Simple reliable customizable

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VISION FITNESS®

VISION FITNESS

2008

it all starts with a **ViSiON**

the Vision Fitness Difference

Whether your vision is a slimmer body, a healthier heart, stress management, or if you simply enjoy exercise, Vision Fitness has the treadmill to help you achieve your goals.

Vision Fitness began as a division of the Trek® Bicycle Company, where we pioneered the development of the smoothest, quietest, and most comfortable fitness bikes available. In 1996, Vision Fitness was spun off by the Trek® Fitness management team to continue to bring to market innovative fitness products. We offer you the same combination of quality, value, and performance that has made our founding company the most requested bicycle brand in America.



In May 2006, we celebrated our 10-year anniversary. Over the last 10-plus years, we have grown from offering three fitness bikes to a full lineup of awardwinning treadmills, elliptical trainers, fitness bikes, and strength equipment. As you can see in the timeline below, we quickly became one of the top fitness equipment companies in the world. We attribute our success to our dedication to high quality standards and developing innovative products that motivate people to achieve their goals. It all starts with a Vision ...

VISION FITNESS headquarters located in Lake Mills, WI



To learn more about Vision Fitness and our complete line of quality fitness products, please visit our website: **www.visionfitness.com**.

Vision Fitness prides itself in creating high-quality fitness products at an exceptional value that best help you achieve your fitness goals. Vision Fitness® products have earned numerous "Best Buy" awards since 1995. Below is a list of these award-winning products:



T9200 - Platform Treadmill February 2008 **T9200** - Platform Treadmill February 2007 R2250HRT - Semi-Recumbent Fitness Bike Health Magazine - Jan./Feb. 2007 R2250HRT - Semi-Recumbent Fitness Bike Consumers Digest - February 2007 E3200HRT - Upright Fitness Bike Consumers Digest - February 2007 T9500 - Platform Treadmill February 2006 T9200 - Platform Treadmill February 2006 E3200HRT - Upright Fitness Bike BBC Focus U.K. - January 2006 E3100 - Upright Fitness Bike Men's Fitness U.K. - March 2005 X6100 - Elliptical Trainer Health Magazine - Jan./Feb. 2005 T9200 - Platform Treadmill January 2005 X6200HRT - Elliptical Trainer Which? Magazine U.K. - August 2004 E3000 - Upright Fitness Bike Consumers Digest - February 2004 T9200 - Platform Treadmill January 2004 T9200 - Platform Treadmill May 2003 R2000 - Semi-Recumbent Fitness Bike Consumers Guide X6200 - Folding Elliptical Trainer Consumers Digest - Jan./Feb. 2001 R2200 - Semi-Recumbent Fitness Bike Consumers Digest - Jan./Feb. 2001 X6200 - Folding Elliptical Trainer Consumers Digest - Sept./Oct. 1998 R2200 - Semi-Recumbent Fitness Bike Consumers Digest - Sept./Oct. 1998 E4100 - Dual-Action Upright Fitness Bike Consumers Digest - Sept./Oct. 1998 E3200 - Upright Fitness Bike Consumers Digest - Sept./Oct. 1998 E4100 - Dual-Action Upright Fitness Bike Consumers Digest - Nov./Dec. 1997 R2200 - Semi-Recumbent Fitness Bike Consumers Digest - Nov./Dec. 1996 R2200 - Semi-Recumbent Fitness Bike Consumers Digest - Sept./Oct. 1995

Check out these great reviews:



RUNNER'S WORLD, JANUARY 2007

T9600 PREMIER

"Testers loved the quick-speed and incline buttons which let them easily select their level and go with the Vision Fitness *T9600 Premier* ... This is perhaps the best value in a home treadmill we've seen."

NATIONAL GEOGRAPHIC ADVENTURE, FEBRUARY 2006

T9450 PREMIER "Most folding treadmills...feel like they are going to fall apart when you accelerate above a jog. Not so with the **T9450 Premier**. The 250-lb. machine is rock-solid, folds to less than five feet by three feet, and rolls smoothly away. The unit is loaded with custom programs, including SPRINT 8, an innovative interval-training program that reportedly revs up human growth hormone production (the stuff that keeps you looking young)."





