<u>PRODUCT</u>
UP3 BY JAWBONE

<u>MODEL #</u>
JL04

<u>UNITED STATES</u>

"FCC ID: V3J-JL04"
FCC Compliance Statement
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE:
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:
   • Reorient or relocate the receiving antenna.
   • Increase the separation between the equipment and receiver.
   • Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
   • Consult the dealer or an experienced radio/TV technician for help.

FCC CAUTION
The FCC requires the user to be notified that any changes or modifications made to this device that are not expressly approved by Jawbone may void the user's authority to operate the equipment.
   • This device and its antenna(s) must not be co-located or operating in conjunction with any other antenna or transmitter.
RF exposure information: This device meets FCC requirements for RF exposure in controlled or uncontrolled environment

<u>EUROPE</u>

EU Declaration of Conformity - The telecommunications functionality of this product may be used in the EU and EFTA countries. Products bearing the CE marking comply with one or more of the following EU Directives as may be applicable: Low Voltage

Directive 2006/95/EC; EMC Directive 2004/108/EC; R&TTE Directive 1999/5/EC; RoHS Directive 2011/65/EU. Jawbone EU Address:11th Floor, Newcombe house, 45 Notting Hill Gate, London, W11 3LQ

CANADA
"IC: 7589A-JL04"

This Class B digital apparatus meets all requirements of the Canadian Interference-Causing Equipment Regulations, CAN ICES-3(B)/NMB-3(B). This device has Bluetooth capability, the device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device. RF exposure information: This device meets IC requirements for RF exposure in controlled or uncontrolled environment
Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence.L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement. Renseignements sur l'exposition RF : Cet appareil répond aux exigences IC d'exposition aux RF dans un environnement contrôlé ou non contrôlé

JAPAN

 Ⓡ 018-140107

MIC ID: 018-140107

This is a Class B product. In a domestic environment this product may cause interference when it close radio or television. Please use the equipment in accordance with the user manual.

Class B 警語
この装置は、クラスＢ情報技術装置です。この装置は、家庭環境で使用することを目的としていますが、この装置がラジオやテレビジョン受信機に近接して使用されると、受信障害を引き起こすことがあります。取扱説明書に従って正しい取り扱いをして下さい。VCCI-B

TAIWAN

低功率電波輻射性電機管理辦法

第十二條 經型式認證合格之低功率射頻電機，非經許可，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。

第十四條 低功率射頻電機之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。前項合法通信，指依電信法規定作
業之無線電通信。低功率射頻電機須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干

KOREA

MSIP-CRM-V3J-JL04

Class B Equipment (For Home Use Broadcasting & Communication Equipment)

This equipment is a home use (Class B) electromagnetic wave suitability equipment and to be used mainly at home or in other areas.

B급 기기
(가정용 방송통신기자재)

이 기기는 가정용(B급) 전자파적합기기로서 주
로 가정에서 사용하는 것을 목적으로 하며, 모
든 지역에서 사용할 수 있습니다.

SINGAPORE

SINGAPORE WIRELESS NOTICE

**COMPLIES WITH
IDA STANDARDS
IDA: DA00006A**

TURKEY
Türkiye Cumhuriyeti: EEE Yönetmeliğine Uygundur

BRAZIL
Este equipamento opera em caráter secundário, isto é, não tem direito a proteção contra interferência prejudicial, mesmo de estações do mesmo tipo, e não pode causar interferência a sistemas operando em caráter primário.Este equipamento atende aos limites de Taxa de Absorção Específica referente à exposição a campos elétricos, magnéticos e eletromagnéticos de radiofreqüências adotados pela ANATEL.

MEXICO
Declaración para México. La operación de este equipo está sujeta a las siguientes dos condiciones: (1) es posible que este equipo o dispositivo no cause interferencia perjudicial y (2) este equipo o dispositivo debe aceptar cualquier interferencia, incluyendo la que pueda causar su operación no deseada. If your product is provided with wireless accessories such as a keyboard or mouse and you need to identify the model of the accessory, refer to the label included on that accessory.

CHINA

部件名称 (Types of Components)	产品中有毒有害物质或元素名称及其含量 (Hazardous Substance)					
	铅 (Pb)	汞 (Hg)	镉 (Cd)	六价铬 (Cr+6)	多溴联苯 (PBB)	多溴二苯醚 (PBDE)
元器件 (Component)	O	O	O	O	O	O
印刷电路板 (PCBA)	O	O	O	O	O	O
主动组件 (Active Component)	O	O	O	O	O	O
被动组件 (Passive Component)	X	O	O	O	O	O
锡膏 (Solder Paste)	O	O	O	O	O	O

NOTE:

1. Vibrator of passive component显示"X"，表示含 Pb。
   Vibrator of passive component, it is "X" for Pb。

2. O：表示该有毒有害物质在该部件所有均质材料中的含量
   均在SJ/T 11364-2006标准规定的限量要 求以下。

   Indicates that the concentration of the hazardous substance
   in all homogeneous materials in the parts is below the
   relevant threshold of SJ/T11363-2006 standard.

