



THANK YOU FOR PURCHASING YOUR TIMEX® WATCH.

EXTENDED WARRANTY

Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

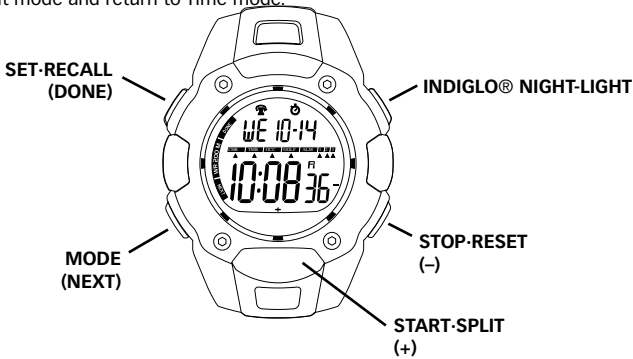
Please read instructions carefully to understand how to operate your Timex® watch. **Your model may not have all of the features described in this booklet.**

FEATURES AND BASIC OPERATION

- Time with 12- or 24-hour format
- Date with MM-DD or DD.MM format
- 3 time zones
- Optional hourly chime
- 100-hour chronograph with memory for 50 laps/splits
- 24-hour countdown timer (count down and stop or repeat)
- 3 daily/weekday/weekend alarms with 5-minute backup
- Customizable mode set
- INDIGLO® night-light with NIGHT-MODE® feature
- Solar cell and rechargeable battery

Watch includes a built-in solar cell that charges the battery. Expose watch to bright sunlight or fluorescent light to charge the battery prior to use. See CHARGING BATTERY section below.

Press **MODE** repeatedly to step through modes: Chrono, Timer, Alarm 1, Alarm 2, and Alarm 3. Press **MODE** to exit current mode and return to Time mode.




Button functions shown with secondary functions in parentheses

TIME

To set time, date, and options:


- 1) With time and date showing, press and hold **SET-RECALL**.
- 2) Current time zone (1, 2, or 3) flashes. Press + or - to select time zone to set, if desired.
- 3) Press **NEXT**. Hour flashes. Press + or - to change hour (including AM/PM); hold button to scan values
- 4) Press **NEXT**. Minutes flash. Press + or - to change minutes
- 5) Press **NEXT**. Seconds flash. Press + or - to set seconds to zero.
- 6) Press **NEXT**. Month flashes. Press + or - to change month.
- 7) Press **NEXT**. Day flashes. Press + or - to change day.
- 8) Press **NEXT**. Year flashes. Press + or - to change year.
- 9) Press **NEXT** to set options. Press + or - to change value and then press **NEXT** to go to next option.

Press **DONE** at any step to exit and save settings. Available options are 12- or 24-hour time format, MM-DD or DD.MM date format, hourly chime , beep for button presses, mode customization (Select "HIDE" for unwanted modes - they are removed from mode sequence - Select "ON" to view a mode).

Press **START-SPLIT** once and hold to see 2nd time zone. Press **START-SPLIT** twice and hold to see third time zone. Continue to hold button for 4 seconds to switch to displayed time zone.


CHRONOGRAPH

This mode provides a chronograph (stopwatch) function. Press **MODE** to go to Chrono mode.

To start, press **START-SPLIT**. Chrono counts up by hundredths of a second up to one hour, then by seconds up to 100 hours. Stopwatch icon  flashes to indicate chrono is running.

To stop, press **STOP-RESET**. Stopwatch icon  freezes to indicate chrono is stopped.

To resume, press **START-SPLIT**, or to reset (clear) chrono, press and hold **STOP-RESET**.

Chrono continues to run if you exit mode. Stopwatch icon  appears in TIME mode.

While chrono is running, press **START-SPLIT** to take a split. Lap and split times will be displayed with lap number.

If feature available, to recall split times during or after workout, press **SET-RECALL**. Then, press + or - to step through splits. Press **DONE** to exit.

Lap and split times are stored in memory until a new workout is started (chrono started from zero).

