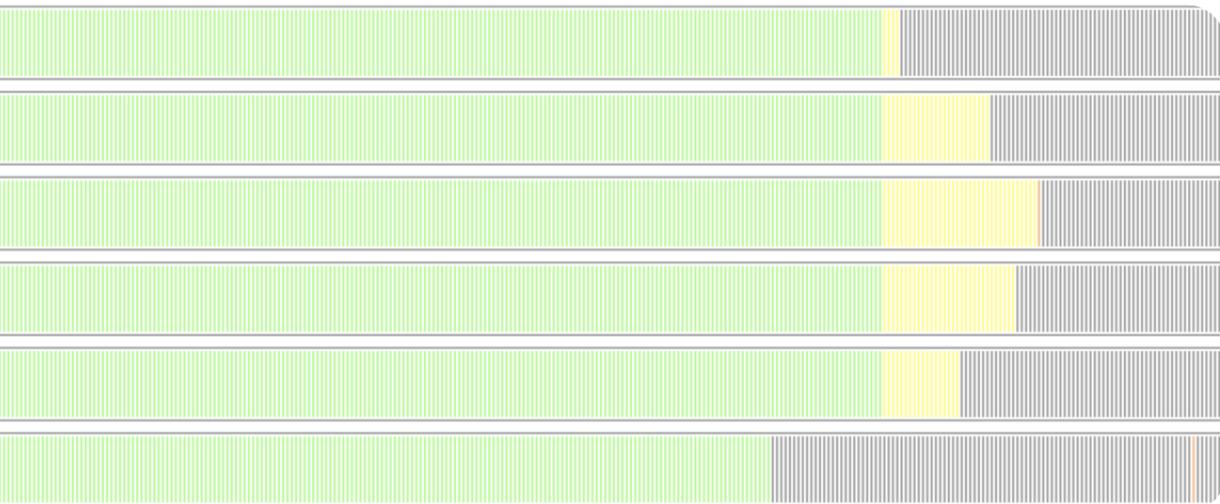


V METERS

Version 1.2 User Manual



Last Revised 31 May 2013
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VSONICS

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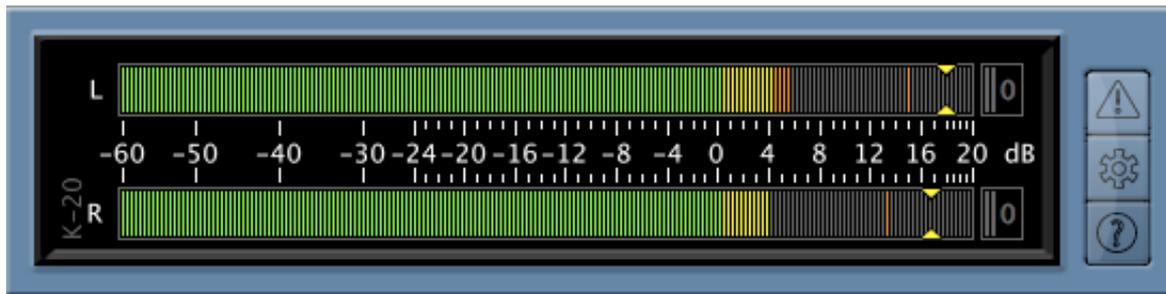
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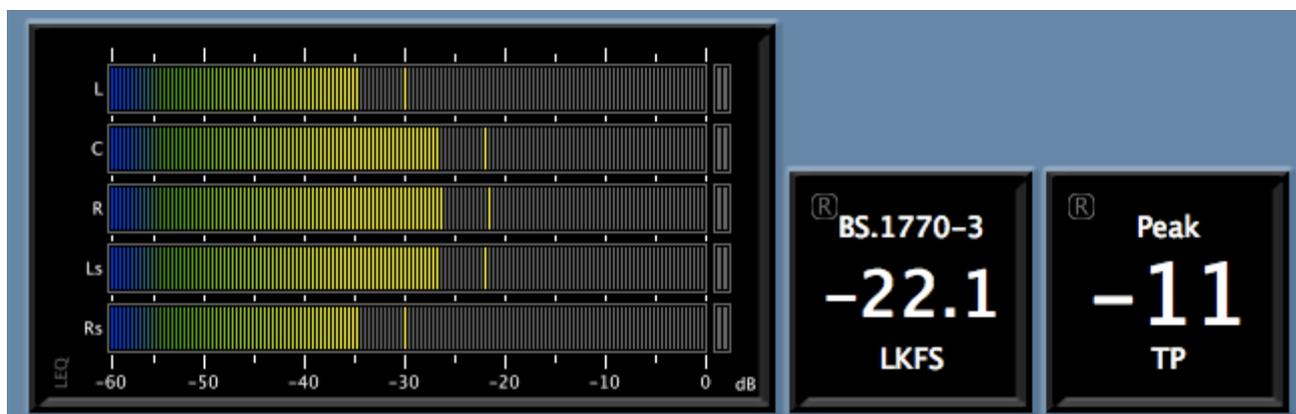


1. Introduction

VMeters is a comprehensive metering suite offering professional realtime metering in VST, Audio Units and RTAS plug-in formats. Key features of VMeters include:

- ITU-R BS.1770-3 and EBU R-128 compliant loudness metering.
- Customisable LEQ loudness metering with 'A' weighting, 'M' weighting and ITU-R BS.1770 weighting.
- True Peak metering to monitor signal peaks occurring between individual samples.
- K-System mastering meters as designed by Bob Katz with optional ITU-R BS.1770 weighting.
- Selection of accurately modelled peak programme meters including BBC, EBU, DIN 45406 and Nordic N9 meters, available on bar meter displays or analogue displays where applicable.
- Accurately modelled VU meters available on bar meter displays or analogue displays.
- VSonics' proprietary Latent Digital Peak Meter (LDPM) which shows every digital peak but with a slower needle ballistic that's easy on the eye.
- All meters fully adjustable to match the levels in your studio.
- Fully customisable displays. Display multiple meters in a single plug-in window. Choose from a selection of meter styles and sizes.

