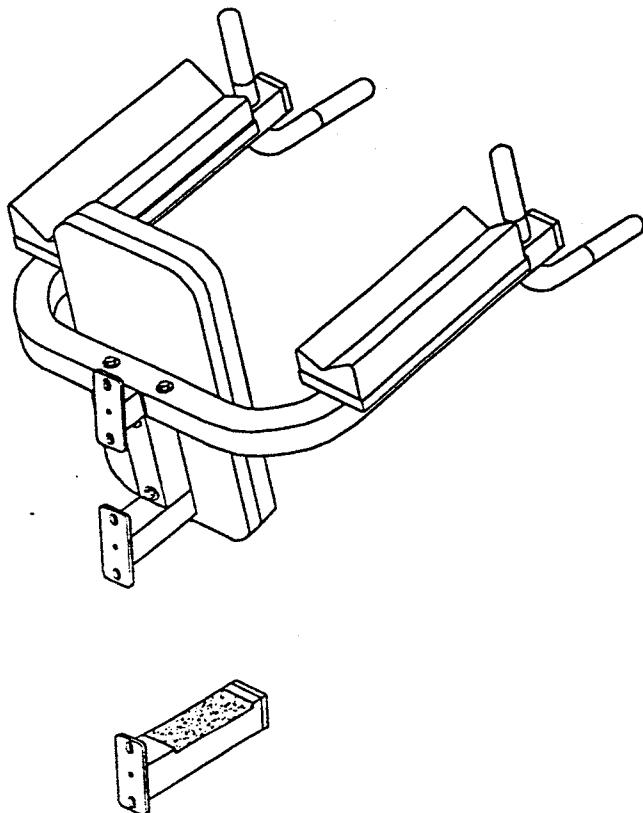


PARABODY

Serious Steel

**951
950 ST VKR OPTION
ASSEMBLY INSTRUCTIONS**



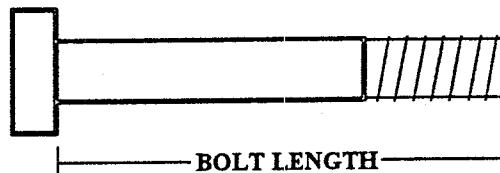
ParaBody, Incorporated
14150 Sunfish Lake Boulevard
Ramsey, MN 55303
1-800-328-9714

951101 950 ST VKR DIP OPTION ASSEMBLY PARTS LIST

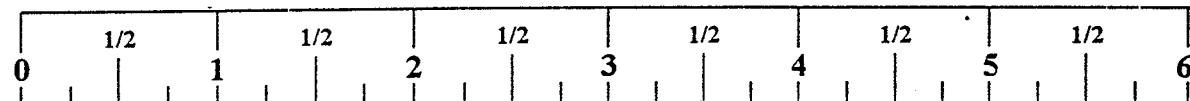
SORT AND COUNT ALL PARTS BEFORE BEGINNING ASSEMBLY

KEY	NAME/DESCRIPTION	QTY
1.	VKR FRAME	(6625603)
2.	VKR FRAME SUPPORT	(6625703)
3.	VKR FOOT STEP	(6625802)
4.	STRIP, NON-SKID	(6177001)
5.	CAP, END 2 SQ	(6405201)
6.	GRIP, 1-1/4 X 5 CLOSED END	(3103101)
7.	WASHER, FLAT 3/8 ID	(3102501)
8.	WASHER, FLAT 1/2 ID	(3102502)
9.	NUT, NYLOCK 3/8-16	(3102802)
10.	NUT, NYLOCK 1/2-13	(3102801)
11.	BOLT, 3/8-16 X 2-3/4	(3102922)
12.	BOLT, 3/8-16 X 3	(3102904)
13.	BOLT, 1/2-13 X 4	(3102917)
14.	PAD, STCH 22 X 10-1/2	(66410XX)
15.	PAD, STCH 14 X 4-1/2	(66414XX)

NOTE: BOLT LENGTH IS MEASURED FROM THE UNDERSIDE OF THE HEAD OF THE BOLT.



