodland Center Blvd., Suite, 150

Tampa, FL 33614

Telephone: 1-888-NOKIA-2U (1-888-665-4228)

Facsimile: (813) 287-6612

TTY/TDD Users Only: 1-800-24-NOKIA (1-800-246-6452)

17 The limited warranty period for Nokia supplied attachments and enhancements is specifically defined within their own warranty cards and packaging.

Patents

Manufactured or sold under one or more of the following US Patents. Asterisk (*) indicates design patents pending.

4868846	4969192	5001372	5101175	5212834	5230091
5241583	5311179	5331638	5331638	5335362	5384782
5384782	5390223	5396657	5400949	5416435	5442521
5444816	5446364	5479476	5487084	5519885	5526366
5553125	5557639	5581244	5625274	5640395	5664053
5677620	5692032	5699406	5699482	5701392	5729534
5729541	5754976	5760568	5782646	5805301	5827082
5835889	5839101	5844884	5845219	5857151	5862178
5870683	5887266	5889770	5892475	5898925	5907823
5914796	5915440	5917868	5920826	5926138	5926769
5930233	5946651	5956625	5956633	5960389	5963901
5966374	5966378	5970059	5987137	5991716	5991857
6005857	6011853	6014573	6026161	6028567	6029128
6038238	6043760	6047196	6049796	6055439	6060193
6069923	6081534	6084962	6088746	6094587	6097964
6112099	6115617	6118775	6122498	6128322	6128509
6138091	6144243	6144676	6148209	6151507	6163609
6164547	6167248	6170073	6185295	6188909	6195338
6199035	6201876	6240076	6240079	6249584	6266330
6292668	6295286	6310609	6324412	29159800*	29159801*
29159803*	29159804*	29159805*	29159806*		

Appendix A Message from the CTIA (Cellular Telecommunications & Internet Association) to all users of mobile phones.

© 2001 Cellular Telecommunications & Internet Association. All Rights Reserved.1250 Connecticut Avenue, NW Suite 800, Washington, DC 20036. Phone: (202) 785-0081 Safety is the most important call you will ever make.

A Guide to Safe and Responsible Wireless Phone Use

Tens of millions of people in the U.S. today take advantage of the unique combination of convenience, safety and value delivered by the wireless telephone. Quite simply, the wireless phone gives people the powerful ability to communicate by voice--almost anywhere, anytime--with the boss, with a client, with the kids, with emergency personnel or even with the police. Each year, Americans make billions of calls from their wireless phones, and the numbers are rapidly growing.

But an important responsibility accompanies those benefits, one that every wireless phone user must uphold. When driving a car, driving is your first responsibility. A wireless phone can be an invaluable tool, but good judgment must be exercised at all times while driving a motor vehicle--whether on the phone or not.

The basic lessons are ones we all learned as teenagers. Driving requires alertness, caution and courtesy. It requires a heavy dose of basic common sense---keep your head up, keep your eyes on the road, check your mirrors frequently and watch out for other drivers. It requires obeying all traffic signs and signals and staying within the speed limit. It means using seatbelts and requiring other passengers to do the same.

But with wireless phone use, driving safely means a little more. This brochure is a call to wireless phone users everywhere to make safety their first priority when behind the wheel of a car. Wireless telecommunications is keeping us in touch, simplifying our lives, protecting us in emergencies and providing opportunities to help others in need.

When it comes to the use of wireless phones, safety is your most important call.

Wireless Phone "Safety Tips"

Below are safety tips to follow while driving and using a wireless phone which should be easy to remember.

- 1 Get to know your wireless phone and its features such as speed dial and redial. Carefully read your instruction manual and learn to take advantage of valuable features most phones offer, including automatic redial and memory. Also, work to memorize the phone keypad so you can use the speed dial function without taking your attention off the road.
- 2 When available, use a hands free device. A number of hands free wireless phone accessories are readily available today. Whether you choose an installed mounted device for your wireless phone or a speaker phone accessory, take advantage of these devices if available to you.
- 3 Position your wireless phone within easy reach. Make sure you place your wireless phone within easy reach and where you can grab it without removing your eyes from the road. If you get an incoming call at an inconvenient time, if possible, let your voice mail answer it for you.

