



Human Adult Mammary Fibroblast Care Manual

INSTRUCTIONAL MANUAL ZBM0062.00

SHIPPING CONDITIONS

Human Adult Mammary Fibroblast Cells

Orders are delivered via Federal Express courier. All US and Canada orders are shipped via Federal Express Priority service and are usually received the next day. International orders are usually received in 3-4 days.

Must be processed upon shipment receipt.

STORAGE CONDITIONS

Media:	Short Term: 4°C	6 months	-20°C
Cells:	Frozen: liquid nitrogen	Plated:	37°C incubator

All Zen-Bio Inc products are for research use only. Not approved for human or veterinary use or for use in diagnostic or clinical procedures.

LIMITED PRODUCT WARRANTY

This warranty limits our liability to replacement of this product. No other warranties of any kind, expressed or implied, including without limitation implied warranties of merchantability or fitness for a particular purpose, are provided by Zen-Bio, Inc. Zen-Bio, Inc. shall have no liability for any direct, indirect, consequential, or incidental damages arising out of the use, the results of use, or the inability to use this product.

Zen-Bio, Inc warrants its cells only if Zen-Bio media are used and the recommended protocols are followed. Cryopreserved human adult mammary fibroblasts are assured to be viable when thawed and maintained according to Zen-Bio protocols.

ORDERING INFORMATION AND TECHNICAL SERVICES

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INTRODUCTION

Adult mammary fibroblasts are isolated from the breast of healthy donors between 18 and 60 years old undergoing elective breast reduction or mastectomy surgery. The cells are isolated by centrifugal force following enzymatic treatment. This instruction manual describes procedures to passage and culture the human mammary fibroblast cells.

PRECAUTIONS

This product is for research use only. It is not intended for human, veterinary, or in vitro diagnostic use. Proper precautions and biological containment should be taken when handling cells of human origin, due to their potential biohazardous nature. **Always wear gloves and work behind a protective screen when handling primary human cells.** All media, supplements, and tissue cultureware used in this protocol should be sterile.

Human adult mammary fibroblast cell viability depends greatly on the use of suitable media, reagents, and sterile plastic wear. If these parameters are not carefully observed, limited differentiation may occur and cell growth may be slow.

MATERIALS PROVIDED FOR EACH CATALOG ITEM

- ❖ **Human Adult Mammary Fibroblasts** (96-,48-,24-,12-,6-well plates; 75-,25-cm² flasks)
 - Cat # MF-2096, -2048, -2024, -2012, -2006, -75, -25
- ❖ **Mammary Fibroblast Cryopreservation Medium**
 - Cat# MFM-100
- ❖ **Cryopreserved Human Adult Mammary Fibroblasts**
 - Cat # MF-F
 - Frozen vial containing 500,000 viable adult mammary fibroblasts (store in liquid nitrogen upon receipt)
 - 50ml MF-1 support medium

MEDIA COMPOSITIONS

<u>Mammary Fibroblast</u>	<u>Mammary Fibroblast</u>	<u>Mammary Fibroblast</u>
<u>Culture Medium</u>	<u>Basal Medium</u>	<u>Freeze Medium</u>
<u>cat # MF-1</u>	<u>cat # MF-2</u>	<u>cat # MFM-100</u>
500ml	500ml	100ml
DMEM/F12	DMEM/F12	MF-1
Insulin	Penicillin	DMSO
Apo-transferrin	Streptomycin	
Ethanolamine	Amphotericin B	
Hydrocortisone		
Fetal Bovine Serum		
Epidermal Growth Factor		
Penicillin		
Streptomycin		
Amphotericin B		

NOTE:

All media are provided ready to use and prepared fresh prior to shipment.

All Zen-Bio, Inc media are also available phenol red free.

Please schedule your orders accordingly.

PATHOGEN TESTING

Samples from each donor are tested via PCR to confirm non-reactivity for HIV-1, HIV-2, HTLV I, HTLV II, hepatitis B and hepatitis C. However, no known test can offer complete assurance that the cells are pathogen free. Our products are tested and are free from mycoplasma contamination. Proper precautions and biological containment should be taken when handling cells of human origin, due to their potential biohazardous nature. All human based products should be handled at a BSL-2 (Biosafety Level 2) or higher. Always wear gloves and work behind a protective screen when handling primary human cells.

