

User Manual



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1.0 Introduction

Thank you for your purchase of the QUO Sport Smartband.

With this band, you can monitor your daily activities easily! Simply put the band on your wrist and this small device will record the number of steps taken, the distance travelled, the calorie burnt and the sleeping patterns in your daily activity for your review.

This product has to be used in line with an iOS and Android devices that support Bluetooth 4.0 technology to review your daily activities.

Your QUO Sport Smartband is carefully designed and produced. In order to fully utilize the features of the QUO Sport Smartband, it is advisable to use it in conformity with the notes mentioned below:

Read this user manual carefully before using the QUO Sport Smartband and keep this manual in a safe place for future reference.

Avoid exposing the QUO Sport Smartband to extreme conditions for an unreasonable time.

Avoid rough use or severe impacts on the QUO Sport Smartband.

Keep the QUO Sport Smartband away from magnets or appliances which contain magnetic components such as mobile phones, speakers or motors as these items may ruin the sensors.

Clean the QUO Sport Smartband occasionally with a soft cloth.

DO NOT expose the QUO Sport Smartband to strong chemicals such as gasoline and alcohol as they will damage the QUO Sport Smartband.

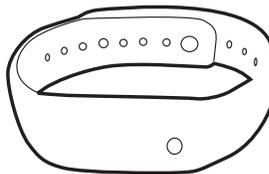
DO NOT dispose of the QUO Sport Smartband into fire as the battery inside the main unit may explode.

WARNING!

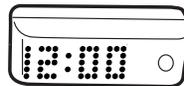
Make sure that you fully understand the functions and limitations of the QUO Sport Smartband and it is NOT a professional medical device. Should you have any further questions regarding your daily life condition, please consult your doctor.

2.0 Specifications

QUO Sport Smartband – 1 pc



Main unit with display – 1 pc



USB Socket for battery charging – 1 pc



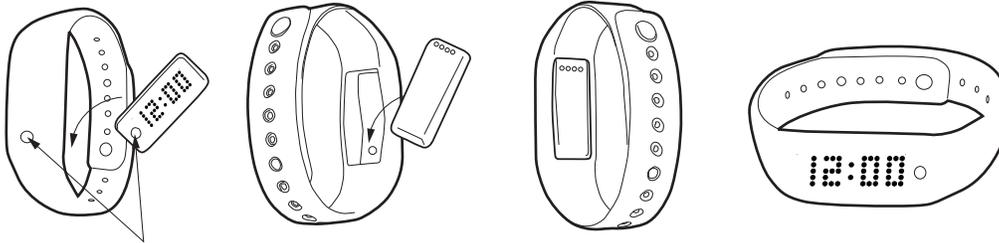
Clip with Socket for the main unit – 1 pc



You may wear this product either on the wrist by using wristband or clip it at the pocket opening as you wish to track your daily activities. Before using this QUO Sport Smartband, please charge the main unit first. For charging the main unit, please refer to the Chapter 3.1.9 Battery Status for more details.

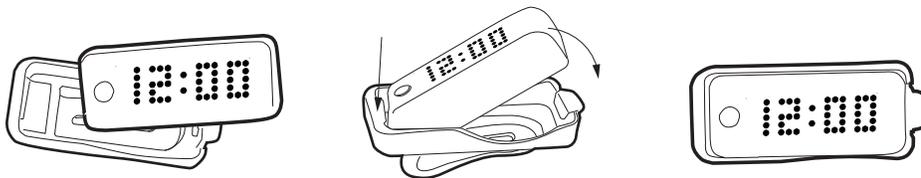
How to place the main unit into the Wrist Band

Place the main unit into the socket of the wrist band with the mode button facing upward and matching the bulge.



