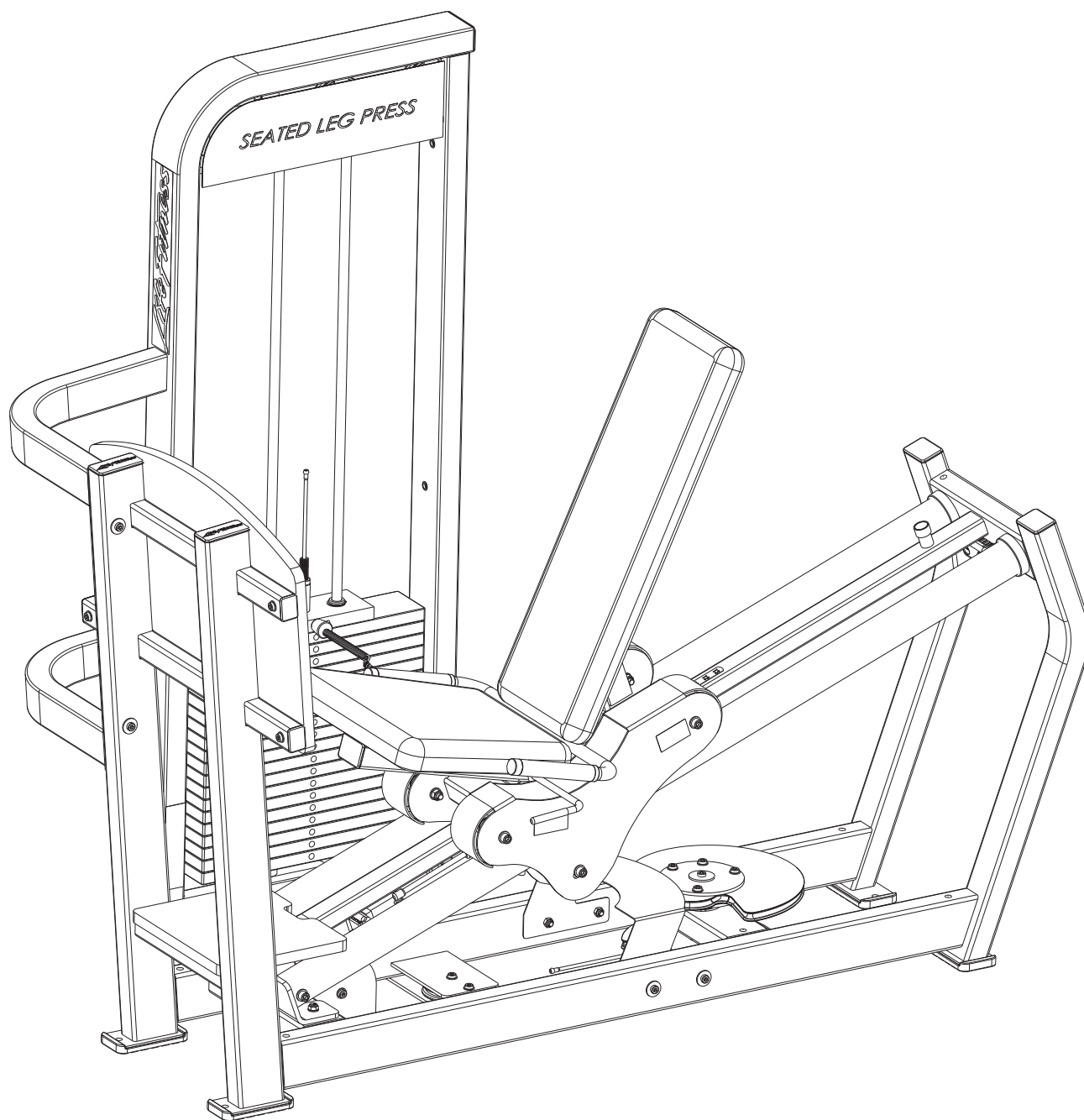




PRO 2 SERIES
PSSLPSE SEATED LEG PRESS



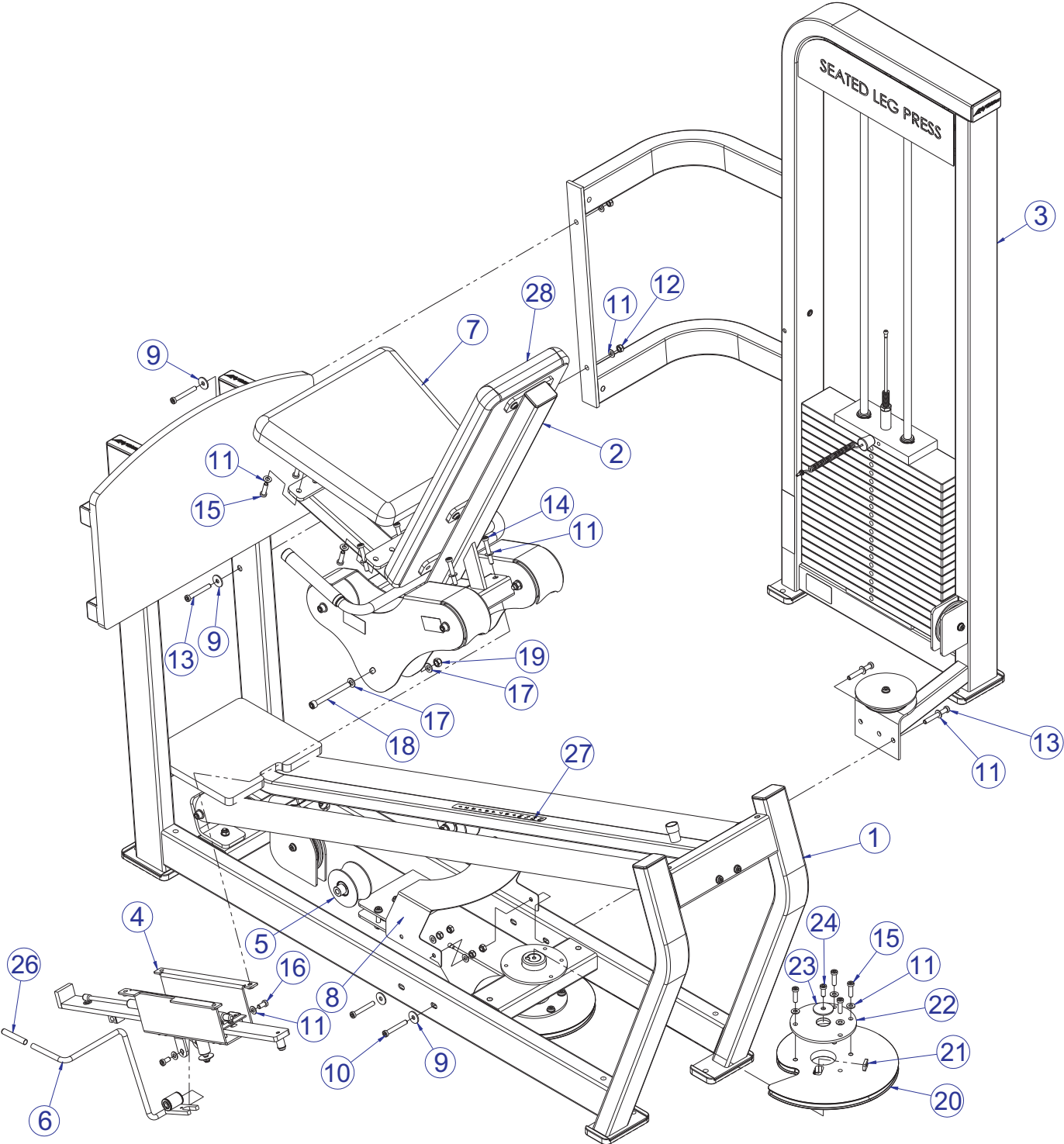
Customer Support Services
PARTS MANUAL

PSSLPSE SEATED LEG PRESS

CONTENTS

	Page
COMPONENT ASSEMBLY	3
COMPONENT ASSEMBLY LEGEND	4
SIDE FRAME ASSEMBLY	5
SIDE FRAME ASSEMBLY LEGEND	6
BASE FRAME ASSEMBLY	7
BASE FRAME ASSEMBLY LEGEND	8
SEAT ASSEMBLY	9
SEAT ASSEMBLY LEGEND	10
SEAT ADJUSTMENT ASSEMBLY	11
SEAT ADJUSTMENT ASSEMBLY LEGEND	12
SEAT HANDLE ASSEMBLY	13
LOWER CAM ASSEMBLY	14
LOWER CAM ASSEMBLY LEGEND	15
5LB INCREMENT WEIGHT ASSEMBLY	16
INCREMENT WEIGHT ASSEMBLY W/STRIKER	17
WEIGHT STACK (390LB)	18
REAR SHROUD KIT	19
OPTIONAL FULL SHROUD KIT	20
CABLE ROUTING	21
IMAGE	22

