Remington





INTENSE PULSED LIGHT (IPL) HAIR REMOVAL FOR THE FACE & BODY



## 🐨 THE SKIN CHART

Facial Cap is intended for female facial hair on the cheeks, sideburns, chin, neck areas, and above the lips. DO NOT use Facial Cap on or around the eyes, eyebrows or eyelashes. Doing so can cause serious and permanent eye injury.

Verwenden Sie den Aufsatz für das Gesicht nur für die Anwendung auf weiblicher Gesichtsbehaarung, auf den Wangen, Koteletten, am Hals und über der Lippe. Verwenden Sie den Gesichtsaufsatz NICHT für oder um die Augen, Augenbrauen oder Wimpern. Dies kann zu schwerwiegenden und dauerhaften Verletzungen der Augen führen.

Het opzetstuk voor het gezicht is bedoeld voor vrouwelijke gezichtsbeharing op de wangen, bij de bakkebaarden, op de kin, in de nek en boven de lip. Gebruik het opzetstuk voor het gezicht NIET op of rond de ogen, wenkbrauwen of wimpers. Dit kan ernstig en permanent oogletsel veroorzaken.

L'accessoire pour le visage est conçu pour traiter les poils sur le visage des femmes, notamment sur les joues, les pattes, le menton, les zones du cou et la moustache. Ne pas utiliser l'accessoire pour le visage sur ou autour des yeux, des sourcils ou des cils. Cela pourrait provoquer des lésions oculiaries graves et permanentes.

El accesorio facial está diseñado para el vello facial de la mujer en las mejillas, patillas, barbilla, áreas del cuello y el labio superior. NO utilice el accesorio facial en o alrededor de los ojos, cejas o pestañas. Su uso en esas zonas puede causar una lesión ocular grave y permanente.

La testina per il viso è stato progettata per la peluria del viso femminile sulle guance, basette, mento, zone del collo e sopra le labbra. NON usare la testina per il viso sopra o intorno a occhi, sopracciglia o ciglia: potreste provocare dei danni gravi e permanenti agli occhi.

Ansigtshætten er beregnet til behåring i kvindeansigtet; bakkenbarter, hage, områderne ved halsen og overlæben. Ansigtshætten må IKKE anvendes på eller omkring øjnene, øjenbryn eller øjenvipper. Gøres dette kan det medføre alvorlig og permanent øjenskade. Ansiktsbehandlingsdelen används vid ansiktsbehandling för kvinnor (borttagning av oönskad häväxt i ansiktet på partierna vid kind, haka, hals och överläpp). Använd INTE ansiktsbehandlingsdelen på eller runt ögon, ögonbryn eller ögonfransar eftersom det kan förorsaka allvarlig och bestäende ögonskada.

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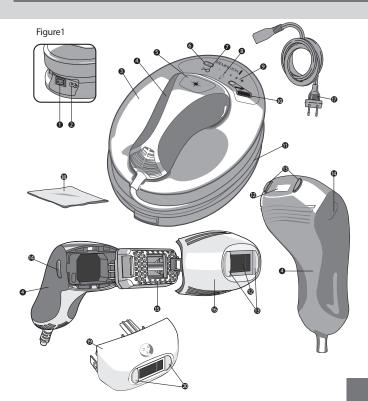
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Kasvojen hoitokärki on tarkoitettu naisten kasvojen ihokarvoille poskissa, pulisongeissa, leuassa, niskan alueella ja huulten yläpuolella. ÀLÄ käytä kasvojen hoitokärkeä silmien, kulmakarvojen tai silmäluomien ympäristöön. Se voi aiheuttaa vakavia ja pysyviä silmävammoja.

O acessório facial está indicado para uso em pelo facial feminino na zona das bochechas, patilhas, queixo, pescoço e acima dos lábios. NÃO utilize o acessório facial em ou à volta dos olhos, sobrancelhas ou pestanas. Se o fizer pode sofrer ferimentos oculares graves e permanentes.