The mode button facing upward and matching the bulge

How to place the main unit into the socket of the Clip:

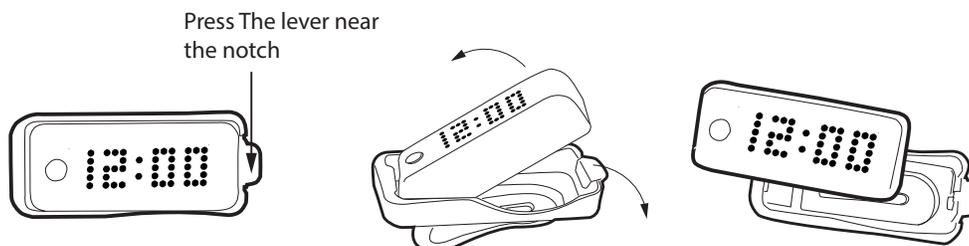


Place one end of the main unit with the notch matching to the lever of the socket

lock the main unit at the notch of the Clip

How to remove the main unit from the Clip

Press the lever near the notch to remove the main unit from the Clip.

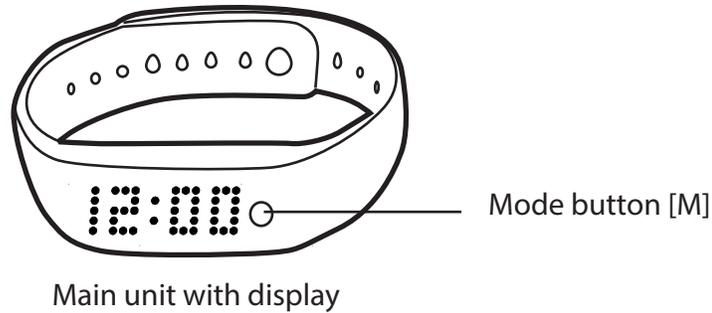


Press The lever near the notch

The main Unit can store up to 7-days-per-minute data and 30-days-daily data. When the information without transferring is over 7 days, only the latest 7 days information is kept.

3.0 Description and Settings of the QUO Sport Smartband main unit with display

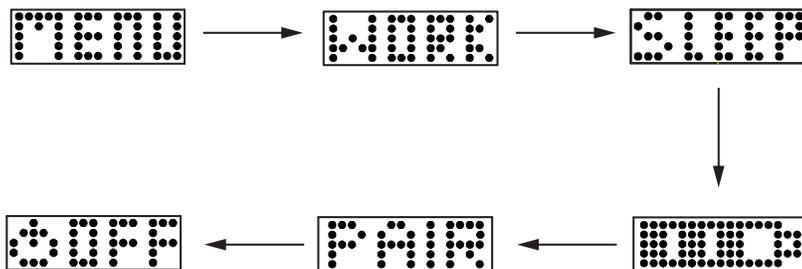
The QUO Sport Smartband has only one mode button to control all functions.



3.0 Description and Settings of the QUO Sport Smartband - ON/OFF

To switch ON the QUO Sport Smartband, press and hold the mode button until "HI" Your Name "GLAD TO SEE U AGAIN" scroll on the screen. After the band is switched ON, you may set your own name in the App after pairing. For pairing, please check the chapter 4.0 for more details.

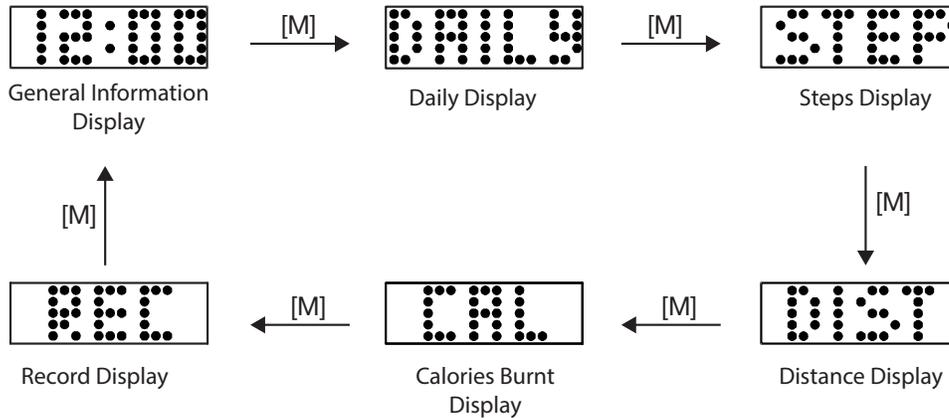
To switch OFF the QUO Sport Smartband, press and hold the mode button of your QUO Sport Smartband until the word "MENU" appears and then release it. The Menu screen will scroll on your QUO Sport Smartband in the sequence as the Sketch below.



