# H<sub>2</sub>MEDics





instructions for use

www.homedics.co.uk

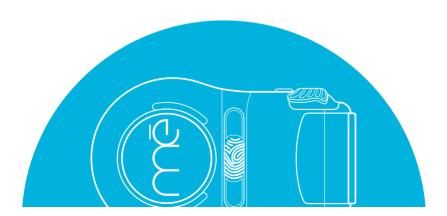
## Thank You...

for purchasing your mē system! The mē is an innovative device that you can use in the comfort and privacy of your own home to remove unwanted hair. mē is designed for easy and comfortable removal of hair below the neck for both men and women and is safe for use on ALL skin types, mē can also be used by women to remove facial hair below the cheek lines (please refer to the specific facial treatment instructions on page 15).

For more information about me, visit us at: www.memvelos.com

#### Customer service contact:

HoMedics Group Ltd, Somerhill Business Park, Five Oak Green Road, Tonbridge, Kent TN11 0GP, UK email meservice@homedics.co.uk



## Important safety information

Please read all warnings and safety information in user manual before using mē. Note: If you have an active tan do not use mē.

## **Preparation**

- 1. Clean your skin and wipe the area with a non-alcoholic wipe.
- 2. Shave hair in treated area or, if you use the shaver or epilator trim hair that is longer than 10 mm (you may use the shaver cartridge sold separately).

#### **Treatment**

- 1. Press the power button 1 to turn the mē system on.
- Select the elos level by pressing the button near the appropriate level based on the table overleaf
- 3. Press the elos activation button.
- **4.** Press the epilator/shaver activation button to select desired speed (epilator and shaver are sold separately). Visit www.homedics.co.uk.
- 5. Ensure you are touching the two grip sensors.
- 6. Hold the applicator in a position ensuring full contact of the RF delivery bars with the skin. Do not press, just gently touch the skin. System will start emitting el\(\tilde{o}\)s pulses.
- 7. Use the system slowly and continuously gliding on the treatment area without stopping in one place. Try to avoid repeated treatment on the same spot for at least 10 seconds.

#### Notes

- If you feel discomfort, treat at a lower level. If tolerable, increase the elos setting for higher efficacy.
- Do not use on sun burned or tanned skin, as tanning may influence the safety of the treatment.
   Wait until the sunburn or tan fades prior to performing a test patch on an inconspicuous area.
   Reexamine the area after 3 days to ensure no side effects have occurred.
- Do not tan 24 hours after me treatment.
- During treatment, DO NOT hold the applicator tip still in one spot!

## Treatable skin types

Please read all warnings and safety information in user manual before using mē. Note: If you have an active tan do not use mē.



Skin Type 2 - Fair skin burns easily, rarely tans elos Level: High

Skin Type 3 - Darker white skin tans after initial sunburn elos I eyel: **Hiah**  Skin Type 4 - Light brown skin burns minimally elos Level: Medium - High

> Skin Type 5 - Brown skin rarely burns, tans dark and easily elos Level: Low - Medium

Skin Type 6 - Dark brown or black skin never burns, dark tan elos Level: Low

#### When to use me

To treat hair successfully, perform one treatment every week for 7 weeks, with top up treatments thereafter

#### **Treatment durations**

For effective results, me should be used according to the following minimum timings:



## When you have finished the treatment

- 1. Place the applicator in its cradle in the base unit.
- Turn off the mē device by pressing the power button on the base unit. The cooling vents will continue to work for 4 additional seconds after the elôs is turned off.
- 3. Gently rinse your skin with lukewarm water and pat dry.
- Gently apply moisturizing cream or gel aloe vera to your skin (if epilator was used, it is recommended to apply just aloe vera).

## **Contents**

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## **Benefits**

mē provides the following benefits:

#### Effective prevention of hair re-growth

Hair reduction is a gradual and cumulative process. Clinical studies have shown that mē is effective at preventing hair regrowth. How long it takes to see visible results and how long the results last vary from person to person. Periodic treatments are recommended to maintain these results. Clinical studies have shown that when hair does grow back between each of the treatments. There will be less of it.

