GP2U – ONLINE DOCTORS

A PHARMACY GUIDE



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HOW CAN GP2U HELP YOUR BUSINESS?

GP2U is a service that allows patients to see doctors using video conferencing, so rather than the patient going to the doctor the doctor comes to the patient, wherever they are. This could be a home, the office, <u>or your Pharmacy</u>. Our service is available 7 days a week, 365 days a year, so can work well to fill in some of the gaps in GP availability.

When a patient sees a GP there is a 70-80% probability that a script will be issued, so at its simplest Pharmacies participate simply by registering. All we ask is that you accept faxed prescriptions with the PBS paperwork arriving promptly by mail.

It is also possible to offer the service directly to patients from within your pharmacy. This requires a suitable area to be available, typically with a ~\$1000 laptop connected to the Internet. With this in place patients can then see a doctor online, with a common outcome being prescriptions flowing to the host pharmacy.

At the moment this service is not Medicare funded so patients face an out of pocket fee of between \$40-\$50. Many patients find the convenience of rapid access to a GP is a worthwhile trade off, for example if you have an expired script and simply need a repeat, or a simple issue like a UTI, URTI, etc why spend several hours travelling and waiting to see a GP only to have to return to the pharmacy to get the necessary medication?

The nitty gritty about these two possibilities follows below. It looks long, but it's really like a comic book with lots of pictures (screenshots) and only a few words.

WHAT IS GP2U?

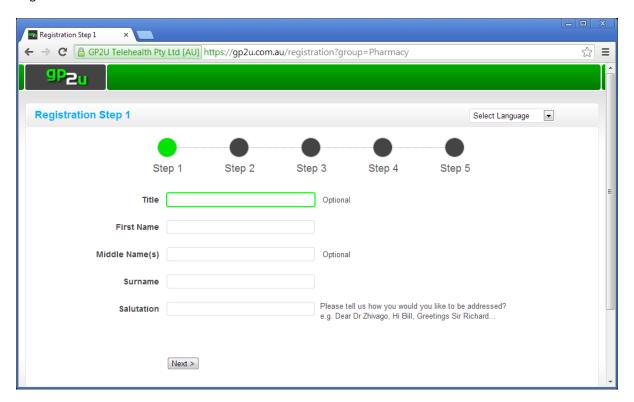
GP2U is a service that allows patients to see doctors using video conferencing, so rather than the patient going to the doctor the doctor comes to the patient, where ever they are. This could be a home, the office, or your Pharmacy.

REGISTERING WITH GP2U IS EASY AND IT'S FREE!

Registration as a Pharmacy with GP2U is free. If your Banner Group has registered your Pharmacy you will already have all the details, if not simply click this link to register.

https://gp2u.com.au/registration?group=Pharmacy

Registration takes less than two minutes.



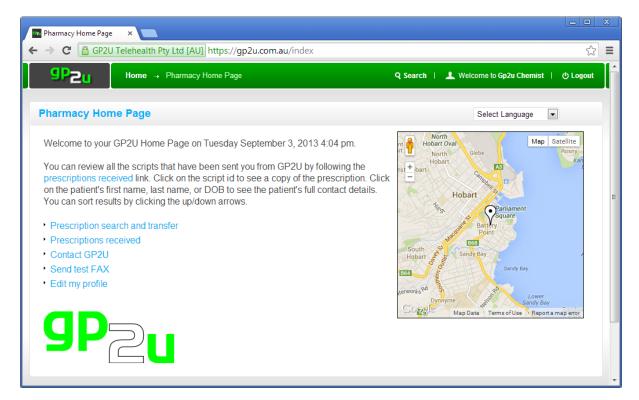
Once you are registered you will become visible to patients so they can choose to fax their script through to you.

LOGGING IN

You login to your account using your username and password. You can tick the checkbox next to "Remember Me" if you wish to stay logged into your account.



This will take you to your home page. There is more detail about what you can do from within your secure account later.

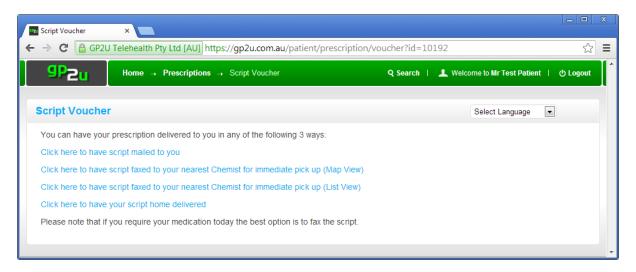


PRESCRIPTIONS FROM GP2U

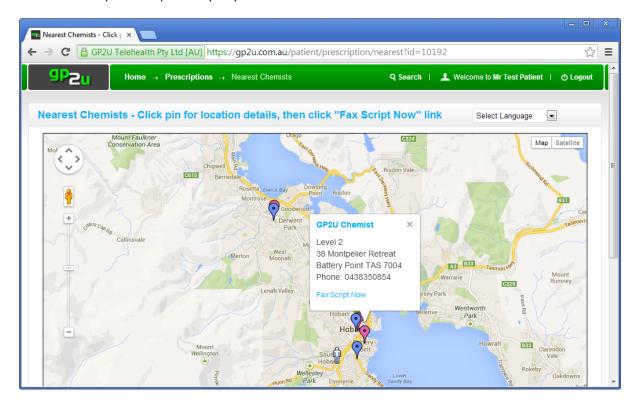
Doctors working through GP2U can prescribe medications. Patients are offered several options for pickup.

- 1. Scripts can be posted out.
- 2. Scripts can be faxed to a convenient local chemist with the PBS paperwork sent promptly by mail.
- 3. Scripts can be fulfilled online by Pharmacy Direct in Sydney.

