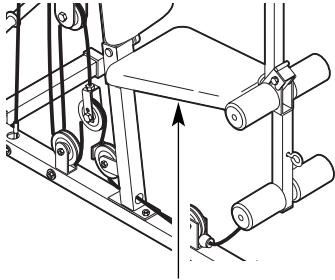


WEIDER® 950

Model No. WESY13820



Model Number Decal (under seat)

USER'S MANUAL

QUESTIONS?

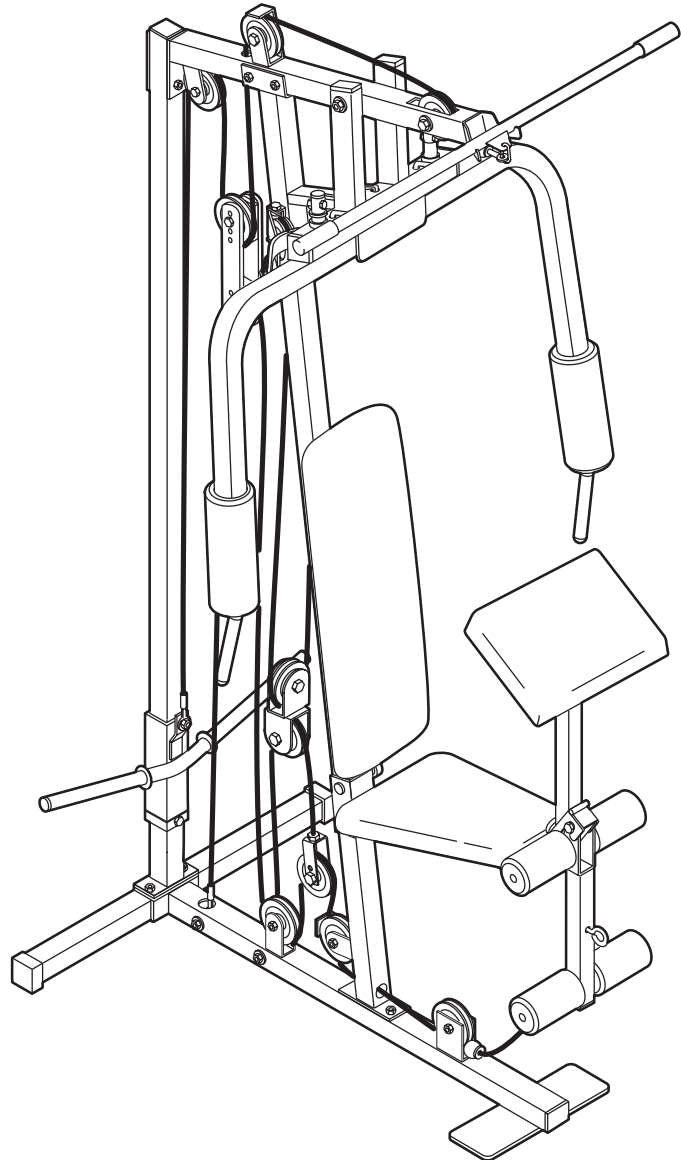
As a manufacturer, we are committed to providing complete customer satisfaction. If you have questions, or if there are missing parts, we will guarantee complete satisfaction through direct assistance from our factory.

TO AVOID DELAYS, PLEASE CALL DIRECT TO OUR TOLL-FREE CUSTOMER HOT LINE. The technicians on our customer hot line will provide immediate assistance, free of charge to you.

CUSTOMER HOT LINE:

1-800-999-3756

Mon.–Fri., 6 a.m.–6 p.m. MST



CAUTION

Read all precautions and instructions in this manual before using this equipment. Save this manual for future reference.



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WEIDER[®] 950

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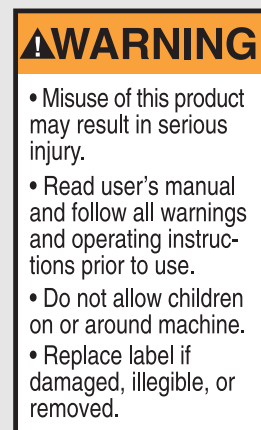
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Note: A PART IDENTIFICATION CHART and a PART LIST/EXPLODED DRAWING are attached in the center of this manual. Remove the PART IDENTIFICATION CHART and the PART LIST/EXPLODED DRAWING before beginning assembly.

IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of serious injury, read the following important precautions before using the weight system.

1. Read all instructions in this manual and in the accompanying literature before using the weight system. Use the weight system only as described in this manual.
2. It is the responsibility of the owner to ensure that all users of the weight system are adequately informed of all precautions.
3. The weight system is intended for home use only. Do not use the weight system in a commercial, rental, or institutional setting.
4. Use the weight system only on a level surface. Cover the floor or carpet beneath the weight system to protect the floor.
5. Make sure all parts are properly tightened each time the weight system is used. Replace any worn parts immediately.
6. Keep children under the age of 12 and pets away from the weight system at all times.
7. Keep hands and feet away from moving parts.
8. Always wear athletic shoes for foot protection when using the weight system.
9. The weight system is designed to support a maximum user weight of 300 pounds. Do not place more than 125 pounds on the weight carriage. Note: The weight system does not include weights.
10. Always stand on the foot plate when performing an exercise that could cause the weight system to tip.
11. Make sure that the cables remain on the pulleys at all times. If the cables bind while you are exercising, stop immediately and make sure that the cables are on all of the pulleys.
12. Never release the arms, leg lever, lat bar, ankle strap, ab strap, or handle while weights are raised; the weights will fall with great force.
13. *Always disconnect the lat bar from the weight system when performing an exercise that does not use the lat bar.*
14. If you feel pain or dizziness at any time while exercising, stop immediately and begin cooling down.
15. The warning decals shown here have been placed on the weight system in the locations shown on page 4. If a decal is missing or illegible, please call our Customer Service Department toll-free at 1-800-999-3756 to order a free replacement decal. Place the decal on the weight system in the location shown.



Decal 1



Decal 2

⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

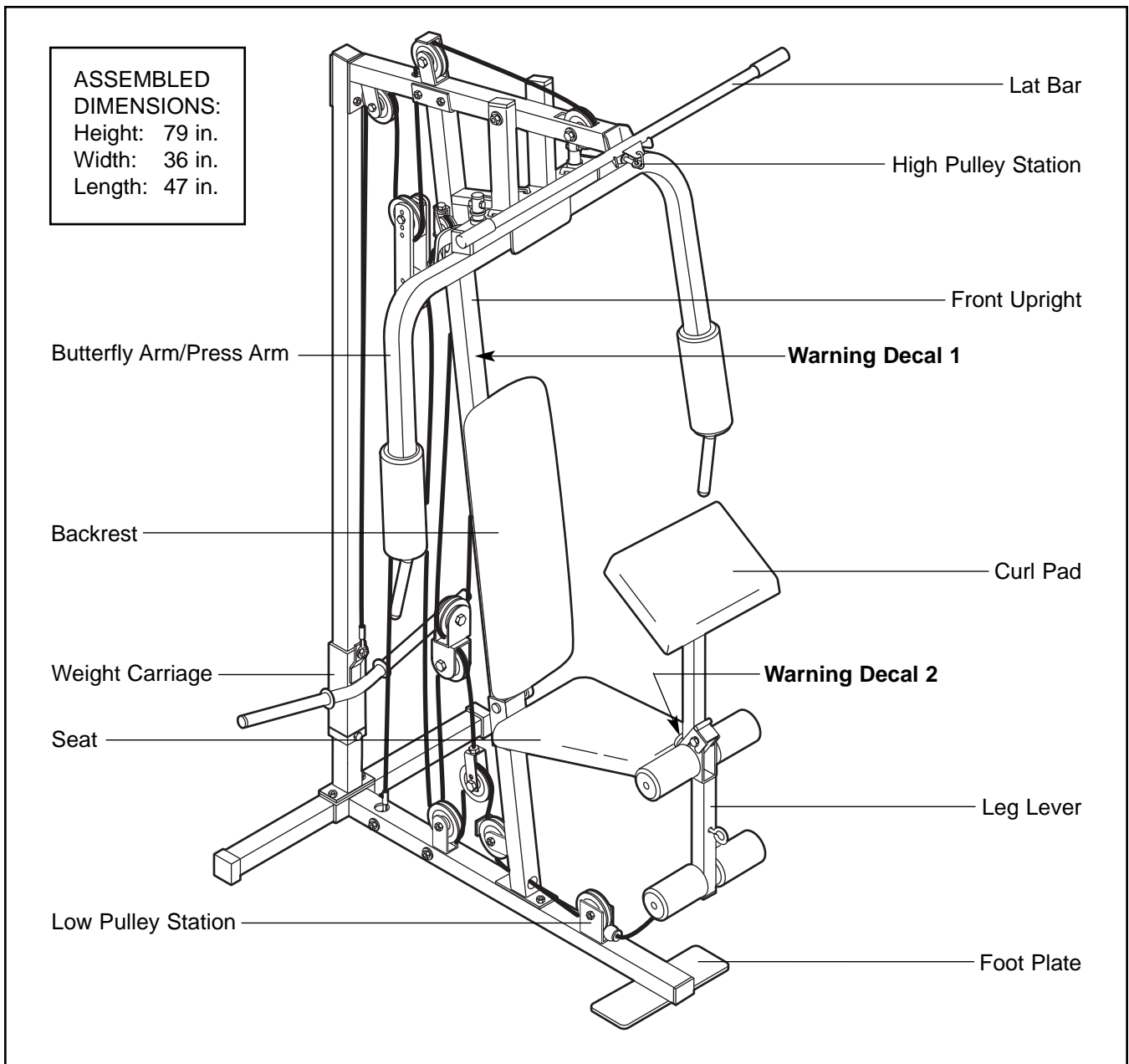
BEFORE YOU BEGIN

Thank you for selecting the versatile WEIDER® 950 weight system. The WEIDER® 950 weight system offers a selection of weight stations designed to develop every major muscle group of the body. Whether your goal is to tone your body, build dramatic muscle size and strength, or improve your cardiovascular system, the WEIDER® 950 weight system will help you to achieve the results you want.

For your benefit, read this manual carefully before using the weight system. If you have questions after

reading this manual, please call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). To help us assist you, please note the product model number before calling. The model number is WESY13820.

Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.



ASSEMBLY

Make Things Easier for Yourself

Everything in this manual is designed to ensure that the weight system can be assembled successfully by anyone. However, it is important to realize that the versatile weight system has many parts and that the assembly process will take time. Most people find that by setting aside plenty of time, assembly will go smoothly.




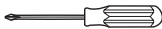
Before beginning assembly, carefully read the following information and instructions:

- Assembly requires two people.
- Place all parts in a cleared area and remove the packing materials. Do not dispose of the packing materials until assembly is completed.
- Tighten all parts as you assemble them, unless instructed to do otherwise.

- As you assemble the weight system, make sure all parts are oriented as shown in the drawings.

- **For help identifying small parts, use the PART IDENTIFICATION CHART.**

The following tools (not included) are required for assembly:

- **two adjustable wrenches** 
- **one rubber mallet** 
- **one standard screwdriver** 
- **one Phillips screwdriver** 
- **lubricant, such as grease or petroleum jelly, and soapy water.**

Assembly will be more convenient if you have a socket set, a set of open-end or closed-end wrenches, or a set of ratchet wrenches.

