DAGitty User Manual

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December 6, 2010

Abstract

DAGitty is a program for creating, editing, and analyzing causal models, known in epidemiology as directed acyclic graphs (DAGs). The main task of the program is to assist the user in identifying *adjustment sets* – that is, sets of covariates to adjust for in order to isolate the causal effects from an exposure to an outcome from the non-causal (or confounded) effects. DAGitty runs in any web browser that supports modern HTML and JavaScript.

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1 Introduction

1.1 Causal models

To convey an idea of the purpose of DAGitty, this introduction contains some very small examples of causal models, confounding and adjustment sets; for a more detailed discussion of these subjects, we recommend the book *Causality* by Judea Pearl [6].

Causal models are also called *Bayesian networks* (in computer science) or even DAGs (in epidemiology).¹ Simply put, a DAG is a formal model about causal relationships between certain entities of interest in a specific scenario. For example, the sentence "smoking causes cancer" could be translated into the following simple causal model:



Figure 1: A very simple causal model.

An important application for causal models, which is also the focus of DAGitty, is to isolate the *causal* effects of a variable of interest, called *exposure* onto another, called *outcome*, from the *confounded* relations between the two variables. For example, consider the following, slightly more complex causal model:



Figure 2: A classical confounding triangle.

If we were to perform a study on the relationship between carrying matches in one's pocket and developing lung cancer, we would probably find a correlation between these two variables. However, as the above model indicates, this correlation would not imply that carrying matches in your pocket causes lung cancer: Smokers are more likely to carry matches in their pockets, and also more likely to develop lung cancer. This is a classical example of a *confounded* association between two variables. In this example, would we adjust for smoking, e.g. by putting smokers and non-smokers in two different groups, we would probably no longer find a correlation between carrying matches and lung cancer.

In general, any set of variables in a causal model that blocks all confounded (i.e., non-causal) effects between an exposition and an outcome, but does not affect the causal effects, is called a *sufficient adjustment set*. If the causal model is accurate, then adjustment, stratification, or selection (e.g. by restriction or matching) for this set of variables in an epidemiological study will minimize bias when estimating the effect of exposition on outcome in an epidemiological study. Adjustment sets will be explained in more detail in Section 4.

The purpose of DAGitty is to aid study design through the identification of suitable, small sufficient adjustment sets in complex causal models.

There are two ways to run DAGitty: either from the internet or from your own computer.

1.2 Running DAGitty online

To run DAGitty online, simply open its URL in your favourite Browser:

 $^{^{1}}$ Calling bayesian networks "DAGs" is of course highly confusing to computer scientists and mathematicians, for whom a DAG is simply an abstract graph without specific semantics attached to it.

http://www.dagitty.net

DAGitty should run in every modern Browser. If it doesn't, please send me an E-Mail so I can fix the problem; see contact information at the end of this manual.

1.3 Installing DAGitty on your own computer

DAGitty can be "installed" on your computer for use without an internet connection. To do this, download the file

http://www.dagitty.net/dagitty.zip

which is a ZIP archive containing DAGitty's source. Unpack this ZIP file anywhere on your local hard drive. To run DAGitty, just open the file dags.html in the unpacked folder.

2 Loading and saving models

This section covers the three basic steps of working with DAGitty: (1) Loading a model; (2) manipulating the graphical layout of the model; and (3) saving the model. First of all, any causal model consists of vertices (variables) and edges (relationships between variables). You can either create the model directly using DAGitty's graphical user interface (explained in the next section), or prepare a textual model description in a word processor such as Microsoft Word (a) and then import this description into DAGitty. In addition, DAGitty contains some pre-defined examples that you can use to become familiar with the program. To do so, just select one of the pre-define examples from the "Examples" menu.

2.1 DAGitty's textual syntax for causal models

DAGitty's textual syntax for causal models is compatible with the one used by the DAG program by Sven Knüppel [4]. A model description consists of two parts:

- 1. A list of the variables in the model
- 2. A list of connections between the variables

The list of variables is simply one variable per line (blank lines are ignored by DAGitty). By convention, the variable in the first line is the exposure and the variable in the second line is the outcome of your model. Variable names must not contain spaces or colons; please use dashes or underscores instead (i.e., write fitness_level instead of fitness level).

The list of connection consists of several lines each starting with a start variable name, followed by one or more other target variables that the start variable is connected to. Figure 3 contains a working example of a textual model description. When you modify a model within DAGitty, the vertex labels will be augmented by additional information, to help DAGitty remember the layout of the vertices and for other purposes (see rightmost column in Figure 3).

2.2 Loading a textually defined model into DAGitty

To load a textually defined model into DAGitty, simply copy&paste the variable list, followed by a blank line, followed by the list of connections into the "Model text data" text box. Then click on "Update DAG". DAGitty will now generate a preliminary graphical layout for your model on the canvas, which may or may not be aesthetically pleasing, but can be freely modified.

