

Cryolipolysis fat freeze Slimming Machine

SE-50 User Guide



Thanks for choosing our product

Please read through the manual before using

<http://www.SPAelf.com>

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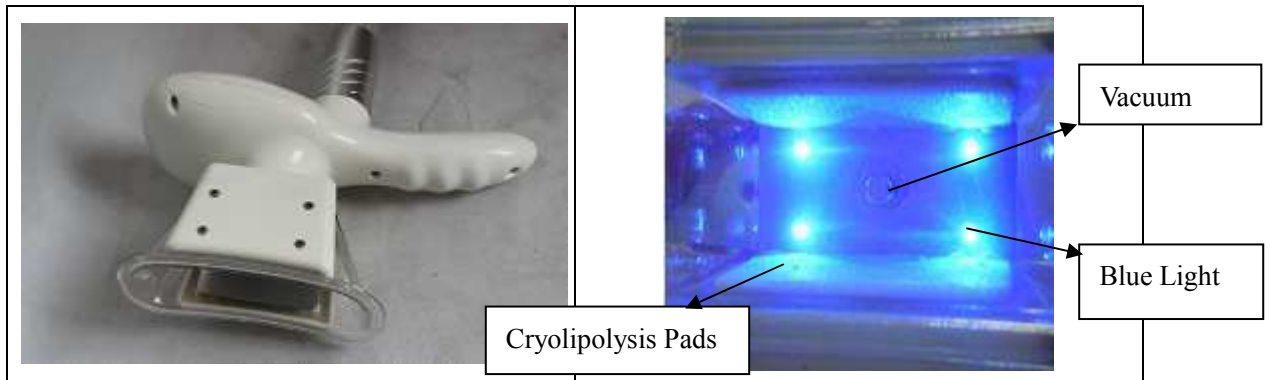
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Chapter 1

1.1 General Structure

1. Cryolipolysis + Vacuum + Vibration + Blue Light



2. 40K Cavitation



3. RF Fat Dissolve



Chapter 2

2.1 Key Technology

- 1、 Minus 20°C freezing vacuum sculptor
- 2、 40KHz strong wave cavitation
- 3、 RF fat dissolve