- 4 Suspend conversations during hazardous driving conditions or situations. Let the person you are speaking with know you are driving; if necessary, suspend the call in heavy traffic or hazardous weather conditions. Rain, sleet, snow and ice can be hazardous, but so is heavy traffic. As a driver, your first responsibility is to pay attention to the road.
- 5 Do not take notes or look up phone numbers while driving. If you are reading an address book or business card, or writing a "to do" list while driving a car, you are not watching where you are going. It's common sense. Don't get caught in a dangerous situation because you are reading or writing and not paying attention to the road or nearby vehicles.
- 6 Dial sensibly and assess the traffic; if possible, place calls when you are not moving or before pulling into traffic. Try to plan your calls before you begin your trip or attempt to coincide your calls with times you may be stopped at a stop sign, red light or otherwise stationary. But if you need to dial while driving, follow this simple tip--dial only a few numbers, check the road and your mirrors, then continue.
- 7 Do not engage in stressful or emotional conversations that may be distracting. Stressful or emotional conversations and driving do not mix--they are distracting and even dangerous when you are behind the wheel of a car. Make people you are talking with aware you are driving and if necessary, suspend conversations which have the potential to divert your attention from the road.
- 8 Use your wireless phone to call for help. Your wireless phone is one of the greatest tools you can own to protect yourself and your family in dangerous situations-with your phone at your side, help is only three numbers away. Dial 9-1-1 or other local emergency number in the case of fire, traffic accident, road hazard or medical emergency. Remember, it is a free call on your wireless phone!
- 9 Use your wireless phone to help others in emergencies. Your wireless phone provides you a perfect opportunity to be a "Good Samaritan" in your community. If you see an auto accident, crime in progress or other serious emergency where lives are in danger, call 9-1-1 or other local emergency number, as you would want others to do for you.
- 10 Call roadside assistance or a special wireless non-emergency assistance number when necessary. Certain situations you encounter while driving may require attention, but are not urgent enough to merit a call for emergency services. But you still can use your wireless phone to lend a hand. If you see a broken-down vehicle posing no serious hazard, a broken traffic signal, a minor traffic accident where no one appears injured or a vehicle you know to be stolen, call roadside assistance or other special non-emergency wireless number.

Careless, distracted individuals and people driving irresponsibly represent a hazard to everyone on the road. Since 1984, the Cellular Telecommunications Industry Association and the wireless industry have conducted educational outreach to inform wireless phone users of their responsibilities as safe drivers and good citizens. As we approach a new century, more and more of us will take advantage of the benefits of wireless telephones. And, as we take to the roads, we all have a responsibility to drive safely.

The wireless industry reminds you to use your phone safely when driving. For more information, please call 1-888-901-SAFE. For updates: http://www.wow-com.com/consumer/issues/driving/articles.cfm?ID=85

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Appendix B Message from the FDA (U.S. Food and Drug Administration) to all users of mobile phones.

July 18, 2001 For updates: http://www.fda.gov/cdrh/phones

Consumer Update on Wireless Phones

U.S. Food and Drug Administration

1. Do wireless phones pose a health hazard?

The available scientific evidence does not show that any health problems are associated with using wireless phones. There is no proof, however, that wireless phones are absolutely safe. Wireless phones emit low levels of radiofrequency energy (RF) in the microwave range while being used. They also emit very low levels of RF when in the stand-by mode. Whereas high levels of RF can produce health effects (by heating tissue), exposure to low level RF that does not produce heating effects causes no known adverse health effects. Many studies of low level RF exposures have not found any biological effects. Some studies have suggested that some biological effects may occur, but such findings have not been confirmed by additional research. In some cases, other researchers have had difficulty in reproducing those studies, or in determining the reasons for inconsistent results.

2. What is FDA's role concerning the safety of wireless phones?

Under the law, FDA does not review the safety of radiation-emitting consumer products such as wireless phones before they can be sold, as it does with new drugs or medical devices. However, the agency has authority to take action if wireless phones are shown to emit radiofrequency energy (RF) at a level that is hazardous to the user. In such a case, FDA could require the manufacturers of wireless phones to notify users of the health hazard and to repair, replace or recall the phones so that the hazard no longer exists.

Although the existing scientific data do not justify FDA regulatory actions, FDA has urged the wireless phone industry to take a number of steps, including the following:

- Support needed research into possible biological effects of RF of the type emitted by wireless phones;
- Design wireless phones in a way that minimizes any RF exposure to the user that is not necessary for device function; and
- Cooperate in providing users of wireless phones with the best possible information on possible effects of wireless phone use on human health.

FDA belongs to an interagency working group of the federal agencies that have responsibility for different aspects of RF safety to ensure coordinated efforts at the federal level. The following agencies belong to this working group:

- National Institute for Occupational Safety and Health
- · Environmental Protection Agency
- Federal Communications Commission
- Occupational Safety and Health Administration
- · National Telecommunications and Information Administration

The National Institutes of Health participates in some interagency working group activities, as well.