Here is a screenshot showing the patient's options:

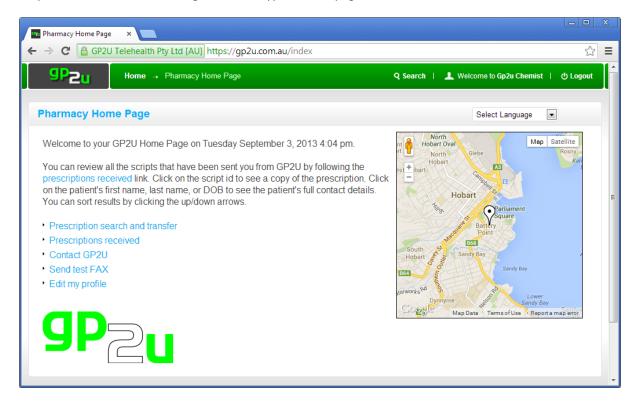


Here is an example of the pharmacy map view:

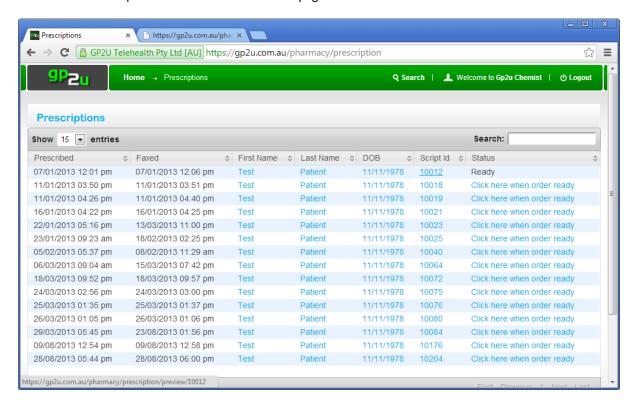


ILLEGIBLE FAXED SCRIPTS

If a faxed script comes through to you and you can't read it you can either give us a call on our 1300 472866 number for clarification or login to your GP2U account. Here you will find the ability to view a copy of the script that has been faxed through. Here is a typical home page:



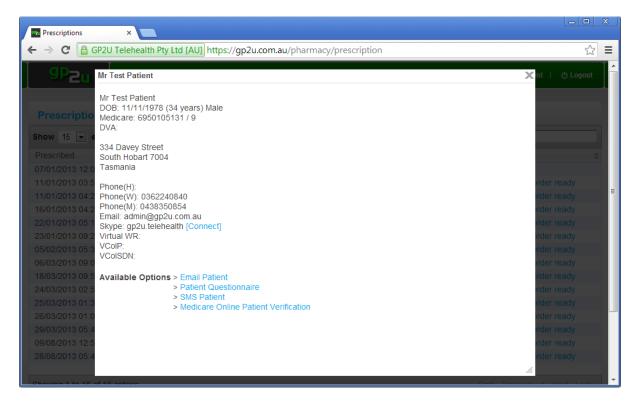
Click on the "Prescriptions received" link to see this page:



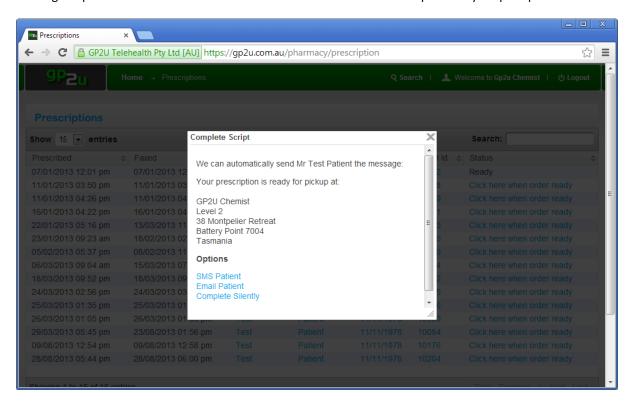
Click on the "Script Id" to see a high resolution copy of the script. This is not an electronic script, simply a copy of the fax that was originally sent.



While we are here, clicking on the patient's name brings up their contact details:

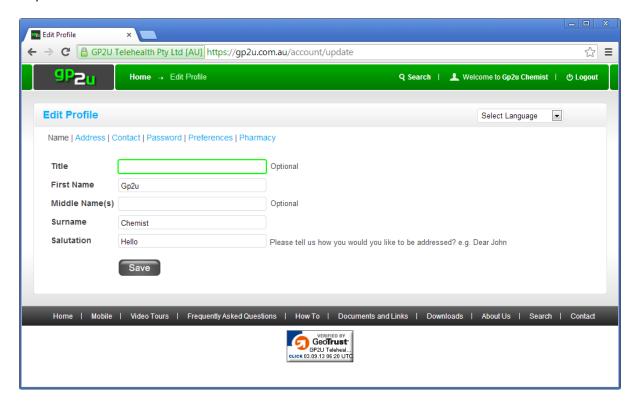


And clicking on the link "Click here when order ready" you can add a personal touch by using the option of sending the patient an automated email or SMS to let them know their script is ready for pickup.



CHANGING YOUR DETAILS

From the home page of your account simply click on the link that says "Edit my profile". Here you can change all your details.



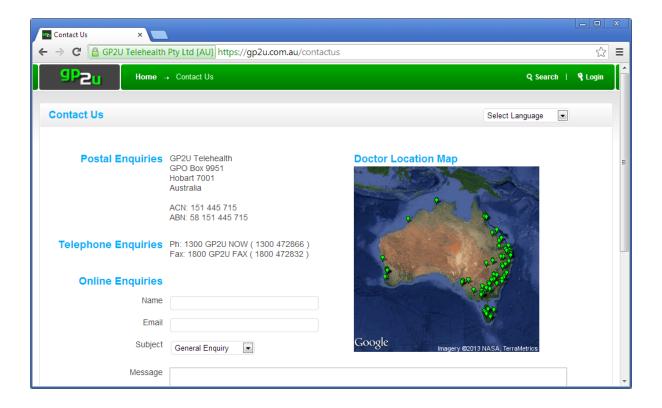
SENDING A TEST FAX

To send a test fax to your pharmacy, simply click the link that says "Send test FAX" on your home page. This will send a test fax to your fax number within about a minute, as well as an email to your email address. Once the fax has been sent you will also receive an automated phone call to notify you we have sent your pharmacy a fax.

MISSING PBS PAPERWORK

In the unlikely event you do not receive the original PBS paper script in the mail, please contact us and we will ensure you are provided with a duplicate. You will find all our contact details here.

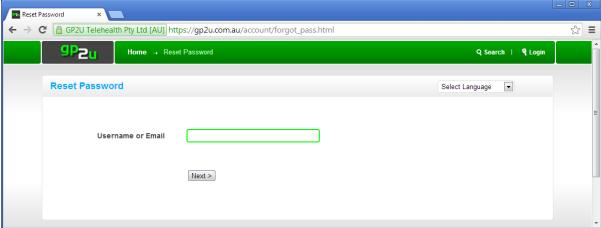
https://gp2u.com.au/contactus

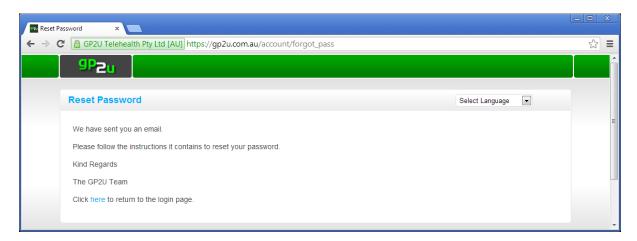


FORGOTTEN YOUR PASSWORD?