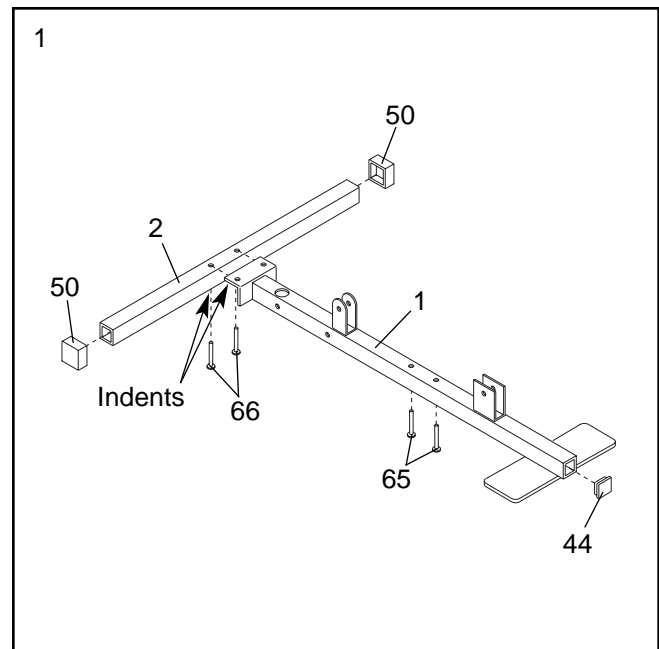
FRAME ASSEMBLY

1. **Before beginning assembly, be sure that you have read and understand the information in the box above.**

Press a 50mm Square Inner Cap (44) into the end of the Base (1). Press two 50mm Square Outer Caps (50) onto the ends of the Stabilizer (2).

Orient the Stabilizer (2) with the indents around the holes on the bottom. Insert two M8 x 67mm Carriage Bolts (66) into the bottom of the Stabilizer. Insert two M8 x 63mm Carriage Bolts (65) into the bottom of the Base (1).

Slide the end of the Base (1) onto the M8 x 67mm Carriage Bolts (66) in the Stabilizer (2).



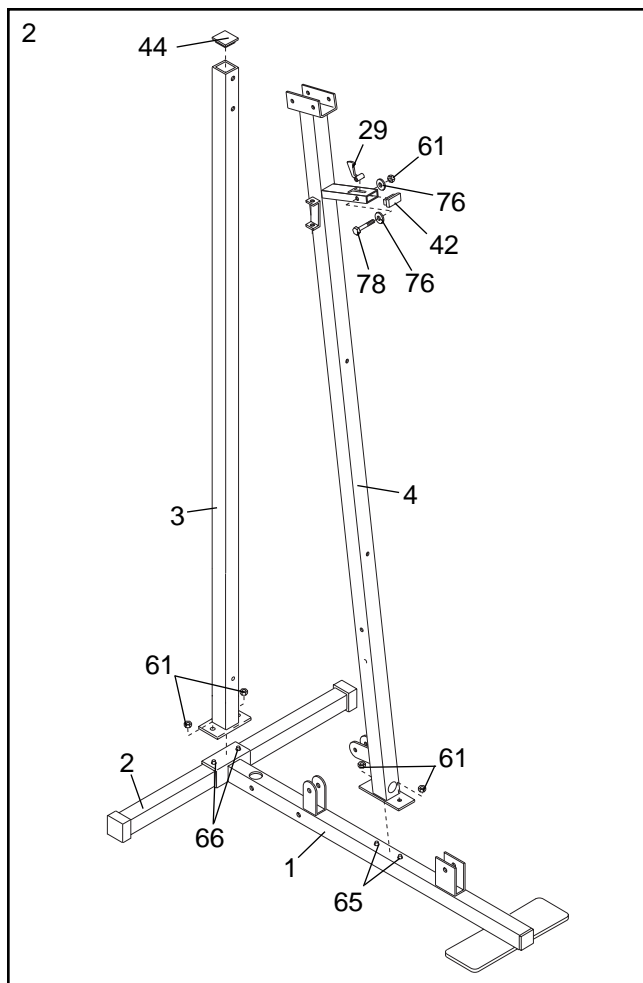
2. Press a 50mm Square Inner Cap (44) into the top of the Rear Upright (3).

Attach the Rear Upright (3) to the Stabilizer (2) with the M8 x 67mm Carriage Bolts (66) and two M8 Nylon Locknuts (61).

Attach the Front Upright (4) to the Base (1) with the two M8 x 63mm Carriage Bolts (65) and two M8 Nylon Locknuts (61).

Do not tighten the M8 Nylon Locknuts (61) yet.

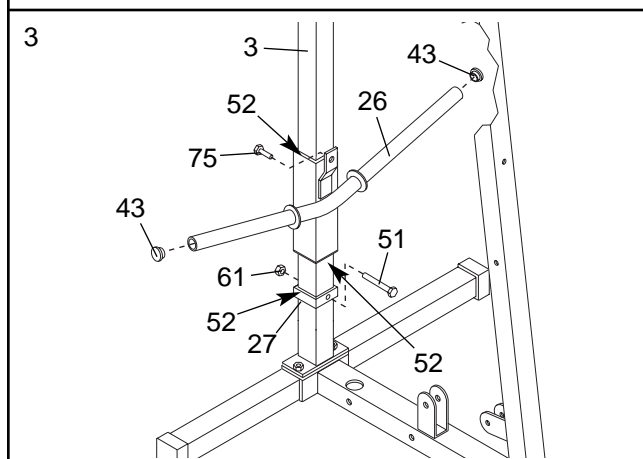
Press a 25mm x 50mm Inner Cap (42) into the tube on the Front Upright (4). Attach the Arm Latch (29) to the Front Upright with an M8 x 63mm Bolt (78), two M8 Washers (76), and an M8 Nylon Locknut (61). **Do not overtighten the Nylon Locknut; the Arm Latch must be able to pivot easily.**



3. Press two 25mm Round Inner Caps (43) into the ends of the tube on the Weight Carriage (26). Insert the M10 x 20mm Bolt (75) into the bracket on the Weight Carriage from the side shown. Make sure there are three Square Bushings (52) inside the Weight Carriage and the top of the Weight Stop (27).

Slide the Weight Stop (27) onto the Rear Upright (3) and secure it with an M8 x 70mm Bolt (51) and an M8 Nylon Locknut (61).

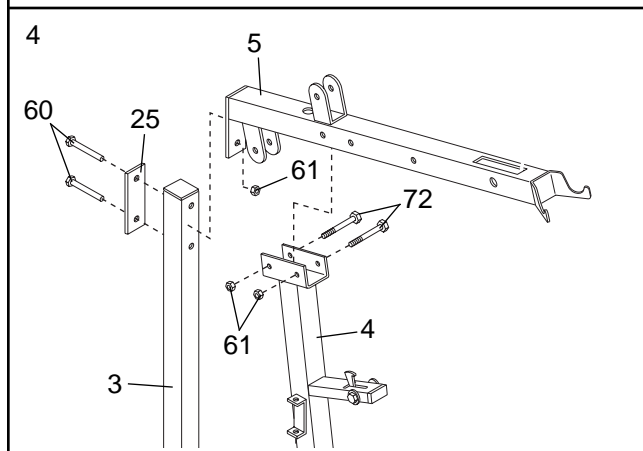
Slide the Weight Carriage (26) onto the Rear Upright (3).



4. Attach the Top Frame (5) to the Front Upright (4) with two M8 x 68mm Bolts (72) and two M8 Nylon Locknuts (61).

Attach the Top Frame (5) to the Rear Upright (3) with two M8 x 66mm Bolts (60), the Support Plate (25), and an M8 Nylon Locknut (61).

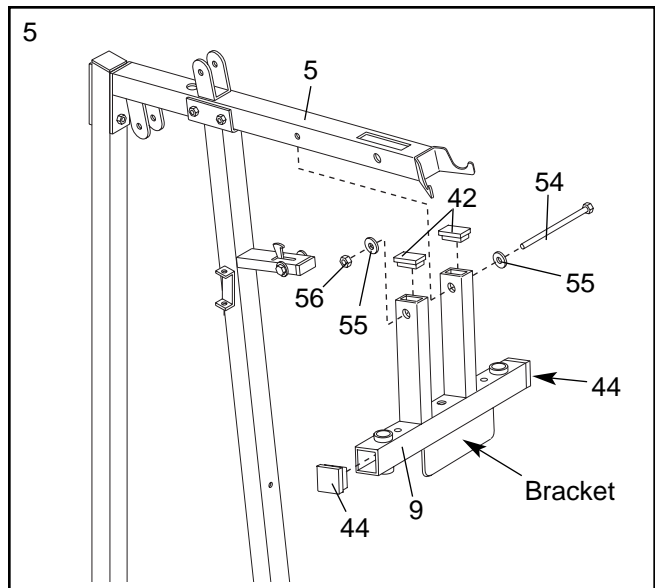
Tighten all of the M8 Nylon Locknuts (61) used in steps 2 and 4.



ARM ASSEMBLY

5. Press two 25mm x 50mm Inner Cap (42) into the top of the Press Frame (9). Press two 50mm Square Inner Caps (44) into the ends of the Press Frame.

Orient the Press Frame (9) with the bracket on the side shown. Attach the Press Frame to the Top Frame (5) with an M10 x 125mm Bolt (54), two M10 Washers (55), and an M10 Nylon Locknuts (56).

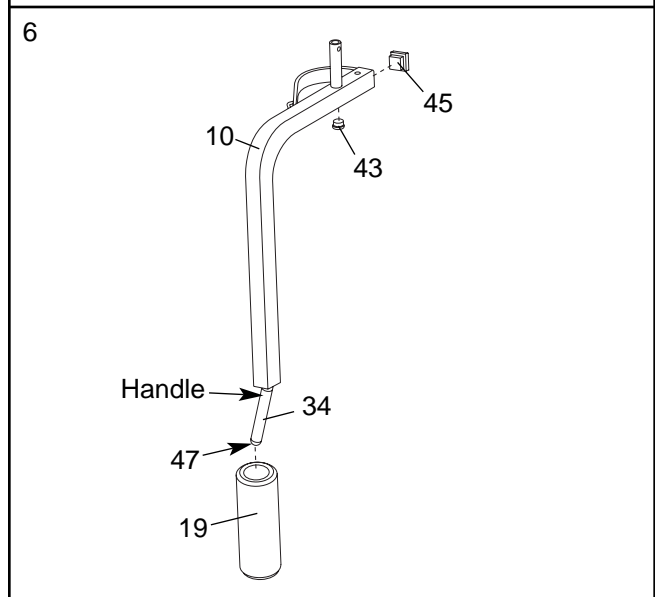


6. Press a 45mm Square Inner Cap (45) into the end of the Right Arm (10). Press a 25mm Round Inner Cap (43) into the tube on the Arm.

Wet the end of the Right Arm (10) with soapy water. Slide a Large Foam Pad (19) onto the Arm.

Slide an Arm Grip (34) onto the handle on the Right Arm (10). Press a Dome Cap (47) into the end of the handle.

Repeat this step with the Left Arm (not shown).

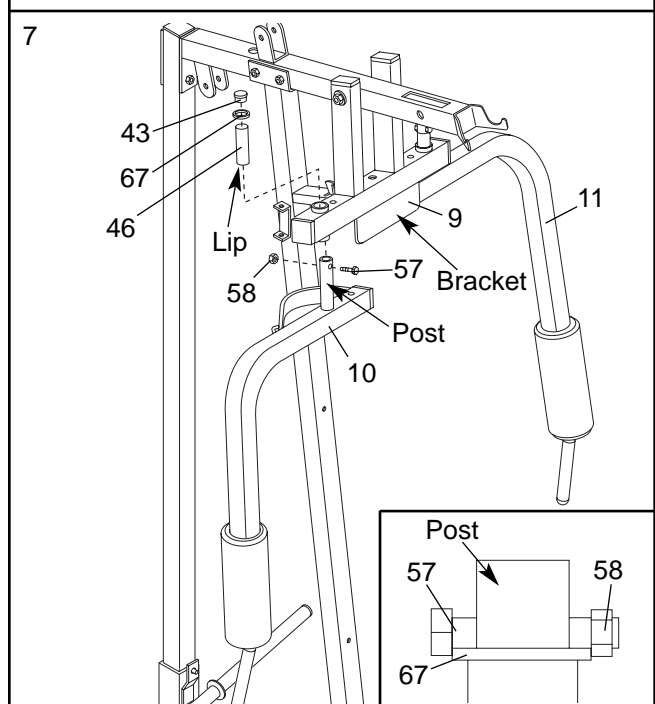


7. Slide an Arm Bushing (46), with the lip on the bottom, onto the post on the Right Arm (10). Insert the post through the hole in the Press Frame (9). **Be sure the Arm is behind the indicated bracket on the Press Frame.**

Slide a Large Washer (67) over the post on the Right Arm (10) and attach an M6 x 43mm Bolt (57) to it with an M6 Nylon Locknut (58). **Be sure the Locknut and the head of the Bolt are over the edge of the Washer, as shown in the inset drawing.**

Press a 25mm Round Inner Cap (43) into the top of the post on the Right Arm (10).

