

PACIFICO YOKOHAMA Emergency Guideline



April 2011

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1. Outline of PACIFICO YOKOHAMA

(1) PACIFICO YOKOHAMA and the Yokohama City Anti-disaster Plan

① PACIFICO YOKOHAMA/surrounding area and the Minato Mirai district

The Yokohama City Anti-disaster Plan designates the following evacuation sites for PACIFICO YOKOHAMA/the surrounding area and the Minato Mirai district:

- The Minato Mirai Rinko Park ⇒ Wide-area evacuation site

* A wide-area evacuation site is where people escape from radiation heat and smoke from a fire.

- Minato Mirai 1–5 Chome ⇒ Voluntary evacuation area

* A voluntary evacuation area is where the safety of people can be secured by evacuation based on the judgment of the people, without the designation of wide-area evacuation sites.

② PACIFICO YOKOHAMA

The Yokohama Anti-disaster Plan designates the facilities of PACIFICO YOKOHAMA as follows:

- National Convention Hall: Temporary accommodation for people who have difficulty going home

- Exhibition Hall: Collection and delivery base of goods

In cases of large-scale disasters, our users will be consulted to decide whether our facilities will be made open to the public.

③ Stocks of Yokohama City

(1) Minato Mirai district

Type	Description
Underground water tank for disasters	In the Minato Mirai district, four underground water tanks for large-scale disasters have been installed to stock drinking water for emergencies such as disasters. Water constantly runs through the tanks. The tanks store water equivalent for 3 days for 500,000 people. <ul style="list-style-type: none">• Underground of the Yoyo Plaza (at Grand-mall Park - 1,000m³)• Underground of the Rinko Park (700 m³)

(2) PACIFICO YOKOHAMA

Type	Description
Blanket	5,000 sheets <ul style="list-style-type: none">• Stock of Yokohama City (stored in the Plaza storage)

【Ref】 URL of the Yokohama Anti-disaster Plan

<http://www.city.yokohama.jp/me/shobo/kikikanri/keikaku/keikaku.html>

(2) Anticipated earthquakes and damages

The Yokohama Anti-disaster Plan – Earthquakes (amended in December 2008) specifies anticipated earthquakes and damages as follows:

① Anticipated earthquake

The Yokohama Anti-disaster Plan assumes the Minami-Kanto Earthquake (M7.9), Yokohama City Inland Earthquake (M7.0) and Tokai Earthquake (M8.0) as the three earthquakes that will cause largest damages to Yokohama City.

Earthquake	Description
Minami-Kanto Earthquake	Dubbed as the next 1923 Great Kanto Earthquake. The M7.9 earthquake with the epicenter in the Sagami trough
Yokohama City Inland Earthquake (East Kanagawa Prefecture Earthquake)	M7.0-class earthquake with the epicenter in the boundary surface of the Philippine Sea plate situated immediately below the Government Building of Kanagawa Prefecture
Tokai Earthquake	M8.0-class earthquake with the epicenter in the Suruga trough. The Central Disaster Management Council used this earthquake in 2001 to designate the areas under intensified measures against earthquake disaster.

② Anticipated damages (Minato Mirai district)

The damages anticipated for the Minato Mirai district caused by these three earthquakes are as follows:

	Minami-Kanto Earthquake (M7.9)	Yokohama City Inland Earthquake (East Kanagawa Prefecture Earthquake) (M7.0)	Tokai Earthquake (M8.0)
Anticipated seismic intensity	6 lower	6 upper	5 lower
Anticipated liquidation damage	Will not occur	Will not occur	Will not occur
Anticipated Tsunami height	0.4–0.9 m inside the Yokohama Port (Kanagawa Prefecture Earthquake Anticipated Damage Study Committee) ↓ No tsunami effect	Less than 0.5 m inside the Tokyo Bay (The Central Disaster Management Council) ↓ No tsunami effect	Less than 1.0 m inside the Tokyo Bay (The Central Disaster Management Council) ↓ No tsunami effect

③ Anticipated tsunami level for the Yokohama Port

The Kanagawa Prefecture Earthquake Anticipated Damage Study Committee reported that if the **Minami-Kanto Earthquake** (dubbed as the next Great Kanto Earthquake) has occurred, a **0.4–0.9m tsunami will hit the Yokohama Port**.

Also, the Central Disaster Management Council reported that the **Tokyo Metropolitan Area Inland Earthquake will cause tsunami lower than 50 cm** and the **Tokai Earthquake will cause tsunami lower than 1 m** both inside the Tokyo Bay.

If a 1 m tsunami hit the Yokohama Port at high tide (T.P.* + 0.9 m), the water level would increase to T.P. + 1.9 m, which is sufficiently lower than the critical high-tide water level set for the Yokohama Port, T.P. + 2.7 m. It is predicted that tsunami that may hit the Yokohama Port or nearby coast would be small in scale and not cause direct large-scale damages considering the development already made along the coastal. (* T.P., short for Tokyo Peil, is the Tokyo Bay mean sea level.)

