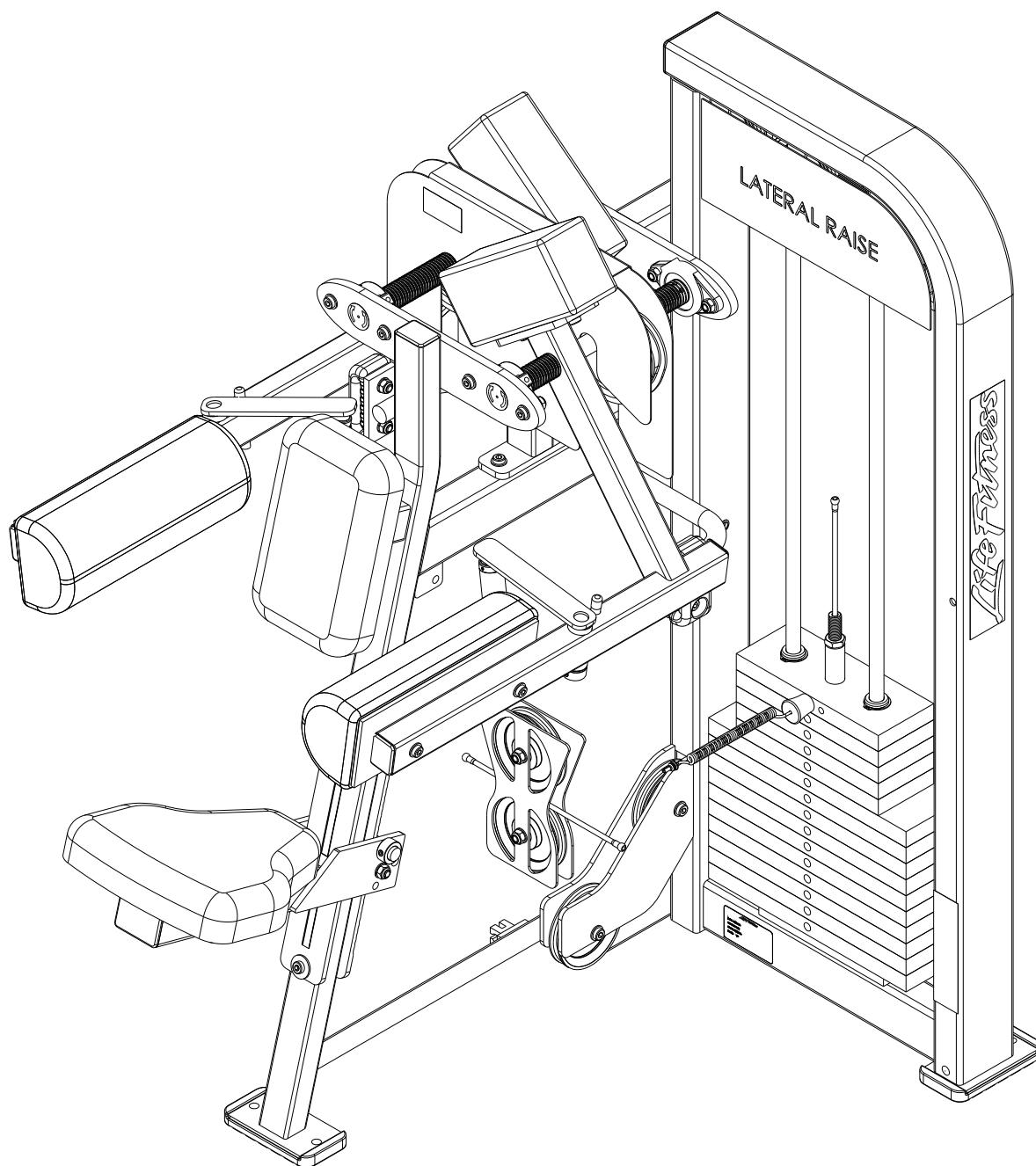




PRO 2 SERIES PSLR LATERAL RAISE



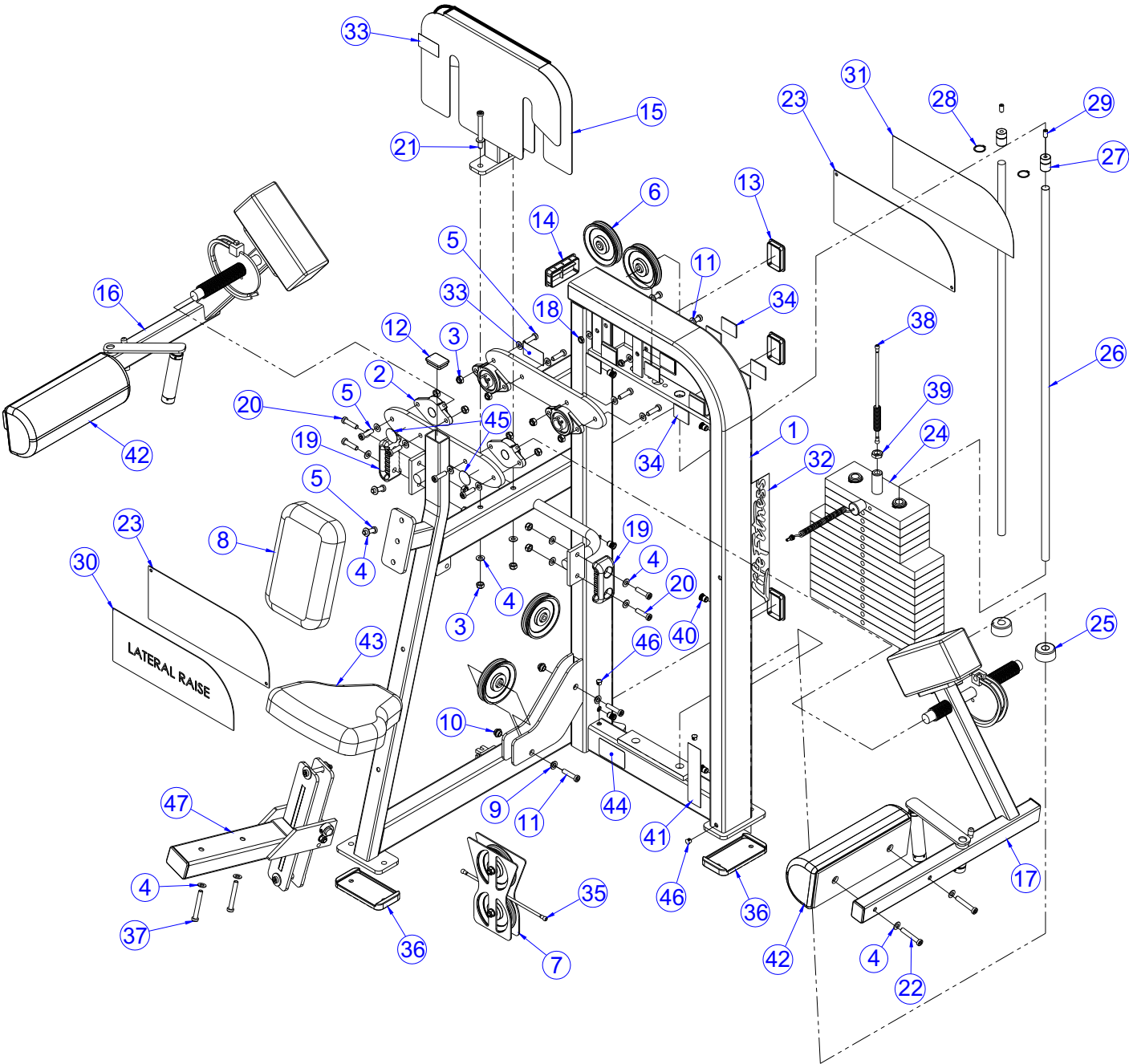
Customer Support Services
PARTS MANUAL

PSLR LATERAL RAISE

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PSLR LATERAL RAISE COMPONENT ASSEMBLY