PSSLPSE SEATED LEG PRESS COMPONENT ASSEMBLY

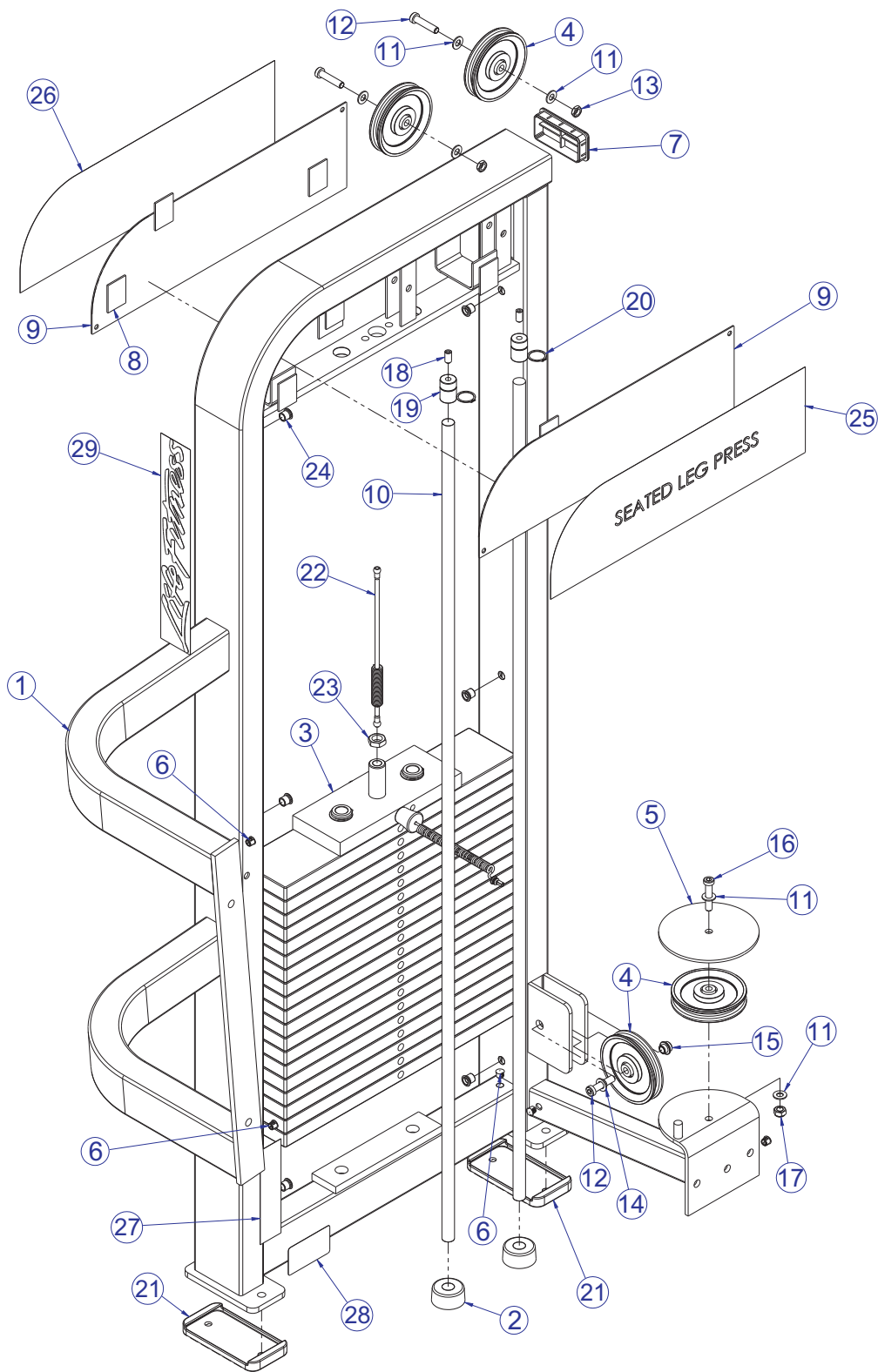


SEE PAGE 4 FOR LEGEND

PSSLPSE SEATED LEG PRESS COMPONENT ASSEMBLY LEGEND

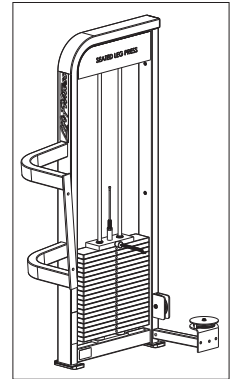
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7450401	ASSY, PSSLP BASE FRAME
2	1	7450601	ASSY, PSSLP SEAT
3	1	7450501	ASSY, PSSLP SIDE FRAME
4	1	7422901	ASSY, FZ/PS-SLP SEAT ADJ
5	2	3251501	ROLLER ASSY
6	1	7450701	ASSY, FZ/PS-SLP SEAT HANDLE
7	1	73991xx	PAD, 17 X 18 1/2
8	1	7409895	SHIELD, FZ/PS-SLP CAM SG
9	4	3236602	WASHER, 3/8 ID X 1.25 OD SS
10	2	3236211	SCREW, M10 X1.5 70MM
11	20	3236601	WASHER, 3/8 SAE SS
12	6	3236801	NUT, M10 HEX NYLOCK SS
13	4	3236212	SCREW, M10 X1.5 75MM
14	4	3236210	SCREW, M10 X1.5 65MM
15	8	3236204	SCREW, M10 X1.5 35MM
16	2	3236201	SCREW, M10 X1.5 20MM
17	4	3241401	WASHER, FLAT 12MM SS
18	1	3241320	SCREW, M12 X1.75 120MM
19	2	3236803	NUT, M12 HEX NYLOCK SS
20	1	7414501	CAM, FZ/PS-SLP OBLONG
21	1	7342201	PLATE, CABLE END
22	1	7511295	PLATE, FZ/PS-SLP TORQUE SG
23	1	7322301	PLATE, 1.97 OD X .44 ID 10GA
24	1	3236202	SCREW, M10 X1.5 25MM
25	1	3241319	SCREW, M12 X1.75 110MM
26	1	3238502	CAP, 1/2 X 3
27	1	7524401	LABEL, 1-13 STRAIGHT
28	1	73540xx	PAD, BACK 32-1/2 X 11-1/4

