

# Specifications

Product name and model number	inada chair i.1 HCP-i1QA	
Power	AC120V	
Power consumption	210W	
Frequency	60Hz	
Rated time	30 minutes	
Upper body	<b>Kneading speed</b>	6 levels: Min. approx. 17 times/min. Max. approx. 38 times/min
	<b>Tapping speed</b>	4 levels: Min. approx. 311 times/min. Max. approx. 615 times/min
	Width between the right and left rollers	3 levels (narrow, medium, wide)
	<b>Vertical traveling speed</b>	Approx. 21 seconds for 1 round
	<b>Traveling distance</b>	Approx. 23 inches (in the case of Partial rollers, automatic repetition will be performed in the range of approx. 6 inches)
<b>Automatic programs</b>	5 Health programs / 3 Well-Being programs (with Automatic Massage Points Detecting function)	
<b>Manual selection</b>	10 Upper body modes / 3 Lower body modes	
<b>Lower body massage</b>	Air pressure High: approx. 31 kPa Medium: approx. 26 kPa Low: approx. 21 kPa	
<b>Auto timer</b>	Approx. 15 minutes (varies in the case of Automatic Programs)	
<b>Vibration function</b>	Back·Seat 2types toggle between High and Low	
<b>Position of footrest</b>	Adjustable range: approx. 4 inches	
<b>Reclining</b>	Power recline to any position between about 120 and 170 degrees.	
<b>Chair dimension</b>	Width approx. 29 inches/Depth approx. 47(68) inches/Height approx. 45(29) inches * ( ) shows the value at maximum recline when footrest is horizontal	
<b>Weight</b>	Approx. 167 lbs	
<b>Upholstery</b>	PU Synthetic leather (specially processed treated for anti-bacteria and anti-contamination)	
<b>Accessories</b>	Remote control stand	
<b>Number of manufacturing permit (medical tools)(Japan)</b>	31BZ0017	

## Technical Assistance

For technical assistance in the USA and Canada, you can reach us by calling our toll free number: 888.769.0555. The direct dial number is 303.317.4356

We welcome comments and feedback about your buying experience and your experience in your INADA chair. We invite you to email us at [info@inada.com](mailto:info@inada.com).

We hope you enjoy your new, world-class massage experience!

776932500

FAMILY

THE SHARPER IMAGE

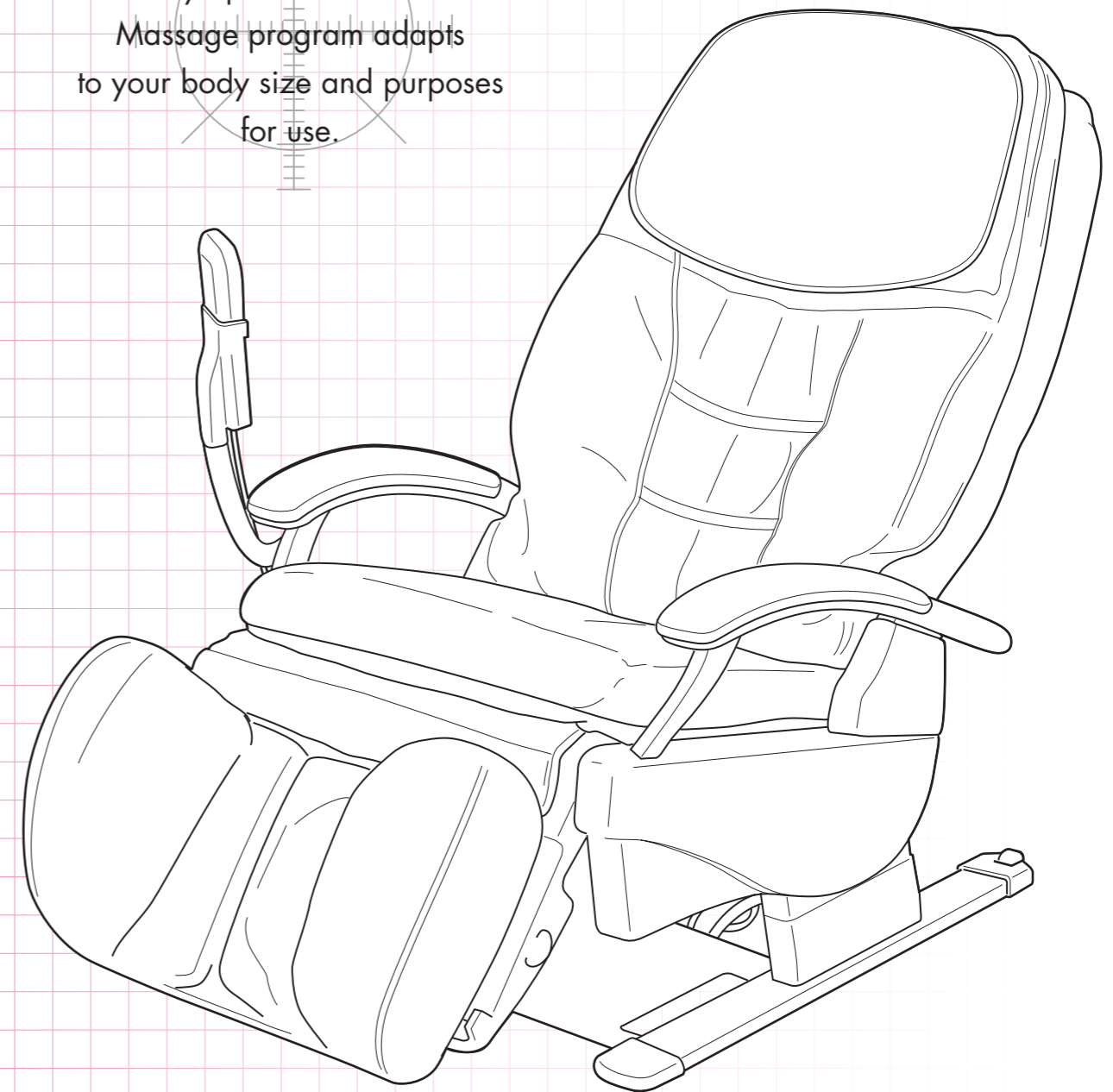
# inada chair i.1

## HCP-i1QA

**Operating Manual**

Warranty card provided separately

Massage points detected automatically  
by optical sensors.  
Massage program adapts  
to your body size and purposes  
for use.



**For U.S. Model Only**

- Please read this Operating Manual before use.
- Keep this manual nearby so that you can refer to it anytime.

## Greetings

### Thank you for purchasing the inada chair i.1.

The inada chair i.1 that you have purchased is the culmination of the best of our efforts. We have conceived and implemented several new and unique functions into the inada chair i.1 that other massage chairs are unable to offer. We deliver you the inada chair i.1 with utmost confidence, from the 'Birthplace of Massage Chairs' --- Japan.

After using the inada chair i.1, we are sure that you will love it as the best partner for you health management, providing you with the best and most professional-like massage techniques.

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## Features And Benefits

### Features

**Provides a hybrid massage function using roller pressure and air pressure:**

Four rollers provide professional-like techniques for massaging the upper half of your body.

14 air cells provide a delicate massage for the lower half of your body.

**Various massage courses/ programs:**

- Five Healthcare programs.
- Three Well-Being programs.
- Automatic detection of massage points.

**A remote control with a liquid crystal display that gives you comprehensive information on the operation of the chair.**

**A stand to store the remote control.**

**Equipped with a vibrator for massaging your back and seat.**

**The footrest is adjustable in length so that you can place just your calves on the footrest.**

**Power recline to any position between 120 and 170 degrees (relative to the floor).**

**Equipped with a pneumatic device for raising/lowering the footrest (available for both independent operation and linked operation with the power recline).**

**Equipped with an automatic timer function for safety.**

### Benefits


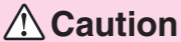
As a therapeutic massage device in the general households, the inada chair i-1 provides the following benefits:

- Relaxes muscles
- Relieves minor muscle aches and pains









# Safety Precautions ①

Be sure that you have read these SAFETY PRECAUTIONS thoroughly before using your inada chair i-1 for the first time. The Operating Manual contains important information about how to use the chair safely and correctly, avoiding possible damage to property or injury to persons using the chair and others. The symbols shown below are used throughout the Operating Manual to highlight important safety instructions. Please adhere to all precautions.

## Display Warnings

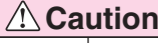



 <b>Warning</b>	<b>This action could result in serious injury or death.</b>	 <b>Caution</b>	<b>This action could result in personal injury or damage to property.</b>
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## Types of Symbols and Description

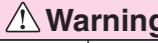
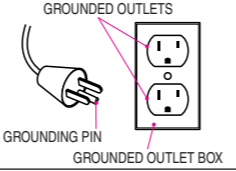


	 Prohibited	 Do not disassemble	 Do not touch	 Do not use in or near water such as in a bathroom
	 Required action	 Electrical grounding	 Unplug the chair	

**Remember to keep this Operating Manual in an easily accessible place.**


## Safety Precautions: Installation

 <b>Caution</b>	 <b>Do not install the chair in an area of high humidity such as a bathroom or sauna.</b> →Could result in injury or electric shock.	 <b>Do not use the chair outdoors.</b>
 <b>Required Action</b>	<b>Only install on a flat, level surface.</b> →Chair could tip over accidentally if placed on an uneven surface.	