BOLT LENGTH RULER:



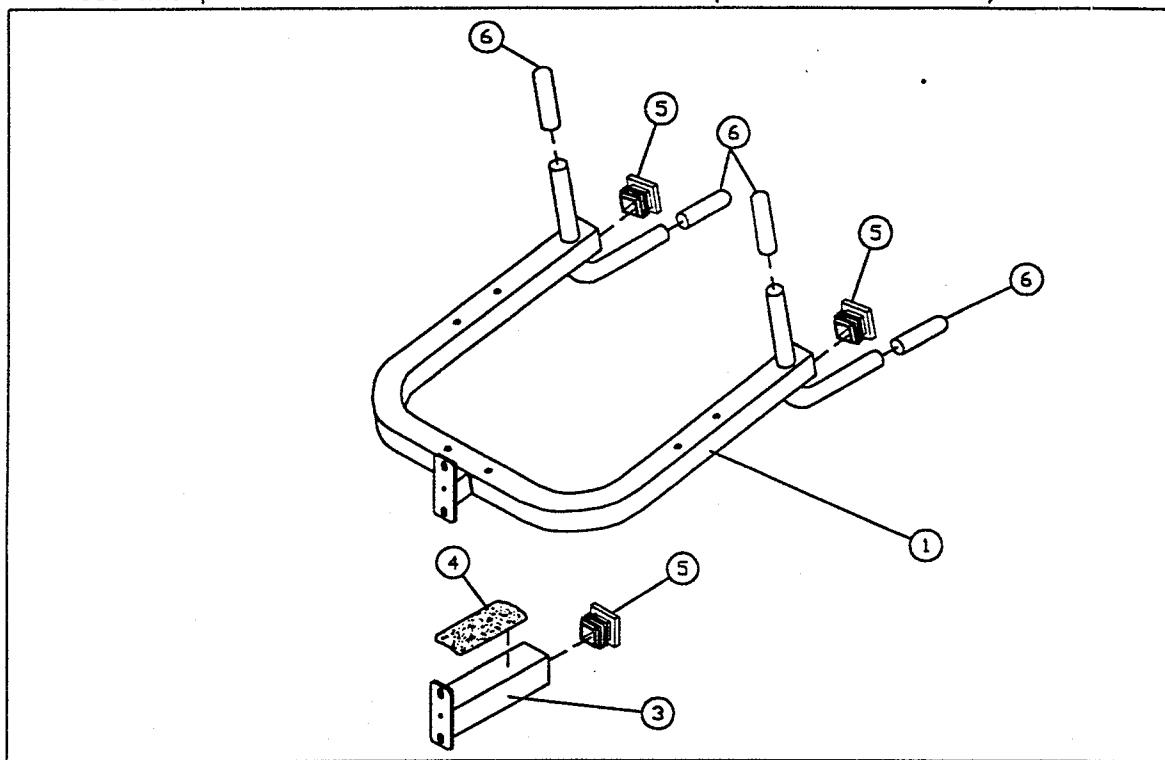
THANK YOU

FOR PURCHASING THE 951101 VKR DIP OPTION ATTACHMENT. PLEASE SAVE THESE ASSEMBLY INSTRUCTIONS FOR YOUR PERSONAL REFERENCE, AND ADDITIONAL SERVICE INFORMATION.