3. X：表示该有毒有害物质至少在该部件的某一均质材料中
   的含量超出SJ/T 11364-2006标准规定的限量要求。

   Indicates that the concentration of the hazardous substance
   of at least one of all homogeneous materials in the parts is
   above the relevant threshold of SJ/T11363-2006 standard.

本表格提供的信息事基于供货商提供的数据及本公司的检测结果。
在当前技术水平下，所有有毒有害物质或元素的使用控制到了最底
限，本公司会继续努力通过改进技术来减少这些物质和元素的使用。

This table express inclusion information of hazardous
chemical substances in device and information of
hazardous chemical substances about each part is
prepared on the authority of information that cooperation
company offers and result that we verify inside. Hazardous
substance had included for some piece part is impossible
to unsure by present technological level and we make
every effort to improvement this technological limits.

ANATOMY

Materials
- Medical grade TPU rubber
- Anodized aluminum
- Titanium alloy

Your band is rain, splash, sweat, and shower-resistant. It is also water resistant at depths up to 10 meters. Remember to remove your band in extreme conditions such as surfing or in saunas.

UP3's surface allows you to switch modes, view your current mode and interact with notifications.

Switching Modes

	Enter	Exit
Awake	Default	-
Stopwatch	From awake mode, wake up your band by gently tapping the band surface twice. Then tap once, then touch and hold. The runner icon will flash 3 times. The band will vibrate once.	Wake up your band by gently tapping the band surface twice. Then tap and hold. The runner icon will flash once. The band will vibrate once.
Sleep	From awake mode, wake up your band by gently tapping the band surface twice. Then touch and hold the band surface. The moon icon will flash once. The band will vibrate once.	Wake up your band by gently tapping the band surface twice. Then touch and hold the band surface. The runner icon will flash once. The band will vibrate once.

ACTIVATE AND CHARGE YOUR BAND

You need to activate your new band before you use it.

To activate, attach your band to the included USB cable. Then plug the cable into a powered USB port. Watch for the lights.

To charge your band, you'll need your band, your USB charging cable and a computer.

First, hold your band with the loop at the bottom. Then connect the charging cable from the right, making sure that the pins in the charger align with the band. A magnet will hold the charger in place.

Next, bend the charging cable and insert it into your computer. When you plug the charging cable into a power source, your band icons will pulse. If charging without a computer, you can also use a standard USB wall adaptor.

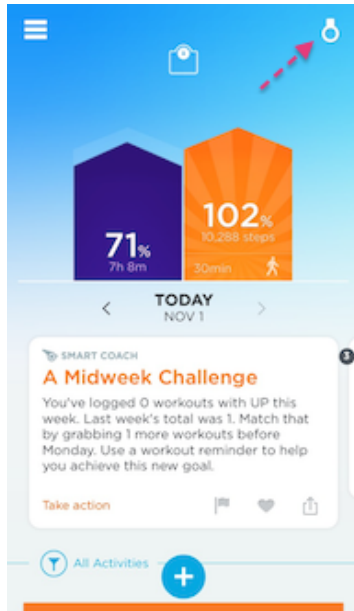When your band is fully charged the band icons will stop pulsing and the runner icon will glow.

More about charging:

- It takes just over one hour to fully charge your battery.
- A full charge lasts up to 7 days (varies by use).
- The moon and runner icon will flash simultaneously to alert you that your battery has only 10% remaining

SYNCING AND PAIRING

UP is a system. The tracker records your movements and sleep. The app displays your data. Data collected by the tracker is communicated wirelessly with Bluetooth LE. To sync data, your tracker must remain connected to your device via Bluetooth. Press the tracker button to connect at any time. Your data will sync with the app once it has connected. When syncing, a progress bar displays in the app. Your data also syncs every minute when the app is open and your tracker is connected and within 33 feet of an iOS device. When the app is running in the background, your data will sync every 20 minutes. Once the sync is complete, you can immediately review your progress in the activity log. You can review your activity log later by pulling down on the homescreen. Swipe up to close.

Check if device is synced: To check your tracker's connectivity, open the UP app and check the status badge in the upper right corner. If a tracker icon appears, your tracker is connected.

Adding a new device: If you'd like to connect a new tracker, please see Add Another Tracker.

Troubleshooting
If your tracker is disconnected, you'll see a red Bluetooth symbol in the upper right corner of your homescreen. To reconnect, try the following steps:
• Close the app, then relaunch.
• Turn off your device's Bluetooth. Wait 1 minute, then turn it on again. Finally, relaunch the app.
• Check your internet connection. The UP app needs the internet to sync.
• Restart your device.
Perform a soft reset on your tracker.