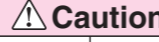

## Safety Precautions: Before Use

 <b>Warning</b>	<ul style="list-style-type: none"> <li><b>Space Requirements</b> This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current in order to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.</li> <li>Improper connection of the equipment-grounding conductor can result in the risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product if it will not fit the outlet; have a proper outlet installed by a qualified electrician. This product is for use on a nominal AC 120V circuit and has a grounding plug that looks like the plug illustrated in the figure to the right. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.</li> </ul>	
 <b>Prohibited</b>	<ul style="list-style-type: none"> <li><b>The following persons must not use this massage chair:</b> <ul style="list-style-type: none"> <li>Persons who have been instructed by a doctor to avoid massage therapy. Ex. Thrombosis, severe aneurism, acute varicosity, or dermatitis and/or skin infection including inflammation of the hypodermis.</li> <li>Persons with suspected acute neck sprain (whiplash injury).</li> </ul> </li> </ul>	
 <b>Required Action</b>	<ul style="list-style-type: none"> <li><b>Persons with any of the following conditions should seek medical advice before using the chair.</b> <ul style="list-style-type: none"> <li>Serious heart conditions</li> <li>Sensory impairment caused by serious peripheral circulatory disorders due to diabetes and other diseases</li> <li>Osteoporosis, spinal fractures, acute pain and/or symptoms thereof</li> <li>Persons being treated for personal injuries</li> <li>High fever (100°F or higher) Ex. Strong acute inflammation illness caused by fatigue, chills, blood pressure fluctuation, or asthenia</li> <li>Persons in the early stages of pregnancy, or immediately after giving birth</li> <li>Persons who have electronic medical device(s) easily susceptible to electromagnetic interference Ex. pacemaker</li> <li>Abnormal or curved spine</li> <li>Persons planning to use the chair for treatment or for rehabilitation purposes</li> <li>Persons with malignant tumor(s)</li> <li>Persons under bed rest orders</li> <li>Persons with acute gastro-intestinal complaints or ailments such as gastritis, enteritis, or hepatitis</li> <li>Persons under a doctor's care, or those experiencing unusual physical discomfort</li> <li>Joint dysfunction due to rheumatism, gout, or other diseases</li> <li>Persons with symptoms such as qualm, dizziness, or tinnitus</li> <li>Inflammation due to sprain or torn muscles</li> <li>Persons with thecitis or suspected thecitis</li> <li>Persons with thermoanesthesia</li> <li>Elderly people and persons with weak bones, even if they have no particular disease, should seek medical advice before using the chair.</li> <li>If your condition does not improve after use, consult a doctor or specialist.</li> <li>Do not drop or insert any object into any opening.</li> <li>To disconnect, switch all controls to the off position, then remove plug from outlet.</li> </ul> </li> </ul>	

## Safety Precautions: Before Use

 <b>Warning</b>	<ul style="list-style-type: none"> <li><b>Do not use the chair with anything other than an AC 120 V power source.</b> →May result in fire or electric shock.</li> <li><b>Do not use with any type of transformer device.</b> →May result in injury or electric shock.</li> <li><b>Do not use if the power cord or plug(s) is damaged, or if the wall outlet is loose.</b> →May result in electric shock, short circuit, or combustion.</li> <li><b>Before each use, check for holes or tears in the chair cover of the back pad. Also, check other parts for tearing. Stop using the chair immediately if you find even the smallest tear. Unplug the chair and contact the vendor for assistance.</b> →Using the chair with holes or tears in the covering could result in injury or electric shock.</li> <li><b>Do not operate under blanket or pillow.</b> →May result in burns, fire, electric shock, or injury to persons.</li> <li><b>Do not use outdoors.</b> →May result in burns, fire, electric shock, or injury to persons.</li> <li><b>Do not operate where aerosol (spray) products are being used or where oxygen is being administered.</b> →May result in burns, fire, electric shock, or injury to persons.</li> </ul>
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## Safety Precautions: Before Use

 <b>Caution</b>	<ul style="list-style-type: none"> <li><b>Before plugging the power cord into the wall outlet, make sure that the main POWER switch is set to OFF.</b> →May result in damage to the product or electric shock.</li> <li><b>Make sure that the plugs on the power cord are inserted fully into the cord connector and the wall outlet.</b> →May result in electric shock, short circuit, or combustion.</li> <li><b>Before using the chair for the first time, turn on all the power switches in order as indicated in this manual to check that the chair is operating properly.</b></li> <li><b>Before using, raise the reclining seat to its fully upright position. Then recline the seat back slowly to the most comfortable position, remembering to start off with a lighter massage.</b> →Starting with a deep massage can result in injury. Elderly people and persons with weak bones should be especially careful when selecting massage intensity.</li> <li><b>When sitting down in the chair, do so slowly, ensuring that the spinal rollers are in the correct position at either side of the spine. The backbone should lie comfortably between the rollers without having to turn or twist the body.</b></li> <li><b>Do not sit, stand, or lean on the footrest unless you are sitting in the chair or getting up from the chair.</b> →Personal injury or damage to the chair may result if the chair tips over.</li> <li><b>If you will be using the chair after it has not been used for a long time, first read this Operating Manual again thoroughly and check if the chair operates properly.</b></li> </ul>
 <b>Prohibited</b>	<ul style="list-style-type: none"> <li><b>Do not use the chair in any way not prescribed by the Operating Manual. Do not use the chair together with any other therapeutic device or with an electric blanket.</b> →May result in injury or have a negative effect on health.</li> <li><b>Do not move the chair while someone is in it.</b> →Accident or injury may result if the chair tips over.</li> <li><b>Do not sit down on the chair with the footrest raised.</b> →Any sudden heavyweight on the footrest could cause damage to the mechanism. Or, accident or injury may result if the chair tips over.</li> <li><b>Do not use with anything other than the accessories supplied with this product.</b></li> </ul>



# Safety Precautions ②

## Safety Precautions: During Use

### Warning


 Prohibited	<ul style="list-style-type: none"> <li>● Do not wrap the power cord or the remote control cord around the chair, or place the chair on top of either cord. Do not scratch, tear, treat, unduly twist, stretch, or bend the power cord or the remote control cord. →The cord may fray or tear, resulting in fire or electric shock.</li> <li>● Do not spill water and/or other liquids on the chair or the remote control. →May result in electric shock, short circuit, or combustion.</li> <li>● Do not use the chair while the body is wet, or with wet hands. →Could result in electric shock or damage to the chair.</li> <li>● Children should not use the chair. It is advisable to keep children and pets away from the chair (especially behind the reclining seat back or under the footrest). Children aged 14 years or over should use only the Youth Program. In such a case, an adult must attend the child. →Could result in accident or injury.</li> <li>● Do not use if the covering is torn. If it is, unplug the power cord from the wall outlet. →Could result in injury, accident, or electric shock. Contact the vendor for repairs.</li> <li>● Be careful not to get hands, feet, or objects caught between the units of the footrest or between the footrest and the chair. Be careful not to get hands or objects caught between the units of the armrest or between the armrest and the chair. Do not release hands suddenly while lifting the footrest hand. →Accident, personal injury, or damage to the chair may result if hands, feet, or objects are caught.</li> <li>● Do not use the heater continuously for two hours or longer. →May result in low-temperature burn.</li> </ul>
 Required Action	<ul style="list-style-type: none"> <li>● Make sure no one, especially children or pets, is in the way when lowering the reclining seat back or lowering the footrest down. Be careful that people and/or objects are not caught behind the seat back or under the footrest.</li> </ul>

### Caution

 Prohibited	<ul style="list-style-type: none"> <li>● Do not use the chair unclothed.</li> <li>● Do not use the chair for purposes other than massage, or other than the ordinary uses of a chair. →Could result in accident or injury.</li> <li>● Do not use the chair to massage the head, chest, stomach, and/or joints (knees, elbows). Do not place hands, feet, or arms in between the rollers. →May result in nausea or injury. Place a soft towel behind your neck if you want to avoid intense stimulation of the area.</li> <li>● Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit wearing hard objects, such as hair accessories, necklace, watch, bracelet, or ring. →May result in personal injury.</li> <li>● Do not place anything other than legs and feet on the footrest. →May result in personal injury.</li> <li>● Do not place anything other than upper arms and forearms in the Upper-Arm and Forearm Units. Do not place anything other than shoulders against the Shoulder Massage Unit. →May result in personal injury.</li> <li>● Do not operate the massage chair or leave it operating when there is no one in it. →May result in accident or injury.</li> </ul>
 Required Action	<ul style="list-style-type: none"> <li>● In an emergency, or if there is any sudden malfunction, push the STOP button on the remote control to make the chair stop immediately.</li> <li>● If you begin to experience marked pain or other unusual physical discomfort while using the chair, seek medical advice immediately and discontinue use of the chair.</li> <li>● If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor. →May result in injury if you continue use with high stimulation under such circumstances.</li> <li>● Make sure to keep the back pad in place during massage. Do not use the chair without the back pad. →May result in personal injury.</li> <li>● Do not fall asleep in the chair during a massage. →May result in personal injury.</li> <li>● Keep massage sessions to no more than 15 minutes in length. Area Specific Massage of any particular area on the body to no more than 5 minutes. →Continual use for extended periods of time can result in over-stimulation, which could cause the opposite of the desired effect, or even injury. Set 30 minutes in total for reference per day and keep appropriate intervals between each massage session. May result in personal injury.</li> <li>● If your leg or foot comes out of the footrest during the massage, do not try to force it back in. →Undue force may result in damage to the mechanism.</li> </ul>