When the Icon OFF appears, press the mode button to confirm. "SEE U LATER" will scroll on the screen and the band is switched off.

3.1 Mode Selection

Different modes can be selected as below sketch. When the display is scrolling, you may press the mode button once to select the next mode.

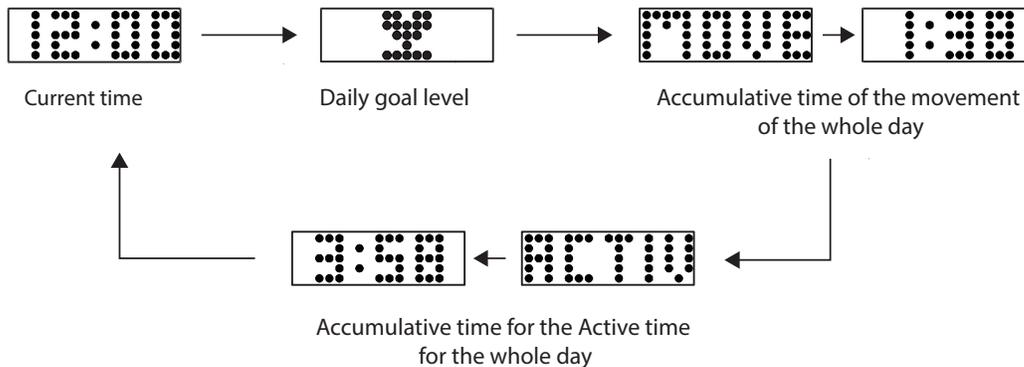


* *When the display of the QUO Sport Smartband goes off, press the mode button once to display the last mode information.

Note: DAILY, STEP, DIST and CAL displays can be set to ON or OFF via the App.

3.1.1 DETAILS OF EACH MODE-General Information Display

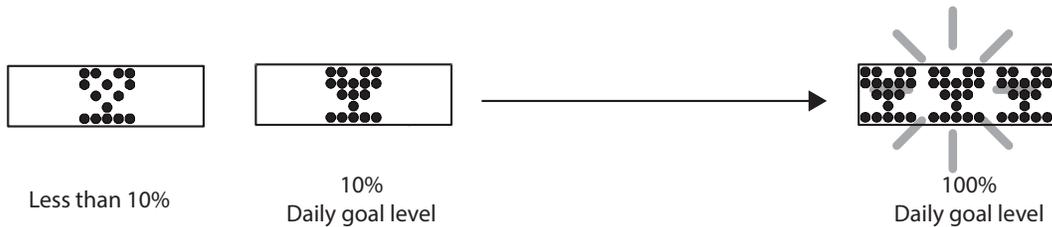
Press the mode button once, the QUO Sport Smartband will display General Information. When the General Information display doesn't appear, press the mode button until the General Information display appears.



Note: MOVE Time and ACTIVE Time displays can be set to ON or OFF via the App.

3.1.1.1 Daily Goal Level

- One Hollow Cup – Daily goal level less than 10%
- One Solid Cup – Daily goal level between 10% and 40%
- Two Solid Cup – Daily goal level between 40% and 70%
- Three Solid Cup – Daily goal level between 70% and below 100%
- Three Flashing Solid Cup – Daily goal level 100%

