



# TRASH FLASH

WINTER 2009



NEWBURY DISPOSAL RECYCLING NEWS FOR THOUSAND OAKS RESIDENTS  
800-418-7274 • WWW.EJHARRISON.COM • E-MAIL: INFO@EJHARRISON.COM

## Happy Holidays from the Harrisons

**T**he Harrison family wishes one and all a Merry Christmas and Happy Holidays.

As the holidays approach, we find ourselves reflecting on the past year and on those who founded and shaped our company, our parents E.J. and Myra. They instilled in us the importance of family, hard work and giving back to the community.

There is no time more fitting to thank our customers and our communities. We are

proud of the service we provide you, and remain committed to maintaining the highest level of service to you in 2010, and beyond.

We are also most thankful for the continued long life of our mother, who remains with the company she co-founded 77 years ago. Myra joins us in wishing you a Happy Holiday Season and a New Year filled with peace and prosperity.

*Jim, Myron and Ralph Harrison*

## Recycle Your Christmas Tree

**E**ach year about 15,000 trees are recycled in Thousand Oaks. Newbury Disposal makes it easy, just follow these three easy steps:

1. Remove all decorations, tinsel, lights **and the tree stand** (wood or metal). Flocked trees are not accepted in the yard trimmings cart.

2. Cut your tree into sections no longer than 4-foot long. (Do not bag your tree.)

3. On your collection day between December 26 and January 8 place your tree in your yard trimmings cart.

Trees picked up will be chipped and reused as mulch throughout the City.



## Why Recycle?

**R**ecycling helps the environment by saving natural resources, energy, landfill space and helps to keep our air cleaner.

Thus, during these tough economic times, it is more important than ever to keep trash and recyclable materials separated and placed in their own bins.

By doing so, you are increasing the amount of materials we can recycle and sell in a market that has been hit hard by the recession

Please turn to the back page of your "Trash Flash" for recycling, yard waste and trash guidelines. It is worth the extra effort. Thanks.



## Extra Trash Allowed After the Holidays

**R**esidents may put out twice the amount of trash curbside on their regular collection day at no extra charge during the two weeks following Christmas. All extra trash must be tied and securely bagged. Cardboard boxes must be flattened and placed next to your recycling cart. For more information please call Newbury Disposal at 1-800-41-TRASH or [www.ejharrison.com](http://www.ejharrison.com).

## Dreaming of a 'Green' Christmas

**D**id you know that during the last quarter of the year, when we celebrate several holidays, an extra 25 percent of waste is generated? Here are a few ideas for ways to trim your *wasteline* and have an Earth-friendly holiday season:

### Wrapping

❏ Reuse colorful paper such as decorative newspaper ads, comic strips, old maps or colorful magazine pages.

❏ When purchasing, buy recycled content wrapping paper.

❏ Use the front of old holiday cards as name tags.

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## 2010 Holiday Schedule

**LOOKING AHEAD, THESE ARE THE HOLIDAYS THAT WILL DELAY TRASH COLLECTION ONE DAY:**

New Year's Day	Friday, Jan. 1
Memorial Day	Monday, May 31
Labor Day	Monday, Sept. 6
Thanksgiving	Thursday, Nov. 25

**THESE ARE THE HOLIDAYS THAT WILL NOT DELAY TRASH COLLECTION ONE DAY:**

Martin Luther King Jr. Day	Monday, Jan. 18
Presidents' Day	Monday, Feb. 15
Independence Day	Sunday, July 4
Veterans' Day	Thursday, Nov. 11
Christmas	Saturday, Dec. 25

## Dreaming of a 'Green' Christmas

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📦 Save gift boxes and re-use them throughout the year for other items.

### Alternate Gifts

📈 Open a savings account or purchase a savings bond for a child.

📦 Consider reused items from antique shops or thrift stores.

### Ornaments

📦 Instead of buying ornaments, use popcorn strands, small toys, memorabilia such as a child's first shoe, edible cookie ornaments or decorate unused cookie cutters.

### Holiday Cards

📧 Consider e-mail or Internet greetings as an alternative to paper holiday cards.

📧 Create your own cards from used paper.

📧 When buying cards, look for ones made of recycled paper.

### Celebrations

📦 When celebrating, use reusable plates, flatware, glasses, tablecloths and linens rather than disposable items.

### Packaging

📧 Use crumpled newspaper or magazine pages for packing material.

### Shopping

📦 Take along reusable bags when shopping.

📦 Consolidate shopping trips to save fuel.

📦 Cancel mail-order catalogues that you don't want.

### Unwanted Items

📦 After the holidays, donate unwanted gifts, clothing, furniture and housewares to a local charity or thrift store. Donate or recycle old electronics and consider re-use Web services such as Freecycle ([www.freecycle.org](http://www.freecycle.org)) to find new homes for unwanted, usable items.