If you forget your password simply click on the "Forgotten your password?" link on your home page, just below the username/password fields. This will send an email to your registered email address that lets you reset your password. If for some reason you can't access that email and are having trouble just give us a call on 1300 472866.







WHAT NEXT?

Once you are registered you can expect to receive faxed scripts from GP2U patients with the PBS paper script in the mail within a few days.

If your community is under serviced with doctors it may be worth considering the option of offering the GP2U service from within your Pharmacy. For more details see the next section.

Please note, the fee structure for GP patient billing is determined by the individual doctor. Medicare does not provide patients with any rebate for this so it is not possible to bulk bill the service. As a result the patient does have an out of pocket cost for their online GP consultation. This is paid prior to the consultation.

Specialist consultations through GP2U are bulk billed under Medicare.

SETTING UP GP2U IN YOUR PHARMACY

PRIVACY

First, make sure you have a suitable area to conduct a consultation. There are no fixed requirements, however you should be able to answer the question "Would I be happy talking to a doctor/pharmacist in this location?" with a "Yes". The sorts of consultations that can reasonably be offered depend upon the level of privacy available, with the gold standard being a small room with a door that can be closed.

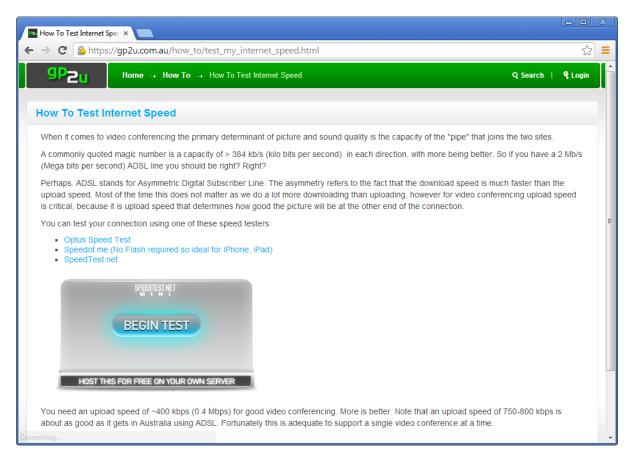
In the event a private room is not available, privacy can be significantly enhanced with the use of a headset and positioning the computer screen/patient in a way that puts them out of view.

INTERNET

It will not be possible to offer video consultations within your practice unless you have adequate Internet connectivity, so before going any further please go to:

https://gp2u.com.au/how to/test my internet speed.html

Click on the "Begin Test" button:

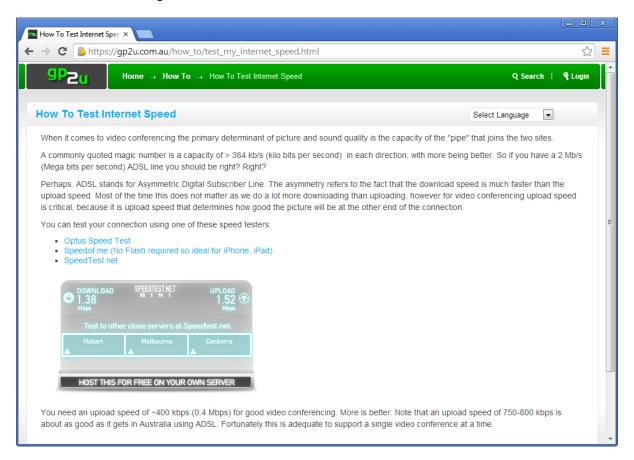


When it comes to video conferencing the primary determinant of picture and sound quality is the capacity of the "pipe" that joins the two sites. A commonly quoted magic number is a capacity of > 384 kb/s (kilo bits per second) in each direction, with more being better. So, if you have a 2 Mb/s (Mega bits per second) ADSL line you should be right? Right? Perhaps.

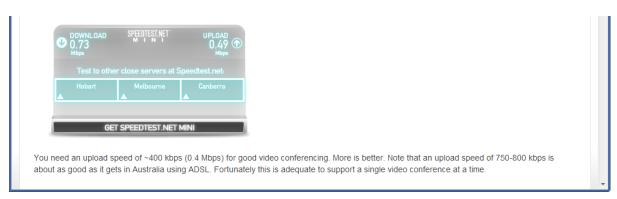
ADSL stands for Asymmetric Digital Subscriber Line. The asymmetry refers to the fact that the download speed is much faster than the upload speed. Most of the time this does not matter as we do a lot more downloading than uploading, however for video conferencing upload speed is critical, because it is upload speed that determines how good the picture will be at the other end of the connection.

You need an upload speed of \sim 400 kbps (0.4 Mbps) for good video conferencing. More is better. Note that an upload speed of 750-800 kbps is about as good as it gets in Australia using ADSL. Fortunately this is adequate to support a single video conference at a time.

You want to see something like this:



You don't want to see something this slow; this is right on the borderline.....



COMPUTER

Virtually any modern computer available at Harvey Norman, Dick Smith, JB HiFi, etc will be adequate. We need the following components.

- A modern computer around the \$800-1000 price point.
- Laptops work well.
- Net books do not work well.

CAMERA

- If you are using a desktop computer and need to add a camera we have found the top of the range Logitech Webcams (~\$120) work best. These have Carl Zeiss autofocus lenses.
- Cheaper laptops have poor quality cameras.

MICROPHONE

- Microphones are typically integrated with Webcams. The main reason to buy a top end Webcam is to get a good microphone.
- Cheaper laptops have poor quality microphones.

SPEAKERS

• Virtually any set of external speakers will do.

Cheaper laptops have poor quality speakers.

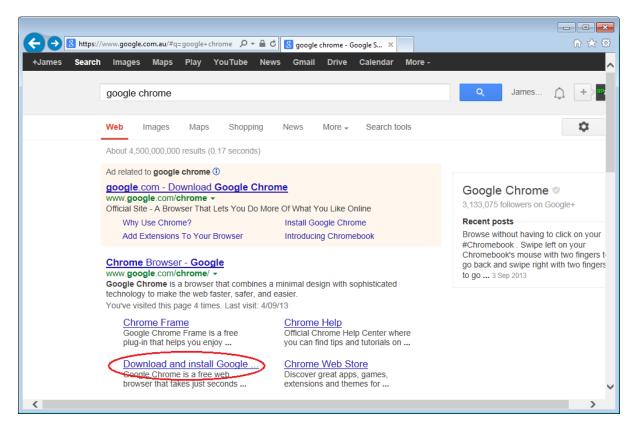
We will be happy to work with you to help get this setup.

