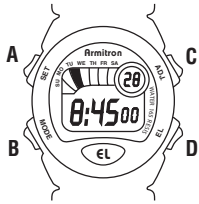# Armitron® WATCH INSTRUCTIONS

M505, 40/6747BLK, 40/6749GRN, 40/6769BLU

FEATURES

- Time Telling Mode (Hours, Minutes, Seconds, Date, and Day of the Week)
- Second Time Zone
- 24 Hour Alarm: Sounds for 20 Seconds at preset Alarm Time or until any button is pressed
- Hourly Chime: One 'Beep' sound every full Hour
- Chronograph Mode: Hours, Minutes, Seconds and 1/100th of a Second with Lap/Split Operation
- Countdown Timer
- 12/24 Hour (Military Time)
- Water Resistant to 165ft.
- INSTALITE – Electro Luminescent Display

SELECTING FEATURES

1. Time Telling Mode displays Hours, Minutes, Seconds, Date, and Day of the Week.

2. From Time Telling Mode, press 'B' once. Chronograph Mode appears. Press 'B' four times to return to Time Telling Mode.

3. From Time Telling Mode, press 'B' twice. Alarm Mode appears. Press 'B' three times to return to Time Telling Mode.

4. From Time Telling Mode, press 'B' three times. Timer Mode appears. Press 'B' twice to return to Time Telling Mode.

5. From Time Telling Mode, press 'B' four times. Second Time Zone Mode appears. Press 'B' once to return to Time Telling Mode.

6. From Time Telling Mode, press and hold 'C'. The Month and Date appear. Release 'C' to return to Time Telling Mode.

INSTALITE - NIGHT VISION DISPLAY

1. Press 'D' or the 'EL' button in any mode to illuminate the watch face for three seconds.
NOTE: Excessive use of backlight will shorten battery life.

12/24 HOUR (MILITARY) TIME

1. From Time Telling Mode, press 'A' once. Seconds flash. Press 'B' six times to enter 12/24 Hour Time Format.

2. Press 'C' to select either 12 Hour Time or 24 Hour (Military Time).
NOTE: The selected format will also apply to the time in the Second Time Zone.

3. Press 'A' to end set sequence and return to Time Telling Mode.

SECOND TIME ZONE

1. From Time Telling Mode, press 'B' four times to enter Second Time Zone Mode.
2. Press 'A'. Hours flash. Press 'C' to advance Hours.
3. Press 'B'. Minutes flash. Press 'C' to advance Minutes in 30-Minute intervals.
4. Press 'A' to end set sequence.
5. Press 'B' to return to Time Telling Mode.

SETTING THE TIME AND CALENDAR

1. From Time Telling Mode, press 'A'. Seconds flash. Press 'C' to zero out seconds.
NOTE: Zeroing out 30 or more seconds automatically adds one minute to time.

2. Press 'B'. Hours flash. Press 'C' to advance the Hour.
NOTE: Pressing and holding 'C' will advance digits rapidly.
When 12 Hour Format is selected, 'PM' indicates 'p.m.' times; there is no indicator for 'a.m.' times.

3. Press 'B'. Minutes flash. Press 'C' to advance the Minutes.

4. Press 'B'. The Month flashes. Press 'C' to advance the Month.

5. Press 'B'. The Date flashes. Press 'C' to advance the Date.

6. Press 'B'. The Day of Week flashes. Press 'C' to advance the Day of the Week.
7. Press 'A' to end set sequence and return to Time Telling Mode.

CHRONOGRAPH

1. From Time Telling Mode, press 'B' once to enter the Chronograph Mode.
2. Press 'C' to start timing.
3. Press 'C' again to stop timing.
4. Press 'A' to reset to zero.
5. Press 'B' to return to Time Telling Mode.

SPLIT (LAP) OPERATION
1. While in the Chronograph Mode, press 'C' to start timing.
2. Press 'A' to measure Splits (or Laps).
3. Press 'C' to stop timing at the end of the event.
4. Press 'A' to reveal the final Split (or Lap) time.
5. Press 'A' again to reset to zero.
6. Press 'B' to return to Time Telling Mode.