#### elös technology for ALL skin types

mē is based on patented Electro-optical Synergy (elōs) technology. This clinically proven technology combines two different energy sources to heat the root where the hair grows from: (1) Intense Pulsed Light optical energy (IPL) that uses low intensity pulses of visible light and (2) low power electrical current Radio Frequency (RF) energy. Heat from the IPL and RF energy affects the root where the hair grows from, so that the hair will not grow back. The mē system with elōs technology provides a safe and effective hair removal method for hair reduction in all skin types including naturally dark skin. elōs is in use in professional hair removal devices since 2002 and was invented by Dr. Shimon Eckhouse, who also invented the IPL technology for hair removal.

#### Simple treatment at home

The me was designed especially for easy and safe use at home. The system offers you greater privacy and personal convenience than professionally delivered treatments.

The treatment schedule is simple and straightforward – to treat the hair successfully, start with performing one treatment a week for 7 weeks (initial phase), followed by top-up treatments as required (maintenance phase).

The rate and success of the treatment varies from person to person according to hair colour and thickness, as well as skin colour and the body area treated.

## Possible side effects and skin reactions

Use of the mē system could result in possible side effects. These reactions are rare and should resolve within a short time. However, every cosmetic treatment may involve some degree of risk. The risk is greater in individuals with darker skin types, since the skin in the treatment area absorbs more heat from the light energy source. Possible rare reactions are described in the table below with the recommended action.

The reaction	Recommended action
Colour or textural changes to the skin that may be permanent.	May occur either at the time of treatment or after. If there is no improvement within 24 hours, consult your doctor.
Redness of the skin	May occur either at the time of treatment or after. If there is no improvement within 24 hours, consult your doctor.
Itching of the treated area	Cool the area with cold compresses (but not with ice or ice packs). If the itching continues, consult with your doctor.
Acne outbreak	If there is no improvement within 24 hours, consult your doctor.
Blistering or burning of the skin	Cool the area immediately with cool/cold compresses (but not with ice or ice packs) Contact your doctor.
Permanent scarring or loss of skin tissue and depressions	May occur either at the time of treatment or after. If there is no improvement within 24 hours, consult your doctor.
Unusual pain occurs	Stop treatment and consult your doctor.

## Package contents:

Upon opening the mē package you will find the following parts:

- mē device, including one elōs cartridge with a protective cap
- Protective goggles for facial treatment
- Electrical power cord
- ·Cleaning brush
- •User guide (including Quick Reference Guide)
- Warranty card

#### Additional accessories sold separately:

- · elōs replacement cartridges
- Epilator attachment
- Shaver cartridge attachment

To order, visit us at: www.homedics.co.uk

## The mē system description

Your mē system is designed for easy use and maintenance.

The system is comprised of the following components (Figure 1):

- 1) Base unit
- 2) Cradle
- 3) Control panel
- 4) Applicator
- 5) elōs cartridge



## Applicator with elos cartridge

The following pictures show both sides of the applicator:

- 6) elös cartridge release buttons
- 7) Light output window
- 8) RF delivery bars
- 9) elōs cartridge
- 10) Grip sensors (located on the top and bottom)
- 11) Cooling inlet
- 12) elōs activation indicator
- 13) elōs activation button
- 14) Accessory activation button (not in use)
- 15) Accessory attachment indicator (not in use)



## Important safety information

Read all warnings and safety information in the user manual before using the mē system. Always follow basic safety precautions when using any electrical product.

If you are not fluent in understanding written instructions in English, then you should seek help from someone else who speaks English before using the mē system.

#### When not to use the me system

**Do Not** use if your skin is tanned from recent sun exposure, tanning beds or tanning creams (self-tanners) OR if you have suntanned in the past 3 days. Wait until the sunburn or tan fades. Then perform a test patch on a small area to make sure that no skin injury occurs.