LAP 1 = 7.11	LAP 2 = 7.50	LAP 3 = 7.08	LAP 4 = 7.30
SPLIT 1 = 7.11			
	SPLIT 2 = 15.01		
		SPLIT 3 = 22.09	
			SPLIT 4 = 29.39


To set display format, press **SET-RECALL**. Then, press + or - to select desired format. Press **DONE** to exit.


- NOTES:
- When a split is taken, times are frozen on the display for 10 seconds. Press **MODE** to release display and show running chrono immediately.
 - Press **NEXT** to switch between recall and format setting.

TIMER

Timer mode provides a countdown timer with alert. Press **MODE** repeatedly until **TIMER** appears.

To set countdown time:


- 1) Press **SET-RECALL**. Hours flash. Press + or - to change hours; hold button to scan values.
- 2) Press **NEXT**. Minutes flash. Press + or - to change minutes.
- 3) Press **NEXT**. Seconds flash. Press + or - to change seconds.
- 4) Press **NEXT**. Action at end of countdown flashes. Press + or - to select STOP or REPEAT, indicated by hourglass icon with arrow .
- 5) Press **DONE** at any step when done setting.

To start timer, press **START-SPLIT**. Timer counts down every second from countdown time. Hourglass icon  flashes to indicate timer is running.

To pause countdown, press **STOP-RESET**. Hourglass icon  freezes to indicate timer is stopped.

To resume countdown, press **START-SPLIT**, or to reset countdown, press **STOP-RESET**.

Watch beeps and night-light flashes when countdown ends (timer reaches zero). Press any button to silence. If REPEAT AT END selected, timer repeats countdown indefinitely.

Timer continues to run if you exit mode. Hourglass icon  appears in Time mode.

ALARM

The watch has three alarms. Press **MODE** repeatedly until ALM 1, ALM 2, or ALM 3 appears.

To set alarm:

- 1) Press **SET-RECALL**. Hour flashes. Press + or - to change hour; hold button to scan values.
- 2) Press **NEXT**. Minutes flash. Press + or - to change minutes.
- 3) Press **NEXT**. AM/PM flashes if in 12-hour time format. Press + or - to change.
- 4) Press **NEXT**. Alarm day setting flashes. Press + or - to select DAILY, WKDAYS, or WKENDS.
- 5) Press **DONE** at any step when done setting.

To turn alarm on/off, press **START-SPLIT**.

When alarm sounds, night-light flashes. Press any button to silence. If no button is pressed, alarm will sound for 20 seconds.

If alarm is not acknowledged alarm icon will blink and alarm will sound again in 5 minutes.

Each of the three alarms has a different alert melody.

Alarm clock icon  appears when alarm is on in this mode and in Time mode.

Press **INDIGLO®** button to illuminate watch display for 2 - 3 seconds (5 - 6 seconds while setting). Electroluminescent technology used in the **INDIGLO®** night-light illuminates entire watch face at night and in low light conditions. Any button pressed while **INDIGLO®** night-light is on keeps it on.

Press and hold **INDIGLO®** button for 4 seconds to activate **NIGHT-MODE®** feature.

Moon icon ☾ will appear in Time mode. Feature causes any button press to activate **INDIGLO®** night-light for 3 seconds. **NIGHT-MODE®** feature may be deactivated by pressing and holding **INDIGLO®** button again for 4 seconds, or it automatically deactivates after 8 hours.

WATER RESISTANCE

If your watch is water-resistant, meter marking or () is indicated.

Water-Resistance Depth	p.s.i.a. * Water Pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160

*pounds per square inch absolute

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS UNDER WATER.






1. Watch is water-resistant only as long as lens, push buttons and case remain intact.
2. Watch is not a diver watch and should not be used for diving.
3. Rinse watch with fresh water after exposure to salt water.

CHARGING BATTERY

Watch is powered by battery that is charged from solar cell in watch face. Watch face requires exposure to light to recharge battery.

Any light can charge battery, but direct sunlight is best, followed by sunlight through windows, and finally indoor lighting.

Battery icon shows current battery level and charging status.