Repeat this step with the Left Arm (11).



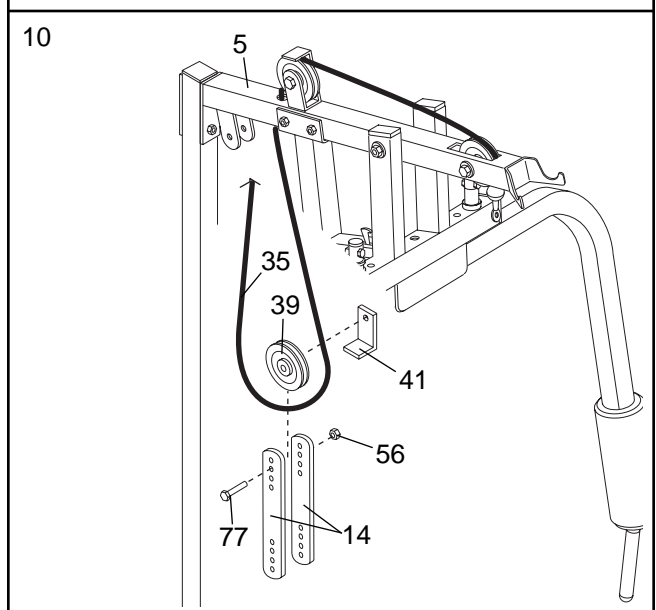
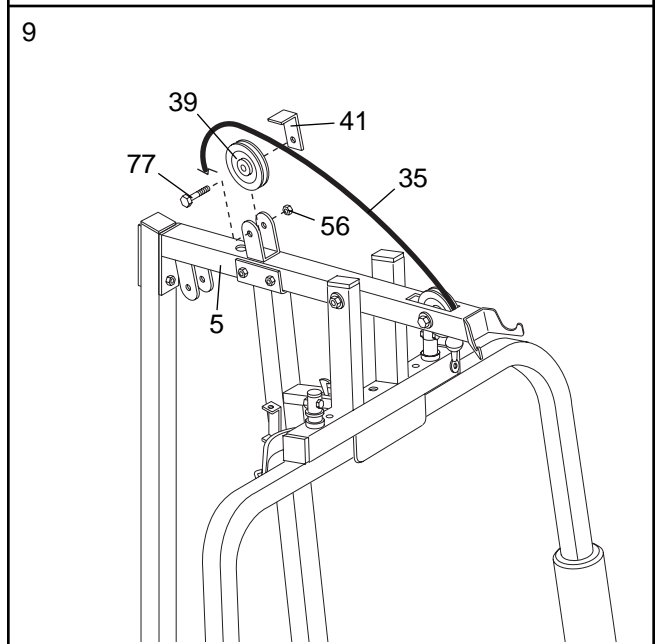
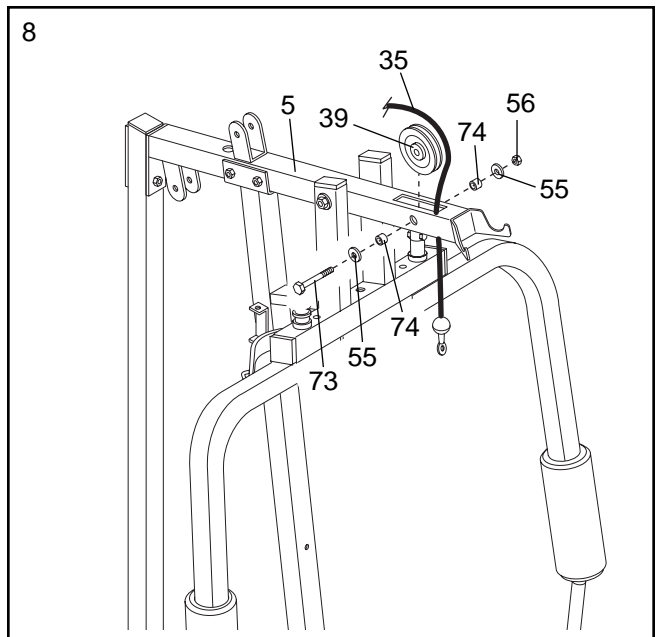
CABLE ASSEMBLY

8. Refer to the **CABLE DIAGRAM** on page 18 for proper cable routing.

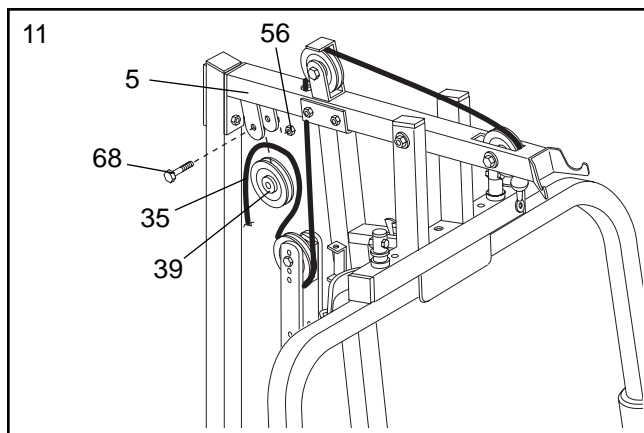
Locate the High Cable (35). Route the eyelet end of the Cable up through the Top Frame (5) and around a Pulley (39). Attach the Pulley inside the Top Frame with an M10 x 65mm Grade 5 Bolt (73), two M10 Washers (55), two M10 Spacers (74), and an M10 Nylon Locknut (56).

9. Wrap the High Cable (35) around a Pulley (39). Attach the Pulley and a Cable Trap (41) inside the bracket on the Top Frame (5) with an M10 x 48mm Bolt (77) and an M10 Nylon Locknut (56). **Be sure the Cable Trap is oriented to hold the Cable in the groove of the Pulley.**

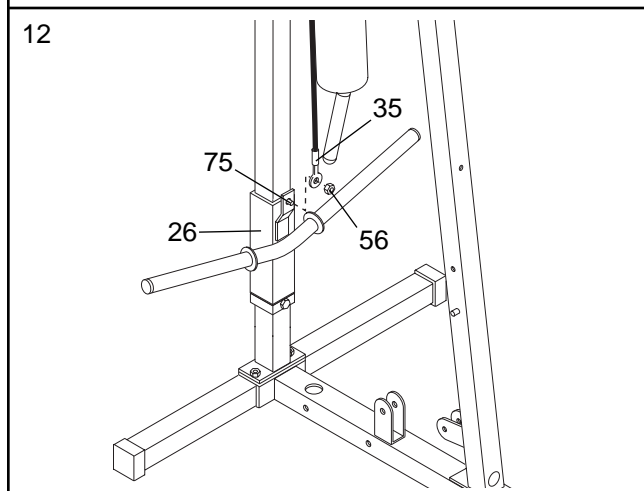
10. Route the High Cable (35) down through the Top Frame (5) and around a Pulley (39). Attach the Pulley and a Cable Trap (41) to the second set of holes from the top of the two Pulley Plates (14) with an M10 x 48mm Bolt (77) and an M10 Nylon Locknut (56). **Be sure the Cable Trap is turned to hold the Cable in the groove of the Pulley.**



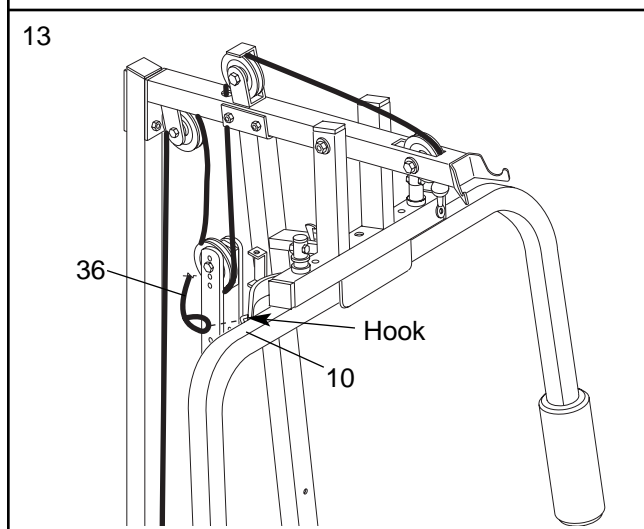
11. Wrap the High Cable (35) around a Pulley (39). Attach the Pulley inside the bracket on the Top Frame (5) with an M10 x 45mm Bolt (68) and an M10 Nylon Locknut (56).



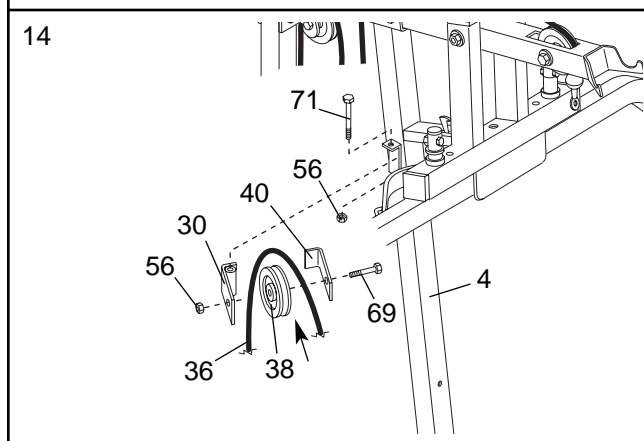
12. Attach the end of the High Cable (35) to the M10 x 20mm Bolt (75) in the bracket on the Weight Carriage (26) with an M10 Nylon Locknut (56).



13. **Locate the Arm Cable (36).** Slide the Cable onto the hook on the Right Arm (10).

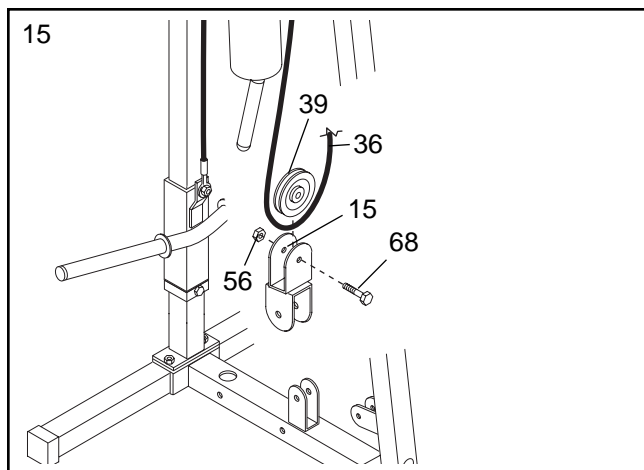


14. Wrap the Arm Cable (36) around a "V"-Pulley (38). Attach the Pulley and a Long Cable Trap (40) to a Pulley Bracket (30) with an M10 x 55mm Bolt (69) and an M10 Nylon Locknut (56). **Be sure the Cable Trap is turned to hold the Cable in the groove of the Pulley.**



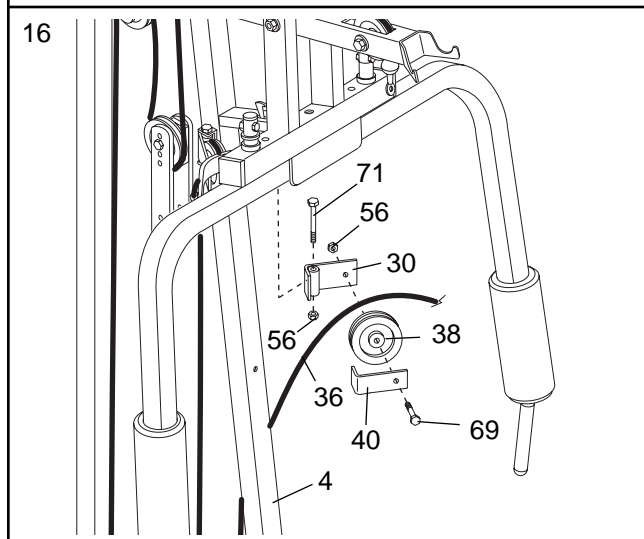
Attach the Pulley Bracket (30) to the bracket on the Front Upright (4) with an M10 x 78mm Bolt (71) and an M10 Nylon Locknut (56).