**Do Not** use the me system if you are pregnant, trying to become pregnant (conceiving) or nursing.

**Do Not** use the mē system if you have any of the diseases listed below:

- •If you have a pacemaker or defibrillator.
- If you have artificial metal or silicone implants in the desired treatment area.
- If you suffer from or have a history of any type of skin cancer or pre-malignant lesions.
- If you have an impaired immune system due to immunosuppressive diseases such as AIDS/ HIV or use of immunosuppressive medications.
- If you have epilepsy.
- If you have diabetes, lupus erythematoses or congestive heart disease.
- If you have had surgery in the treatment area within the last three months or before complete healing.
- If you have a history of skin disorders, abnormal wound healing or very dry and fragile skin.
- If you have a history of vascular disorder, such as varicose veins or vascular ectasia in the areas to be treated.
- If you have any active condition in the treatment area, such as acne, sores, psoriasis, eczema, burns, herpes simplex, wounds or a rash.
- If you have a history of bleeding coagulopathies, easy bleeding or use of anticoagulants.

**Do Not** use the mē system on the following areas:

- Around the eyes or near the eyebrows. Use on or around the eyes can cause eye injury.
- Anywhere on the ears or head (excluding facial treatment see page 15). Use in these areas has
   not been tested and the effects are unknown
- •On nipples, areolas, genitals and anus. Use in these areas has not been tested and the effects are unknown.
- On areas where you have applied any type of topical anesthetic. This may reduce your ability to feel pain, which can result in skin injury with improper use of the system.
- •On moles, large veins, darker pigmented areas, scars and abnormal skin areas without consulting your doctor. This can result in injury to the skin or a change in skin colour.
- •On warts, tattoos or permanent make-up. This can result in injury to the skin or a change in skin colour.

**Do Not** use the mē system if you are taking the following medications:

- •Topical retinoids / Tretinoin over the treatment area within the last 2 months, which increase the skin's sensitivity to ultraviolet light.
- Isotretinoin within the last six months.
- Any medication that causes sensitivity to the sun: antibiotics; antihistamines; cancer chemotherapy drugs; cardiac drugs; diuretics or any others. Check the package insert of your medicine to see if it is stated that it can cause photosensitivity or to avoid sun when taking this medication.
- If you are on painkillers, which reduce the skin's sensitivity to heat.
- •Herbs, food supplements, and vitamins known to cause sensitivity to the sun.
- •St. John's Wort within the last two weeks.
- •If you are on gold therapy.

#### Notes:

 The më system may be less effective in removing hair from women with polycystic ovary syndrome.
 This is due to the high levels of masculinizing hormones that result in excessive hair growth. Contact HoMedics Customer Service for more information (see page 21)

#### WARNING

- Do Not open the system's outer cover or touch any inner parts to avoid the risk of electric shock
- **Do Not** use the system where it can come into contact with liquids (wet environment). This can cause **electric shock**.
- •If the system is dropped into liquid, unplug it immediately. Do Not remove the system from the liquid until unplugged wait at least 2 minutes to remove. **Do Not** use the system again. Contact the customer service centre (page 21).
- **Do Not** apply continuous pulses (one after the other) with the applicator on any one spot on your skin during treatment. Doing so causes extensive heat to build-up and may result in possible skin damage or scarring.
- **Do Not** return to a previously treated spot until 10 seconds have passed. Doing so causes extensive heat to build-up and may result in possible skin damage or scarring.

#### CAUTION

- **Do Not** use the system if you have limited physical, sensory or mental capabilities. Improper use of the system may result in injury.
- **Do Not** use on or by children under the age of 18 years (minors). The effects of using the system in this age group have not been tested and are unknown.
- Do Not use the system if any parts show signs of damage. This may result in injury.
- **Do Not** use the system above 86°F (30°C). If the system heats up, it may not work properly and may cause injury.
- Always keep the system out of the reach of children, as with any electrical appliance to avoid hazardous situations.
- Always disconnect the power cord from the wall electrical outlet after use.
- Always keep the system away from the hair of your head to avoid accidental burns.
- Always keep the system away from objects other than the skin while treating (e.g. clothes, brushes, wires, cords, laces, etc) to avoid accidents.
- **Do Not** rinse any components of the system with any kind of liquid to avoid damaging the system.