(3) Facilities of PACIFICO YOKOHAMA

① Earthquake resistance

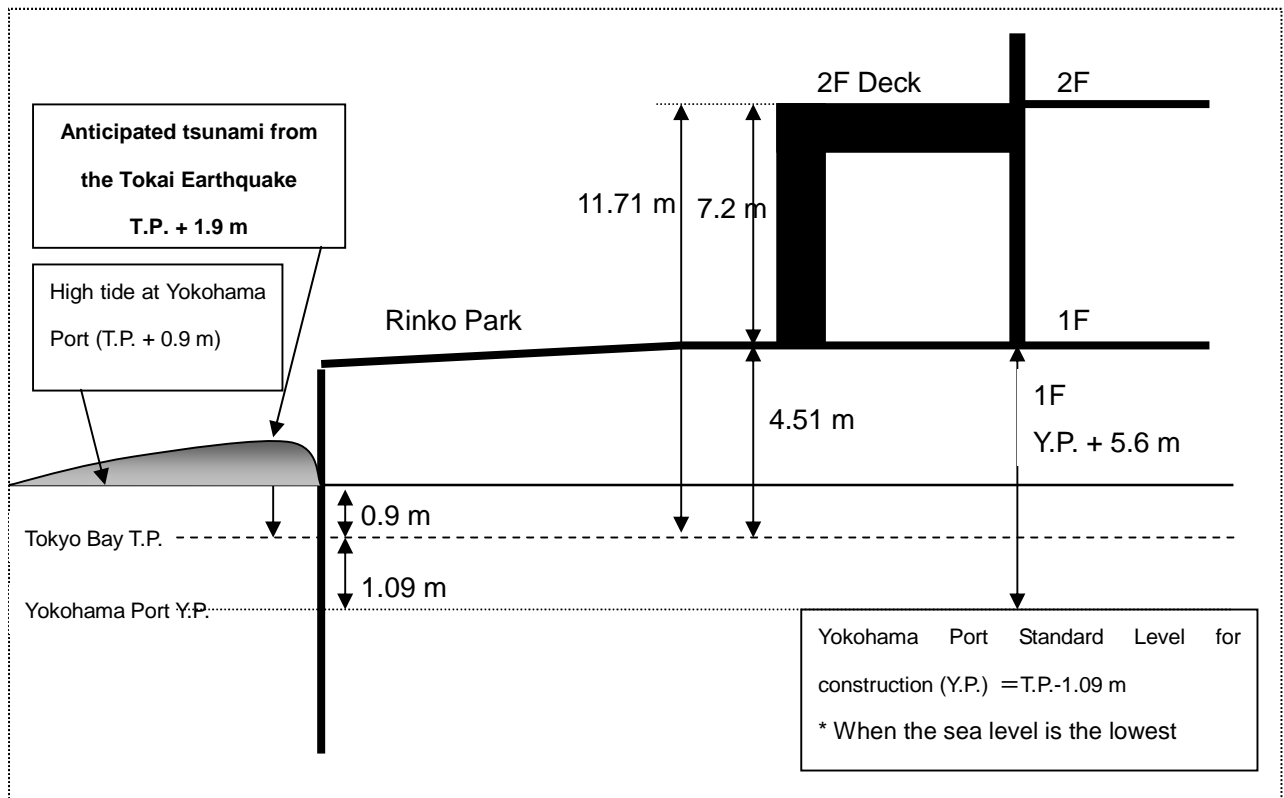
The building of PACIFICO YOKOHAMA was designed in accordance with the New Anti-seismic Design Code (1981) and its frameworks can withstand the seismic intensity of up to 6 upper.

However, this resistance only applies to the frameworks of the building and damages such as the breaking and scattering of windows, the falling of the ceilings and wall gypsum boards and the falling and breaking of equipment and machines may occur.

② Height and altitude of the building

The height of the building of PACIFICO YOKOHAMA is shown in the following chart. According to (2) Anticipated earthquakes and damages, even the first floor of the building will not be affected by tsunami; however, taking into consideration of the possibility of events that exceed the anticipated tsunami levels, the second floor of the building has been designated as an evacuation place.

	Height above ground	Tokyo Bay mean sea level (T.P.)
1F	0 m	+4.51 m
2F	+7.2 m	+11.71 m



(4) Evacuation places

The behavioral standards for evacuation are discussed in detail in 3. Behavioral standards and safety measures in emergencies. Evacuation places are designated as follows:

Disaster type	Evacuation place
Fire	<ul style="list-style-type: none"> The Minato Mirai Rinko Park (a designated wide-area evacuation place) (Use areas within the park away from the fire)
Earthquakes (without tsunami warning*)	<ul style="list-style-type: none"> Inside the building if the building interior has not been damaged The Minato Mirai Rinko Park if the building interior has been damaged
Earthquakes (with tsunami warning*)	<ul style="list-style-type: none"> Evacuate to 2F or higher (2F is +7.2 m above ground, T.P. + 11.71 m) Evacuate to 2F or higher if the building interior has not been damaged Evacuate to the deck in the International Exchange Zone (2F) if the building interior has been damaged

* When an earthquake has occurred, the Meteorological Agency announces three types of tsunami warning based on predicted tsunami heights (tsunami warning, tsunami advisory and tsunami forecast). Tsunami warning and advisory are announced along with predicted heights and arrival timed of tsunami.

Type	Tsunami height announced	
Tsunami warning	High tsunami	3, 4, 6, 8, 10 m or higher
	Tsunami	1 or 2 m
Tsunami advisory		0.5 m
Tsunami forecast		Announced when tsunami damage is not expected

■ Wide-area evacuation area (green areas in the figures)



PACIFICO and surrounding area 1F



PACIFICO and surrounding area 2F

*Evacuate to the deck (dark green in the right-hand figure) on 2F if there is a tsunami warning

2. Fire and disaster prevention system at PACIFICO YOKOHAMA

PACIFICO YOKOHAMA implements fire prevention measures in accordance with the PACIFICO YOKOHAMA Fire/Disaster Prevention and Fire Control Plan as well as preparing for emergencies by organizing its own fire control team.

It also strives to prevent disasters and ensure safety during events through active participation of and cooperation with fire control teams formed by event organizers.

(1) Emergency contacts

In the events such as a fire and medical emergencies, contact the fire department and the Central Fire Prevention Center. The Central Fire Prevention Center is located on the first basement of the Exhibition Hall with staff on hand 24-7 ensuring the security and safety of all the facilities.

① Contacts

Telephone type	Telephone number
Extension	9119 or 2127
Emergency telephone	Telephones are located above the fire hydrants (just pick up the phone and talk)
External	045-221-2127

② Information that needs to be communicated

Item	Description
Place	Place where the emergency event has occurred
Detail	Description, causes, conditions, etc. of the emergency event
Injuries	Presence/absence of injuries
Evacuation	Implementation status of evacuation measures

③ Information that need to be communicated when calling an ambulance

Item	Description
Patients	Description of the sick or injured people (e.g., age, gender, nationality)
Causes	Description of how the diseases or injuries have occurred
Conditions of patients	Conditions of the sick or injured people
Circumstance	Where and when the diseases or injuries have occurred

④ Contacting relevant agencies

Item	Police	Labor Standards Supervision Office
Incident type	<ul style="list-style-type: none"> Incidents involving violence, injuries, stealing, etc. Injuries, deaths or traffic accidents whole using the facilities Injuries or accidents during operations in the facilities 	<ul style="list-style-type: none"> Injuries or accidents during operations in the facilities
Contact	Tobe Police Department	Kanagawa Labor Standards Supervision Office

