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Biomedical Engineering Senior Design I

Wireless ECG Monitoring System Project Report

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1 ABSTRACT

2 INTRODUCTION

The monitoring of vital physiological signals has proven to be one of the most efficient ways for continuous and remote tracking of the health status of patients. Electrocardiogram monitors are often used in many medical service centers and hospitals to diagnose and monitor a person's health status by measuring their cardiac activity. An ECG is a noninvasive monitor, which can be utilized to evaluate the heart electrical activity, measure the rate and regularity of heartbeats, the position of the chambers, identify any damage to the heart and investigate the effect of drugs and devices used to regulate the heart. This procedure is very useful for monitoring people with (or susceptible to) impairments in their cardiac activity. In addition, during surgical procedures, the electroencephalogram (EEG) is measured along with his/her ECG to track the consciousness level of a patient during anesthesia [7]. Other physiological parameters such as oxygen saturation in hemoglobin, electromyography and blood pressure similarly provide vital information about the health of a given person when continuously monitored.

One of the invariable risks associated with space missions are the threats posed by the very harsh spatial environments to the physical and mental health of the astronauts. Being exposed to these types of environment for long periods of time has adverse impact on cardiac, muscular, and neurological functions on astronauts [3] (example of reduced gravity, high temperatures, planet dust particles, solar rays, etc). Fortunately, the continuous monitoring of physiological parameters such as electrocardiography, electromyography, electroencephalography, oxygen saturation in hemoglobin and variability of cardiac frequency may provide crucial information for a rapid diagnosis of medical conditions in astronauts; preventing the growth of any health condition to proportions susceptible to cause mission failure or even death of a crew member.

To provide a means to continuously monitor several physiological parameters using just one device, a variety of multi-parameter monitors (or biomonitor) systems have been introduced in the past few years, with many of them currently used by hospitals, researchers, and NASA. Although, these devices are commonly used to detect, process and record several physiological signals simultaneously, the conventional telemetry system they employ limits the freedom of movement of the subjects whose biopotentials are being measured. First of all, most of these systems receive power from an electrical outlet and are heavy enough to require wheeling to be displaced; making casual movements or urgent transportation of patients from one location to another very difficult [24], thus resulting in patients being mostly confined to their beds while in a hospital. Moreover, besides limiting the freedom of mobility of the subjects, the wires (used to connect electrodes and the recorder) often constitute a source of noise to the acquisition system.

And, although such stationary conditions might be acceptable in the case of a bed-ridden patient, it cannot be used for astronauts who are required to constantly move by their activities during space flights. The alternative commercially available biomonitoring devices which can be used under severe non-stationary conditions such as athletic scientific studies are very limited and prove to be costly. These devices are also usually uncomfortable due to their heavy weight, vigorous structure and network of lead cables running from subject to monitor.

The goal of our project is to design and fabricate a wireless biomonitor to help eliminate the restrictions caused by lead wires in conventional systems used in hospitals or by NASA by permitting the acquisition and wireless transmission of a signal from sensor to recorder. In hospitals, our device would readily be adaptable to any system used to monitor physiological parameters, notably bedside ECG monitors, wireless capable computers and portable ECG monitors, thus allowing a patient's vital signs to be kept track of at all times despite his/her proximity to a bedside monitor. This device will also be designed to be used by NASA as an adaptor for their physiological monitoring systems that make use of telemetry to acquire biopotentials. This allows the continuous monitoring of the patient's vital signs despite his/her proximity to a bedside monitor.

Together with its wireless capabilities, this biomonitor system will have to meet several design specifications including NASA's technical standards for portable bioinstrumentation to ensure safety and functionality. Hence, this device will be battery powered, double insulated and isolated from the ground to keep it from constituting an electrical hazard to the astronaut or the spacecraft. The device susceptibility to electromagnetic interference will be minimized to produce more accurate signals. Audio and visual alarms will be also be implemented into the device (recorder/receiver unit) in order to warn the user when a measured parameter reaches a critical level. Furthermore the extruded plastic casing will also make this device robust enough to be worn during physical activities such as exercise or research tasks.

This project primarily pertains to the development of a wireless monitoring system for ECG. However, the techniques and design concepts used in the development of this system can be used for the development of a multi-parameter (ECG, EEG, EMG, oxygen saturation, etc) wireless biomonitor system.

3 BACKGROUND

Electrocardiography is a medical diagnostic procedure used to record the electrical activity of the heart and display it as a waveform. An electrocardiogram (ECG) is obtained by measuring

electrical potential between various points of the body using an instrumentation amplifier linked to the body via leads attached to electrodes (electrical contacts). Electrodes are placed on different sides of the heart to measure the activity of various parts of the heart muscle and the voltage between pairs of these electrodes is what is returned as ECG in the form of a graph.

A typical ECG tracing of a normal heartbeat (or cardiac cycle) consists of a P wave, a QRS complex and a T wave (Figure 1). The baseline voltage of the electrocardiogram is known as the isoelectric line. Typically the isoelectric line is measured as the portion of the tracing following the T wave and preceding the next P wave.

The waveform and the relationship between the different sections composing it can be used to determine heart rate as well as distinguish various cardiac arrhythmias including tachycardia (abnormally high cardiac rhythm >100 bpm, bradycardia (an abnormally slow cardiac rhythm < 60 bpm).

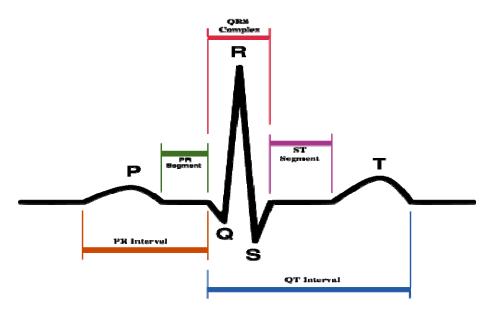


Figure 1- Representative Schematic of Normal ECG wavefom.

Currently, there are two different types of ECG systems that are used. The first one is the *standard ECG* which generally involves twelve or fifteen leads that are connected to the patient's chest, arms and right legs through electrodes. The device records the ECG signal for almost thirty seconds [2]. Possible ailments can be discovered from reading the ECG signal. However, due to the short time for sampling, sporadic abnormalities which mostly occur in the intensive care unit (ICU) patients may not be discovered.