2.2 Main Function

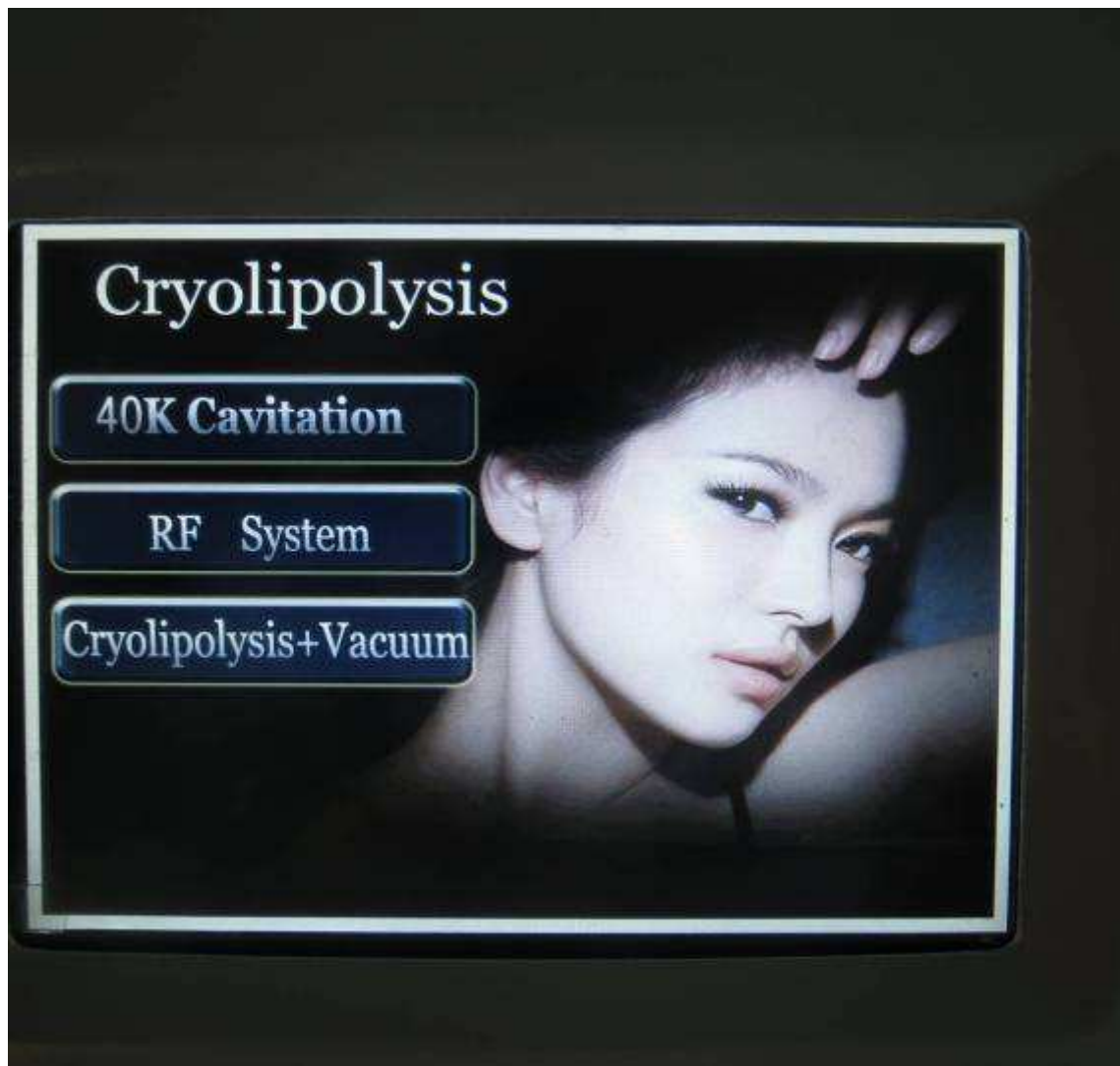
1. Body shaping, fat dissolving, repel the cellulite.
2. Lymphatic drainage, promoting metabolism & blood circulation.
3. Decrease the excessive water and prevent the fat from accumulation.
4. Tightening skin, strengthen skin elasticity, skin lift
5. Clear belly wrinkles, especially the stretch marks.
6. Complementing the collagen, skin rejuvenation.

2.3 Preparation Before Use

1. Install the 4 attached caster wheels on the machine, fasten the screws.
2. Install the attached on-hook on the machine, put the probes into the corresponding racks.
3. Before using the Cryolipolysis Fat freeze Slimming Machine, it is required to open the inlet and overflow behind for adding distilled water or purified water.
4. Connect the attached water funnel to the inlet, start adding purified water until water flows out from the overflow, and then close the inlet and overflow.
5. Check the host power cable is connected.
6. Check the key switch of machine is connected.

2.4 User Interface

Press any key to enter the main menu to enter the system.



1. Click "**40K Cavitation**" to enter the 40K fat exploding function.




2. Click "**RF System**" to enter the RF function.




3. Click "**Cryolipolysis+Vacuum**" to enter the vacuum cryolipolysis cool-sculpturing function.




❖ **The main menu interface for cavitation**




Operation process:

1. "Timer"  refers to the time of operation, which can be set by  and .

2. "Intensity"  refers to the cavitation intensity, which can be set by  and .

3. "Mode "  refers to fat exploding mode selection, which can be set by  and .




4. Press  "to start the operation




5. Press  "return back to the main interface

❖ **The main menu interface for RF system**




Operation process:

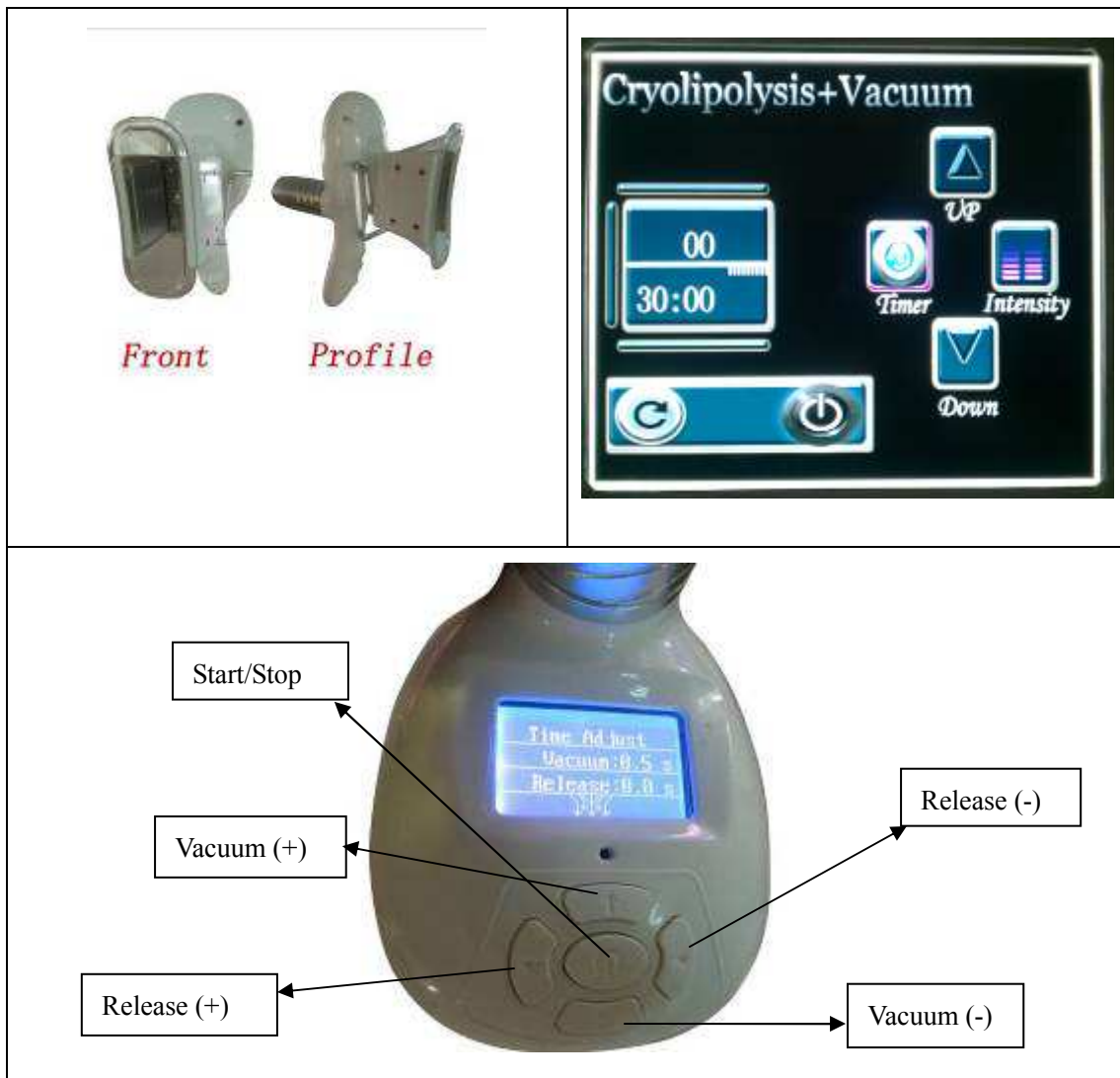
1. "Timer"  refers to the time of operation, which can be set by  and .

2. "Intensity"  refers to the RF intensity, which can be set by  and .



3. Press  "to start the operation

4. Press  "return back to the main interface

❖ **The main menu interface for Cryolipolysis+vacuum**



Operation process

1. **Timer** refers to the time of operation, which can be set by **UP** and **Down**.
2. **Intensity** refers to the RF intensity, which can be set by **UP** and **Down**.
3. Press  "to start the operation
4. Press  "return back to the main interface

Chapter 3

3.1 Treatment settings

➤ **Cavitation Treatment settings**

1.The CAVITATION treatment focuses on the abdomen, thighs (“saddle bags”) and flanks (“love handles”).

2.Treatments are 20 minutes long, covering a body area the size of an A4 page. If you want a larger area covered, treatment time can be extended.

3.Drink at least 2 litres of water before your treatment and another 2 litres in the day after your treatment (soft drink, soda, juice or tea is not water).

4.Do not drink ANY alcohol or caffeine in the day of treatment of 48hrs after.

5.Use Dry Skin Brushing daily to stimulate lymph movement (your Naturopath will show you how to do this).