Address	50-6 Tobe Honcho, Nishi-ku, Yokohama	Yokohama Kohoku Local Godo-Chosha (3F), 3-24-6 Shin-Yokohama, Kohoku-ku, Yokohama
Tel	045-324-0110	045-474-1251

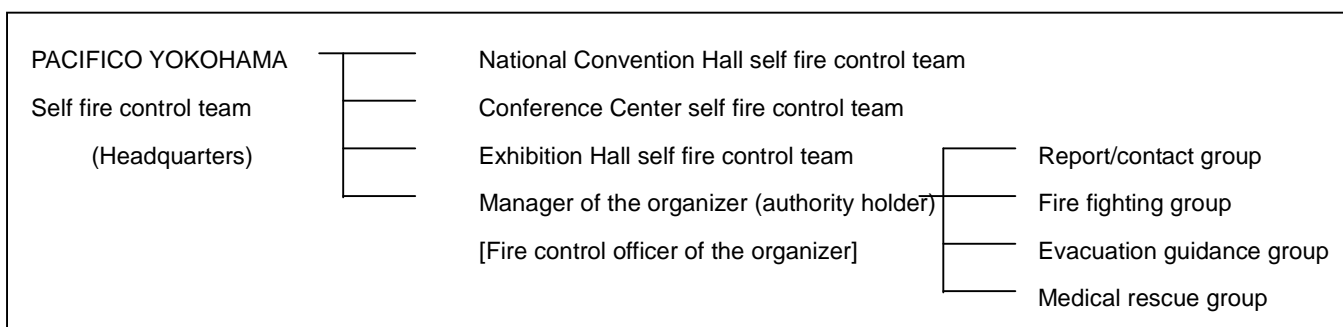
(2) Voluntary fire/disaster prevention management

① Responsibilities of the event organizer

- The event organizer must observe the PACIFICO YOKOHAMA Facilities User Rules and the PACIFICO YOKOHAMA Fire Prevention Guideline, designate officers in charge of fire/disaster prevention and implement fire and accident prevention measures while contacting and coordinating with PACIFICO YOKOHAMA.
- To be ready in case of a fire, earthquake, or medical emergencies (occurrence of illness and injuries) and other incidents/accidents, the event organizer must hold detailed meetings with its officers in charge based on the Facilities User Manual and this guideline.
- If disasters such as a fire and/or an earthquake have occurred, the event organizer must follow instructions of the self fire control team of PACIFICO YOKOHAMA and make necessary contacts, guide people for evacuation and conduct initial fire control.

② Responsibilities of the manager of the event organizer (the authority holder)

- The manager must give disaster prevention and visitor safety the highest priority in planning and holding events.
- The manager must assign the fire and disaster control officers and actively implement fire and disaster prevention measures by establishing its own prevention/management team (consisting of the fire-source officer, the evacuation guidance officer, etc.) and the self fire control team.



③ Responsibilities of the fire control officer of the organizer

- The fire control officer must educate event staff on the PACIFICO YOKOHAMA Fire Prevention Guideline and this guideline.
- The fire control officer must organize the self fire control teams, make sure staff understands their roles, instruct staff on how to use fire equipment, etc.
- The fire control officer must establish the system of contacting the self fire control team of

PACIFICO YOKOHAMA during disasters.

- The fire control officer must prepare sentences used for emergency announcements and make the announcements when necessary.

* Refer to the following table for examples of sentences used for announcements.

- The fire control officer must monitor the venue before, during and after the event.
- The fire control officer must set up and clear the venue appropriately.

Examples of announcement sentences

■ Fire

A fire has been reported	<ul style="list-style-type: none">• May I have your attention please. We have received a report that there is a fire at XX.• Our staff is currently investigating report. Please wait until our next announcement.
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A fire has occurred	<ul style="list-style-type: none">• May I have your attention please. A fire has been confirmed at XX. Our self fire control team is at the scene, and taking action.• Follow instructions of the evacuation staff, stay calm, and evacuate from the emergency exits.
A fire report has been confirmed false	<ul style="list-style-type: none">• May I have your attention please. We have responded to the fire report, and have conducted an inspection at XX. Please be assured that there was no fire.

■ Earthquakes

An earthquake has occurred	<ul style="list-style-type: none">• May I have your attention please. We have just felt a strong earthquake but there is no risk of this building collapsing.• Keep away from the windows and protect yourself from harm.• It is very dangerous to go outside. Please wait for our next announcement.• Do not use elevators for evacuation.• May I have your attention please. The epicenter of the earthquake we have just felt was at WW, the depth was XX km, the magnitude was YY and the seismic intensity here was ZZ.• We are currently checking the facility for safety. Please stay where you are and wait for instructions from our
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



	<p>evacuation staff.</p> <ul style="list-style-type: none"> • An outdoor evacuation order has been issued. Watch for falling objects and glasses, stay calm, and follow instructions from our evacuation staff to evacuate • There is a possibility of tsunami. Evacuate to the second floor or higher of this building.
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■ **Coded sentence**

To collect staff	<ul style="list-style-type: none"> • Attention field staff. The event is commencing. Please come to XX immediately.
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3. Behavioral standards and safety measures in emergencies

