

# The Community WorkStation

**User Manual** 

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Welcome to the Community WorkStation, your interactive support system for community health and development work! We know that your work demands much from you, as you build your own, other's, and the community's capacity for change; learn and make adjustments in skills and behaviors; and document, evaluate, and make sense of contributions to broad and sustainable goals. We have developed the Community WorkStation to help make your work easier.

This manual offers help in learning both about the WorkStation and how to use it. It's divided into two parts: Part I is an Overview and Part II gives step-by-step instruction for each WorkStation page.



# What is the Community WorkStation?

The Community WorkStation is an online group of tailored pages relating to the KU Work Group's Community Tool Box (http://ctb.ku.edu/), a public website that offers practical information for improving communities. Your Community WorkStation will contain personalized information (names and addresses, materials, links) from you and your initiative, as well as customized links to the Community Tool Box.

The Community WorkStation consists of different pages designed to benefit you in a variety of contexts.

# How Can the Community WorkStation Help in Your Work?

# **The Community WorkStation offers:**

## 1. Useful, integrated, & easily-available personalized tools and links:

- You can use the *Personal WorkStation* to keep track of -- and share -- your important news, events, materials, and contacts.
- With the *Initiative WorkStation* you and your colleagues are able to share the same page of information. Your Initiative Administrator will tailor this page to the needs of your group.
- The system supports are based on and grouped around questions like *What kind of community work do you want to do today?* and *What kind of support do you need?* In this way your work becomes easier and more rewarding.

## 2. Comprehensive content:

- Both the Personal and Initiative WorkStations feature 16 core competencies for promoting community health and development.
- Additionally, links to chapters in the Community Tool Box, based upon your topic preferences, will appear on the page.

# 3. Tangible Products:

• The system helps you offer tangible products with benefits to your initiative/organization by helping you carry out the tasks involved in your community work, like action planning, writing grant applications, etc.

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# Getting into the Community WorkStation

Now that your group is using the Community WorkStation, you'll be Signing in regularly. Activate the WorkStation by choosing the **WorkStation Sign-in** link on the Community Tool Box (http://ctb.ku.edu/). We recommend that you add this address to your browser's *Favorites* or *Bookmarks*.

## Logging In

1. Go to http://ctb.ku.edu/. The Sign-in link will be available.



2. The public version of the Community WorkStation will appear. To log into your group's customized WorkStation, type your User Name and Password in the appropriate boxes and choose the **Go** link.



# Part I. Overview of the Community WorkStation

After you've logged in, the main WorkStation screen will appear, presenting five tabbed pages (*Welcome*, *All Initiatives*, *Members*, *Personal*, and *My Initiatives*), with the *My Initiatives* page in front. You will likely be using the *My Initiatives* and *Personal* pages most frequently.

You'll also see features common to the Community Tool Box pages. At the top of the page, you'll find the linked logo, a quotation, the Search Function, and useful links. Each page is divided into sections and each section is divided into topics.



This site is best viewed in 800 x 600 resolution.

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# **The My Initiatives Page**

The *My Initiatives Page* contains customized information and links, as well as success stories, quick tips, and trouble shooting guides relevant to your initiative. Your Initiative Administrator will customize the page with information for your group.

Below are two graphics showing the breakdown of an Initiative WorkStation – the first one presents the top of the page and the second presents the bottom of that page.

*Please note: If you have access to more than one initiative, you will have a pull-down box at the top of the initiative page from which to choose for each browser session.* 





# The Personal Page

The *Personal* page is your own WorkStation. Here you can prioritize your work; keep (and share, if you with) important dates, links, materials, and contact information; and maintain connections to various types of support. Below is a graphic showing the breakdown of a *Personal WorkStation* page.



#### **The Personalize Links**

The Personal Information window appears when you choose either of the **Personalize** links from the Personal WorkStation. You will use this window to add information to your WorkStation and to prioritize your main topics of interest for Community Tool Box links.

