



OTC CUSTOM™ - USER'S GUIDE

IMPORTANT - For best results, read this manual prior to use.

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SYSTEM DESCRIPTION. The OTC (OVER-THE-COUNTER) CUSTOM™ Model 1002 is a Vacuum Erection Device (VED) intended for use by men experiencing difficulty in achieving and/or maintaining an erection suitable for intercourse. The OTC CUSTOM™ system consists of:

- Vacuum Cylinder (1)
- Tension Systems (5)
- Two (2) oz. Tube of Personal Lubricant (1)
- Storage Case (1)
- User's Guide

The OTC CUSTOM™ Model 1002 is a light weight easy to use device comprised of two major components. The components are: Vacuum Cylinder and Tension System. The tension system is applied to the base of the tube. Then the user applies a small amount of personal lubricant to

the opening of the tension system. After lubricating the opening, rest the tip of the non-erect or flaccid penis in the opening of the tension system, the user moves the sleeve up and down creating a vacuum or negative pressure. The negative pressure draws the venous blood into the penis, and the penis through the tension system into the cylinder.

After creating the erection, the user removes the cylinder by releasing the vacuum pressure by pressing down on the tension system. This action breaks the vacuum that releases the pressure and allows the user to remove the pump. The tension system is left in place at the base of the penis, capturing the blood in the penis and maintaining the erection. After use, the tension system is removed allowing the blood to circulate. During and after removal of the tension system, the penis returns to the non-erect or flaccid state.

PRECAUTIONS. If you suffer from any of the following conditions, you should consult your physician before use:

- Curvature or pain associated with the erection (Peyronies Disease)
- Prolonged erections (Priapism)
- Sickle Cell Anemia
- Decreased sensation or pain in the area of the penis
- Abnormal blood clotting

NOTE: Although rare, the most common irritation cause by a VED is minor discomfort and/or bruising of the penis or scrotum. These normally disappear within a few days. The VED is designed to not exceed the safe limitations proposed by the Federal Drug Administration. **If any complications occur during use, immediately discontinue use and consult your physician.**

DOS AND DON'TS.

- **DO NOT** Over Pump – Take Your Time.
- **DO NOT** Use When Under The Influence Of Alcohol or Drugs.
- **DO NOT** leave the tension systems on for longer than 30 minutes at one time.
- **DO NOT** fall asleep with the tension system on.
- **DO NOT** use the tension system as birth control or contraceptive.
- **DO NOT** use wrong oil (silicone oil only to be used) during periodic maintenance as it may decrease pump efficiency.
- **DO NOT** scratch or damage surface of device as it may decrease pump efficiency.
- **DO NOT** use the included silicone oil or petroleum based oil on the tension system as it will cause permanent damage to the tension system.

- **DO** use only a water soluble lubricant on the tension system.
- **DO** select the correct tension system ensuring comfort during intercourse.
- **DO** allow 60 minutes between uses of tension system.
- **DO** clean system after each use – You do not have to take the system apart.
- **DO** store in a dry, dark place.
- **DO** perform periodic cleaning every three to four months.

FIRST TIME USERS - PRACTICE SESSION. The practice session is designed to allow you to see how the system works and become accustomed to using it. If time permits, use the system twice a day as an exercise. These exercises will increase blood flow, strengthen the blood vessels, and create healthier tissue within the penis – resulting in firmer, more rigid erections. For the first 5 – 7 days, practice using the largest tension system (#30). Practicing allows you to achieve a much better erection before you attempt sexual activity.

During the practice session, you will use the Vacurect™ to create an erection. Each time you achieve an erection, maintain the erection by leaving the Vacurect™ in place for at least a 1 to 2 minutes. After the time has elapsed, remove the cylinder and the tension system, allowing the erection to subside.

Remember – Take Your Time in “*Creating Your Erection*” during these sessions for the best results.

After the practice period, you will want to try several tension systems to determine which tension system best maintains your erection. If you are not familiar with using a vacuum erection device, the tension system may feel unusual for the first few times. This is normal.