15. Wrap the Arm Cable (36) around a Pulley (39). Attach the Pulley to the Double "U"-Bracket (15) with an M10 x 45mm Bolt (68) and an M10 Nylon Locknut (56).

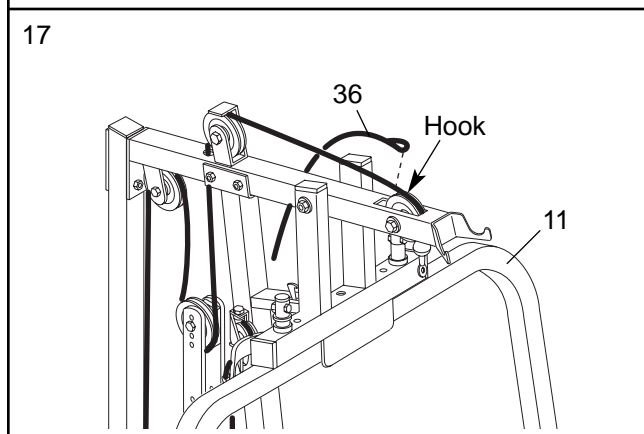


16. Wrap the Arm Cable (36) around a "V"-Pulley (38). Attach the Pulley and a Long Cable Trap (40) to a Pulley Bracket (30) with an M10 x 55mm Bolt (69) and an M10 Nylon Locknut (56). **Be sure the Cable Trap is turned to hold the Cable in the groove of the Pulley.**

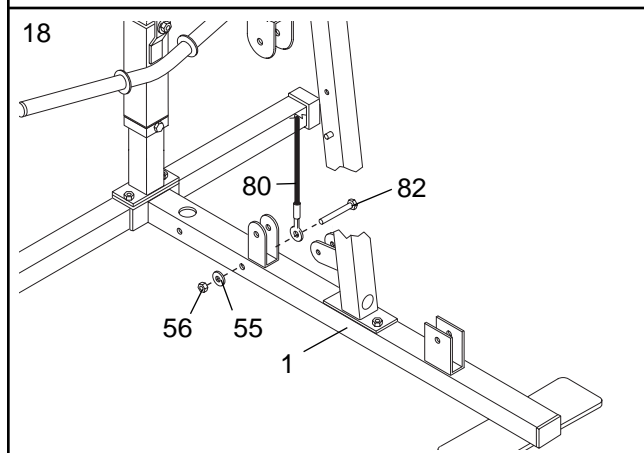
Attach the Pulley Bracket (30) to the bracket on the Front Upright (4) with an M10 x 78mm Bolt (71) and an M10 Nylon Locknut (56).



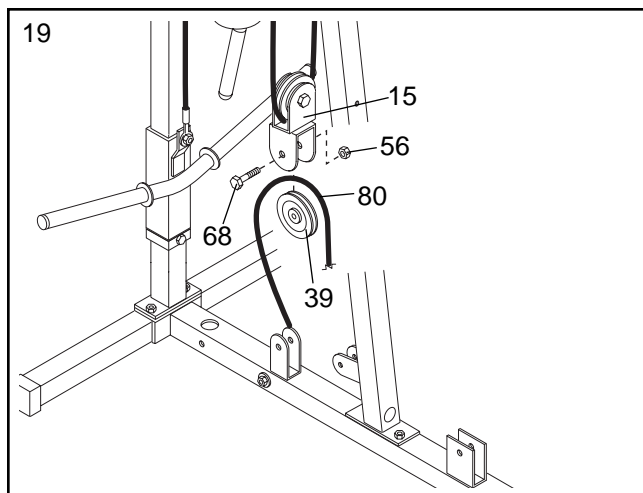
17. Slide the Arm Cable (36) onto the hook on the Left Arm (11).



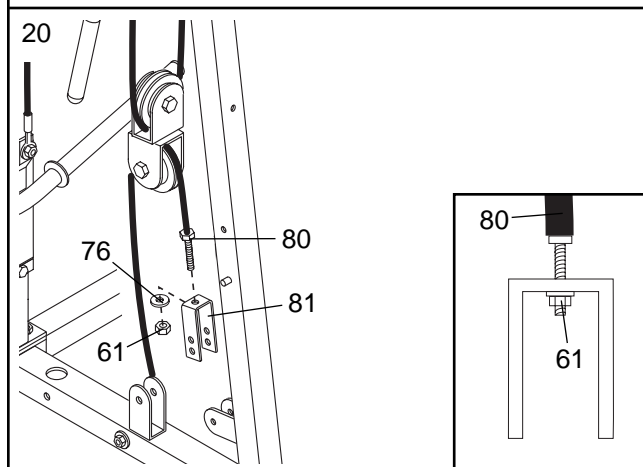
18. **Locate the Short Cable (80).** Attach the Cable to the side of the Base (1) with an M10 x 70mm Bolt (82), an M10 Washer (55), and an M10 Nylon Locknut (56).



19. Wrap the Short Cable (80) around a Pulley (39). Attach the Pulley to the Double “U”-Bracket (15) with an M10 x 45mm Bolt (68) and an M10 Nylon Locknut (56).

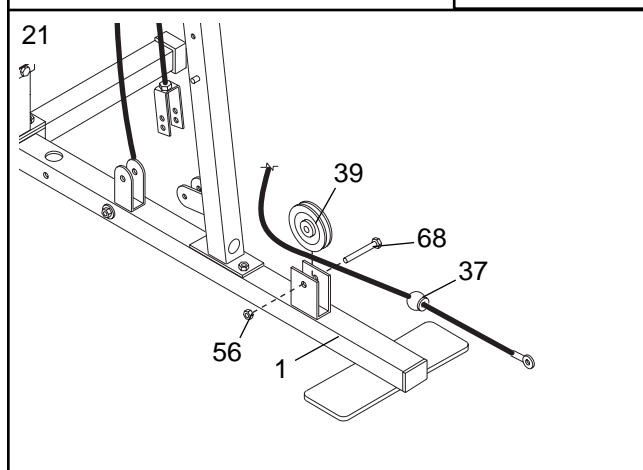


20. Attach the Short Cable (80) to the “U”-Bracket (81) with an M8 Washer (76) and an M8 Nylon Locknut (61). **Note: Do not completely tighten the Locknut; it should be threaded only two turns onto the end of the Cable, as shown in the inset drawing.**

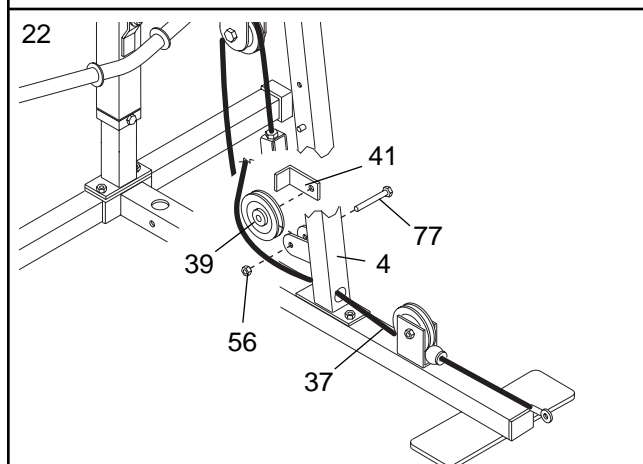


21. **Locate the Low Cable (37).** Lay the Cable in the bracket on the Base (1) with the ball on the side shown.

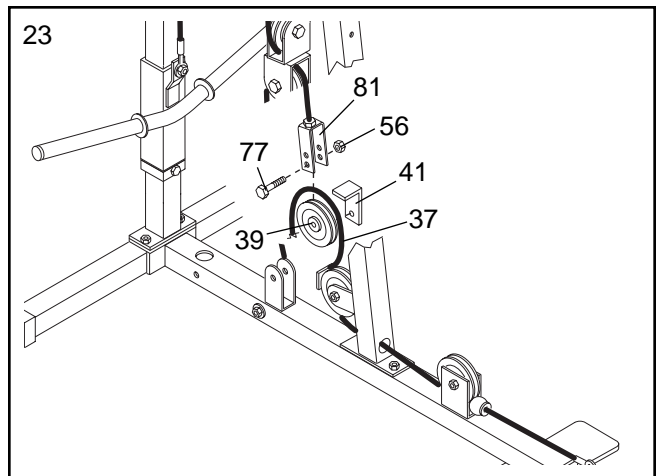
Attach a Pulley (39) inside the bracket on the Base (1) with an M10 x 45mm Bolt (68) and an M10 Nylon Locknut (56).



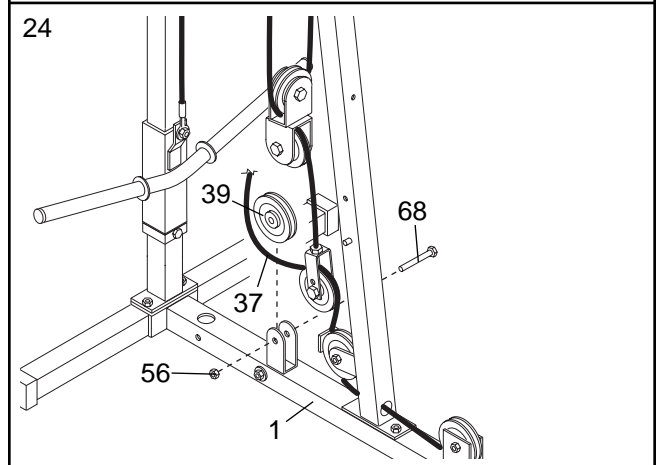
22. Route the Low Cable (37) through the hole in the Front Upright (4) and around a Pulley (39). Attach the Pulley and a Cable Trap (41) inside the bracket on the Upright with an M10 x 48mm Bolt (77) and an M10 Nylon Locknut (56). **Be sure the Cable Trap is oriented to hold the Cable in the groove of the Pulley.**



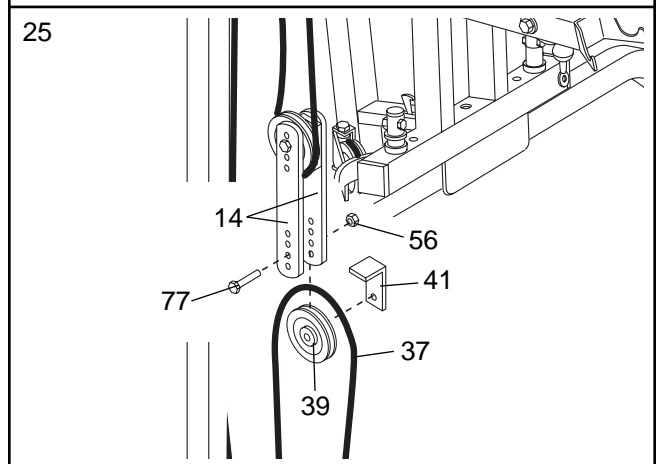
23. Wrap the Low Cable (37) around a Pulley (39). Attach the Pulley and a Cable Trap (41) to the lower set of holes in the "U"-Bracket (81) with an M10 x 48mm Bolt (77) and an M10 Nylon Locknut (56).