DOWNLOAD AND INSTALL GOOGLE CHROME

Once you have established you have adequate Internet connectivity, and sourced a suitable computer, we need to make it easy to video conference. Google Chrome is Google's free web browser. As well as being faster and more reliable than Internet Explorer, it comes complete with inbuilt WebRTC based video conferencing.

While we support all of Skype, H323, and SIP based video conferencing WebRTC is a very convenient option for patients as all they need to do is go to our site, login and go to the virtual waiting room and everything is automatically setup for them.

Chrome is easy to find:



Just follow the prompts and Chrome will be installed in no time.

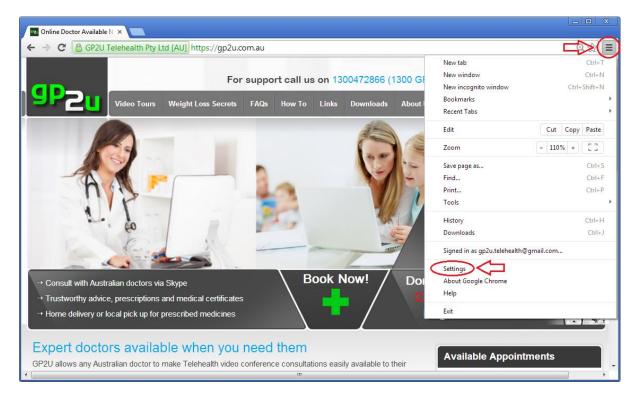
SET GP2U AS THE HOME PAGE IN GC

To make things as robust and reliable as possible it works well to set up GP2U as the home page in Google Chrome. That way all you have to do is open Chrome and things will be ready.

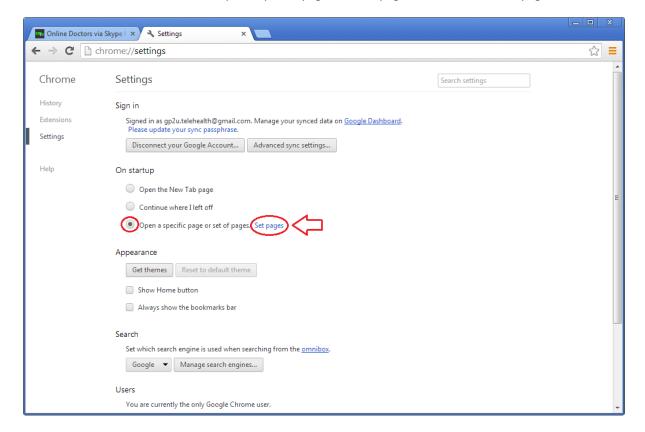
First browse to https://gp2u.com.au. Just type in gp2u.com into Chrome and our site will appear.

Now let's set this as the home page.

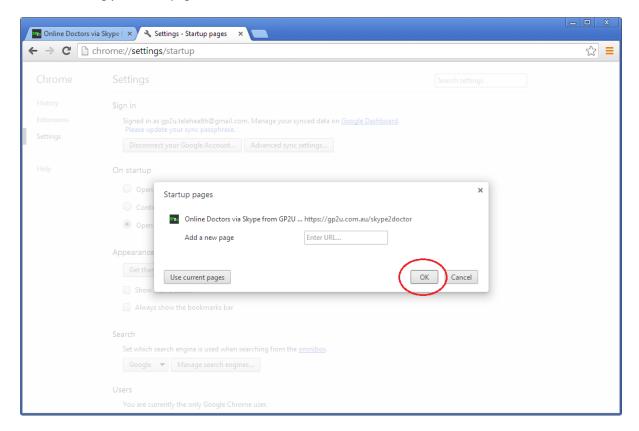
- First, click on the 3 horizontal lines near the top right.
- This brings up a menu. In this menu click on the settings link as shown below



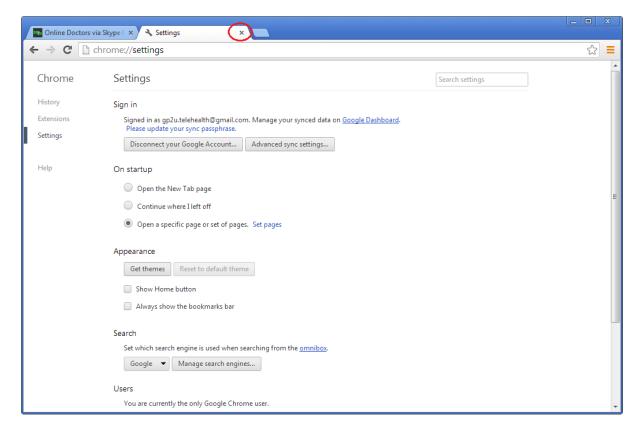
Now click the radio button next to "Open a specific page or set of pages" then click the "Set pages" link



Which will bring you to this page:



Click OK and then close the settings tab by clicking on the "X" as shown:



Now you can close Chrome down. When you open it again it will automagically open on the GP2U page.

TEST VIDEO CONFERENCE

Once you have things set up please give us a quick call and go to this page https://gp2u.com.au/webrtc

There is a once off requirement to allow GP2U to use your camera and microphone. Please click the "Allow" button as shown below:



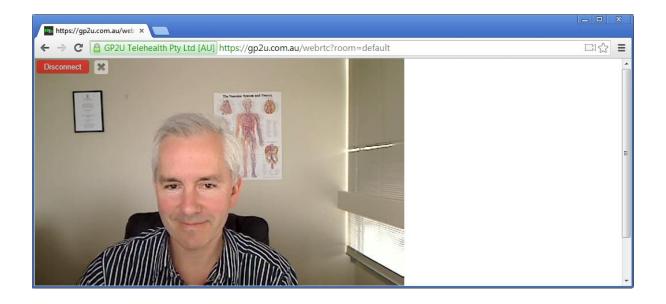
Please note that patients will also have to click this "Allow" button the first time they use the system.

Once you have clicked "Allow" you will see a picture of you in the top left corner:



You can hide your picture using the "X" button next to "Disconnect" if you don't want to see what you look like.

Now simply give us a call on 1300 472866 and we will connect to the other end so you can see things in action.