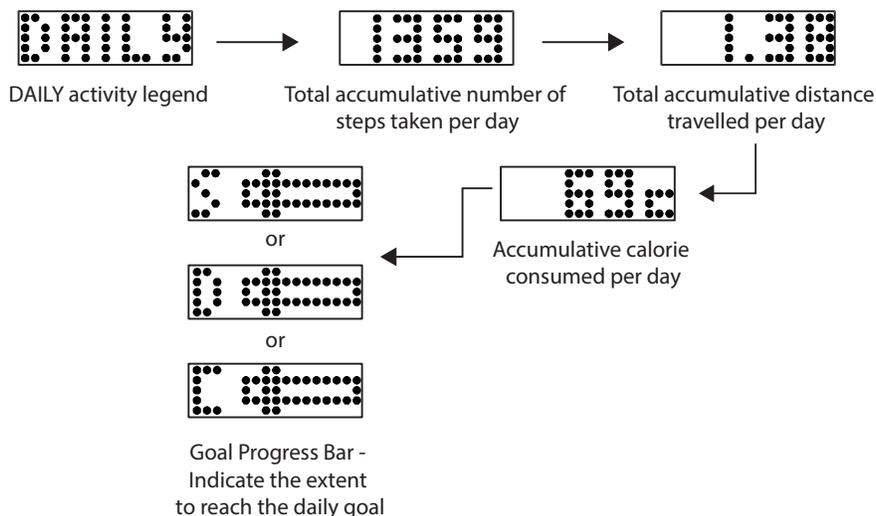


3.1.1.2 DETAILS OF EACH MODE - Move Time and ACTIVE Time

Please note that the Move Time is the total time of the movement. The Active Time will be collected and accumulated when the movement is more intense and vigorous like jogging and running.

3.1.2 DETAILS OF EACH MODE – Daily Display

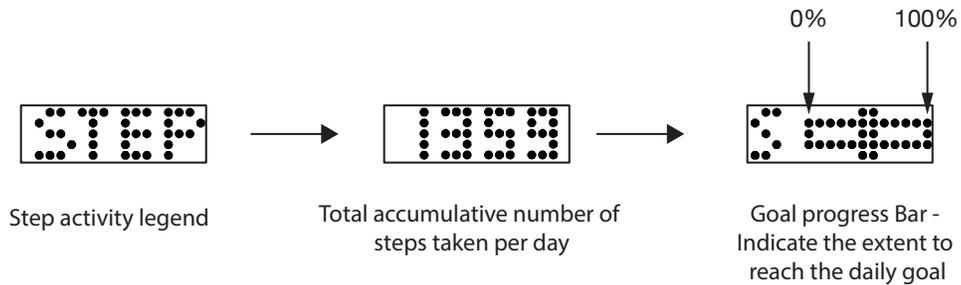
Press the mode button once again while the display is still on, the following display will scroll on the screen. When the Daily display doesn't appear, press the mode button until the Daily display appears.



Note: Daily Display and Goal Progress bar have to be switched ON in the App. Otherwise, these display will not appear on your QUO Sport Smartband.

3.1.3 STEP Display

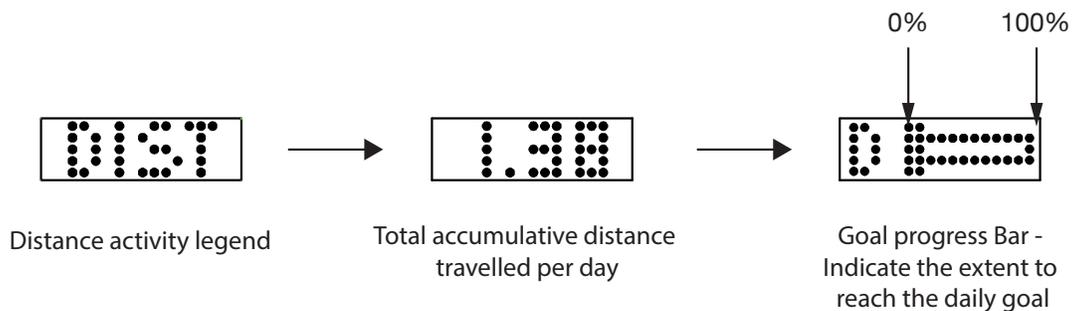
Press the mode button once again while the previous display is still on, the following display will scroll on the screen. When the STEP display doesn't appear, press the mode button until the STEP display appears provided that the STEP display has been switched ON in the device.



Note: Goal Progress Bar will be shown only when Show Goal is set to ON in the App and Step is selected in the Goal Type.