## Recycle Used Oil & Filters Free

State Used Oil Certified Centers

- ◆ **Conejo Valley Unocal '76**  
420 TOaks Blvd. – 496-2333
- ◆ **Firestone Tire/Service\***  
598-A Hillcrest Dr. – 496-2611
- ◆ **Firestone Tire/Service**  
1100 E. TOaks Blvd. – 497-7581
- ◆ **Jiffy Lube\***  
1695 TOaks Blvd. – 496-3910
- ◆ **Jiffy Lube\***  
2905 TOaks Blvd. – 495-5664
- ◆ **Leon's Transmission\***  
3043 E. TOaks Blvd. – 495-6497
- ◆ **Neftin Westlake Volkswagen-Mazda\***  
3550 Auto Mall Dr. – 497-9404
- ◆ **Nissan of Thousand Oaks**  
3755 Auto Mall Dr. – 866-432-8552
- ◆ **Pep Boys**  
2099 TOaks Blvd. – 497-0089
- ◆ **Valvoline Instant Oil Change\***  
2378 E. TOaks Blvd. – 497-4848

\*Used oil filters accepted

### Tips for Recycling Oil

- ◆ Call Centers for hours of operation and to verify amount of oil accepted.
- ◆ Leave motor oil and filter with attendant.
- ◆ Transport oil in a secure container.

Free used oil containers are available at the City's monthly Household Hazardous Waste Program.



Program funded by a grant from the California Integrated Waste Management Board



## The "3,000 Mile Myth"

The long-held rule-of-thumb that your car's oil should be changed every 3,000 miles is a myth! Many of today's cars can go longer without affecting engine wear. Automaker guidelines regularly recommend oil changes at 5,000 miles or more, however research conducted by the California Integrated Waste Management Board (CIWMB) shows that nearly three quarters of Californian drivers change their motor oil more often. Unnecessarily following the 3,000 mile myth generates millions of gallons of wasted oil annually, which can pollute California's natural resources. You can do your part to help keep California green. **Always consult your vehicle's user manual for manufacturer guidelines on when to change your oil.** Following the recommended oil-change schedule can save you money, time and help the environment too! For more information, visit [www.3000milemyth.org](http://www.3000milemyth.org).

### Did You Know?

If all used motor oil generated by the public was collected and re-refined, it would provide enough oil for more than 5 million cars each year!

**ZERO WASTE – YOU MAKE IT HAPPEN!**

# Free Household Hazardous Waste Program

For Thousand Oaks residents and unincorporated Ventura County residents only. **APPOINTMENTS REQUIRED:** (805) 449-SAVE or [www.toaks.org](http://www.toaks.org).

## 2010 Calendar

- January 9
- February 6
- March 6
- April 3
- May 1
- June 5
- July 10
- August 7
- September 11
- October 2
- November 6
- CLOSED December

## Materials Accepted

- Aerosol Sprays
- Batteries
- Cleaners
- Paint Thinners
- Pool Chemicals
- Propane Tanks
- Paint (all kinds)
- Gasoline
- Polishes
- Sharps
- Wood Preservatives & Finishes
- Automotive Products
- Fluorescent Light Tubes
- Glues & Adhesives
- Pesticides/Fertilizers
- Oil & Oil Filters
- Weed Killers
- Waxes & Polishes
- Medicine (unwanted/expired)
- Nail Polish & Remover
- Solvents

## Materials Not Accepted

- Biological Waste
- Business Waste
- Explosives/Ammunition
- Radioactive Materials

For proper disposal methods, please call (805) 449-2428 or [gkaufman@toaks.org](mailto:gkaufman@toaks.org)

## Transportation Tips

- It is against the law to transport more than 15 gallons or 125 pounds of hazardous waste at any one time in your vehicle.
- Never mix chemicals.
- Place in sealed containers.
- Pack to prevent tipping and spilling

## Did You Know?

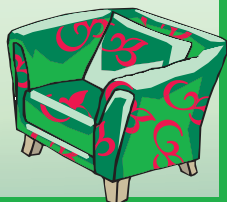
California Health & Safety Code, Section 25189.5 forbids the disposal of any hazardous waste in an unauthorized manner or location. Fines up to \$100,000 can be imposed.

## Senior Discounts Available!

Senior residents 62 years of age or older are eligible for a \$3 discount rate on their monthly service bill. For additional information, please contact Newbury Disposal at 1-800-41-TRASH.

## Free Bulky Item Pick-up

Did you know? Annually residents may request up to two (2) free collections with a total of four (4) items per calendar year (some limitations apply). To schedule a bulky item pick-up, please contact Newbury Disposal at 1-800-41-TRASH.



## Old Pills Piling Up?

**Do not flush or pour unwanted, unused or expired prescriptions or over-the-counter medications down the drain.**

**Why not flush?** A nationwide study conducted in 1999 and 2000 by the United States Geological Survey found low levels of drugs such as antibiotics, hormones, contraceptives and steroids in 80% of tested waterways. A number of studies have shown adverse impacts on aquatic life. For example, male fish have been feminized (produced eggs) when exposed to hormones found in birth control pills. Other drugs such as anti-depressants and beta-blockers reduce fertility or affect spawning in certain aquatic organisms.