(1) Fire

	Organizer	PACIFICO YOKOHAMA
Report/contact 	① Contact the manager of the organizer <ul style="list-style-type: none"> Provide instructions to the self fire control team of the organizer ② Contact the Fire Prevention Center <ul style="list-style-type: none"> Extension 9119 / External 045-221-2127 ③ Contact the relevant PACIFICO staff ④ Priority given to 119 call <ul style="list-style-type: none"> When the fire is strong, the organizer should call 199 directly 	②③ Contacted by the organizer <ul style="list-style-type: none"> Contacted by the organizer ④ Call 119. <ul style="list-style-type: none"> In cases of a small-scale fire, the Fire Prevention Center should call 119
Initial fire control 	① Fire extinguishers and indoor fire hydrants <ul style="list-style-type: none"> Control fire using extinguishers Control fire using indoor fire hydrants 	① Fire extinguishers and indoor fire hydrants <ul style="list-style-type: none"> Control fire using extinguishers Control fire using indoor fire hydrants
Announcements Evacuation guidance Emergency relief 	① Announcements <ul style="list-style-type: none"> Make announcements for visitors ② Evacuation guidance <ul style="list-style-type: none"> Guide visitors for evacuation Evacuation place: the Minato Mirai Rinko Park ③ First aid <ul style="list-style-type: none"> Provide first aid for injured people 	① Announcements <ul style="list-style-type: none"> In emergencies, make emergency announcements ② Evacuation guidance <ul style="list-style-type: none"> Guide visitors for evacuation Evacuation place: the Minato Mirai Rinko Park ③ First aid <ul style="list-style-type: none"> Provide first aid for injured people
Confirmation of damages 	① Confirmation of damages <ul style="list-style-type: none"> Preserve scene until the arrival of fire fighters Fire fighters determine whether the fire has been extinguished - Investigate personal and other damages 	① Confirmation of damages <ul style="list-style-type: none"> Investigate venue damage, etc.
Determination of whether the event will be resumed	① Determination of whether the event will be cancelled (resumed or discontinued) <ul style="list-style-type: none"> Discussion on the continuation of the event 	

* In cases of power outage:

① During a power outage, the following equipment can be used:

- Security lights and evacuation guidance lights: Can be lit for 20–30 minutes using their internal batteries.
- Emergency announcement equipment: Can be operated using the internal battery.

② Power supply is switched to the private power plant, and the lights for emergency equipment and protective circuits are turned back on in about 30 minutes. Since the private power plant only is not enough to secure normal power supply level, power supply will be limited to safety equipment/devices.

(2) Earthquakes

	Organizer	PACIFICO YOKOHAMA
Announcements	① Announcements <ul style="list-style-type: none"> Make announcements to visitors 	① Announcements <ul style="list-style-type: none"> At earthquakes with the intensity of five lower or higher, make emergency announcements
Confirmation of damages	① Confirmation of damages <ul style="list-style-type: none"> Confirm the presence of injured people Start initial fire control if there is a fire 	① Confirmation of damage <ul style="list-style-type: none"> Confirm damages to facilities Start initial fire control if there is a fire
Evacuation guidance	① Safety of the building has been confirmed. <ul style="list-style-type: none"> Stay within the building and be careful of aftershocks ② The building has been damaged. <ul style="list-style-type: none"> Guide visitors for evacuation Evacuation place: the Minato Mirai Rinko Park <ul style="list-style-type: none"> Evacuate to the 2F or higher if there is a tsunami warning 	② The building has been damaged. <ul style="list-style-type: none"> Guide visitors for evacuation Evacuation place: the Minato Mirai Rinko Park <ul style="list-style-type: none"> Evacuate to the 2F or higher if there is a tsunami warning
Conditions of surrounding facilities		① Collection of information on the earthquake <ul style="list-style-type: none"> Install TV sets for collecting disaster information ② Communication concerning surrounding facilities <ul style="list-style-type: none"> Report on the conditions of surrounding facilities.
Determination of whether event will be resumed	① Determination of whether the event will be cancelled (resumed or discontinued) <ul style="list-style-type: none"> Discussion on the continuation of the event 	

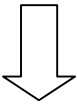
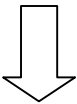
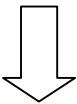
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
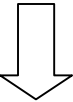
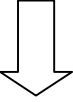
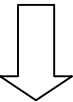

② Power supply is switched to the private power plant, and the lights for emergency equipment and protective circuits are turned back on in about 30 minutes. Since the private power plant only is not enough to secure normal power supply level, power supply will be limited to safety equipment/devices.

(3) Medical emergencies (sick or injured people)

	Organizer	PACIFICO YOKOHAMA
<div style="border: 1px solid black; padding: 2px; width: fit-content; margin-bottom: 10px;">Emergency patients</div> 	① Confirmation of patient conditions <ul style="list-style-type: none"> Determine urgency based on the conditions Use the First-aid Room if the patients can walk 	
<div style="border: 1px solid black; padding: 2px; width: fit-content; margin-bottom: 10px;">Report/contact</div> 	① Contact PACIFICO YOKOHAMA. <ul style="list-style-type: none"> Report patient conditions, etc. to the relevant staff ② Call 119. <ul style="list-style-type: none"> If the conditions are serious, talk to the patients or those accompany them and call 119 	① Contacted by the organizer <ul style="list-style-type: none"> Contacted by the organizer on patient conditions and other information ② Call 119 <ul style="list-style-type: none"> PACIFICO YOKOHAMA makes the call
<div style="border: 1px solid black; padding: 2px; width: fit-content; margin-bottom: 10px;">First aid</div> 	① First aid <ul style="list-style-type: none"> Use the first-aid kit in the First-aid Room or other places Provide first aid ② Resuscitation <ul style="list-style-type: none"> Perform resuscitation using an AED installed nearby 	① First aid <ul style="list-style-type: none"> Use the first-aid kit Provide first aid ② Resuscitation <ul style="list-style-type: none"> Perform resuscitation using an AED installed nearby
<div style="border: 1px solid black; padding: 2px; width: fit-content; margin-bottom: 10px;">Information collection</div>	① Information on emergency patients (sick or injured people) <ul style="list-style-type: none"> Confirmation of the identities of the patients and those who accompany them. ② Preservation of the scene <ul style="list-style-type: none"> If the injuries are serious, preserve the scene where the injuries have occurred 	
<div style="border: 1px solid black; padding: 2px; width: fit-content; margin-bottom: 10px;">Ambulance transfer</div>	① Transfer by ambulance <ul style="list-style-type: none"> Communicate the patient conditions and other information to the rescue crew. The patients should be accompanied to the hospital by their friends, family, etc. or the organizer's staffers. 	① Ambulance transfer <ul style="list-style-type: none"> Ambulances will be guided by the staff of PACIFICO YOKOHAMA.