In order to address the problem mentioned above, *continuous electrocardiogram telemetry* is used by many hospitals to monitor patients in the ICU. This device has three electrodes that acquire ECG signal for an extended period and then the signal is displayed on a screen or printed on an ECG graph paper. The Wireless ECG Monitoring System proposed here falls in this second category of ECG devices as it will be used to monitor the cardiac activity of subjects.

Many ECG machines, both standard and continuous, are marketed as "portable", but are not necessarily small and lightweight. In addition, most such appliances receive power from an electrical outlet and are sufficiently heavy that they must be mounted on a cart and wheeled from one location to the next. Wireless devices have the potential to significantly improve this situation by reducing the weight and size of such devices and eliminating the need for power or lead cables.

The purpose of this project is to design a working prototype of an ECG that acquires the electrocardiograph from astronauts or patients and sends it wirelessly via Bluetooth to a receiver unit such as computers and hospital monitors. This device will save time and effort for the nurses who are constantly following the patients' conditions and help them to operate more efficiently. At the same time, the goal of this project is to minimize the cost of the device so hospitals can afford one for every patient, especially the ones that are in the ICU. In the next section, previous ECG devices are introduced, as well as their shortcomings.

3 PRIOR ART

3.1 THE LIFEGUARD CREW PHYSIOLOGICAL OBSERVATION DEVICE (CPOD)

One of the biomonitors that is used for monitoring astronauts' health is Crew Physiological Observation Device (CPOD) which is composed of 3 units (Fig.1). Unit 1 is "a small wearable computer" which is the central unit. This unit analyzes the physiological signals; acquired from unit 2 (the external sensors). Unit 2 is composed of an ECG, respiration, blood oxygenation (SpO₂) and blood pressure sensor. All physiological signals are sent wirelessly using Bluetooth from unit1 to unit 3 (Tablet PC). Unit 3 is used to display the physiological signals and store them. Unit 3 doesn't only serve as a receiver, but it also calculates heart rate and breath rate from the received signals. Another feature in unit 3 is that the received and calculated data can be stored on a removable media [5].

Despite the device can be connected to Accutracker II [5], its blood pressure sensor has high motion sensitivity. Because signals from the sensors are transmitted to the wearable computer via lead wires, the latter can easily constitute an obstacle during motion or can be accidentally disconnected at any time. Moreover, weak wire connections may cause artifacts or signal acquisition failure.

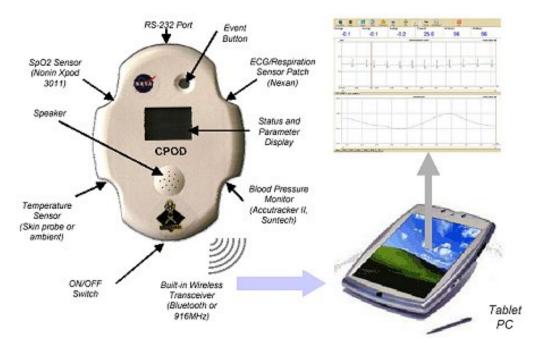


Figure 2- The Lifeguard Crew Physiological Observation Device (CPOD) and components [5].

3.2 ULTRAVIEW TELEMETRY

The UltraView Telemetry unit (Fig. 2) monitors the physiological signals of heart and SpO₂ through a multi-parameter patient worn transmitter. The signals are transmitted wirelessly and displayed on any *Spacelab* monitor [21]. One of the advantages of this device is that it allows the monitoring of more than one person at the same time. However, the UltraView Telemetry lacks other crucial sensors that are vital for monitoring astronauts' health such as EEG and EMG. Moreover, the devices' sensors also are connected to multi-parameter patient worn transmitter via wires which may obstruct its users from certain motions.



Figure 3- UltraView Telemetry [22].

3.3 THE MYOMONITOR WIRELESS EMG SYSTEM

This is another device used to specifically monitor muscle activity using a wireless EMG sensor. The device is composed of two units with the first one consisting of the wireless EMG sensor module (Fig. 3), which acquires the signals from the input module connected to the EMG electrodes via lead wires and transmits them to the second unit, the Myomonitor Datalogger. This second unit is used for the display and storage of measured data [6]. The Myomonitor detects EMG signals optimally at the skin surface, thus reducing the introduction of noise and artifacts in the EMG signals.



Figure 4- The Myomonitor wireless EMG module connected to the input module [7].

3.4 CRYSTAL MONITOR 20-B

This device is designed primarily to monitor patients for any sleep disorder breathing (SDB). The patient unit is a small hand-held device worn or carried by the patient (Fig.4). This unit contains channels for up to ten sensing modules: EKG, EEG, chin and leg EMG, pulse Oxymeter, airflow, snore, thoracic and abdominal effort, and body position sensors. It transmits the data wirelessly to a receiver that displays and stores the data on a PC (Schmidt).

The patient unit does not have any external antenna, which decreases its size. An SD memory card is used to store patient's data. It functions as a mediator between the receiver and the sensors, which adds more weight, devices and wires to the subject.



Figure 5- Patient unit and the wireless receiver connected to a PC [6].

3.4 AMBULATORY DATA ACQUISITION SYSTEM

The Ambulatory Data Acquisition System (ADAS) is composed of the recorder base (Fig.5) and the signal input module. The recorder base acquires signals from twelve sensors through the signal input module. These twelve sensors are EKG, EEG, EMG, EOG, EGG, body position, limb position, heart rate, blood pressure, skin temperature, respiration and skin conductance level. After the sensors pick physiological signals, they are processed, displayed, saved and transmitted to a HRF portable computer (PC), which allow the users to setup the recorder base and view the signals [8].

The ADAS has a 32 bit processor. It has the ability to record signals with very small amplitudes (0-125 mV) and differentiated analog signals from -62.5mV to 62.5 mV (Delsys Inc., 2004). In order to have a continuous monitoring of the astronaut's health, the astronaut has to wear the base recorder the whole time that weights approximately 1 Kg (Delsys Inc., 2004). Also, the base recorder will be connected to the electrodes via wires that may reduce the astronaut's freedom of motion.