Nadstavec na ošetrenie/úpravu tváre je určený na ženské chĺpky na tvári a to na lícach, kotletách, brade, oblasti krku a nad perami. Nadstavec na ošetrenie/úpravu tváre NEPOUŽÍVAJTE na alebo v blízkosti cóč, obočia alebo mihalnic. Ak tak urobite, mohlo by to spôsoblý vážne a trvalé poranenie očí.

## I-LIGHT SYSTEM DIAGRAM REFERENCE



Thank you for buying your new Remington<sup>®</sup> product. Please read these instructions carefully and keep them safe. Remove all packaging before use.

## IMPORTANT SAFEGUARDS

- 1 WARNING TO REDUCE THE RISK OF BURNS, ELECTROCUTION, FIRE, OR INJURY TO PERSONS:
- 2 Use this appliance only for its intended use described in this manual.
- 3 Do not use if it is damaged or malfunctions.
- 4 Do not leave the appliance unattended while plugged in.
- 5 Keep the power plug and cord away from heated surfaces.
- 6 Do not use the product with a damaged cord. A replacement can be obtained via our International Service Centres.
- 7 Store the product at a temperature between 15° and 35°C.
- 8 Only use the parts supplied with the appliance.
- 9 Do not twist or kink the cable and don't wrap it around the appliance.
- 10 The body of this appliance is not washable or water resistant. Do not put the appliance in liquid; do not use it near water in a bath tub, basin or other vessel; and don't use it outdoors.
- 11 Make sure the power cable and adaptor do not get wet. Do not reach for your unit if it has fallen into water - immediately unplug it from the electrical outlet.



- 12 Do not plug or unplug the appliance with wet hands.
- 13 This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been supervised/ instructed and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised.
- 14 Keep the appliance and cable out of reach of children under 8 years.
- 15 This appliance should be supplied with approved safety isolating adaptors SW-120060EU (for Europe and SW-120060BS (for United Kingdom) with the output capacity of 12 dc; 600mA (adaptor output).

## KEY FEATURES

- 1 Power Switch
- 2 Power Inlet
- 3 i-Light Base Unit
- 4 i-Light Hand Piece
- 5 Flash Button
- 6 Energy Level Selection Button
- 7 Cool Down Mode Indicator
- 8 Bulb Status Indicator Display
- 9 Energy Level Indicator
- 10 Skin Sensor

- 11 i-Light Hand Piece Cord
- 12 Flash Window
- 13 Skin Contact Sensors
- 14 Nose Cone Release Buttons
- 15 Long-life cartridge
- 16 Body Treatment Head
- 17 Power Cord
- 18 Lint Free Cloth
- 19 Facial Treatment Head
- 20 Skin Contact Sensors

## GETTING ACQUAINTED WITH i-LIGHT

#### ✿ What is i-Light?

The i-Light PRO system is a revolutionary light-based device designed for the removal of unwanted body hair and female facial hair at home.

### ✤ What is Intense Pulse Light (IPL) and how does the i-Light work?

i-Light works by directing an extremely short, intense pulse of light into the skin. The light energy is absorbed by the melanin in the hair follicle temporarily disabling the growth mechanism in the hair and delaying hair growth.

Hair follicles typically pass through three phases throughout the hair growth cycle. These phases are:

Anagen Phase (growing phase) – the active growth phase of the hair follicles. Melanin concentration is at its highest as it is responsible for pigmentation of the hair. Only hairs in the anagen phase are susceptible to treatment with IPL (fig 2).

Catagen Phase (degradation phase) – this is a short transition stage, which follows the anagen phase and signals the end of the active growth stage of the hair. It typically lasts 2-3 weeks (fig. 3).

Telogen Phase (resting phase) – the hair follicle is completely at rest during this phase, which is the longest phase and lasts about 100 days. During this time, the new hairs push out the old hairs, allowing the growth cycle to begin again (fig. 4).

We recommend using the i-Light PRO system every two weeks for three treatments (for body sites) and every two weeks for four treatments (for female facial sites) to ensure you treat every active hair.







