

**Nu Brilliance™ Handheld Item#:30338SP2**  
Licensed By Derma Dream Ltd. Manufactured by Wellquest International Inc.  
NY, NY 10001 ©Copyright 2015 All rights reserved. Printed in China.

CUSTOMER SERVICE: 1-800-423-4248



Diamond Microdermabrasion & Pore Cleansing



**NU BRILLIANCE™**  
rejuvenate • restore • renew

**HANDHELD**

User Manual

Indications for Use ..... 2

Battery Placement ..... 7

User Instructions ..... 8

Targeted Rejuvenation Techniques ..... 9

Other Treatment Techniques ..... 11

Post-Treatment ..... 12

FAQ ..... 13

**Nu Brilliance - your trusted beauty regimen partner**

Brings professional results to your home:

Exfoliation - removes dead and flaking skin cells

Effectively treats sensitive and difficult to reach areas

3 Diamond Tip™ options for different skin areas, treatment & comfort levels.

**Results:**

-Reduction in the appearance of fine lines and wrinkles

-Improvement in texture, skin tone & elasticity

-Reductions in the appearance of skin discoloration, dark spots and scarring

-Reduction in the appearance of pigment irregularity

-Reduction in lines around the eye

-Smoother looking skin

**a. Nu Brilliance Diamond Microdermabrasion and Pore Cleansing Kit**

- Handheld unit

-1 **Normal Diamond Tip™** treatment head for different treatments, body areas and comfort levels

-1 **Fine Diamond Tip™** treatment head for face and more sensitive areas

-1 **Precision Diamond Tip™** treatment head for small, hard to reach areas

-52 filters for hygienic use and optimal results

-4 AAA batteries

-User manual and 1 mini DVD

### b. Precautions

For proper use of this kit, please read the entire instruction manual. Be sure to save this booklet for future reference.

#### **To reduce the risk of electrocution or product damage:**

- Do not store your **Nu Brilliance** in an area of high temperature or humidity as it may damage the device.
- Do not touch the handheld unit with wet hands.
- Do not use **Nu Brilliance** near or in water.
- If the unit falls or is dropped, do not use it again until it has been checked and/or serviced by a technician.
- Do not submerge the unit in water or any other liquid.
- Clean with a damp cloth. Do not use soap or alcohol.

#### **To reduce the risk of injury and infection:**

If the condition of your skin worsens after one or several treatments using **Nu Brilliance**, give your skin a rest for a few days. Always start with the Fine Diamond Tip™ first. Then you can change the tip if needed, depending on your comfort level and skin sensitivity. If you are concerned about any change in your skin condition, consult your dermatologist. Do not overuse your **Nu Brilliance**. Using the device too much may cause burns or harm your skin. Always replace the filter after every 2 sessions.

### **Pre-existing skin or medical conditions:**

Do not use without first consulting a physician, if you have any of the following pre-existing skin or medical conditions:

- |                             |  |
|-----------------------------|--|
| -Undiagnosed lesions        | -Disorders of the auto-immune system             |
| -Recent herpes outbreak     | -Pregnancy                                       |
| -Warts                      | -Skin cancer                                     |
| -Sunburn                    | -Vascular lesions                                |
| -Active Rosacea             | -Taking oral blood thinners<br>(anti-coagulants) |
| -Unstable diabetes mellitus |  |

### **CAUTION:**

**- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.**

**- Children should be supervised to ensure that they do not play with the appliance.**

### **WARNING:**

**Do not use this appliance near bathtubs, showers, basins or other vessels containing water.**

## Indications for Use

### Diamond Tip™ Chart

Fine Diamond Tip 	Normal Diamond Tip 	Precision Diamond Tip 
Softer treatment for sensitive areas including face and neck	Treatment for less sensitive areas including hands, arms, legs and décolletage	Treatment for small, hard to reach areas such as around the nose area

### Pre-treatment

Before beginning your **Nu Brilliance** microdermabrasion treatment, be sure to remove all make-up and cleanse the treatment area thoroughly with soap and warm water. Make sure to dry the area after cleansing. Your skin should be clean and dry before using this device.

## Indications for Use

### Kit assembly

The Fine Diamond Tip™, Normal Diamond Tip™ and Precision Diamond Tip™ are packaged separately and included with the unit. Select the appropriate Diamond Tip™ (refer to Tip Chart on p.5). Place the filter inside the treatment head and gently place and snap in the appropriate tip onto the unit, as shown in below diagram.