Figure 6- The base recorder of ADAS [2].

3.5 BIOMEDICAL WIRELESS AND AMBULATORY TELEMETRY FOR CREW HEALTH

Zin Medical's Biomedical Wireless and Ambulatory telemetry for Crew Health (BioWatch) is a light weight (155 to 190g depending on number of channels in use) device used to monitor the health status of a subject. It can measure EKG, EMG, EEG, EOG, blood pressure, blood glucose, heart rate, joint angle, oxygen level in blood, temperature and acceleration. Data acquired by BioWatch is transmitted wirelessly to a PC [9]. The BioWatch also uses lead wires to connect electrodes thus the device has to be worn by the subject at all times during physiological monitoring.

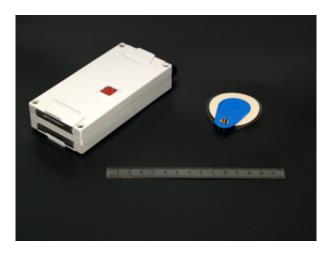


Figure 7- Components of the Biomedical Wireless and Ambulatory Telemetry for Crew Health [2]

3.6 LIFESYNC WIRELESS ECG SYSTEM

The LifeSync Wireless ECG System is an innovative method for monitoring a patients ECG without the attachment of any data cable between the electrodes and the monitor. This device (Fig.9) is composed of a patient transceiver, which acquires the biopotential via leads attached to 3 or 12 electrodes placed on the subject's skin. This unit is usually worn on the arm. Once, the

signals are acquired, they are amplified and wirelessly transmitted using a Bluetooth module embedded in this first nit to a secondary unit, the monitor transceiver. The monitor transceiver is connected via input cables to a conventional monitor which then processes the signal as usual: numerical display of heart rate, graphical display of waveform, etc [12].

The two units together make up for a small very low weight system (i.e. patient transceiver has dimensions of 8 x 12.5 x 3 cm and weight of 240 g) that allows its users more freedom of movement without jeopardizing continuity of ECG monitoring. It also, eliminates the need for detaching and reattaching lead wires when a patient needs to be transported [11]. The absence of heavy obstructing cables also reduces the amount of noise that interferes with the signal displayed on the monitor as a waveform.



Figure 8- The patient transceiver (sensor unit) and monitor transceiver (receiver unit) of the LifeSync Wireless ECG System [11].

3.7 HOSPITAL BEDSIDE MONITORS

In addition to these biomonitors used for acquisition and processing of several different physiological parameters, there exist a variety of other monitors most often used in hospitals to monitor the health status of patients. One of the distinct features of these monitors is their usually bulky sizes, making them bedside appliances rather than portable ones as they are sometimes marketed to be. These monitors offer a range of different options for parameters measured and their specifications. Table 1 below presents a sample of bedside monitors used to measure different physiological parameters. The specifications must be thoroughly considered and constitute one of the basis for the minimum required specifications for the system proposed here.

Biomonitor Model	Measured Parameter (s)	Display Type	Display Size	Frequency Response Range
AT-33 Single Channel EMG	EMG	Numerical LED, Light Bar	0.5 inch high	25 – 425 Hz
LifePAK 10 ECG, Heart Ra Temperature and		Numerical & Graphical	$7.25 \text{ x } 4.35 \text{ cm}^2$	0.05 – 100 Hz
GE Marquette® Eagle 3000	ECG, Temperature, SpO ₂	Graphical	9 inches diagonally	0.05 – 100 Hz
Criticare® Scholar EL	Heart Rate, ECG,BP, Impedance Respiration, Temperature, SpO ₂	Active Color LCD	121 x 91 mm	0.05 - 100 Hz
Schiller Cardiovit AT101 3-Channel ECG	ECG	Graphical	$7.6 \text{ x } 5.7 \text{ cm}^2$	0 – 150 Hz
MiniMax 4000	ECG,BP,ETCO ₂ ,Temp, SpO ₂	Numerical & Graphical	6.4 inches high	0.5 – 40 Hz

 Table 1- Specifications of bedside monitors commonly used in hospitals.

4 SPECIFICATIONS FOR WIRELESS BIOMONITOR SYSTEM

4.1 Specifications for Wireless Electrode Module (Required and Desired)

The primary objective of this design project is to build a device capable of eliminating the need for lead wires to monitor the cardiac activity of a subject using standard bedside electrocardiographs such as General Electric's Marquette® Eagle 3000 or portable biomonitors such as NASA's Ambulatory Data Acquisition System [2]. This means that the system will be required to have specifications that can encompass such ECG monitoring systems.

The integrity of the signal while it is wirelessly transmitted to the receiver or relayed to an electrocardiograph via input cables is a very important aspect of this system. It is important that a physician or astronaut using continuous ECG monitoring be able to objectively notice variations in a subject health status based on the trends of the waveform of the signal. Moreover, a distorted signal can cause erroneous medical diagnostic or inaccuracy of measured values (e.g. heart rate). For this reason, the wireless biomonitoring system must have a signal to noise ratio (SNR) deemed acceptable for ECG signals and possibly for other types of signals. Since the voltage amplitude of non-amplified ECG can be approximated to 5mV [12], we require that the maximum amplitude of any noise present in the filtered signal to be 5 μ V or less (gain is not incorporated here). Hence, the required SNR for the sensor node is given as:

$$SNR = 20*\log (A_{signal} / A_{noise}) = 65 \text{ dB}$$

$$Equation 1$$

$$SNR = 20*\log (5000 \ \mu\text{V} / 5 \ \mu\text{V}) = 60 \text{ dB}$$

In order to optimize the performance of the signal acquisition system, the desired SNR will be set at 100 dB. This will allow our system to also accommodate the needs of other biopotentials as far as the strength of the desired signals compared to the undesired ones.