REAL SIMPLE, APRIL 2005

T9200

"The **T9200** is tough enough for daily use, with a sturdy frame, a 2.5-horsepower motor, and a 54-by-20-inch running area. Its quick speed and elevation keys mean you won't have to wait for the machine to catch up after you hit the arrow buttons."

Try an award-winning Vision Fitness[®] treadmill at your local specialty fitness retailer. We are confident you will agree with the thousands of satisfied users and find our treadmills are the simplest and most reliable you have ever used. You will also enjoy the fact that our treadmills can be customized to meet your specific needs.

s i m p l e

Vision Fitness wants you to enjoy your workout experience. To help you do this, we've developed simpleto-use yet engaging, motivational programming, such as SPRINT 8, Fat Burner, Muscle Toner, and Heart Rate Training, to keep you going that extra mile. Regardless of whether you



choose a Vision Fitness® treadmill with programming or not, all of our models offer contact heart rate for a quick check of your heart rate. Our Smart-Matrix™ LED consoles are easy to read and understand, giving you all the information you need to achieve your goals, including Time, Distance, Calories, and Heart Rate. You'll find Quick Keys for easy speed and elevation adjustments during your workout. Some models even store your workout totals, so you can track your progress over time.

Our space-saving folding system, found on the **T9450** and **T9250** models, allows you to unfold our treadmills by simply lifting the latch and lowering the treadmill deck. Our exclusive "drop assist" deck helps support the weight as the treadmill is lowered and lifted, making it especially easy to use. That's all there is to it! When you're done with your workout, simply lower the elevation to zero and fold up; the locking mechanism will click into place. Now if only your *workout* were that easy!

The **T9450** is shown below. Our new entry-level **T1450** model can also be folded to take up less space.



reliable

Vision Fitness focuses on quality components instead of the fancy bells and whistles. We design our drive packages (motor, lower board, and console) from the ground up for the most reliable performance, rather than buying off-the-shelf components that may not work well together over time.

A quality treadmill is a large investment, and it must be reliable and maintainable year after year. We insure a reliable, longer-lasting treadmill by performing rigorous tests on our products. Our testing led us to



Vision Fitness treadmill drive package

create large motor compartments with ventilated covers and large 2.5-inch crowned rollers for our treadmills. This keeps the key components (motor, lower board, elevation motor, deck and belt) running cooler and more efficiently.



Vision Fitness® treadmills are significantly different from those of our competitors because we use wax on our decks as a lubricant instead of lower cost silicone. Our lowmaintenance prewaxed decks are designed to hold up for hundreds of hours of use (based on user's weight and workout speed) without ever needing service. Wax impregnates the belt and acts as a lubricant between the belt and the deck and has properties that last longer than silicone. Our decks can easily have wax reapplied if needed, and you can flip the deck on our popular T9600 and T9700 Series treadmills. When looking for a longlasting, high quality treadmill, make sure that the treadmill you choose has a wax system and not a silicone one.

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customizable

Vision Fitness configured our home treadmill frames so that they will work with our various consoles. Simply choose the console that fits your needs, and match it with the frame that offers what you want. Don't let other treadmill manufacturers tell you what you need; only *you* know what features are most important to you.









FIRST, choose your console: Premier

Comprehensive programs and feedback, alphanumeric message center with scrolling instructions, advanced features.

Deluxe

Easy-to-use programs with multiple LED feedback windows, dot matrix display.

Simple

Simple to operate, easy-to-read LED display, Quick Keys, no programming.

NEXT, select the frame that best suits your needs: *T9200* Platform

2.5 hp motor, 2-ply belt, 54" x 20" workout area, heavy gauge steel tubing.

T9500 Platform

3.0 hp motor, 4.4 mm orthopedic cushioned belt, large 57" x 20" workout area.