PSSLPSE SEATED LEG PRESS
SIDE FRAME ASSEMBLY - 7450501



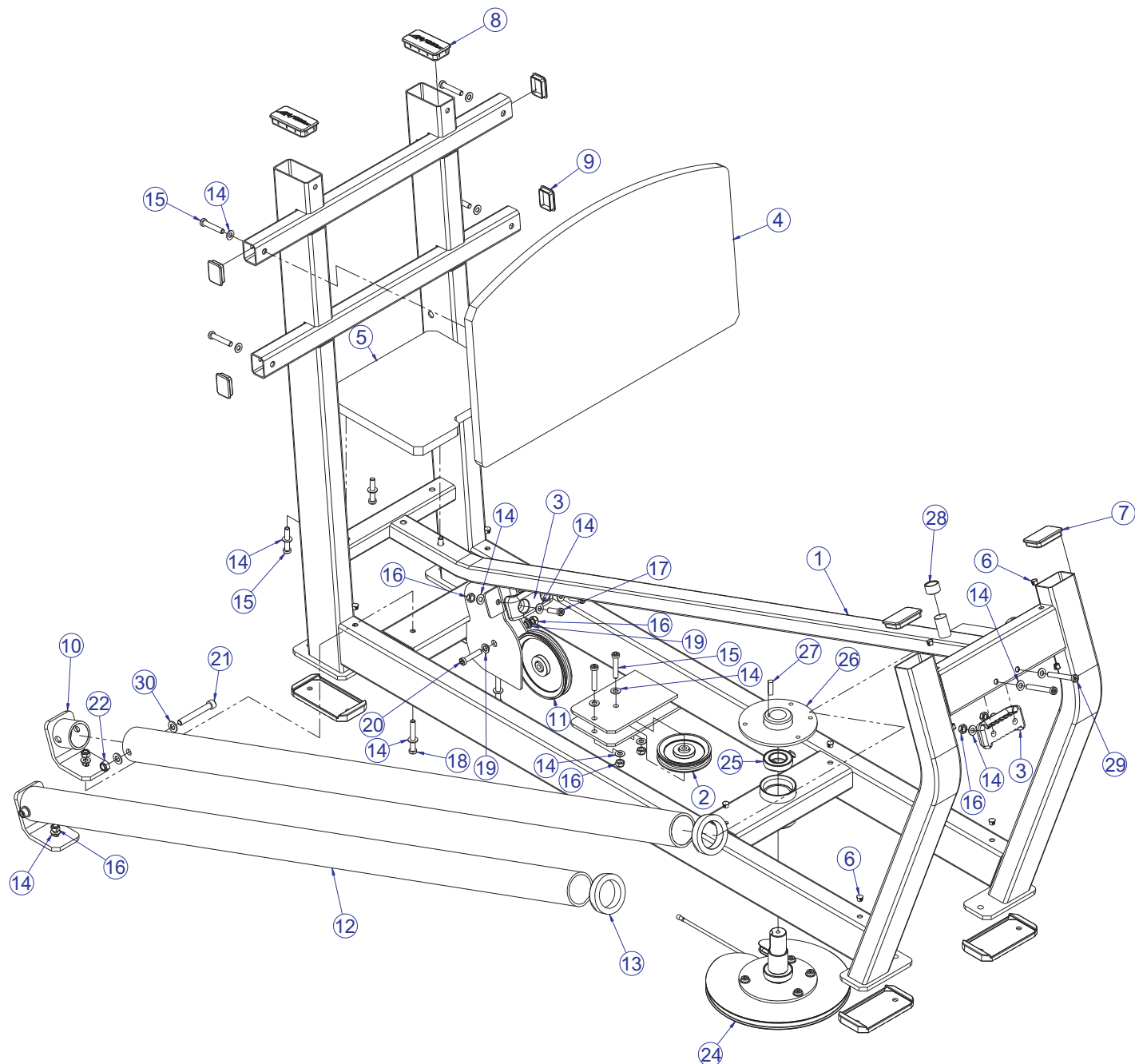
SEE PAGE 6 FOR LEGEND

PSSLPSE SEATED LEG PRESS SIDE FRAME ASSEMBLY LEGEND



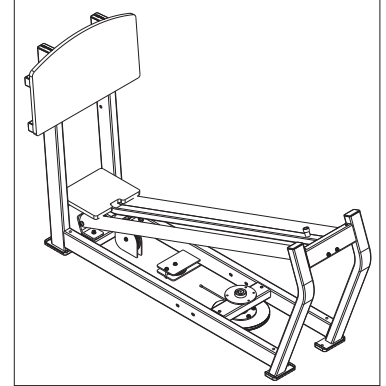
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7449201	WLDMT, SIDE FRAME
2	2	7352101	CUSHION, WEIGHT STACK
3	1	7353601	ASSY, 390LB STACK
4	4	3237801	PULLEY, 4.5" OD
5	1	7301101	PLATE, PULLEY
6	6	3237401	PLUG, 7/16" HOLE
7	1	7352401	CAP, END 2 X 4
8	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
9	2	7606702	COVER, STACK-PRO2 WIDE
10	2	7328606	GUIDE ROD, .75 OD SOLID 59.63
11	6	3236601	WASHER, 3/8 SAE SS
12	3	3236206	SCREW, M10 X1.5 45MM
13	2	3236901	NUT, M10 X 1.5 JAM
14	1	7348101	WASHER, SPACER
15	1	7335401	NUT, M10 X 1.5 SOCKET HEAD
16	1	3236207	SCREW, M10 X1.5 50MM
17	1	3236801	NUT, M10 HEX NYLOCK SS
18	2	3240501	M10 X 1.5 HXS NO CUP ST BO
19	2	7402301	RETAINER, GUIDEROD
20	2	3232421	RING, BRE .940, 5100-100 ST PP B
21	2	7388201	FOOTPAD, PS RUBBER
22	1	7423721	CABLE, PSSLP-1 145
23	1	3236902	NUT, M16 X 2 HEX JAM SS
24	6	3238101	NUT, BLIND INSERT M10 X 1.5
25	1	7490201	LABEL, PSSLP PLACARD
26	1	7491301	LABEL, PSSLP LOGO PANEL
27	1	7422004	LABEL, 2" ASTM WARN
28	1	7571301	LABEL, SERIAL NUMBER
29	1	7348001	LABEL, LIFE FITNESS LOGO