## Safety Precautions: During Use

### Caution

 Unplug	<ul style="list-style-type: none"> <li>● If there is a power outage or the possibility of a power outage, stop the chair immediately and set the main POWER switch to OFF. Unplug the chair from the wall outlet. →Accident or injury may result if the chair is still in operating mode when the power resumes.</li> <li>● If there is a threat of lightning, stop the chair immediately and set the main POWER switch to OFF. Unplug the chair from the wall outlet.</li> <li>● If the chair does not start, or if there is any type of malfunction, to prevent accidents it is best to stop the chair immediately and set the main POWER switch to OFF. Unplug the chair from the wall outlet. Contact the vendor for assistance regarding repairs or maintenance. →Electric shock or fire caused by a short circuit may result if the chair is left plugged in under such circumstances.</li> </ul>
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## Safety Precautions: After Use or When Not in Use

### Caution

 Required Action	<ul style="list-style-type: none"> <li>● Be sure to set the main POWER switch to OFF after every use and to unplug the chair from the wall outlet. →Accident or injury may result if children or pets try to play with the chair.</li> <li>● After using the chair, be sure to return the reclining seat back to its upright position and lower the footrest to its lowest position.</li> <li>● Wipe the chair off after every use, and store your chair in a place free of excess humidity.</li> <li>● Do not place any object on the seat, reclining seat back, or footrest.</li> </ul>
 Unplug	<ul style="list-style-type: none"> <li>● Do not pull on the power cord to unplug the chair from the wall outlet; make sure to grasp the plug firmly when unplugging. →May result in electric shock or fire caused by short-circuiting.</li> <li>● When cleaning or caring for the chair, make sure to unplug the chair from the wall outlet first. Do not plug or unplug the power cord with wet hands.</li> <li>● If you will not be using the chair for some time, make sure to unplug it from the wall outlet. →Insulation degradation by dirt or moisture may occur and cause electric shock, or fire caused by short-circuiting may result.</li> </ul>

## Others Precautions

### Warning

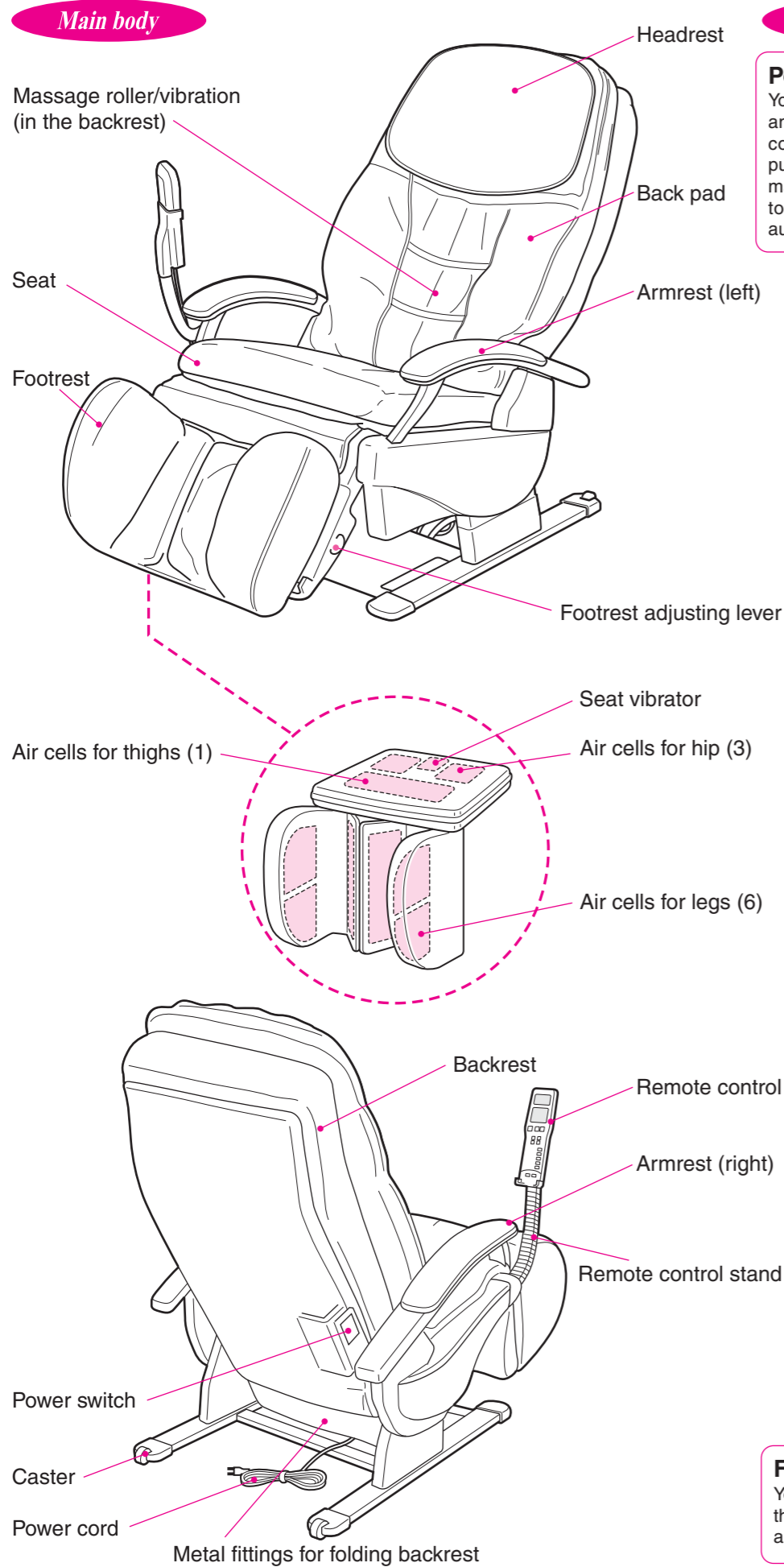
 Prohibited	<ul style="list-style-type: none"> <li>● Do not stand on the chair. Do not sit on any part of the chair other than the seat. →Personal injury or damage to the chair may result if the chair tips over.</li> <li>● Do not stand on the control box and/or place any object on it.</li> </ul>
 Do not disassemble	<ul style="list-style-type: none"> <li>● Do not remodel the chair. Anyone other than an authorized serviceperson must not repair or disassemble. Contact the vendor.</li> <li>● For safety reasons, if the power cord is damaged, contact the vendor for replacement.</li> <li>● Do not remodel the chair.</li> </ul>

### Caution

 Required Action	<ul style="list-style-type: none"> <li>● If you lend, sell, or otherwise transfer the chair to another party, make sure to include this Operating Manual.</li> </ul>
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# Parts Descriptions

Parts Descriptions



## Remote control

**Power switch**  
You can turn the power on and off using the remote control. If this switch is pushed during operation, the massage rollers will return to the starting position automatically.

**Footrest buttons**  
You can adjust the angle of the footrest using the UP and DOWN buttons.



**Liquid crystal display (small)**  
Displays the operation being performed. See the figure to the right.

**Liquid crystal display (large)**  
Displays the selected program, current massaging point, and time remaining. See the figure to the right.

**Shoulder position fine-adjustment**  
Five shoulder kneading cycles at the position detected by the optical sensor during auto search. If necessary, fine adjust the position using the UP and DOWN buttons. (For automatic programs only)

**Power reclining**  
Adjust the reclining angle.

**Healthcare Programs**  
Five programs are available.  
1. Full body relief  
2. Stiff shoulders  
3. Lower back tension  
4. Legs & hips fatigue  
5. Acupressure

**External panel**  
See the internal buttons layout shown to the right.

**Cancel 'Back Vibration'**  
Cancels the back vibrating operation in the automatic operation mode.

**Well-Being programs buttons**  
Three programs are available  
1. Morning  
2. Nighttime  
3. Seat

## Liquid crystal display (small)

- Displays the current operation using text or graphics.
- For details of the display, see page 17 and 18.