FDA shares regulatory responsibilities for wireless phones with the Federal Communications Commission (FCC). All phones that are sold in the United States must comply with FCC safety guidelines that limit RF exposure. FCC relies on FDA

and other health agencies for safety questions about wireless phones. FCC also regulates the base stations that the wireless phone networks rely upon. While these base stations operate at higher power than do the wireless phones themselves, the RF exposures that people get from these base stations are typically thousands of times lower than those they can get from wireless phones. Base stations are thus not the subject of the safety questions discussed in this document.

3. What kinds of phones are the subject of this update?

The term wireless phone refers here to hand-held wireless phones with built-in antennas, often called cell mobile or PCS phones. These types of wireless phones can expose the user to measurable radiofrequency energy (RF) because of the short distance between the phone and the user's head. These RF exposures are limited by Federal Communications Commission safety guidelines that were developed with the advice of FDA and other federal health and safety agencies. When the phone is located at greater distances from the user, the exposure to RF is drastically lower because a person's RF exposure decreases rapidly with increasing distance from the source. The so-called cordless phones; which have a base unit connected to the telephone wiring in a house, typically operate at far lower power levels, and thus produce RF exposures far below the FCC safety limits.

4. What are the results of the research done already?

The research done thus far has produced conflicting results, and many studies have suffered from flaws in their research methods. Animal experiments investigating the effects of radiofrequency energy (RF) exposures characteristic of wireless phones have yielded conflicting results that often cannot be repeated in other laboratories. A few animal studies, however, have suggested that low levels of RF could accelerate the development of cancer in laboratory animals. However, many of the studies that showed increased tumor development used animals that had been genetically engineered or treated with cancer-causing chemicals so as to be pre-disposed to develop cancer in the absence of RF exposure. Other studies exposed the animals to RF for up to 22 hours per day. These conditions are not similar to the conditions under which people use wireless phones, so we don't know with certainty what the results of such studies mean for human health.

Three large epidemiology studies have been published since December 2000. Between them, the studies investigated any possible association between the use of wireless phones and primary brain cancer, glioma, meningioma, or acoustic neuroma, tumors of the brain or salivary gland, leukemia, or other cancers. None of the studies demonstrated the existence of any harmful health effects from wireless phone RF exposures. However, none of the studies can answer questions about long-term exposures, since the average period of phone use in these studies was around three years.

5. What research is needed to decide whether RF exposure from wireless phones poses a health risk?

A combination of laboratory studies and epidemiological studies of people actually using wireless phones would provide some of the data that are needed. Lifetime animal exposure studies could be completed in a few years. However, very large numbers of animals would be needed to provide reliable proof of a cancer promoting

effect if one exists. Epidemiological studies can provide data that is directly applicable to human populations, but 10 or more years follow-up may be needed to provide answers about some health effects, such as cancer. This is because the interval between the time of exposure to a cancer-causing agent and the time tumors develop - if they do - may be many, many years. The interpretation of epidemiological studies is hampered by difficulties in measuring actual RF exposure during day-to-day use of wireless phones. Many factors affect this measurement, such as the angle at which the phone is held, or which model of phone is used.

6. What is FDA doing to find out more about the possible health effects of wireless phone RF?

FDA is working with the U.S. National Toxicology Program and with groups of investigators around the world to ensure that high priority animal studies are conducted to address important questions about the effects of exposure to radiofrequency energy (RF).

FDA has been a leading participant in the World Health Organization International Electromagnetic Fields (EMF) Project since its inception in 1996. An influential result of this work has been the development of a detailed agenda of research needs that has driven the establishment of new research programs around the world. The Project has also helped develop a series of public information documents on EMF issues.

FDA and the Cellular Telecommunications & Internet Association (CTIA) have a formal Cooperative Research and Development Agreement (CRADA) to do research on wireless phone safety. FDA provides the scientific oversight, obtaining input from experts in government, industry, and academic organizations. CTIA-funded research is conducted through contracts to independent investigators. The initial research will include both laboratory studies and studies of wireless phone users. The CRADA will also include a broad assessment of additional research needs in the context of the latest research developments around the world.

7. How can I find out how much radiofrequency energy exposure I can get by using my wireless phone?

All phones sold in the United States must comply with Federal Communications Commission (FCC) guidelines that limit radiofrequency energy (RF) exposures. FCC established these guidelines in consultation with FDA and the other federal health and safety agencies. The FCC limit for RF exposure from wireless telephones is set at a Specific Absorption Rate (SAR) of 1.6 watts per kilogram (1.6 W/kg). The FCC limit is consistent with the safety standards developed by the Institute of Electrical and Electronic Engineering (IEEE) and the National Council on Radiation Protection and Measurement. The exposure limit takes into consideration the body's ability to remove heat from the tissues that absorb energy from the wireless phone and is set well below levels known to have effects.