VMeters comes with a selection of presets which are described in more detail in [section 3: Presets](#). Once you've installed the plug-in we encourage you to look through the presets to get a feel for what VMeters can do.



2. Installation

Double click on the VMeters Installer icon to simultaneously install the VST, Audio Units (Mac only) and RTAS versions of VMeters. Once installed, a 7 day trial of the plug-in will be started. When you're ready to buy the software, you can do so at vsonics.com/store.

After buying a license you can download a key file from vsonics.com/register. This key file will unlock VMeters for permanent use. To get your key file you'll need to enter three pieces of information into our web form:

Email Address	This must be the same address you entered when you purchased VMeters.
Serial Number	This will be emailed to you within a few minutes of your purchase.
Machine ID	You can find this on the 'Trial Version' dialogue box that appears when you first start VMeters, or on the VMeters about box, on the machine you intend to use VMeters on.

Once you have a key file, simply drag and drop the file icon directly over the VMeters window to enable permanent use of the software. If your trial had expired (and VMeters is disabled) you will have to restart the plug-in by quitting and restarting your host program before the meters will be enabled again.

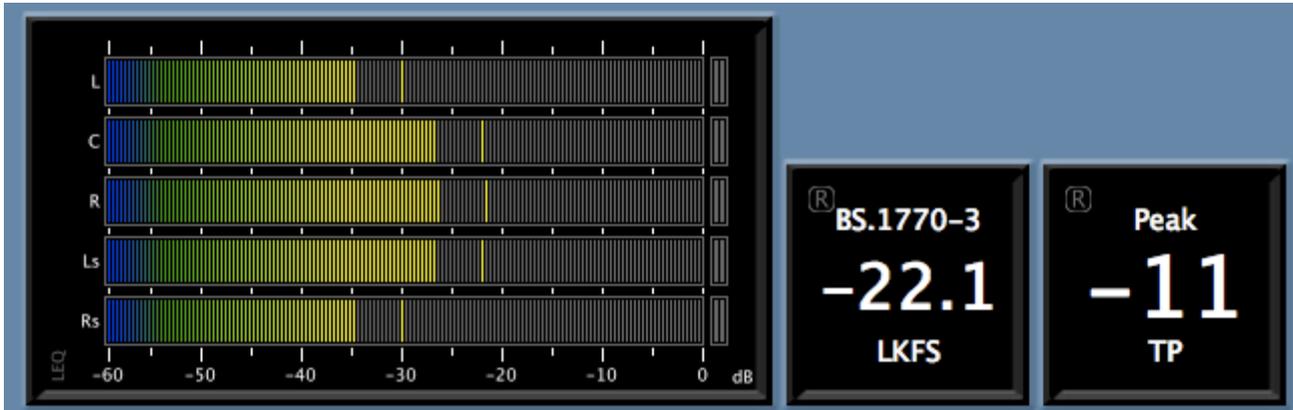
NOTE TO WINDOWS USERS

On Windows the VST version of VMeters is installed in the directory: [Program Files]/VSTPlugins/VSonics, where [Program Files] is the directory where your version of Windows stores applications by default. Please ensure your VST host application is set up to scan this directory when checking for new VST plug-ins, otherwise VMeters may not appear in your host.

3. Presets

The presets provide a good starting point for discovering what VMeters can offer. Each one is discussed briefly in this section. For more detailed information about the individual meter types, please see [section 6: Meter Reference](#).

3.1 MEDIA POST



Different broadcasters and television networks have different quality assurance standards relating to the audio levels of content and advertising alike. The media post setup is intended as a starting point for engineers working in this field. In many cases settings can be tweaked to provide monitoring of the exact metrics stipulated by the network.

On the left, the preset features a loudness meter with a relatively short integration time and one bar per channel to show that channel's subjective loudness. The second meter is an overall (all channels combined) loudness meter with an infinite integration time, ITU-R BS.1770-3 frequency weighting and thresholding conforming to the ITU-R BS.1770-3 standard. Many TV networks will stipulate a range of values for this type of measurement, which audio must conform to over the duration of the programme. The one in the preset shows peaks above -22 LKFS and low level below -24 LKFS. These values can be adjusted in the settings.

The third meter on the preset is a peak meter showing the true signal peak value across all channels. The true peak calculation conforms to ITU-R BS.1770-3 and on the preset the meter show excessively high level above -6 dB TP. A more in depth discussion of True Peak measurements can be found in [section 6.2: Peak Meters](#).

3.2 MEDIA POST: K-20

Identical to the media post preset except that the individual channel loudnesses are displayed on K-System meters. See sections [3.6](#) and [6.3](#) for more information on the K-System.

3.3 SOUNDTRACK LOUDNESS: LEQ(M)

The meter in this preset is designed to measure the perceived loudness or “annoyance factor” of a film soundtrack, either for a commercial, trailer, scene or an entire feature film. This is an m-weighted loudness meter with an infinite integration time. The weighting function conforms to the ITU-R 468 standard. Material destined for theatres is often required to be below a specified loudness according to this sort of measurement.

Traditional hardware LEQ(m) meters display a figure relating to a sound pressure level, normally with a 1kHz tone at -20 dBfs in the digital domain corresponding to an LEQ(m) reading of 85 SPL. The meter in this preset displays an m-weighted value in dBfs, leaving it up to the user to infer the corresponding sound pressure level reading.