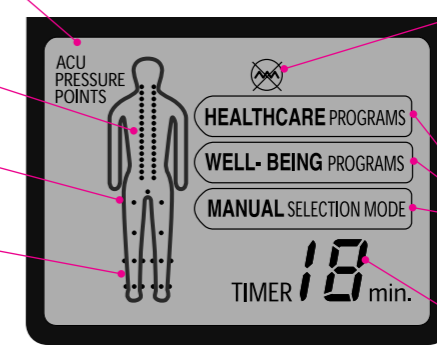
## Liquid crystal display (large)

**Acupressure point (indicator)**

**Acupressure Point (back)**

**Acupressure Point (seat)**

**Acupressure Point (legs)**  
The points being massaged are lit or blink.



**Back vibration cancellation**  
During an automatic program, pressing the Back vibration cancellation button will light the lamp and pressing the button again will turn off the lamp.

**Program indicator**

**Timer**  
Displays the time remaining for the current program.

## Internal buttons layout

**Power reclining**

**Footrest buttons**

**Manual Selection Mode**  
Kneading, Human Hands, Double-kneading, Kneading & Tapping, Rhythm Acupressure (1 and 2), Tapping (1 and 2) and Rolling (Partial and Whole massage)

**Width adjustment buttons**  
Adjusts the width between the right and left massage points for rhythm acupressure (1), tapping (1 and 2), rolling (Partial and Whole massage) and back vibration.



**Back/seat vibration**  
Two options: Back or Seat vibration.

**Speed adjustment**  
Adjusts the speed of Kneading, Tapping (1) and Kneading & Tapping operations.

**Roller vertical position**  
Up/down--Use these buttons to adjust the vertical position of the rollers.

**Lower body button**  
Low-medium-high buttons: Use these buttons to adjust the intensity of the air massage, legs or seat separately or legs and seat together. Select one of these buttons to massage your lower body only.

**Warning** Do not allow the remote control to get wet, and do not perform any operation with wet hands, in order to prevent electric shock or fire.

**Caution:** ● To prevent damage and malfunction, do not sit on the remote control. Do not step on or place any heavy objects on the remote control. Do not pull on the wire of the remote control.  
● To prevent damage to the remote control, do not use sharp or hard objects to press the buttons on the control.

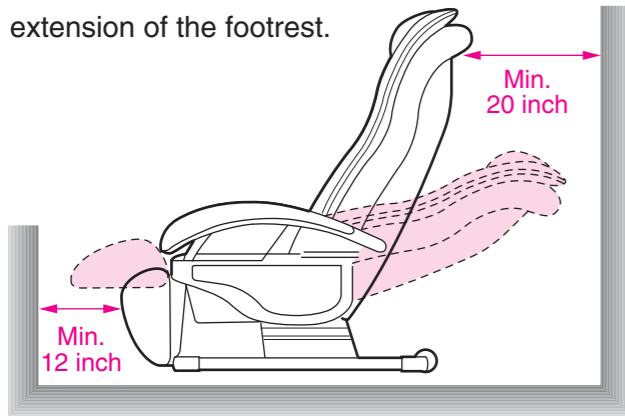
Parts Descriptions

# Before Use

- This chair is delivered with the backrest folded down. Before use, raise the backrest until a click is heard.

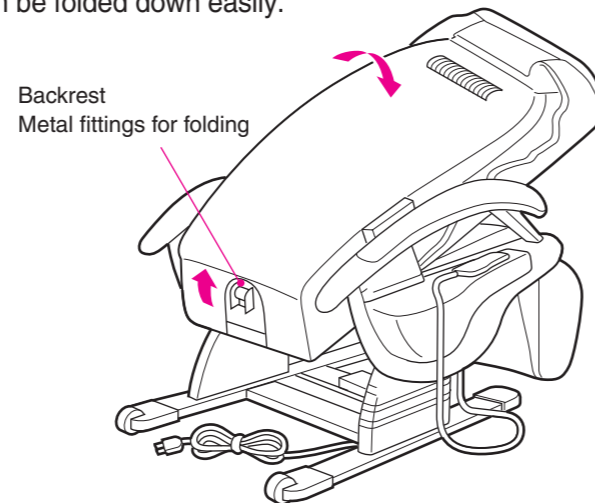
## Space requirements

- Allow sufficient space for reclining.
- Allow at least 20 inches behind the chair for the backrest to be fully reclined.
- Allow at least 12 inches in front of the chair for full extension of the footrest.



## How to fold down the backrest

- By raising up the metal fittings for folding, the backrest can be folded down easily.

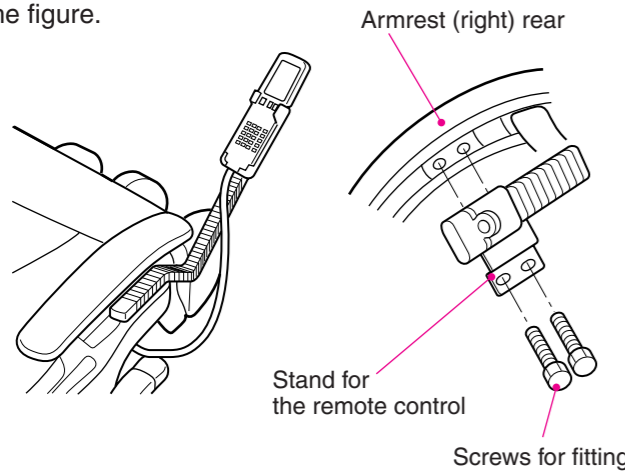


## Caution

- Place the chair on a carpet to protect the floor surface and to prevent noise when operating.
- Place the chair down carefully when putting it on the floor in order to prevent scratches. It is heavy.
- Place the chair at least 3 feet away from a TV, a radio or other AV equipment. It may cause noise to the equipment.

## How to fit the stand for the remote control

Fit the stand firmly using the 2 screws included at the rear of the right armrest of the main body, as shown in the figure.



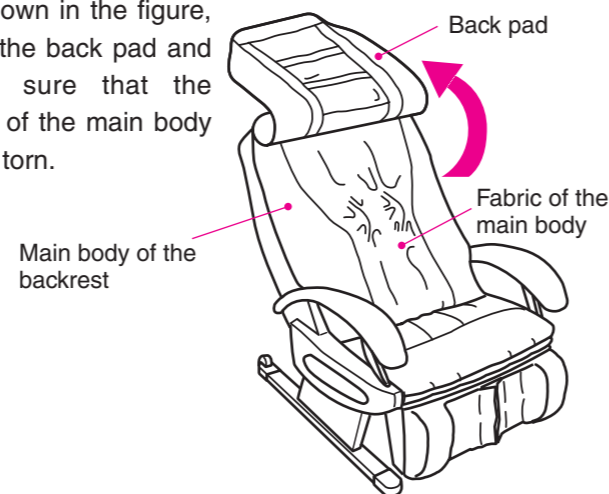
## Power on

1. Connect the power plug to a wall receptacle (socket).
2. The power switch is on the right side of the backrest. Turn the power on and the display on the remote control will light up.

\* Before connecting the plug to the wall receptacle, make sure that the power switch is in the OFF position.  
\* If the massage rollers are in mid-motion when the power is turned off, they will automatically return to the starting position.

## Check the fabric

As shown in the figure, raise the back pad and make sure that the cover of the main body is not torn.



## Warning

Before using, please raise the back pad to ensure that there is no tear in the fabric or cover. Also, check the chair cover of the other parts.



If any tear is found, no matter how small, please stop using the chair immediately. Disconnect the plug and consult the vendor at once.  
Using the chair with a tear in the fabric or texture may cause electric shocks or injury.

## How to sit on the chair

Make sure that the footrest has been lowered completely. Normally the massage rollers stay at the upper part of the backrest, drawn back and apart from each other, being separated into left and right positions. This is the home position or storage position. For your safety, always check to see that the massage rollers do not project outward from the home position. If they do so, turn the power switch at the seat off immediately so that the rollers return to the home position. Then sit down on the center of the chair slowly.

## Warning

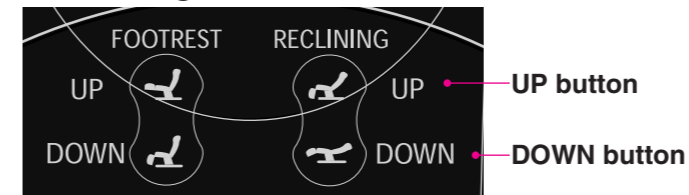


Do not sit or step on the footrest when it is raised, which could result in injury, malfunction and accidents.

## How to use the power recline

- **Lowering the backrest:** Press and hold the DOWN part of the reclining button until the desired angle is obtained. The footrest will automatically rise as the backrest reclines.
- **Raising the backrest:** Press and hold the UP part of the reclining button until the desired angle is obtained. The footrest will automatically lower as the backrest rises.

## Reclining buttons



## Warning



- When reclining, make sure that nothing is behind the backrest.
- When reclining or lowering the footrest, always be sure that there are no persons, pets or obstructions around.