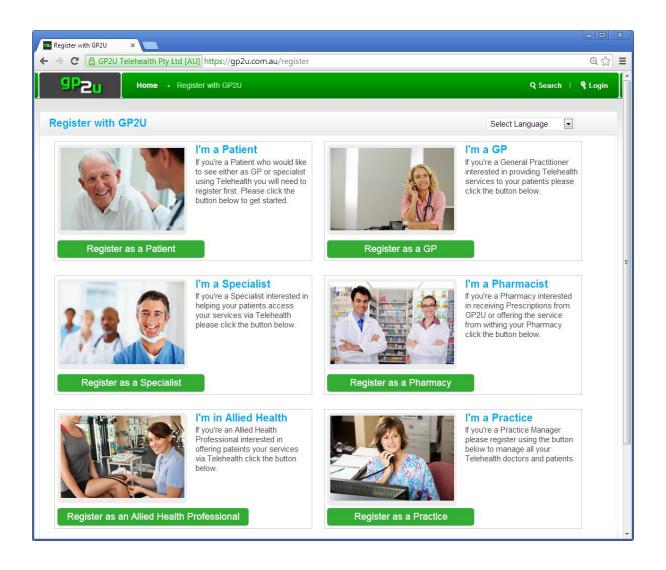
HOW A PATIENT BOOKS AN APPOINTMENT

Once the basic infrastructure is in place it's quite straightforward for patients to use this to book appointments. Prior to booking an appointment we need patients to register so we can gather in the details like name, address and Medicare card number – all of which need to appear on any prescriptions.

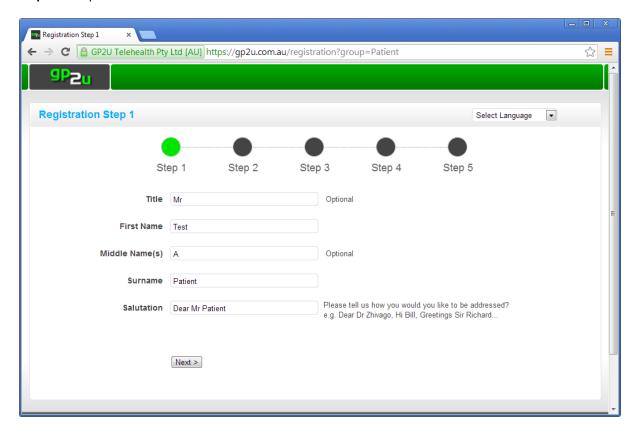
The registration process for patients is virtually identical to that for pharmacies. It consists of 5 steps, takes about a minute, and is free.

Patients get to the registration from our home page:

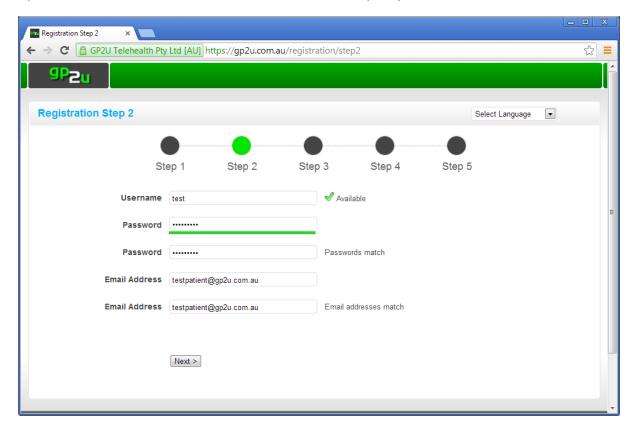




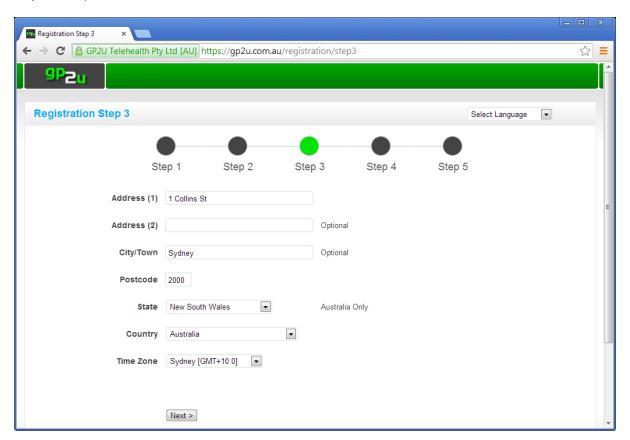
Step 1 is the patient's name:



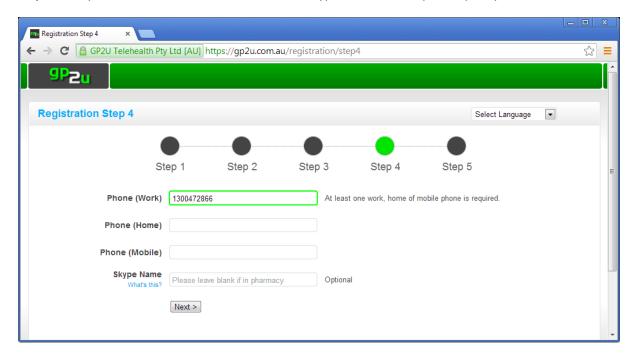
Step 2 gets patients to invent a username and password. This lets them login to their account. We don't have silly rules that passwords must contain one uppercase letter, one lower case letter, one number and one non alphanumeric character but do insist on a minimum level of complexity.



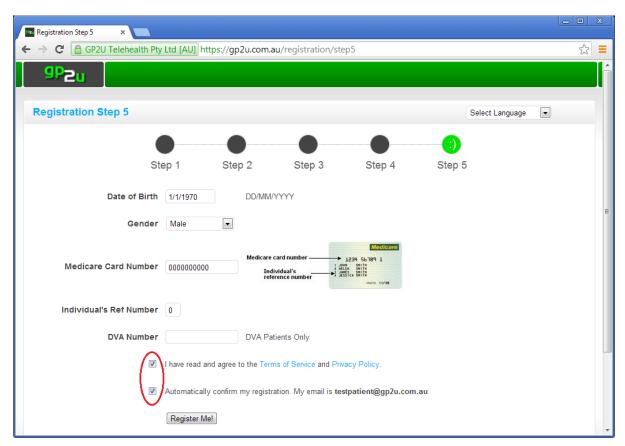
Step 3 is the patient address details:



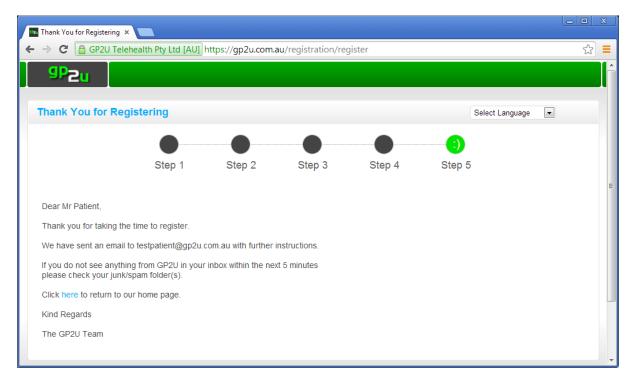
Step 4 is the patient contact details. Please leave the Skype name blank as per the prompt.