The preset is set up with a peak level of -20 dB(m), which corresponds to a sound pressure level reading of 85 SPL on a traditional soundtrack loudness meter under normal calibration. If you were working to a specified m-weighted peak level of 82 SPL rather than 85 SPL (which is often the case) you would need to adjust the peak level in this preset to -23 dB(m).

To obtain an accurate reading, the entire section of audio to be measured is played through the meter. The reading at the end of the section is the value to be taken for that section as a whole.

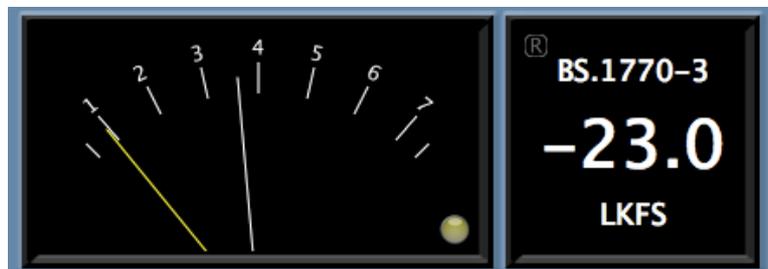
3.4 DIALOG: PPM + LKFS

Many major broadcasters use peak programme meters to define acceptable ranges for dialogue. These meters give a good indication of the level of audible peaks due to their relatively short rise time. They are, however, less effective at measuring the perceived loudness of audio. So in this preset we've added an ITU-R BS.1770-3 loudness meter, which gives a good indication of the overall loudness of the programme.

The analogue display of the type IIb (EBU) PPM used in this preset will suit engineers who are used to working with these meters. This can be switched to a bar meter display if preferred.

3.5 DIALOG: BBC PPM + LKFS

This is the same as the previous preset (PPM + LKFS) except that the peak programme meter used is a type IIa (BBC) PPM. This type of meter is widely used in the United Kingdom, where the common practise is to arrange for voice signals to peak between PPM 4 and PPM 6, using compression where necessary.



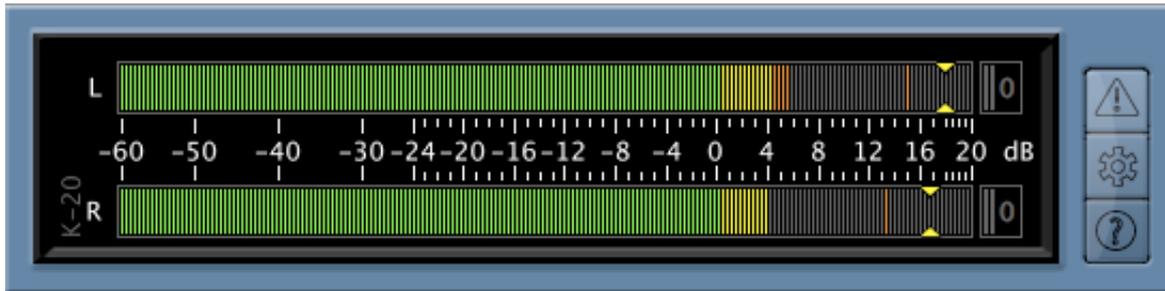
3.6 K-SYSTEM BROADCAST: K-12

This meter conforms to the K-System specification designed by mastering engineer, Bob Katz. It's designed as a mastering meter which overcomes many of the limitations of traditional meters such as the VU meter. The K-12 type has the smallest dynamic range of the K-System meters and is intended for use on material destined for broadcast. Please see [section 6.3: K-System](#) for a more in depth discussion of the K-System.

3.7 K-SYSTEM HOME: K-14

This is the same as the K-12 meter but with an extra 2dB at the top of its scale. The K-14 is designed for use on material destined for home listening. As with all the K-System meters, material should average around 0dB rather than approach the top of the scale.

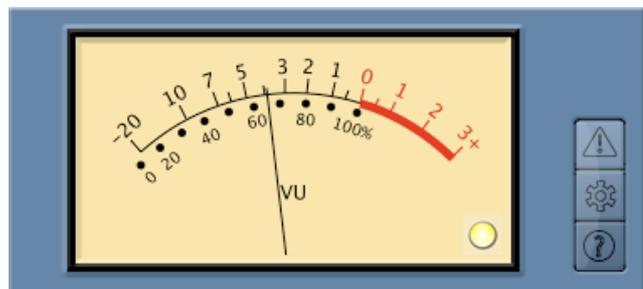
3.8 K-SYSTEM THEATRE: K-20



Again, this is the same as a K-12 except with a wider dynamic range, this time with 8dB extra at the top of the scale. This meter is designed for use on material with a high dynamic range such as audio destined for use in movies.

3.9 NOSTALGIA: VU

These meters will need no introduction and despite all the progress that's taken place over the years, there are still times when a VU meter is all you need. VSonics' version is lovingly recreated, as large as you like and also available as a bar meter.



3.10 TRUE PEAK

This preset showcases two types of peak meter. The first is the Latent Digital Peak Meter (LDPM). This meter shows every digital peak but with slow needle ballistics, making it easy on the eye for long sessions. No peaks are missed but the needle motion lags behind the audio by a fraction of a second. This type of meter is ideal for setting a good input level into a digital audio workstation and keeping an eye on that level as a session progresses.

The second meter in this preset is a numerical True Peak meter that displays the highest recorded signal peak on any channel in the session so far. A more in depth discussion of true peak measurement can be found in [section 6.2: Peak Meters](#).

3.11 LOUDNESS

This preset features a VU meter alongside a numerical loudness display with featuring an ITU-R BS.1770-3 (LKFS) meter. This combination could be used to get an impression of the subjective loudness of a programme on both short and long timescales simultaneously.