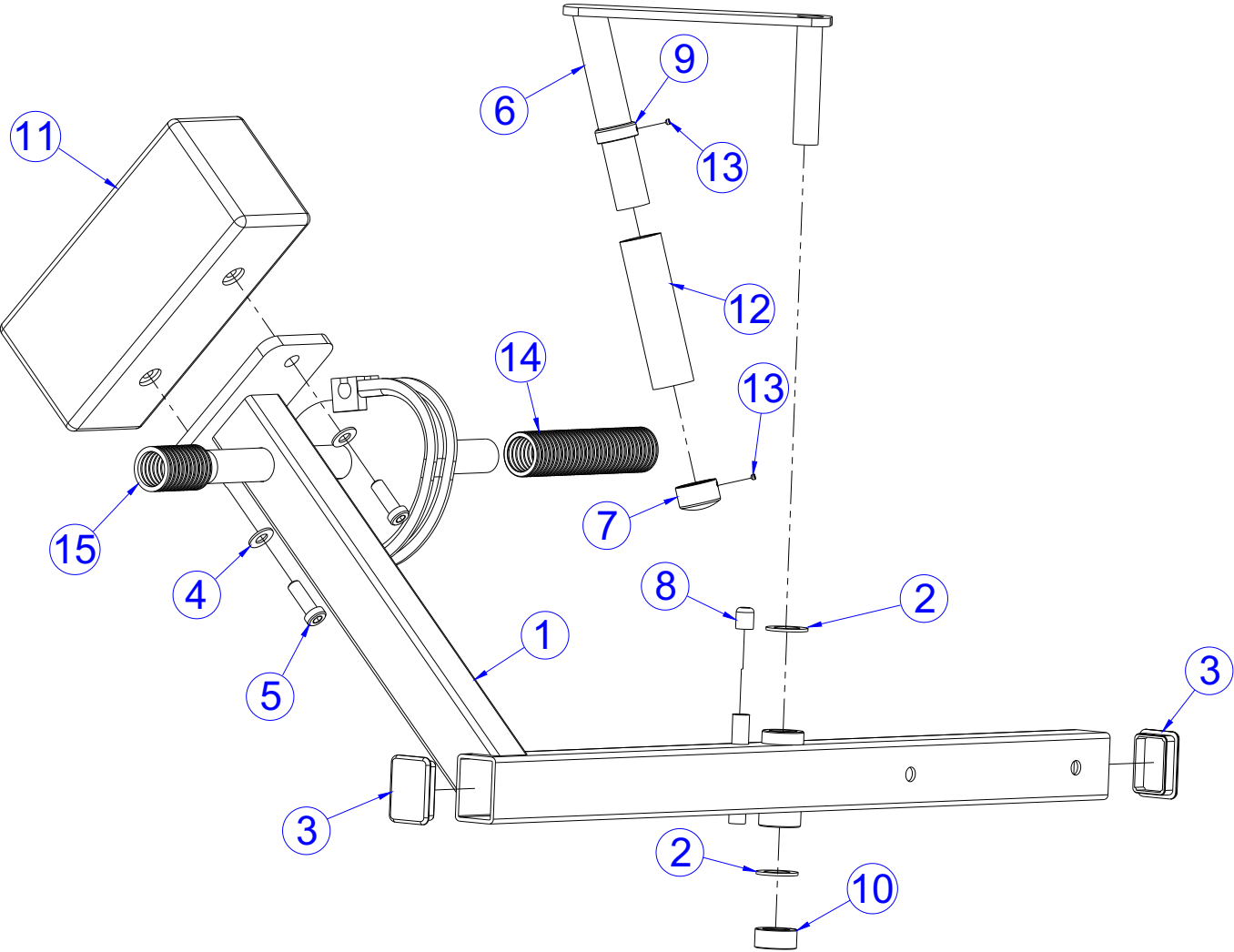


SEE PAGE 4 FOR LEGEND

PSLR LATERAL RAISE COMPONENT ASSEMBLY LEGEND

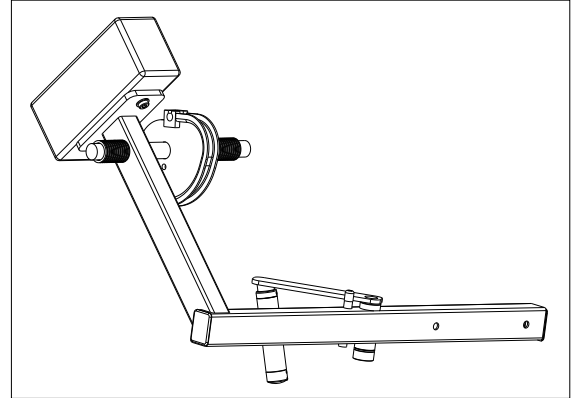
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7388701	WLDMT, PSLR MAIN
2	4	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
3	14	3236801	NUT, M10 HEX NYLOCK SS
4	32	3236601	WASHER, 3/8 SAE SS
5	10	3236204	SCREW, M10 X1.5 35MM
6	4	3237801	PULLEY, 4.5" OD
7	1	7390101	ASSY, PSLR FLOAT PULLEY
8	1	73993xx	PAD, 7 X 11-1/4
9	2	7348101	WASHER, SPACER
10	2	7335401	NUT, M10 X 1.5 SOCKET HEAD
11	4	3236206	SCREW, M10 X1.5 45MM
12	1	7352201	CAP, END 1-1/2 X 2
13	3	7352301	CAP, END 2 X 3
14	1	7352401	CAP, END 2 X 4
15	1	7390301	WLDMT, PSLR SHROUD
16	1	7390601	ASSY, PSLR L WORKARM
17	1	7390801	ASSY, PSLR R WORKARM
18	2	3236901	NUT, M10 X 1.5 JAM
19	2	7352001	BUMPER, 2-1/8 X 4-5/8
20	4	3236205	SCREW, M10 X1.5 40MM
21	2	3236217	SCREW, M10 X1.5 100MM
22	4	3236209	SCREW, M10 X1.5 60MM
23	2	7606602	COVER, STACK-PRO2 STD
24	1	7353401	ASSY, 200LB STACK
25	2	7352101	CUSHION, WEIGHT STACK
26	2	7328604	GUIDE ROD, .75 OD SOLID 43.88
27	2	7402301	RETAINER, GUIDEROD
28	2	3232421	RING, BRE .940, 5100-100 ST PP B
29	2	3240501	M10 X 1.5 HXS NO CUP ST BO
30	1	7444101	LABEL, PSLR PLACARD
31	1	7491001	LABEL, PSLR LOGO PANEL
32	1	7348001	LABEL, LIFE FITNESS LOGO
33	2	7422003	LABEL, MOVING PARTS
34	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
35	1	7423801	CABLE, PSLR-2
36	3	7388201	FOOTPAD, PS RUBBER
37	2	3236212	SCREW, M10 X1.5 75MM
38	1	7423703	CABLE, PSLR
39	1	3236902	NUT, M16 X 2 HEX JAM SS
40	6	3238101	NUT, BLIND INSERT M10 X 1.5
41	1	7422004	LABEL, 2" ASTM WARN
42	2	73923xx	PAD, FOREARM
43	1	73519xx	PAD, SADDLE
44	1	7571301	LABEL, SERIAL NUMBER
45	2	7488701	LABEL, AXIS OF ROTATION
46	3	3237401	PLUG, 7/16" HOLE
47	1	7401801	ASSY, 90 DEG SEAT

