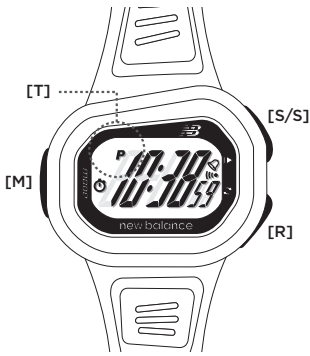


1 Design of the Watch

Thank you for purchasing this watch.
Please read this manual thoroughly before using the watch!



Mode [M]

- Press [M] to select among function modes.
- Hold down [M] to select setting display.
- Setting display: Press [M] to select among setting items. Hold down [M] to exit setting display.

Start/Stop [S/S]

- Current Time Mode: Press [S/S] to switch between time and date display.
- In Daily Alarm Mode: Press [S/S] to turn ON or OFF daily alarm
- Chronograph Mode: Press [S/S] to start or stop counting.

Reset [R]

- Daily Alarm Mode: Press [R] to turn ON or OFF hourly chime.
- Chronograph Mode: Press [R] to display split time (counting). Hold down [R] to reset chronograph (stop counting).

Touch Light [T]

- Touch [T] to turn ON the back light for about 3 seconds.

new balance.

**Style
500**

User Manual

NM-702.1

www.newbalance-watch.com



2 Specifications

Current Time Mode

- Normal Time with day, day of week, hour, minute and second display
- Calendar range: 2000 - 2099
- Auto calculation of weekday
- 12/24 hour format selectable
- M-D/D-M format selectable

Alarm Mode

- Daily alarm
- 3-beep continuously for 20 seconds at preset alarm time
- Hourly chime

Chronograph Mode

- 1/100-second resolution
- Measuring range 23 Hour, 59 Minute, 59.99 Second
- Split Time

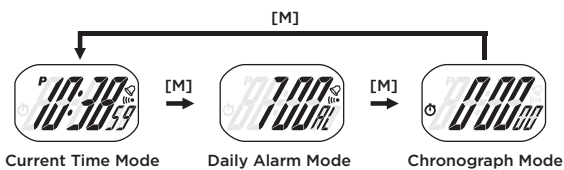
Back Light

- Touch key Electro-luminescent back light

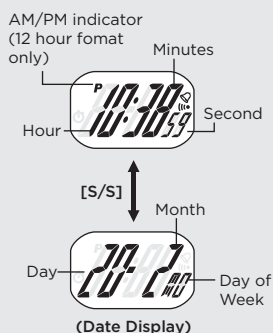
5 ATM water resistance

3 How to Switch between Function Modes

Press [M] to select among Current Time Mode, Daily Alarm Mode and Chronograph Mode.



4 Current Time Mode - Month and Day of Week Display



Current Time Mode

The Current Time Mode

When Current Time Mode is selected, the watch will show the following items on the display:

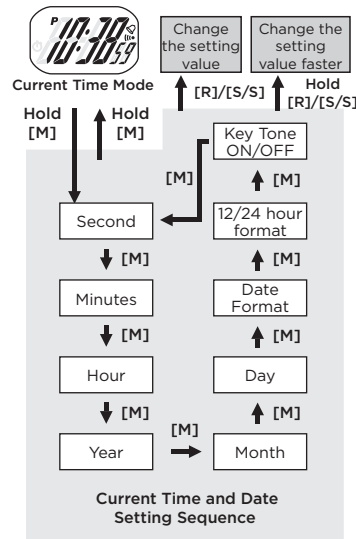
- Hour
- Minutes
- Second

How to Select Between Time and Date Display

Press [S/S] to switch the display between Month and Day of Week Display following the adjacent diagram.

The date display will automatically return to time display after 8 sec if NO key-stroke has been activated.

4.1 Current Time Mode - Setting the Current Time

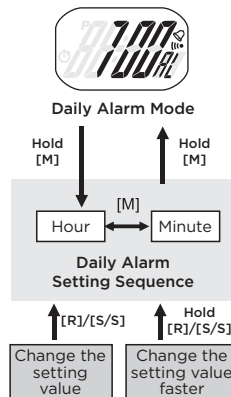


How to Set Current Time and Date

- In Current Time Mode, hold down [M] for about 2 seconds to select setting display.
- The selected digits will be flashing. Press [M] to move the selection (flashing) following the adjacent diagram.
- When one of the settings is selected, press [S/S] or [R] to change the setting value; hold down [S/S] or [R] to change setting value at a faster pace.
- When the setting is completed, hold down [M] to exit the setting display.

NOTE: This Watch will also exit the setting display if NO key-stroke has been activated for about one minute.

5 Daily Alarm Mode - Setting the Daily Alarm

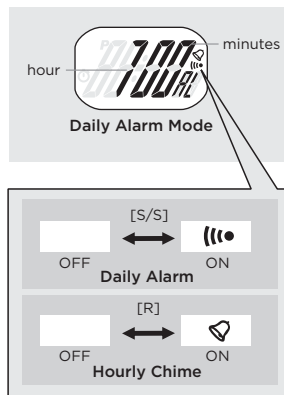


How to Set Daily Alarm

- In Daily Alarm Mode, hold down the [M] button for about 2 seconds to select setting display.
- The selected digits will be flashing. Press [M] to move the selection (flashing) following the adjacent diagram.
- When one of the settings is selected, press [S/S] or [R] to change the setting value; hold down [S/S] or [R] to change the setting value at a faster pace.
- When the setting is completed, hold down [M] to exit the setting display.