6.Do not have a hot shower (warm is alright), spa or sauna straight after treatment.

7.Diet: Follow a fat free, low starch, low sugar diet for best results (your Naturopath will give you an info sheet).

8.Exercise: Do brisk exercise for at least 20 minutes after your treatment to stimulate lymph movement.

9.An average of 2 cm reduction in circumference was achieved after a single treatment of the abdomen, outer thighs, or flanks.

➤ **RF Treatment settings**

1.RF treatment takes 20 minutes in generally. Treatments can be applied to the arms, buttocks or thighs to aim for skin tightening, reduced improvement in stretch marks and fat dissolve.

2.The optimal frequency for using Focus Fractional RF is 2 -3 times a week for 6-8 weeks. It is recommended that the Focus Fractional RF device not be used more than once every other day.

3. Letting the skin rest in between each treatment is important to allow the natural process of the skin's collagen renewal to take full effect.

4. Keeping in mind that the treatment does not stop the aging process:

- For Cellulite - results typically last a few months if a regime of diet and exercises is followed.
- For longer term results the customer needs to return for maintenance treatments every 4-8 weeks.
- For Skin tightening - results typically last for a few months, for longer term results the customer needs to return for maintenance treatments every 4-8 weeks.

➤ **Cryolipolysis Treatment settings**

1. Usually 30-60 minutes for each part (depending on thickness of fat and health status, After 25-30 minutes of treatment, press the pause button to suspend the suction, check and add antifreeze fluid..)
2. Can only treat cellulite part by part, for example, to eliminate cellulite of the entire waist, you need to complete several courses.
3. Take a another cooling procedure at the same position 1 or 2 months after the first course, which can reduce the extra fat layer thickness, twice treatment, can enhance the effect of cryolipolysis, but not recommended to accept treatment repeatedly at random.
4. Cryolipolysis cool-sculpturing treatment is designed for those physically healthy people who have local fat deposits, but not suitable for the one with overall obesity. It can target at the fat at a specific part, such as waist, abdomen, back, etc. The treatment is not a panacea, it can not treat obesity. It is not a substitute for liposuction or other invasive treatments. Substantial weight loss should be achieved through a balanced diet and regular exercise, cryolipolysis cool-sculpturing treatment can only eliminate the extra fat.
5. Use appropriate and constant suction intensity, the suction intensity is adjustable according to the patient's individual vulnerability. At the same time, the mode of suction and massage can be used.
6. Qualified antifreeze fluid is necessary to avoid frostbite during the treatment process when the temperature is reduced to 0 to -40 degrees. [Consumables, purchased by the user]
7. After the treatment, skin injury, minor frostbite, or pigment may occur, pay attention to take good care of it.

3.2 Suggest Operation Method

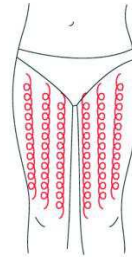
◇ **THIGH**

Treated time: 30 minutes

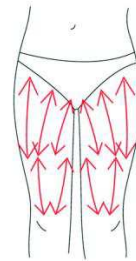
1. From down to upper, pushing to the groin to dredge the lymph.



2. From down to upper, circling push by anticlockwise, can help decomposing fatness.



3. Also can push by come-and-go to decompose fatness.



4. Pull from the knee and muscle texture to upper, can improve the curve.



◇ **BUTTOCKS**

Treated time: 20 to 30 minutes

1. Along the lymph direction, pulling to the waist.



2. From upper to down, by anticlockwise gesture, pull come-and-go.
3. Along the muscle of arm, pull up to lift and tight the muscle.



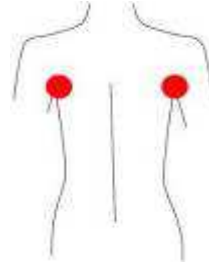
✧ **BACK**

Treated time: 20 to 30 minutes

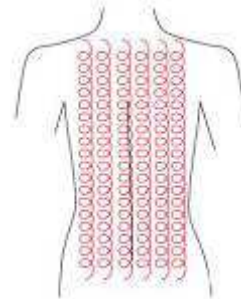
1. First by come-and-go, pushing the bladder nerve 2 to 3 times.



