



FOCUSSPEC ® manual and user instructions

Two types of adjustable glasses will correct over 80% of uncorrected refractive errors worldwide:

Minus powers: -1.00 to -5.00 dioptres

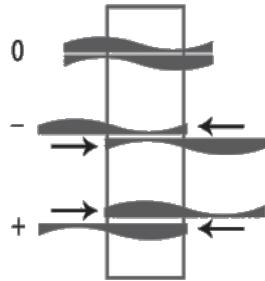
Plus powers: +0.50 to +4.50 dioptres

- Plus Power lenses are needed for:
 - Long-sightedness (Hyperopia)
 - Presbyopia: natural age-related eye changes create a need for glasses for reading, sewing and other close tasks

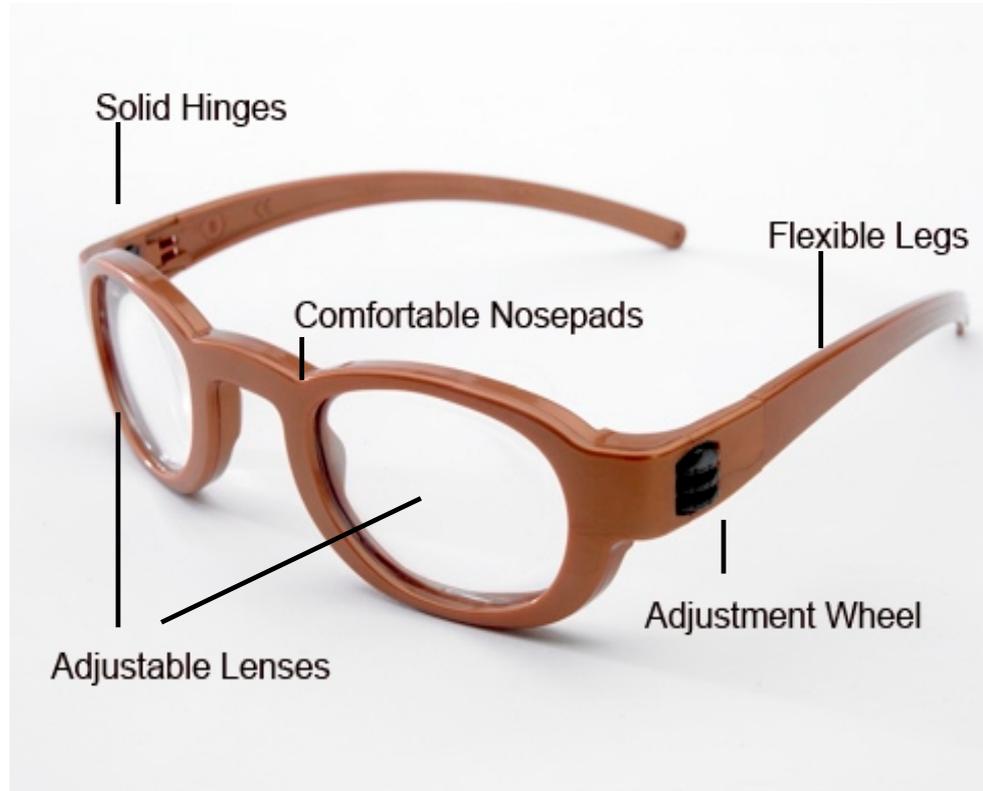


- Minus Power lenses are needed for:
 - Short-sightedness (myopia): glasses needed for long-distance vision

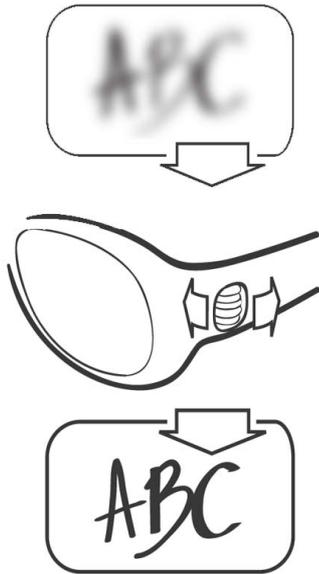




Indicator DPT



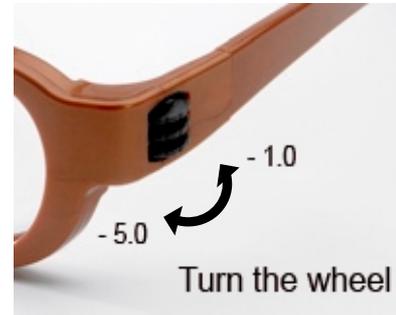
The adjustment wheel on the FOCUSPEC ®.....