Step 5 is the Medicare details. Ticking the terms and conditions box is mandatory. Ticking the automatically confirm registration checkbox means the patient will not have to log into their email to click on the usual "Click here to confirm we have your correct email address" link.



And here is the confirmation page:

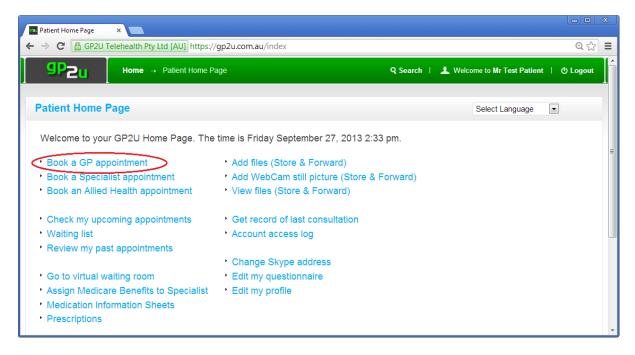


Now that the patient is registered they can login and book an appointment.

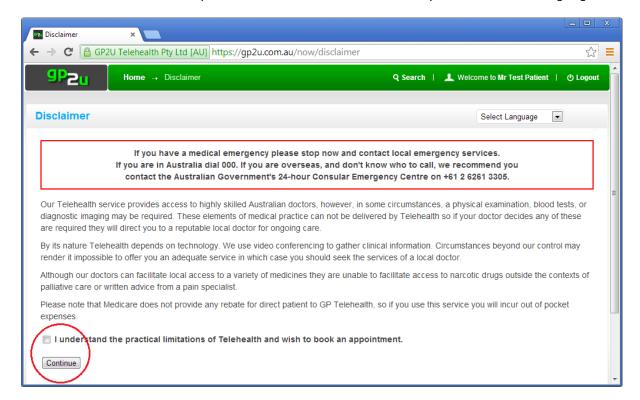
Patients login from the home page:



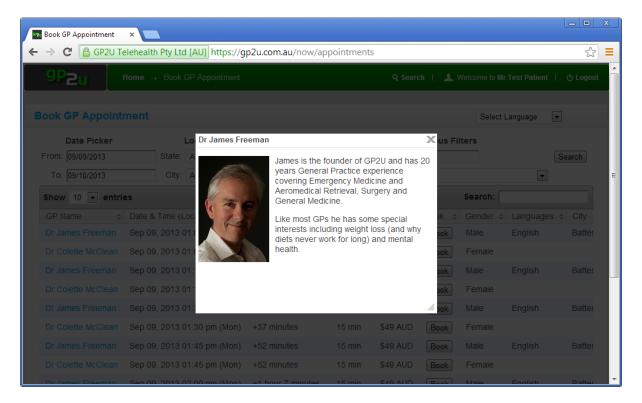
This gets them to the patient home page where we find the "Book a GP appointment" link.



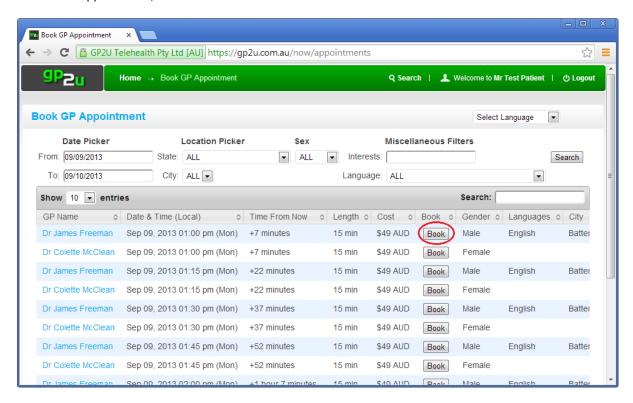
First, the patient sees a disclaimer page advising where to go in the case of emergency and what the practical limitations of Telehealth are. They need to tick the checkbox to confirm they have read this before going on:



Now we see a list of available appointments. Patients can find out about the available doctors by clicking on their name:

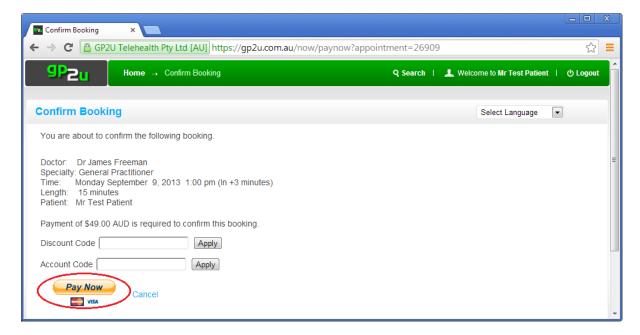


To book an appointment, click the Book button:



Appointments need to be paid for in advance. Here is the beginning of the payment process.

We use PayPal as our payment gateway as the provider with the ability to pay via PayPal, Mastercard or Visa.