## How to adjust the footrest

- **Raising the footrest:** Press and hold the UP button until the footrest reaches the desired angle.
- **Lowering the footrest:** Press and hold the DOWN button until the footrest reaches the desired angle.

## Footrest buttons



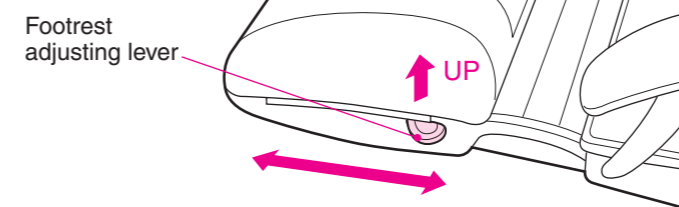
## Warning



- When lowering the footrest, make sure that nothing is caught between the seat and footrest.

## How to adjust the angle of the footrest

While sitting in the chair with the footrest up, pull the lever up toward the footrest. While the lever is up, you can adjust the footrest so that your calves are resting on it.



Note: The reclining and footrest operating functions are active by adjusting the UP DOWN buttons even if the remote control is turned off.

## Warning



- Make sure that your fingers or any other objects are not caught between the footrest and footrest adjusting lever to avoid injury and accident.
- Do not let go of the footrest suddenly after putting it up.

## After Use

Turn off the power switch and be sure to disconnect the plug from the socket.

## Caution

- The auto timer function will automatically stop the chair. However, you should be familiar with how to manually turn off the power switch after use to prevent an accidental start of the chair.
- To avoid accidents, turn off the power and disconnect the power plug.

# Massage Types And Features

●The chair can be operated in a variety of automatic modes for pre-programmed massage operations, and manual modes called Manual Selection Mode.

## HEALTHCARE PROGRAMS

### FULLBODY RELIEF 1

Relaxes the muscles that affect your whole body and alleviates fatigue by stimulating acupressure points. Recommended for general fatigue and restlessness.

### STIFF SHOULDERS 2

Helps relieve tension and stiffness around the neck and shoulders. Recommended for shoulder and neck fatigue.

### LOWER BACK TENSION 3

Recommended for lower back muscle pain and fatigue.

### LEGS & HIPS FATIGUE 4

Recommended to help relieve pain and numbness in the hips and the legs.

### ACUPRESSURE 5

Recommended for general recovery of fatigued muscles. Uses Shiatsu techniques.

## WELL-BEING PROGRAMS

### MORNING

Recommended immediately after waking up to recover from restless sleep and fatigue from the previous day.

### NIGHTTIME

Recommended before going to sleep at night.

### SEAT

Combined vibration and air massage directly stimulates the muscles of the seat area.

## Automatic Operation

Press the program buttons shown on the right to select your desired massage function.

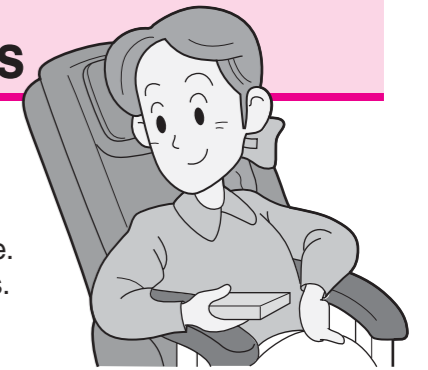
## Manual Selection mode

On the internal panel, select your desired massage type: Kneading, Human Hands Double-Kneading, Kneading & Tapping, Rhythm Acupressure (1 and 2), Tapping (1 and 2) and Rolling (Partial and Whole massage), lower body massage, or any combination of any of them. Also, you can make adjustments for the speed, the strength, the up-down position and the movement of the massage. For details please refer to page 15.

# Automatic Programs ① /Massage Types

## Automatic Programs

- inada chair i.1 allows you to select your desired Automatic Program massage.
- There are five different Healthcare programs, and three Well-Being programs.



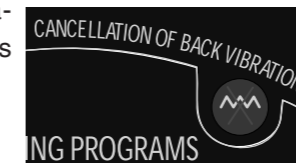
### Strength adjustment for massaging the lower half of your body

"Medium" has been preset when the product was delivered, but you can select your desired intensity from three options.



### Back Vibration Cancellation button

The back vibration function that occurs in the Healthcare and Wellness Programs can be disabled using this button.



### Changing Programs

You can switch to other massage types anytime, even during the operation of a program. However, the timer will be reset.

#### ●From an automatic program to another automatic program

During the operation of an auto-program, if you select another automatic program, the rollers will return to the home position, and then the function for automatically detecting massage points will start.

#### ●From an automatic program to the Manual Selection Mode

During the operation of an automatic program, if you select any button in the Manual Selection Mode on the internal panel, the automatic program will be interrupted, and the manual mode selected will start.

### Ending the operation before completing the program

To end the operation before completing the program, press the power switch. The operation will stop after the rollers return to the home (storage) position.

## Remote control



Liquid crystal display (small)

Liquid crystal display (large)

Fine Tuning Shoulder Position

POWER switch

HEALTHCARE PROGRAM buttons

Back Vibration Cancellation button

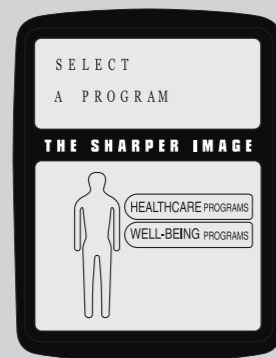
WELL-BEING PROGRAMS button

**Caution** Do not attempt to place your hands or feet between the massage rollers. The massage rollers exert strong pressure and can cause injury.

# Automatic Programs ② /Operation

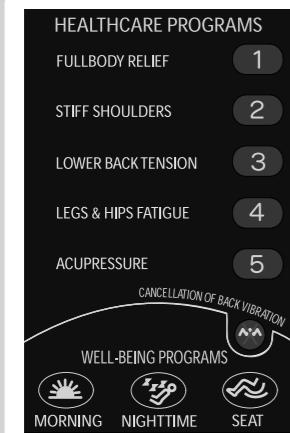
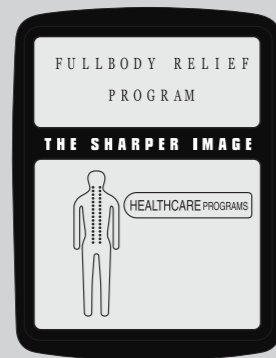


## 1 Press Power switch.



The display will be lit. To select an automatic program, close the external panel on the remote control. If no buttons are pushed for five minutes, the power will be automatically turned off.

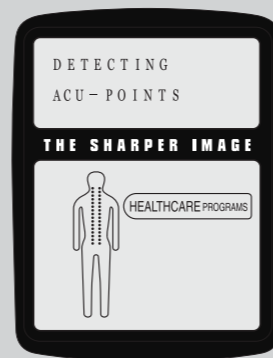
## 2 Press the button for your desired program.



The name of the program selected will be displayed.

※This illustration shows that the FULLBODY RELIEF Program has been selected.

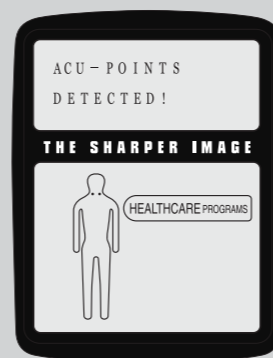
## 3 The function for automatically detecting massage points will start.



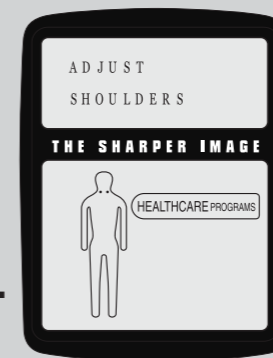
Massage points will be detected during a once-through operation of the rollers (a beeping sound is heard during the detecting operation).

**Caution:**  
During the operation of the detecting function, you must stay seated in the chair with your head against the backrest.

## 4 Massage points have been detected.

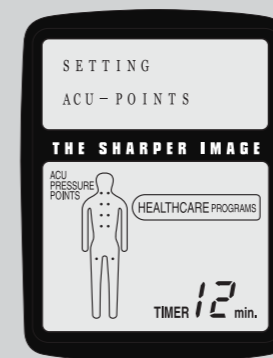


## 5 You can now fine-tune the shoulder position (massage points).

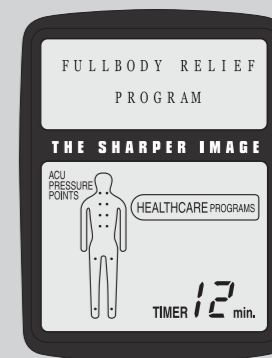


When you hear the beeping sound (during the operation of the rollers), you can adjust the position of the shoulder rollers by using the Shoulder Position Adjustment buttons. The rollers move approximately 4 mm every time presses the Shoulder Position Adjustment button. If the detected position is OK, do not press the buttons.