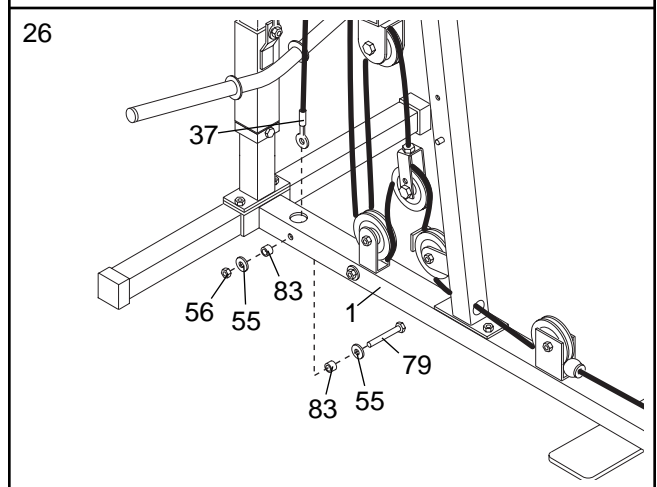
24. Wrap the Low Cable (37) around a Pulley (39). Attach the Pulley inside the bracket on the Base (1) with an M10 x 45mm Bolt (68) and an M10 Nylon Locknut (56).



25. Wrap the Low Cable (37) around a Pulley (39). Attach the Pulley and a Cable Trap (41) to the second set of holes from the bottom of the two Pulley Plates (14) with an M10 x 48mm Bolt (77) and an M10 Nylon Locknut (56). **Be sure the Cable Trap is turned to hold the Cable in the groove of the Pulley.**



26. Attach the Low Cable (37) inside the Base (1) with an M10 x 65mm Bolt (79), two M10 Washers (55), two M10 x 23mm Spacers (83), and an M10 Nylon Locknut (56).



SEAT ASSEMBLY

27. Press two 38mm Square Inner Caps (48) into the ends of the Seat Frame (6) and the Leg Lever (7).

Attach the Eyebolt (53) to the Leg Lever (7) with an M10 Washer (55) and an M10 Nylon Locknut (56).

Lubricate the M8 x 66mm Bolt (60). Attach the Leg Lever (7) to the Seat Frame (6) with the Bolt and an M8 Nylon Locknut (61).

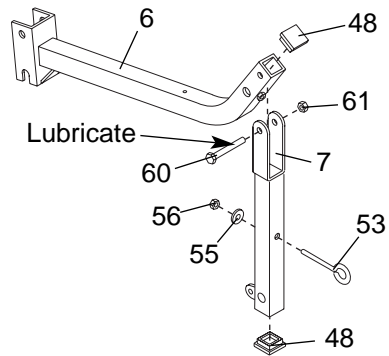
28. Insert an M6 x 50mm Carriage Bolt (62) into the center hole in the Seat Plate (24). Attach the Seat Plate to the Seat (17) with two M6 x 16mm Screws (59).

Attach the Seat (17) to the Seat Frame (6) with the M6 x 50mm Carriage Bolt (62), an M6 x 50mm Screw (64), two M6 Washer (63), and an M6 Nylon Locknut (58).

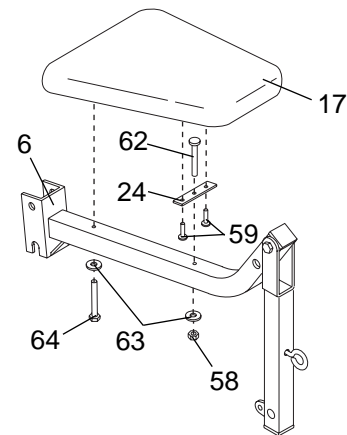
29. Rest the bracket on the Seat Frame (6) on the pin on the Front Upright (4). Secure the Seat Frame with an M8 x 67mm Carriage Bolt (66) and the Seat Frame Knob (32).

30. Attach the Backrest (16) to the Front Upright (4) with two M6 x 63mm Screws (70) and two M6 Washers (63).

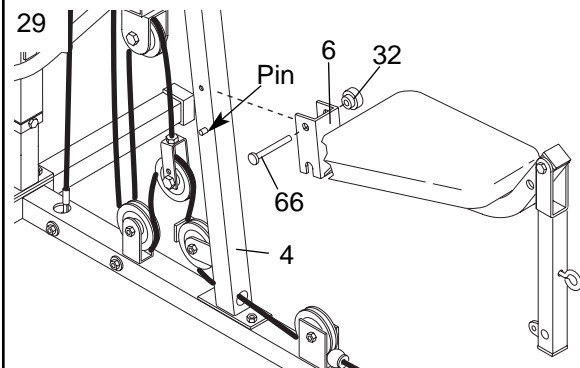
27



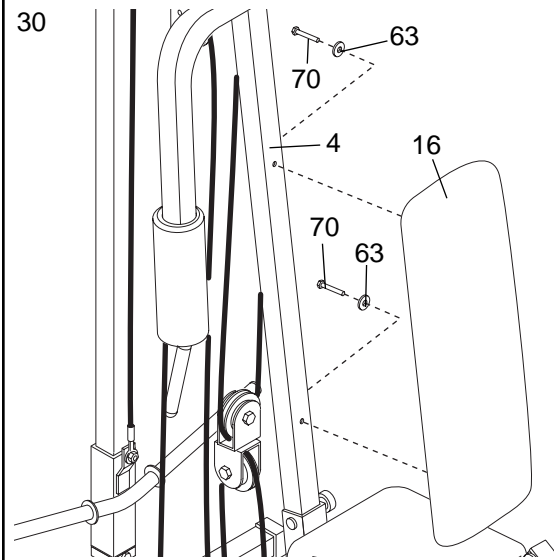
28



29

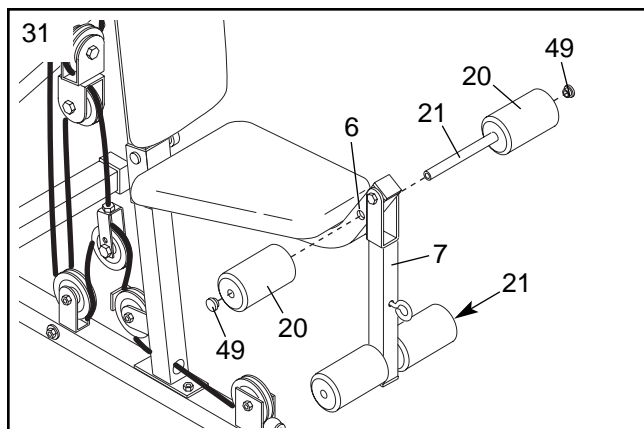


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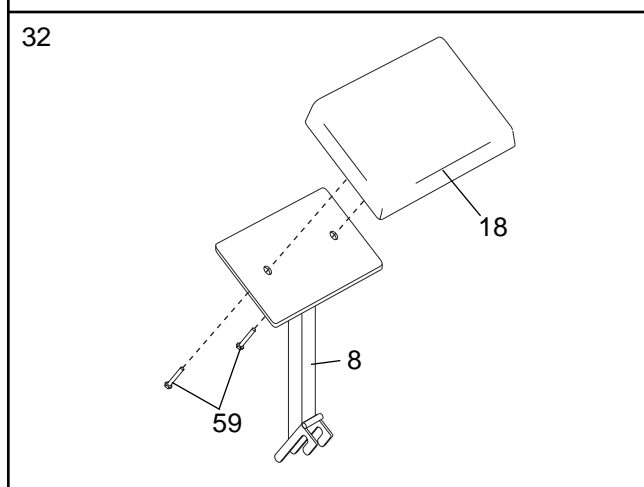


31. Slide a Pad Tube (21) through the hole in the Seat Frame (6). Slide two Small Foam Pads (20) onto the ends of the Pad Tube. Press two 19mm Round Inner Caps (49) into the ends of the Pad Tube.

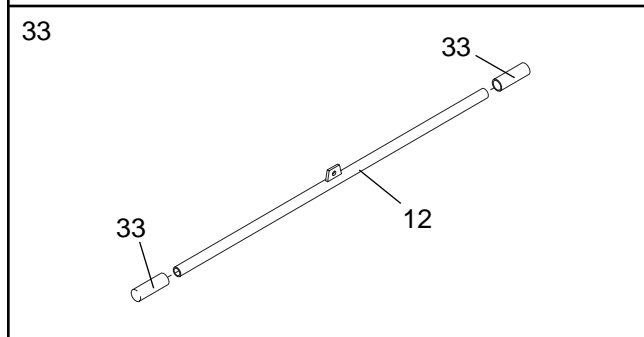
Repeat this step with the other Pad Tube (21) and the Leg Lever (7).



32. Attach the Curl Pad (18) to the Curl Post (8) with two M6 x 16mm Screws (59).



33. Wet the ends of the Lat Bar (12) with soapy water. Slide the two Lat Bar Grips (33) onto the ends of the Lat Bar.



34. Make sure that all parts have been properly tightened. The use of all remaining parts will be explained in ADJUSTMENTS, on the next page.

Before using the weight system, pull each cable a few times to make sure that the cables move smoothly over the pulleys. If one of the cables does not move smoothly, find and correct the problem. **IMPORTANT: If the cables are not properly routed, they may be damaged when heavy weight is used. See the CABLE DIAGRAM on page 18 of this manual for proper cable routing. If there is any slack in the cables, you will need to remove it by tightening the cables; see TROUBLESHOOTING AND MAINTENANCE on page 19.**

ADJUSTMENTS

This section explains how to adjust the weight system. Refer to the accompanying exercise guide to see the correct form for each exercise.

Make sure all parts are properly tightened each time the weight system is used. Replace any worn parts immediately. The weight system can be cleaned with a damp cloth and a mild, non-abrasive detergent. Do not use solvents.

ATTACHING THE ACCESSORIES TO A PULLEY STATION OR LEG LEVER

Attach the Lat Bar (12) to the High Cable (35) with a Cable Clip (23). For some exercises, the Chain (not shown) should be attached between the Lat Bar and the High Cable with two Cable Clips. **Adjust the length of the Chain between the Lat Bar and the High Cable so the Lat Bar is in the correct starting position for the exercise to be performed.**

The Lat Bar (12) can be attached to the Low Cable (not shown) or the Eyebolt (not shown) on the Leg Lever (not shown) in the same manner. The other accessories can be attached to the Low Cable in the same manner.