3.12 PPM SELECTION

This preset showcases the four different types of peak programme meter available in VMeters. These are (from left to right) a type I Nordic N9 PPM, a type I DIN 45406 PPM, a type IIa (BBC) PPM and a type IIb (EBU) PPM. All are shown on bar meter displays. Analogue displays are also available for the type II (BBC and EBU) PPM meters.

3.13 ITU-R BS.1770-3 (LKFS)

This preset has a single ITU-R BS.1770-3 (LKFS) meter and is provided as a convenient starting point if this is the standard you are mixing to.

3.14 EBU MODE (R-128)

This preset has a single EBU Mode loudness meter along with the associated loudness range meter, as described in the R-128 standard. The loudness meter in the preset is equivalent to an ITU-R BS.1770-3 (LKFS) meter, except that there are additional options in the settings to switch from the default integration window size (infinite) to a short term window size or an 'instantaneous' window size. The loudness range figure gives a measurement of the dynamic range of the material. This figure can be hidden if required from the settings window.

NOTE TO PRO TOOLS USERS:

Some of the presets in the RTAS version of VMeters have three different flavours: mono, stereo and multi. When presented with this choice, please use the preset whose name corresponds to the channel configuration you are inserting it on. For example, only use "Media Post (stereo)" on a stereo track, not the mono or multi versions of Media Post. Using a mismatched preset version may give unpredictable results. This is a consequence of the way Pro Tools handles plug-in presets and doesn't affect presets in the AU and VST versions of VMeters.

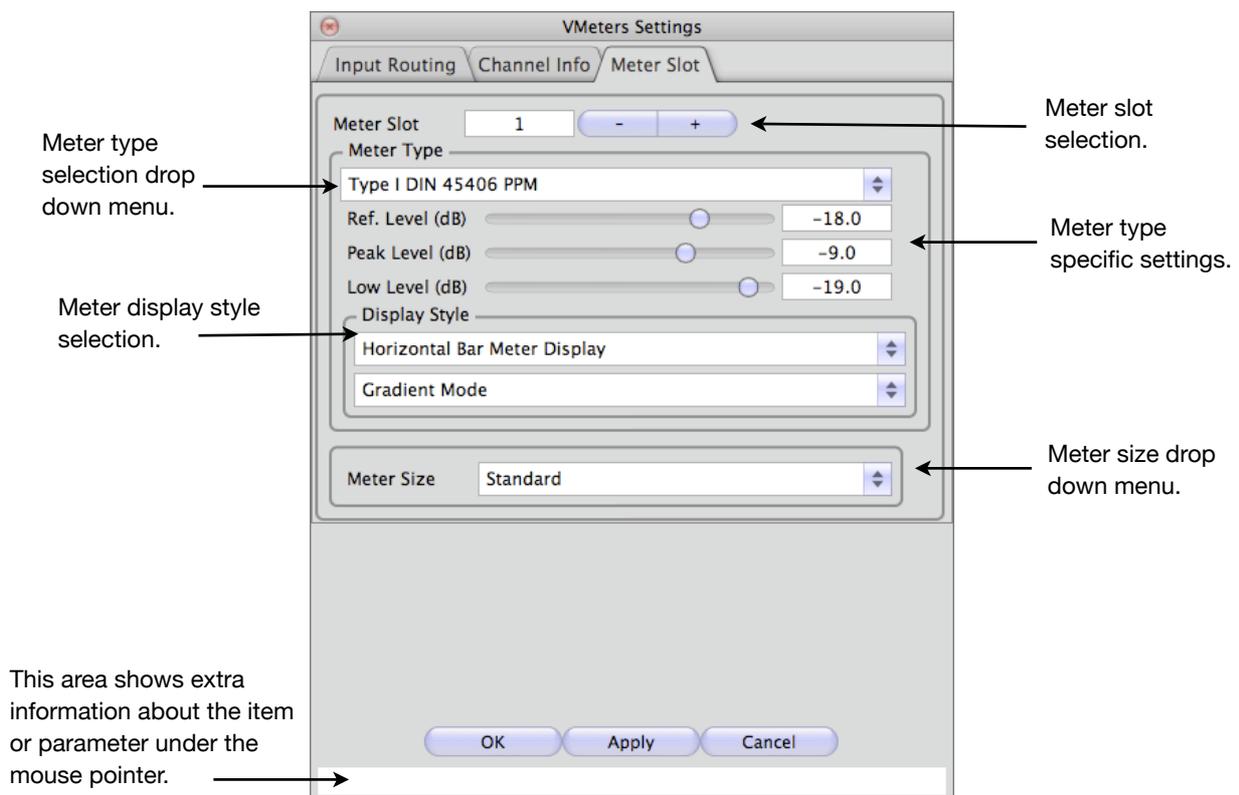
4. Meter Settings

All meter type settings, level settings and display settings are accessed through the meter settings window. To open this window, click on the settings icon on the VMeters editor window.

In multi-channel mode the settings window has three tabs, Input Routing, Channel Info and Meter Slot. In mono and stereo modes the window only contains the settings from the Meter Slot tab as the settings in the other tabs are irrelevant for these channel configurations. We'll start by examining the Meter Slot settings.

4.1 METER SLOT SETTINGS

The following annotated screen shot shows the meter slot controls available in VMeters. Each section is described in more detail below.



Meter Slot Selection

There are eight meter slots available. Each slot can contain one meter of any type. This control allows you to cycle through the meter slots to adjust the settings of the meter in each slot.

Meter Type Selection

Sets the type of meter in the current slot. Options will differ slightly depending on the current channel configuration (mono/stereo/multi). For more details about the different meter types, see [section 6: Meter Reference](#).