T9600 Platform

3.0 hp motor, 4.4 mm orthopedic cushioned belt, larger 60" x 20" workout area, extraheavy gauge tubing for maximum durability.

T9250 Folding

2.5 hp motor, 2-ply belt, 54" x 20" workout area, heavy gauge steel tubing.

T9450 Folding

2.5 hp motor, 4.4 mm orthopedic cushioned belt, large 57" x 20" workout area.

YOUR Perfect Treadmill...!

Customized for your specific needs and fitness goals!



VISION FITNES

VISION FITNESS

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console options for the home most Vision Fitness[®] consoles have the following key features:

- One-Touch[™] Quick Start Button Simply press and go.
- Speed and Elevation Quick Keys –
 Provide easy adjustments while working out.
- Two Water Bottle/Cargo Holders One for your drink, the other for your cell phone, glasses, remote control, or MP3 player.
- Integrated Reading Rack
- Ergonomic Handlebar with Contact Heart Rate
- Easy-to-read 45-degree Console Angle
- Large, Easy-to-read LED Display
- Elevation, Time, Distance, Calories, Speed, Pace and Heart Rate Readouts



Premier console

Our Premier console is loaded with all of the programming features you'll need to achieve your fitness goals, from its four interactive heart rate programs to the exclusive SPRINT 8[®] 20-minute anaerobic workout. It even keeps track of your workout totals by allowing up to 10 users to save their Distance, Calories expended, Time, etc., over a week, month, or even a year. The alphanumeric message center scrolls easy-to-follow instructions across the window and provides motivational messages. Finally, the large multi-color dot matrix display is easy to see with our Segment Progress Bar, which illustrates how much of your workout is complete at any given time. With this top-of-the-line console and its 16 programs, you are sure to stay engaged and motivated.



Deluxe console

Our Deluxe console is designed for the user who wants some programming but not every top-ofthe-line feature. This console has two interactive heart rate programs, along with five custom programs and six preset programs that include rolling hills and sprints. It also includes the exclusive SPRINT 8[®] 20-minute anaerobic workout. The five LED windows give extra data at a quick glance and, like the Premier, the multi-color dot matrix display features our Segment Progress Bar to let you know where you are in your workout.





There is a reason why we called this the Simple console. It has no programming and one large LED for easy viewing. Simply press the Start button, and you're on your way to a great workout. The smaller LED gives you your heart rate feedback from the contact heart rate bar. If you do not need any programs or additional feedback from the console, then the Simple console is your best choice.

frame options for the home most Vision Fitness[®] frames have the following key features:

- 2.5-inch Crowned Rollers –
 Reduce wear on the belt and help keep it centered.
- One-inch Prewaxed Phenolic Deck Adds durability and longevity.
- Non-slip Side Rails
 - Grip your shoes for added safety and comfort.
- Variable-durometer Elastomer Cushioning System Eight elastomers provide cushioning and support right where you need it.



The **T9500** frame offers the same features as our **T9600** frame, such as the 3.0 hp motor and matching 3.0 hp drive system, along with our 4.4 mm orthopedic belt, but in a smaller workout area of $57'' \ge 20''$. This frame utilizes our standard heavy gauge tubing.



- Side Handlebars Provide security and comfort.
- Front Transport Wheels Allow easy movement.
- Large, Ventilated Motor Cover Keeps the system cooler for a longer life.
- Metal End Caps Will not break like many plastic end caps.
- Belt Guides Help the belt track properly.

The **T9600** frame is our top-of-the-line frame. It incorporates our largest deck (which can be flipped to double its life), measures 60" x 20", and boasts our extra-heavy gauge steel tubing for heavier and taller users. It also has our 3.0 hp Cambridge Motor WorksTM motor with a matching 3.0 hp drive system to assure smooth, consistent power, even at lower speeds. The extrathick 4.4 mm orthopedic belt provides an extracomfortable workout.



The **T9200** is our entry-level platform frame but has many of the same features as our **T9500** and **T9600** frames. It simply utilizes a smaller 2.5 hp motor and a standard 2-ply belt. The workout area is 54" x 20", and the frame consists of our standard heavy gauge tubing.