FINDING THE RIGHT TENSION SYSTEM. As a user of the OTC CUSTOM™, you must find the correct tension system size. The correct size is based on personal comfort and maintaining a satisfactory erection for sexual activity.

Begin with the largest tension system, work your way down to the tension system that is effective in maintaining the erection and most comfortable. Always use the least constrictive tension system that will maintain a satisfactory erection. Use the tension system as directed, paying special attention to the DOs and DO NOTs identified previously.

ADDITIONAL TIPS - USING THE OTC CUSTOM™. By practicing, employing patience, and adhering to the helpful tips, the

Vacurect™ will become an effective tool to treat your erectile dysfunction.

Tip #1. When using personal lubricant (KY Jelly), it is most effective to apply only a small amount to the funnel opening of the tension system.

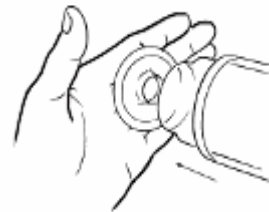
Tip #2. Ensure there is no personal lubricant (KY Jelly) between the lip of the cylinder and the tension system or the tension system may not stay on the lip of the cylinder.

Tip #3. When pumping the system, it is advisable to pump 2 or 3 times and pause for 10 to 15 seconds. Continue to repeat this process and you will create a firm erection without feeling excessive pressure building inside the cylinder or the penis.

Tip #4. When you begin pumping the system, let the penis draw through the tension ring, **DO NOT** push the base of the cylinder toward the base of the penis. Allow the vacuum to draw the penis entirely through the tension system and into the cylinder.

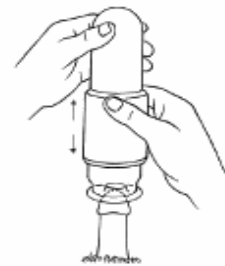
INSTRUCTIONS FOR USE (Practice & Sexual Activity). Creating an effective erection with the Vacurect™ is as simple as steps 1 through 5.

STEP 1. Attach the tension system onto the cylinder by means of a light squeeze.



STEP 2. Apply a small amount of personal lubricant to the opening of the tension system.

STEP 3. Rest the tip of the penis in the opening of the tension system.



STEP 4. Move the sleeve up and down allowing the penis to be drawn through the tension system into the cylinder.

NOTE: Once the cylinder is removed and the tension system is in place **AND** a more rigid erection is desired, simply push the tension system back into the body. If a more rigid erection is still desired, pumping may resume without removing the tension system from the penis by placing the cylinder back onto the tension system and pumping once or twice – pause and then remove the cylinder.

STEP 5. After creating the erection, release the pressure in the cylinder from the tension system by touching the edge of the tension system with gentle pressure using one finger.

WARNING. DO NOT leave the tension system on for longer than 30 to 45 minutes. Once the tension system is removed, allow 60 minutes between use of the tension system.

STEP 6. When removing the tension system, first grasp the sides of the tension system with your thumb and forefinger and fold the tension system forward toward the head of the penis. As you pull it forward, the funnel opening will turn inside out. Next, squeeze the shaft of the penis for approximately 5 seconds. (This forces the blood back into the body.) Once the tension system is inverted, you may want to apply a small amount of lubricant to the shaft and glans head of the penis and slowly slide the tension system off the penis.

CLEANING INSTRUCTIONS - OTC CUSTOM™. DO NOT submerge the cylinder into hot water as this will remove the silicone oil from the O-rings required for proper performance.

STEP 1. Clean the outside of the cylinder by wiping off any excess lubricant and/or oil using a soft cloth and hot water.

STEP 2. Thoroughly wipe the inside of the Vaculect™ unit with a bottle brush or a soft cloth dampened with hot water. The use of hot water helps dissipate any lubricant residue during the creation of the erection.