Anagen Phase Catagen Phase

Telogen Phase

#### ✤ What to expect from i-Light

Nost users will begin to notice fewer hairs a few weeks after beginning treatment. However, it's important to continue with the full treatment regimen to ensure that every active hair is treated. A full treatment regimen is every 2 weeks for three treatments (body sites) and four treatments (female facial sites), then only as needed.

A few days after the first treatment you may start to notice hair has fallen out. Some hair growth will occur that is less dense, finer and lighter in colour than the original hair. This regrowth is perfectly normal and should be expected.

## WARNINGS AND SAFETY PRECAUTIONS

### **WIMPORTANT SAFETY CAUTIONS**

#### Before you start using the i-Light:

## Be sure to read all Warnings and Safety Information. Before you begin, check to see if i-Light is suitable for you.

Use the skin chart provided on the box and at the front of this manual and the integrated skin sensor to determine if this device is right for you.

#### 🕸 Skin Type

See the skin colour chart on page 2.

- Do not use on naturally dark skin (Fitzpatrick type V and VI), as it may result in burns, blisters and changes in skin colour.
- Do not use on tanned skin or after recent sun exposure, as it may cause burns or skin injury.
- i-Light is not effective on naturally white, grey, blonde or red body or facial hair.

#### ☆ Areas not to treat:

- Do not use on the scalp or ears.
- Do not use on male face or neck.
- Do not use above the cheekbone (female facial use).
- · Do not use on the lips as the skin tone may be too dark for treatment.
- Do not use on nipples, areola or genitals.
- Do not use if you have tattoos or permanent makeup in the area to be treated.
- Do not use on dark brown or black spots such as moles, birth marks or freckles.
- Do not use on an area of recent surgery, deep peel, laser resurfacing, scars or skin that has been damaged with burns or scalds.

#### ☆ When not to use/When to avoid using i-Light

- Do not use if you are pregnant or breast feeding.
- Do not use if you have been exposed to sun or artificial tanning in the past 4 weeks.
- Do not use on dry or fragile skin caused by the use of chemical peels, glycolic peels or Alpha Hydroxy Acids (AHAs).
- Do not flash more than once on the same area as this may cause burns.
- Do not use on the same area of your skin more than once a week.
- Do not use for at least 14 days following microdermabrasion treatment.

- · Do not use if you are already undertaking permanent hair removal treatments.
- Do not use if you have a skin disease such as active skin cancer, if you have a history of skin cancer or any other localized cancer in the areas to be treated, or if you have pre-cancerous lesions or multiple atypical moles in the areas to be treated.
- Do not use if you have epilepsy with flashlight sensitivity.
- Do not use if you have a history of collagen disorder, including a history of keloid scar formation or a
  history of poor wound healing.
- Do not use if you have a history of vascular disorder, such as the presence of varicose veins or vascular
  ectasia in the areas to be treated.
- Do not use if your skin is sensitive to light and causes a rash or an allergic reaction. If you are taking
  photosensitising agents or medications, check the package insert of the medicine. Never use the unit
  if it can cause photo-allergic reactions or phototoxic reactions or if you should avoid sun whilst taking
  a medication.
- Do not use if you have diabetes, lupus erythematodes, porphyria or congestive heart disease.
- Do not use on areas of your skin which are currently being treated with or have recently been treated with Alpha Hydroxy Acids (AHAs), Beta Hydroxy Acids (BHAs), topical isotretinoin and azelaic acid.
- Do not use if you have taken oral isotretinoin accutane or aoaccutane in the last six months. This
  treatment can make skin more susceptible to tears, wounds and irritations.
- Do not use if you have any bleeding disorder or take anticoagulation medications, including heavy use
  of aspirin, in a manner which does not allow for a minimum 1-week washout period prior to
  each treatment.
- Do not use if you have infections, eczema, burns, inflamed follicles, open lacerations, abrasions, surgeries, herpes simplex, wounds or lesions and haematomas in the areas to be treated.
- Do not use on the face if you have a history of cold sores; use of IPL or any treatment that irritates skin can cuase a recurrence of cold sores.
- Do not use if you have a history of immunosuppressive disease (including HIV infection or AIDS) or if you take immunosuppressive medications.
- · Do not use when you are on painkillers, which reduce the sensitivity to heat.
- Do not use if you use long-lasting deodorants. This can result in skin reactions.
- Do not use over or near anything artificial such as silicon implants, Implanon contraceptive implants, pacemakers, subcutaneous injection ports (insulin dispenser) or piercings.