**Help protect our environment, dispose of drugs safely.** Properly dispose of medications at the City's Household Hazardous Waste Collection Program. Call (805) 449-SAVE, or visit [www.toaks.org](http://www.toaks.org) to schedule an appointment.

## How Do I Get Off All These Mailing Lists?

The following options can help reduce the amount of junk mail coming to your home.

**Credit Cards:** Contact the credit bureaus by calling: 888-5-OPTOUT (888-567-8688), or online at [www.optoutprescreen.com](http://www.optoutprescreen.com).

**Direct Mail:** Most major catalogers and mailing list companies are members of the Direct Marketing Association (DMA). The DMA's Mail Preference Service can be used to remove your name from many direct marketing lists. Visit [www.DMAchoice.org](http://www.DMAchoice.org) for more information.

**Catalog Mailings:** Register with Catalog Choice at [www.catalogchoice.org](http://www.catalogchoice.org) to reduce unwanted catalog mailings.

**Other Tips:** Contact charities or companies directly and ask to be taken off their mailing list (this is often the quickest way to be removed from an organization's mailing list).

**Return Junk Mail:** Envelopes marked "address correction requested" or "return postage guaranteed" can be returned unopened to the sender by crossing out your address and writing "Refused, Return to Sender" on the envelope. Without this special notation the post office will not return the mail to the sender.

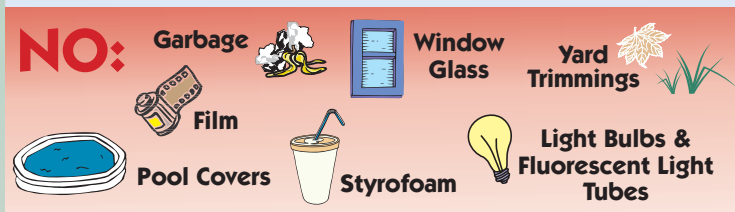
Use the postage paid envelope that is included with the mail solicitation and send the information back to the addressee requesting that your name be removed from their mailing list.

Be patient, it might take three to six months before you notice a reduction, and please remember to recycle the junk mail you do receive.



# NEWBURY DISPOSAL

## RECYCLING, YARD TRIMMINGS AND TRASH GUIDELINES



### WHAT GOES IN THE TRASH?

Hopefully, very little. After you have recycled, composted, filled the yard trimmings cart, donated old clothing and goods, and done all these good things – household garbage can go in the trash.

### WHAT DOESN'T GO IN THE TRASH OR ANY OTHER CART?

## STOP



These items are **NOT** accepted...

- ◆ Hazardous Waste
- ◆ TVs/Computer Monitors
- ◆ Closed Containers
- ◆ Fluorescent Light Tubes
- ◆ Hot Ashes & Coals
- ◆ Tires
- ◆ Batteries
- ◆ Oil or Paints
- ◆ Medical Needles

For information on how to dispose of these items, please call: **1-800-41-TRASH** or visit [www.ejharrison.com](http://www.ejharrison.com)

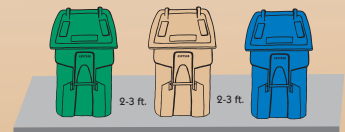
### PLACEMENT OF RESIDENTIAL CARTS

#### KEEP SIDEWALKS USER-FRIENDLY

Keep neighborhood sidewalks welcoming by storing your trash carts out of sight except on pick-up days. It's easy, helpful, safe and a city ordinance. Please follow these guidelines and be a good neighbor.

- ◆ Store your trash carts out of public view.
- ◆ Carts may be placed on the street between 6 p.m. the day before collection and up to midnight on collection day.
- ◆ Place carts far enough apart so a child can walk in between each cart.
- ◆ Trash carts should be at least 6 feet from parked cars, mailboxes or other objects.

If you have any questions, please contact the city's Environmental Hotline at (805) 449-SAVE or [www.toaks.org](http://www.toaks.org).



Open 6 days a week for self-haul trash and recyclables buy-back.



(805) 642-9236

[www.goldcoastrecycling.com](http://www.goldcoastrecycling.com)

### EXTRA TRASH?

Call for roll-offs and bin rentals.

(805) 647-1414

[www.ejharrison.com](http://www.ejharrison.com)



Complete the recycling loop...get mulch and soil amendments at:



(805) 485-9200

[www.agromin.com](http://www.agromin.com)

### CITY OF THOUSAND OAKS

CITY MANAGER: SCOTT MITNICK • MAYOR: TOM GLANCY • MAYOR PRO TEM: DENNIS GILLETTE  
COUNCIL MEMBERS: CLAUDIA BILL-DE LA PEÑA, ANDREW FOX & JACQUI IRWIN