***Refer to First-aid Equipment
in this material for the locations of AED**

(4) Incidents and accidents

	Organizer	PACIFICO YOKOHAMA
<div style="border: 1px solid black; padding: 2px; width: fit-content;">Confirmation of the situation</div> 	① Confirmation of the situation <ul style="list-style-type: none"> Confirm the details of the incident/accident 	
<div style="border: 1px solid black; padding: 2px; width: fit-content;">Contact/report</div> 	① Contact the Disaster Prevention Center. <ul style="list-style-type: none"> Extension 9119 / External 045-221-2127 ② Contact the relevant PACIFICO staff. ③ Preference of calling 119 or 110 <ul style="list-style-type: none"> Call 119 or 110 directly if highly urgent 	①② Contacted by the organizer <ul style="list-style-type: none"> Contacted by the organizer ③ Call 119 <ul style="list-style-type: none"> Call 119 or 110 as appropriate
<div style="border: 1px solid black; padding: 2px; width: fit-content;">Securing safety</div> 	① Securing safety <ul style="list-style-type: none"> Conduct initial fire control if there is a fire Secure safety to prevent second disasters 	① Securing safety <ul style="list-style-type: none"> Conduct initial fire control if there is a fire Secure safety to prevent second disasters
<div style="border: 1px solid black; padding: 2px; width: fit-content;">Initial response</div> 	① First aid <ul style="list-style-type: none"> Provide first aid if there are injured people ② Evacuation guidance <ul style="list-style-type: none"> Announce instructions to visitors and guide them for evacuation 	① First aid <ul style="list-style-type: none"> Provide first aid if there are injured people ② Evacuation guidance <ul style="list-style-type: none"> Provide evacuation guidance as appropriate Make emergency announcements if the situation is serious and urgent
<div style="border: 1px solid black; padding: 2px; width: fit-content;">Preservation of the scene</div> 	① Preservation of the scene <ul style="list-style-type: none"> Preserve the scene if the fire department or police has been contacted 	
<div style="border: 1px solid black; padding: 2px; width: fit-content;">Determination of whether event will be resumed</div>	① Determination of whether the event will be cancelled (resumed or discontinued) <ul style="list-style-type: none"> Discussion of the continuation of the event 	

Appendix

- **Map of PACIFICO YOKOHAMA and surrounding area**







- **Evacuation routes**
 - **National Convention Hall**
 - **Conference Center**
 - **Exhibition Hall, Annex Hall**

- **Emergency equipment**
 - **Fire control equipment**
 - **First-aid equipment**

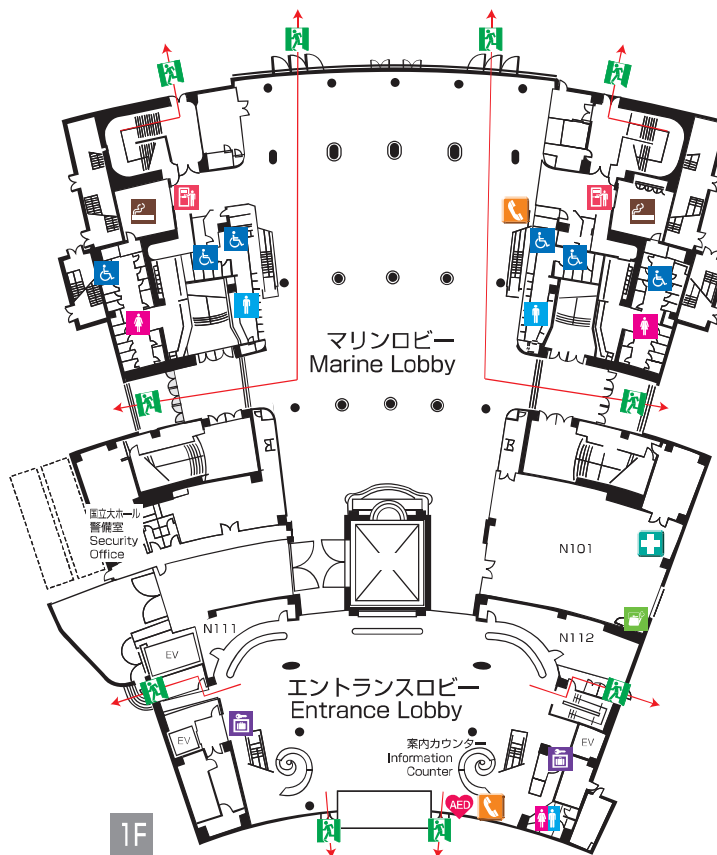
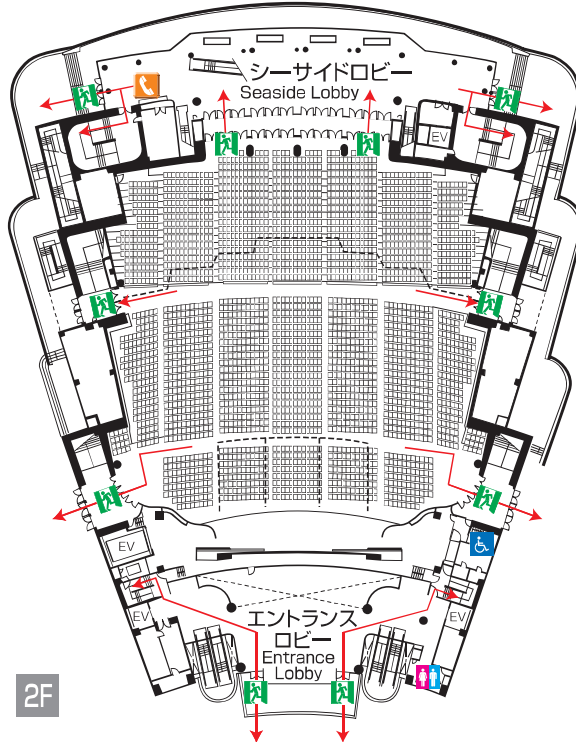
避難経路図

国立大ホール (国立横浜国際会議場)

National Convention Hall (National Convention Hall of Yokohama)

-  公衆電話
Telephones
-  男性トイレ
Rest room (Men's)
-  女性トイレ
Rest room (Women's)
-  車イス用トイレ
Rest room (Disabled)
-  給湯室
Kitchenette
-  コインロッカー
Coin-operated Lockers
-  自販機
Vending Machines
-  救護室
First-aid Corner
-  避難経路
Evacuation Route
-  非常口
Emergency Exit
-  AED
(自動体外式除細動器)
-  喫煙所
Smoking area