SETTING THE ALARM

1. From Time Telling Mode, press 'B' twice to enter Alarm Mode.
NOTE: When the Alarm is activated, the Alarm ('Beep Beep') will sound for 20 seconds at preset Alarm Time or until any button is pressed.
2. Press 'A'. Hours flash. Press 'B' twice. The Alarm Number flashes. Press 'C' to select either Alarm Time 1 (t1) or Alarm Time 2 (t2).
3. Press 'B'. Hours flash. Press 'C' to advance the Hour.
4. Press 'B'. Minutes flash. Press 'C' to advance the Minute.
5. Press 'A' to end set sequence.
6. Press 'B' to return to Time Telling Mode.

ACTIVATING THE ALARM AND HOURLY CHIME

1. While in Alarm Mode, press 'C' to activate the Alarm.
The Alarm 🔔)) symbol appears to indicate the Alarm is activated.
2. Press 'C' again to activate the Hourly Chime.
'CH' appears to indicate the Hourly Chime is activated.
NOTE: When the Hourly Chime is activated, the Chime ('Beep') will sound every hour on the hour.
3. Press 'C' again to deactivate Alarm.
4. Press 'C' again to deactivate the Hourly Chime.
5. Press 'B' to return to Time Telling Mode.

COUNTDOWN TIMER

1. From Time Telling Mode, press 'B' three times to enter the Countdown Timer Mode.
2. Press 'A'. Hours flash. Press 'C' to advance the Hour.
3. Press 'B'. Minutes flash. Press 'C' to advance Minutes.
4. Press 'B'. Seconds flash. Press 'C' to advance Seconds.
5. When Countdown Time is set, press 'A' to return to Countdown Timer Mode.
6. Press 'C' to start Countdown timing.
7. If desired, press 'C' again to stop Countdown timing. Press 'C' again to resume Countdown timing.
8. If desired, press 'A' to reset the Countdown time to the preset Timer value.
NOTE: During the countdown of the Timer, an alarm ('Beep Beep') will sound when the Seconds Digit is '0' or '30' if the Countdown Time is 3 Minutes or less. When the Timer counts down below ten seconds, an alarm ('Beep') will sound every second. When the Timer counts down to zero, an alarm ('Beep' 'Beep' 'Beep') will sound for 10 seconds or until any button is pressed.
9. Press 'B' to return to Time Telling Mode.

WATER RESISTANCE

This is a WATER RESISTANT watch. Do not operate the push buttons below the surface of the water. Should water or condensation appear in the watch, immediately have the watch checked. Water can corrode electronic parts inside the case.

CHANGING THE BATTERY

Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Replace with one (1) CR2025 or equivalent only.
This watch contains precise electronic components and should only be opened by a qualified watch technician. How-ever, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your timepiece to a local watch repair facility.

Dear Customer:
  Help your watch/jewelry retailer protect our environment by properly recycling the button cell battery in your watch. Professional jewelers and watch retailers are best equipped to replace the battery in your watch without damage to the watch case and movement inside. They have the specialized tools and experience to do the job right. Inexperienced people can scar the case and damage the water resistant seal – voiding your warranty.
  It is important to recycle your watch battery in an environmentally safe way. Watch batteries contain very small amounts of mercury, which is required to prevent corrosion of the battery and damage to your watch. There is no danger to you or your watch from the mercury because it is in the sealed battery. But you need to recycle your watch battery properly. Your professional watch/jewelry retailer is the best person to do this for you. These professionals collect used batteries and recycle them through licensed waste management companies.
  Do our environment and your watch a favor. Ask your watch/jewelry professional to replace your battery when it expires.