## PREPARING FOR USE

#### ✤ Familiarise yourself with the features of your new i-Light device

The i-Light PRO system is a revolutionary light-based device designed for the removal of unwanted body hair and female facial hair at home.

#### ✤ Flash Window (fig. 1-12)

The Flash Window is a filtered glass window with built-in UV protection that allows specific wavelengths of light to pass from the hand piece to your skin and hair follicles.

• WARNING: always inspect the Flash Window before use to ensure there is no damage to the lens.

• WARNING: always clean the Flash Window before use with the lint-free cloth provided to ensure there is no oil or debris on the lens.

#### Skin Contact Sensor (fig. 1- 13&20)

The Skin Contact Sensor is a safety mechanism that prevents the device from accidental activation. In order for the device to activate, the Skin Contact Sensor must be fully depressed against the skin.

#### ✤ Flash Button (fig. 1-5)

The Flash Button is located on the hand piece. To activate the flash bulb, ensure the Skin Contact Sensor is fully engaged and press the Flash Button.

#### ✤ Bulb Status Indicator Display (fig. 1-8)

The device is ready to flash when the Bulb Status Indicator Display is illuminated green.

NOTE: if the Flash Button is pressed AND the Skin Contact Sensor is not fully engaged OR the Bulb Status Indicator Display is not illuminated, an audible "beep" will sound. When the Bulb Status Indicator Display illuminates yellow, there are 150 flashes remaining in the flash bulb. When the Bulb Status indicator Display flashes yellow, the bulb cartridge has been used up and will no longer operate. You must replace the bulb cartridge to continue using the device.

#### ☆ Treatment Head Release Buttons (fig. 1-14)

Press both buttons and gently pull to remove the treatment head.

WARNING: ALWAYS ensure the unit is OFF and the power cord is disconnected before removing the nose cone. If the nose cone is removed while the unit is powered ON, all indicator lights on the base unit will flash and audible "beeps" will sound.

## GETTING ACQUAINTED WITH i-LIGHT

#### ☆ Long-Life Light Cartridge (fig. 1-15)

The long-life light cartridge will deliver 65,000 flashes regardless of the energy level selected. While it is unlikely you will ever need to replace it; it can be replaced by another long-life cartridge or SP-6000SB which delivers 1,500 flashes per cartridge. Please contact your local Remingtom<sup>®</sup> Service Centre.

#### ✤ Energy Level Selection (fig. 1-6)

The i-Light device is equipped with 5 energy levels. Level 1 is the lowest setting and level 5 is the highest setting.

TIP: For the most effective results, always use the highest energy level that does not cause discomfort on the skin. To determine the energy level being used, observe the number of lights illuminated on the Energy Level Display (fig 1 - 9).

Your i-Light device will automatically be set to Energy Level 1 each time the device is powered ON. To change the level, press the Energy Level Selection Button.

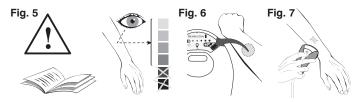
#### ✤ Test the i-Light device on your skin

- 1. Review the Warnings and Safety Precautions.
- 2. Familiarise yourself with the features of the i-Light.
- 3. Consult the Skin Tone Chart to ensure your skin colour is in the acceptable range (fig. 5).

4. Place the skin of the intended treatment area onto the skin tone sensor - touching the skin tone sensor (fig. 6).

If your skin is suitable, the appliance will beep and switch on. If your skin is unsuitable, the appliance will buzz and remain off.

Test the i-Light device on a small patch of skin and wait 48 hours to ensure there are no adverse reactions. (fig.7).