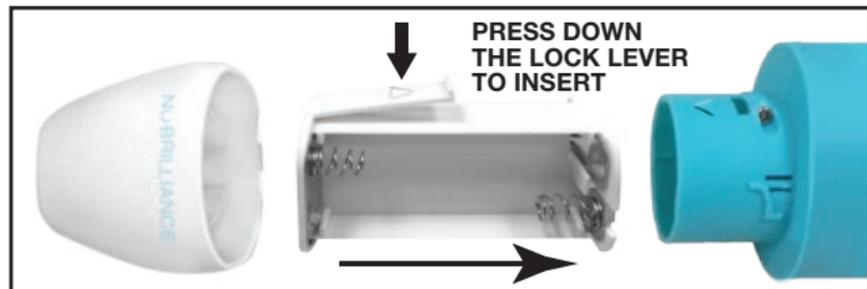
**Before use, always make sure that the black band is present (refer to diagram below). The unit will not operate properly if the band is missing. If the band is missing, please call our customer service at 1-800-423-4248 to request it.**

Replace tip every 10-20 treatments. Replace filter after every 2 sessions.



### Battery Placement:

1. Open the Battery Compartment Cover by turning the bottom of the unit clockwise, as shown on right.
2. Remove the Battery Compartment Drum. Insert 4 AAA batteries. Observe polarity.
3. Insert the Battery Compartment Drum back in the unit so both **embossed arrows** are on the same side. Push in the Lock Lever and align the arrows. The Battery Compartment Drum can be only placed one way.



4. Replace the Battery Compartment Cover. Turn it counterclockwise to lock.



### Usage:

**NOTE:** Make sure you selected the appropriate diamond tip and placed it onto the unit. Refer to Diamond Tip™ Chart and the Kit Assembly on pages 5+6.

Make sure the grooves on the tip are lined up and snap onto the unit firmly.

1. Unit has 2 speeds: low and high. Turn the unit on by pressing the ON/OFF Button once, the default setting is low. Press ON/OFF Button again for high setting. To turn the unit off, press ON/OFF Button again.
2. Place the unit over the area to be treated. You must have **full** contact with the flat part of the tip (edge) on your skin **AT ALL TIMES** in order to get the suction effect, otherwise, you will not receive the full benefit of Nu Brilliance microdermabrasion.
3. Do not press the diamond tip firmly against the face. Use smooth even strokes.

**For the first week start with 1 or 2 strokes per area using the Low Setting and Fine Diamond Tip. After the first week, you can increase to 3 strokes, but do not exceed 3 strokes. When your skin gets accustomed to Low Setting, you may increase to High Setting.**

Depending on your comfort level, you may use short or long strokes. When using, stretch the face with free hand and let the unit and the suction do the work.

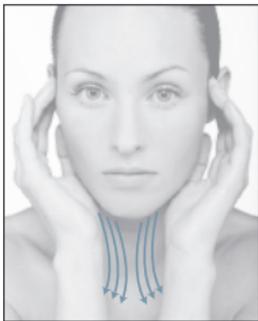
4. On uneven areas like nose or hands, make sure to turn/rotate the unit so the tip becomes in **FULL** contact with your skin.
5. Treatment may be repeated two times a week, or as needed, depending on your skin's sensitivity. If diamond tip gets clogged, you can clean it with a toothbrush.

## Targeted Rejuvenation Techniques

**NOTE:** You may experience some redness and/or skin sensitivity after treatments. This is normal. It should fade shortly after treatment. If you continue to have discomfort and redness of the skin, lower the suction setting and frequency of use until you are comfortable. If you are still experiencing redness or discomfort, give your skin a rest for a few days.

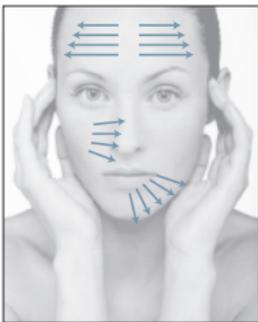
### Neck Area:

**NOTE:** For the first week start with 1 or 2 strokes per area using the Low Setting and Fine Diamond Tip. After the first week, you can increase to 3 strokes, but do not exceed 3 strokes. When your skin gets accustomed to Low Setting, you may increase to High Setting. Then you can change the tip if needed, depending on your comfort level and skin sensitivity. Using smooth downward strokes, work the neck area, as illustrated.