## 6 Massage points are determined.



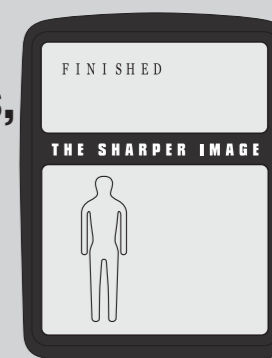
## 7 Massage will start.



- Liquid crystal display (small): Shows a continuous description of the selected program.
- Liquid crystal display (large): The points being massaged are lighted or are blinking in liquid crystal display (large). The timer displays the approximate remaining time of operation (actual time left may vary slightly).

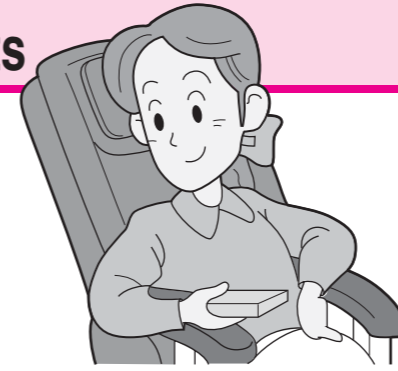
If you wish to stop the program during the operation, press the Power switch. The rollers will then return to the home position, and the program will stop.

## 8 When the massage ends, the lights on the display will go out.



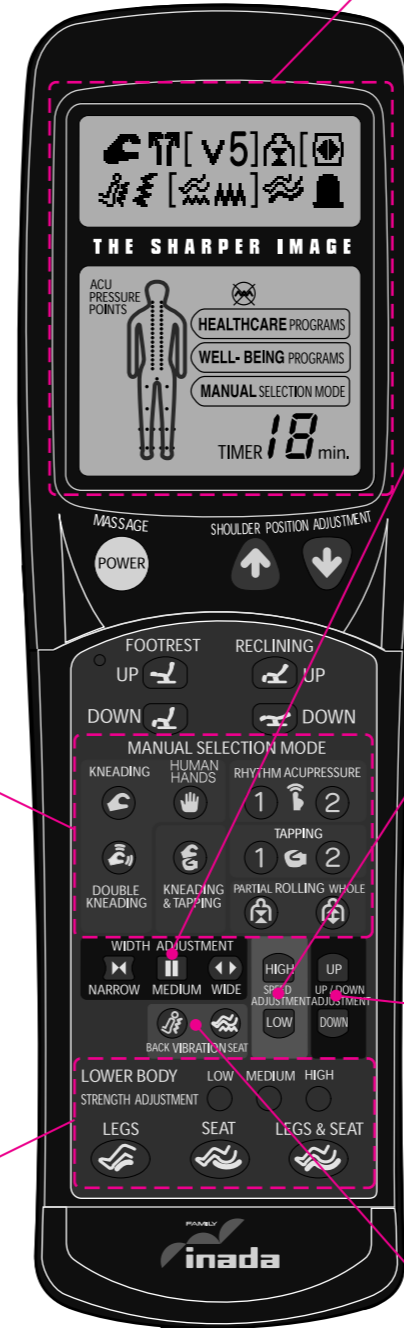


# Manual Selection Modes ① /Liquid Crystal Display·Explanation Of Movements



## Remote control

Figure shows the remote control with the external panel opened.



## Manual Selection Modes

You can select from the following functions: Kneading, Human Hands, Double-kneading, kneading&Tapping, Rhythm Acupressure (1 and 2), Tapping (1 and 2) and Rolling (Partial and Whole massage), lower body air massage, or you can make any combination of any of these. Also, you can make adjustments for the speed, the strength, the up-down position and the movement of the massage.

### Standard program.

Press the program buttons to select your desired massage function. You can change the operating program to another one by pushing the button of desired program.

<b>Kneading</b>		Normal massage; the direction of the roller rotation is adjustable by pressing the button. <b>The direction of the roller rotation, the speed and the vertical position are adjustable.</b>
<b>Human Hands</b>		Roller operation feels like a hand massage; the direction of the roller rotation is adjustable by pressing the button. <b>The direction of the roller rotation, the speed and the vertical position are adjustable.</b>
<b>Double-Kneading</b>		A programmed, automatic roller operation that repeats a cycle of normal and reverse rotation during which the speed varies; the vertical position of rollers is adjustable. <b>Speed and the vertical position are adjustable as well.</b>
<b>Kneading &amp; Tapping</b>		Simultaneous operation of kneading & tapping; the direction of the roller rotation is adjustable by pressing the button. <b>The direction of the roller rotation, the speed and the vertical position are adjustable.</b>
<b>Rhythm Acupressure 1</b>		Repeated slow pushing (simulating finger pressure); <b>The width between rollers and their vertical position are adjustable.</b>
<b>Rhythm Acupressure 2</b>		Repeated slow pushing (simulating finger pressure) while the massage point varies horizontally; <b>The vertical position of rollers is adjustable.</b>
<b>Tapping 1</b>		Simple tapping; <b>The width, speed and vertical position are adjustable.</b>
<b>Tapping 2</b>		A programmed, automatic operation of rollers using varying speeds; <b>The width between rollers is adjustable.</b>

### Types of rollers.

<b>Rolling (Whole) massage</b>		Massaging the entire back <b>the width between rollers and their vertical position are adjustable.</b>
<b>Rolling (Partial) massage</b>		Massaging part of the back <b>the width between rollers and their vertical position are adjustable.</b>

### Lower body air massage

You can make a selection between Legs, Seat, and Legs & Seat air massages. You can adjust the intensity using the Low, Medium, and High buttons even when operating.

<b>Legs massage</b>		Massaging the legs using air pressure
<b>Seat massage</b>		Massaging the seat using air pressure
<b>Legs and Seat massage</b>		Massaging the legs and seat using air pressure

### Liquid Crystal Display [Manual selection mode operation]

The Liquid Crystal Display displays the selected course, speed, intensity, width, rotation, reverse rotation, and vertical position in words for 3 seconds and then displays the relevant icons.

The illustration states that the respective operation is being done.

- Kneading (Normal rotation · Speed 4)
- Rolling (Partial) massage
- Rollers width/[Wide]
- Back vibration/[High]
- Seat vibration/[High]
- Lower body air massage/[Legs & Seat-High]

### Width adjustment buttons

During Rhythm Acupressure 1, Tapping 1 or 2, Rolling (Partial or Whole) or Vibration (Back), you can adjust the width between rollers using Width Adjustment buttons (Narrow, Medium and Wide).

- Narrow**
- Medium**
- Wide**

\*Note, the function of Width adjustment will not work during the operation of: Kneading, Human Hands, Kneading & Tapping, Double Kneading, Rhythm Acupressure 2, and combinations of Rolling and Back Vibration.

### Speed adjustment buttons

During Kneading, Kneading & Tapping or Tapping 1, you can adjust the operating speed using the High or Low button.

- Speed** The display shows the Kneading being set at Speed 4.

#### Levels of Speed adjustment:

You can select among six speeds for Kneading, and four speeds for Kneading & Tapping and Tapping 1.

### Up/Down adjustment

During Kneading, Human Hands, Double-Kneading, Kneading & Tapping, Rhythm Acupressure 1 or 2, Tapping 1 or 2, Rolling (Partial) massage and Back vibration, you can adjust the position of the rollers using Up/Down adjustment buttons.

- UP rollers move up**
- DOWN rollers move down**

\*You can adjust the center position of the massage during the partial rolling massage. You can adjust the Up/Down rolling movement of the back rollers by pressing the Up/Down buttons.

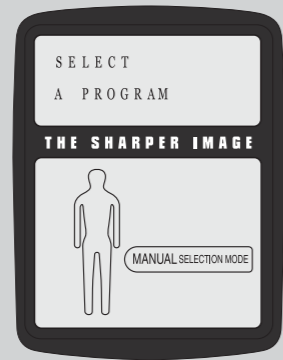
### Back/Seat vibration

Vibration massage of Back and Seat will be operated simultaneously. You can adjust the intensity between High and Low by pressing the buttons respectively.

- Back vibration** Vibration massage of the back will be operated.  
**The width and vertical position are adjustable.**
- Seat vibration** Vibration massage of the hips will be operated.

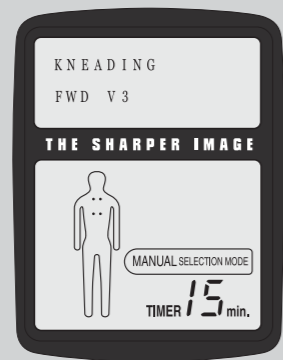
# Manual Selection Modes ② /Operation

## 1 Press Power switch.



The display will be lit. To make a selection from the Manual Selection Mode, open the external panel on the remote control. If no buttons are pressed within five minutes, the power will be automatically turned off.