PSLR LATERAL RAISE
LEFT WORK ARM ASSEMBLY - 7390601



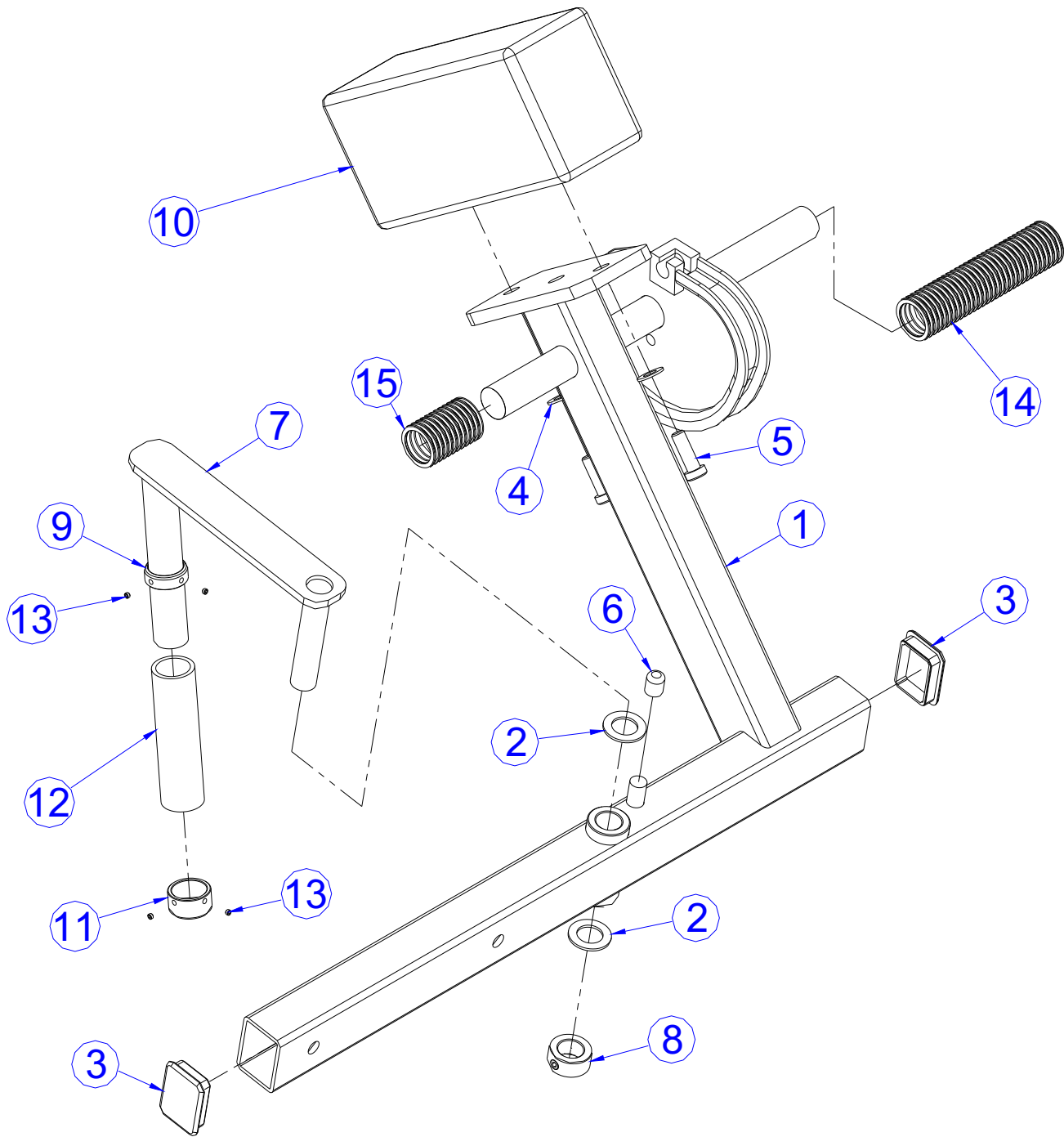
SEE PAGE 6 FOR LEGEND

PSLR LATERAL RAISE LEFT WORK ARM ASSEMBLY LEGEND



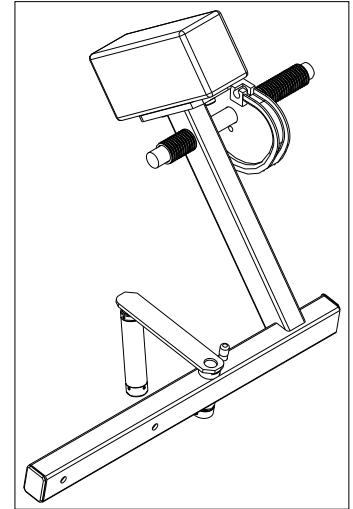
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7795701	WLDMT, PSLR LEFT WORKARM
2	2	3249502	WASHER, NYLON FLAT - .765 X 1.250 x .080
3	2	7352201	CAP, END 1-1/2 X 2
4	2	3236601	WASHER, 3/8 SAE SS
5	2	3236203	SCREW, M10 X1.5 30MM
6	1	7391895	WLDMT, PSLR HANDLE
7	1	7662901	CAP, GRIP 1.25 OD
8	1	3238501	CAP, 1/2 X 5/8
9	1	7662801	RING, GRIP 1.25 OD
10	1	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
11	1	7802501	WEIGHT, COUNTER LG
12	1	3235801	GRIP, 1.25 OD OPEN END
13	4	3247701	M4 X .7 HXS NO CUP ST BO
14	1	6912805	SLEEVE, ACCRDN 1.0 ID X 5.5
15	1	6912804	SLEEVE, ACCRDN 1.0 ID X 2