Meter Type Specific Settings

Each type of meter offers a different group of settings. When you move the mouse over a setting in this list, information about that setting will appear in the help text display (see below). For more information about the settings for each meter type, see [section 6: Meter Reference](#).

Meter Display Style

Different display styles make sense for different meters, so the options available here depend on the meter type. A complete list of meter display styles is shown in the following table.

Analog	Analog needle meter display available for selected meters in mono and stereo only. In stereo mode this appears as one meter with two needles, coloured green for left and red for right, or white for mid and yellow for side in the case of MS stereo meters.
Dual Analog	Twin analog needle meter display with one meter for the left (or mid) channel and another for the right (or side) channel. Available in stereo mode only.
Horizontal Bar Meter	Available either in gradient mode (where the bar is rendered using a colour gradient) or in solid block mode (where the bar is made up of three colours: green for low level, yellow for normal range, and red for high level).
Vertical Bar Meter	As above but drawn vertically on the screen.
Numeric	This is a simple number drawn with large white digits. Useful for measurements that settle on fairly constant values (e.g. peak levels or loudness measurements with long integration times). The number turns green for levels below the target range and red for levels above the target range.
Dual Numeric	Similar to the numeric display but shows two numerical readouts side by side. Useful for meter types that give two separate readings such as the EBU R-128 meter which offers both loudness and loudness range.

Meter Size Selection

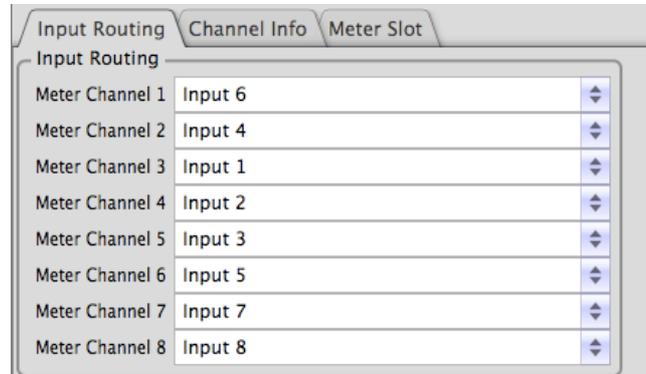
Each meter can be displayed in one of six sizes from very small to very large.

Help Text Display

This display shows extra information about the item currently under the mouse pointer.

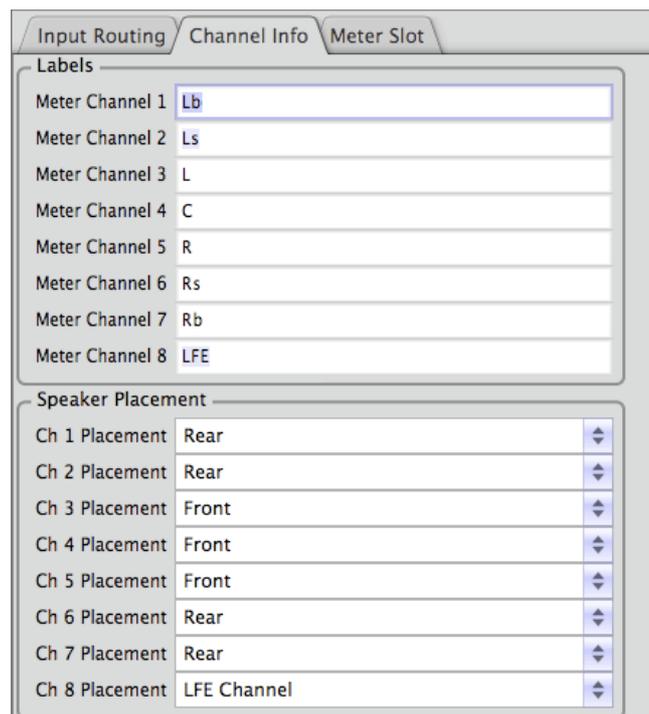
4.2 INPUT ROUTING (MULTI-CHANNEL ONLY)

This tab allows you to change the channel order on the way into the plug-in. For example, your host application might order Dolby 7.1 channels as L, C, R, Ls, Rs, Lb, Rb, Lfe, and you might prefer your meter to display those channels in the order: Lb, Ls, L, C, R, Rs, Rb, Lfe. This can be achieved by re-routing the channel inputs in the meter settings Input Routing tab, as shown in the following screen shot.



4.3 CHANNEL INFO (MULTI-CHANNEL ONLY)

This tab allows you to alter the labels given to each channel in VMeters and to provide VMeters with extra information about the positioning and use of each channel.



The Labels section allows you to label the audio channels, which are listed in the order in which they appear on the meter displays themselves.

The Speaker Placement section allows you to mark each channel as being a front, rear or LFE channel. You should always ensure that these are set correctly as many loudness weighting functions treat channels differently according to their physical position and use. The following table summarises the use of these settings.

Front	This should only be used for the L, C and R channels even if your setup includes Ls and Rs speakers positioned in front of the listener.
Rear	All side and back channels (Ls, Rs, Lb and Rb) should use this setting.
LFE	Low Frequency Effects. This channel is often ignored in loudness weightings. There should only be one LFE channel in a normal surround setup.

4.4 METER DRAW ORDER

When there is more than one meter in use the order in which meters are displayed from left to right can be changed by the user. To do this, close the meter settings window if it's currently open and grab the bevelled border at the edge of the meter you want to move by clicking on it and holding the mouse button down. Then drag this meter over the top of another meter on the display and let go of the mouse button. The two meters will swap positions. Note that this is an aesthetic change only and doesn't affect the order of the meters shown in the settings and peak windows.