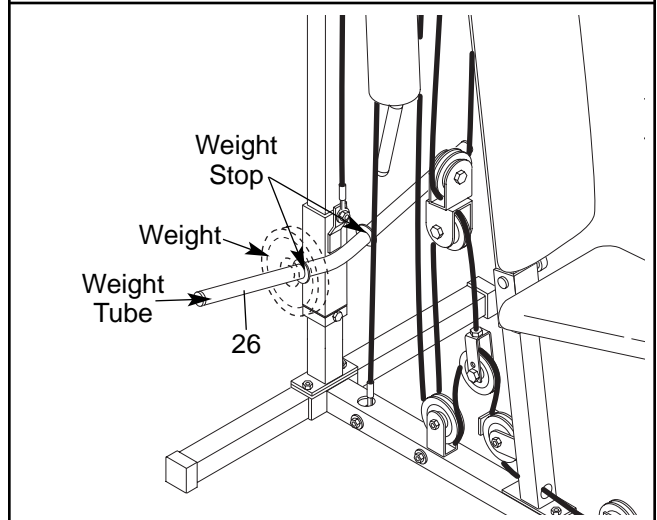
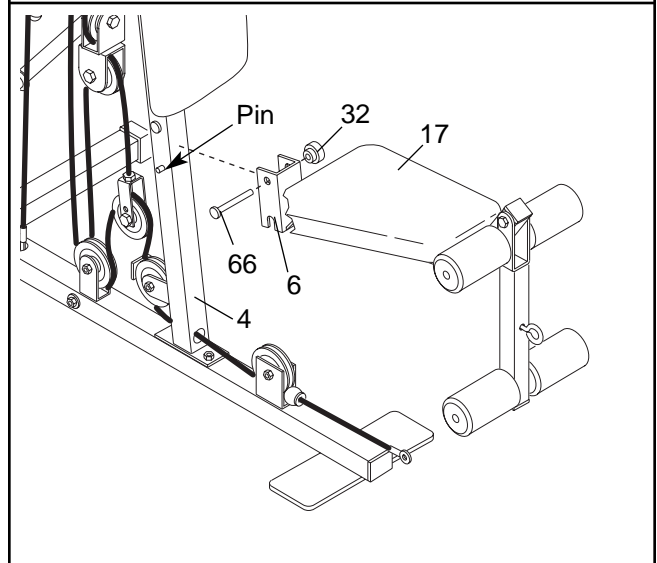
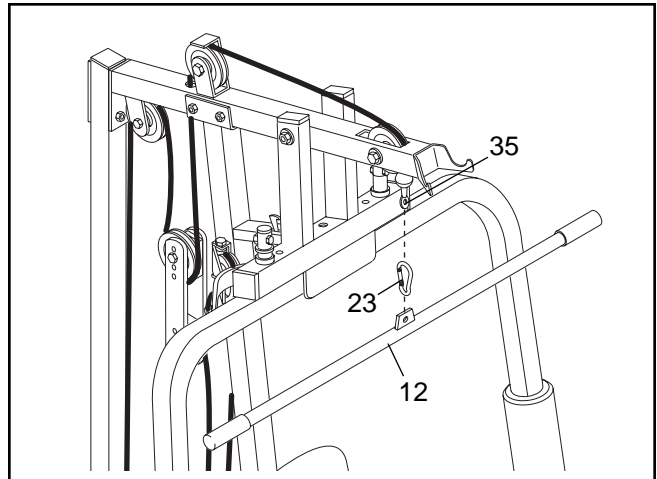
ATTACHING AND REMOVING THE SEAT

To attach the Seat (17) to the weight system, rest the Seat Frame (6) on the pin on the Front Upright (4). Secure the Seat Frame with an M8 x 67mm Carriage Bolt (66) and the Seat Frame Knob (32).

To remove the Seat (17), first be sure that the low cable is not attached to the leg lever (see ATTACHING THE LEG LEVER, on the following page). Remove the Seat Frame Knob (32) and M8 x 67mm Carriage Bolt (66) from the Front Upright (4). Then, lift the Seat Frame (6) off the pin on the Upright.

ADDING WEIGHTS TO THE WEIGHT CARRIAGE

To add resistance to the weight system, slide an equal amount of weight (not included) onto each side of the weight tube on the Weight Carriage (26). Be sure that the weights are pushed against the weight stops. **Note: Due to the cables and pulleys, the actual amount of resistance at each exercise station may vary from the amount of weight used. Use the WEIGHT RESISTANCE CHART on page 17 to find the approximate amount of resistance at each station.**

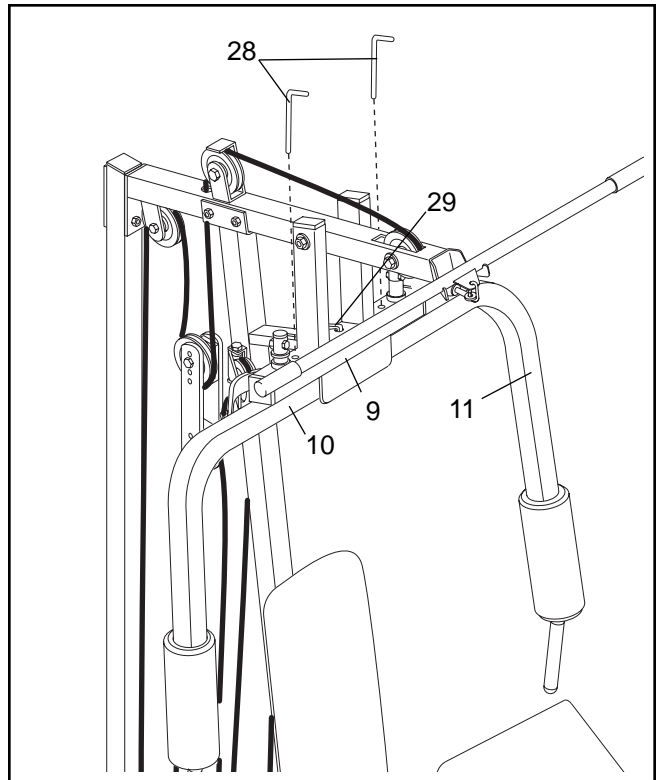


⚠ WARNING: Do not place more than 125 pounds on the Weight Carriage (26).

CONVERTING THE ARMS

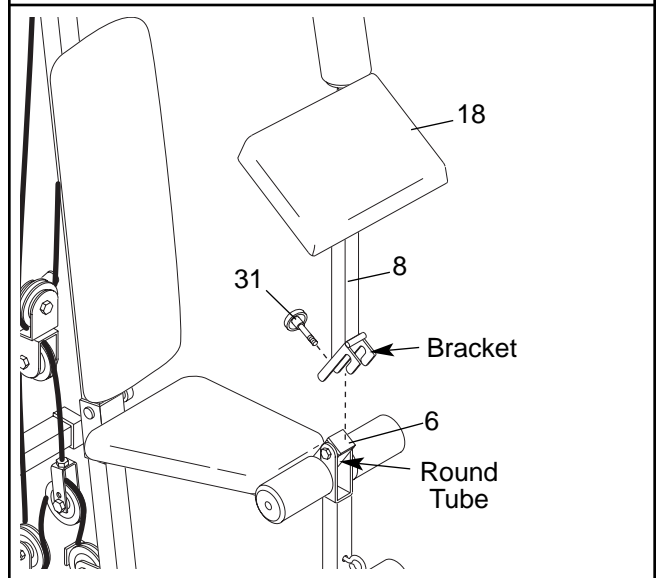
To use the Arms (10, 11) as butterfly arms, remove the Arm Pins (28) and engage the Arm Latch (29) into the hole in the Press Frame (9).

To use the Arms (10, 11) as press arms, insert the two Arm Pins (28) into the holes in the Press Frame (9) and the Arms. Disengage the Arm Latch (29).



USING THE CURL PAD

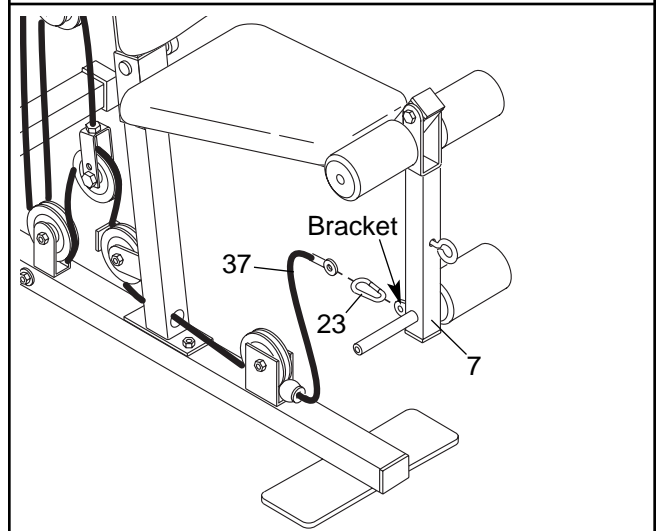
To use the Curl Pad (18), attach the Curl Post (8) to the Seat Frame (6) with the Curl Frame Knob (31). **Be sure the bracket on the Curl Post wraps around the round tubes on the the Seat Frame.**



ATTACHING THE LEG LEVER TO THE LOW PULLEY STATION

To use the Leg Lever (7), the seat must be attached to the front upright (see ATTACHING AND REMOVING THE SEAT, on the previous page).

Attach the Low Cable (37) to the bracket on the Leg Lever (7) with a Cable Clip (23).



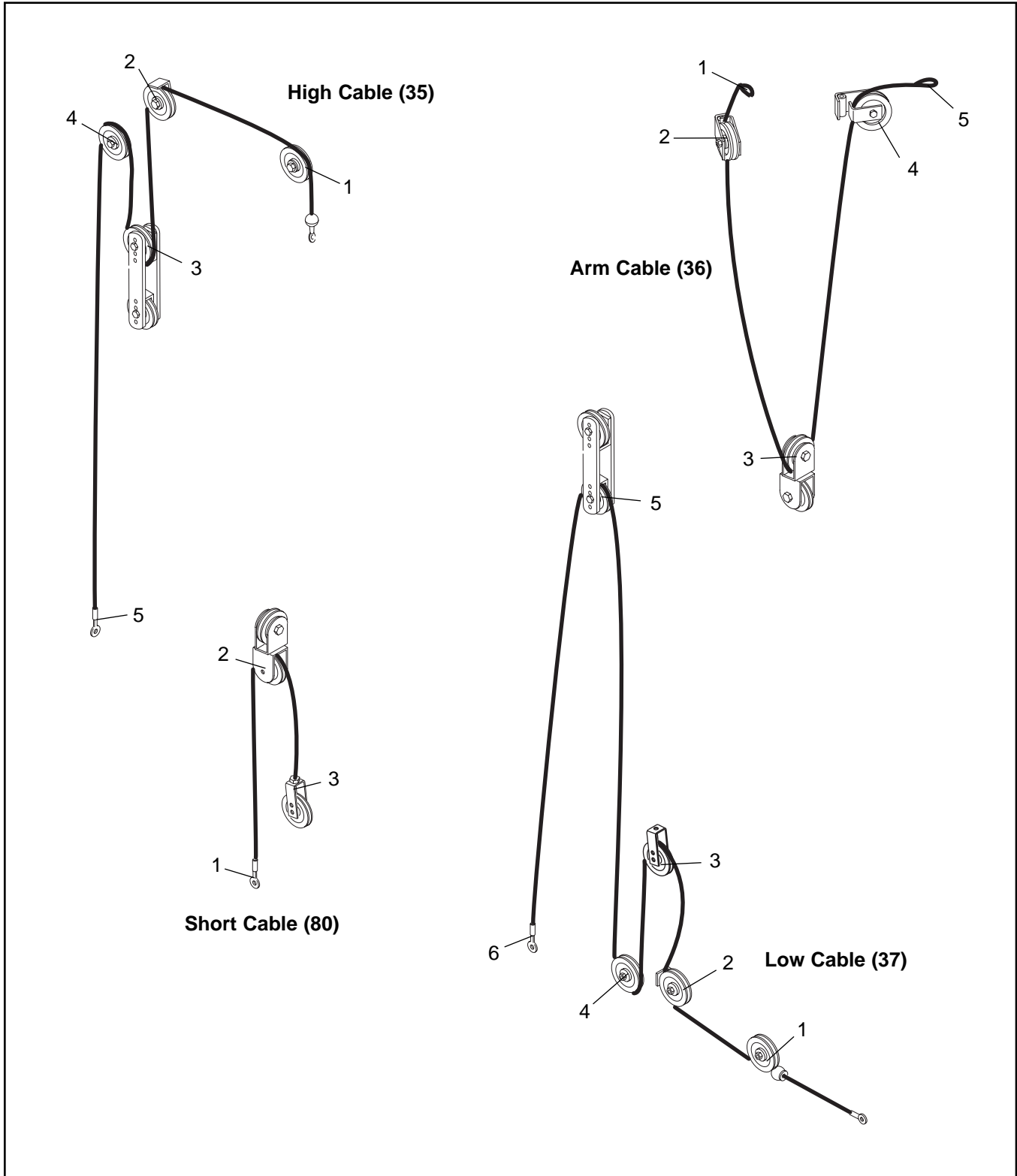
WEIGHT RESISTANCE CHART

This chart shows the approximate weight resistance at each weight station. The column labeled "WEIGHT" refers to the amount of weight, in pounds, placed on the weight carriage. The weight resistance shown for the butterfly arm station is for each butterfly arm. **Note: The actual resistance at each station may vary due to friction between the cables, pulleys, and weight carriage.**