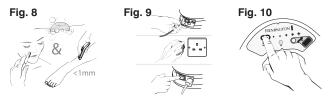


#### ☆ Treat desired area(s) with the i-Light device Prepare your skin for treatment

- 1. Ensure the area to be treated is clean and free from oils, deodorants, perfume, make up, lotions and creams. Shave or trim the hair from the area to be treated (fig 8).
- Never use wax, epilation, tweezers or depilation products to remove the hair because they counteract the IPL process.

#### Prepare the device for treatment

- Unwrap the hand piece cord from the i-Light base and rest the hand piece in the base cradle. Locate the power switch on the i-Light base and ensure the unit is OFF. Connect the power cord to the i-Light base at the power inlet. Connect the power cord to the wall outlet. Turn the power switch ON. (fig. 9)
- 4. Use the skin sensor to unlock the unit (fig. 6). You must unlock the unit on each body part you wish to treat.
- Select the desired Energy Level. (fig. 10). If your skin is unsuitable, the appliance will buzz and remain off.



#### ☆ Treat body area(s) with the i-Light device

The i-Light device is equipped with two operating modes: Single Flash Mode and Multi-Flash Mode. Your i-Light device will automatically be set to Single Flash Mode each time the device is powered ON. Single Flash Mode: The i-Light device will flash once when the Flash Button is pressed AND skin contact sensor is engaged.

Multi-Flash Mode: The i-Light device will flash once every 2 seconds when the Flash Button is pressed AND the skin contact sensor is fully engaged.

The Multi-Flash mode allows you to quickly treat large areas such as the legs, chest or back by simply gliding the hand piece to a new location after each flash.

#### 🕸 Single Flash Mode

- 1. Place the i-Light hand piece against your skin so the Flash Window is flush with the skin surface (fig. 11).
- Ensure the Skin Contact Sensor is fully engaged and the Bulb Status Indicator Display is illuminated.
- 3. Press the Flash Button to activate the device (fig. 12).
- 4. Move the hand piece to a new treatment area and repeat steps 1-3 (fig. 13).

#### 🕸 Multi Flash Mode

- 1. Place the i-Light hand piece against your skin so the Flash Window is flush with the skin surface (fig. 11).
- Ensure the Skin Contact Sensor is fully engaged and the Bulb Status Indicator Display is illuminated.
- 3. Press AND HOLD the Flash Button down to activate the device (fig. 12).
- Immediately after the device has flashed, slide the hand piece to a new location. After a short delay (approximately 2 seconds) the device will flash again (fig. 13).
   NOTE:
- During Multi-Flash Mode, the Skin Contact Sensor AND the Flash Button must remain fully depressed. If
  either becomes disengaged, the device will not operate. To resume treatment, repeat steps 1-4.
- During Multi-Flash Mode, the Bulb Status Indicator Display will remain illuminated while the Skin Contact Sensor and Flash Button are engaged.



## FACIAL TREATMENT ATTACHMENT

#### \* Treat facial area(s) with the i-Light device (female use only)

Facial hair can be very different to body hair and the skin on the face tends to be esensitive and more likely to be exposed to the sun's UV rays; therefore treating unwanted facial hair is different to treating the body – please be sure to read this section carefully before beginning a facial treatment.

IMPORTANT: The Facial Treatment Head has been specially designed to treat the unique characteristics of female facial hair. DO NOT use the body attachment on the face. See section 'Changing Treatment Heads' for instructions on how to exchange heads.

#### ✤ Where you can use the facial treatment head.

The Facial Treatment Head is intended for use on female facial hair on the cheeks, sideburns, chin, neck areas and above the lips as shown in fig. 14.

## Fig. 14



• DO NOT use on male beards or facial hair as the results may be permanent or uneven which may produce changes in facial characteristics which may not be desirable.

#### Warnings and precautions - Facial use

DO NOT use anywhere near the EYES, EYE BROWS or EYE LASHES. When used as directed the light should not harm the eyes, however if the scattered light is unpleasant you may wish to close your eyes or look away.

◆ DO NOT treat SUN BURNED or TANNED SKIN. Wait until the sunburn or tan has completely faded before beginning a treatment. Remove cosmetics, lotions and creams (including self-tanning products) prior to treatment. After treatment, use a fragrance-free lotion (SPF 30+) and try to avoid direct sun exposure to the treated area for at least 24 hours.