**Note:** Complete power shutdown is achieved only when the power cord is unplugged.

## How Does Electro-optical Synergy (elōs) Work?

#### Hair growth

Hair grows from a root within the hair growing structure called a follicle, which is located inside the skin. The follicle produces and contains the pigment, melanin, which gives hair its colour. The amount of melanin in the hair determines the hair colour. People with dark hair have more melanin in the hair than people with light hair. The more melanin there is within the hair - the better the expected results of the elōs treatment.

**Note:** Light hair has less melanin. The ability of the mē system to remove hair if your natural hair colour in the treatment area is blond (light or dark), white, grey or red is far more limited. It is recommended to use the epilator attachment (sold separately) as this will increase the efficacy of the treatment and help to prevent future regrowth. Generally speaking, users with light hair colours will require greater persistance with their treatments.

#### What to expect from your treatment

Hair grows in cycles, so not every hair can be treated at the same time. How long each cycle lasts varies from person to person and between the different body parts. Factors such as genetics, metabolism and age also influence hair stages. You will need to treat the areas of unwanted hair multiple times in order to target hair in the growing cycle. Hairs do not fall out immediately after treatment, they are shed naturally by the body in the days following the treatment. For an immediate solution, consider buying the shaver or epilator attachments (visit www.homedics.co.uk).

#### Working principle

The revolutionary elös technology is based on three basic principles:

- Intense Pulsed Light (IPL) from the me system is absorbed by the melanin in the hair shaft and hair follicle structure. This heats up the follicle.
- •Radio frequency (RF) from the mē system is directed to the already heated hair follicles as it enters the skin, heating it further
- Hair follicles are injured and/or destroyed due to the accumulated heat delivered by IPL and RF. Once a hair follicle is destroyed, it can no longer grow new hair.

elös technology is designed to cause injury and/or destruction of the hair follicle without damaging the surrounding skin. This means that even dark skin can be treated safely and effectively with minimum discomfort.

## Using your mē system

#### Skin Sensitivity test

Before using the system for the first time, choose a small area close to the area you intend to treat, for the purpose of performing a skin sensitivity test. Follow the treatment instructions below. You may see redness in the treated area. This is normal and should disappear within 24 hours. After the skin test, wait 30 minutes and check your skin for any reaction. Choose the elös setting that did not result in any reaction when performing a complete treatment.

#### Preparing for treatment

#### WARNING: Do Not use the system in a wet environment.

- Select an area in your home that is well lit to reduce discomfort from light flashes emitted from the device during treatment.
- 2. If you have visible hair in the treatment area, remove it with a razor or electric shaver.
- 3. Clean your skin and make sure it is hair-free, entirely dry and free from oily substances (lotions, creams, deodorants, tanning creams and sunscreens).

Note: Device will not operate properly above 86°F (30°C)

#### Setting up your mēfor use

Note: Please watch the video at www.memyelos.com before you use the system for the first time.

- Clean the elos cartridge light output window with an alcohol-based wet wipe or soft tissue. This step is important to avoid spreading germs (cross contamination) if more than one person uses the cartridge.
- 2. Connect the power cable into the mē system.
- Place the me system on a low table or area near a wall outlet free from any other cords or objects.
- 4. Make sure the applicator is placed in the cradle as shown in figure 1 (page 5).

Press the power button to turn the system on. Wait until the indicator next to the power button turns green. Now the system is ready for use.



The elōs setting is automatically set at Low. If you feel comfortable (no pain) treating with the Low elōs level, increase the setting to Medium or High.