PSSLPSE SEATED LEG PRESS
BASE FRAME ASSEMBLY - 7450401



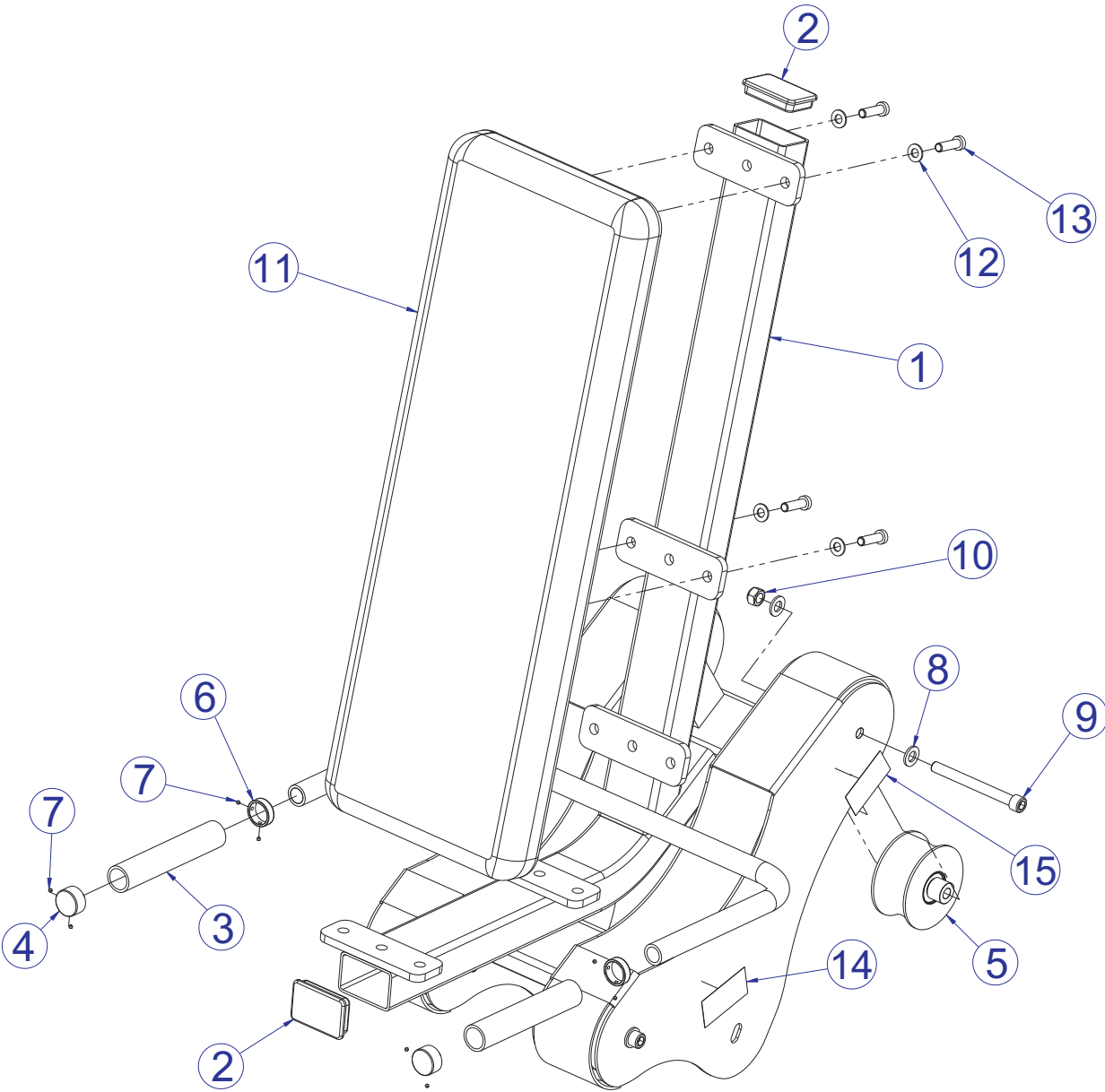
SEE PAGE 8 FOR LEGEND

PSSLPSE SEATED LEG PRESS BASE FRAME ASSEMBLY LEGEND



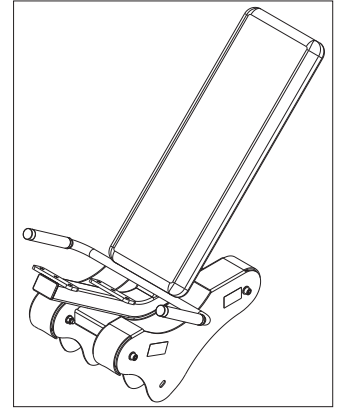
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7447201	WLDMT, PSSLP MAIN FRAME
2	1	3237801	PULLEY, 4.5" OD
3	2	7352001	BUMPER, 2-1/8 X 4-5/8
4	1	7450901	BOARD, PSSLP LINEXED
5	1	7494301	BOARD, PSSLP LINEXED
6	10	3237401	PLUG, 7/16" HOLE
7	2	7352301	CAP, END 2 X 3
8	2	7352401	CAP, END 2 X 4
9	4	7352201	CAP, END 1-1/2 X 2
10	2	7408895	WLDMT, FZ/PS-SLP RAIL BRKT SG
11	1	3239601	PULLEY, 6" OD x 10MM ID
12	2	7961101	TUBE, RAIL
13	2	7444601	BUMPER, DONUT
14	23	3236601	WASHER, 3/8 SAE SS
15	9	3236208	SCREW, M10 X1.5 55MM
16	9	3236801	NUT, M10 HEX NYLOCK SS
17	2	3236204	SCREW, M10 X1.5 35MM
18	2	3236212	SCREW, M10 X1.5 75MM
19	2	7348101	WASHER, SPACER
20	1	3236207	SCREW, M10 X1.5 50MM
21	2	3241315	SCREW, M12 X1.75 90MM
22	2	3236803	NUT, M12 HEX NYLOCK SS
23	4	7388201	FOOTPAD, PS RUBBER
24	1	7511801	ASSY, FZ/PS-SLP RND CAM
25	1	3243201	BEARING, 6007 BALL
26	1	7511395	WLDMT, FZ/PS-SLP HUB SG
27	1	7511601	KEY, .375 SQUARE X 1.25
28	1	7690101	BUMPER, SLEEVE - 1 INCH DIA
29	2	3236213	SCREW, M10 X1.5 80MM
30	4	3241401	WASHER, FLAT 12MM SS

PSSLPSE SEATED LEG PRESS
SEAT ASSEMBLY - 7450601



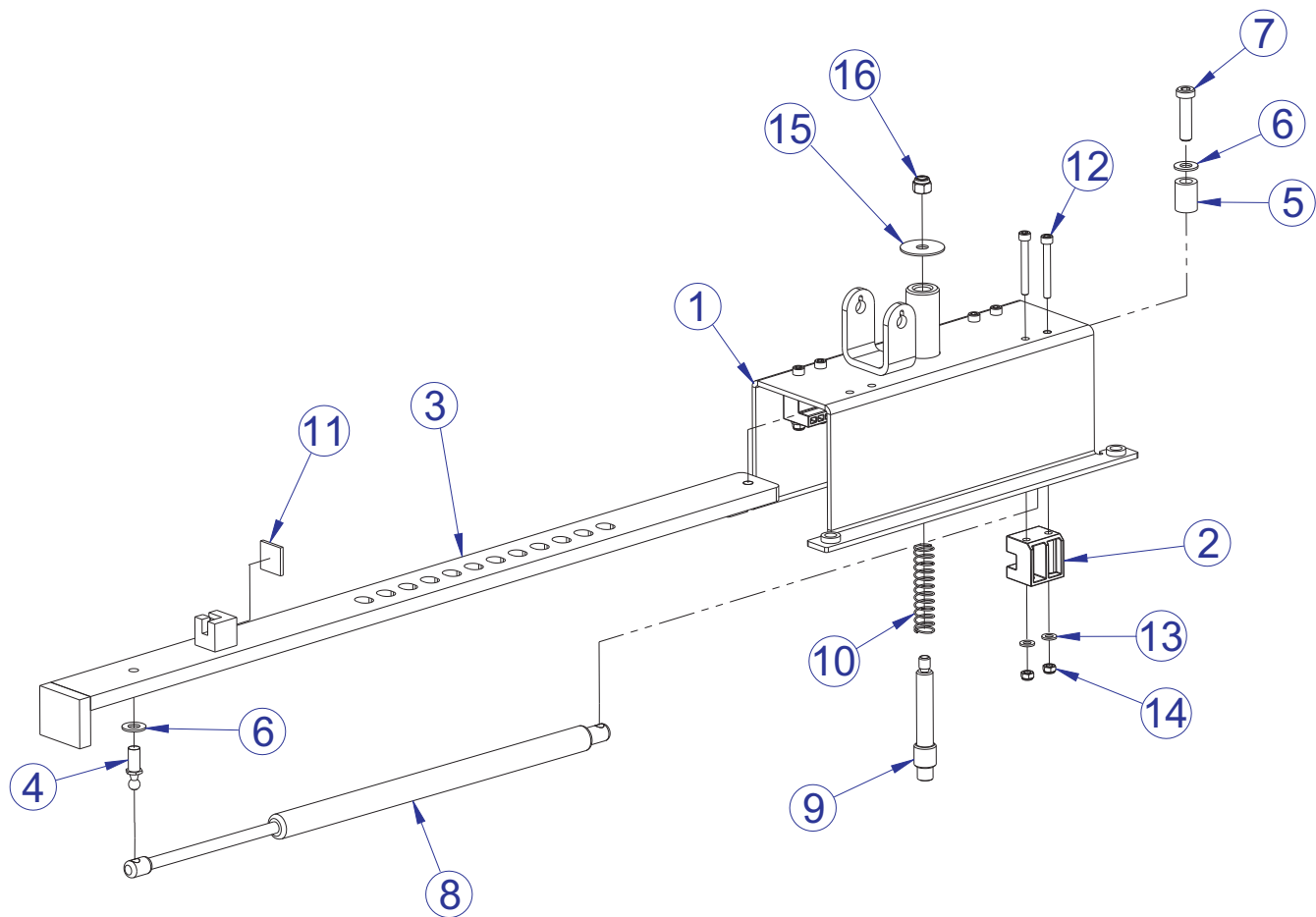
SEE PAGE 10 FOR LEGEND

PSSLPSE SEATED LEG PRESS SEAT ASSEMBLY LEGEND



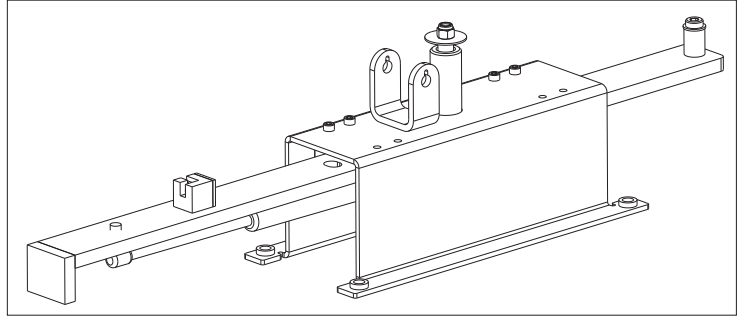
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7448701	WLDMT, PSSLP CARRIAGE
2	2	7352301	CAP, END 2 X 3
3	2	3235801	GRIP, 1.25 OD OPEN END
4	2	7662901	CAP, GRIP 1.25 OD
5	4	3251501	ROLLER ASSY
6	2	7662801	RING, GRIP 1.25 OD
7	8	3247701	M4 X .7 HXS NO CUP ST BO
8	8	3241401	WASHER, FLAT 12MM SS
9	4	3241320	SCREW, M12 X1.75 120MM
10	4	3236803	NUT, M12 HEX NYLOCK SS
11	1	73540xx	PAD, BACK 32-1/2 X 11-1/4
12	4	3236601	WASHER, 3/8 SAE SS
13	4	3236204	SCREW, M10 X1.5 35MM
14	1	7422001	LABEL, SEAT INST
15	2	7422003	LABEL, MOVING PARTS