3.1.4 DISTANCE Display

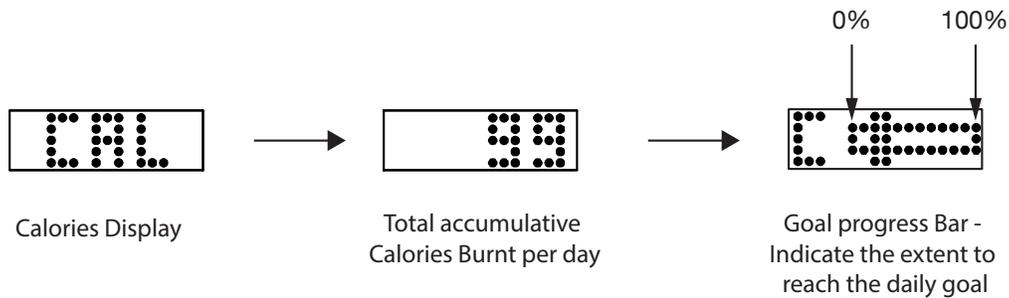
Press the mode button once again while the previous display is still on, the following display will scroll on the screen. When the DIST display doesn't appear, press the mode button until the DIST display appears provided that the DIST display has been switched ON in the device.



Note: Goal Progress Bar will be shown only when Show Goal is set to ON in the App. and Distance is selected in the Goal Type.

3.1.5 CALORIES Burnt Display

Press the mode button once again while the previous display is still on, the following display will scroll on the screen. When the CAL display doesn't appear, press the mode button until the CAL display appears provided that the CAL display has been switched ON in the device.



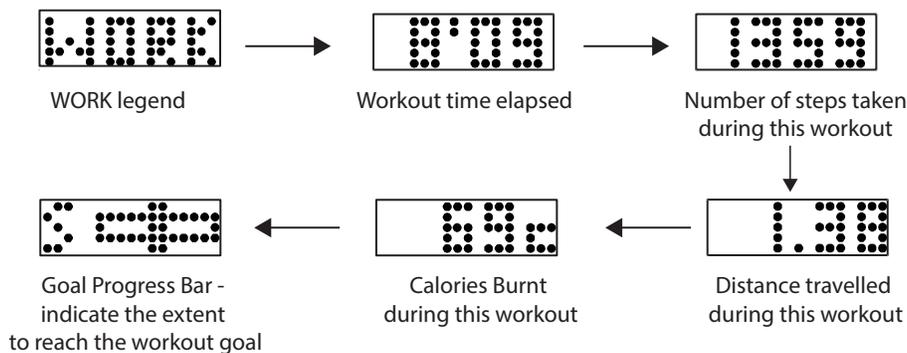
Note: Goal Progress Bar will be shown only when Show Goal is set to ON in the APP and Calories Burnt is selected in the Goal Type.

3.1.6 WORKOUT Mode

In any mode, press and hold the mode button until it displays MENU and then release it. When the word "WORK" is shown, press the mode button again to enter this mode. The display scrolls GO; the QUO Sport Smartband will start recording your workout activity. During the workout, you can check the current status by pressing the mode button once. All the following information will scroll on the screen provided that the Steps, Distance, Calories and Goal Progress Bar have been set to on. When any one of these displays has not been switched ON, the corresponding information will not be displayed on the QUO Sport Smartband.

How to stop the Workout

When you finish your workout, just press and hold the mode button until the word "STOP" appears, then release the button to confirm. The word "DONE" will scroll on the screen indicating your workout information is recorded.

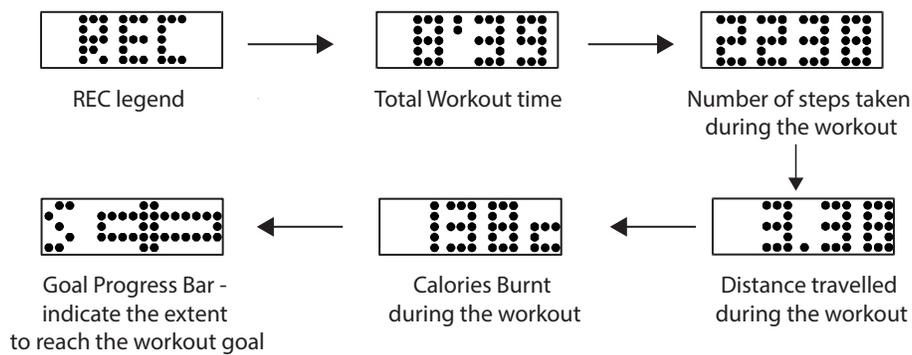


Note: Goal Progress Bar will be shown only Show goal is set to ON in the App.