Manufacturers of wireless phones must report the RF exposure level for each model of phone to the FCC. The FCC website (http://www.fcc.gov/oet/rfsafety) gives directions for locating the FCC identification number on your phone so you can find your phone's RF exposure level in the online listing.

8. What has FDA done to measure the radiofrequency energy coming from wireless phones?

The Institute of Electrical and Electronic Engineers (IEEE) is developing a technical standard for measuring the radiofrequency energy (RF) exposure from wireless phones and other wireless handsets with the participation and leadership of FDA scientists and engineers. The standard, Recommended Practice for Determining the Spatial-Peak Specific Absorption Rate (SAR) in the Human Body Due to Wireless Communications Devices: Experimental Techniques, sets forth the first consistent test methodology for measuring the rate at which RF is deposited in the heads of wireless phone users. The test method uses a tissue-simulating model of the human head. Standardized SAR test methodology is expected to greatly improve the consistency of measurements made at different laboratories on the same phone. SAR is the measurement of the amount of energy absorbed in tissue, either by the whole body or a small part of the body. It is measured in watts/kg (or milliwatts/g) of matter. This measurement is used to determine whether a wireless phone complies with safety guidelines.

9. What steps can I take to reduce my exposure to radiofrequency energy from my wireless phone?

If there is a risk from these products--and at this point we do not know that there is--it is probably very small. But if you are concerned about avoiding even potential risks, you can take a few simple steps to minimize your exposure to radiofrequency energy (RF). Since time is a key factor in how much exposure a person receives, reducing the amount of time spent using a wireless phone will reduce RF exposure. If you must conduct extended conversations by wireless phone every day, you could place more distance between your body and the source of the RF, since the exposure level drops off dramatically with distance. For example, you could use a headset and carry the wireless phone away from your body or use a wireless phone connected to a remote antenna.

Again, the scientific data do not demonstrate that wireless phones are harmful. But if you are concerned about the RF exposure from these products, you can use measures like those described above to reduce your RF exposure from wireless phone use.

10. What about children using wireless phones?

The scientific evidence does not show a danger to users of wireless phones, including children and teenagers. If you want to take steps to lower exposure to radiofrequency energy (RF), the measures described above would apply to children and teenagers using wireless phones. Reducing the time of wireless phone use and increasing the distance between the user and the RF source will reduce RF exposure. Some groups sponsored by other national governments have advised that children be discouraged from using wireless phones at all. For example, the government in the United Kingdom distributed leaflets containing such a recommendation in December 2000. They noted that no evidence exists that using a wireless phone causes brain tumors or other ill effects. Their recommendation to limit wireless phone use by children was strictly precautionary; it was not based on scientific evidence that any health hazard exists

11. What about wireless phone interference with medical equipment?

Radiofrequency energy (RF) from wireless phones can interact with some electronic devices. For this reason, FDA helped develop a detailed test method to measure electromagnetic interference (EMI) of implanted cardiac pacemakers and defibrillators from wireless telephones. This test method is now part of a standard sponsored by the Association for the Advancement of Medical instrumentation (AAMI). The final draft, a joint effort by FDA, medical device manufacturers, and many other groups, was completed in late 2000. This standard will allow manufacturers to ensure that cardiac pacemakers and defibrillators are safe from wireless phone EMI. FDA has tested hearing aids for interference from handheld wireless phones and helped develop a voluntary standard sponsored by the Institute of Electrical and Electronic Engineers (IEEE). This standard specifies test methods and performance requirements for hearing aids and wireless phones so that no interference occurs when a person uses a compatible phone and a accompanied hearing aid at the same time. This standard was approved by the IEEE in 2000.

FDA continues to monitor the use of wireless phones for possible interactions with other medical devices. Should harmful interference be found to occur, FDA will conduct testing to assess the interference and work to resolve the problem.

12. Where can I find additional information?

For additional information, please refer to the following resources:

- FDA web page on wireless phones http://www.fda.gov/cdrh/phones/index.html
- Federal Communications Commission (FCC) RF Safety Program http://www.fcc.gov/oet/rfsafety
- International Commission on Non-Ionizing Radiation Protection http://www.icnirp.de
- World Health Organization (WHO) International EMF Project http://www.who.int/emf
- National Radiological Protection Board (UK) http://www.nrpb.org.uk/

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