6. The elös cartridge is pre-loaded with pulses for your use (100%). The elös cartridge indicator shows the percentage of pulses remaining as you use the system. Replace the elös cartridge when indicator shows 0%.



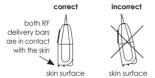
**Note:** When the elōs cartridge reaches 5% of its capacity, a red light will start blinking. At 0%, the red light will remain constant. The elōs cartridge must be replaced and disposed of properly.

# Different indications and what they mean

Indicator	What does it mean?	How to react
Power light is orange	System is in standby mode	Press the button to switch to 'on'
Power light is green	System is on	
'Low' light is white	System elōs is in low level	
'Medium' light is white	System elōs is in medium level	
'High' light is white	System elōs is in high level	
elōs cartridge light '100% -20%' is white	Capacity of pulses remaining	
Empty light is blinking red	Only 5% of pulses remaining	Prepare replaceable cartridge
Empty red light is on	elōs cartridge is empty	Replace cartridge
elōs light on applicator is white	elōs mode active	

## **Treatment**

- 1. Gently remove the applicator from the base.
- 2. Press the elos activation button located on the side of the applicator.
- With the thumb and forefinger of your hand, gently hold the applicator by the top and bottom grip sensors.
- Place the applicator on your skin so that the two RF delivery bars are in complete contact with the skin.



**Do Not** apply continuous pulses (one on top of the other) with the applicator staying in any one spot on your skin during treatment!

**Do Not** overlap the flashing light pulses as you move from one area of the skin to the next! Stop treatment if the treated area feels too hot or burns.

5. Once the applicator is in the correct position, the system will start flashing bright light pulses. With every flash, move the applicator to the next adjacent spot over the skin either by "lifting and placing" from spot to spot or gliding in one continuous, slow motion. Avoid overlap between adjacent pulses.

**Do Not** return to a previously treated spot for at least 10 seconds!

Repeat treatment to entire area 3-4 times according to the approximate times in the Quick Reference Guide. Wait 10 seconds or more between treatments to the same area.

**Note:** The applicator will automatically turn itself off if no pulses have been emitted for one continuous minute.

#### Tips:

- When using the mē system on difficult to treat areas (e.g. underarm) apply the applicator in 2 directions: left/right and up/down for full coverage.
- You can treat all body areas during the same treatment session.

## **Facial treatment**

Removing unwanted hair from the face is very different from removing unwanted hair from other parts of the body. Please be sure to read this section thoroughly before starting to remove facial hair with mē.

#### Why is hair removal from your face not like other body areas?

The hair on the face differs from other body areas in its physiology. Its growing cycles are different, and its characteristics, such as thickness (vellus hair), colour and depth of follicle are different from body hair.

The face is more sensitive to hair removal due to sensitivity of nerves in some of its areas.

The skin on the face and neck is more likely to be exposed daily to the sun's UV radiation and therefore may be more sensitive than other parts of your body.

Treating near your eyes can cause temporary discomfort, and therefore it is required to use protective eyewear and treat only from your cheeks and down.

#### When you should not use me on the face

•If your skin type is 5 or 6 (approved for skin types 1-4 only).

#### **DO NOT USE**













- If your facial skin is sunburned or tanned, wait until the sunburn or tan fades prior to performing a test pulse on a hidden area. Evaluate the area after 3 days to ensure no side effects have occurred and only then commence treatment.
- If you have undergone any professional facial treatment (such as chemical peel, laser/light/radio frequency treatment or injected dermal fillers) within the past 3 months.

#### **Precautions**

•Treat below the cheeks line only.