The dimensions and weight requirements of our proposed system should demonstrate added value on the dimensions and weight of the LifeSync Wireless ECG System. As such, our sensor node is required to weight less than 240 g and have length, width and thickness such that the devices dimensions are $< 8 \times 12.5 \times 3$ cm. We will strive to render this unit as small as possible (weight of < 100 g and dimensions $< 5 \times 10 \times 2$ cm are desired goals).

Other required and desired design specifications include requirements for power supply, battery life for continuous operation of the wireless electrode module (input unit), operating temperature, current discharge rate, maximum allowable leakage current (As specified by NASA standards for portable biomonitors), etc. The design requirements for these specifications are listed in Table 2.

Parameter	Required	Desired	Remarks
Measured Parameters	ECG	EMG, EEG	Most common biopotentials measured by biomonitors
Signal to noise Ratio	60 dB	100 dB	The voltage amplitude of ECG signal is approximately 5mV; the max. amplitude of any noise present in the filtered signal is required to be $\leq 5 \ \mu V$ (before gain).
Wireless Transmission Range	10 m	100 m	Sensor and receiver units are not expected to be distant (>10m) from one another in a hospital setup. When patient is mobile portable receiver will serve as continuous monitoring system for biopotentials.
Battery Life (continuous)	\geq 8 Hrs	\geq 12 Hrs	Long battery life will reduce need to interrupt patient monitoring
Weight	< 240 g	< 100 g	This unit is required to be lighter than the Patient Transceiver unit of the LifeSync Wireless ECG System.
Dimensions (antenna, wires & electrodes not included)	< 8 x 12.5 x 3 cm	< 5 x 10 x 2 cm	This unit is required to have dimensions less than the patient transceiver unit of the LifeSync Wireless ECG System.
Power Supply	Battery with less than 30V capacity	Rechargeable Battery with less than 5V capacity	NASA technical standards requires the use of batteries with potential less than 30 V DC for bioinstrumentations (NASA STD 3000, Vol I Section 6.4.3.13)
Max. Leakage Current	0.070 mA	\leq 0.070 mA	Values as required by NASA technical standards (NASA STD 3000, Vol. I)
Operating Temperature	20 to 42° C	-20 to 75° C	Range must include both expected room temperature and skin temperature. Also takes into account burn hazard (NASA STD 3000, Vol. I))
Wireless Transmission Freq.		None Specified	Depends on wireless transmission method used (e.g. Bluetooth = 2.4 GHz)

Bandwidth	None Specified		
Length of Electrode Wires	< 1 m	< 0.20 m	Electrode wires can have different lengths but the longest one should be shorter than the average distance from the left to the right forearms.
Electrode Usage (continuous)	≥8 Hrs	≥ 12 Hrs	Electrode patches should be fully functional for as long as (or more) the power source can last.
Electrode Reusability	Not Required	Reusable electrodes	Reusable electrodes will optimize device cost effectiveness.

 Table 2- Specifications Table for Sensor Unit.

4.1 SPECIFICATIONS FOR THE RECEIVER UNIT (REQUIRED AND DESIRED)

The basic concept of this project is to make a portable wireless device that causes the minimum discomfort to the patient/astronaut and allows maximum mobility. The receiver unit will be designed to be portable and considerably lighter than most of the commercial devices. In particular, the weight of this unit is required to be less than 960 g (less than 4 times the weight of the sensor node). It is also required to have dimensions less than 32 x 50 x 12 cm. The desired values for weight and size of the receiver are, respectively, < 400g and 8 x 12.5 x 3 cm.

One of the principal features of the receiver unit is the flexibility it offers as a device which can be used as a portable biomonitor system or as a wireless adapter that links a wireless sensor unit to other physiological monitoring systems such as bedside monitors, other biomonitors, or even a computer. If the user is stationary and is close to a monitor, the signal transmitted by the sensor can be transferred physically to the monitor via output ports. Because they are at least three different types of monitors (biomonitor, standard ECG monitor, PC) which can be used to process the transmitted signal and display its waveform, the receiver should be equipped with at least three different types of output ports. The first output port will accommodate standard bedside monitors, thus it is required to be a BNC port or similar. A USB port is also required to directly connect the receiver to a PC. Finally, in order to be attached to biomonitors with standard 3 lead ECG systems, three round female UHF ports (positive, negative and reference) will be used. However in the case where the user is constantly mobile or at a considerable distance away from any bedside monitor or computer, numerical measured values (heart rate) can be displayed on the receiver's LCD. A graphical and numerical LCD is desired to allow simultaneous display of waveforms and numerical data on the receiver

The receiver unit will be powered using a rechargeable battery with a voltage of < 30 V to adhere to NASA's technical standard for battery selection. This battery will be expected to power the

Parameter	Required	Desired	Justification

Measured Parameters		ECG	EMG, EEG	Most common biopotentials measured
Signal to noise Ratio		60 dB	100 dB	The voltage amplitude of ECG signal is approximately 5mV; the max. amplitude of any noise present in the filtered signal is required to be $\leq 5 \mu V$ (before gain).
Wireless Transmission Range		Not required	10 to 100 m	Bluetooth transmission is a desired feature for PC wireless interface
	- Loudo	1xBNC output port (or similar)	3xBNC output ports (or similar)	At least three different types of
Output Interface		3 x UHF female port	9 x UHF female port	interfaces are required to allow analog transmission of output to bedside monitor, biomonitor and
	Serial	USB	USB	PC, simultaneously as needed.
	Wireless	Not Required	Bluetooth	
Display		Numerical LCD	Graphical and Numerical LCD	The receiver is required to display measured values such as heart rate.

receiver for at least 8 hrs (12 hrs desired) of continuous operation.

Power Supply	Rechargeable battery with less than 30V capacity	Rechargeable battery with less than 5V capacity	NASA technical standards requires the use of batteries with potential less than 30 V DC for bioinstrumentations (NASA STD 3000, Vol I Section 6.4.3.13)
Battery Life	\geq 8 Hrs	≥ 12 Hrs	Long battery life to reduce need to interrupt patient monitoring
Battery Charging Method	USB OTG	Solar Cells	Multiple options for recharging to increase functionality
Weight	< 960 g	< 400 g	Weight of the receiver is required to be less than four times (4x) the weight of the sensor unit
Dimensions (Antenna & wires not included)	< 32 x 50 x 12 cm	< 8 x 12.5 x 3 cm	Receiver is required to be less than four times (4x) bigger than sensor unit.
Max. Leakage Current	0.070 mA	0.070 mA	Values as required by NASA technical standards (NASA STD 3000, Vol. I)
Wireless Transmission Freq. Bandwidth	None Specified	2.4 GHz	Wireless transmission from receiver is optional
Operating Temperature	20 to 42° C	- 20 to75° C	Range must include both expected room temperature and skin temperature.