WEIGHT (lbs.)	PRESS ARM (lbs.)	BUTTERFLY ARM (lbs.)	LOW PULLEY (lbs.)	LEG LEVER (lbs.)	HIGH PULLEY (lbs.)
0	18	12	12	14	13
5	26	16	17	20	19
10	34	20	24	27	26
15	42	24	30	33	32
20	50	28	36	40	39
25	58	33	43	46	45
30	64	37	46	50	50
35	70	41	50	54	55
40	76	45	55	58	60
45	82	49	58	62	65
50	88	53	62	66	70
55	97	57	69	73	77
60	106	61	77	79	84
65	115	65	82	86	90
70	124	69	89	92	97
75	133	73	96	99	104
80	138	77	100	103	108
85	143	81	105	107	112
90	148	85	108	111	116
95	153	89	112	115	120
100	158	93	118	119	124
105	166	97	123	125	131
110	174	101	128	131	138
115	183	105	135	137	146
120	191	109	139	143	153
125	201	112	142	149	160

CABLE DIAGRAMS

The cable diagrams below show the proper routing of the High Cable (35), the Arm Cable (36), the Low Cable (37), and the Short Cable (80). Use the diagrams to make sure that the cables and the cable traps have been assembled correctly. If the cables have not been correctly routed, the weight system will not function properly and damage may occur. The numbers show the correct route for each cable. **Make sure that the cable traps do not touch or bind the cables.**



TROUBLESHOOTING AND MAINTENANCE

TIGHTENING THE CABLES

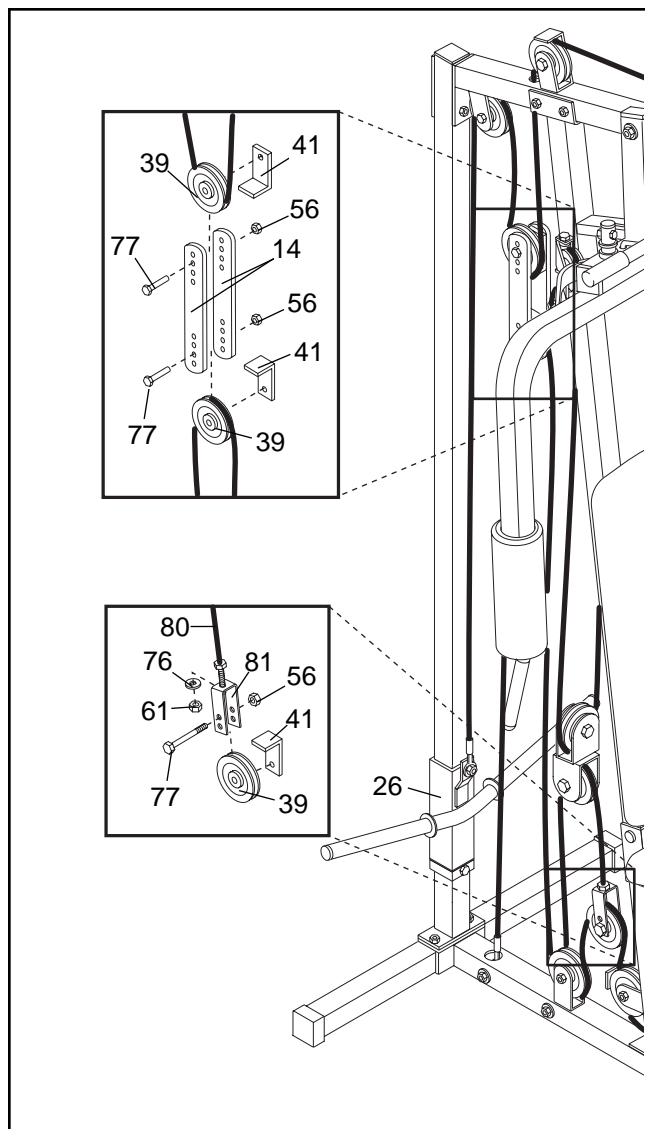
Woven cable, the type of cable used on the weight system, can stretch slightly when it is first used. If there is slack in the cables before resistance is felt, the cables should be tightened.

Slack can be removed by moving a Pulley (39) and Cable Trap (41) to a set of holes closer to the center of the two Pulley Plates (14). Remove the M10 Nylon Locknut (56) and the M10 x 48mm Bolt (77) from the Cable Trap, the Pulley, and the Pulley Plates. Re-attach the Pulley and the Cable Trap to the new set of holes in the Pulley Plates with the Bolt and Nylon Locknut. **Make sure that the Cable Trap is in the proper position and that the Cable and Pulley move smoothly.**

Slack can also be removed by moving the Pulley (39) and the Cable Trap (41) to the higher set of holes in a "U"-Bracket (81). Remove the M10 Nylon Locknut (56) and the M10 x 48mm Bolt (77) from the Cable Trap, the Pulley, and the "U"-Bracket. Re-attach the Pulley and the Cable Trap to the higher set of holes in the "U"-Bracket with the Bolt and Locknut. **Make sure that the Cable Trap is in the proper position and that the Cable and Pulley move smoothly.**

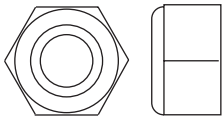
Slack can also be removed from the cables by tightening the M8 Nylon Locknut (61) attaching the Short Cable (80) to the "U"-Bracket (81). To do this, you may need to remove the Pulley (39) from the "U"-Bracket.

Make sure that the cables are not too tight, or the Weight Carriage (26) will be lifted.

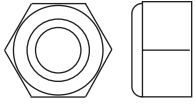


PART IDENTIFICATION CHART—Model No. WESY13820

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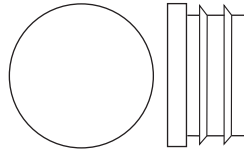
M10 Nylon Locknut (56)



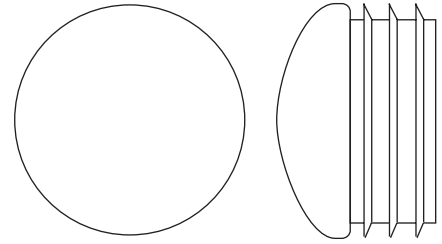
M8 Nylon Locknut (61)



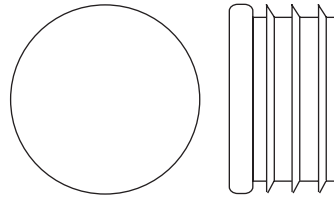
M6 Nylon Locknut (58)



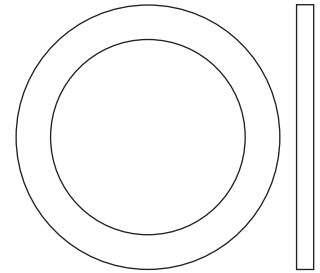
19mm Round Inner Cap (49)



Dome Cap (47)



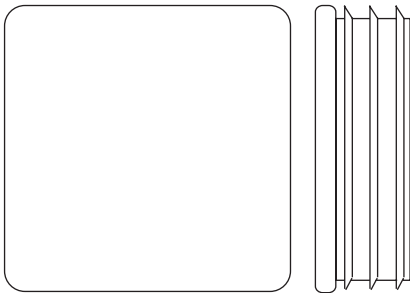
25mm Round Inner Cap (43)



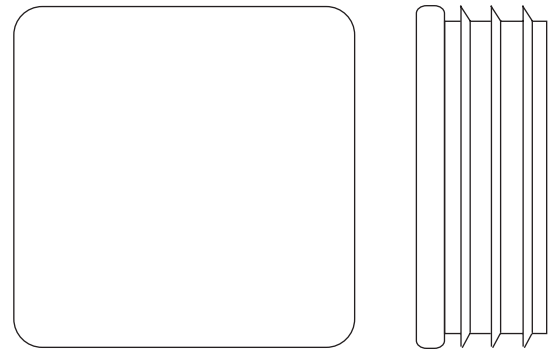
Large Washer (67)



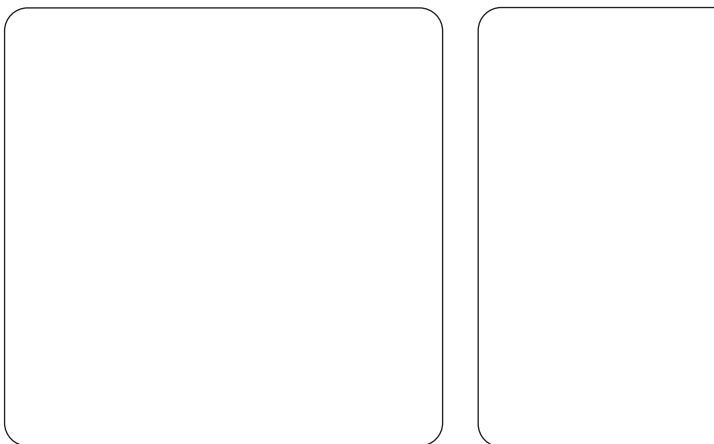
25mm x 50mm Inner Cap (42)



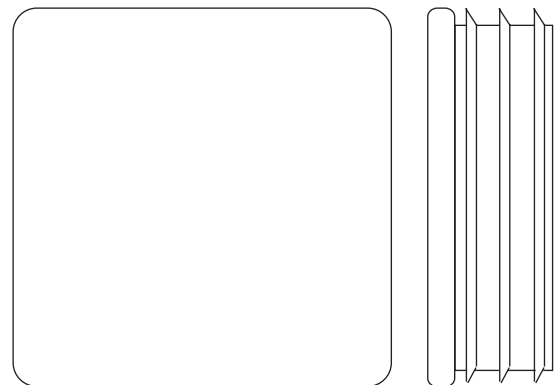
38mm Square Inner Cap (48)



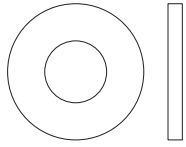
45mm Square Inner Cap (45)



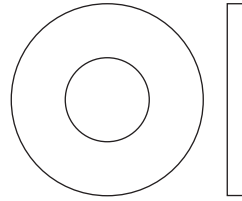
50mm Square Outer Cap (50)



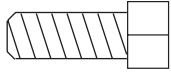
50mm Square Inner Cap (44)



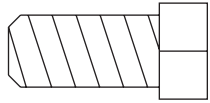
M8 Washer (76)



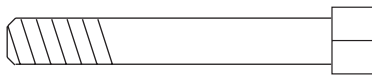
M10 Washer (55)



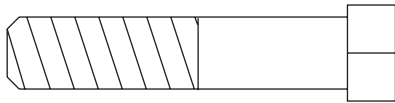
M6 x 16mm Bolt (59)



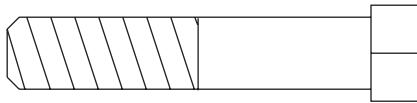
M10 x 20mm Bolt (75)



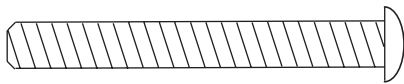
M6 x 43mm Bolt (57)