NOTE: If your OTC CUSTOM™ requires a more intensive cleaning, rinse it out with warm water and a mild soap. **DO NOT** use a cleanser with harsh detergents (e.g. dish soap) as this will remove the silicone lubricant from the internal rubber seals.

STEP 3. Using a clean, dry, and soft cloth, completely dry the inside and outside of the Vaculect™.

STEP 4. Store the Vaculect™ system in your travel bag.

CLEANING INSTRUCTIONS - OTC CUSTOM™ TENSION SYSTEM.

STEP 1. Rinse the Tension System with hot water to remove any lubricant.

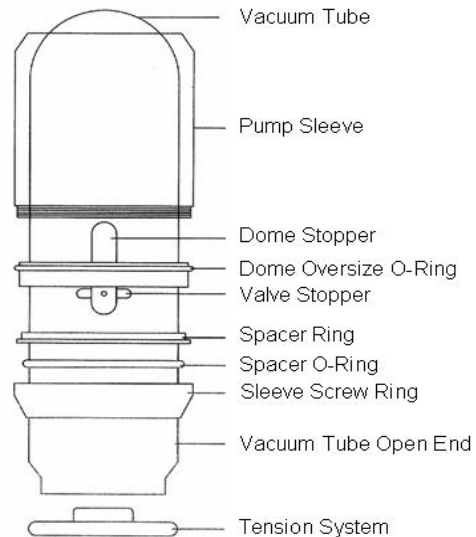
STEP 2. Towel dry the Tension System completely and store in your travel bag.

OILING INSTRUCTIONS. The OTC CUSTOM™ is pre-lubricated and should not require any maintenance or service for four to six months. **DO NOT** disassemble the Vaculect™ for oiling.

STEP 1. Hold the system with open end facing down, slide the PUMP SLEEVE down towards the opened end of the VACUUM TUBE until it stops.

STEP 2. Tilt the OTC CUSTOM™ to a 45 degree angle and apply two to three drops of the silicone oil onto the “rib or vanes” of the VACUUM TUBE located nearest to the DOME STOPPER. The oil will move down the “rib or vane” to the O-RING.

STEP 3. Rotate the unit 180 degrees and apply approximately two to three drops of the silicone oil onto the “rib or vanes” directly opposite side of the DOME STOPPER.



STEP 4. Move the PUMP SLEEVE up and down while turning it back and forth. This causes the oil to seep onto the O-RING.

STEP 5. Once this is complete, rotate the Vaculect™ so that the open end of the VACUUM TUBE is facing upward. Slide the PUMP SLEEVE downward until it stops.

STEP 6. Holding the VACUUM TUBE and the PUMP SLEEVE in place unscrew the SLEEVE SCREW RING. Apply two to three drops onto the O-RING.

STEP 7. Repeat on the opposite side of sleeve O-RING.

STEP 8. Replace the SLEEVE SCREW RING making sure that it is securely seated. Do not over tighten.

STEP 9. After replacing the SLEEVE RING SCREW move the PUMP SLEEVE back and forth three to four times. Your OTC CUSTOM™ is now ready for normal use.

IN-DEPTH OILING AND ASSEMBLY INSTRUCTIONS. In-depth maintenance is required every four to six months. Disassembly is straightforward, thus, this paragraph will depict oiling and assembly of the OTC CUSTOM™ components.

STEP 1. Verify all components are available for assembly. The components include vacuum cylinder, pump sleeve, dome stopper, valve stopper, sleeve screw ring, spacer, and O-rings.



STEP 2. Place the valve stopper (piece with ears) on the peg located on the back of the vacuum cylinder as shown.

STEP 3. Place the dome stopper on the groove ridge as shown.



STEP 4. Ensure the dome and valve stoppers are in place as shown.

STEP 5. Apply OTC CUSTOM™ silicone oil to the oversized (thinner) and sleeve (thicker) O-rings.



STEP 6. Place oversized (thinner) O-ring in groove between valve & dome stopper as shown.