PSLR LATERAL RAISE
RIGHT WORK ARM ASSEMBLY - 7390801



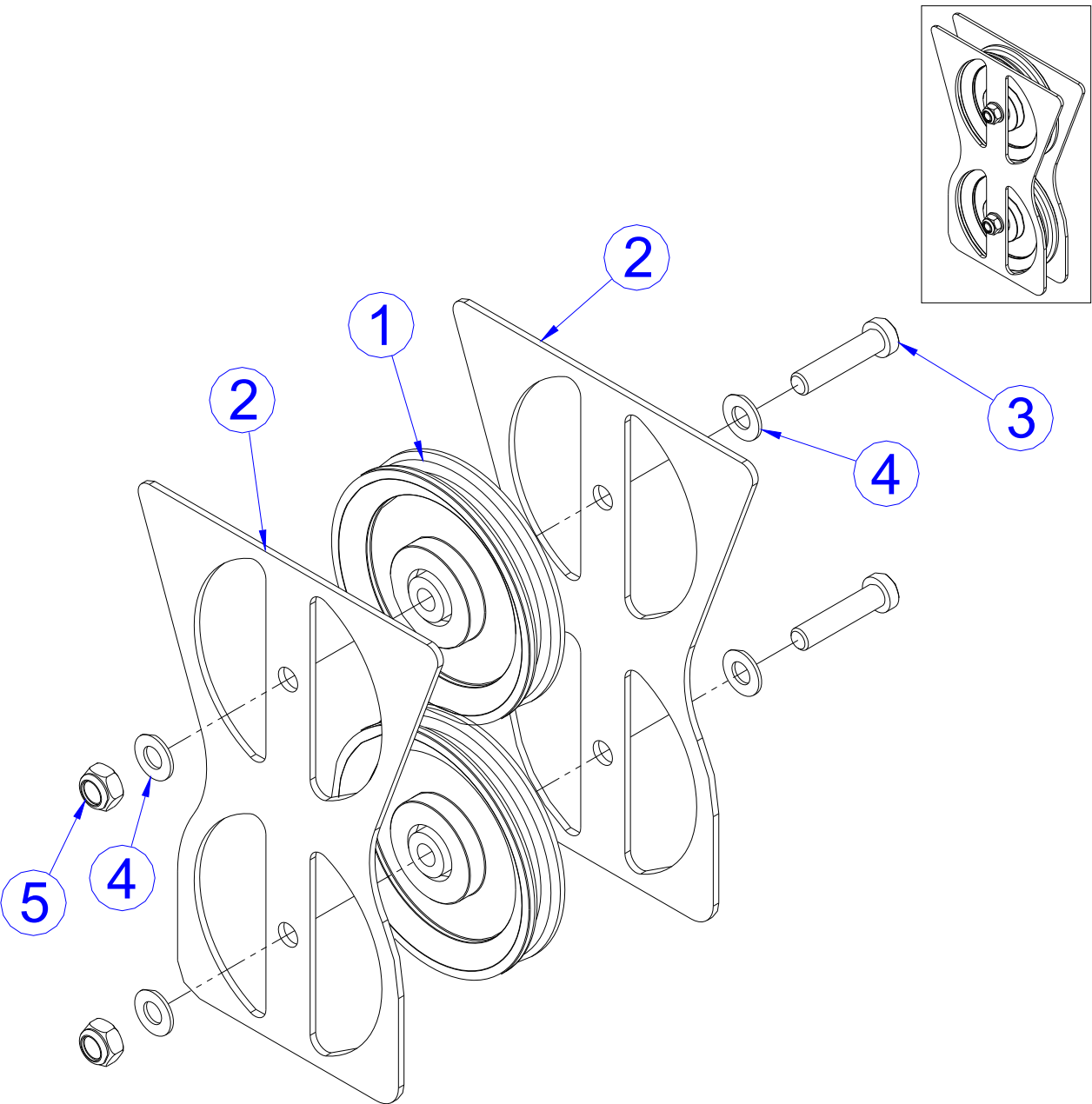
SEE PAGE 8 FOR LEGEND

PSLR LATERAL RAISE RIGHT WORK ARM ASSEMBLY LEGEND



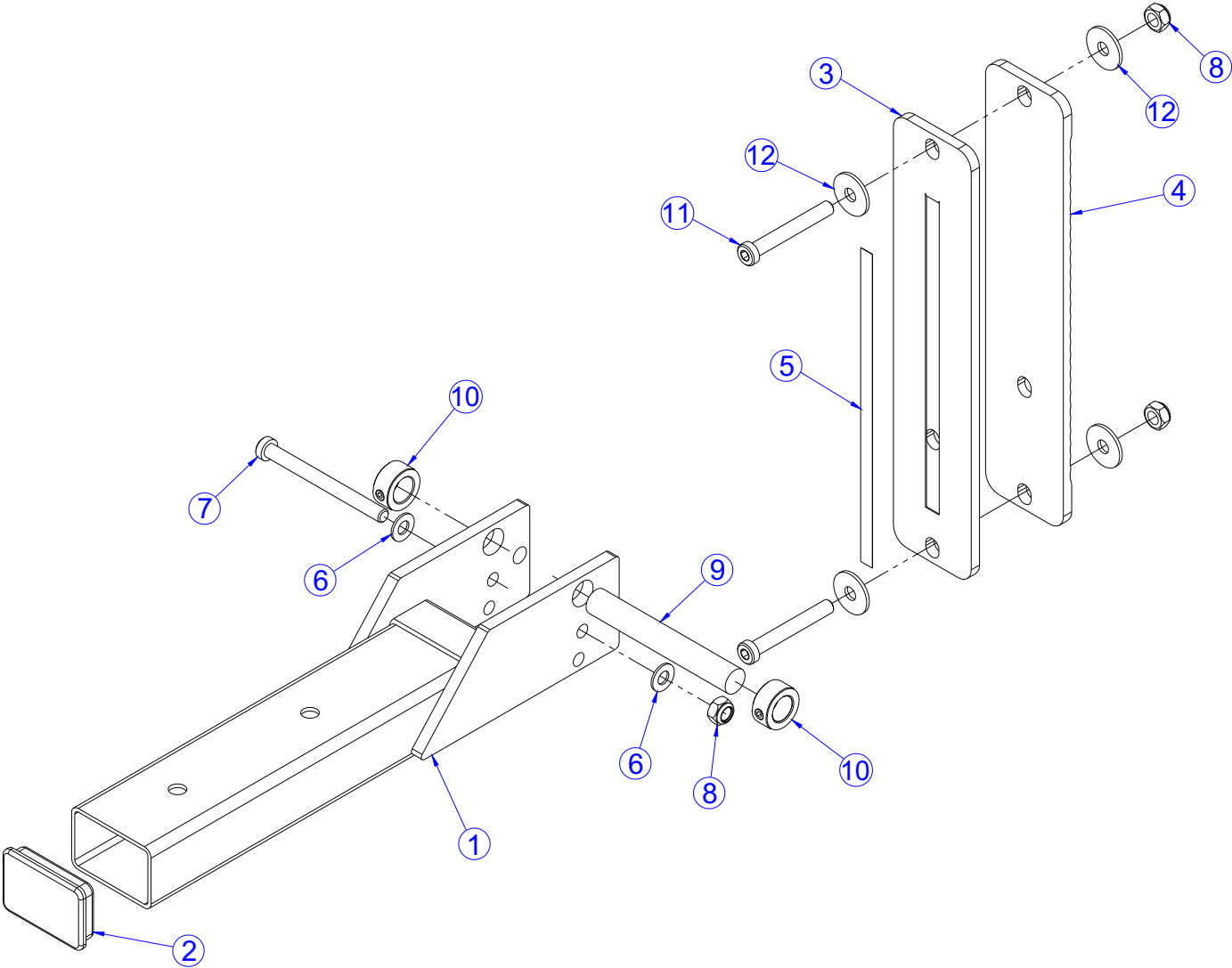
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7795801	WLDMT, PSLR RIGHT WORKARM
2	2	3249502	WASHER, NYLON FLAT - .765 X 1.250 x .080
3	2	7352201	CAP, END 1-1/2 X 2
4	2	3236601	WASHER, 3/8 SAE SS
5	2	3236203	SCREW, M10 X1.5 30MM
6	1	3238501	CAP, 1/2 X 5/8
7	1	7391895	WLDMT, PSLR HANDLE
8	1	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
9	1	7662801	RING, GRIP 1.25 OD
10	1	7802501	WEIGHT, COUNTER LG
11	1	7662901	CAP, GRIP 1.25 OD
12	1	3235801	GRIP, 1.25 OD OPEN END
13	4	3247701	M4 X .7 HXS NO CUP ST BO
14	1	6912805	SLEEVE, ACCRDN 1.0 ID X 5.5
15	1	6912804	SLEEVE, ACCRDN 1.0 ID X 2