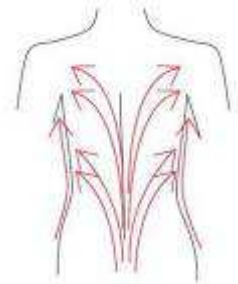
2. Circling by anticlockwise to stimulate the underarm lymph node.



3. On the back, by anticlockwise circling, can help to decompose the fatness.



4. Using lymph drainage gesture, pull the toxin to the lymph node, can help improving the back curve.



✧ **ARM**

Treated time: 30 minutes

- BACK SIDE

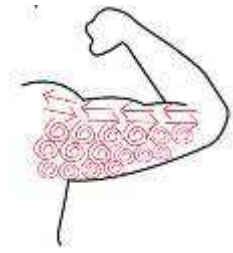
1. From the inner elbow to the armpit, doing lymph drainage.



2. Circling to stimulate the lymph node.

3. By anticlockwise or come-and-go pushing, decomposing the fatness

4. From the elbow to the oxtter, doing tightening gesture.



- Facade

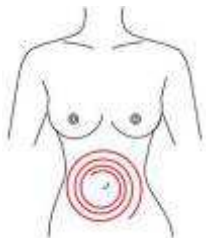
1. From the elbow to the oxtter, doing tightening gesture.



✧ **Abdomen**

Treated time: 20 to 30 minutes

1. From small to large, by clockwise direction, circling around the navel can help peristalsis of the large intestine.



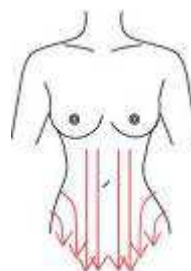
2. From small to large, by anticlockwise direction, circling push down.



3. From the belly and muscle texture, pull to the groin.



4. Through lymph drainage gesture, taking the toxin to the place of groin.



3.3 Points for attention

1. The machine must be operated by professionals.
2. Do use antifreeze fluid.
3. The patient cannot receive the treatment if he/she has following medical electronic equipment:
 - Implanted cardiac pacemakers or other implanted electronic devices;
 - Life-support artificial heart-lung machine or other equipment;
 - Portable ECG measurement device;
4. The following patients shall have the professional physician's consent before using the machine
 - Acute disease patient; - Cancer patient; - Infectious disease patient; - Pregnant women;
 - Heart disease patient; - Fever patients;
 - Patients receiving another treatment or those with physical anomalies;
5. Careful attention should be paid to following patients when using this machine:
 - Infants and young children; - People with sensory or physical impairment;

The change in our fat

Chapter 4

4.1 Contraindication

Please avoid the treatment from these people :

1. Pregnant women or women who may be pregnant.
2. Scarring, infection of the treatment area
3. History of keloid scarring
4. Use of medication known to induce photosensitivity
5. Fragile skin
6. Patients undergoing the surgical procedure without consulting with a surgeon
7. Patients with tumors
8. Patients with serious disease
9. Patients with low/high blood pressure

4.2 Warranty

1. Manufacturer warrants defects in materials and workmanship for a period of 1 year from the date of original purchase.
2. Manufacturer won't bear any responsibility:
 - A. Damage caused by accident, abuse, misuse or misapplication, it will be repaired with repair fee.
 - B. Damage caused by service performed by anyone who is not technician or qualified by manufacturer.
 - C. A product or part that has been modified without any permission of manufacturer.

4.3 Technical Parameters

1. Host display: 8 "TFT color touch screen
2. Voltage : 220V/50Hz or 110V/50Hz (according to the mark on the machine)
3. Power: $\leq 500\text{w}$
4. Cooling liquid: pure water
5. Vacuum: 650mmHg
6. Pump flow rate: 60L/min
7. Vacuum pressure: 0-106Kpa
8. Freezing temperature: 0°C, -10°C, -15°C
9. Fat exploding frequency: 35-40K

10.RF frequency: 5MHz

11.Packing size: 122cm×59 cm×51cm

12.Ambient temperature: 5 °C ~ +40 °C

13.Relative Humidity: ≤ 80%

4.4 Accessories of this device

1.Power supply line 1pcs

2.Handle support 1pc

3.User manual 1pcs

4.Cooling handle 1pcs

5.Cavitation handle 1pcs

6.RF handle 1pcs

7.Fuse replace 2pcs

8.Emergency switch 1pc