The **T9450** and **T9250** folding frames have a 2.5 hp motor. The **T9250** comes with our standard 2-ply belt, while our **T9450** has a longer, 57", extrasoft 4.4 mm orthopedic belt. The **T9250** and **T9450** also have our exclusive "drop assist" deck.



The Perfect Fitness Solution

The SPRINT 8° program found on Vision Fitness° treadmills was developed with Phil Campbell, MS, MA, and author of *Ready, Set, Go! Synergy Fitness.* Mr. Campbell is an expert in the field of anaerobic exercise, which has been cited by numerous medical publications as the cure for somatopause or the "middle-age spread." The "middle-age spread" is the energy decline, weight-gain, loss of muscle, and wrinkled skin we experience after age 30.

Vision Fitness is the first fitness company to integrate anaerobic exercise programming (SPRINT 8) into our equipment that specifically promotes the natural release of human growth hormone. This hormone—the most powerful body-fat-cutting, muscle-toning, antiaging substance known in science—is produced by the body during the SPRINT 8[®] workout.

The SPRINT 8° anaerobic program helps people of all ages and fitness levels reach their goals. Once you press the SPRINT 8 button and select your level (from 1 for beginners to 17 for elite athletes), you are launched into an effective, heart-pumping, 20-minute workout that produces instant results. The treadmill will automatically adjust the speed and elevation based on the level you selected and will notify you when they are about to change. You can adjust the intensity at any time during your workout.

Ask your authorized Vision Fitness® retailer for more information on the medical research-based SPRINT 8® program found exclusively on Vision Fitness® equipment.





the heart of a great workout ...



Vision Fitness[®] treadmills offer a long list of features that make your workout experience simple, reliable, and comfortable.

Here are some key features you'll find on most of our models:

feature	benefit			
contact heart rate grips	These grips allow you to quickly monitor your heart rate during your workout.			
Segment Progress Bar	This bar appears on Premier and Deluxe consoles. It illustrates how much of your workout is complete at any given time, giving you more useful data at a glance.			
variable-durometer cushioning system	You get just the right amount of cushioning where you need it.			
orthopedic belts	These belts are extra shock-absorbing. No more joint pain!			
20-inch wide belts	The wide running surface gives you more freedom to move.			
one-inch thick decks	Our thick, durable decks can withstand the most extreme workouts.			
continuous-duty motors	The high insulation rating of our motors, along with the large ventilated motor compartments, allows the motor to run cooler and more efficiently for a longer life. We are so confident in our motors that we cover them with Lifetime warranties!			
center-mount elevation motors	Elevation motors mounted in the center make smoother elevation changes with less strain on the motor. You experience a smooth, comfortable workout, and your treadmill enjoys a longer life.			
heavy gauge steel frames	Heavier frames provide more stability for running and walking.			
ISO certification	The highest quality standards were achieved in developing our treadmills.			