PSLR LATERAL RAISE
FLOATING PULLEY ASSEMBLY - 7390101



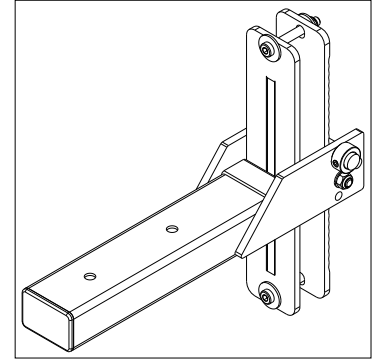
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	3237801	PULLEY, 4.5" OD
2	2	7390295	BRKT, PSLR FLOAT PULLEY
3	2	3236206	SCREW, M10 X1.5 45MM
4	4	3236601	WASHER, 3/8 SAE SS
5	2	3236801	NUT, M10 HEX NYLOCK SS

PSLR LATERAL RAISE
90° SEAT ASSEMBLY - 7401801



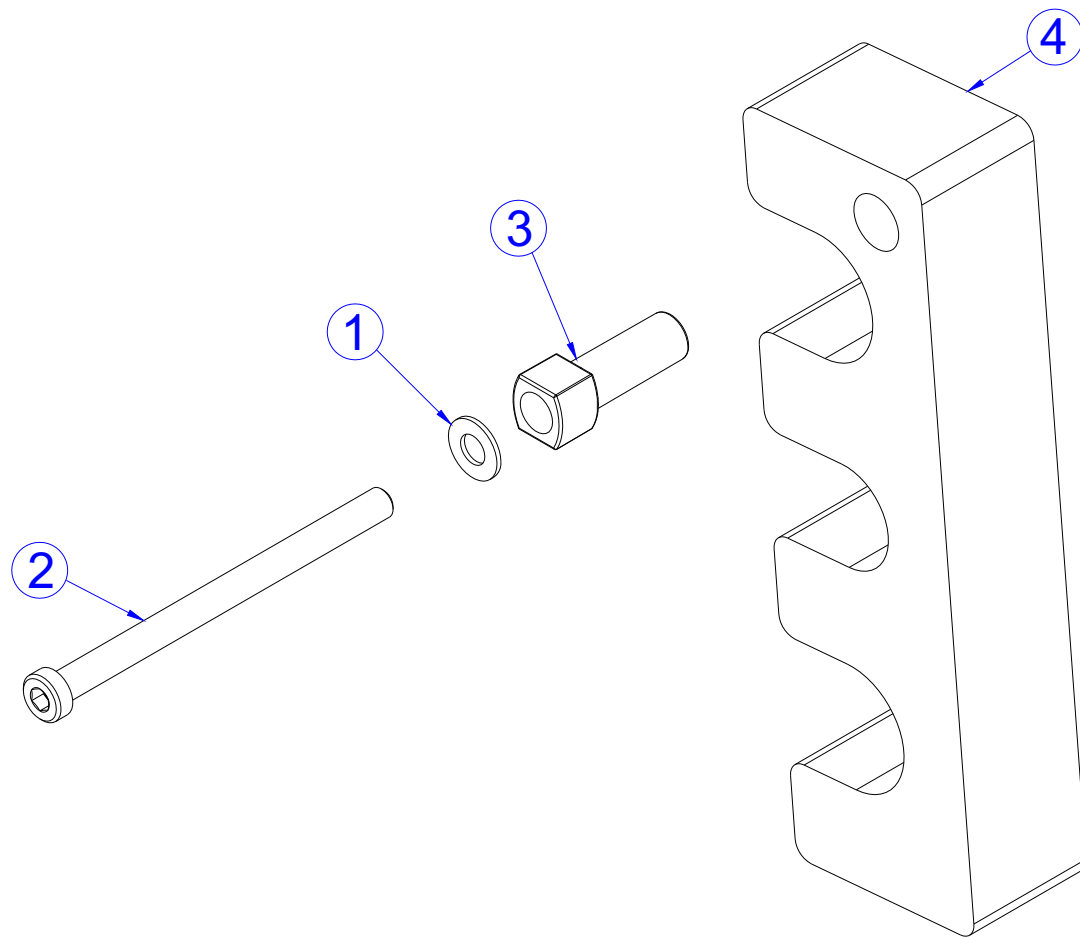
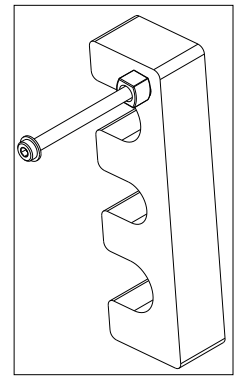
SEE PAGE 11 FOR LEGEND

PSLR LATERAL RAISE 90° SEAT ASSEMBLY LEGEND



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7358701	WLDMT, 90 DEG. STD. HAMMER SEAT
2	1	7352301	CAP, END 2 X 3
3	1	7359701	SEATRACK FRONT
4	1	7359801	SEATRACK BACK
5	1	7422002	LABEL, SEAT ADJUST
6	2	3236601	WASHER, 3/8 SAE SS
7	1	3236218	SCREW, M10 X1.5 110MM
8	3	3236801	NUT, M10 HEX NYLOCK SS
9	1	7359301	.75" SS ROUND SEAT PIN
10	2	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
11	2	3236212	SCREW, M10 X1.5 75MM
12	4	3236602	WASHER, 3/8 ID X 1.25 OD SS