♦ DO NOT flash the LIPS or other DARK SPOTS (dark freckles, moles, birthmarks or tattoos) as these areas may absorb too much light energy which may cause discomfort or pain. You can cover these areas with WHITE eyeliner, adhesive labels or thick paper to reflect the light in case of accidental flashing.

DO NOT treat inside the NOSTRILS or EARS as these areas are delicate.

◆ CAUTION: Avoid treating areas that contain only vellus hairs (very thin, fine hair known as "peach fuzz") as this may result in undesired hair re-growth. Remove any visible hair by shaving or trimming. Do not use wax, epilation, tweezers or depilation products to remove hair before or during the course of treatment because they counteract the IPL process. If trimming, ensure you trim hair to no more than 0.5mm.

#### \* Changing Treatment Heads

Your i-Light Pro comes with two separate Treatment Heads for Body Hair and Female Facial Hair. The Body Hair Treatment Head is specially designed for Body Hair and can flash every 2 seconds. The Facial Hair Treatment Head is specially tuned for Female Facial Hair, minimises light leakage, and can flash every 4 seconds. The Facial Hair Treatment Head is marked with the icon shown in fig. 15.

## Fig. 15



To change treatment heads, please follow the instructions provided.

- Turn the POWER SWITCH off and unplug the POWER CORD from the electrical outlet. Allow the system to cool down for 5 minutes before attempting to change treatment heads.
- Hold the Treatment Head with one hand while pressing both Release Buttons with the other hand and pull gently. Store the unused Treatment Head in a safe location (such as in the packaging) taking care not to damage the FLASH WINDOW and other components.

3. Gently push the other Treatment Head back into the Hand Piece making sure both side tabs click into place. NOTE: the longer tab (with gold circuits) must be on top to properly fit.

#### ✤ Helpful tips for treating facial hair

Test on a Patch of Skin – since facial skin tends to be more sensitive, make sure you test on a small patch before proceeding. See section 'Test the i-Light device on your skin' for details (fig. 7).

Use a Mirror to Guide your Treatments – using a mirror for a good view of the area to be treated and to help ensure you avoid treating the lips or any other dark spots. If the reflected light is unpleasant, you may want to close your eyes before each flash.

Stretch Skin for Better Skin Contact – the contours of the skin may make it difficult for the skin contact sensors to be fully depressed in certain areas. You may find it easier to try and wrap your upper lip over your teeth or use your tongue to stretch your cheeks for better skin contact.

## TREATMENT TIPS

- For best results, avoid overlapping flashes. This helps prevent exposure to more energy than is
  necessary to suppress hair growth. It also ensures that you get the maximum use of the light cartridge.
- For the most effective results, always use the highest intensity level that does not cause discomfort on the skin. The level you use should feel warm on your skin, but should never cause discomfort.
- You may notice that bony areas, such as elbows, shins, and ankles, are more sensitive during treatment. This is normal and should not be cause for alarm. To avoid this sensitivity, try stretching the skin away from the bony area during treatment.

## POST-TREATMENT CARE

After treatment, you may experience slight redness or a warm sensation on your skin. This is normal and will disappear quickly. To avoid irritation to your skin after a treatment, take the following precautions:

- Avoid sun exposure for 24 hours after a treatment. Protect the skin with SPF 30 for 2 weeks after each treatment.
- Do not prolong sun exposure such as sunbathing, using a tanning bed, or self-tan for at least 2 weeks after the last treatment.
- · After treatment, keep the area clean and dry and drink plenty of water to keep skin hydrated.
- Do not handle the treated area roughly.
- Do not take hot baths, showers, or use steam rooms and saunas for 24 hours after treatment.
- Do not swim for 24 hours after treatment.
- Do not take part in contact sports for 24 hours after treatment.
- Do not wear tight-fitting clothing over the treated area.
- Do not depilate (waxing, plucking, threading or creams) during the treatment shaving is acceptable as long as you avoid shaving 24 hours after each treatment.
- · Do not use bleaching creams or perfumed products for 24 hours after treatment.
- Do not scratch or pick at the treated area.