- DO NOT use the epilator or shaver accessories when using mē on the face.
- DO NOT sun tan or use sun beds for at least 2 weeks before a treatment.
- Avoid starting a treatment on your face when you know you will be exposing your face to sunlight in the following 24 hours. If you are going into the sun following a treatment take care to shade the treated area from direct sunlight using a hat or parasol.
- After treatment avoid exposing the treated area to the sun for at least 24 hours.
- Apply sunscreen of at least SPF 30 on the treated area for 2 weeks following the treatment.
- •DO NOT treat the eye socket or around the eye area.
- DO NOT use for eyebrow shaping! It is important to avoid accidentally treating the eyebrows as any hair loss is likely to be permanent.
- •DO NOT treat over moles or birth marks.
- Protect small areas of sensitive skin such as moles, birthmarks etc by using a white eyeliner.
- For larger areas of sensitive skin, use a piece of card or thick paper to cover the affected area and prevent exposure to the elös treatment. Protect lips and the lip margin using a white eyeliner.
- •DO NOT treat tattoos or permanent makeup.
- •DO NOT treat the scalp.
- DO NOT treat inside the nostrils or ears as these areas are delicate.

- · Avoid treating areas that contain only vellus hair (very thin, fine hair, also called "peach fuzz"), as this may result in undesired hair re-arowth.
- In the very unlikely event that you see pigmented changes on your face please stop the treatment and consult with your doctor



#### How to use

- •The treatment should be performed in a broad ambient light environment
- Adjust the evewear's elastic band so they fit comfortably over your eyes.
- Conceal the delicate areas such as lip edges and facial moles with a white eveliner.
- Turn on vour mē device.
- Select the LOW elos level on the base unit and press the elos button on your applicator.
- Place the protective evewear so that it covers your eyes.
- Apply a single evaluation pulse on a hidden area on your face or neck and observe treated area (If you observe any unusual reaction, stop the treatment immediately).
- Hold the upper part of your mē applicator without touching the two grip sensors and gently position it over the grea you want to treat.
- •To allow elos flashes on the area you want treat, touch momentarily both arip sensors with the thumb and forefinger of your other hand and release after 1-2 pulses were emitted.
- Without holding the grip sensors, Reposition the applicator on the next area to be treated and repeat step 8.
- \* Always start with LOW elös level. If you feel comfortable, you may increase the elös level for enhanced efficacy.





#### Tips

Please take additional care when treating hair above the upper lip because the central area below the nostrils is particularly sensitive.

Hair growth under the chin can be denser which can lead to light reddening in the skin following a treatment. This redness is temporary and should completely disappear after 24 hours.

After the treatment we recommend using an oil free moisturizer for the face in order to feel smoothed.

For men it is not advisable to treat the beard as it might create uneven results, which may produce changes in facial characteristics that may not be desirable.

For more information regarding facial treatment with mē device, please visit www.memyelos.com.

#### **Guidelines for treatments**

It is normal to still see hairs after the first few treatments. To remove hairs successfully, the treatments have to be repeated once a week for the first 7 weeks. To ensure that the skin stays smooth and hair-free, we advise that you repeat treatments once a month for further 3 months. After that, complete top-up treatments as required when hair appears.

Please refer to the Quick Reference Guide or box for information on the following topics:

- Approximate treatment times for each body area
- Optimal treatment schedule
- Tracking sheet for scheduling treatments

#### After use

#### Cleaning and storage

- 1. Place the applicator in its cradle on the base unit.
- 2. Turn off the mē system by pressing the power button on the base unit.
- 3. Unplug the electric cable from the electrical outlet.
- 4. Clean the elos cartridge light output window with a wet wipe or soft tissue.
- 5. Clean the outside surface of the mē system using ONLY a dry soft cloth.
- 6. Store the me system in a cool and dry place away from the reach of children.

**Note:** Using abrasive cleaning pads or cleaning solutions (e.g. acetone or petrol) might damage your me system.

#### Post-treatment care

- 1. Gently rinse your skin with lukewarm water and pat dry.
- 2. Gently apply moisturizing cream or aloe vera gel to your skin.
- 3. Wait at least 24 hours after treatment before you expose treated skin to the sun or tan with artificial light. Even after 24 hours, make sure that the treated skin is not red from the treatment before you expose it to the sun.

## How to replace your cartridge

Make sure that the mē is turned off and the cable is unplugged from the electrical wall outlet.