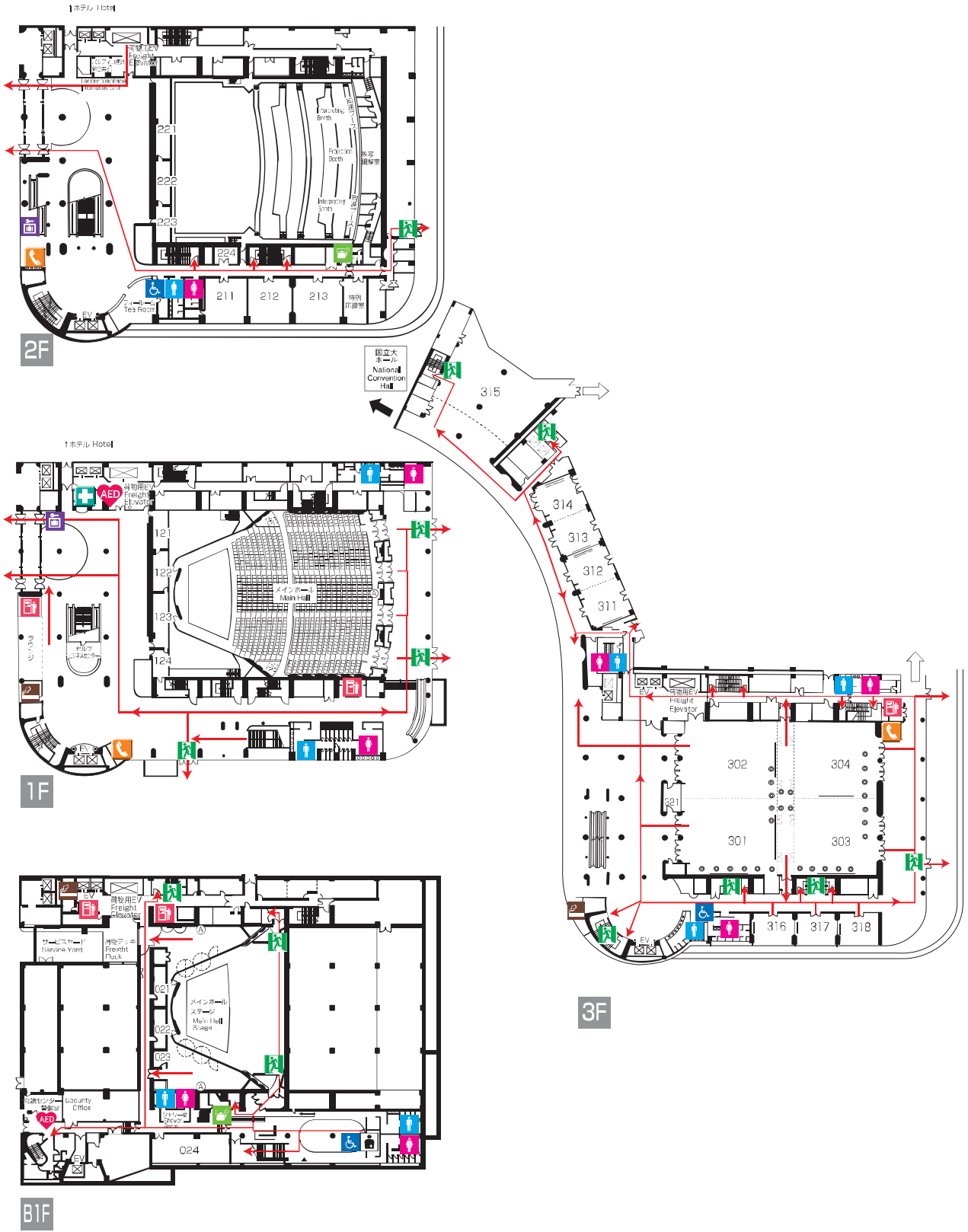
フロア図 / Floor Plan




フロア図 Floor Plan

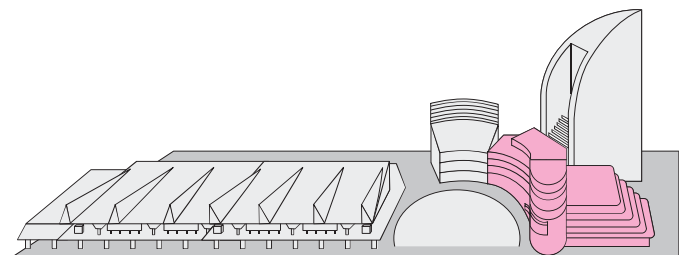
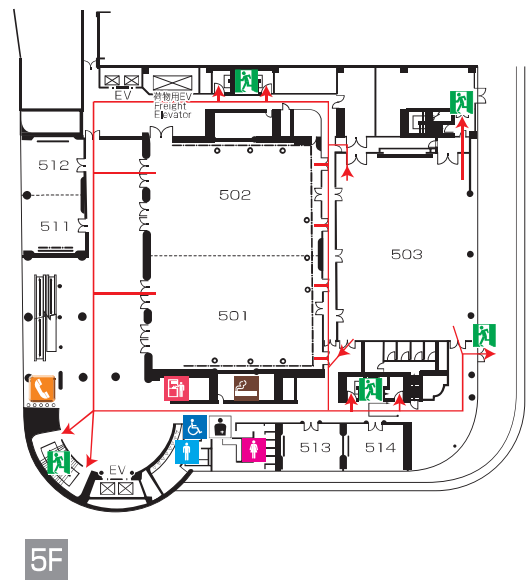
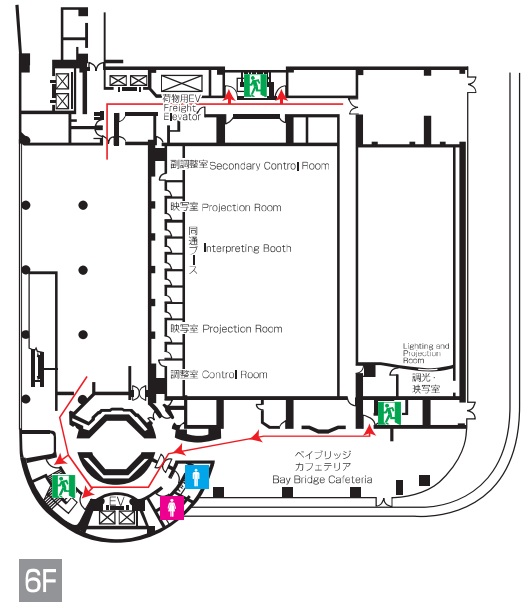
会議センター Conference Center