PSSLPSE SEATED LEG PRESS
SEAT ADJUSTMENT ASSEMBLY - 7422901



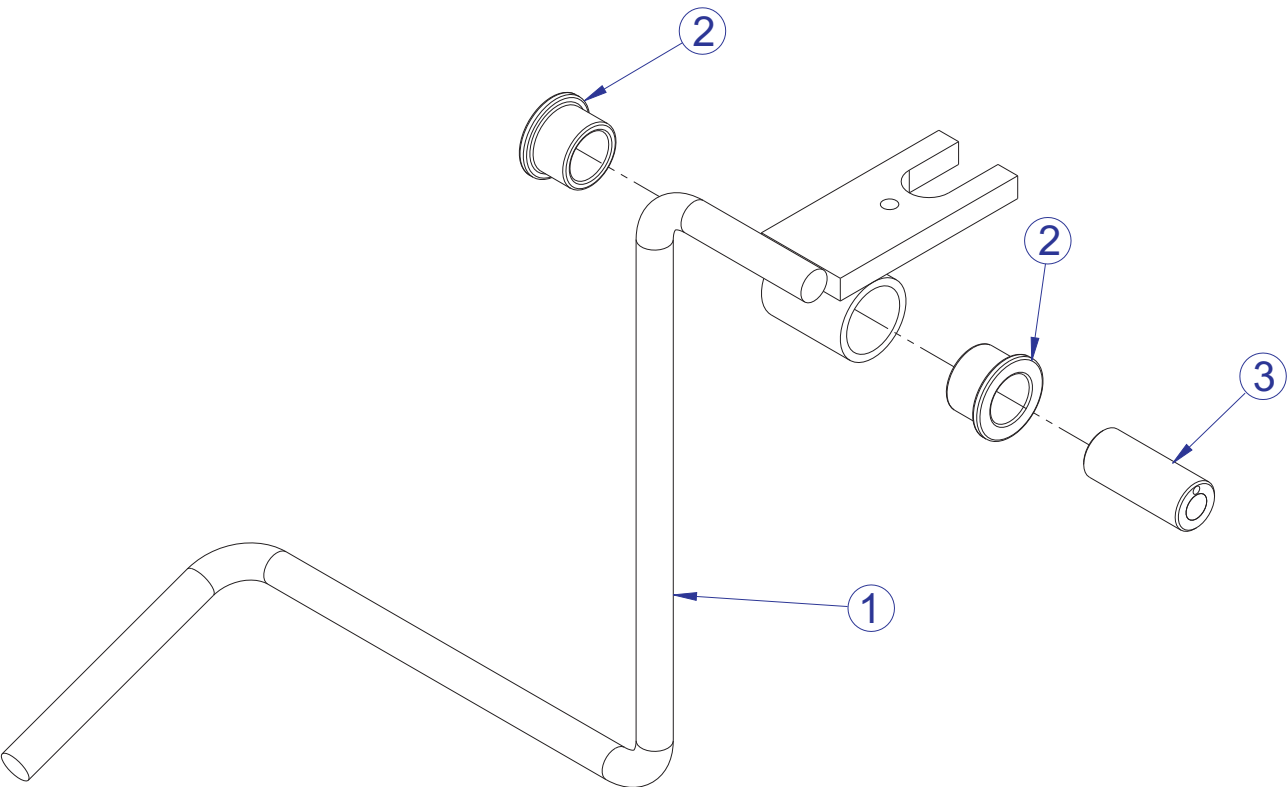
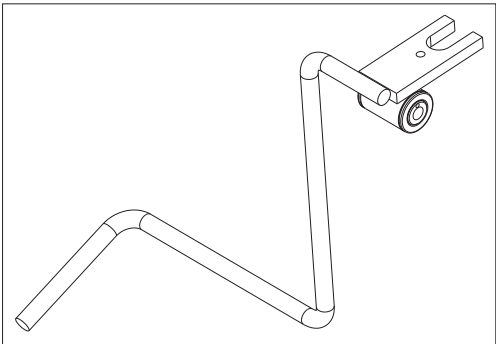
SEE PAGE 12 FOR LEGEND

PSSLPSE SEATED LEG PRESS SEAT ADJUSTMENT ASSEMBLY LEGEND



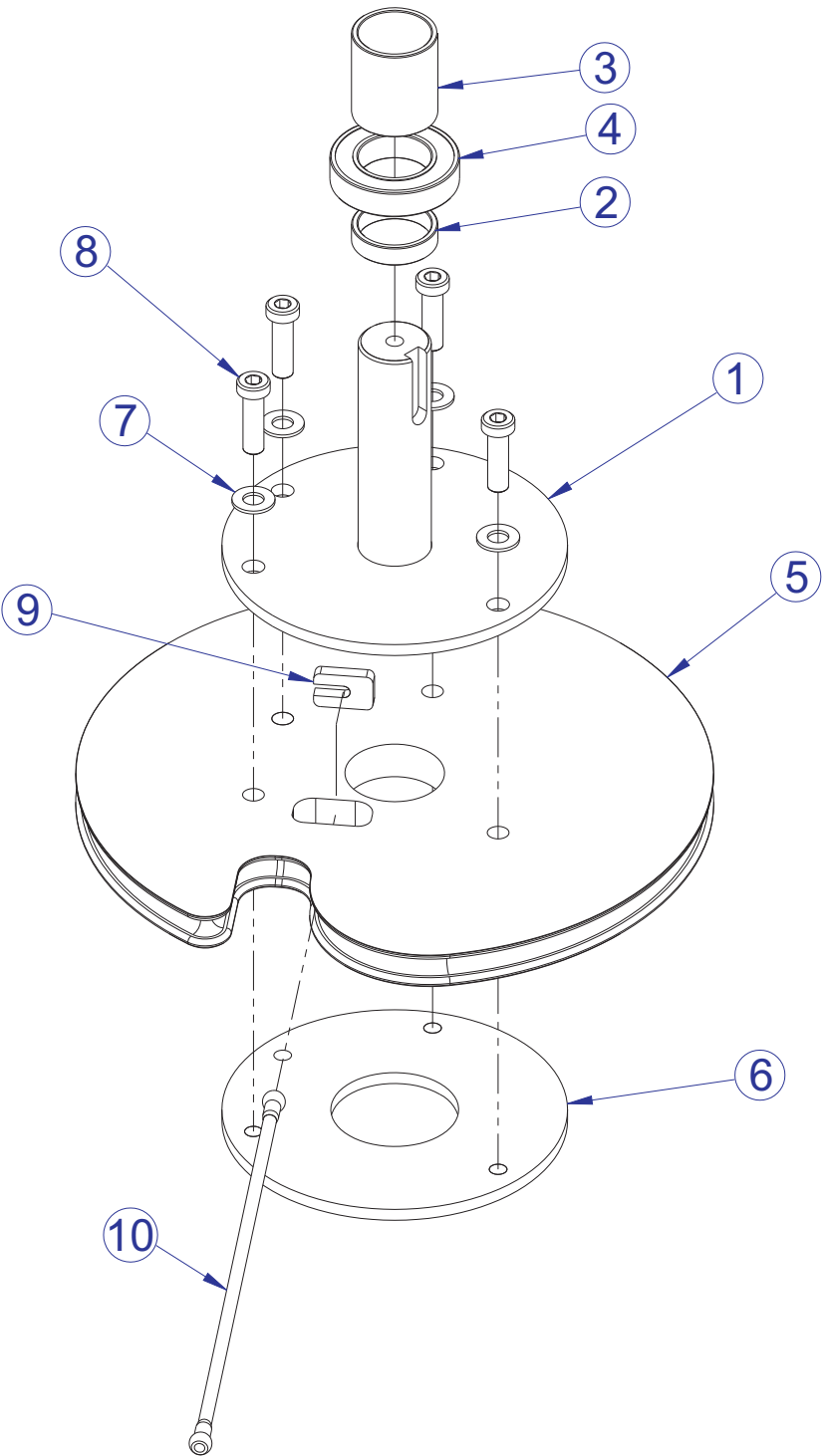
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7409095	WLDMT, FZ/PS-SLP SEAT ADJ SG
2	4	7778501	BLOCK, FZ/PS-SLP DELRIN
3	1	7409502	WLDMT, FZ/PS-SLP ADJ PLATED
4	1	7414301	STUD, M10 BALL END M10 X 1.5
5	1	7354301	SPACER, 7/16 ID X .75 OD X 1
6	2	3236601	WASHER, 3/8 SAE SS
7	1	3236205	SCREW, M10 X1.5 40MM
8	1	3239401	SPRING,GAS-135N- 300
9	1	7351300	PIN, PULL
10	1	7351501	SPRING; PULL PIN LARGE
11	1	6140701	GLIDE 1 X 1
12	4	3241707	SCREW, M6 X1 50MM
13	4	3241801	WASHER, FLAT 6MM SS
14	4	3236802	NUT, M6 HEX NYLOCK SS
15	1	3236701	WASHER, FENDER 3/8" ID X 1.5" OD SS
16	1	3102802	NUT, NYLOCK 3/8-16