5. Peak Window

VMeters can be set up to log any peaks that occur during your recording or mixing session. To open the Peak Window, click on the peaks icon on the VMeters editor window.

The following annotated screen shot shows the controls available in the VMeters Peak Window. Each section is described in more detail below.

No.	Time (m:ss.ms)	Peak Level	Units	Channels	Duration (s)
1	12:43:157	6.86	PPM		0.354
2	32:15:155	7.06	PPM		2.144
3	41:33:157	6.81	PPM		0.237
4	42:10:953	7.26	PPM		4.156
5	42:19:953	6.71	PPM		0.580
6	62:56:953	7.01	PPM		2.577

1: BBC PPM - + Stop Logging Clear Log OK

Meter slot selection Activate/deactivate logging

Click on column headings to adjust the sort order

Peak log data

Clear all logged data

Peak List

This is the list of all peaks detected by the meter in the current slot since the log was last cleared. The table shows the order the peak was detected in, the session time of the peak, the peak level (with units), the channel(s) on which the peak occurred and the duration of the peak. The table can be sorted by any of these parameters by clicking on the title at the top of the relevant column.

For meters with a defined minimum permissible level, the logger will also record information about sections of audio that fell below this minimum level. This can be useful when you have a target level range which your programme is supposed to stick to throughout.

Meter Slot Selection

Allows the user to cycle through the different meter slots to view peaks recorded by the meter in that slot. The peak log only displays peaks from one slot at a time.

Start/Stop Toggle Button

By default logging is disabled to conserve system resources for users who don't need logging. Press the start button to enable logging. Press it again to disable logging.

Clear Log Button

This clears all the logged values from the peak window. Please note that once cleared there is no way to restore these values.

6. Meter Reference

This section goes into some detail about each of the different types of meter available in VMeters.

6.1 ITU-R BS.1770-3 (LKFS) LOUDNESS METER

This meter conforms to the ITU-R BS.1770-3 standard for measuring programme loudness. The standard gives precise frequency weighting, integration and thresholding specifications so none of these are exposed as user defined parameters. You can, however, change the peak level and the low level. The meter display will turn red if the programme material exceeds this user defined peak and green if the material exceeds the user defined low level. The loudness shown is units of LKFS, as described in the standard.

6.2 EBU R-128 (EBU MODE) LOUDNESS METER

This meter conforms to the EBU R-128 standard for measuring programme loudness. This is similar to the ITU-R BS.1770-3 measurement but with some additional options. The first of these is the ability to select the integration time used. Loudness meters work by averaging the incoming signal level over a set period of time. The integration time is the length of time the signal is averaged over. Three choices are available:

Integrated (I)	This is the default mode and uses an infinite response. In this mode the R-128 meter also employs thresholding and the loudness readout is identical to an ITU-R BS.1770-3 meter.
Short (S)	Short mode uses a 3 second integration window with no thresholding. This can be useful for measuring loudness variations within a programme, rather than the overall loudness of the material taken as a whole. VMeters appends '(S)' to the meter name to show when you are using this mode.
Momentary (M)	Momentary mode uses a 400 ms integration window with no thresholding. This can be useful for measuring the perceived loudness of a programme at a given instant in time. VMeters appends '(M)' to the meter name to show when you are using this mode.

The other option you get with an EBU R-128 meter is a secondary display to show the 'Loudness Range' of the material. This is a measurement of the perceived dynamic range of a programme. For more information on EBU R-128 meters and the calculation behind loudness range, please see the R-128 specification, available from the EBU.

6.3 OTHER LEQ LOUDNESS METERS

VMeters provides two further types of LEQ loudness meters which are more customisable than the ITU-R/EBU meters discussed in the previous sections. The first of these measures and displays the subjective loudness of each audio channel separately, with one bar for each channel. The second calculates an overall loudness value for all the channels combined, displaying a single bar or number to show this overall loudness. Both types of loudness meter have the following parameters in common.

Integration Time

LEQ meters work by averaging the incoming signal level over a set period of time. You can select one of the following options to control the length of time the signal is averaged over.

Infinite Response	This is useful for measuring a single overall loudness value for an entire programme or section of audio. This kind of process is often used for quality assurance testing, with minimum and maximum loudness values being specified by the client.
Fast Response	Allows you to set an averaging window time of between 0.1 and 2.0 seconds. This type of response is the most effective for measuring loudness variations within a programme.
Slow Response	Use this setting if you need a response time between 2 and 30 seconds.

Weighting Curve

Rather than having a flat frequency response across the audible range, the human ear has evolved to be more sensitive to sound waves at some frequencies than at others. Many attempts have been made to model the perceived loudness of different frequencies and the frequency weighting curves offered in VMeters represent some of the most successful.

A-Weighting	An early and widely used equal loudness contour that accurately models human perception of pure tone loudness at relatively low levels.
ITU-R 468 (M) Weighting	Similar to the A-weighting curve, M-weighting does a better job of accurately reflecting the subjective loudness of sounds other than pure tones.
ITU-R BS.1770 (LKFS) Weighting	The result of much research into the perceived loudness of audio signals, BS.1770 has been shown to provide the best performance of a selection of modern weighting curves for mono signals, and very good performance for stereo and multi-channel material with subjective tests still ongoing [source: ITU-R BS.1770-3].

Max and Min Levels

The meter will show a peak for any signal that meters above the maximum level and a trough for any signal below the minimum level. Either of these events will result in the peak indicator lighting up.

Hold On Silence

This option freezes the meter value and prevents it from updating whenever silence is detected. This can be useful if you're trying to measure the overall loudness of a section of audio and you don't want silence before or after the section to be included in the measurement.