<image/> Image: consistent of the section o					RT-MATRIX™ HRT® HEART RATE SPRINT 8, Manual, Iterval, 5K, Fat Burner, Loss, HRT Cardio,
		console feedback	Elevation, Speed, Distance, Time, Heart Rate, Calories, Pace, Avg. Pace, Avg. Speed, % Heart Rate		
		heart rate	Contact & Telemetric		
feature	-			i i i	n and a start of the start of t
console and programs	ADVANCED SMART-MATRIX™ HRT® W/ CONTACT HEART RATE Unique User Log-In, SPRINT 8, Manual, Muscle Toner, Speed Intervals, 5K, Fat Burner, Pacer, HRT Weight Loss, HRT Cardio, HRT Endurance, HRT Intervals, 5 Custom Programs	ADVANCED SMART-MATRIX™ HRT® W/ CONTACT HEART RATE Unique User Log-In, SRRINT 8, Manual, Muscle Toner, Speed Interval, 5K, Fat Burner, Pacer, HRT Weight Loss, HRT Cardio, HRT Endurance, HRT Interval, 5 Custom Programs		T	T
console feedback	Elevation, Speed, Distance, Time, Heart Rate, Calories, Pace, Avg. Pace, Avg. Speed, % Heart Rate	Elevation, Speed, Distance, Time, Heart Rate, Calories, Pace, Avg. Pace, Avg. Speed, % Heart Rate		T9600	T9500
heart rate	Contact & Telemetric	Contact & Telemetric	feature	platform	platform
belt area	63″ x 22"	60″ x 20"	belt area	60" x 20"	57″ x 20"
elevation	0 to 15% Cambridge Motor Works™	0 to 15% Cambridge Motor Works™	elevation	0 to 15% Cambridge Motor Works™	0 to 12% Cambridge Motor Works™
speed	.5 to 12 MPH	.5 to 12 MPH	speed	.5 to 12 MPH	.5 to 12 MPH
motor	Cambridge Motor Works™ 5.0 hp AC, Integrated Drive System	Cambridge Motor Works™ 3.0 hp, Continuous-Duty, Internal Fan Cooled	motor	Cambridge Motor Works™ 3.0 hp, Continuous-Duty, Internal Fan Cooled	Cambridge Motor Works™ 3.0 hp, Continuous-Duty, Internal Fan Cooled
motor control	Club-Rated AC Controller with Fuseless Current Limit	Club-Rated PWM with Fuseless Current Limit	motor control	PWM with Fuseless Current Limit	PWM with Fuseless Current Limit
deck	1" Commercial Grade,Low Maintenance, Prewaxed Phenolic, Reversible	1" Commercial Grade,Low Maintenance, Prewaxed Phenolic, Reversible	deck	1" Low Maintenance, Prewaxed Phenolic, Reversible	1" Low Maintenance, Prewaxed Phenolic
cushioning	8 Variable-Durometer Elastomer Cushions	8 Variable-Durometer Elastomer Cushions	cushioning	8 Variable-Durometer Elastomer Cushions	8 Variable-Durometer Elastomer Cushions
belt	Siegling COOL-WEAVE™	Siegling COOL-WEAVE™	belt	Orthopedic Cushioned	Orthopedic Cushioned
Den	2-Ply Urethane High Conductivity		rollers	2.5" Crowned with Large O.D. Bearings	2.5" Crowned with Large O.D. Bearings
rollers	3" Crowned with Large O.D. Bearings	2.5" Crowned with Large O.D. Bearings	frame	Extra-Heavy Gauge Steel Welded	Heavy Gauge Steel Welded
frame	Extra-Heavy Gauge Steel Welded	Extra-Heavy Gauge Steel Welded	home warranty*	Lifetime Frame & Motor 5 Years Electronics/Parts 1 Year Labor	Lifetime Frame & Motor 5 Years Electronics/Parts 1 Year Labor
home warranty*	Lifetime Frame & Motor Lifetime Electronics/Parts 2 Years Labor	Lifetime Frame & Motor 10 Years Electronics/Parts 2 Years Labor	dimensions	80″L x 29″W x 57″H	76″L x 29″W x 57″H
dimensions	84″L x 31″W x 57″H	80″L x 29″W x 57″H	product weight	300 lbs.	260 lbs.
product weight	355 lbs.	300 lbs.	max. user weight	400 lbs.	350 lbs.
max. user weight	400 lbs.	400 lbs.	upgrades	UPGRADES FROM T9500	UPGRADES FROM T9200
upgrades from previous model	UPGRADES FROM T9700 AC Motor & Controller, Larger Rollers, Larger Running Surface	UPGRADES FROM T9600 Commercial Deck, Cool-Weave™ Belt, Motor Controller, Warranty	from previous model	Larger Running Surface, Higher Elevation, Reversible Deck, Extra-Heavy Gauge Steel Frame, Increased Maximum User Weight	Larger Running Surface, Higher Speed, 3.0 hp Motor, Orthopedic Cushioned Belt, Increased Maximum User Weight

