



PEDDERS EP1145 Sub Frame Bushings

PEDDERS

SUSPENSION

2004-2006 Pontiac GTO Sub Frame Bushing Package Contents:

2x Rebound pads (Upper Portion)

2x Sub Frame Mounts (Lower Portion)



Note: These instructions should be used in conjunction with a proper service manual, and by a qualified service technician.

1. Raise and support the vehicle safely, use appropriate safety measure when working on any vehicle
Be sure to not lift by the rear sub frame assembly, as you will need to lower this assembly
Support the sub frame assembly separately
2. Remove the 18mm center bolt that holds the sub frame bushing to the car
3. Remove the three 15mm bolts that hold the triangular plate to the under body
4. With the plate removed lower the sub frame assembly
5. Remove the upper rebound pad (some 2004 models did not come with this)
6. Place a short socket above the mount and jack up the sub frame, pushing the bushing down and out of the car
7. Clean the surfaces where the bushings will contact as well as the threads for the center bolt
8. Push the EP1145 Sub Frame Mount in from the bottom
9. Install the EP1145 Rebound Pad to the top of the mount, it will 'click' in to the lower portion
10. Raise the sub frame and thread a new center bolt (GM #92038482) in by hand a few threads to ensure it is not cross threaded
11. Install the 3 bracket bolts and tighten all 4 bolts to proper torque spec
12. Repeat this on the other side; do not do both sides at the same time.



Optional: Pedders EP1168 eXtreme Upper Bushing
Use in addition to the EP1145 Rebound Pad for added support



Questions during your installation?

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