



*Mobile Gym* »

FITNESS WHERE YOU WANT IT,  
WHEN YOU NEED IT

**HAMMER  
STRENGTH**

*LifeFitness*

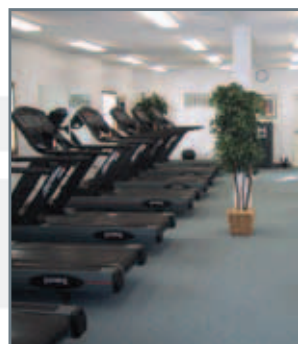
# ***ANYWHERE, ANYTIME FITNESS FACILITIES***

The men and women of the United States military should have access to a first-class fitness facility no matter where in the world they are serving. However, given the isolated locations and frequent change of duty stations, this is not always the case.

Mobile Gyms from Life Fitness are the perfect solution. Cost-effective and space-efficient, our Mobile Gyms can be customized to fit any needs or requirements. They can be deployed to any location worldwide.

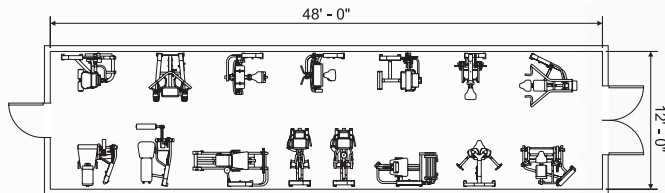
## ***SUCCESSFUL MOBILE GYM INSTALLATIONS***

- » **Naval Support Activity Norfolk**  
*Norfolk, VA*
- » **Naval Support Activity Souda Bay**  
*Crete*
- » **Submarine Base Kings Bay**  
*Kings Bay, GA*

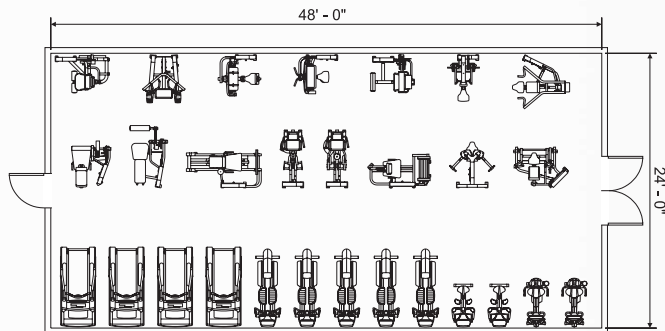


# NO CHALLENGE IS TOO BIG OR TOO SMALL

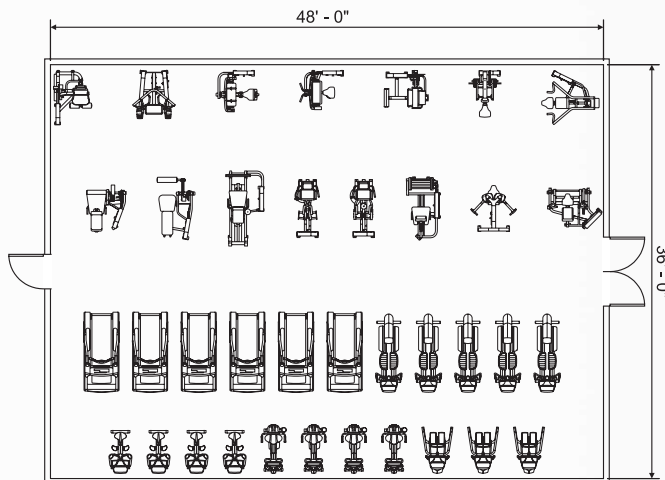
We have worked with many U.S. military installations, so we understand the challenges you face. That's why we created our Mobile Gyms. They are designed as stand-alone, semi-permanent fitness facilities with the capacity for future expansion. The standard size is 48' x 12' x 9', but they can be configured to meet almost any space requirement.



» **BASIC-SIZE GYM**



» **MID-SIZE GYM**



» **FULL-SIZE GYM**

- » Stand-alone, semi-permanent gyms can be positioned almost anywhere on a base or at a remote location in the field.
- » Customizable amenities can be designed to meet your specific needs with the following:

**Windows**

**Doors**

**Plumbing**

**Electrical Outlets**

**Mirrors**

**Lighting**

**Wall Lockers**

**HV/AC**

- » These gyms come in three standard sizes: Basic-, Mid-, and Full-Size. They can be designed as cardio rooms, strength rooms, or any combination of equipment that meets the needs of your base.

## TO BE A LEADER, PARTNER WITH ONE.

Call us for a free Mobile Gym consultation or more information about our full-line of:

- » Life Fitness Cardio
- » Life Fitness Strength
- » Hammer Strength®

**1.800.494.6344**

GSA# GS07F9380G



**HAMMER  
STRENGTH®**

*LifeFitness*



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***lifefitness.com***

- ▶ Up-To-Date Product Information
- ▶ GSA Price Lists
- ▶ Strength Color Configurator
- ▶ Fitness Articles and Educational Materials

***LifeFitness***