*****IMPORTANT*****

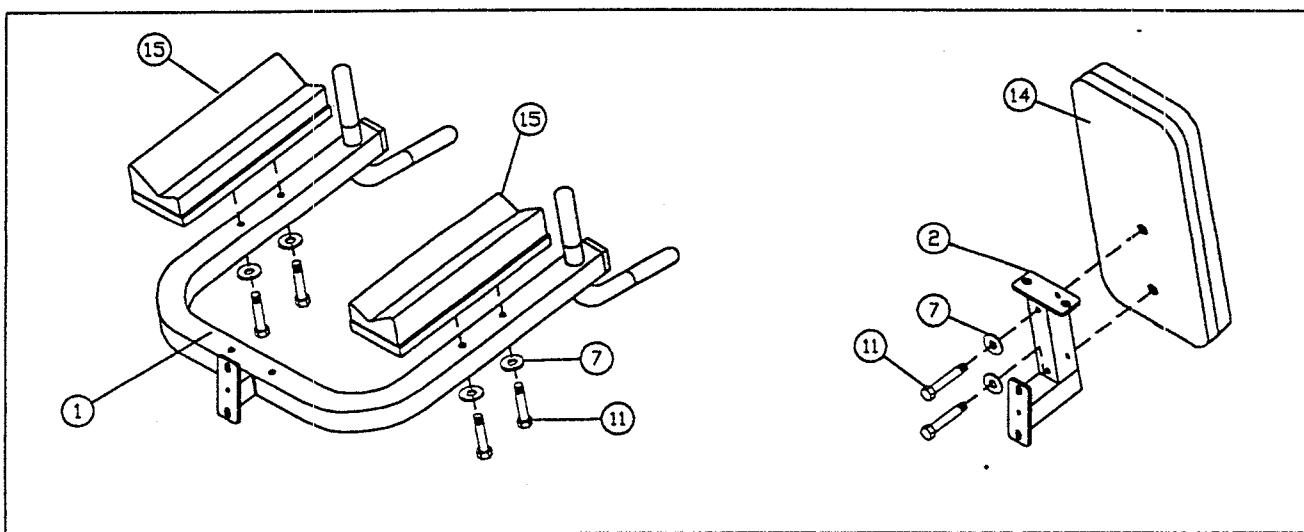
- PARABODY INC. STRONGLY RECOMMENDS THAT THIS PRODUCT BE ASSEMBLED BY TWO PERSONS TO AVOID POSSIBLE INJURY.
- IF YOU EXPERIENCE ANY PROBLEM WITH THE ASSEMBLY OF THIS PRODUCT, PLEASE CONTACT YOUR DEALER OR YOUR PARABODY CUSTOMER SERVICE REPRESENTATIVE AT: 1-800-328-9714
- TOOLS REQUIRED: RATCHET, 3/4 SOCKET, 9/16 SOCKET, WRENCH, AND RUBBER MALLET OR HAMMER.

VKR Option Assembly Instructions
Use this procedure to assemble the 951 VKR option to the ParaBody 950 ST.



Step 1

- A. Insert two 2" sq. end caps (5) into the ends of the VKR frame (1) as shown on drawing.
- B. Insert one 2" sq. end cap (5) into the end of the VKR foot step (3) and apply one non-skid strip (4) as shown.
- C. Slide four 1-1/4" grips (6) onto the handles of the VKR frame (1).

