

Instructions for Use

AccuFit™ ANTERIOR LUMBAR
INTERBODY FUSION PLATE SYSTEM

CE 0086

LBL-IFU-001 Rev C
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ACCUFIT™ ANTERIOR LUMBAR INTERBODY FUSION PLATE SYSTEM

CAUTION: (Federal USA) law restricts this device to sale by or on the order of a physician.

DISCLAIMER OF WARRANTY AND LIMITATION OF REMEDY

There is no express or implied warranty, including any implied warranty of merchantability or fitness for a particular purpose, for the products (the "Product") described in this publication. Under no circumstances shall Precision Spine be liable for any direct, incidental or consequential damages other than as expressly provided by specific law. No person has the authority to bind Precision Spine to any representation or warranty except as specifically set forth herein.

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DEVICE DESCRIPTION

The AccuFit Anterior Lumbar Interbody Fusion Plate System consists of a range of plates and screw sizes, along with the necessary instruments to implant the system. The plates come in sizes of: 21mm, 23mm, 25mm, and 27mm. The screws come in 5.0 mm and 5.5 mm diameters and the screw lengths are 25mm, 30mm, 35mm. The plates attach to the anterior or anterolateral aspect of the vertebral body of the lumbar/lumbosacral spine (levels L1-S1) and provide stabilization and promote the biological process of spinal fusion to occur. All components are made from medical grade titanium or titanium alloy as specified by such standards as ASTM F136 or ISO 5832-3. The products are supplied clean and "NON-STERILE".

INDICATIONS

The AccuFit Anterior Lumbar Interbody Fusion Plate System is indicated for use as an anteriorly placed supplemental fixation device via the lateral or anterolateral surgical approach above the bifurcation of the great vessels or via the anterior surgical approach, below the bifurcation of the great vessels. The device is intended as a temporary fixation device until fusion is achieved. The AccuFit Anterior Lumbar Interbody Fusion Plate System is intended for anterior or anterolateral aspect of the vertebral body of the lumbar/lumbosacral spine (levels L1-S1) and provide stabilization and promote the biological process of spinal fusion to occur. All components are made from medical grade titanium or titanium alloy as specified by such standards as ASTM F136 or ISO 5832-3. The products are supplied clean and "NON-STERILE".

PRECAUTIONS

The AccuFit Anterior Lumbar Interbody Fusion Plate System should be implanted only by surgeons who are fully experienced in the use of such implants and the required specialized spinal surgery techniques. All system implants are single-use only. Reuse of the device may result in the following:

1. Infection
2. Lossing
3. Fracture/mechanical failure of the device
4. Inability to properly engage surgical instrumentation
5. Pyrogenic reaction

CONTRAINDICATIONS

The AccuFit Anterior Lumbar Interbody Fusion Plate System contraindications include but are not limited to:

1. A system infection
2. A known infestation at the bone site
3. Rapidly progressive joint disease or bone absorption syndromes such as Paget's disease, osteopenia, osteoporosis, or osteomyelitis.
4. Known or suspected metal allergies
5. Any other disease or a psychological condition that would preclude potential benefits of internal fixation such as the presence of tumors, congenital abnormalities, elevation of sedimentation rate unexplained by other disease, elevation of white blood cells or a marked shift in white blood cell differential count
6. Previous vascular approach
7. Iliofemoral arteriosclerosis
8. Morbid obesity
9. Mental instability
10. Pregnancy
11. Any case needing to mix metals from different components
12. Any patient unwilling to cooperate with postoperative instructions
13. All cases not stated in the indications
14. Reuse
15. Multiple use

POTENTIAL ADVERSE EFFECTS

The following potential adverse effects associated with the procedure have been shown to occur with the use of similar spinal systems. All patients considered candidates for fusion should be informed concerning the pathogenesis of their spinal abnormality, the rationale for fusion with instrumentation, and the potential adverse effects. The following are potential adverse effects, but not limited to:

1. Loss of proper spinal curvature, correction, height, and/or discomfort
2. Non-Union or delayed union
3. Fracture/mechanical failure of the device
4. Inability to properly engage surgical instrumentation
5. Hemorrhaging
6. Loss of neurological function, dural tear, pain, and/or discomfort
7. Bone graft fracture, vertebral body fracture or discontinued growth of fused at, above and/or below the surgery level
8. Bending, lossing, fracture, disassembly, slippage and/or migration of the components
9. Pain or discomfort
10. Change in mental status
11. Dause
12. Bone loss and/or bone fracture due to stress shielding
13. Inability to resume activities of normal daily activities
14. Revision surgery
15. Death

WARNINGS

The following are warnings for this device:

1. Potential risks identified with the use of this device system, which may require additional surgery, include device component fracture, loss of fixation, non-union, fracture of the vertebrae, necrosis of the bone, neurological injury, and/or vascular injury.
2. The AccuFit Anterior Lumbar Interbody Fusion Plate System is not approved for screw attachment or fixation to the posterior elements (pedicles) of the cervical, thoracic, or lumbar spine.
3. Patients who smoke or abuse alcohol are poor candidates for spinal fusion. Patients who smoke or abuse alcohol are poor candidates for spinal fusion.
4. Patients who should be advised of the consequences of the fact that an increased incidence of non-union has been reported in patients who smoke or abuse alcohol.
5. That implants and instruments are provided non-sterile and must be cleaned and sterilized before use. Device components must be sterilized as one of the noted validated sterilization cycle parameters.
6. A successful result is not always achieved in every surgical case due to many extenuating circumstances. This is especially true in spinal surgery where other patient conditions may compromise the results.
7. Never reuse an internal fixation device under any circumstances.
8. Only surgical training and experience in spinal decompression and bone grafting techniques should use the AccuFit Anterior Lumbar Interbody Fusion Plate System. Preoperative and operating procedures, including knowledge of spinal techniques and proper selection and placement of the implants in patients are essential considerations.
9. Physicians note: Although the physician is learning interday, the important medical information given in this document does not apply to the use of the device.
10. Do not reuse implants. Do not use, damage, or otherwise suspect implants. An IMPLANT SHOULD NEVER BE REUSED. Any implant, once used, should be discarded. Even though it appears unchanged, it may have small defects and internal stress patterns that may lead to failure. These Single Use devices have not been designed to undergo or withstand any form of alteration, such as disassembly, cleaning or re-sterilization, after a single patient use. Reuse can potentially compromise device performance and patient safety.

PREOPERATIVE

1. The surgeon should consider utilizing the AccuFit Anterior Lumbar Interbody Fusion Plate System with those who meet the criteria in **indications**.

2. The surgeon should avoid utilizing this device with those patients who have **contraindications**.

3. The surgeon should make sure that all implants and instruments are unpacked, sterilized, and available prior to surgery.

4. The implants and instruments should be provided non-sterile and must be cleaned and sterilized before use.

5. Implants and instruments should be inspected for surface flaws and scratches and should not be used in the presence of any of these.

6. The surgeon should have a complete understanding of the surgical technique, design rationale, indications and contraindications.

7. The instructions in any available applicable surgical technique manual should be carefully followed.

8. Damage to the nerves will cause loss of neurological functions. Extreme caution should be taken to avoid the spinal cord and nerve roots at all times.

9. Care should be taken that all implants and instruments should be taken. Misuse of the components may cause injury to the patient or operator personnel.

10. Bone grafts must be placed in the area to be fused such that the graft fits snugly against the upper and lower vertebral bodies.

11. Nothing and scratching of implants should be avoided.

12. Before closing soft tissue, check each screw to make sure that none have loosened.

13. The physician should follow the postoperative directions, warnings to the patient and the corresponding patient's compliance are extremely important.

14. For best possible results, patients should be counseled to avoid lifting, twisting, physical activities, smoking, consuming alcohol, and any other activity that would compromise or delay the healing process.

15. The patient should be warned about the limitation of bending at the point of spinal fusion.

16. The surgeon should inform the patient that bending, flexion, extension, rotation, and lateral bending are contraindicated after surgery of any weight bearing areas. The greatest risk of bending, dislocating, and/or breaking of the implant device, as well as an underlying surgical result are consequences of any type of early or excessive weight bearing, vibration motion, fall, jolt, or other movements preventing proper healing and/or fusion.

17. Removal of implants should be properly disposed of and are to be reused under any circumstances.

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