Positive/plus
power glasses



Negative/minus
power glasses



Use of Vision Card

- Test for distance vision with distance of 4 M (13.5 Ft)
- Test for near vision at 40 CM (15 inches)

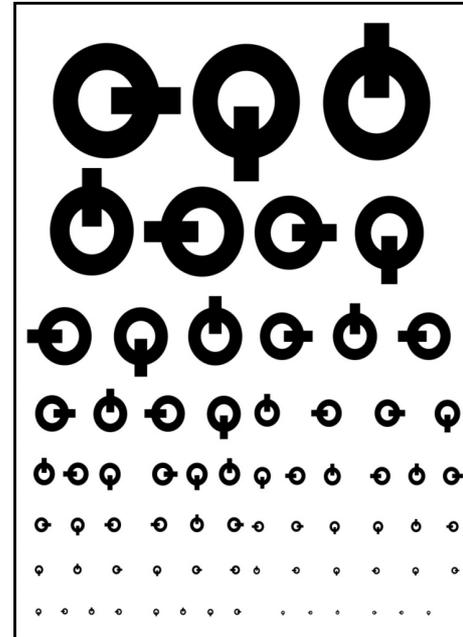
If...

- **Distance vision is poor,** first select minus power lenses

(NB it is however possible that plus power lenses will be required to help a longsighted person see better at distance)

If

- **Close vision is poor,** select the plus power lenses for correction



Clear

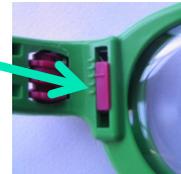
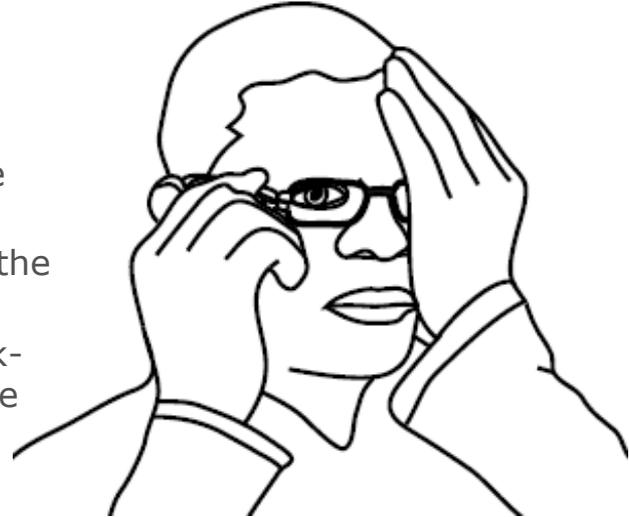


Blurry



How to self adjust the FOCUSPEC ®.....

- Put the glasses on
 - Each lens is adjusted separately
 1. Cover (do not close) one eye with your hand
 2. Look with your other eye at the Vision Card
 3. Rotate the wheel slowly back-and forward until you can see clearly, then fine tune the adjustment
 4. Repeat for the other lens
 5. Use the Indicator as a reference point in case the lens power is accidentally altered later on.