Deluxe		Simple		
		PLE LARGE LED DISPLAY CONTACT HEART RATE No Programs	T1450 folding	
Heart Rate, Calories, Pace, Avg. Pace, Di Avg. Speed, % Heart Rate		Elevation, Speed, Time, Distance, Calories, Pace, Heart Rate		
Contact & Telemetric Contact				
9			feature console and programs	PROGRAMMABLE BLUE BACKLIT LCD W/ CONTACT HEART RATE Manual, Muscle Toner, Speed Interval, 5K, Fat Burner, Pacer
			console feedback	Elevation, Speed, Distance, Time, Heart Rate, Calories
			heart rate	Contact
			belt area	54″ x 20"
T9200 platform	T9450 folding	T9250 folding	elevation	0 to 12% Cambridge Motor Works™
54" x 20"	57" x 20"	54" x 20"	speed	.5 to 10 MPH
0 to 12% Cambridge Motor Works™	0 to 12% Cambridge Motor Works™	0 to 12% Cambridge Motor Works™	motor	Cambridge Motor Works™ 2.0 hp, Continuous-Duty
.5 to 10 MPH	.5 to 10 MPH	.5 to 10 MPH	motor control	PWM with Fuseless Current Limit
Cambridge Motor Works™ 2.5 hp, Continuous-Duty	Cambridge Motor Works™ 2.5 hp, Continuous-Duty	Cambridge Motor Works™ 2.5 hp, Continuous-Duty	deck	3/4" Prewaxed Phenolic, Single-Side Coated
PWM with Fuseless Current Limit	PWM with Fuseless Current Limit	PWM with Fuseless Current Limit	cushioning	6 Variable-Durometer Elastomer Cushions
1" Low Maintenance,	1" Low Maintenance,	1" Low Maintenance.	belt	2-Ply Anti-Static
Prewaxed Phenolic	Prewaxed Phenolic	Prewaxed Phenolic	rollers	2.0" Crowned with Large O.D. Bearings
8 Variable-Durometer Elastomer Cushions	8 Variable-Durometer Elastomer Cushions	8 Variable-Durometer Elastomer Cushions	frame	Heavy Gauge Steel Welded
2-Ply Anti-Static	Orthopedic Cushioned	2-Ply Anti-Static	home	Lifetime Frame & Motor 2 Years Electronics/Parts 1 Year Labor
2.5" Crowned with Large O.D. Bearings	2.5" Crowned with Large O.D. Bearings	2.5" Crowned with Large O.D. Bearings	warranty*	
Heavy Gauge Steel Welded	Heavy Gauge Steel Welded	Heavy Gauge Steel Welded	dimensions	70″L x 33″W x 55″H In-Use, 34″L x 33″W x 60″H Folded
Lifetime Frame & Motor 5 Years Electronics/Parts	Lifetime Frame & Motor 5 Years Electronics/Parts	Lifetime Frame & Motor 5 Years Electronics/Parts	product weight	165 lbs.
1 Year Labor	1 Year Labor	1 Year Labor	max. user weight	275 lbs.
73″L x 29″W x 57″H	76″L x 33″W x 55″H In-Use, 31″L x 33″W x 71″H Folded	73″L x 33″W x 55″H In-Use, 31″L x 33″W x 68″H Folded	upgrades from previous model	UPGRADES FROM SPORTING GOODS MODEL Heavy Gauge Steel Frame,
225 lbs.	260 lbs.	250 lbs.		Variable-Elastomer Cushioning System, Warranty, Professional Assembly
325 lbs.	325 lbs.	325 lbs.		
UPGRADES FROM SPORTING GOODS MODEL Heavy Gauge Steel Frame, Variable-Elastomer Cushioning System, Warranty, Professional Assembly	UPGRADES FROM T9250 Larger Running Surface, Orthopedic Cushioned Belt	UPGRADES FROM SPORTING GOODS MODEL Heavy Gauge Steel Frame, VariableElastomer Cushioning System, Warranty, Professional Assembly	* Refer to www.visionfitness.com for complete Warranty details. All product specifications are subject to change.	



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