## 2 Press the button of your desired program.



Many of the Manual Selection Mode buttons toggle between on and off. Others toggle among normal rotation, reverse rotation and off. (The above illustration shows a course for "Kneading; forward" and "speed;3".) The liquid crystal display (small) displays the name of the course selected for three seconds and then displays the relevant icons (shown on page 17 and 18). The liquid crystal display (large) displays some information on the course selected, and the remaining time of operation.

## 3 The operation will automatically end 15 minutes after starting.



The rollers will return to the home (storage) position. To cancel the program during its operation, press the Power switch. The program will end after the rollers return to the home (storage) position.

## 4 The operation will stop, and the display will turn off.

### Changing Programs

You can switch to other massage types anytime even during the operation of a program. However, the timer will be reset.

#### ●Manual Selection Mode to Auto-program

During any operation of the Manual Selection Mode, if you select an auto-program on the external panel/door, the rollers will return to the home position, and then the function for automatically detecting massage points will start. Then the auto-program selected will start.

### Table showing the massage types which can be combined and the items which are adjustable.

You can select the desired massage type from the message menu from 1 to 5. You can also make combinations among them.  
 ●Adjustable items during operation will be marked ○(circle).  
 ●Programs which the Width is not adjustable:  
 (Kneading, Human Hands, Kneading & Tapping, Double Kneading, Rhythm acupressure 2) and the combination of rollers and back

#### 1-Standard program (select any one of the massage adjustments)

Course/program	Massage adjustment	Normal rotation/Reverse rotation	Speed adjustment	Width adjustment	Adjusting vertical position	Intensity
<b>Kneading</b>		○	○ Speed 1~6 6 levels	—	○	—
<b>Human Hands</b>		○	—	—	○	—
<b>Double kneading</b>		—	—	—	○	—
<b>Kneading &amp; Tapping</b>		○	○ Speed 1~4 4 levels	—	○	—
<b>Rhythm Acupressure 1</b>		—	—	○ Narrow·Medium·Wide 3 levels	○	—
<b>Rhythm Acupressure 2</b>		—	—	—	○	—
<b>Tapping 1</b>		—	○ Speed 1~4 4 levels	○ Narrow·Medium·Wide 3 levels	○	—
<b>Tapping 2</b>		—	—	○ Narrow·Medium·Wide 3 levels	○	—

#### 2-Rollers (select any one of the massage adjustments) + Plus

Roller types	Massage adjustment	Normal rotation/Reverse rotation	Speed adjustment	Width adjustment	Adjusting vertical position	Intensity
<b>Roller (Whole)</b>		—	—	○ Narrow·Medium·Wide 3 levels	○ Up/Down movement	—
<b>Roller (Partial)</b>		—	—	○ Narrow·Medium·Wide 3 levels	○ Adjustment of center position	—

#### 3-Back vibration + Plus

Message adjustment	Normal rotation/Reverse rotation	Speed adjustment	Width adjustment	Adjusting vertical position	Intensity
<b>Back vibration</b>		—	○ Narrow·Medium·Wide 3 levels	○	○ Low·High

#### 4-Seat vibration + Plus

Message adjustment	Normal rotation/Reverse rotation	Speed adjustment	Width adjustment	Adjusting vertical position	Intensity
<b>Seat vibration</b>		—	—	—	○ Low·High

#### 5-Lower body air massage (select any one of the massage adjustments) + Plus

Air massage	Message adjustment	Normal rotation/Reverse rotation	Speed adjustment	Width adjustment	Adjusting vertical position	Intensity
<b>Legs</b>		—	—	—	—	○ Low·Medium·High
<b>Seat</b>		—	—	—	—	○ Low·Medium·High
<b>Legs &amp; Seat</b>		—	—	—	—	○ Low·Medium·High

### Table of illustrations displayed.

During the Manual Selection Mode, the operating status is displayed by relevant icons.

- ① Massage Type
- ② Direction of rotation (normal or reverse)
- ③ Speed
- ④ Roller
- ⑤ Width between rollers
- ⑥ Back vibration (intensity)
- ⑦ Seat vibration (intensity)
- ⑧ Lower body massage (intensity)



Message type	Displayed icon	Message type	Displayed icon
Kneading		Tapping 1	
Human Hands		Tapping 2	
Double Kneading		Normal rotation	
Kneading & Tapping		Reverse rotation	
Rhythm Acupressure 1		Kneading Kneading & Tapping Tapping 1 Speed	
Rhythm Acupressure 2			

Message type	Displayed icon	Message type	Displayed icon	Message type	Displayed icon
Roller (Whole)		Back vibration		Lower body (seat)	Low
Roller (Partial)		Seat vibration			Medium
Rhythm Acupressure 1 Tapping 1, 2 Roller (Partial) Roller (Whole) Back vibration		Lower body (legs)			High
Back vibration				Lower body (Legs & Seat)	Low
					Medium
					High

# Cleaning And Storage

## Storage

- Store the chair in a dry area after cleaning it.
- To keep it away from dust, please make sure the cover is put on.

### Caution

Do not keep the chair in a dusty or high-temperature (104°F/40°C) area. Do not keep the chair near a stove or in direct sunlight which may cause discoloration or degeneration of the external parts.

## Cleaning

Before any cleaning is carried out, make sure that the power is turned off and the plug is disconnected from the socket.



### Warning



When any cleaning is being carried out, make sure that the plug is disconnected from the socket. Do not connect or disconnect the power plug with wet hands. You may be exposed to the danger of electric shock and injury.

### Main parts

- Plastic parts, pipes, and fabric should be cleaned by wiping with a mild detergent and a damp cloth. Wipe with a dry cloth to dry the chair surface.

### Caution

Never use alcohol, solvents or abrasive agents. Using these chemicals may cause scratches, discoloration and/or cracks.

### Back pad

### Headrest

### Covers

- Remove stains by wiping with a mild detergent and a damp cloth. Wipe with a dry cloth to dry the chair surface.

### Caution

Long contact with vinyl or plastic material or wallpaper may cause discoloration.

### Remote control

- Remove stains by using a dry cloth.

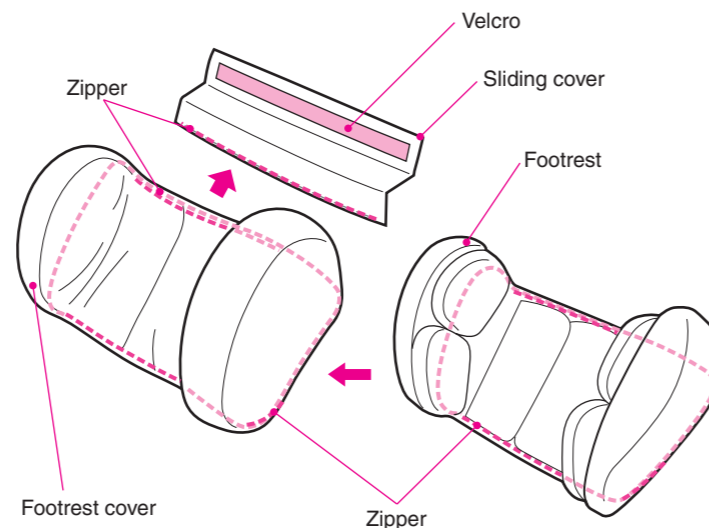
### Caution

Never use a wet cloth. Moisture can damage the control.