WELCOME		BERS	IAL MY INITIA	ATIVES	< Back 🚨 Log Out
En el la sede Mar					
End User's wo	My Vision/My Mission	n: To do my best.			
Personal Info	ormation				
First Name:	End		Topics of Int	terest	
Last Name:	User		Topic #1:	Community Building	
Organization:	KU Work Group on Health Promotion		Topic #2:	Community Health and Development	
Username:	genericenduser			Commanity ricultin and Development	
Password:	****		Topic #3:	Facilitation skills	
Confirm:	****			<b>.</b>	
Address:	1000 Sunnyside Ave.		1 opic #4:	Management	
	Room 4082		Topic #5:	Leadership	
City:	Lawrence		Auto-login?	⊙Yes ONo	
State:	Kansas 🔄		E-mail Updates?	⊙Yes ONo	
Country:	United States		Te de mu	Personal Vision/Mission Statement:	8
Postal Code:	66045-7555		TO do my	Dest.	
Email:	enduser@ku.edu				
Language:	English				×
Show my name a O No	ind guest view of my home page in the m	ember directory? 💿 Yes	I have double ch	necked my information and am ready to u	pdate. Save

#### **The Full List Links**

One of the options for each topic on the Personal page is the <u>Full List</u> link. This allows you to view an entire list of items for that section. From that list, you can review, make edits to, or delete the items that you previously entered into the system for that topic.

Depending upon whether the topic has **automated links** (meaning that the system processes links to the Community Tool Box based upon information entered into it), or whether the topic has **personalized information links** (meaning that you, the user, have added the linked items yourself), the *Full List* window comes in several different formats. See the next section of this manual for more information.

# **The All Initiatives Page**

The *All Initiatives* page offers you the opportunity to visit the WorkStation of other groups and to see the information that they have shared, allowing you to view their mission, action priorities, success stories, etc. This helps you see how other Initiatives, doing work similar to yours, plan, prioritize, and think about their work. *Note: You will only be able to visit pages that the group has shared for this purpose and to view on those pages only those items that they have made publicly viewable.* 

You'll note that this page follows the same general formatting as the My Initiatives page. For more information about items within the All Initiatives page, please see the **All Initiatives** page overview in this manual.

WELCOME ALL INITIATIVES MEMDERS  KU - Learning to Make a Diff Our Vision/Mission: To support, document, and learn from	PERSONAL MY INITIATIV Terence m efforts to enhance learning through	The Initiative P Down Box At the top of t is a pull-down b listing the availa shared initiatives	ull- he page ox ble s.
Initiative: KU - Learning to Make a Differen What do I want to see today? Our News, Features and Events	sharing Our S	Update/Show	
News/Journals       F         1. Models of Good Practice for Service-Learning Programs         Features       F         1. Campus Activism Resource       F         2. FirstBook Campus Chapter Model Helps Local Literacy Programs         3. Patrick Stewart Human Rights Scholarships Through Amnesty International         Events       F         1. CCO ODSS Training	Full List	The Sections The All Initiatives page will I function very similarly to the M Initiatives page. You'll see mos same sections, and topics withir sections, and will be able to cho links that you're interested in vi If the Initiative who's Works you are visiting has shared spec information, you'll be able to se	book and y tt of the those ose the ewing. Station ific e it.
Our Contact Information	1. Jessica St.Cla 2. Christina Holt 3. Stephen B. Fav	Full List air t awcett, PhD	

#### **The Members Page**

The *Members* page works like the All Initiatives page, but on an individual user, or member, basis. It offers you the opportunity to visit the Personal page of other users, to see how they plan, prioritize, and think about their work. *Note: You will only be able to visit another user's WorkStation if they have shared it for this purpose and to view those items that the person has made publicly viewable.* 

The first thing you'll see when you choose the *Members* tab is the Member Directory page, which you can use to search for the member whose page you'd like to view. You may search by either the individual's initiative, or by his/her name.

WELCOME	ALL INITIATIVES	MEMBERS	PERSONAL	MY INITIATIVES		🛆 Sign In	Register now
Member Direct	ory						
Initiative:	-All-			<u>v</u>			
First Name:				Members per page:	25 · Updat	e/Show	
Last Name:	{ Leave empty to search all }			Sort By:	Last Name		
		Please modify y	our search criteria ab	ove and press "Update/Show	w".		

After you've chosen the member whose page you'd like to see, the Members Page will appear. Because the information on the Members page follows the format of the Personal page, please see the **Personal page** overview section of this manual for information about specific features of this page.

WELCOME ALL INITIATIVES MEM	IBERS PERSONAL	MY INITIATIVES	🛆 Sign In	Register now		
End User's WorkStation My Vision/My Mis	<b>sion:</b> To do my best.					
What do I want to see today?						
My Community Work		Problem Solving and Connecting with	Others			
Plan the Work	Full List	Learning Communities				
Some core compentancies I am working on: 1. Create and maintain coalitions and partnerships 2. Assess community needs and resources		Human Development and Family Life     S.KU Work Group - effective research and practice     S.Which Greg Were You Community Effort	Ne and practice			
3. Analyze problems and goals			The S	Sections		
My News and Events		Sharing My Resources and Materials	The	e Members page wil		
Latest Events	Full List	Links to Other Resources	look and function very similarly to the Persona			
1. Conference in San Francisco 2. Workshop in Topeka		1. Which One Were You Site 2. KU Work Group Site	page.	You'll see most of		
Latest News/Journals	Full List	Materials to Share	the same sections, and topics within those sections, and will be able			
Not Available		1. Excel Graphing Instructions 2. Helpful Hints File				
			to choose the links tha you're interested in viewing.			