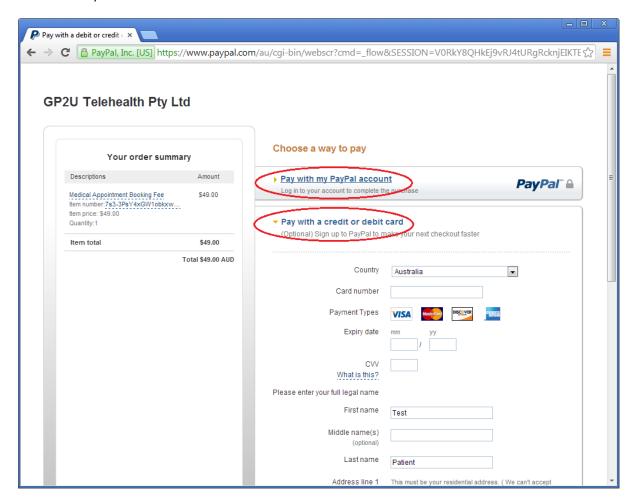
The PayPal page has two options:

- Pay with my PayPal account
- · Pay with a credit or debit card

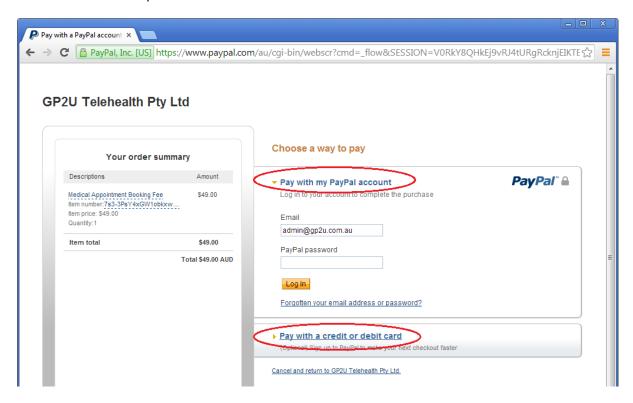
Patients need to select the option that suits them.

We pre-populate the credit card form with all the details except the credit card number, expiry and CVC. Note that we don't store these details on our servers so only PayPal ever sees them.

Here is the PayPal credit card view:

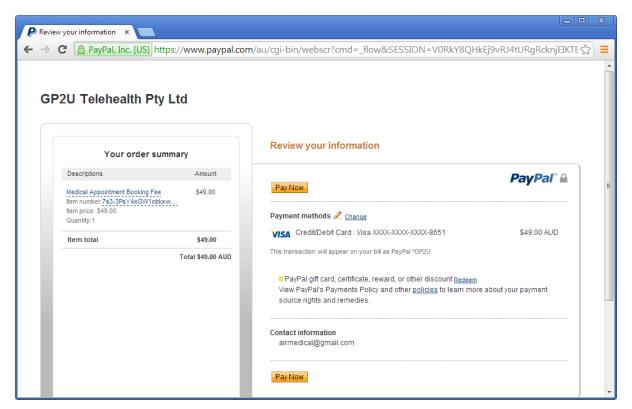


And here is what the PayPal view looks like:

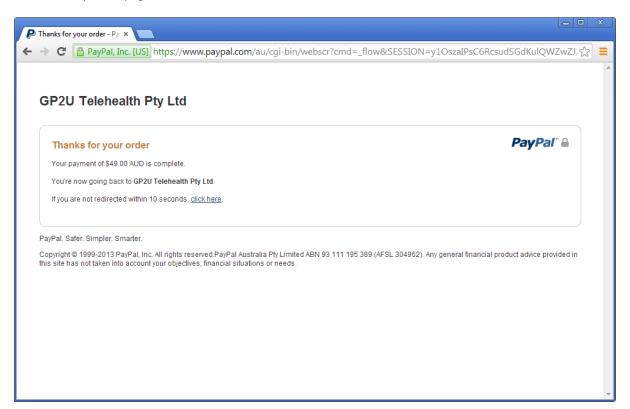


Note that in either case you have a link to change to the other view.

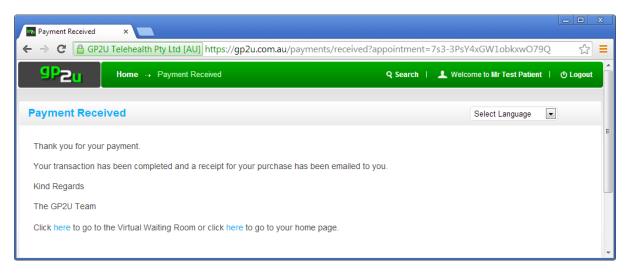
Here is the Pay Now page:



And the completion page:



This redirects to the GP2U site where the patient has the option of going straight to the virtual waiting room:

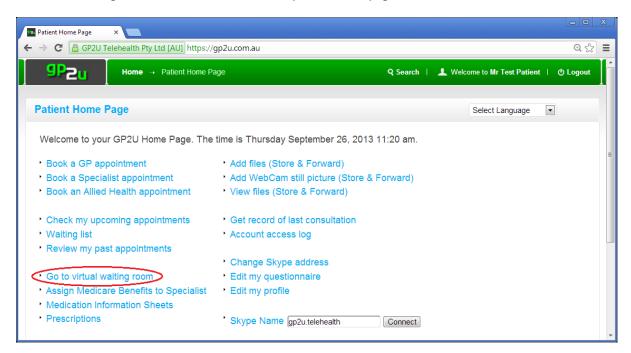


The waiting room looks like this:



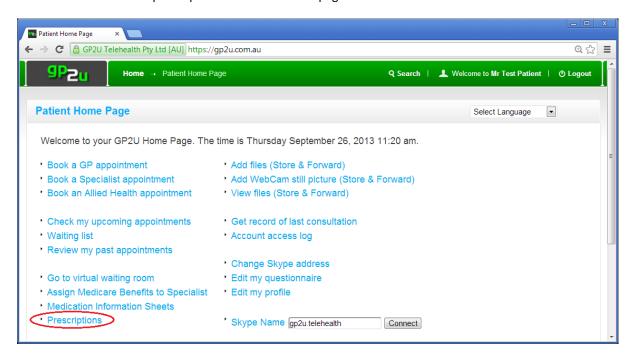
The doctor appears on the screen where the "Waiting to connect..." text is.

The virtual waiting room can be accessed from the patient home page:

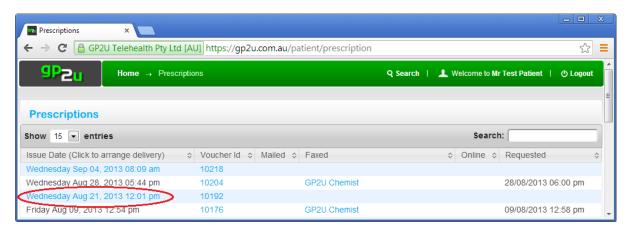


PATIENT PRESCRIPTIONS

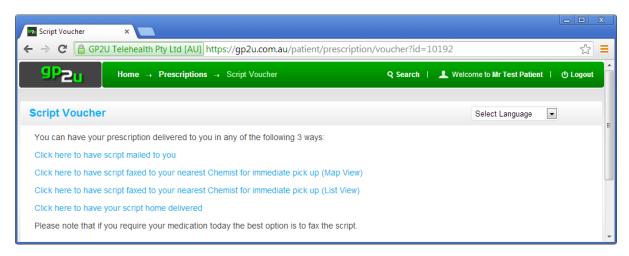
Patients can access their prescriptions from their home page:



Clicking on the link under "Issue Date".....