NOTE: This Watch will also exit the setting display if NO key-stroke has been activated for about one minute.

5.1 Daily Alarm Time Mode - Daily Alarm and Hourly Chime



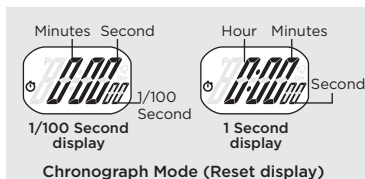
How to Turn ON/OFF the Daily Alarm

- In Daily Alarm Display, press [S/S] to turn ON/OFF the daily alarm.
- When the alarm indicator '(((•))' is appeared (the daily alarm is ON), the watch will sound 3-beep continuously for 20 second at preset alarm time.
- Press any button (except [T]) to stop the beeps.

How to Turn ON/OFF the Hourly Chime

- In the Daily Alarm Display, press [R] to turn ON/OFF the hourly chime.
- When the hourly chime indicator '⚡' is appeared (the hourly chime is ON), the watch will beep once at zero minute every hour (i.e 1:00 00, 2:00 00 etc).

6 Chronograph Mode - Functions Overview



Chronograph Mode

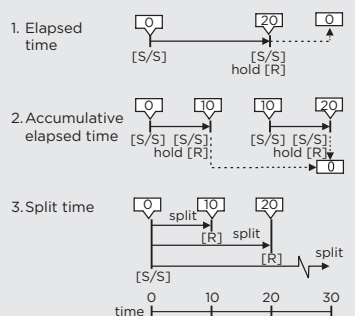
The Watch includes a stopwatch function to measure:

- Elapsed time,
- Accumulative elapsed time, and
- Split time.

Chronograph Display

- The 'Reset' display will be appeared if the Watch or the chronograph has been reset. It is ready for a new measurement.

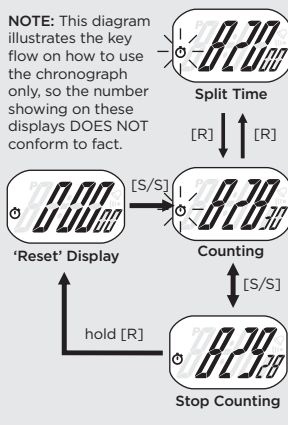
NOTE: The maximum measuring range of the chronograph is 23 hours 59 minutes and 59.99 seconds.



Elapsed time, Accumulative Elapsed time and Split time

6.1 Chronograph Mode - Using the Chronograph

NOTE: This diagram illustrates the key flow on how to use the chronograph only, so the number showing on these displays DOES NOT conform to fact.



How to Measure Elapsed Time and Accumulative Elapsed Time

When the chronograph is stopped, press [S/S] to start counting. When the chronograph is counting, press [S/S] once to stop. The elapsed time between these two [S/S] keystrokes is exhibited on the display. Repeat the above mentioned steps to get the accumulative elapsed time of which the chronograph is counting.

How to Measure Split Time

When the chronograph is counting, press [R] to take the split time. This key operation will not affect the counting. Repeat the above steps to get another split time.

How to Reset the Chronograph

To get the chronograph ready for a new measurement, hold down [R] for about 2 seconds when the chronograph stopped.

7 Care and Maintenance

- This watch contains electronic components. Never attempt to open the case or remove the back cover.
- Avoid exposing the watch to extreme temperature, chemicals which will damage the watch.
- Keep the watch away from the conditions of strong electric field and static electricity.
- Avoid rough usage or severe impact. The watch is designed to withstand impact under normal use. It is advisable to subject it to severe impact or rough usage.
- Clean your watch occasionally with a soft moistened cloth only. Avoid using chemicals, especially soap as the waterproof gasket will corrode.
- Store the watch in a dry place when it is not in use.

8 Precautions for Straps

- Exposure to water often makes a strap fragile and it may soon tear.
- Don't apply perfume or moisturizers around your wrist as the chemicals can erode the metal, leather and plastic of watch straps.
- The strap's condition will depend on the owner's wearing habits as well as the climate of the place where the person lives. An original replacement on straps is possible to be re-ordered through an authorized service center.
- PU straps are usually very hardwearing, please wash them with mild soapy water only.
- There may be discoloration for light color and transparent straps after normal wear for some time.
- In case if there is any severe or persistent skin reaction, such as severe redness, itching, rash or hives, you should stop wearing this watch, and consult your doctor.

9 Precautions for Water Resistance

All New Balance watches are designed to withstand use as indicated on the below chart.

Indication	Water-related use		
Level of resistance	Light spray perspiration, light rain, etc	Bathing, etc	Swimming, etc
3 ATM (30 meters)			
5 ATM (50 meters)			
10 ATM (100 meters)			

- Water damage may occur if the push buttons are pressed under water.
- Should water or condensation appear in the watch, please check the watch immediately as corrosion of electronic parts can occur inside the case.

10 Precautions for Battery

Battery Life

The battery in your New Balance watch is estimated to last for 2 years.

Battery Replacement

If the watch is out of battery, you are recommended to go to the authorized New Balance service center for correct battery replacement in order to retain a valid warranty and avoid any damage on the water resistance function.

WARNING!

Always keep watch batteries away from children. If swallowed, contact a doctor immediately. Batteries contain chemical substances. They should be disposed of properly according to local regulations.