Table 3- Specifications Table for Sensor Unit.
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In addition to the aforementioned specifications, some other design considerations such as safety issues, ergonomics and the performance under anticipated environment are also important for both the sensor and the receiver unit. Since the main users of this device are astronauts, NASA safety standards will serve as foundation for the safety considerations for our device. According to these standards require a maximum leakage current of 0.070 mA in bioinstruments. Furthermore, in order to ensure patient safety the device should be double insulated and separated from ground. Hence, in the worst case scenario of total device failure, no electrical

threat will be posed to the user. In addition to this, the ECG Monitoring System should be resistant to electromagnetic interference and produce minimum electromagnetic interference on its own. A simple user interface will make sure that a single person can operate the system without any help, thus adding to the device's user friendliness and. Finally, our device should be robust enough to withstand and perform well under harsh spatial environments.

5 PRINCIPLE OF OPERATION

In this design project, we fabricated a wireless ECG system. This device is designed to serve both as a stand alone heart rate monitor and as a wireless adapter for the already existing bedside or diagnostic ECG monitors and NASA biomonitors. The aim of the wireless adapter feature is for this ECG system to eliminate the need of lead wires and cables to transmit acquired ECG signals to biomonitors and other ECG (also EMG and EEG) monitors. This system takes the input from the patient, convert it in digital form, filters it, convert it back to analog and the output of this converter is inputted in a class II Bluetooth® module which, then wirelessly transmits the data to a computer, NASA biomonitors or other wireless capable bedside ECG monitors. The designed Wireless ECG Monitoring System incorporates the following features:

- Bluetooth® transmission
- On/Off switch with indicative LED
- Numerical LCD (optional)
- Rechargeable battery
- Analog output
- Digital output (RS232)
- Separate switch for Bluetooth® unit
- Battery life indicator

The operating principles of the device can be summarized as follows:

5.1 INPUT:

The input consists of three electrodes attached to a patient's chest (or arms) as indicated in figure 9. These electrodes detect electrical waves generated by the heart tissues such as the sinoatrial node while causing the heart to pump.

5.2 ANALOG FRONT-END AMPLIFICATION

The acquired electrical waves are then differentiated and amplified using a traditional instrumentation amplifier like the INA126p from Texas Instruments, Inc that is used here (Figure 9, step 1). A fixed gain of approximately 5x is applied to the signal using the INA. The

signal will be further amplified to render it usable for heart rate detection during signal processing as the electrical waves derived from the electrodes have a typical peak to peak amplitude of 1mV or less.

5.3 SIGNAL PROCESSING:

The differentiated and amplified signal is conditioned using a microcontroller (MSP430FG439 from Taxes Instruments, Inc.). The basic functions of the microcontroller are to further amplify, digitize and filter the acquired ECG signal. The MSP430 digitizes the electrical waves using a 12 bit microprocessor. The resulting signal is then filtered to eliminate noise and artifacts. The microcontroller incorporates a 17 taps highpass FIR filter with a 2 Hz cutoff, a 17 taps lowpass FIR filter with a 30 Hz cutoff and bandstop FIR filter to cut out the s60 Hz AC line. Clean signals are then used to calculate the corresponding heart rate of the patient. MSP430 is programmed using "C" and "Assembly" programming languages to calculate the heart rate and display it on a numeric LCD.

5.4 TRANSMISSION:

To add further value and increase applications, the designed system incorporates three different modes of signal transmission (Figure 9, step 3). The digitally processed signal (output of MSP430) can directly be transferred to the monitoring computer using a serial port interface RS232 however a voltage level shift is required to do so. The digital signal is converted back to its analog equivalent using a D/A converter to be wirelessly transmitted to a PC using a class II Bluetooth® module. To make the system readily adoptable by the bedside hospital monitors, traditional telemetry method is also incorporated in the design. Thus an analog line out allows to directly transmit data from the device to the PC using a DAQ card.

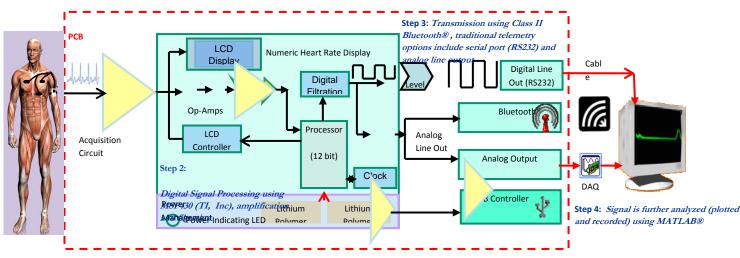




Figure 9-Block diagram highlights the major principles of operations. Step 1 includes the analog acquisition of the ECG biopotential which is differentiated and amplified. The output of the instrumentation amplifier INA 126 is then used as an input for the microcontroller MSP430 which digitizes the signal using 12 bit microprocessor. The digital signal is filtered and transmitted to PCs via serial port (RS232) after a level shift. A D/A converts the filtered signal back to analog which is then wirelessly transmitted using a class II Bluetooth® module.

5.5 OUTPUT:

The output from this system is the data transmitted to the computer, bedside monitors or NASA biomonitors via different interfaces (Bluetooth®, RS232, analog line out). The electrocardiograph display of the system would use a Graphical User Interface to show the name of the patient (or patient ID) alongside his/her heart rate. It will also incorporate an alarm that can be triggered in cases of abnormal heart rates (below 60 bpm or above 100 bpm).