## How to remove covers

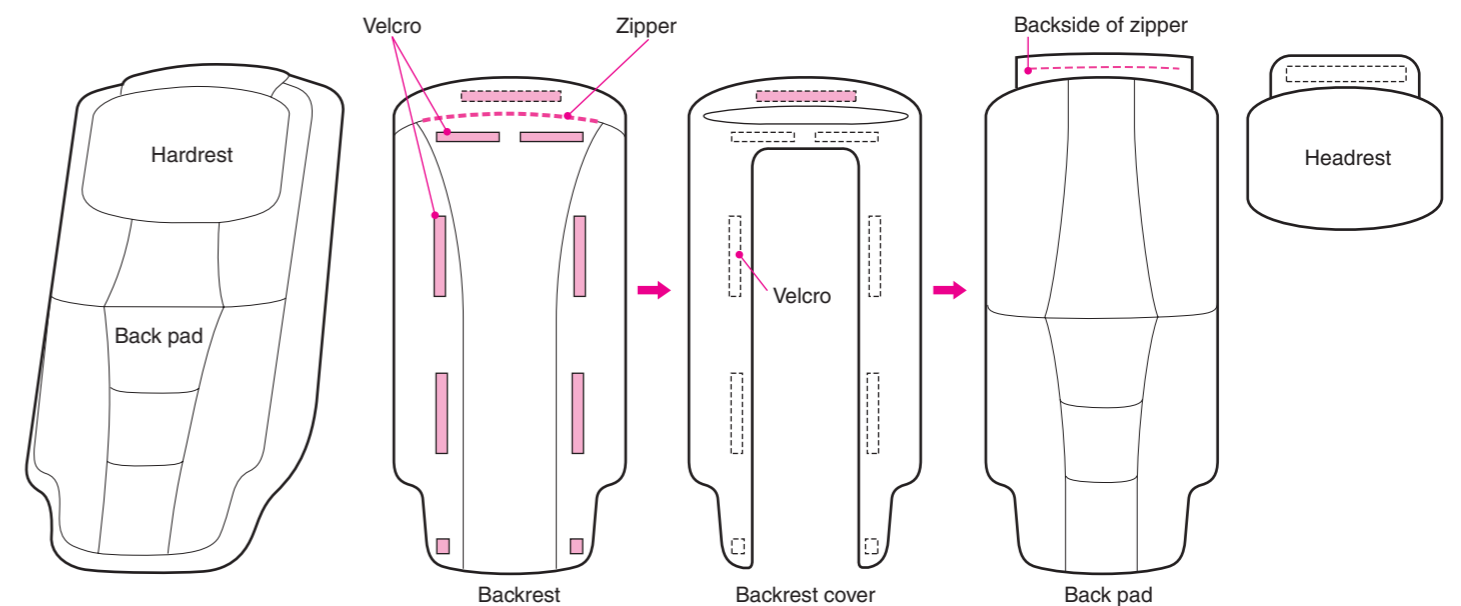
### How to remove the footrest cover

- ① Remove the Velcro-fastened seat cover from the sliding cover.
  - ② Unzip the sliding cover from the footrest cover.
  - ③ Unzip the footrest cover from the main body of the chair.
- ※ To replace the footrest cover, repeat the above procedure in the reverse order.



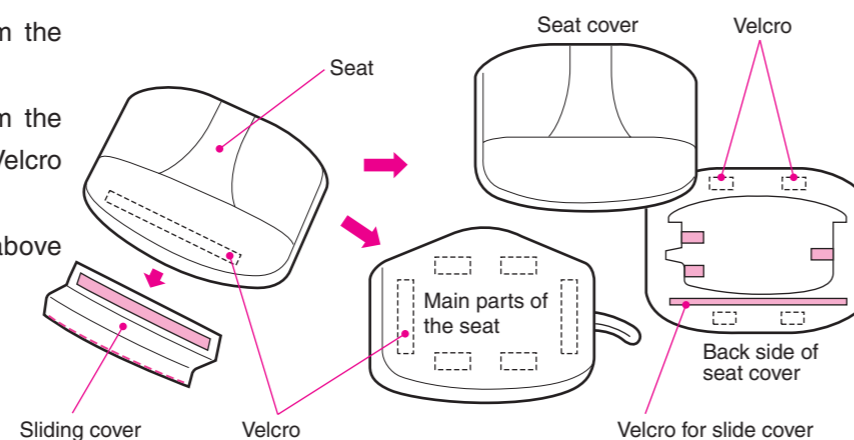
### How to remove the backrest cover

- ① Undo the Velcro tapes that fasten the backrest cover to the headrest. Remove the headrest.
  - ② Unzip the back pad from the main body of the chair.
  - ③ Remove the backrest cover from the main body of the chair by undoing the nine Velcro pieces of tape.
- ※ To replace the backrest cover, repeat the above procedure in the reverse order.



### How to remove the seat cover

- ① Remove the Velcro-fastened seat cover from the sliding cover.
  - ② Remove the Velcro-fastened seat cover from the main body of the chair (by undoing the six Velcro pieces of tape)
- ※ To replace the seat cover, repeat the above procedure in the reverse order.



# Troubleshooting Guide

Please refer to the following Q&As for checking your chair before calling for service. If this does not solve the problem, stop using the chair immediately and disconnect the power plug, and consult the vendor.

●Only qualified service technicians should repair the massage chair.

## Q The chair does not operate. Is it broken?

A Please try the following operations.  
1)Is the power plug securely connected to a wall outlet?  
2)Is the power switch (on the side of the backrest) turned on completely?

## Q In the auto-program, the actual operation time differs from that shown on the display of the remote controller.

A This is because the height of the person using the chair may be different from the standard height used for calculating the operation time. This time discrepancy is not a malfunction.

## Q The external panel on the remote control came off.

A If you try to open the external panel too far, the panel may come off in order to prevent it from being damaged. Please attach it to the remote control again.

## Q The recliner moved in the opposite direction from what was chosen.

A You may be pushing both of the reclining buttons together at the same time. Release the button once and try again please.

## Q How can I increase the level of stimulation?

A Bend reclining seat, sit back deep in the seat, and try to lean into the back of the chair.

## Q How can I decrease the level of stimulation?

A Raise reclining seat. If it is still too strong, then apply a towel to the place where it is being massaged.

## Q The message [Reset main power switch] is shown on the Liquid crystal display.

A Turn off the power switch at the left of the backrest and turn it on again after about 5 seconds.  
1)If the chair recovers, continue use.  
2)If the same message is displayed again, stop using the chair, disconnect the power plug and contact the vendor.

## Q Automatic massage points detected unsuccessfully.

A Keep your body at the deepest position in the chair and keep your head on the headrest.  
The Automatic massage points detection will not function if the Manual Selection Mode is operating. You can adjust the width and vertical positions of the rollers using the buttons when the rollers are operating.

## Q The chair stops during use.

A Press the power switch on the side of the backrest and turn it on again after about 5 seconds.  
1)If the chair recovers, continue use.  
2)If does not restart, stop using it, disconnect the power plug and contact the vendor.

## Q The rollers stop halfway.

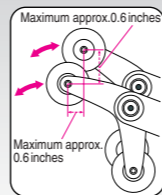
A The rollers may have been restrained due to excessive forces. Slow down the speed or try to lightly lift your body.

## Q The rollers have moved to the upper position.

A When the massage finishes operating as programmed by the auto timer, the rollers move to the upper position automatically to prevent interfering with the body. To continue the massage, press the power switch button of the remote control again.

## Q The right and left rollers are not positioned horizontally.

A This is the result of alternate tapping and is normal.



## Q There is noise during operation, should use be continued?

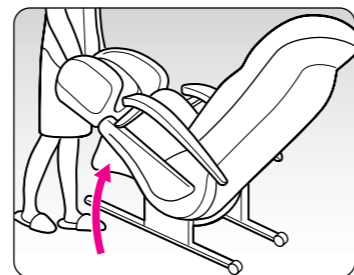
A The following sounds do not indicate any trouble or malfunction. They may occur during normal operation.  
●Rattling during kneading or tapping.  
●A sound (creak) due to rubbing between the rollers and fabric in the kneading operation.  
●Whirring sound from the air pump.  
●Whirring sound from the vibrator.  
●When the backrest has been fully reclined, the pump for operating the footrest is working (a whirring sound is heard).  
●Whirring sound when reclining.

## Q During use, the air massage stops when the footrest is moved up or down.

A The air massage will stop when the footrest is moved up or down to ensure safety. The air massage will start operating again when the footrest stops moving.

## Q How do I move the chair when cleaning the room or changing rooms?

A There are casters on the chair. Turn off the power switch with the backrest in the raised position, disconnect the power plug from the socket, lift the front part of the chair as shown in the figure and move it with the casters.



**Warning** Prohibited  
Do not move the chair when someone is sitting on it. Injury may occur if the chair falls over.

# Service

## Service

### 1.Warranty

Please read the contents carefully and keep it in a safe place. Please complete and mail in the warranty card that was include with your chair.

If the chair is to be used outside the home (in a commercial setting, for example), fees will be charged for repairs.

### 2.Repairs & Service

Before calling for repairs or service, use the Troubleshooting guide on pages 21 to see if the problem can be solved easily. If the problem persists, contact the vendor for assistance. Have the following information ready.

- 1) Your name, address, and phone number
- 2) Product name and model number (see Back cover)
- 3) Serial No. (see the Serial No. label on the back cover of the chair)
- 4) Date of purchase
- 5) Trouble status
- 6) Proof of purchase

#### ●If the warranty is valid:

A service charge may apply, subject to the nature of the trouble and/or repair according to the terms of the warranty. See the warranty for full details.

#### ●If the warranty has expired:

Contact our technical service department on the back of this booklet. If the product can be repaired, the vendor will give you an estimate of the cost to repair the product.

#### ●Replacement parts stock:

We will stock service parts (except fabric) of this product for at least six years after terminating the production of this model. Service parts refer to those necessary for maintaining the intended performance of the product.

#### ●For more information on service:

Please see the back of this booklet.

## Safety inspections for inada chair

Regular inspections are essential for maintaining inada chair performance.

### Possible symptoms

- The chair does not start with the power switch on.
- The power cable has been cracked or scratched.
- The power cable or plug becomes abnormally hot.
- The chair produces a burnt smell, abnormal sound or vibration.
- The auto timer function does not work in some cases.
- The fabric is torn where the roller or air cell comes into contact with it.
- Other failures.

■If you see any of the symptoms or problems shown at the left, stop using the chair, disconnect the power plug and consult the vendor to repair the product, and consult us to repair the product.

◆After about five years of use, a professional inspection should be performed even if there are no symptoms or problems. For inspection fees, contact our technical service department on the back of this booklet.