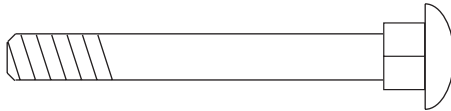
M10 x 45mm Bolt (68)



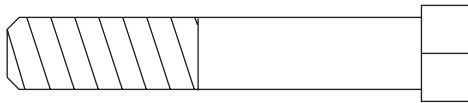
M10 x 48mm Bolt (77)



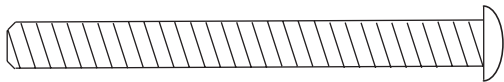
M6 x 50mm Screw (64)



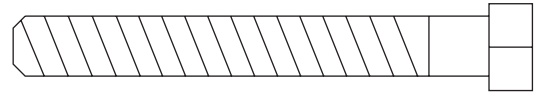
M6 x 50mm Carriage Bolt (62)



M10 x 55mm Bolt (69)



M6 x 63mm Screw (70)



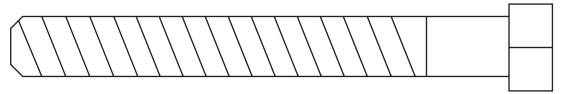
M8 x 63mm Bolt (78)



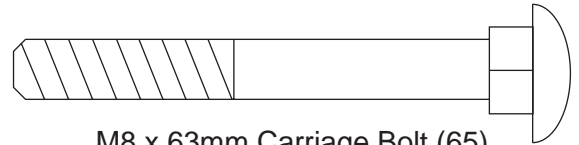
M10 x 65mm Bolt (79)



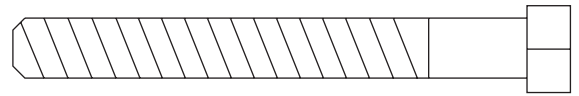
M10 x 65mm Grade 5 Bolt (73)



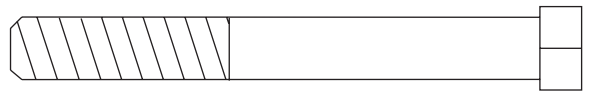
M8 x 66mm Bolt (60)



M8 x 63mm Carriage Bolt (65)



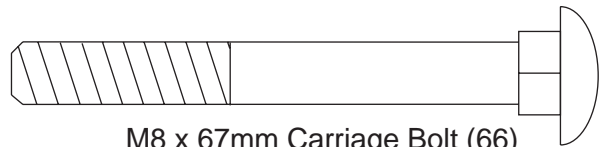
M8 x 68mm Bolt (72)



M8 x 70mm Bolt (51)



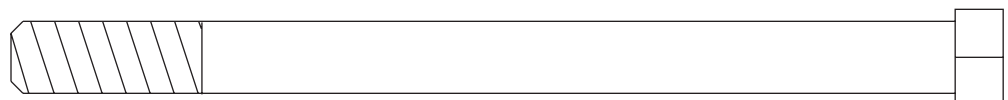
M10 x 70mm Bolt (82)



M8 x 67mm Carriage Bolt (66)



M10 x 78mm Bolt (71)



M10 x 125mm Bolt (54)

PART LIST—Model No. WESY13820

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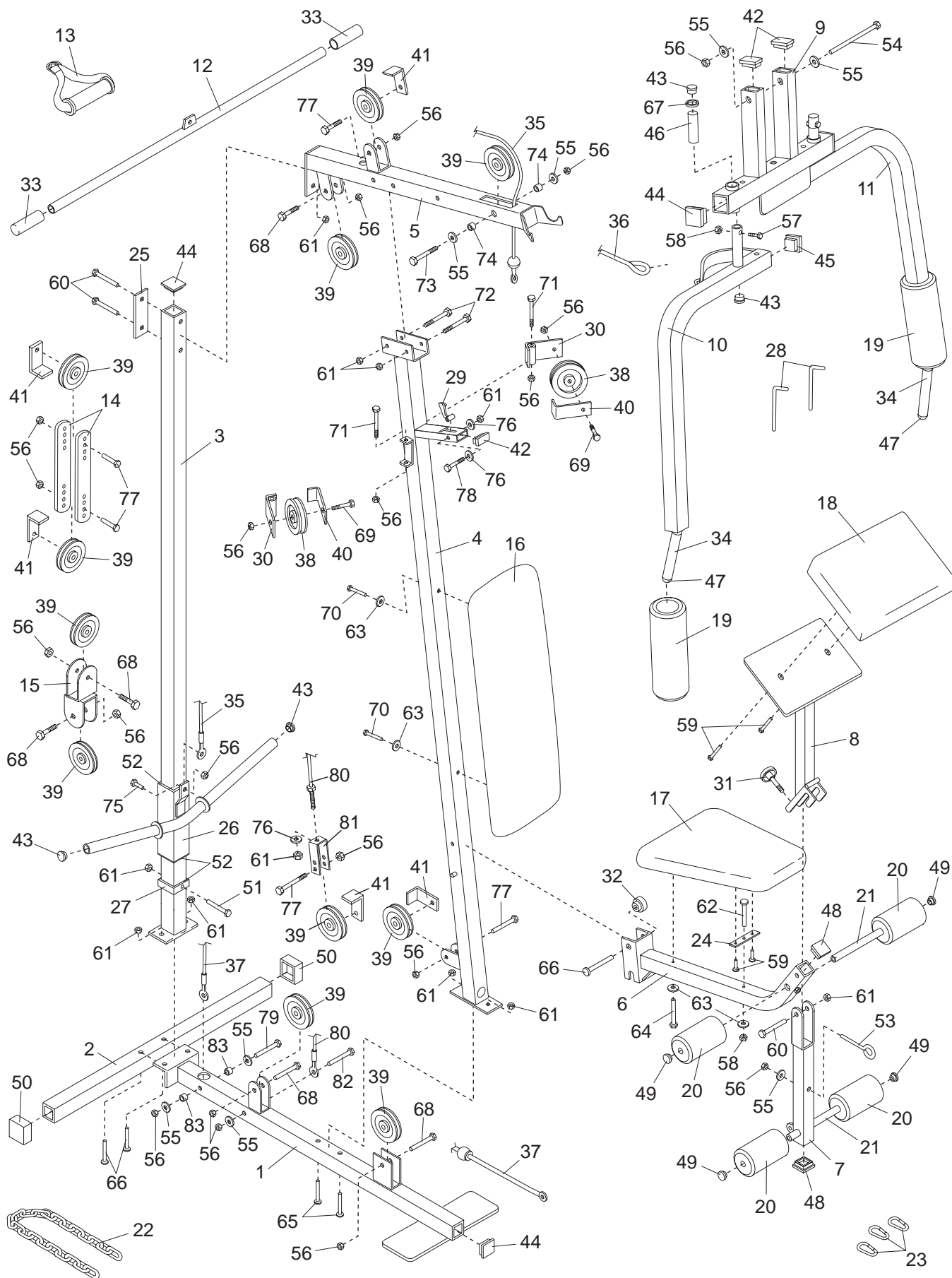
Key No.	Qty.	Description	Key No.	Qty.	Description
1	1	Base	44	4	50mm Square Inner Cap
2	1	Stabilizer	45	2	45mm Square Inner Cap
3	1	Rear Upright	46	2	Arm Bushing
4	1	Front Upright	47	2	Dome Cap
5	1	Top Frame	48	2	38mm Square Inner Cap
6	1	Seat Frame	49	4	19mm Round Inner Cap
7	1	Leg Lever	50	2	50mm Square Outer Cap
8	1	Curl Post	51	1	M8 x 70mm Bolt
9	1	Press Frame	52	3	Square Bushing
10	1	Right Arm	53	1	Eyebolt
11	1	Left Arm	54	1	M10 x 125mm Bolt
12	1	Lat Bar	55	8	M10 Washer
13	1	Nylon Strap	56	20	M10 Nylon Locknut
14	2	Pulley Plate	57	2	M6 x 43mm Bolt
15	1	Double "U"-Bracket	58	3	M6 Nylon Locknut
16	1	Backrest	59	4	M6 x 16mm Screw
17	1	Seat	60	3	M8 x 66mm Bolt
18	1	Curl Pad	61	11	M8 Nylon Locknut
19	2	Large Foam Pad	62	1	M6 x 50mm Carriage Bolt
20	4	Small Foam Pad	63	4	M6 Washer
21	2	Pad Tube	64	1	M6 x 50mm Screw
22	1	Chain	65	2	M8 x 63mm Carriage Bolt
23	3	Cable Clip	66	3	M8 x 67mm Carriage Bolt
24	1	Seat Plate	67	2	Large Washer
25	1	Support Plate	68	5	M10 x 45mm Bolt
26	1	Weight Carriage	69	2	M10 x 55mm Bolt
27	1	Weight Stop	70	2	M6 x 63mm Screw
28	2	Arm Pin	71	2	M10 x 78mm Bolt
29	1	Arm Latch	72	2	M8 x 68mm Bolt
30	2	Pulley Bracket	73	1	M10 x 65mm Grade 5 Bolt
31	1	Curl Frame Knob	74	2	M10 Spacer
32	1	Seat Frame Knob	75	1	M10 x 20mm Bolt
33	2	Lat Bar Grip	76	3	M8 Washer
34	2	Arm Grip	77	5	M10 x 48mm Bolt
35	1	High Cable	78	1	M8 x 63mm Bolt
36	1	Arm Cable	79	1	M10 x 65mm Bolt
37	1	Low Cable	80	1	Short Cable
38	2	"V"-Pulley	81	1	"U" Bracket
39	11	Pulley	82	1	M10 x 70mm Bolt
40	2	Long Cable Trap	83	2	M10 x 23mm Spacer
41	5	Cable Trap	#	1	Grease Packet
42	3	25mm x 50mm Inner Cap	#	1	User's Manual
43	6	25mm Round Inner Cap	#	1	Exercise Guide

Note: "#" indicates a non-illustrated part. Specifications are subject to change without notice. See the back cover of the user's manual for information about ordering replacement parts.

**REMOVE THIS PART IDENTIFICATION CHART AND PART LIST/
EXPLODED DRAWING. SAVE THIS PART IDENTIFICATION CHART
AND PART LIST/EXPLODED DRAWING FOR FUTURE REFERENCE.**

EXPLODED DRAWING—Model No. WESY13820

R0902B



ORDERING REPLACEMENT PARTS

To order replacement parts, simply call our Customer Service Department toll-free at 1-800-999-3756, Monday through Friday, 6 a.m. until 6 p.m. Mountain Time (excluding holidays). To help us assist you, please be prepared to give the following information:

- The MODEL NUMBER of the product (WESY13820)
- The NAME of the product (WEIDER® 950 weight system)
- The KEY NUMBER and DESCRIPTION of the part(s) (see the PART LIST and EXPLODED DRAWING attached at the center of this manual)

LIMITED WARRANTY

ICON Health & Fitness, Inc. (ICON), warrants this product to be free from defects in workmanship and material, under normal use and service conditions, for a period of ninety (90) days from the date of purchase. This warranty extends only to the original purchaser. ICON's obligation under this warranty is limited to replacing or repairing, at ICON's option, the product through one of its authorized service centers. All repairs for which warranty claims are made must be pre-authorized by ICON. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage or repairs not provided by an ICON authorized service center; products used for commercial or rental purposes; or products used as store display models. No other warranty beyond that specifically set forth above is authorized by ICON.

ICON is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, costs of removal or installation or other consequential damages of whatsoever nature. Some states do not allow the exclusion or limitation of incidental or consequential damages. Accordingly, the above limitation may not apply to you.

The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein. Some states do not allow limitations on how long an implied warranty lasts. Accordingly, the above limitation may not apply to you.

This warranty gives you specific legal rights. You may also have other rights which vary from state to state.

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