5.6 USER INTERFACE:

MATLAB® is used to further analyze the acquired ECG biopotentials on a PC, by decoding the digital signal received from Bluetooth®. Real time ECG signals can be acquired in MATLAB® using 3 different interfaces, serial port (RS232), wireless (Bluetooth®) or DAQ card (analog line). Every time the MATLAB® program is debugged, two .*dat* files are created for the patient: one that stores the ECG data and another that stores the heart rate.

The graphical user interface (GUI) allows the users to identify patient ID and select bandpass filters as required. GUI is also programmed to warn users if the heart rate rises above or drops to critical levels. The graphical user is implemented to start or stop data acquisition without unplugging the device, the corresponding *.dat* files are updated accordingly while keeping the record of previous acquisitions. Therefore, the cardiac activity of a subject can be recalled by uploading previously recorded ECG data.

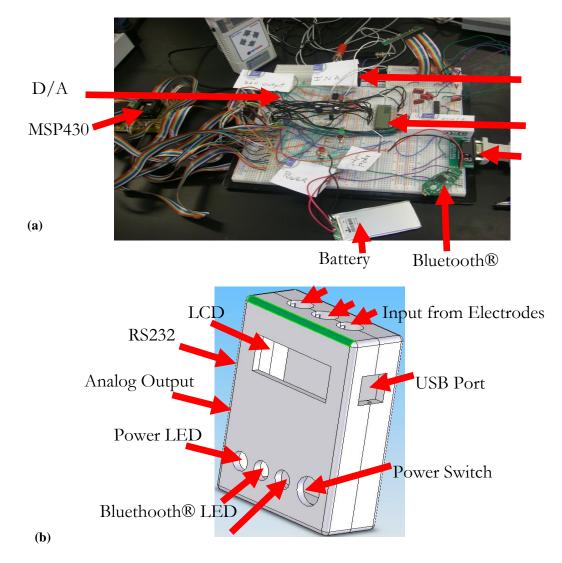


Figure 10- (*a*). Indicates the final prototype of the circuit, major active components include INA 126p, a microcontroller MSP430 (Taxes Instrument Inc.,), the Bluetooth® module, numeric LCD, D/A converter, serial port (RS232) and a 3.7V battery. (*b*). Indicates the final case design for the Wireless ECG system. Input includes three electrodes (negative, positive and ground) where as the outputs include RS232 and analog line out. A USB port allows battery recharging. The front panel also features on/off switches for the device and Bluetooth® as well as indicative LEDs for power and Bluetooth®.

6 SYSTEM PERFORMANCE EVALUATION

Different aspects of the device must be evaluated for performance and concurrence with the aforementioned system specifications. The most significant device performance considerations

are filtering, transmission, weight and dimensions, battery performance and durability, user friendliness as well as cost effectiveness. The cost analysis of the device will be done further in this report.

6.1 FILTERING

The most common settings for modern ECG systems for filtering are **monitor mode** and **diagnostic mode**. For the monitor mode, the bandpass for allowed frequencies ranges from 0.5 or 1 Hz to 40 Hz (*www.wikipedia.org*). Filters in diagnostic mode Eg systems have a broader bandpass to avoid filtering out vital parts of the signal that could be used to diagnose cardiac abnormalities. Since the main purpose of our system is to simply monitor the cardiac activity of astronauts (or hospital patients) , an even narrower bandpass of 2 to 30 Hz is used to limit the possibility of getting artifacts in the waveforms during routine cardiac rhythm monitoring.

As mentioned above, digital FIR low-pass, high-pass and notch filters are used to rid the ECG of unwanted signals. The effectiveness of these filters can be readily verified through the real time plotting and comparison of unfiltered signals (Figure 1a) measured directly from the output of the INA and ignals outputed by the digital to analog converter of the microcontroller following filtering (Figure 1b). The two waveforms visibly differ in amplitude as the unfiltered signal is only amplified by the instrumentation amplifier while an extra gain of 200x is applied to the signal by the internal opamps of the MSP430. Furthermore, we can see that the filtered ECG signal is rid of most of the artifacts that can be seen in the other signal.

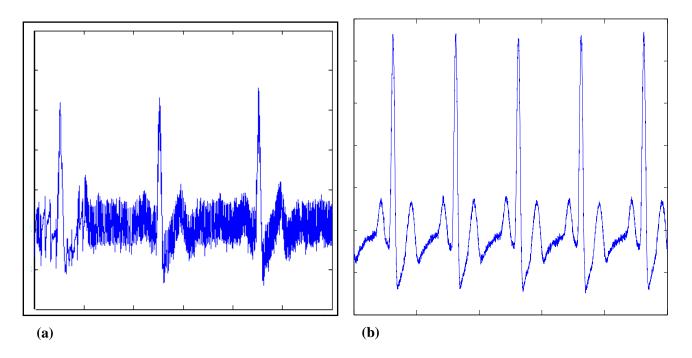


Figure 11- *ECG waveforms: (a) Unfiltered ECG acquired from the acquisition circuit (INA-126); (b) Analog output after digital filtration using MSP430.*

The system's digital filters have for goal to clean up the signal such that the required signal to noise ratio 65dB for the wirelessly transmitted signal is achieved. Figure 1a is a plot of the waveform of an ECG signal transmitted to the computer and plotted real time using MATLAB®. We can see that even the wirelessly transmitted ECG is of good monitoring quality. Moreover, the Power Spectral Density (PSD) of this signal, used here to analyze the frequency content of the signal, shows that signals below 2Hz and above 30 Hz have very small magnitudes, hence proving that these frquencies are nearly absent in the signal. In fact, as shown in figure 2b, the maximal magnitude signals in the desired range of frequencies is 0.0003288 V at 2 Hz frequency (marker 1 in figure 12a), whereas the maximum amplitude of signal in the spectrum of frequencies considered noise to our system is 6.044e-09 V),occuring at 30Hz (marker 2 in figure 12b). These maxima can be used to estimate the signal to noise ratio of our system using equation (1).

SNR= 20*log(A_{signal}/A_{noise}) SNR=20*log(0.0003288 V/6.044e-09 V) SNR = 94.7 dB

This signal to noise ratio therefore satisfies our requirement of 65dB. Hence we can confidently assert that the system satisfies its primary goal of aquiring and wirelessly transmitting clean monitoring mode quality ECG signals.