## CLEANING YOUR i-LIGHT DEVICE

• CAUTION: Before cleaning your i-Light, make sure that the power switch is OFF and the power cord is disconnected from the base unit.

- Regular cleaning helps to ensure optimal results and a long life for the i-Light device. The exterior surface
  of the base unit and hand piece may be wiped clean with a slightly damp cloth.
- To clean the Flash Window, use only the lint-free cloth included with your i-Light device. Take care not to scratch or chip the Flash Window. Scratches and chips can reduce the effectiveness of the unit.
- For stubborn stains, use a dampened cotton swab to apply a small amount of water to the Flash Window
  and clean with the lint-free cloth provided.
- · Use a small hand-held vacuum to remove dust and debris from the hand piece vents.

• WARNING: If the Flash Window is cracked or broken, the unit must not be used. Never scratch the filter glass or the metallic surface inside the Treatment Head.

CAUTION: The i-Light is a high voltage device. Never immerse in water. Never clean the unit or any of its parts under a tap or in a dishwasher. Do not use petroleum-based or flammable cleaning agents because of the risk of fire. Never use scouring pads, abrasive cleaning agents or aggressive liquids such as oil or acetone to clean the unit.

## TROUBLESHOOTING / STORAGE / MAINTENANCE

#### 🔅 i-Light Device Maintenance

CAUTION: Before performing maintenance on your i-Light device, ensure that the power switch is OFF and the power cord is disconnected from the base unit.

#### ✿ Replacing the Bulb

- 1. Press the treatment head release buttons and gently pull to remove the treatment head.
- 2. Gently pull out the old bulb cartridge.
- 3. Replace with a new bulb cartridge.

• CAUTION: When replacing the bulb cartridge, do not touch the flash bulbs directly as this leaves oils and residue. Doing so could reduce the effectiveness of the bulbs or cause them to crack during treatment.

4. Replace the treatment head, making sure it snaps into place.

#### ✿ Storage

- Switch off the unit, unplug it and let it cool down for 10 minutes before storage.
- Store the unit in a dry place at a temperature between 15° C and 35° C.

#### ☆ Troubleshooting

Always read these instructions fully before using i-Light. Refer to this troubleshooting guide if you experience any problems with i-Light, as this section addresses the most common problems you could encounter with i-Light. If you have followed the instructions in this section and continue to experience problems, please contact the Remington\* Service Centre for further assistance.

#### The power switch is ON, but the unit is not working.

- Make sure the unit is plugged into a working electrical outlet.
- Try switching to a different outlet.

#### The unit appears to have cracks or is broken.

Do not use if the unit is damaged. If you have concerns about using the unit, discontinue use and contact the Remington<sup>®</sup> Service Centre for further assistance.

#### ✤ Frequently Asked Questions

#### I have switched the unit ON, but I cannot increase or decrease the energy level.

· Try resetting the unit by turning it off and waiting several seconds before turning it back on.

## The Bulb Status Indicator Light turns green but the unit does not flash when the button is pressed.

- Make sure the Skin Contact Sensor is in full contact with the skin.
- Try resetting the unit by turning it off and waiting several seconds before turning it back on.

#### There is a strange smell.

Be sure the area is completely shaved before treatment.

#### The treated areas become red after treatment.

· This is normal and the redness should subside. If not, try using a lower energy level.

#### I have not seen optimal results or hair has begun to grow back.

 Hair may begin to grow back after your initial treatment. This is perfectly normal. For optimal results, repeat the treatment when you notice hair regrowth.

Note: Do not treat the same area more than once a week.

• BE AWARE: If the unit is used over an extended period of time, the unit might

automatically disable momentarily (estimated 40 seconds) to cool down. Once the unit has cooled down, it will be ready to use again.