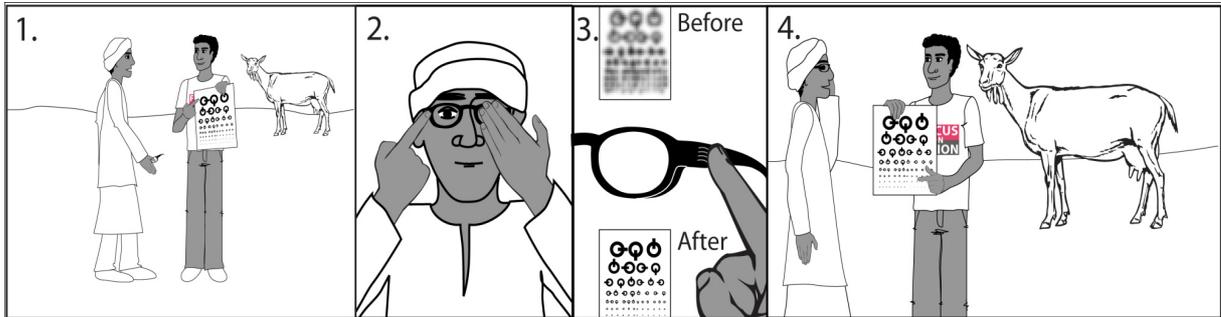


Other information on using FOCUSSPEC ®.....

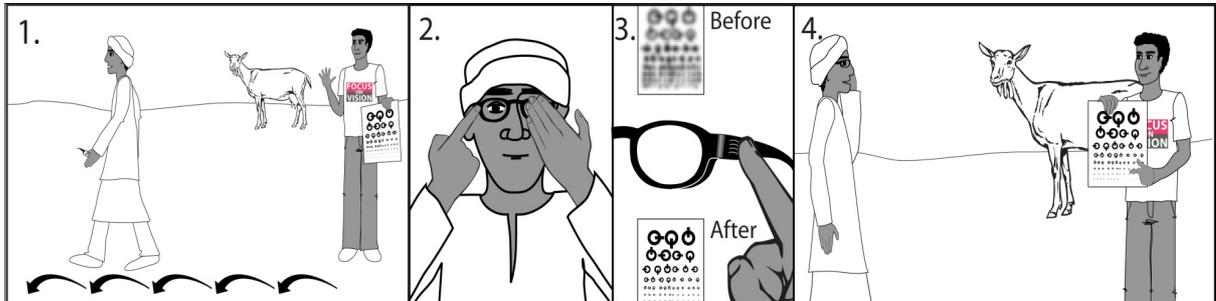
- It is possible that a person may need glasses for both distance and near vision.
- Glasses used to improve close vision may have the effect of making distance vision worse. If this is experienced then these glasses should be used for *close tasks only* and should be removed for distance vision tasks.
- If after attempting to fit and adjust glasses for distance vision, the person's vision has not improved, they are advised to visit a qualified optometrist.



Positive/plus power glasses



Negative/Minus power glasses



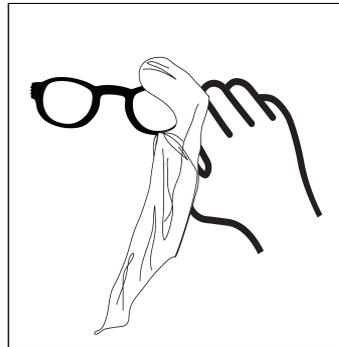
Further important information.....

- It may take a while to get used wearing glasses, especially if they are being worn for the very first time. This is normal.
The brain has to adapt to this new vision. It may be that although the vision is clearer, objects will seem larger or smaller than before. This is normal but can be disorientating at first. It will improve within a short time.
- It may be advisable to wear the glasses only in familiar surroundings initially (such as the home) until visual comfort improves.
If, after a short period of time (3-4 days), the wearer feels they are still not adapting well to the lenses, they should stop wearing them and visit an optometrist/eye doctor for further help.
- When and for how long the glasses are worn will be different for each individual according to the strength of lenses needed, age and lifestyle/occupation of the wearer.



How to care for the FOCUSPEC ®.....

- Keep the glasses in the case or bag when not in use.
- FOCUSPEC ® designs are durable with proper care.
- Broken parts will not be replaced, instead the client will be offered a new pair of glasses. *
- Clean your glasses with a moist (NOT WET) cloth, and polish with a dry cloth to prevent scratches.
- Be careful with sand, and avoid water.



- This product has a 3 month quality guarantee (not including accidental damage or misuse).
- Guarantee is provided by vendor.





Bringing Joy of Eye Sight