- Remove the old elos cartridge from the applicator by pressing the 2 release buttons on the sides and gently pulling the cartridge out.
- 2. Dispose the old elos cartridge as instructed on page 17.
- Take the new elös cartridge out of its protective container (avoid touching the glass).
- Slide the new cartridge gently into the applicator until you feel it "click" into place.
- 5. Place the applicator on the cradle of the base unit before turning on the system.
- Turn on the mē. A new elös cartridge will show 100% on the control panel.
- Make sure that the elos indicator on the applicator is not blinking.

Your mē is ready for use.





## **Accessory information**

#### elös cartridges

The cartridge that is supplied with the unit when you purchase it is pre-loaded with 100,000 pulses, the cartridge will provide many years of normal use when following the recommended treatment times. Heavy users or those that share the device with one or more additional users may require replacement cartridges after a certain period of time.

For information on how to buy replacement cartridges, please visit www.homedics.co.uk

## Disposal of elos cartridge

- 1. If you don't have a new elos cartridge make sure you place the elos protective cap in place of the used cartridge.
- 2. Dispose of your used elos cartridae in accordance with your local recycling laws.

#### **WEEE Directive**

This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

## **Troubleshooting**

Indicator	What does it mean?	How to react
No lights are on	Power cable is not connected	Connect power cable
Error light is blinking	<ul> <li>Button pressed for more than 10 seconds</li> </ul>	<ul> <li>Release button (system will return to standby mode)</li> </ul>
	<ul> <li>Grip sensors are held during the start up test</li> </ul>	<ul> <li>Place applicator in cradle.</li> <li>Press power on again</li> </ul>
	No cartridge level indication	<ul> <li>Pull out cartridge and re- insert. If not working, insert a new cartridge</li> </ul>
elös level lights are blinking + IPL light pulses stop	Ambient temperature is too high	Press elōs button again. If not working, move to a cooler area less than 30° Celcius / 86° Fahrenheit
Continuous error light	Need to reset the system	Reset. Disconnect power cord. Wait until all lights are off (up to 2 mins). Reconnect the power cord and turn on the system
No elōs pulse	Not touching grip sensors. RF bars not in contact with the treated area. elōs button is not pressed.	In order for the system to emit elös pulses, make sure all 3 conditions (elös button on, touching grip sensors and RF bars in contact with the skin) are met
elōs white light on applicator is blinking	elōs slot is empty	Insert elōs protective cap or elōs cartridge

If none of these suggested measures seem to help, contact the HoMedics Service Centre for support

## **Specifications**

Light spectrum: 550 - 1200 nm Max Optical 4J/cm2

RF Wave frequency:

6.78 MHz

Max Radiofrequency power: 5 Watts

Flectrical power input: 100-240 VAC. 50-60 Hz

Dimensions and weight: 20.5 x 15 x 9 cm [W x L x H] 1.17 Ka

Note: The system will not operate above 86°F (30°C). If system was stored in high humidity. let it dry for an hour before usage.

#### Labels and symbols

The nameplate label is adhered to the bottom of your me system. It displays the manufacturer's name & address. the system's part & serial numbers, electrical requirements and regulatory standards that the system is designed to comply with.



Do not use this product without first consulting the manual



Class II equipment



CF mark

#### For UK plug

Altitude

If the plug on this appliance is damaged, it can be replaced with a BS 1363 plua, fitted with a 3A BS 1362 fuse. Only use a 3 amp fuse with this appliance. Care must be taken when changing the plug. If



in doubt, contact a qualified electrician.

#### Acceptable Environmental Conditions

Storage and transportation

orange and manaperranen		
Temperature	14÷F - 55÷F	
Humidity	90% at 55÷C (137÷F)	
Pressure	700-1060hPa	
Operation		
Temperature	50÷F - 86÷F	
Relative Humidity	up to 3900 m (13,000 ft)	

up to 80% at 37÷F

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## **Notes**

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