	Battery is full - no charging required
	Battery is half empty - recharge battery soon
	Battery is low - recharge battery now - beeps and night-light are disabled
	Battery is low and is charging - beeps and night-light are disabled
	Battery is half empty and charging

NOTE: Gray indicates battery icon blinking

A depleted battery may be charged by exposing watch face to sunlight for several days. Position watch so that face points toward light. Watch may be used while charging. Watch charges faster while in direct sunlight and slower when indoors.

When fully charged, watch may function without light for months. Actual battery life may vary depending upon use of features.

Wear watch so that sleeve does not cover all or part of watch face and impede charging.

Exposure to direct sunlight or indoor lighting during use will help keep watch charged.

Store watch where it will be exposed to light. Otherwise, battery will run down and need recharging.

After many years of use, if battery becomes unable to charge fully, battery may be replaced with new rechargeable battery of same type only. Please see battery section for details.

WARNING: Leaving watch in direct sunlight or close to lamp can cause watch to become hot. Handle with care.

After one month of no exposure to light, watch display shuts off if time has been set. If time has not been set, watch display shuts off after 60 seconds. Press any button or put watch in sunlight to restore display.

BATTERY

Timex strongly recommends that a retailer or jeweler replace battery. Battery type is on watch back. If present, push/short internal reset switch after replacing battery. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.

DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.

TIMEX INTERNATIONAL WARRANTY

(U.S. – LIMITED WARRANTY – PLEASE SEE FRONT OF INSTRUCTION BOOKLET FOR TERMS OF EXTENDED WARRANTY OFFER)

Your **TIMEX®** watch is warranted against manufacturing defects by Timex Corporation for a period of ONE YEAR from the original purchase date. Timex and its worldwide affiliates will honor this International Warranty.

Please note that Timex may, at its option, repair your watch by installing new or thoroughly reconditioned and inspected components or replace it with an identical or similar model. **IMPORTANT — PLEASE NOTE THAT THIS WARRANTY DOES NOT COVER DEFECTS OR DAMAGES TO YOUR WATCH:**

- 1) after the warranty period expires;
- 2) if the watch was not originally purchased from an authorized Timex retailer;
- 3) from repair services not performed by Timex;
- 4) from accidents, tampering or abuse; and
- 5) lens or crystal, strap or band, watch case, attachments or battery. Timex may charge you for replacing any of these parts.

THIS WARRANTY AND THE REMEDIES CONTAINED HEREIN ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES, EXPRESS OR IMPLIED, INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR PARTICULAR PURPOSE. **TIMEX IS NOT LIABLE FOR ANY SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES.** Some countries and states do not allow limitations on implied warranties and do not allow exclusions or limitations on damages, so these limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights which vary from country to country and state to state.

To obtain warranty service, please return your watch to Timex, one of its affiliates or the Timex retailer where the watch was purchased, together with a completed original Watch Repair Coupon or, in the U.S. and Canada only, the completed original Watch Repair Coupon or a written statement identifying your name, address, telephone number and date and place of purchase. Please include the following with your watch to cover postage and handling (this is not a repair charge): a US\$ 7.00 check or money order in the U.S.; a CAN\$6.00 cheque or money order in Canada; and a UK£2.50 cheque or money order in the U.K. In other countries, Timex will charge you for postage and handling. **NEVER INCLUDE A SPECIAL WATCHBAND OR ANY OTHER ARTICLE OF PERSONAL VALUE IN YOUR SHIPMENT.**

For the U.S., please call 1-800-448-4639 for additional warranty information. For Canada, call 1-800-263-0981. For Brazil, call +55 (11) 5572-9733. For Mexico, call 01-800-01-060-00. For Central America, the Caribbean, Bermuda and the Bahamas, call (501) 370-5775 (U.S.). For Asia, call 852-2815-0091. For the U.K., call 44 020 8687 9620. For Portugal, call 351 212 946 017. For France, call 33 3 81 63 42 00. For Germany, call 49 7 231 494140. For the Middle East and Africa, call 971-4-310850. For other areas, please contact your local Timex retailer or Timex distributor for warranty information. In Canada, the U.S. and in certain other locations, participating Timex retailers can provide you with a postage-paid, pre-addressed Watch Repair Mailer for your convenience in obtaining factory service.

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