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USER MANUAL

HealthSense Soft-Grip Personal Scale

Model: PS 135



We Care  Health

INTRODUCTION

Thank you for purchasing an HealthSense Product. Your HealthSense Soft-Grip Personal Scale has been specifically designed for your use, with an easy to use interface and superior HealthSense accuracy and design.

Your HealthSense Personal Scale comes with the following:

- Healthsense Soft-Grip Personal Scale PS 135
- Instruction Manual
- 4 AAA Batteries
- 1 Year HealthSense Warranty Card

Please read this instruction manual carefully before using your scale.

Please fill out your purchase information for future reference:

Date Purchased: _____

Place of Purchase: _____

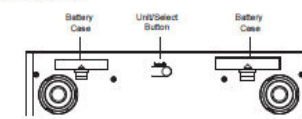
Order ID (if any): _____

OPERATION

Battery Installation and First Time Setup

1. This scale operates on 4 AAA batteries. Unwrap batteries before proceeding.
2. Locate the two battery covers on the underside of the unit. One at a time, press the battery cover tabs inward and lift to remove.
3. Insert batteries as indicated by the polarity symbols (+ and -) as marked. Close the covers.
4. The scale needs to be initialized and auto-calibrated before first use or after any time you move your scale. Place the scale on a hard, flat surface. If the scale turns on while being moved, allow it time to turn off once on the ground.
5. Get on the scale and weigh yourself (please keep in mind the first reading may not be accurate and can be disregarded).
6. Get off the scale and allow it to turn off.
7. You can now step on and weigh yourself normally. If you move the scale again, you must repeat this calibration process. You will see your final weight when the display locks in on a weight and blinks two times.
8. Replace batteries when scale indicates "LO" on the display.

FUNCTION KEYS



NOTES

1. New batteries should last for approximately one year under moderate use (less than three times daily). Batteries included with your scale are trial batteries and may last a shorter length of time.
2. Dispose of batteries within the legal restrictions of local government.

Weighing Operation

Your HealthSense Personal Scale PS 135 operates as a basic body weighing scale. No special programming is required.

1. **Select your desired measurement unit.** Your scale is set to default to kilogram at the factory, but you can change the measurement units to pound or stones by clicking the unit button at backside of your scale.
2. **Place the scale on a hard, flat surface.** Carpeted or uneven floors can negatively effect the accuracy of your readings. Optimal flooring surfaces include hardwood, ceramic tile or concrete.
3. **Initialize the scale.** If you are placing the scale down for the first time or moving your unit you must auto-calibrate the scale (see steps 4 - 7 under the "Operation" tab of this manual).
4. **Step on.** Place both feet on the center of the platform and stand still.
5. **Your weight will appear on the LCD.** Your weight will blink two times when your final weight has been calculated.
6. **Step off your scale.** It will reset to "0.0" and turn off automatically.
7. **Move your scale as infrequently as possible.** To ensure maximum accuracy and consistency digital scales generally should be moved as little as possible.

IMPORTANT: Your HealthSense scale operates with "Step-On" technology but still needs to be auto-calibrated after battery installation and when the scale is moved.

Place the scale on a hard, flat surface and weigh yourself. Ignore this reading and get off the scale. Then without moving the scale weigh yourself again. This is your true weight.

SPECIFICATIONS

Model: HealthSense Soft-Personal Scale PS 135

Capacity: 180 kgs / 400 lb / 28 st

Measurement Units: Kilograms / Pound / Stones

Graduation: .1 kg / .2 lb / .01 st

Display: 3.5" Blue Backlit LCD

Low Battery Indicator "LO"

Overload Indicator "----"

Unit Dimensions: Approximately 12.5" x 12" x 1.75"

Unit Weight: Approximately NW: 1.65 kg, GW: 2 kg

Power: 4 AAA Batteries (included)

WARRANTY

HealthSense India warranty covers defects in material and workmanship of the product under normal use for a period of one (1) year from the date of retail purchase. The warranty does not cover damages resulting from misuse, abuse, immersion, normal wear and tear or unauthorized modification.

Should this scale require service (or replacement at our option) while under warranty, please contact HealthSense for return authorization and troubleshooting.

HealthSense India
support@healthsense.in

There are no expressed warranties except as listed above. This warranty gives you specific legal rights which may vary from state to state. NOT LEGAL FOR TRADE.

TROUBLESHOOTING

PROBLEM	SOLUTION
Scale is inaccurate or weight varies	Place feet in center of platform and stand still. Allow scale to shut off completely after weighing. Do not move scale unnecessarily.
First weight is higher than normal	Your scale must be allowed to auto-calibrate. Follow instructions under “Operation” for proper use.
Scale displays “ERR”	Place scale on hard, flat surface. Allow scale to shut off and restart.
Low battery indicated “LO” No power	Check batteries for proper installation (polarities are correct). Replace all four worn batteries.
Overload indicated “-----”	Too much weight has been placed on the scale and it is overcapacity. Remove weight before proceeding.
Other conditions	Email HealthSense team for support at support@healthsense.in

CARE & MAINTINANCE

To maintain your HealthSense Personal Scale in the best possible condition follow these directions as closely as possible.

1. **Store and operate the unit in safe dry location.** Drastic changes in temperature over time can effect the quality of weight measurement. Do not expose to direct sunlight, extreme hot/cold or humidity.
2. **Clean with a soft, damp cloth.** Avoid abrasive cleaners and never sink or submerge in water.
3. **Remove batteries if not in use for three months or longer.**
4. **Use unit consistent with instructions provided in this manual.**