6.4 PEAK METERS

There are two sorts of peak meter in VMeters, the standard peak meter and the Latent Digital Peak Meter (LDPM). Both allow you to adjust the maximum peak value above which the level should never go. Additionally, both include the option to measure True Peaks rather than sample peaks. We'll start by looking at each type of peak meter individually before discussing True Peak in more detail.

Peak Meter

The basic peak meter is a simple numerical display showing the highest peak reading since the meter was last reset. You can set the maximum level in the VMeters settings window. The meter reading will turn red if the peak value exceeds this maximum. To reset the peak value, click on the 'R' button on the meter display itself.

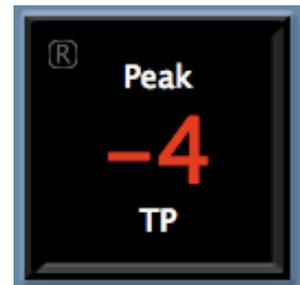
Latent Digital Peak Meter (LDPM)

The Latent Digital Peak Meter is designed to make setting up recording levels easy. The needle ballistics of this meter are fairly slow making it easy on the eye. However, the meter stores the highest peak values in the signal so as to always display every digital peak, albeit a fraction of a second after that peak occurred. The ballistics of the LDPM are as easy on the eye as a loudness meter but it never misses a single peak.

You can customise the range, peak level and normal (or expected) range of the LDPM in the VMeters settings window.

True Peak

Normal sample peak meters work by storing the value of the sample with the highest (rectified) level and displaying this as the peak value. The problem with this approach is that the peak level in a signal will almost always fall between two sample values, so the real signal peak will be higher than the displayed sample peak. This can lead to a peak value under-read by as much as 3dB and the possibility of overloads being present in the signal but not displayed on the peak meters.



To resolve this problem, True Peak meters (conforming to ITU-R BS.1770) use oversampling to calculate (precisely and with no estimation involved) the peak values at various intervals between sample values. The True Peak option in VMeters reduces the theoretical maximum under-read to around 0.5 dB. When true peak is active on a peak meter, its units are displayed as TP rather than the usual dB. This signifies decibels relative to full scale True Peak measurement. True Peak is enabled and disabled in the VMeters settings window.

6.5 K-SYSTEM

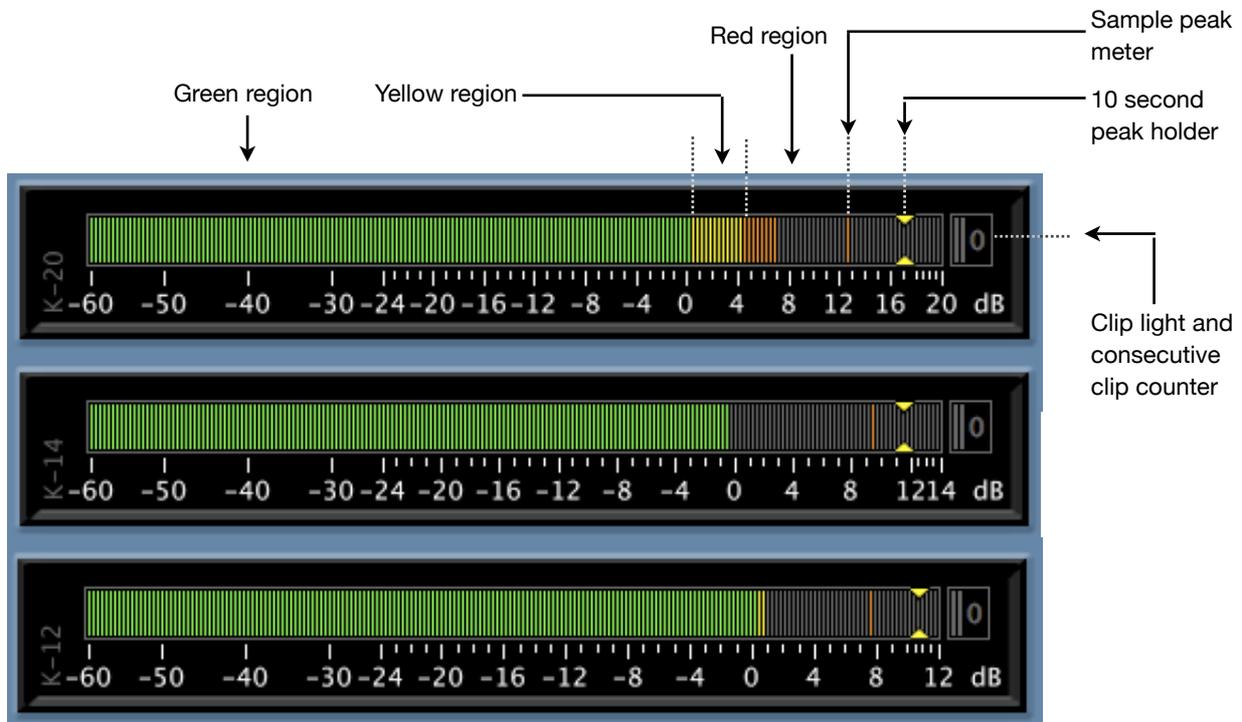
The K-System is a metering standard designed by renowned mastering engineer, Bob Katz, in an attempt to standardise levelling practises in the audio industry.

Film mix engineers have been working to a calibrated monitor gain and levelling system for many years but the same is not true of engineers working in other fields. This has resulted in a loudness race with many CDs being mastered as hot as possible in order to be competitive, often to the detriment of the overall sound quality.