# Part II. Using the Community WorkStation

This part of the manual offers step-by-step instruction. See Part I for overview information about specific WorkStation pages.

## **The My Initiatives Page**

The *My Initiatives* page contains customized information and links, as well as success stories, quick tips, and trouble shooting guides relevant to your initiative. Your Initiative Administrator will customize the page with information for your group.

*Please note: If you have access to more than one initiative, you will have a pull-down box at the top of the initiative page from which to choose.* 

ome to the WC	RKSTATION™	×			Y		Home   Contact Us   Priva	cy Policy
LCOME	ALL INITIATIVES	MEMBERS	PER	SONAL	MY INITIATIV	res 📃	< Back 🕮 Lo	og Out
	Commu Our Visior To improve	nity Health Pron //Mission: our community's he:	n <b>otion Age</b> alth.	ncy				
		Initiative: Communi	ty Health Pro	motion A	Agency 💽 Upo	date/Show		
/hat do I want f	to see today?				E-NEWSLETTE	R 🗾 🗉 View Latest Issu	Je 🗏 View Archive	
ocumentation	and Planning				Problem Solvin	ng and Connecting	with Others	
Documentation an	d Evaluation				Solve a Problem		Full L	ist
Collaborative To	ols		- <u>-</u> - D		Here are common	problems in the work and	l supports for addressing them	1.
Here are supports contribution of our 1. Online Docume 2. Reporting Group 3. Action Planning	for documenting, analyz work. ntation and Support Syst os Guide	ing, and communicati em (ODSS)	ng the		2. We don't know 3. We've had cor changes.	The Full List The Full Li right of most s	<b>Link</b> <i>st</i> link will appear sections' topic title	to the es. Thi
Plan the Work			Full List		1. Ask an Adviso	offers the opp	ortunity to see a c	omplet
Toolkits provide ou in this work. 1. Analyze problem 2. Build leadership 3. Evaluate the initi	tlines and examples for is and goals lative	16 core competencie:	s involved		Quick Tips 1. USDA Diet 2. Serving Sites	don't all appe • Click on l entire list of it	ar on the main pay Full List to review tems and to conne	ge. v the ct to
Jur News, Fea	lures and Events				Sparing Jur S	those items.		
News/Journals			Full List		Materials to Shar			
1. Collaboration wi	th Department of Educat	Ion Announced			1 Agenda for Seco	ind Nutrition Workshop		
Features	- Community Tool Day		Full List		Stories to Share	and the second se	Full Lis	st
					T. Nutrition Worksh	1001		
Events	an II - Madaillean Ann I Cala		Full List		Links to Other Res	sources	Full Lis	st
1. NUMBER OF WORKS	iop in Nutrition for Kids				2. USDA Diet Guide 3. REACH 2010	e Brochure		
Our Contact Inf	ormation				Our Contacts			
							Full Lis	st
Community Health	Promotion Agency				1. KU Work Group	Contact		

#### The Personal Page

You have many options available on the Personal WorkStation. To personalize the page, choose one of the two *Personalize* links or the *Add* link next to the desired topic (e.g., *Materials to Share*). To view one of the many interactive links that appear on the page, choose that link or choose the *Full List* link to the right of the section title.



Continued on next page.



#### **The Personal Information Window**

You will do much of the work to set up your Personal WorkStation at this page. Follow the instructions in the section-related text boxes below, then choose the **Save** button in the bottom right hand corner. *See Part I of this manual for overview information about each section.* 



#### The Full List Windows

One of the options for each topic on the Personal page is the <u>Full List</u> link. This allows you to view an entire list of items for that section. From that list, you can review, make edits to, or delete the items of information that you previously entered into the system.

Depending upon whether the topic has **automated links** (meaning that the system processes links to the Community Tool Box based upon user-prioritized items), or whether the topic has **personalized information links** (meaning that the user has directly added the links), the Full List window comes in several different formats.