PLATING AND EXPANSION PROCEDURES

Cryopreserved Adult Mammary Fibroblasts

NOTE: THAWED CELLS ARE FRAGILE. HANDLE GENTLY AND QUICKLY TO MAINTAIN VIABILITY. **ZEN-BIO RECOMMENDS THE USE OF BIOCOAT® BRAND CULTUREWARE FROM BECTON-DICKINSON.**

1. Remove cells from liquid nitrogen and place immediately into a 37°C water bath with agitation. Be careful not to submerge the cap of the vial into water. Do not leave the vials in water bath after most of the content has thawed. Rinse the vials with 70% ethanol before taking them to the culture hood.
2. Upon the thawing, add the cells to a sterile conical bottom centrifuge tube, containing 9 ml of Mammary Fibroblast Culture Medium (MF-1).
3. Centrifuge at 1200rpm, 20°C, 5 minutes. Aspirate the medium and resuspend cells in a volume of BF-1 appropriate for counting the cells. Count using a hemacytometer.
4. Plate the cells at 4,000-10,000 cells/cm² on Collagen I coated culture ware using MF-1.
5. Incubate cells until they are 85-90% confluent (in about 1-2 weeks). Cells will need to be fed every 2-3 days with MF-1.
6. Aspirate medium and wash adult fibroblasts 4-5 times using sterile Phosphate Buffered Saline (PBS) to remove all traces of serum (until there is no foaming of the medium). Remove the PBS and release the cells from the flask bottom by adding 2 mL/T-75 flask (or 6 ml/T-225 flask) of 0.25% trypsin/ 2.21mM EDTA solution. Allow cells to trypsinize for 5 minutes at 37°C. Tap the flask gently to loosen the cells.
7. Neutralize the trypsin using 7 ml MF-1 per T-75 flask (or 21 ml per T-225 flask). Check the flask under a microscope to ensure all cells are free of the flask bottom.
8. Count the cells and plate in desired format. Ensure cells are evenly suspended when plating large numbers of plates or flasks. Do not agitate plates and flasks after plating. Place in a humidified incubator at 37°C and 5% CO₂, making sure the surface is level for even cell distribution.
9. *OPTIONAL* – Cryopreserve mammary fibroblasts after counting. Centrifuge at 1200rpm, 20°C, 5 minutes. Suspend in cold freeze medium (Cat# MFM-100) at a concentration of 500,000 cells/ml. Do not exceed a 6:1 ratio of cells (per million): volume freeze medium (per ml). Remember to account for the volume of the cell pellet before adding the volume of freeze

medium necessary for cell suspension. If using a controlled-rate freezer: Freeze by reducing the temperature 1°C per minute until the temperature reaches -80° C. If using a cell cryopreservation container, prepare according to the manufacturer's instructions. For best results we recommend transferring the vials to the vapor phase of a liquid nitrogen storage facility as soon as possible after the cells have reached -80°C.

TROUBLESHOOTING GUIDE

Observation	Possible causes	Suggestions
Adult MF cells do not grow	<ol style="list-style-type: none"> 1. Cells have been passaged too many times 2. Cells expanded too high 	<ol style="list-style-type: none"> 1. Use cells of a lower passage number 2. Do not exceed 1:6 expansion ratio
Edge effects	<ol style="list-style-type: none"> 1. Medium in outside wells evaporated 	<ol style="list-style-type: none"> 1. Ensure a saturated humidity in the incubator and feed the cells no less than every 3 days. Make sure multiple plates are stacked no more than 3 plates high.

FREQUENTLY ASKED QUESTIONS

- **Can I pass the cells?**

Mammary fibroblast cells can be trypsinized and replated several times. All cells are shipped after establishing a primary culture.

- **How fast do the cells replicate?**

The average doubling time is 18-24 hours. However, keep in mind that the replication rate for human breast fibroblasts varies slightly from donor to donor.

- **Should antibiotics be included in the medium?**

Yes. Antibiotics and anti-fungal agents are always recommended since the cells are primary cells.

- **Where are the cells obtained?**

The adult mammary fibroblast cells are isolated from the area of breast that contains no organoids or ductal tissue.

- **Do you test for pathogens? Which ones?**

Yes. Samples from each donor are tested via PCR to confirm non-reactivity for HIV-1, HIV-2, HTLV I, HTLV II, hepatitis B and hepatitis C. However, since we cannot test all pathogens, please treat the culture as a potentially infectious agent.

- **What donor information do I receive?**

The donor's age, gender, and BMI are provided in the certificate of analysis that accompanies each lot of cells.

- **What is the formulation of Zen-Bio's serum-free media?**

Zen-Bio's serum-free media are not enhanced to supplement the absence of serum. These media are available for assay procedures where cells are rested from serum.