Intensity/Flash Mode LED	Indication
All currently selected LEDs flashing	Unit is overheated and is disabled momentarily to cool down.
Intensity LEDs flashing in sequence	Unit is malfunctioning. Turn the unit off, wait a few moments and try again. If problem persists, the unit should be returned for repair.
All LEDs flashing with warning beep	Treatment head is removed or loose.
Audible Tones	Indication
Not Full Contact	Flash button was pressed while the skin contact sensor was not fully engaged.
Replace Light Cartridge	Light cartridge is missing or needs to be replaced.
Contact Sensors Stuck	Flash button was pressed after the contact sensor had been engaged since unit start up. Contact sensor may be stuck.

#### Frequently Asked Questions (www.remington-ilight.com)

#### Q. What is i-Light? What is Intense Pulse Light (IPL)?

A. IPL works by directing an extremely short, intense pulse of filtered light into the skin. The light is absorbed by the coloured pigments in and surrounding the hair and disables the hair follicle temporarily, preventing hair regrowth.

#### Q. Who can use i-Light?

A. Both men and women can use i-Light to remove unwanted hair anywhere below the neck, and females can use to treat facial hair below the cheekbone. i-Light has been designed for individuals with light to medium skin tones and dark hair. Safe skin tones include white, ivory, tan, beige and light brown only. Safe natural hair colours include black, dark brown and medium brown.

#### Q. What areas of my body can I treat with i-Light?

A. i-Light is designed for unisex use on areas below the neck, including the legs, underarms, bikini line, arms, chest and back. Females can also use on facial hair below the cheekbone.

#### Q. What can I expect from i-Light?

A. i-Light provides safe and effective salon-grade hair removal using IPL technology.

#### Q. What are the risks involved with i-Light? Is it safe?

A. i-Light is safe to use, but like any electronic device it is important that you read and follow the operating instructions.

#### Q. How often should I use i-Light?

- A. You should use i-Light whenever you start to see hair regrowth.
- DO NOT treat the same area more than once a week.

#### Q. How long do treatments take?

A. Time varies based on the size of the area being treated, but one full leg should take no more than 15 minutes.

#### Q. When will I begin to see results?

A. Results are not immediate. Hair may sometimes appear to be growing back after treatment but many of these hairs will begin to fall out after two weeks. Hair grows in a cycle of 3 different phases which lasts 18-24 months. Only hairs in the anagen phase are susceptible to treatment, which is why multiple treatments are required for optimal results. The results are generally noticeable within a few weeks of the first treatment, to revery 2 weeks for three treatments) use will give good results within 6 to 12 weeks (darker skin may take longer).

#### Q. Why is my hair growing despite treatments?

A. Hair continues to grow for up to 2 weeks after treatment, at which time you will notice the hair beginning to fall out. Another reason for continued growth could be that the area was missed during a treatment. Continue to treat the area whenever you notice regrowth.

#### Q. Why can't I use i-Light after recent sun exposure?

A. Sun exposure causes high levels of melanin to be present and exposes the skin to higher risk of burns or blisters following treatment.

#### Q. What are the warnings against using i-Light?

A. Certain conditions may limit your ability to use the unit. Please read the Warnings and Safety Precautions section in the User Manual in its entirety before using i-Light.

#### Q. How often do I need to replace the bulb?

A. The long-life light cartridge will deliver 65,000 flashes regardless of the energy level selected. While its unlikely you will ever need to replace it, it can be replaced by another long-life cartridge or SP-6000SB which delivers 1,500 flashes per cartridge. Please contact your local Remington\* Service Centre.

#### Q. Can I use i-Light on my face?

 i-Light is suitable for female facial use only below the cheekbone when used with the facial treatment head.

#### Q. How do I care for treated areas following treatment?

A. Avoid unprotected sun exposure to the treated areas.

#### Q. Should I suspend normal activity after using i-Light?

A. There is no need to suspend normal activity following treatment assuming no abnormal complications occur. It is recommended that you perform the treatment prior to going to bed so that any resulting redness fades by morning.

#### Q. Is i-Light dangerous for the skin after long term use?

A. There have not been any reported side effects or skin damage from long term use of intense pulse light.

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# Model No. IPL6000F

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