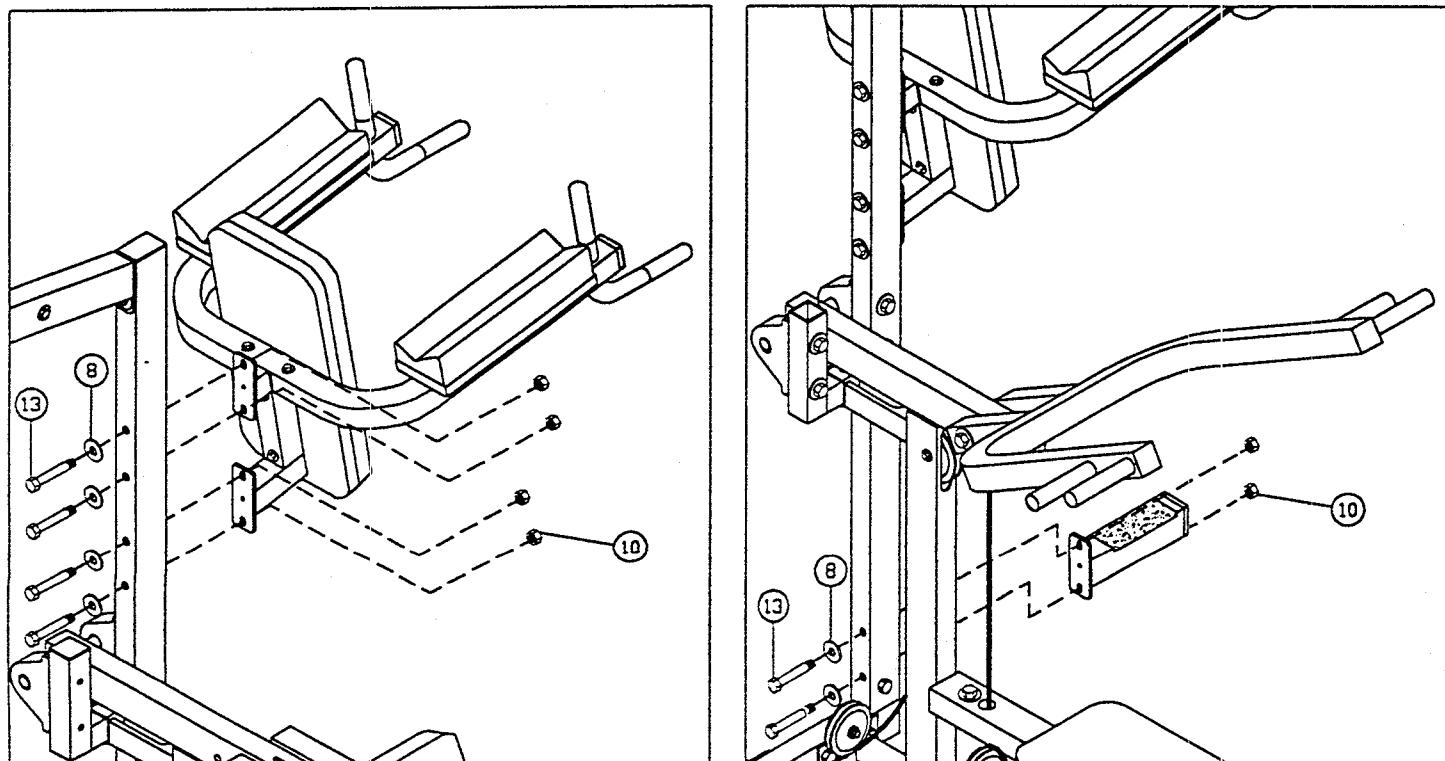
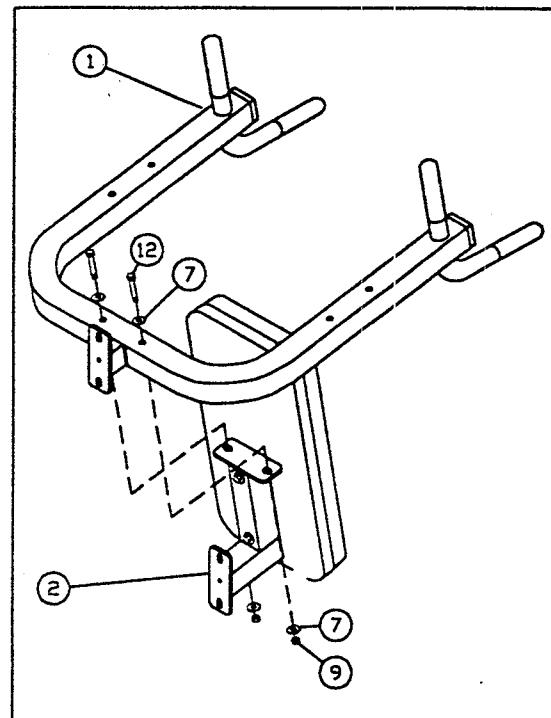


Step 2

- A. Securely attach two arm pads (15) to the VKR frame (1) using four 3/8 x 2-3/4" bolts (11) and four 3/8" washers (7).
- B. Securely attach back pad (14) to the VKR frame support (2) using two 3/8 x 2-3/4" bolts (11) and two 3/8" washers (7).

Step 3

- A. Loosely assemble the VKR frame support (2) to the VKR frame (1) using two 3/8" x 3" bolts (12), four 3/8" washers (7), and two 3/8" nylock nuts (9). (Note: This connection will be secured in STEP 4-B.)



Step 4

- A. Securely assemble the VKR frame (1) and the VKR frame support (2) to the rear upright of the 950 ST GYM as shown using four 1/2" x 4" bolts (13), four 1/2" washers (8), and four 1/2" nylock nuts (10).
- B. Securely tighten the VKR frame (1) and VKR frame support (2) connection.
- C. Securely attach the VKR foot step (3) to the rear upright of the 950 ST GYM as shown in drawing, using two 1/2" x 4" bolts (13), two 1/2" washers (8), and two 1/2" nylock nuts (10).