FEATURES

- Time Telling Mode (Hours, Minutes, Seconds, Date, and Day of the Week)
- Calendar Mode (Month and Date)
- 24 Hour Alarm
- Hourly Chime: One 'Beep' sound every full Hour
- Chronograph Mode: Hours, Minutes, Seconds and 1/100th of a Second with Lap Operation
- Countdown Timer
- Second Time Zone
- 12/24 Hour (Military Time)
- Water Resistant as indicated on the watch
- INSTALITE – Electro Luminescent Display

SELECTING FEATURES
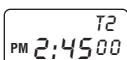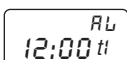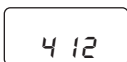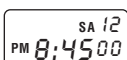
1. Time Telling Mode displays Hour, Minutes, Seconds, Date, and Day of the Week.
2. From Time Telling Mode, press and hold '**C**'. Calendar Mode appears and the Month and Date are displayed. Release '**C**' to return to Time Telling Mode.
3. From Time Telling Mode, press '**B**' once. Chronograph Mode appears. Press '**B**' four times to return to Time Telling Mode.
4. From Time Telling Mode, press '**B**' twice. Alarm Mode appears. Press '**B**' three times to return to Time Telling Mode.
5. From Time Telling Mode, press '**B**' three times. Timer Mode appears. Press '**B**' twice to return to Time Telling Mode.
6. From Time Telling Mode, press '**B**' four times. Second Time Zone Mode appears. Press '**B**' once to return to Time Telling Mode.

INSTALITE - NIGHT VISION DISPLAY

1. Press '**D**' in any mode to illuminate the watch face. The backlight will remain lit for 2 to 3 seconds. NOTE: EXCESSIVE USE OF THE BACKLIGHT WILL SHORTEN BATTERY LIFE.
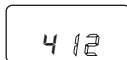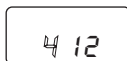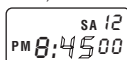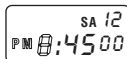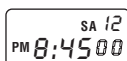
12/24 HOUR (MILITARY) TIME

1. From Time Telling Mode, press '**A**'. Press '**B**' six times to enter the 12/24 Hour (Military Time) Mode. Press '**C**' to select either 12 Hour or 24 Hour (Military) Time.
2. Press '**A**' to end set sequence and return to Time Telling Mode.

SECOND TIME ZONE

1. From Time Telling Mode, press '**B**' four times to enter Second Time Zone Mode.
2. Press '**A**'. Hours flash. Press '**C**' to advance the Hour.
3. Press '**B**'. Minutes flash. Press '**C**' to advance the Minutes.
4. Press '**A**' to end set sequence.
5. Press '**B**' to return to Time Telling Mode.

SETTING THE TIME AND CALENDAR

1. From Time Telling Mode, press '**A**'. Seconds flash. Press '**C**' to zero out the Seconds.
NOTE: Zeroing out 30 or more seconds automatically adds one minute to time.

2. Press '**B**'. Hours flash. Press '**C**' to advance the Hour.
NOTE: Pressing and holding '**C**' will advance digits rapidly.
When 12 Hour Format is selected, 'PM' indicates 'p.m.' times; there is no indicator for 'a.m.' times.

3. Press '**B**'. Minutes flash. Press '**C**' to advance the Minutes.

4. Press '**B**'. Months flash. Press '**C**' to advance the Month.

5. Press '**B**'. Date flashes. Press '**C**' to advance the Date.

6. Press '**B**'. The Day of the Week flashes. Press '**C**' to advance the Day of the Week.
7. Press '**A**' to end set sequence and return to Time Telling Mode.

CHRONOGRAPH

1. From Time Telling Mode, press '**B**' once to enter the Chronograph Mode.
2. Press '**C**' to start timing.
3. Press '**C**' again to stop timing.
4. Press '**A**' to reset to zero.
5. Press '**B**' to return to Time Telling Mode.

LAP OPERATION
1. While in the Chronograph Mode, press '**C**' to start timing.
2. Press '**A**' to measure Laps.
3. Press '**C**' to stop timing at the end of the event.
4. Press '**A**' to reveal the final Lap time.
5. Press '**A**' again to reset to zero.
6. Press '**B**' to return to Time Telling Mode.

