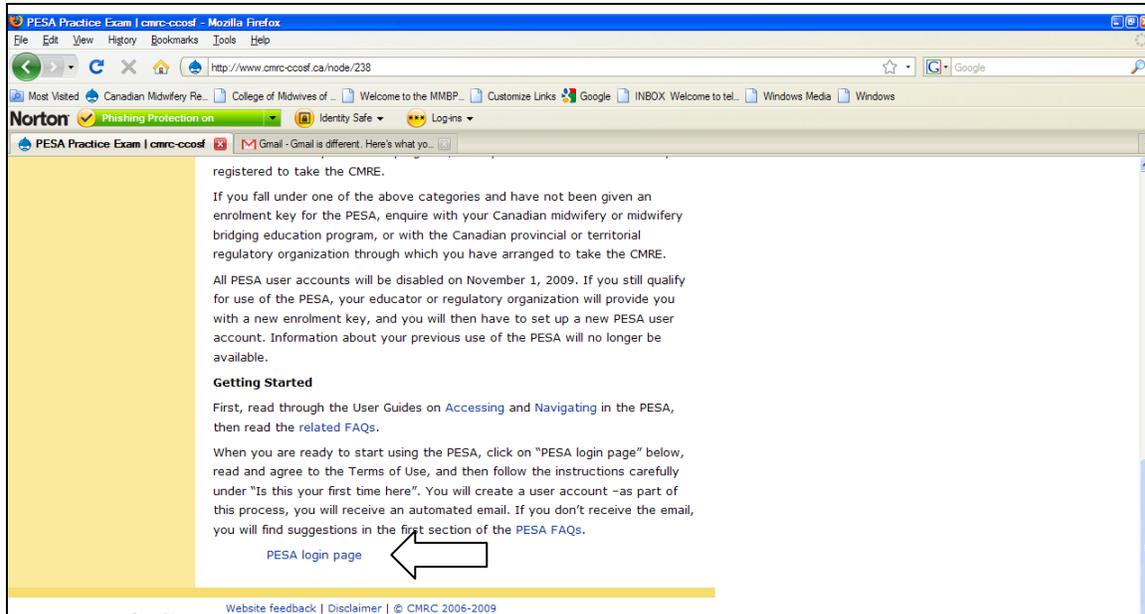
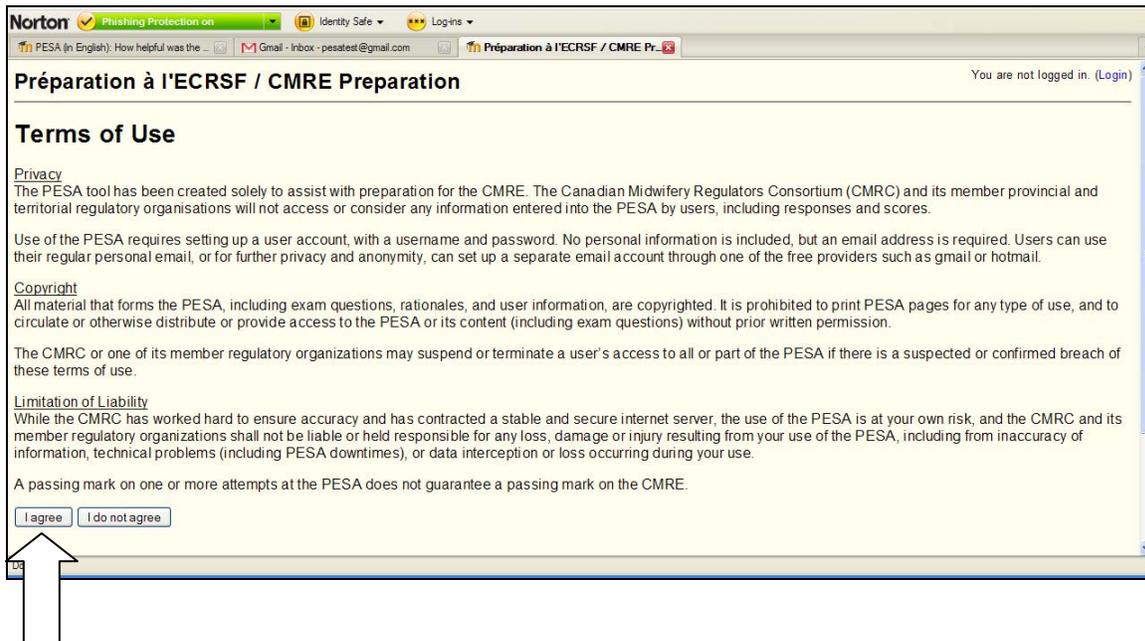


User Guide – Accessing the PESA

1. On the [CMRE page](#) of the CMRC website, click on 'Practice Exam' in the bulleted list.
2. After you have read through the information, click on the 'PESA login page' button.