2.3 Modifying the graphical layout of a model

To layout the vertices and edges of your model more clearly than DAGitty did, simply drag the vertices with your mouse on the canvas. You may notice that DAGitty modifies the information in the "Model text data" field on the fly, and augments it with additional position information



Figure 3: Example for a textual model definition with DAGitty. When the model is edited within DAGitty, the vertex labels are augmented with additional information that DAGitty uses to layout the vertices on the canvas (rightmost column): In the second column, weights are given for each variable (not used yet, but perhaps in future versions of DAGitty) and in the third column, the layout coordinates of each variable are indicated behind the @ sign.

for each vertex. In general, all changes you make to your model within DAGitty are immediately reflected in the text data.

2.4 Saving the model

To save your model locally, just copy&paste the contents of the "Model text data" field to a text file, e.g. a Microsoft Word (\mathbb{R}) document, and save that file locally to your computer².

Next time you wish to work on the model, copy the model description back into DAGitty as explained above.

3 Editing models using the graphical user interface

As explained above, you are free to make changes directly to the textual description of your model, which will be reflected on the canvas next time you click on "Update DAG". However, you can also create, modify, and delete vertices and connections directly on the canvas. The list of minimal sufficient adjustment sets (see next section) will be updated automatically if necessary.

3.1 Creating a new model

To create a new model, select "New Model" from the "Model" menu. You will be asked for the names of the exposition and the outcome variable, and an initial model containing just those variables and an arrow from exposition to outcome will be drawn. Then you can add variables and connections to the model as explained below.

3.2 Adding new variables

To add a new variable to the model, double-click on a free space in the canvas (i.e., not on an existing variable) or press the "n" key. A small dialog will pop up asking you for the name of the new variable. Enter the name into the dialog and press the enter key or click "OK". If you click "*Cancel*", no new variable will be created.

3.3 Adding new connections

To add a new connection, double-click first on the source vertex (which will become highlighted) and then on the target vertex. The connection will be inserted. If a connection existed before in the opposite direction, that connection will be deleted, because otherwise there would now be a cycle in the model.

²This is most easily done by clicking in the text field, pressing "CTRL + A" to select the entire content of the text field, then pressing "CTRL + C" to copy the selected content. You can then paste the content into Microsoft Word using "CTRL + V"

Instead of double-clicking on a vertex, you can also move the mouse pointer over the vertex and press the key "c".

3.4 Deleting variables

To delete a variable, move the mouse pointer over that variable and hit the *del* key on your keyboard. All connections to that variable will be deleted along with the variable. DAGitty will refuse to delete the exposition or the outcome variable from the model; if you wish to do so, you must previously select a new exposition/outcome (see below).

3.5 Deleting connections

A connection is deleted just like it has been inserted, i.e., by double-clicking first on the start variable and then on the target variable. A connection is also deleted automatically if a new one is inserted in the opposite direction (see above).

3.6 Setting exposition and outcome

As explained above, per default the exposition is the variable in the first line of the variable list and the outcome is the one on the second line. To turn a different variable into the exposition, move the mouse pointer over that variable and hit the e key; for the outcome, hit the o key instead. Doing so will change the colors of the vertices on the canvas to reflect the new structure of the graph.

3.7 Displaying the moral graph

To identify minimal sufficient adjustment sets, DAGitty uses the so-called "moral graph", which results from a transformation of the model to an undirected, typically smaller, graph. This procedure is also highly recommended if you wish to verify the calculation by hand. For details, see the nice explanation by Shrier and Platt [9].

In DAG itty, you can switch between display of the model and its moral graph by pressing the m key.

3.8 Workarounds for functions that are still missing

Some functions are not yet there in DAGitty, but would be nice to have and shall be implemented in future versions. In the meantime, the following workarounds can be used.

• Renaming variables: This is not yet conveniently possible. However, you can copy&paste the vertex labels and adjacency list to a word processor of your choice and then replace every occurence of the variable name of choice with the new version using the word processor's *search and replace* functions. Afterwards, copy the model description back into DAGitty.

4 Adjustment sets

Finding sufficient adjustment sets is one main purpose of DAGitty. In a nutshell, a sufficient adjustment set is a set S of covariates such that adjustment, stratification, or selection (e.g. by restriction or matching) will minimize bias when estimating the causal effect of the exposure on the outcome. You can read more about controlling bias and counfounding in Pearl's textbook, chapter 3.3 and epilogue [6]. Moreover, Shrier and Platt [9] give a nice step-by-step tutorial on how to test if a set of covariates is a sufficient adjustment set.