フロア図 / Floor Plan



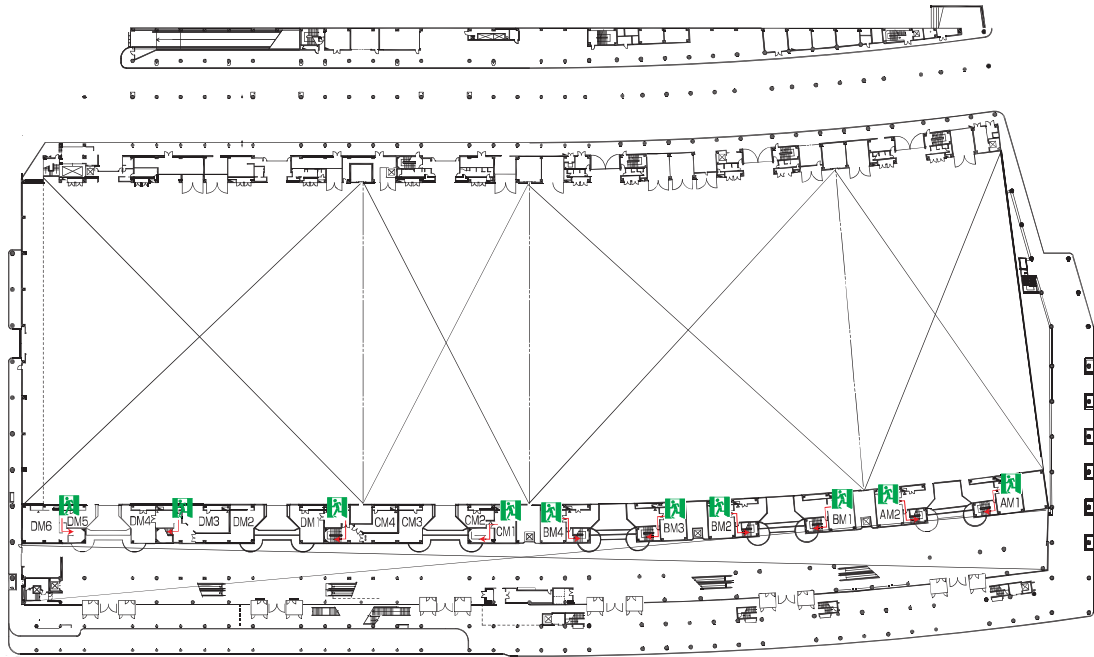
- | | | | | | |
|--|--|--|---|--|---|
|  公衆電話
Telephones |  男性トイレ
Rest room (Men's) |  女性トイレ
Rest room (Women's) |  車イス用トイレ
Rest room (Disabled) |  オストメイト対応
Ostomate |  給湯室
Kitchenette |
|  コピー・ファックス
Photocopies, Facsimiles |  コインロッカー
Coin-operated Lockers |  自販機
Vending Machines |  救護室
First-aid Corner |  避難経路
Evacuation Route |  非常口
Emergency Exit |
|  AED
(自動体外式除細動器) |  喫煙所
Smoking area | | | | |