K-System metering is based on the premise that the ear likes average sound pressure levels to end up around 83 dB SPL on forte passages. To make proper use of this system you should adjust your monitor gain so that 0 dB on the meter corresponds to 83 dB SPL. More precisely, pink noise played through a

single channel, metering at 0 dB on the K-System meter, should measure 83 dB SPL on a C-weighted sound pressure level meter set to slow speed.

There are three types of K-System meter, as shown in the following diagram, with the only difference between the three being the amount of headroom above 0 dB. The largest meter, K-20, is designed for material with a wide dynamic range such as movie soundtracks or wide-range music. The K-14 is designed for home theatre material and pop music, and the K-12 is intended for broadcast.



Once the correct meter type has been selected, audio should be mastered so that it meters around 0 dB and normally stays within or below the yellow zone. The meter's red zone is designed for explosions and special effects in film, loud (fortissimo) passages in music with a wide dynamic range and loud choruses and peak moments in rock and pop music.

In addition to overall loudness, K-System meters show a sample peak level with a relatively fast attack and slow release, and the highest peak level recorded in the last ten seconds. The clip light indicates digital clipping has occurred and the counter shows the number of consecutive samples that were clipped.

You can choose to use ITU-R BS.1770 loudness weighting for K-System meters via the VMeters settings window. This gives a better indication of the perceived loudness of the material. When using this mode, please note that all peak readings are still unweighted sample peaks.

More information about the K-System including its design philosophy and recommended best practise can be found in "An Integrated Approach to Metering, Monitoring and Levelling Practises" by Bob Katz, available in digital form at www.digido.com/level-practices-part-2-includes-the-k-system.html.

6.6 PEAK PROGRAMME METERS

Peak programme meters (PPMs) display the level of peaks that last a few milliseconds or more. This type of meter is not effective for perceptual loudness measurements or for measuring digital (sample) peaks but PPMs are widely used to show the level of audible peaks in a programme. VMeters includes four types of PPM, each modelled on a standard professional audio meter. These are summarised in the following table.

Type	Rise	Fall	Ref. Level	Peak Level
Type I DIN 45406	-2dB in 5ms	20dB in 1.7s	-9dB	0dB (9dB above ref. level)
Type I Nordic N9	-2dB in 5ms	20dB in 1.7s	TEST	+6dB (6dB above ref. level)
Type IIa BBC	-2dB in 10ms	24dB in 2.8s	PPM 4	PPM 6 (8dB above ref. level)
Type IIb EBU	-2dB in 10ms	24dB in 2.8s	TEST	+8dB (8dB above ref. level)

PPM Reference and Peak Levels

The reference level in the above table is the level that should be shown on the meter in response to a 1 kHz tone at 0 dBu. Studios in Europe usually line up the reference level to correspond to -18 dBfs on digital equipment. In the USA a setting of -20 dBfs is more common. The PPM reference levels in VMeters can be adjusted to match the rest of your studio via the meter settings window, as can the peak level.

PPM Low Level

The VMeters settings window provides a low level setting for PPM meters. This can be used to define a target range for all peaks. The peak logger (when activated) will record information about all sections that fall below the low level.

Stereo PPMs (AB versus MS mode)

There are two different modes available for stereo PPMs. AB mode simply shows a separate PPM for each channel. When shown on an analogue display, AB mode PPMs feature a green needle for the left channel and a red needle for the right channel.

In MS mode a PPM shows the sum of the two channels on one display (the white needle on an analogue meter) and the difference between the channels on another (the yellow needle). The summed display represents a corresponding mono level and is known as the mid display (M). The difference display is known as the side (S) display.

MS meters are useful in situations where mono compatibility remains important such as broadcast. Often MS systems are aligned according to the relationship: $M=A+B-6$ dB, $S=A-B-6$ dB. This is known as the M6 standard and allows better use of stereo at the expense of some mono compatibility. Another standard is M3, where $M=A+B-3$ dB, $S=A-B-3$ dB. This offers a reduced discrepancy in the mono signal as sounds are panned from left to right. Both standards are available in VMeters as well as M0, where $M=A+B$ and $S=A-B$. This mode offers the best mono compatibility.

6.7 SVI (VU) METERS

The standard volume indicator or VU meter as it has become known has been in use in recording studios for many years. This is a simple loudness meter with a rise and fall time of 300 ms. A 1 kHz tone at +4 dBu should read 0 VU on a VU meter and VMeters allows you to adjust the reference level to achieve this. A reference level of -18 dBfs is common in Europe, whereas -20 dBfs is normally used in the USA. The peak level can also be adjusted and it is normal to classify anything above 0 VU as a peak.

6.8 CUSTOM MASTERING METERS

The VMeters custom mastering meter type allows the user to adjust the scale and dynamic characteristics to match almost any mastering meter available. The idea is to offer enough flexibility to allow you to exactly match other meters in use around your studio. These meters have all the main features of K-System meters, such as separate RMS loudness and peak sections plotted on the same scale, a ten second peak hold and a consecutive sample peak counter. They behave in the same way as K-System meters but with the following extra controls.

Head Room (dB)	The length of the meter scale above 0 dB.
Range (dB)	The total length of the meter scale in dB.
Time (s)	The RMS averaging window size in seconds. Longer windows give a more accurate loudness reading at low frequencies. Shorter windows offer a shorter delay between changes in the signal and the corresponding changes in the metered value.
Attack (s)	The attack time constant in seconds. Longer attack times correspond to a slower meter rise characteristic.
Release (s)	The release time in seconds. This is the time taken for the meter needle to fall 26 dB.
Peak Release (s)	The release time of the peak section of the meter in seconds. This is the time taken for the peak needle to fall 26 dB.
3dB RMS Boost	Use this option to boost the entire RMS loudness section of the meter by 3 dB. This has the effect of lining up the RMS and peak sections so that they match exactly for sine wave test tones.