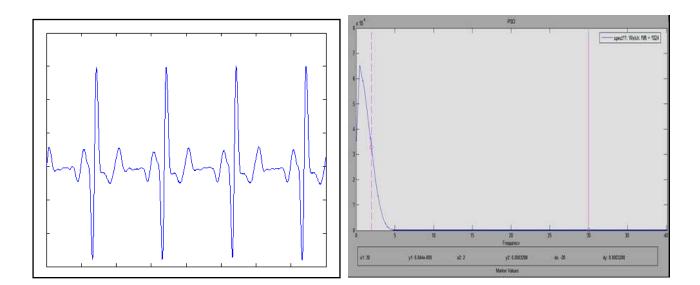


Figure 12- (a) Waveform plot of ECG signal transmitted via Bluetooth®; (b) Power Spectral Density (PSD) of wirelessly transmitted signals showing frequency content of those signals generated using SPTool Spectrum Viewer in MATLAB®.

6.2 TRANSMISSION

As we compare ECG signals (Figure 3) wireless transmitted via Blluetooth® from two different distances (8 m and 12 m), we can see that the effectiveness of the system in acquiring and transmitting clean signals is not jeopardized even at a distance above 10 m. Thus, the transmission performance of our device satisfies well our required specifications. Naturally, we can only expect the device to effectively transmit monitoring quality signals within a reasonable range above the treshold of 10m. By contrast, we can also see that the signal sent to the computer via conventional telemetry (RS232 or USB port) of the latter is also well filtered. However, the waveform displayed through telemetry contains some artifacts resulting mainly from undersampling of the signal (Figure 13c).

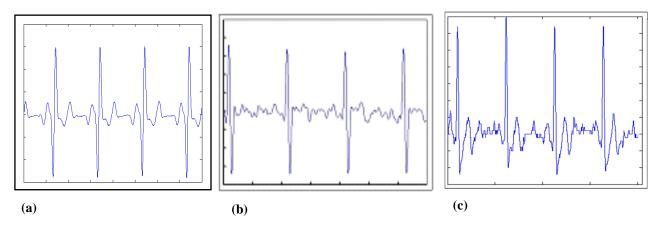


Figure 13- Plots of filtered ECG signal digitally transmitted to PC via Bluetooth from (a) 8 m and (b) 12m.; (c) is the plot of an ECG waveform transmitted to PC via digital telemetry (RS232 port).

6.3 WEIGHT AND DIMENSIONS

The Wireless ECG Monitoring System designed in this project satisfies very well our projected size and weight requirements. In fact, our unit surpasses the dimensions of the LifeSync system with dimensions 2.5" X 1.75 X 0.75" and a weight of 0.5 lb. This adds to the device's user friendliness by making it easier to carry and handle. It also, reduces the chances of injury related to falling of device.

6.4 BATTERY

In addition to its small size, lightweight and easiness to carry, its built-in power unit lasts over 8hrs. This power unit consists of a 3.7 V lithium ion battery that is recharged with a USB cable, hence eliminating the need for connecting the device to in-wall electrical outlets.

7 DEVIATIONS FROM SPECIFICATIONS

During the course of our project, we have had to deviate from the originally proposed device specifications to improve performance in the system and also make it much easier to manufacture. For instance, it was eventually decided that the use of a separate receiver unit was redundant, hence our efforts were focused on minimizing the size of the device, saving more power and adding more channels to our acquisition unit which is time and cost effective. Some of the features planned for the receiver unit, such as a numerical LCD for heart rate display, were then incorporated in the sensor unit.

Our modified sensor unit sends ECG data to the PC wirelessly and also incorporates the important features of the receiver unit. For instance, the modified sensor unit can be recharged via USB OTG and has a battery indicator. Furthermore, the sensor unit has optional numeric LCD display to show the instantaneous heart rate of the user. Sensor unit has digital as well as analog output. Digital data is transferred wirelessly or through RS232 port which directly connects to the computer and the analog data can be transfer through the leads.

8 SYSTEM SET-UP

8.1 HARDWARE:

The key hardware requirements for the ECG circuit are:

- The circuit must be capable of operating from a supply of +2.7v to +3.7V. The circuit will be powered by a 3.7V Li-ion battery. Circuit also contains rechargeable circuit, which will allow user to recharge the battery through mini USB port.
- Bluetooth circuit will share power from the sensor circuit which will minimize the size of device by avoiding having two batteries one for each parts.
- Cardiac tissue is not capable of generating signals which are grater then 5mv in magnitude. As a result, circuit must provide adequate amplification of signals which are in range of -5.0mv to 5.0mv.
- Signal acquired from the electrode passes through an instrumentation amplifier (INA126p) to amplify the signal in a factor of 5. The ECG signal at the output of INA126p is further amplified by on of the three integrated operational amplifier in the MSP430FG439. This operational amplifier contain 1Mohm feedback resistor in parallel with a 4.7nF capacitor which provides a high-frequency roll-off at about 250 Hz and serves as an anti-aliasing filter.
- Because of the large amplification factor, the output is sensitive to the variation in electrode to skin contact resistance. This result in a variation of the dc content of the amplified

differential signal and manifests itself as a drift in the baseline of the ECG which often causes wavy traces on EKG signal. This issue is managed by using an analog integrator scheme designed with OA1 in MSP430FG439. The integrator integrates the dc content of the 5X amplified ECG and feeds it back to the INA126p. The feedback allows the INA126P to maintain a constant DC level at the output, regardless of the change in skin contact resistance.

- When sensor unit is fabricated, four expansion connector should be made available, three for electrode input and one for Rs232 output. In addition no component should extend out from sensor units.
- -
- Computer or other monitors with Bluetooth compatibility is required to display the ECG waveform.

8.2 SOFTWARE

Hardware of the device requires appropriate software to digitize the resulting ECG signal at sufficiently high rate, filter and transmit it via Bluetooth to the receiver unit in our case it is computer. Software to program microcontroller MSP430FG439 and to apply digital filtering was written in C using IAR Embedded Workbench Kickstart® edition. All the essential source code files are provided in the appendix.