3.1.7 WORKOUT RECORD Mode Display

You can review your last workout information in the REC mode. Press the mode button once. The following information will scroll on the screen. All the following information will scroll on the screen provided that the Steps, Distance, Calories and Goal displays have been set to ON in the App. When any one of these displays has not been switched ON, the corresponding information will not be displayed on the QUO Sport Smartband.

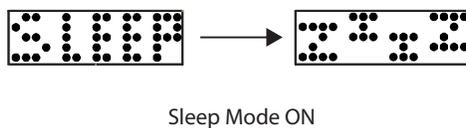
Press the mode button during the scroll, it will go back to the General Information Display.



Note: Goal Progress Bar will be shown only Show goal is set to ON in the App.

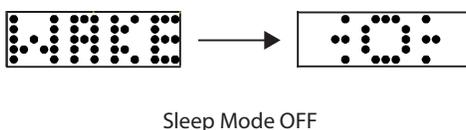
3.1.8 Sleeping Mode

In any mode, press and hold the mode button until it displays MENU and then release it. When the word "SLEEP" appears on the screen, press the mode button to enter Sleep Mode. The SLEEP "Z" ICONS will scroll on the screen. It indicates that the Sleeping Mode is ON. The QUO Sport Smartband will start recording your sleeping pattern. In this mode, when you press the mode button, the current time will be displayed.



Exiting Sleep Mode

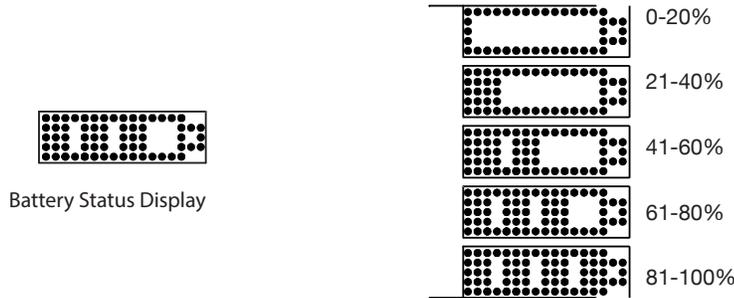
In the Sleeping mode, press and hold the mode button until the word "WAKE" appears on the screen. The Sleeping mode is switched OFF. Your sleeping pattern has been recorded and can be transferred to the App for review. When "WAKE" appears on the screen, the sunrise animation will scroll on the screen as below sketch.



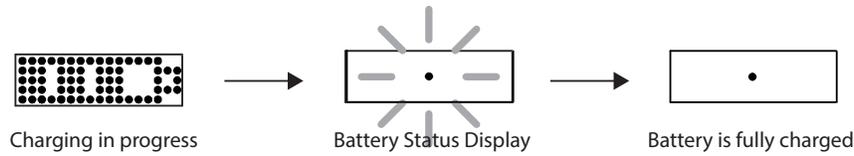
Note: The Sleep mode can be set automatically. Sleeping time and Wake up time can be set automatically via the App.

3.1.9 Battery Status and Charging

In any mode, press and hold the mode button until it displays MENU and then release it. The Battery Icon will scroll on the screen. The battery status indications are as below.



When the battery is low, please plug the main unit into the USB-socket and plug it into any computer for charging. During charging, the battery Icon will appear on the screen of the main unit as below sketch. After a few seconds, a flashing dot will appear at the center of the display, which means charging is in progress. When the dot stops flashing and stands still, charging is completed and the battery is full.



The Wristband can last for approximately 7 days for normal use. It takes about 1-2 hours for fully battery changing.

4.0 Home → Settings: Pairing to an iOS and Android Product

To fully utilize the QUO Sport Smartband, it has to be used in line with an iOS and Android Product for settings and tracking your daily life condition. Synchronization with an iOS and Android Product is required.



First, download the “QUO Sport” App from the App Store in your iOS device or Google Play in your Android device. After installation of the App, click and run the program. Below sketch will appear in your device. Switch ON your QUO Sport Smartband and the Bluetooth function in your device. Then go to "Settings" and set all needed data in that section. Then, you must to set your physical data in "Profile" section inside "Settings".

Select the Home menu icon in the upper left corner in below sketch; then select Settings.



Note: The Apps interface format is a little different between iOS and Android version.