PSSLPSE SEATED LEG PRESS
SEAT HANDLE ASSEMBLY - 7450701



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7412295	WLDMT, FZ/PS-SLP LEVER SG
2	2	3104901	.75" ID 1.00" OD BRONZE BUSHING
3	1	7324802	SHAFT, TAPPED 0.75 DIA X 1.800

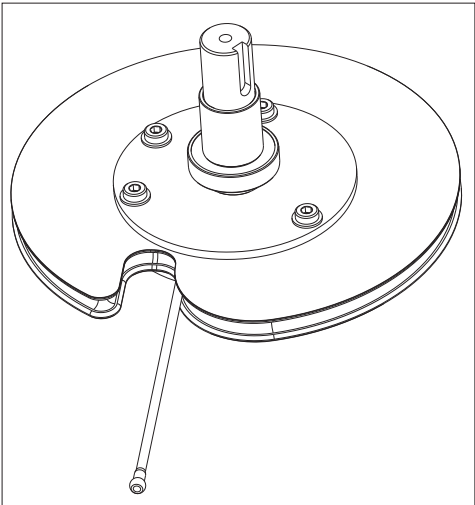
PSSLPSE SEATED LEG PRESS
LOWER CAM ASSEMBLY - 7511801



SEE PAGE 15 FOR LEGEND

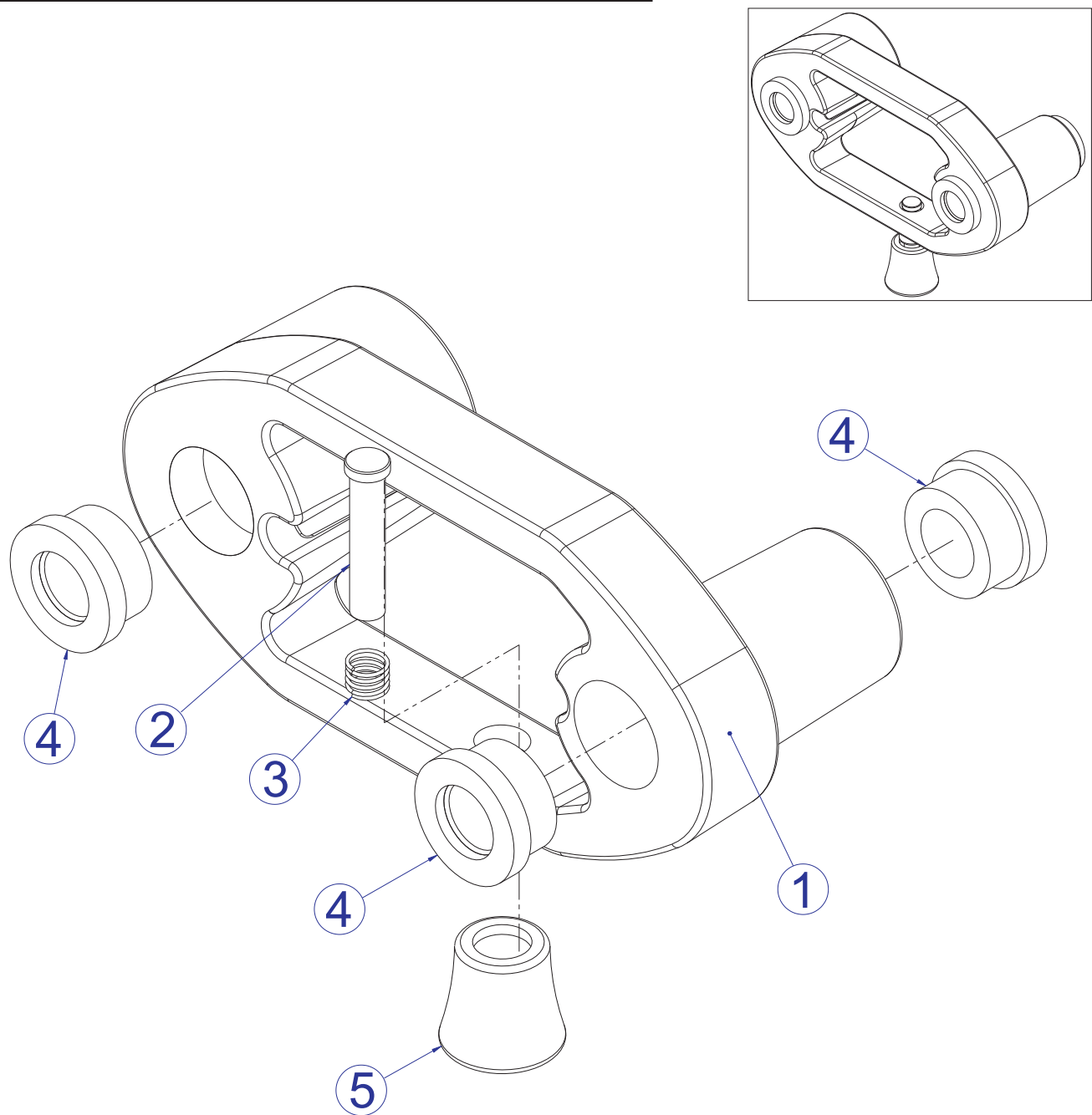
PSSLPSE SEATED LEG PRESS

LOWER CAM ASSEMBLY LEGEND



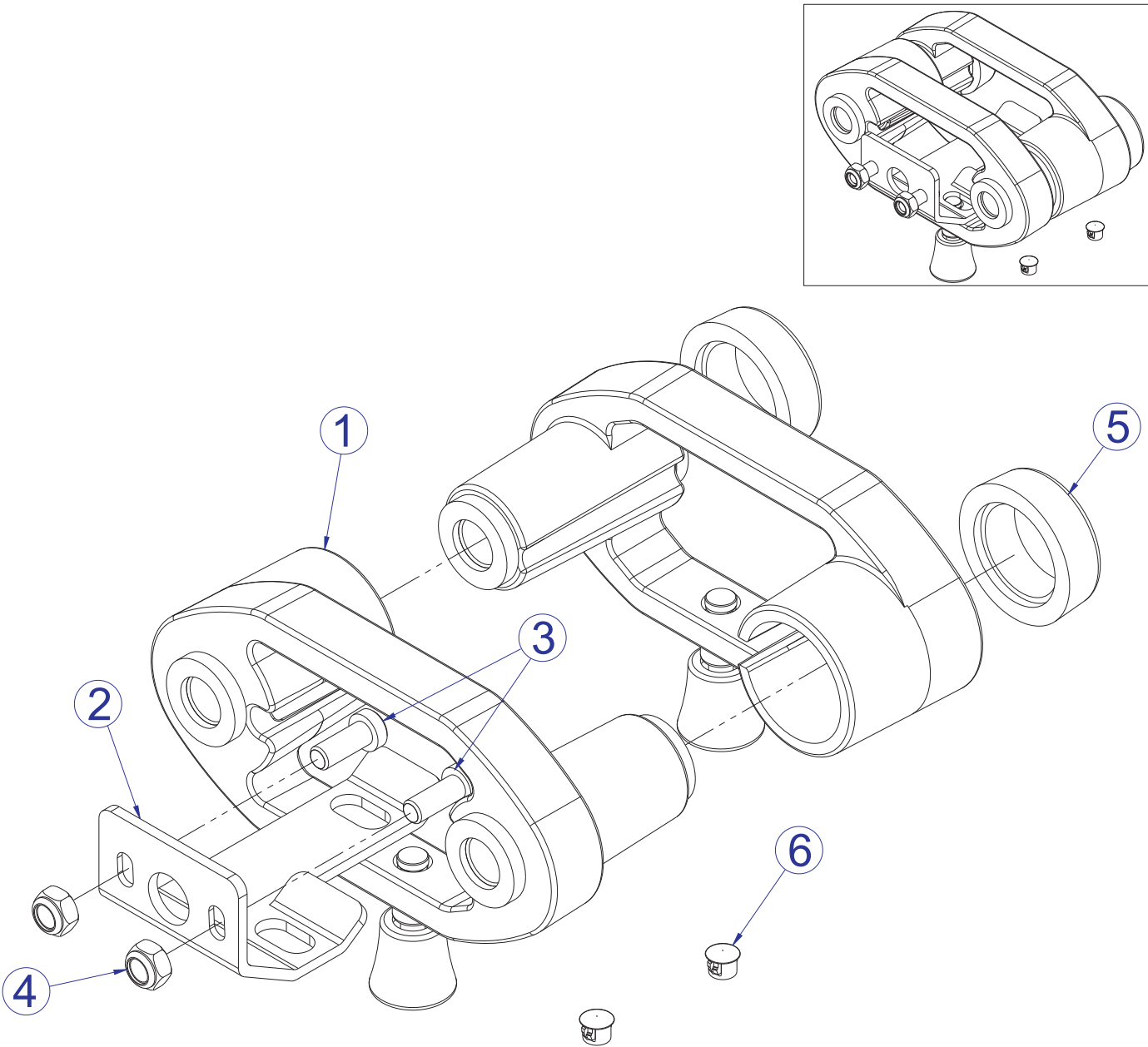
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7511495	WLDMT, FZ/PS-SLP CAM SHAFT SG
2	1	7511501	SPACER, FZ/PS INTERNAL .403
3	1	7511502	SPACER, FZ/PS INTERNAL 1.845
4	1	3243201	BEARING, 6007 BALL
5	1	7414401	CAM, FZ/PS-SLP RND
6	1	7511195	PLATE, FZ/PS-SLP CAM THRD SG
7	4	3236601	WASHER, 3/8 SAE SS
8	4	3236204	SCREW, M10 X1.5 35MM