Signal must be sampled at a rate no lesser than 512Hz. Since, the fastest deflection in the ECG is in the 20-ms range and happens at the QRS complex. It is important to capture the entire QRS complex for useful medical evaluation of the ECG waveform. Having a sampling frequency of 512 Hz, or sampling period of approximately 2 ms, captures at least 10 samples at the QRS complex and ensures that the QRS complex is fully digitized. In addition, MATLAB® is another software required to display the Bluetooth transmitted signal in the monitors. This software is computable to read the signal from the serial port and soundcard of the computer. In order to avoid any possible destruction caused by other wireless device around area of use, this device should be paired with desired display monitor. Transmission of each data packet should occur regularly and no more frequently than once every 0.5 second.

A graphical user interface (GUI) is created using this software which will allow the user to choose desired filter for the signal and acquire the patents' history through the patient id system. A block diagram of the GUI is shown below in figure.

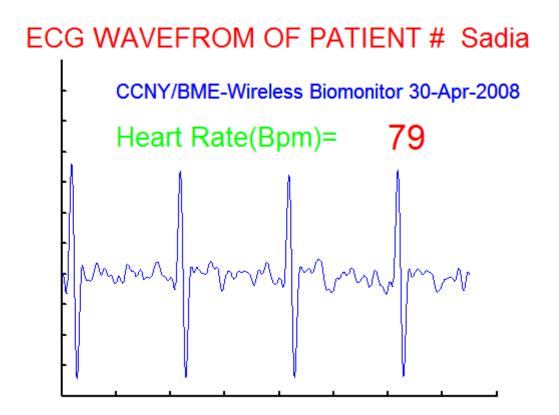


Figure 14- Graphical User Interface for Wireless ECG Monitoring System.

9 COST ANALYSIS AND MAINTENANCE

9.1 DESIGN AND FABRICATION COST OF PROTOTYPE

The main focus of this project was to manufacture a cost effective and portable biomonitor which would be used on astronauts to measure their physiological parameters throughout their perilous and long journey to outer space. The project was fully funded by the sponsors National Aeronautics and Space Administration (NASA) and a total amount of \$2000 was allocated for the duration of the project.

Deviating from the initial objective of creating a lightweight and cost effective Biomonitor that functioned both efficiently and accurately in comparison to the biomonitors available out in the market, the NASA biomonitor team was successful in creating a lightweight wireless ECG unit that can be used as a substitute to the popular biomonitor for approximately \$1,061.11 (refer to excel sheet), close to half of the projected price.

	DEVICE	AVERAGE COSTS
1	Biomedical Wireless and Ambulatory Telemetry	\$3,500
2	The LifeSync Wireless ECG system	\$4,000
3	Ambulatory Data Acquisition System	\$3,000
4	Crystal monitor	\$1,850
5	LifeGuard (CPOD)	\$1,200
6	CCNY-NASA Wireless ECG Monitor	\$1,062

Table 4- Comparative Cost Table For Commonly used ECG Monitoring Systems.

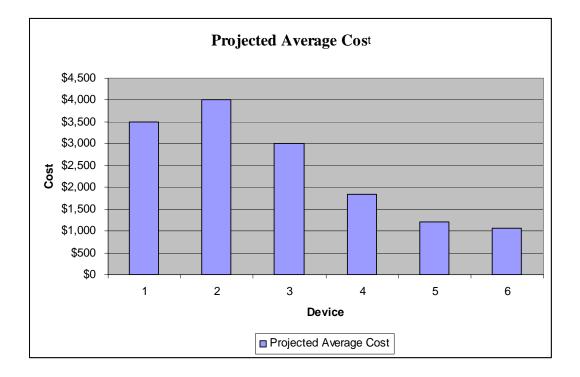


Figure 15- Cost of Wireless ECG Monitoring System Vs Other Currently Marketed ECG Systems.

9.2 BULK PRODUCTION COST ANALYSIS

Several orders were placed over the period of the project from different venders (clearly shown in the Excel sheet). Due to the ambiguity of the project at hand, several components were ordered multiple times and others were replaced due to defects, this is reflected in a much higher total expenditure than anticipated. The Bluetooth evaluation kit from DIGIKEY was noted to be the most expensive component in the device. This can be significantly reduced by replacing Bluetooth with technologies such as ZigBee, AM-FM Transmission. Given the miniature nature of the device and its long lasting battery capacity, the Bluetooth was utilized despite its high price.

9.3 MAINTENANCE

Having little maintenance requirements can be seen as one of the key benefits of this device. The device can be recharged via the mini-usb eliminating the need for any additional battery usage in the future.

10 CONCLUSION

The Wireless ECG Monitoring System effectively acquires and wirelessly transmits diagnostic quality ECG signals to a monitoring unit (PC, bedside monitor) even at ranges over 10 m. Signals are digitally process with the MSP430FG439 (Texas Instruments, Inc) without compromising their quality (Fig 3a and 3b). The device also features a numeric LCD for heart rate and thus can be used as a stand alone heart rate monitor. For improved user friendliness and adaptability to other applications two output ports were added: a digital port for serial transmission, and an analog one for analog acquisition of ECG signals.

Not only is the device small (2.5" X 1.75 X 0.75"), lightweight (1.2 lbs) and easy to carry, its built-in power unit lasts over 8hrs. This power unit consists of a 3.7V lithium ion battery that

is recharged with a USB cable, hence eliminating the need for connecting the device to inwall electrical outlets.

This project primarily pertained to the development of a wireless monitoring system for

ECG. However, the concepts, techniques and design approach used for the development of

our wireless ECG system will be further modified to encompass several different

biopotentials such as EMG, EEG and oxygen saturation in hemoglobin. Hence, the Wireless

ECG Monitoring System is a stepping stone for the development of a Multi-parameter

Wireless Biomonitor.

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35 <u>APPENDIX</u>

Attachments:

- GANTT CHART OF TIMELINE
- TABLE OF ACTIVITIES
- BUDGET
- C AND ASSEMBLY CODE FILES FOR MICROCONTROLLER
- MATLAB® CODE FILES FOR GUI AND SYSTEM SETUP