フロア図 / Floor Plan

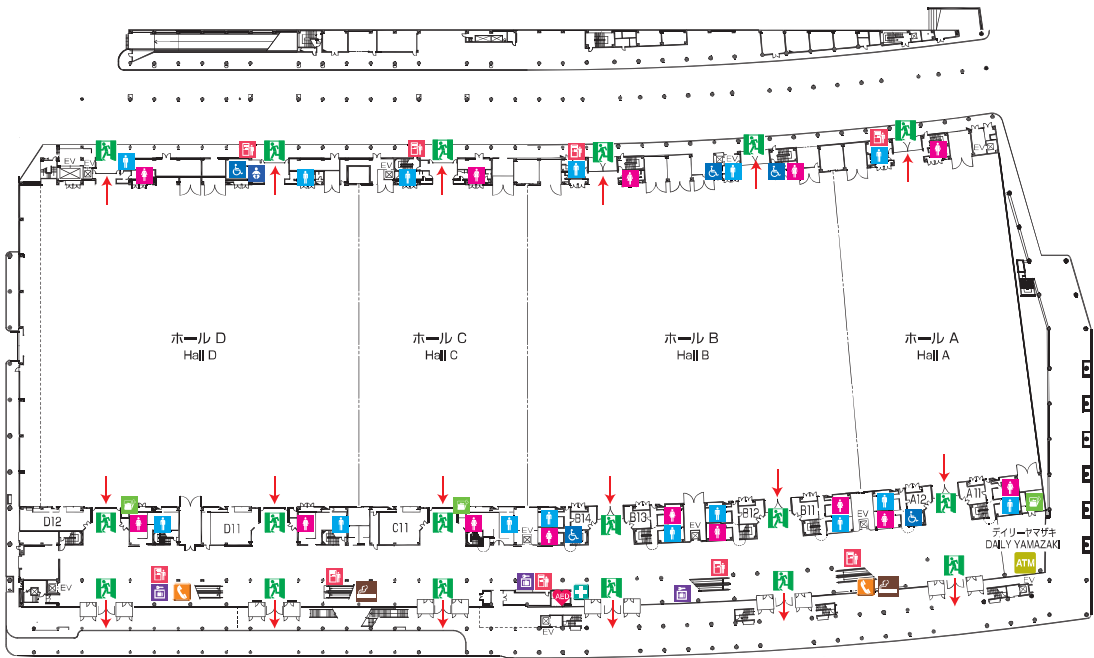


■ 展示ホール Exhibition Hall

フロア図 / Floor Plan

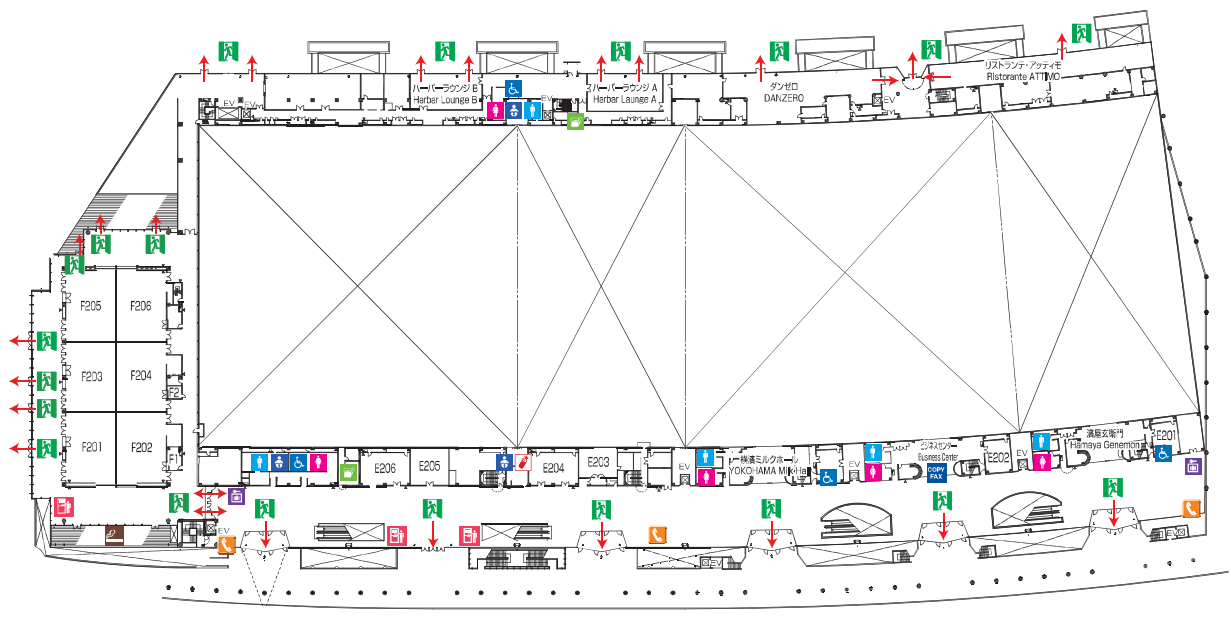


M2F

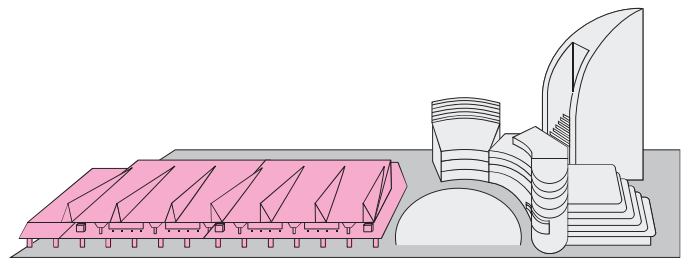


1F

-  公衆電話
Telephones
-  男性トイレ
Rest room (Men's)
-  女性トイレ
Rest room (Women's)
-  車イス用トイレ
Rest room (Disabled)
-  給湯室
Kitchenette
-  コピー・ファックス
Photocopies, Facsimiles
-  コインロッカー
Coin-operated Lockers
-  自販機
Vending Machines
-  救護室
First-aid Corner
-  ベビーベッド
Baby bed
-  授乳室
Nursing room
-  避難経路
Evacuation Route
-  非常口
Emergency Exit
-  ATM : ATM
-  AED
(自動体外式除細動器)
-  喫煙所
Smoking area



2F



■ Fire control equipment

1. Outdoor fire hydrants



2. Indoor fire hydrants and fire extinguishers



Indoor fire hydrant



Fire extinguisher

■ First-aid equipment

1. First-aid Rooms

Location	Floor	Equipment available
National Convention Hall	Waiting room N101 (1F) will be used as the First-aid Room.	2 beds, 2 wheelchairs, 1 stretcher, first-aid kit
Conference Center	1F	2 beds, 3 wheelchairs, 1 stretcher, 1 sofa, 1 TERUMO blood pressure gauge, 1 electric thermometer, office desk and chair, first-aid kit
Exhibition Hall	At the Concourse Hall B (1F)	2 beds, 3 wheelchairs, 1 stretcher, 1 sofa, 1 TERUMO blood pressure gauge, 1 electric thermometer, office desk and chair, first-aid kit

Note: Doctors or nurses are not stationed at these First-aid Rooms. You can bring in and use your equipment in these rooms. We can recommend you agencies that dispatch doctors and nurses.

*Contents of a first-aid kit

■ General items

Sterile gauze (1 box), gauze (1 bag), cotton pads (1 bag), bandages (2 rolls), triangular sling (1 sheet), adhesive plasters (1 box), cloth adhesive plasters (1 box), cotton swabs (1 box), cooling sheets (5 bags), 1 bandage scissor and 1 tweezer

■ Drugs

Washing cottons (1 box), Dolmycin ointment (disinfectant, 1 box), iodine tincture (1 box), Mercurochrom solution (disinfectant, 1 box)



National Convention
(Waiting room N101)



Hall Conference Center



Exhibition Hall

2. AED

Location	Floor
National Convention Hall	1F entrance
Conference Center	1F at the entrance of the First-aid Room
Exhibition Hall	1F at the entrance of the First-aid Room

Refer to Evacuation Routes on P15–20 for each facility



心肺蘇生の流れ



Flow of resuscitation (CPR)

Look, someone has collapsed!

1. Tap the person's shoulder to check whether he/she is conscious
"Call 119!! Get an AED!!"

2. Call for help

3. Check whether the person is breathing.
See the movement of the chest and abdomen (within 10 seconds)

4. Perform 30 Cardiopulmonary resuscitation (CPR)
Push down sharply so the chest sinks at least 5 cm at a rate of more than 100 times/min.

Push on the center of the chest
Perform 2 artificial respirations

5. Apply an electric shock using the AED
*Keep a distance from the person to which the shock is applied

Continue resuscitation until the paramedics arrive

AEDは簡単3ステップ 音声ガイドに従って操作します



Use of the AED requires only simple three steps
Follow voice instructions

1. Open the top cover and power will automatically turn on
2. Attach electrode pads to the chest as shown
3. Push the bottom to apply an electric shock



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