BAND NOTIFICATIONS

You can receive notifications directly on your UP3.

Step Goal
When you reach your step goal for the day, your band will vibrate and the notification icon and runner icon will flash.

Smart Alarm
Use Smart Alarm to wake you up during a period of Light sleep. To learn more about Smart Alarm, go here.

If you use Smart Alarm, your band will wake you up with gentle vibrations. The notification icon and moon icon will also flash.

To snooze Smart Alarm, gently tap your band surface once. If you snooze, the band will wake you up at a specified moment, not necessarily during Light sleep. To dismiss the alarm, gently touch and hold the band surface.

Reminder

If you use Reminders in the UP app, you'll see the following reactions:

Reminder	Tracker display
Bedtime	Moon and notification icon flash.
Move	Runner and notification icon flash.
Water	Notification icon flashes.
Meal	Notification icon flashes.
Pill	Notification icon flashes.
Custom	Notification icon flashes.

To dismiss a Reminder, gently tap your tracker once.

Idle Alert

Idle Alerts notify you when you have been still for a specified period of time. To learn more about Idle Alerts, go here.

If you use Idle Alerts and have been idle for a specified period of time, the runner icon will flash for a few seconds, then stop. You do not need to dismiss an Idle Alert.

UP App Notification

When UP sends a notification, for example when you have reached an achievement or accomplished a Today I Will, the app will send a push notification to your phone. Your band will notify you by flashing the notification icon and vibrating. Check the UP app to see your notification.

HEART RATE

UP3 captures your heart rate through its bioimpedance sensors. These sensors capture your heart rate by measuring the resistance of bio tissue and blood flow in your wrist.

Ensure accurate heart rate capture by making sure you're wearing the band correctly. Watch this video for more help.

With the UP3™ band you can capture your heart rate manually on-demand by opening up the app and holding your wrist/arm stable. Heart Rate measure is then displayed on the home screen.

You can also view your heart rate over time by tapping the heart icon and trigger a manual capture of your heart rate by tapping on the icon in the top right corner.

Your heart rate data is completely private and will never appear in your feed or in your teammate's feed.

When your heart rate is being captured, the heart rate icon in the UP app homescreen will pulse. If the heart rate icon is not pulsing, check to make sure that the band sensors are in contact with your skin. Then, close the app and re-launch UP.

CHANGING MODES

UP3's display allows you to see current mode, change modes and receive notifications.

Your band has 3 different modes:

- Awake mode
- Stopwatch mode
- Sleep mode

Awake Mode

Use awake mode to track your steps during the day. This is your band's default mode.

From awake mode, gently double tap the band surface twice to wake. The runner icon will glow to indicate that you are in awake mode.

Stopwatch Mode

Use stopwatch mode to track the steps and duration of a specific activity.

To start stopwatch mode, wake the band, then tap once, then touch and hold. Your band will vibrate and the runner icon will flash three times. To return to awake mode, wake the band, then touch and hold.

Your timed activity will appear in the UP app. You can always edit the details of the activity, including the duration, from the UP app. To learn more about Stopwatch mode, go here.

Sleep Mode

Use sleep mode to track the quality and quantity of your Light and Sound sleep.

From awake mode, wake the band by gently double tapping the band surface. Then touch and hold the surface. Your band will vibrate and the moon icon will flash once.

To return to awake mode, wake the band by gently double tapping. Then touch and hold the band surface. Your band will vibrate and the runner icon will flash once.

Open the UP app to view more sleep details, like the amount of Sound and Light sleep you experienced.

CE DECLARATION OF CONFORMITY

DOC#:JL04-R1

Product Name: UP3
Product Model: JL04
Product Options: All

Jawbone declares, that the above product, conforms to the following Product
  Standards and Regulations:

EMC:
　　EN 55022:2010 Class B
　　EN 55024:2010
Safety:
　　EN 60950-1:2006+A11:2009+A1:2010+A12:2011+A2:2013
　　IEC 60950-1:2005 (2nd edition) +A1:2009+A2:2013
Telecom:
　　EN 300 328 V1.8.1:2012
　　EN 301 489-1 V1.9.2:2011
　　EN 301 489-17 V2.2.1:2012
　　EN 62479:2010

RoHS:
　　EN 50581:2012

The product herewith complies with the requirements of the Low Voltage Directive
2006/95/EC, the EMC Directive 2004/108/EC, the R&TTE Directive 1999/5/EC,
and the RoHS Directive 2011/65/EU.

This device complies with part 15 of the FCC Rules. Operation is subject to the
following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept
any interference received, including interference that may cause undesired
operation.

Sr. Regulatory Manager
678 W. Maude Ave, Sunnyvale, CA 94085

11-03-2014
Date