SETTING 24 HOUR ALARM

1. From Time Telling Mode, press '**B**' twice to enter the Alarm Mode.
2. Press '**A**'. Alarm Hours flash. Press '**C**' to advance the Alarm Hour.
3. Press '**B**'. Alarm Minutes flash. Press '**C**' to advance the Alarm Minute.
4. Press '**B**'. Alarm Time Zone flashes. Press '**C**' to select either Time Zone 1 or Time Zone 2.
NOTE: The Alarm is available in one Time Zone only.
5. Press '**A**' to end set sequence.
6. Press '**B**' to return to Time Telling Mode.

ACTIVATING THE ALARM AND HOURLY CHIME

1. While in Alarm Mode, press '**C**' to activate the Alarm. The Alarm symbol appears to indicate the Alarm will sound at the preset Alarm Time for 20 seconds or until '**A**', '**B**' or '**C**' is pressed.
2. Press '**C**' again to activate the Hourly Chime. "**CHIME**" appears to indicate the Hourly Chime will sound every hour on the hour.
3. Press '**C**' again to deactivate the Alarm.
4. Press '**C**' again to deactivate the Hourly Chime.
5. Press '**B**' to return to Time Telling Mode.

COUNTDOWN TIMER

1. From Time Telling Mode, press '**B**' three times to enter the Timer Mode.
2. Press '**A**'. Hours flash. Press '**C**' to advance the Hour.
3. Press '**B**'. Minutes flash. Press '**C**' to advance the Minute.
4. Press '**B**'. Seconds flash. Press '**C**' to advance the Second.
5. When the Countdown Time is set, press '**A**' to end set sequence and return to Timer Mode.
6. Press '**C**' to start the Countdown Timer.
7. If desired, press '**C**' again to stop the Countdown Timer. Press '**C**' again to resume the Countdown Timer.
8. If desired, press '**A**' to reset the Countdown time to the preset Countdown time. Press '**A**' again, then press '**C**' to restart the Countdown Timer.
NOTE: The Countdown timing will continue in any mode until '**C**' is pressed. When the Timer counts down below three minutes, an alarm ('Beep Beep') will sound when the Seconds Digit is '0' or '30'. When the Timer counts down below ten seconds, an alarm ('Beep') will sound every second. When the Timer has expired, the alarm ('Beep Beep Beep') will sound for ten seconds or until '**A**', '**B**' or '**C**' is pressed.
9. Press '**C**' to stop the Timer.
10. Press '**B**' to return to Time Telling Mode.

WATER RESISTANCE

This is a WATER RESISTANT watch. Do not operate the push buttons below the surface of the water. Should water or condensation appear in the watch, immediately have the watch checked. Water can corrode electronic parts inside the case.

CHANGING THE BATTERY

Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Before removing the old battery, be sure to denote its polarity so that the new battery is installed in exactly the same way. Replace with one (1) CR2016 or equivalent only. This watch contains precise electronic components and should only be opened by a qualified watch technician. However, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your timepiece to a local jeweler.

Dear Customer:

Help your watch/jewelry retailer protect our environment by properly recycling the button cell battery in your watch. Professional jewelers and watch retailers are best equipped to replace the battery in your watch without damage to the watch case and movement inside. They have the specialized tools and experience to do the job right. Inexperienced people can scar the case and damage the water resistant seal – voiding your warranty.

It is important to recycle your watch battery in an environmentally safe way. Watch batteries contain very small amounts of mercury, which is required to prevent corrosion of the battery and damage to your watch. There is no danger to you or your watch from the mercury because it is in the sealed battery. But you need to recycle your watch battery properly. Your professional watch/jewelry retailer is the best person to do this for you. These professionals collect used batteries and recycle them through licensed waste management companies.

Do our environment and your watch a favor. Ask your watch/jewelry professional to replace your battery when it expires.