PSLR LATERAL RAISE ADD-ON INCREMENT WEIGHT ASSEMBLY - 7415001

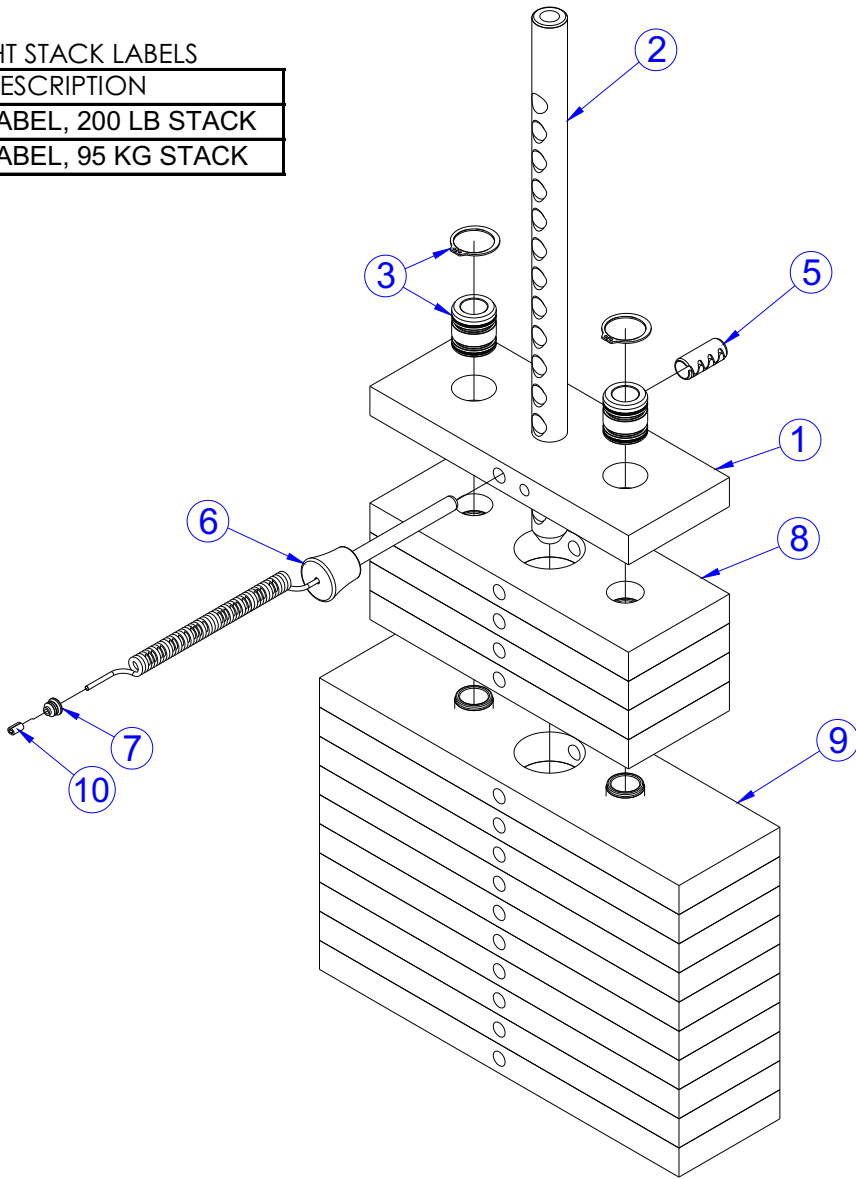


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	3236601	WASHER, 3/8 SAE SS
2	1	3236221	SCREW, M10 X1.5 140MM
3	1	7401701	COVER, PLASTIC PEG 2-1/4
4	1	7366101	WEIGHT, 7.5 LB. ADD-ON