3. Read through the Terms of Use for the PESA. You must click on "I agree" to proceed.



- Once you agree to the PESA Terms of Use, you are re-directed to the login page. Read the instructions under 'Is this your first time here?', then click on the 'Create new account' button.

The screenshot shows the 'Préparation à l'ECRSF / CMRE Preparation' login page. It has two main sections: 'Returning to this web site?' and 'Is this your first time here?'. The 'Returning to this web site?' section contains a login form with fields for 'Username' and 'Password', and a 'Login' button. Below it is a link for 'Forgotten your username or password?' with a 'Yes, help me log in' button. The 'Is this your first time here?' section contains instructions for new users and a 'Create new account' button. A callout box with a white background and a black border points to the 'Create new account' button, containing the text 'Read above, then click.'.

- Make up and type in a username and a password (and record them somewhere private).

The screenshot shows the 'New account' form. It has two main sections: 'Choose your username and password' and 'More details'. The 'Choose your username and password' section contains fields for 'Username*' and 'Password*'. The 'More details' section contains fields for 'Email address*' and 'Email (again)*'. There are 'Create my new account' and 'Cancel' buttons at the bottom. A red asterisk indicates required fields. A white arrow points to the 'Password*' field.

- Provide an email address, for PESA system emails as well as periodic updates regarding your use of the PESA. You may use your regular email address, or if you wish, you may set up an alternate email through a free online webmail service provider. Some of the more popular free email service providers are [Google Gmail](#), [MSN hotmail](#) or [Yahoo mail](#).

The screenshot shows the 'New account' form with the 'Username*' field filled with 'pesatest' and the 'Password*' field filled with '*****'. The 'Email address*' and 'Email (again)*' fields are empty. A white arrow points to the 'Email address*' field. The 'Create my new account' and 'Cancel' buttons are at the bottom. A red asterisk indicates required fields.

7. Click on the 'Create my new account' button.

Choose your username and password

Username* pesatest

Password*

More details

Email address* pesatest@gmail.com

Email (again)* pesatest@gmail.com

Create my new account Cancel

There are required fields in this form marked*.

You are not logged in. (Login)

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Home

8. Click on the 'Continue' button and go look for the PESA account confirmation email in your email account inbox.

Confirm your account

You are not logged in. (Login)

CMRE Prep ECRSF > Confirm your account

An email should have been sent to your address at **pesatest@gmail.com**

It contains easy instructions to complete your registration.

If you have difficulty, contact the site administrator.

Continue

You are not logged in. (Login)

9. As instructed, click on the blue web address provided within the email.

Compose Mail

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1 of 2 Older

Back to Inbox Archive Report spam Delete Move to Labels More actions

Préparation à l'ECRSF / CMRE Preparation: account confirmation

Pesa Info to me show details 9:39 AM (0 minutes ago) Reply

Hi,

A new account has been requested at 'Préparation à l'ECRSF / CMRE Preparation' using your email address.

To confirm your new account, please go to this web address:

<http://www.cmrc-ccosf.ca/pesa/login/confirm.php?data=1SAts0ldZ9GDTP/pesatest>

In most mail programs, this should appear as a blue link which you can just click on. If that doesn't work, then cut and paste the address into the address line at the top of your web browser window.

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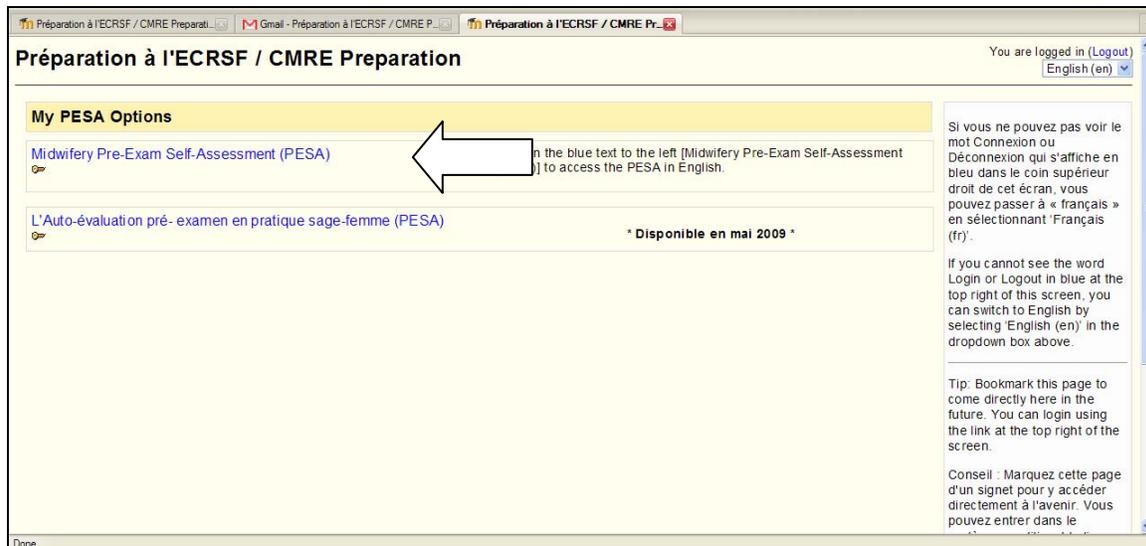
InfoSecInstitute.com/CISA-prep