Provides the patient with a series of options about how they wish their script to be filled:



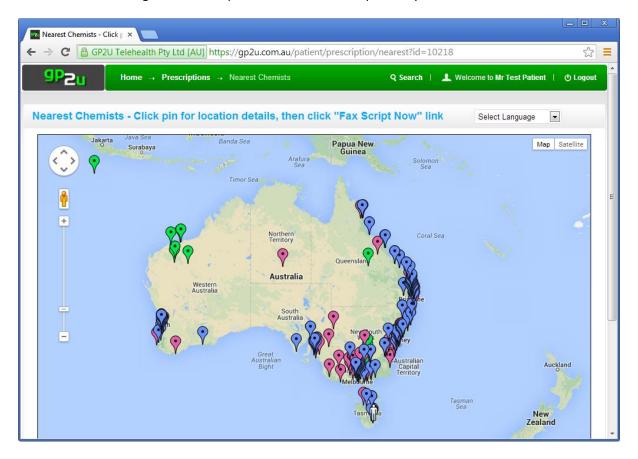
There are 4 options. Patients select the one that best suits their needs.

The "Click here to have script mailed to you" option sends the paper script to the patient's registered address. This takes 2-3 working days depending on Australia Post.

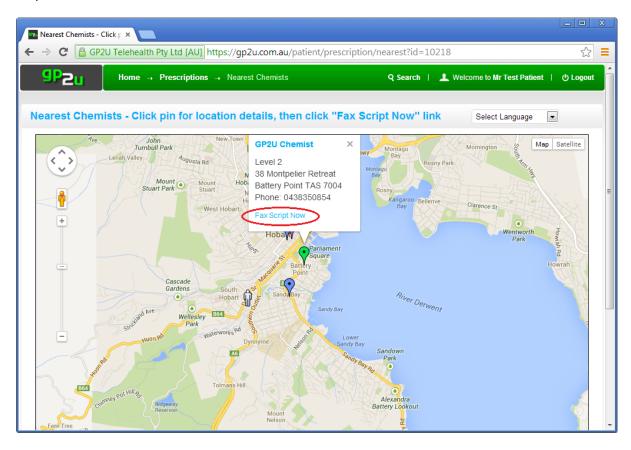
The "Click here to have script faxed to your nearest Chemist for immediate pick up" option faxes the prescription to the patient's choice of pharmacy. Please note that when patients choose to fax a script the PBS paper script is always, and reliably, sent to their selected pharmacy.

There are two versions of this link. Map view and list view.

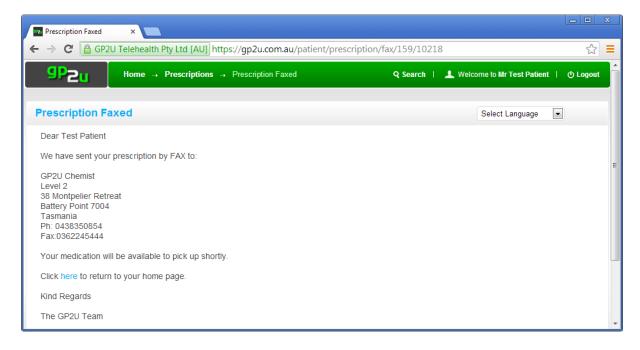
When a patient clicks the map view, the next thing they see is a Google Map. In the centre of the screen is a "You are here" person icon located at the patient's address. Patients can zoom in or out and scroll to different areas if needed. Clicking on one of the pins selects a convenient pharmacy. Here is a zoomed out view:



The map starts off zoomed in around the patients registered address, but you can zoom and scroll to find any pharmacy in Australia. Once the patient finds a pharmacy, they click on the pin and then click on the "Fax Script Now" link:

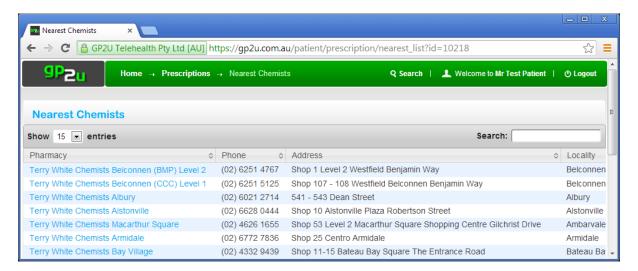


Which faxes the script through within about a minute.

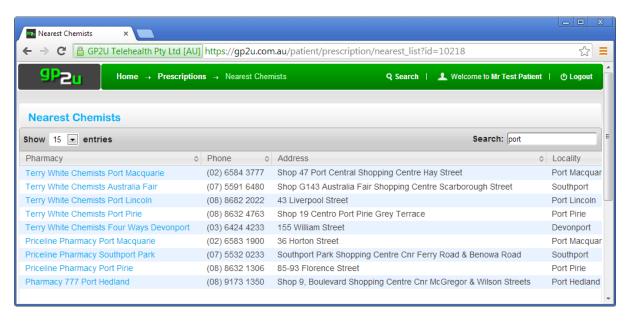


The list view presents a table where patients can use the search box to find a pharmacy.

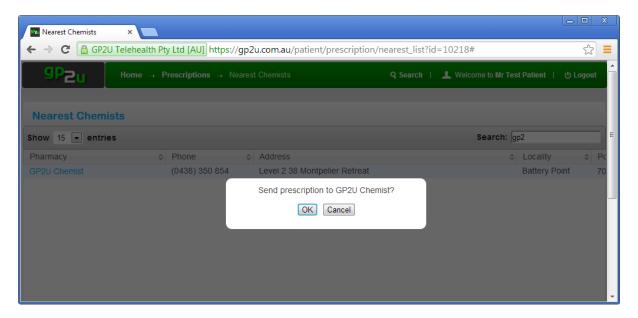
This is useful if the patient is registered in say Queensland but is over working in the mines in WA, as it saves scrolling the map.



Type part of the pharmacy name into the search to filter the results



Then click on the pharmacy name to send the fax:



When patients choose to fax a script, the paper script is automatically sent to their selected pharmacy.

As you can see by the visuals above, GP2U have endeavoured to make the registration/videoconferencing facilitation process throughout all stages as "user friendly" as possible for all parties utilising this medium; the long-term objective being the enhancement of medical support for the community at large.