9	1	7342201	PLATE, CABLE END
10	1	7423803	CABLE, PSSLP-2

PSSLPSE SEATED LEG PRESS
5LB INCREMENT WEIGHT ASSEMBLY - 7446501



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7446602	BODY, 5LB INCREMENT WEIGHT
2	1	7446901	PIN, RETAINING
3	1	7447001	SPRING, COMPRESSION
4	3	7560001	BUSHING, MTS, INC WEIGHT
5	1	7351401	KNOB, TULIP STYLE

PSSLPSE SEATED LEG PRESS
INCREMENT WEIGHT W/STRIKER - 7415101



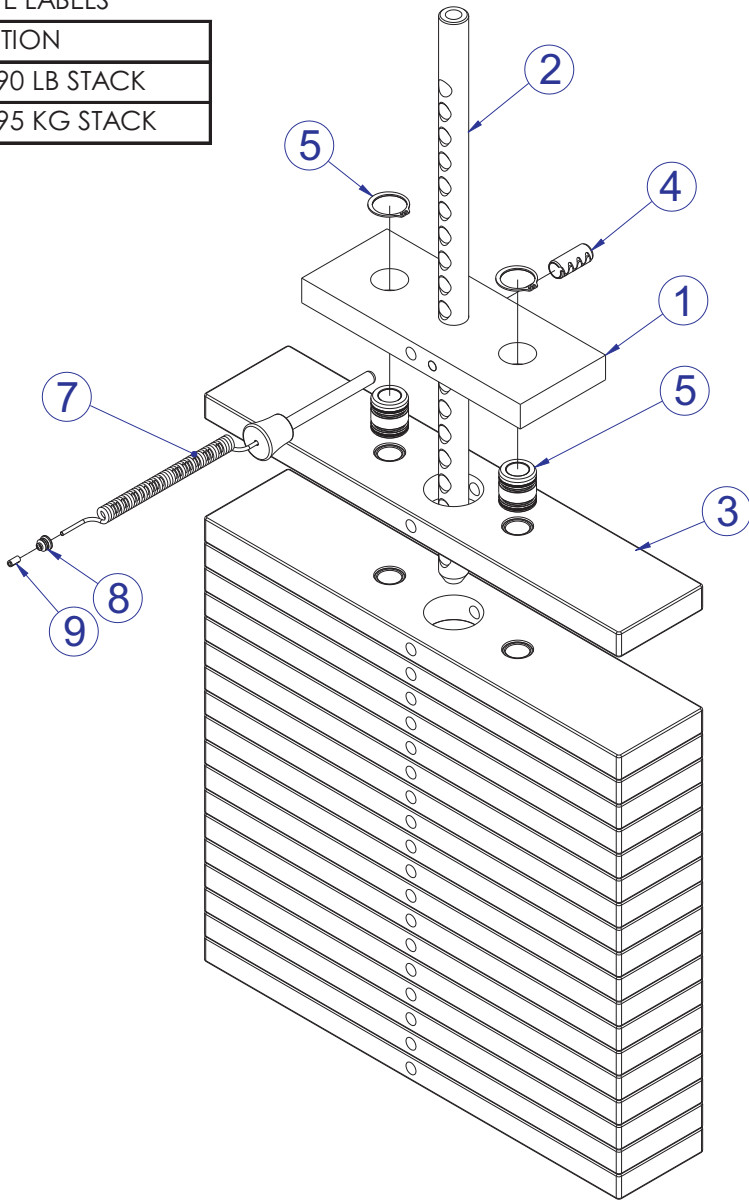
ITEM NO	QTY	PART NO	DESCRIPTION
1	2	7446501	ASSY, 5LB INCREMENT WEIGHT
2	1	8002601	PLATE, INCR. WT STRIKER
3	2	3236202	SCREW, M10 X1.5 25MM
4	2	3236801	NUT, M10 HEX NYLOCK SS
5	2	7767601	BUMPER, PS INCREMENT WT
6	2	3237401	PLUG, 7/16" HOLE

PSSLPSE SEATED LEG PRESS

WEIGHT STACK ASSY 390LB - 7353601

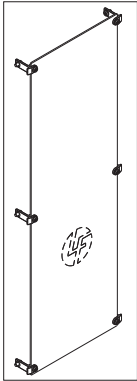
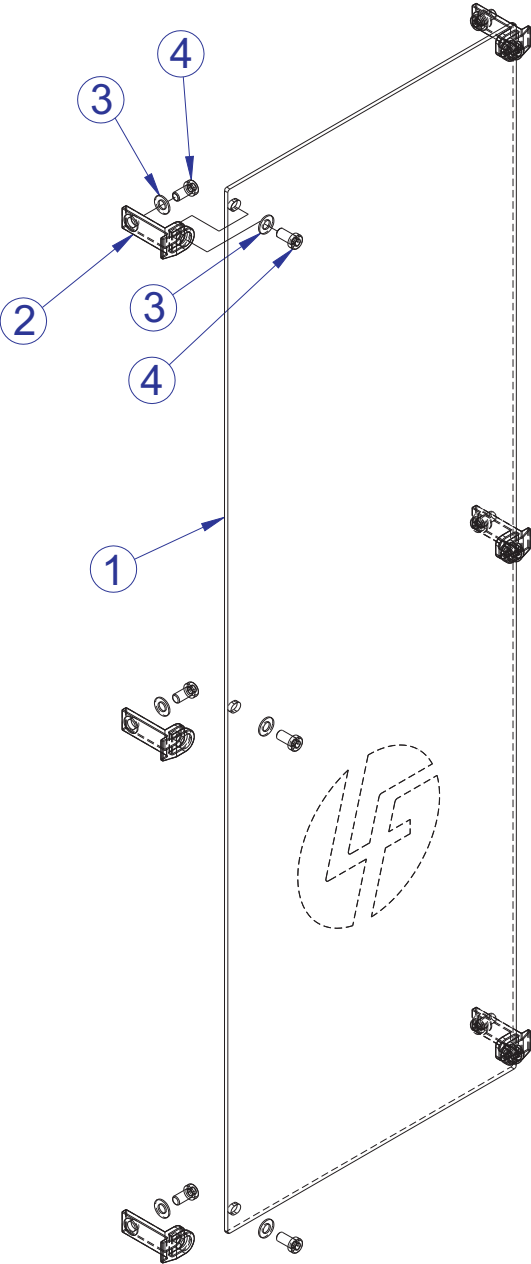
WEIGHT PLATE LABELS