PSLR LATERAL RAISE WEIGHT STACK ASSY 200LB - 7353401

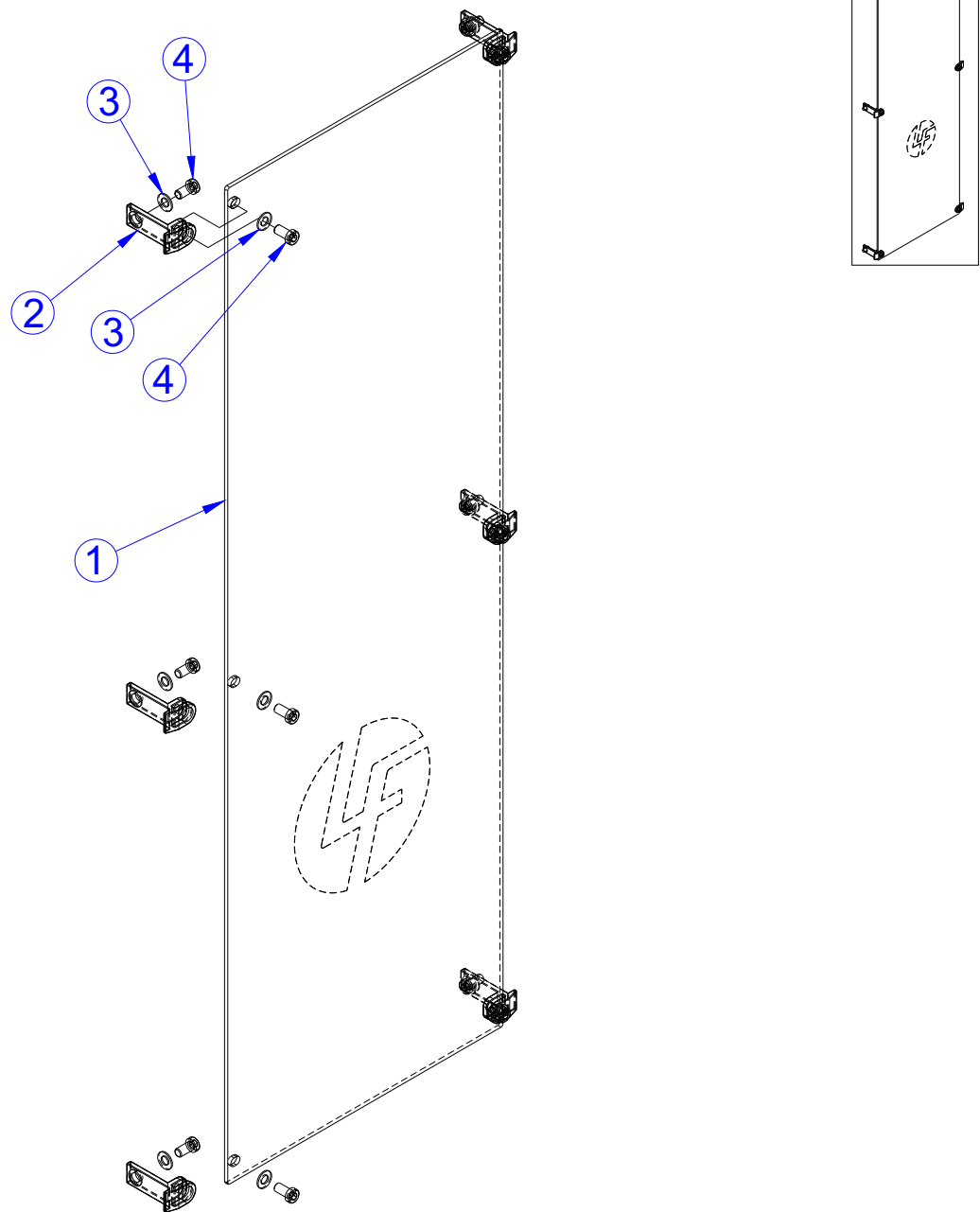
WEIGHT STACK LABELS

PART NO	DESCRIPTION
7987001	LABEL, 200 LB STACK
7987301	LABEL, 95 KG STACK



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7352601	BAYONET, 14 PLATE
3	2 / 2	7338001	HEADPLATE BUSHING & CLIP
5	1	3236001	BUSHING, SPRING PIN
6	1	7353001	ASSY, SELECTOR PIN
7	1	7356501	PLUG, LANYARD ATTACHMENT
8	4	7353701	ASSY, 10 LB PLATE
9	10	7353801	ASSY, 15 LB PLATE
10	1	7523601	CRIMP, CABLE

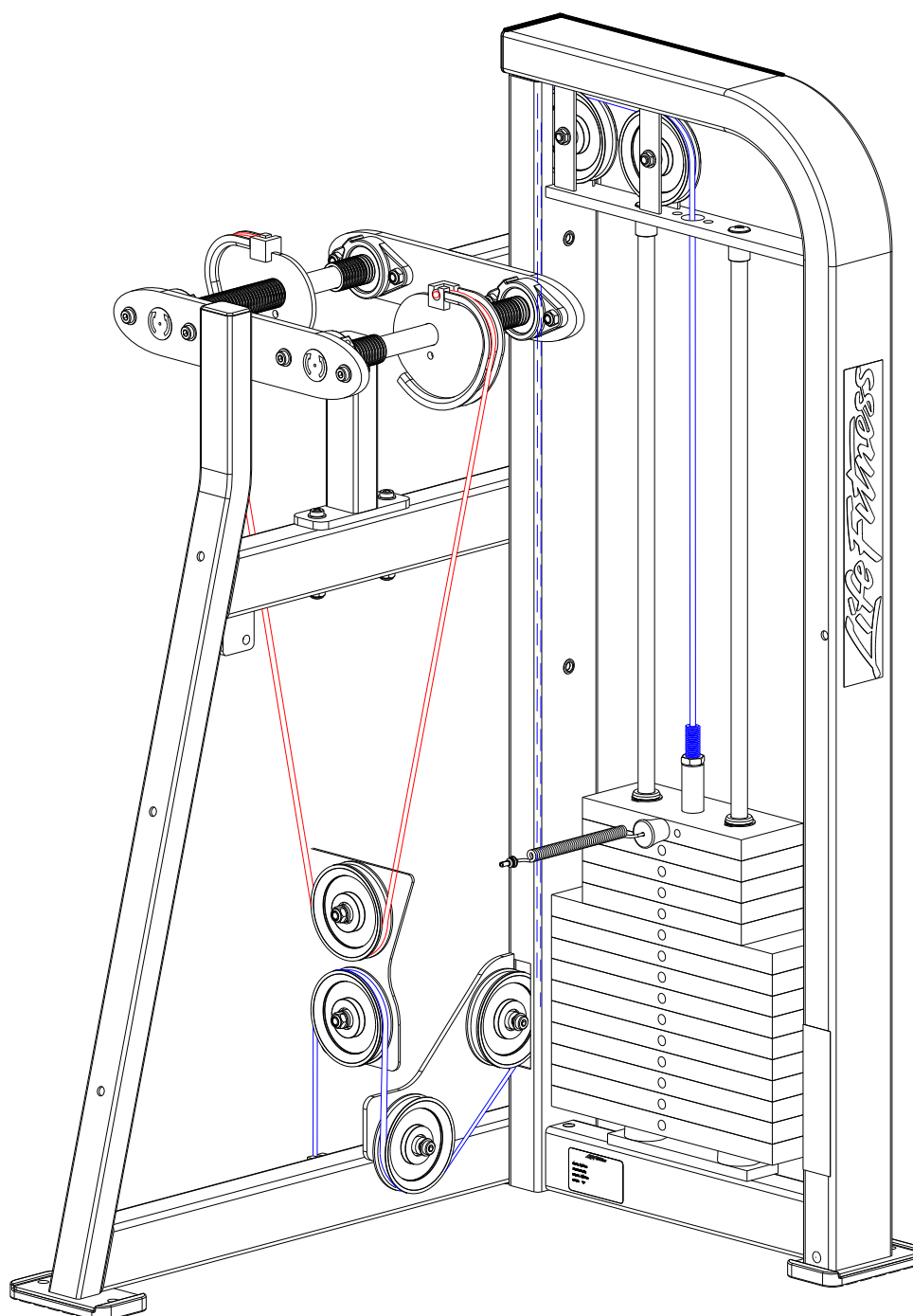
PSLR LATERAL RAISE
OPTIONAL REAR SHROUD KIT STD-SHORT - 7415201



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7376801	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

PSLR LATERAL RAISE CABLE ROUTING

Note: Some components removed for display purposes.



7423703 - WEIGHT STACK CABLE

7423801 - CAM CABLE