GMAT Scores to Open Doors

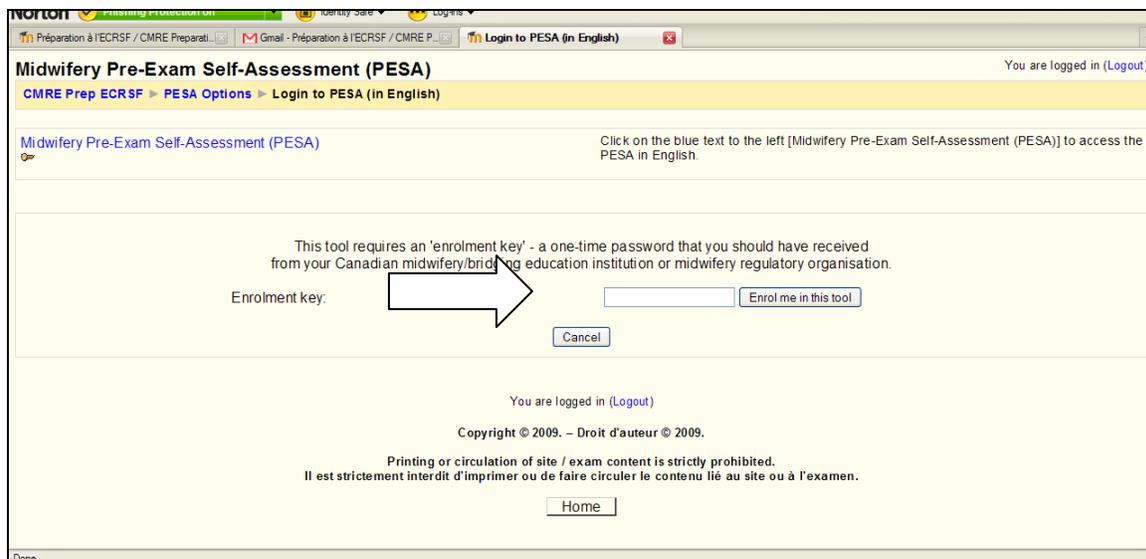
We Built the GMAT. Now We Teach It.

10. Your user account is created and confirmed, and you are re-directed to the main PESA page.

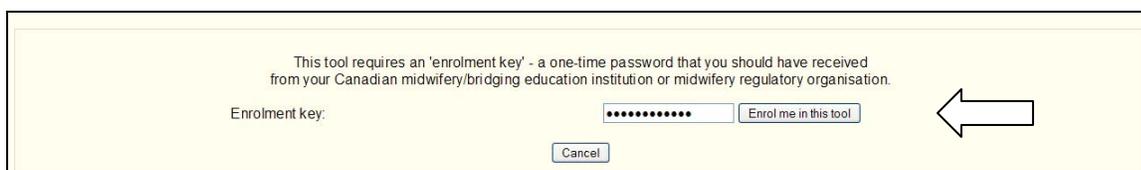
11. Choose the PESA in your preferred language by clicking on the name in blue text at the left side of the page.



12. Type in the enrolment key that you received from your Canadian midwifery education/bridging program or regulatory organization.



13. Click on 'Enrol me in this course'.



14. You now have full access to the PESA in your preferred language.

Note: You will not have to enter your enrolment key again, except if you want to use the PESA in the other language.

The screenshot shows a web browser window with the following content:

- Browser Tabs:** Préparation à l'ECRSF / CMRE Préparati..., Gmail - Préparation à l'ECRSF / CMRE P..., PESA: Midwifery Pre-Exam Self-A...
- Page Title:** Midwifery Pre-Exam Self-Assessment (PESA)
- User Status:** You are logged in (Logout)
- Navigation:** CMRE Prep ECRSF > PESA (in English)
- Left Sidebar:**
 - My PESA Options
 - Midwifery Pre-Exam Self-Assessment (PESA)
 - All PESA Options ...
- Main Content Area:**
 - Topic outline**
 - Welcome to the Midwifery Pre-Exam Self-Assessment (PESA)**
 - The PESA has been made possible through a financial contribution from Health Canada, in collaboration with the Western and Northern Health Human Resources Planning Forum and its member jurisdictions.
 - The PESA provides practice examination questions so that you can:
 - practice exam-taking so that a lack of experience with this particular exam format does not hinder your exam performance.
 - self-assess whether you are prepared to take the CMRE.
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 - News forum
 - 1 Introduction**
 - Click on the blue text below to see each document.
 - [Introduction to the PESA](#)
 - [Preparing for and Using the PESA](#)