Briefly, a sufficient adjustment set S blocks all non-causal paths between exposure and outcome, but leaves open all causal paths (i.e., chains of the form $e \to x_1 \to \ldots \to x_k \to o$). A path p is blocked by a set Z if at least one of the following properties holds [6]:

- The path p contains a chain $x \to m \to y$ or a fork $x \leftarrow m \to y$ such that m is in Z.
- The path p contains a collider $x \to c \leftarrow y$ such that c is not in Z and furthermore, Z does not contain any successor of c in the graph.

A path p is called *open* if it contains no collider and at least one fork, and *closed* if it contains at least one collider. Every non-causal path is either open or closed. As proved by Lauritzen et al. ([5], see also Tian et al. [12]), it suffices to restrict our attention to the part of the model that consists of exposure, outcome, and their ancestors for identifying sufficient adjustment sets. This is indicated by DAGitty by coloring irrelevant nodes in gray. The relevant nodes are colored according to which node they are ancestors of (exposure, outcome, or both) – see the legend on the left-hand side of the screen. To give you an idea of the model's complexity, DAGitty will *count* all open paths (but not the closed ones) and display this information below the legend.

4.1 Minimal sufficient adjustment sets

A *minimal* sufficient adjustment set (MSAS) is a sufficient adjustment set of which no proper subset is itself sufficient. For example, consider again the causal model in Figure 3. In this example, the following three sets are sufficient adjustment sets:

$$\{A, B, Z\}$$
$$\{A, Z\}$$
$$\{B, Z\}$$

Of these three sets, $\{A, Z\}$ and $\{B, Z\}$ are minimal sufficient adjustment sets while the set $\{A, B, Z\}$ is sufficient, but not minimal.

Note that adjusting for $\{Z\}$ is *not* sufficient, since this would "open" the path $E \leftarrow A \rightarrow Z \leftarrow B \leftarrow D$: Since both E and D depend on Z, adjusting for Z will induce additional correlation between E and D.

Note that the following two properties hold for every sufficient adjustment set S:

- S does not contain any variable that lies on a causal path between exposure and outcome (indermediate). This implies that it is never appropriate to adjust for a variable that is a successor of the exposure.
- S contains all variables that are direct parents of both exposure and outcome.

4.2 Finding minimal sufficient adjustment sets

Whenever you create a new causal model or make changes to it, DAGitty will calculate all minimal sufficient adjustment sets and display them in the "Adjustment sets" field.

4.3 Adjusting for specific covariates

You can also tell DAGitty that you wish a specific covariate to be included into every adjustment set. To do this, move the mouse over the vertex of that covariate and press the *a* key. DAGitty will then update the list of minimal sufficient adjustment sets accordingly – every set displayed is now minimal in the sense that removing any vertex *except those you specified* will render that set insufficient. However, DAGitty will refuse to adjust for a variable that is a successor of the exposure (see above).

5 Acknowledgements

The author wishes to thank Michael Elberfeld, Juliane Hardt, Sven Knüppel, and Sabine Schipf (in alphabetical order) for enlightening discussions about DAGs that made this program possible.

6 Legal notice

Use of DAGitty is (and will always remain) freely permitted and free of charge. You may download a copy of DAGitty's source code from its website at www.tcs.uni-luebeck.de/sonderseiten/software/dagitty. The source code is available under the GNU General Public License (GPL), either version 2.0, or any later version, at the licensee's choice; see the file LICENSE.txt in the download archive for details. In particular, the GPL permits you to modify and redistribute the source as you please as long as the result remains itself under the GPL.

7 Bundled libraries

DAGitty ships along with the following JavaScript libraries:

- *Raphaël*, a library for smooth cross-browser vector graphics in SVG and VML, developed by Dmitry Baranovskiy and licensed under the MIT license [2].
- *Prototype.js*, a framework that makes life with JavaScript much easier. Only some parts of Prototype (mainly those focusing on data structures) are included to keep the code small. Developed by the Prototype Core Team and licensed under the MIT license [11].

Furthermore, DAGitty uses some modified code from the *Dracula Graph Library* by Philipp Strathausen, which is also licensed under the MIT license [10].

I am grateful to all authors of these libraries for their valuable work.

8 Bundled examples

DAGitty contains some builtin examples for didactic and illustrative purposes. Some of these examples are taken from published papers or talks given at scientific meetings. These are, in inverse chronological order:

- Polzer et al., 2010 [3]
- Schipf et al., 2010 [7]
- Shrier & Pratt, 2008 [9]
- Sebastiani et al.³, 2005 [8]
- Aicd & Campos, 1996 [1]

9 Author contact

The author of DAGitty, i.e. me, would be glad to receive feedback from those who use DAGitty in their research or for educational purpose. Also, you can E-mail me with suggestions or requests for features that you miss in DAGitty:

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 $^{^{3}\}mathrm{The}$ example actually shows only a small part of their DAG.

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