## I. Topics with Automated Links-

Topics with automated links to the Community Tool Box have a list of *item links*. These topics are *Plan the Work* and *Relevant Tool Box Chapters* (within the *My Community Work* section) and *Learning Communities* and *Solve a Problem* (within the *Problem Solving and Connecting with Others* section).

inity Work Prot	olem Solving and Connecting with Ot
k Full List   Prioritize	ng Communities
ompentancies I am working on: 1 maintain coalitions and partnerships mmunity needs and resources oblems and goals	e Were You Community Efforts evelopment and Family Life Group - effective research and practice
Solve a Proble	m
<ul> <li>Improving Services</li> <li>Becoming an Effective Manager</li> <li>Core Functions in Leadership</li> <li>Core Functions in Leadership</li> <li>We haven't had</li> <li>We haven't had</li> <li>We haven't had</li> <li>We haven't had</li> </ul>	enough members. a lack of communication or coordinat J enough community action.

II. Topics with Personalized Information Links-

The *Full List* function within the personalized topics may include a **search option** (if the list of items tends to be long) and will offer <u>Add</u> and <u>Edit</u> options. These topics include *Latest Events* and *Latest News* (in the *My News and Events* section), *Links to Other Resources* and *Materials to Share* (in the *Sharing My Resources and Materials* section), and My *Contacts*).



#### The All Initiatives Page

The *All Initiatives* page offers you the opportunity to visit the WorkStation of other groups and to see the information that they have shared, allowing you to view their mission, action priorities, success stories, etc. This helps you see how other Initiatives, doing work similar to yours, plan, prioritize, and think about their work. *Note: You will only be able to visit pages that the group has shared for this purpose and to view on those pages only those items that they have made publicly viewable.* 

ALL INITIATIVES MEMBERS PERSONAL	MY INITIATIVES < Back & Log Out
KU - Learning to Make a Difference Our Vision/Mission: To support, document, and learn from efforts to enhan	The <u>Initiative</u> Pull- Down Box At the top of the page is a pull-down box
Initiative: KU - Learning to Make a Difference	Update/Show listing the available
What do I want to see today?	Scroll to and choose
Our News, Features and Events           News/Journals         Full List	Materials to Share the Undate/Show button
1. Models of Good Practice for Service-Learning Programs  Features  Full List	Advancing Service Learning at the University of Kansa     Outstop Principles of Service Learning     The Reflective Practitioner
Campus Activism Resource     SirstBook Campus Chapter Model Helps Local Literacy Programs     SirstRock Stewart Human Rights Scholarships Through Amnesty International	Stories to Share 1. Mentors Letters of The <u>Full List</u> Link The <i>Full List</i> link will appear to the right of most sections' tonic titles. This
Events Full List 1. CC0 ODSS Training	Links to Other Resource 1. Campus Compact 2. Learn, Serve and Surf 3. The Service Learning F don't all appear on the main page.
Our Contact Information	Our Contacts • Click on <u>Full List</u> to review the
University of Kansas Lawrence, KS 66045 info@ku.edu	entire list of items and to connect to 1. Jessica St.Clair 2. Christina Holt 3. Stephen B. Fawcett, PhD

# The Members Page

As discussed in Part I, the *Members Directory* page works like the All Initiative's page, only on an individual user, or member, basis. It offers you the opportunity to view the pages of other users, to see how they plan, prioritize, and think about their work. *Note: You will only be able to visit another user's WorkStation if they have shared it for this purpose and to view those items that the person has made publicly viewable.* 

The first thing you'll see when you choose the *Members* tab is the Member Directory page, which you will use to search for the member whose page you'd like to view.



#### Search for a list of users within one Initiative:

- 1. Use the <u>Initiative</u> pull-down box to scroll to and choose the desired initiative. If you want to search for all users, choose *All* here.
- 2. Leave the First Name and Last Name text boxes empty.
- 3. Use the <u>Members per page</u> pull-down to scroll to and choose the number of Members that you want listed per page.
- 4. Use the <u>Sort By</u> pull-down to scroll to and choose how you want the system to alphabetically sort that list.
- 5. Choose the <u>Update/Show</u> button. This will activate the requested list. Choose the <u>View</u> link beside the name of the person whose page you'd like to view.

#### Search for a specific user:

- 1. Use the **Initiative** pull-down box to scroll to and choose either <u>All</u>, or a specific <u>Initiative</u>.
- 2. Type names into the **<u>First Name</u>** and **<u>Last Name</u>** text boxes.
- 3. Use the <u>Members per page</u> pull-down to scroll to and choose the number of Members that you want listed per page.
- 4. Use the <u>Sort By</u> pull-down to scroll to and choose how you want the system to alphabetically sort that list.
- 5. Choose the <u>Update/Show</u> button. This will activate the requested list. Choose the <u>View</u> link beside the name of the person whose page you'd like to view.