(System is now turned the other way)

STEP 7. Pinch the excess amount of O-ring and place in narrow gap towards the dome stopper. **NOTE:** Excess amount is placed towards top of the cylinder (Dome Stopper).

(System is now turned the other way)



STEP 8. Slide the threaded end of the sleeve over the top of the cylinder, down over the dome stopper, oversized O-ring and valve stopper.

STEP 9. At this point, verify the assembly looks as shown.



STEP 10. Push the outer sleeve down to the dome stopper.

STEP 11. Using a flexible material (old credit card or other plastic material) push the loop of the oversized O-ring while at the same time turning the outer sleeve slightly until it slips in place.



STEP 12. Verify the oversized O-ring slips in place and looks as shown.

STEP 13. Place the “spacer ring” so that it fits down in and flush with the pump sleeve.



STEP 14. Slide the black sleeve (thicker) O-ring (oiled) onto the main cylinder behind the spacer ring.

STEP 15. Place the sleeve screw ring on the cylinder and hand-tighten. **NOTE:** Do not over tighten.



STEP 16. Congratulations! You have completed the oiling and assembly of your device.

NOTE

If you encounter problems or have questions on the oiling and/or assembly, please contact Customer Support.

TROUBLESHOOTING. Most issues identified below are resolved as the user becomes more adept using the device. Should any of these issues persist; contact our Customer Support toll-free: (866) 692-6676. Should you experience abnormal discomfort, excessive bruising or bleeding occur discontinue use of the device and consult your physician.

ISSUE	LIKELY CAUSE	REMEDY	COMMENTS
No vacuum being created in cylinder.	Air leak caused by poor seal.	Check device for air leaks. Check seal between device and tension system. Keep the cylinder steady	Test the system on a smooth airtight surface (tabletop or your hand) which will verify operation. A strong vacuum should be

		during pumping so as not to break the seal between the cylinder and the tension system.	maintained for at least 10 minutes.
Partial erection created in cylinder.	Air leak caused by poor seal between tension system and cylinder.	See above.	See above.
	Not enough pumping strokes.	Use more strokes and GO SLOW.	2-3 strokes should normally be enough each time and then pause.
	Not waiting long enough between pumping action.	Wait longer after pumping – usually 10 – 15 seconds.	Once accustomed to unit your erection should be able to be created within one to five minutes.
Rapid loss of erection once the cylinder is removed.	Too large tension system.	Use the next size down tension ring.	None.
Pulling in of the scrotum skin	Too large tension system or too much lubricant on the tension system or penis.	Use the next size down tension ring. Make sure excessive lubricant is not on the scrotum skin.	Wipe the excess lubricant from the scrotum with a dry washcloth.
Discomfort when pulling in foreskin.	Insufficient lubricant or too much foreskin.	Lubricate the penis and the foreskin if necessary	Once the penis starts to be drawn into the cylinder, remove the cylinder pulling the foreskin through the tension system, replace the cylinder on the penis and the tension resume pumping.
Discomfort of penis during intercourse.	Insufficient lubrication of partner	Use a water soluble lubricant for sexual activity.	Lubricate the penis and vagina as necessary.
Redness, irritation, and/or bruising.	Insufficient lubrication, over pumping, not used to a	Use more lubrication, slow the pumping action – GO SLOW.	Once you become accustomed to the tension system these issues will disappear.

	tension system being placed on the base of the penis.		
Penis feels cold to partner.	Reduction of warm blood circulation.	Use a warm washcloth to warm the penis prior to sexual intercourse and/or you can use K-Y Warming Lubricants.	Usually a decrease of penile temperature of one (1) degree occurs. In some females the vagina is so sensitive they may feel this decrease – most do not.
Penis pivots on the base.	The penis is rigid from the tension system to the tip – which is two-thirds of the penis length. The other one-third is in the body and not erect.	To decrease this sensation make sure the tension system is placed as far back on the penis as possible.	This is not a crucial factor to satisfactory intercourse.

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