PART NO.	DESCRIPTION
7927201	LABEL, 390 LB STACK
7927301	LABEL, 195 KG STACK



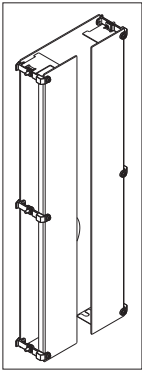
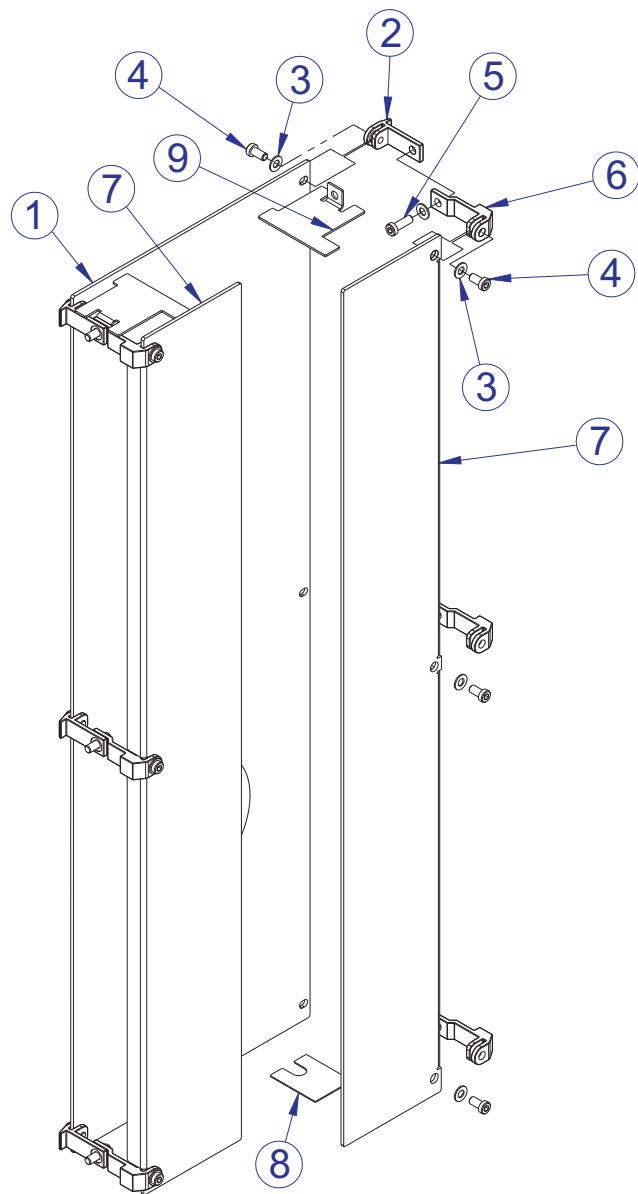
ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7356601	STEM, PRO2 19 HOLE
3	19	7328401	WEIGHT PLATE, 20 LB
4	1	3236001	BUSHING, SPRING PIN
5	2	7338001	HEADPLATE BUSHING & CLIP
7	1	7353001	ASSY, SELECTOR PIN
8	1	7356501	PLUG, LANYARD ATTACHMENT
9	1	7523601	CRIMP, CABLE

PSSLPSE SEATED LEG PRESS
REAR SHROUD KIT WIDE-TALL - 7415205



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7376805	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW , M10 X1.5 20MM

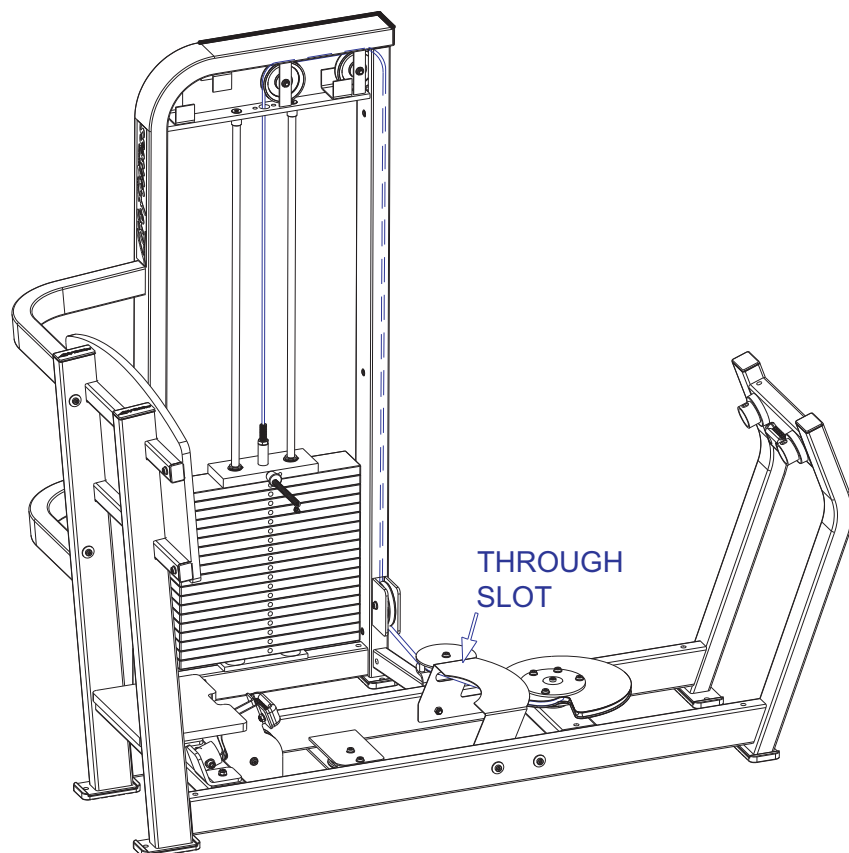
PSSLPSE SEATED LEG PRESS
OPTIONAL FULL SHROUD KIT WIDE-TALL - 7539605



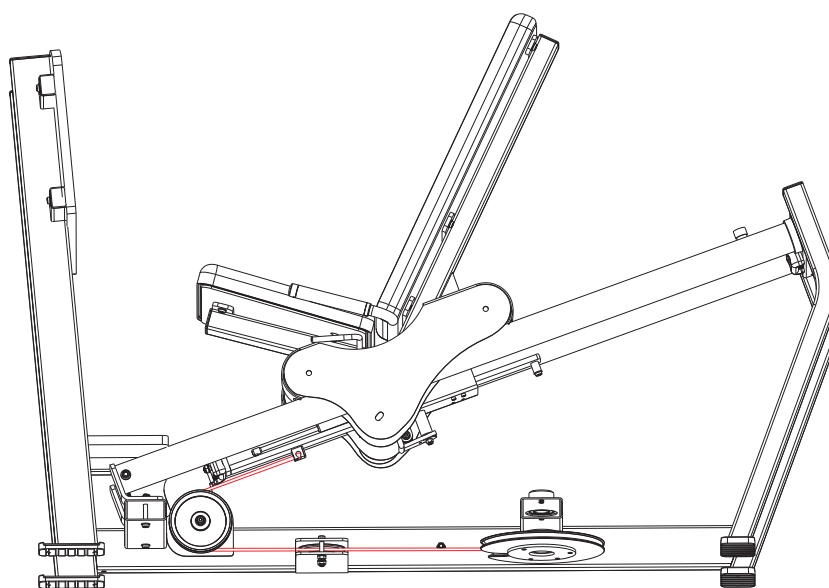
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7376805	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	W ASHER, 3/8 SAE SS
4	12	3236201	SCREW , M10 X1.5 20MM
5	6	3236203	SCREW , M10 X1.5 30MM
6	6	7376601	BRACKET, PS FRONT SHIELD
7	2	7376905	SHIELD, PS - FRONT
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR

PSSLPSE SEATED LEG PRESS CABLE ROUTING

Note: Some components removed for display purposes.



7423721 WEIGHT STACK CABLE



7423803 LOWER CAM CABLE

PSSLPSE SEATED LEG PRESS IMAGE

