

## Life Fitness Rear Drive Cross-Trainers How To... Install AVK Leg Leveler Retainer

Bulletin

Service Kit GK61-00002-0038

**Tools Required:** Screwdriver, Open end wrench

1. Raise and support the front end of the Cross-Trainer to access the LEG LEVELERS.
2. Remove the LEG LEVELERS.
3. Carefully remove the existing AVKs (nut inserts).

**NOTE: Do not leave loose AVKs in the frame tube.**

4. Install the new LEG LEVELER RETAINER with the radius cut facing up and outward as shown.
5. Align the bolt hole in the LEG LEVELER RETAINER with the bolt hole in the FRAME TUBE.
6. With the JAM NUT in place, screw the LEG LEVELER into the LEG LEVELER RETAINER.
7. Remove the support from the front end of the unit.
8. Stabilize the front of the unit and secure THE LEG LEVELER positions by tightening THE LEG LEVELER JAM NUTS against the FRAME TUBE.
9. Reinstall the END CAPS.