### Forehead, Cheeks and Chin:

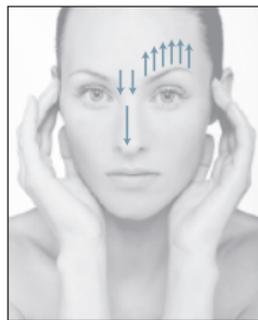
**NOTE:** For the first week start with 1 or 2 strokes per area using the Low Setting and Fine Diamond Tip. After the first week, you can increase to 3 strokes, but do not exceed 3 strokes. When your skin gets accustomed to Low Setting, you may increase to High Setting. Then you can change the tip if needed, depending on your comfort level and skin sensitivity. Firmly stroke from the center outwards towards the hairline. Continue down around the face border as illustrated.



## Targeted Rejuvenation Techniques

### Eye Area and Nose:

**NOTE:** For the first week start with 1 or 2 strokes per area using the Low Setting and Fine Diamond Tip. After the first week, you can increase to 3 strokes, but do not exceed 3 strokes. When your skin gets accustomed to Low Setting, you may increase to High Setting. Then you can change the tip if needed, depending on your comfort level and skin sensitivity. In the area of the eyebrows, use short, upward strokes, carefully avoiding the sensitive eyelids. Continue to the nose area. Use straight, downward strokes following the curve of the nose and the line of the cheek bone towards the nose. Use the Precision Diamond Tip™ for hard to reach areas of the nose.



### Hands, Arms, Legs and Décolletage:

You may use the Normal Diamond Tip™ if treating hands, arms and legs. Use the Fine Diamond Tip™ for décolletage.

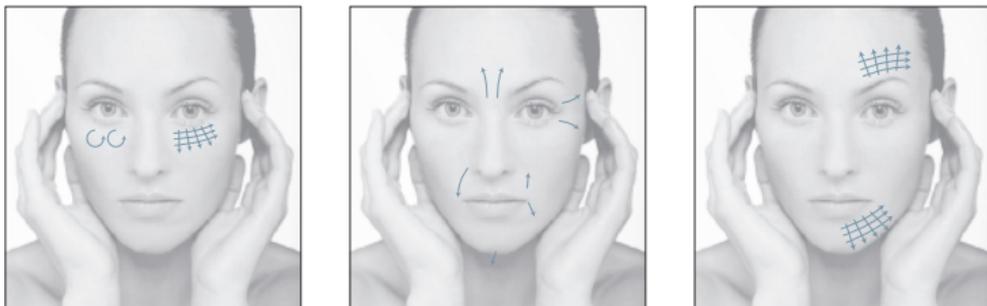
**NOTE:** For the first week start with 1 or 2 strokes per area using the Low Setting and Fine Diamond Tip. After the first week, you can increase to 3 strokes, but do not exceed 3 strokes. When your skin gets accustomed to Low Setting, you may increase to High Setting. You can change the tip if needed, depending on your comfort level and skin sensitivity. For hands, arms and legs, use straight, downward strokes. When using on décolletage, **do not use on nipple area.**



### Other Treatment Techniques

You may also use short circular or cross-hatched motions around the eyes, mouth, chin and forehead, as shown in the diagrams below. Circular and cross-hatched (up/down and side to side) motions are more intense treatments than the simple upward/downward strokes. **NOTE: For the first week start with 1 or 2 strokes per area using the Low Setting and Fine Diamond Tip. After the first week, you can increase to 3 strokes, but do not exceed 3 strokes. When your skin gets accustomed to Low Setting, you may increase to High Setting.**

We recommend you start with the upward/downward strokes, as mentioned in the **Targeted Rejuvenation Techniques** on the previous page. If your skin reacts well to that technique, you can then move on to using the short circular and cross-hatched motions, as shown in below diagrams.



### Storage Instructions

Store your diamond heads and filters away from dust. Keep the cover on to protect the diamond heads and filters from dust particles. Store your **Nu Brilliance** unit in a cool, dry location. Keep away from heat, humidity, direct sunlight and harmful chemicals.

### Post-Treatment Tips and Recommendations

During the first two days following treatment, the following precautions are recommended:

- Avoid direct sun exposure and excessive heat - overheating may damage the skin
- Use sunscreen
- Do not use any other methods of mechanical exfoliation
- Do not undergo electrolysis, collagen injections or facial waxing, and do not use depilatories

### Expected treatment results

**Immediately after the treatment, your skin may turn pink or red. This is normal.** The color will fade within minutes and your skin will become smooth and soft. Treatment results may vary from individual to individual. You may see a definite reduction in fine lines, wrinkles and improvement in overall skin tone, or subtle improvements in skin texture and glow.

**What is diamond peel exfoliation?**

Nu Brilliance features a dual action system that was exclusively available at doctor's offices and clinics...until now. Other microdermabrasion systems use harsh and often harmful crystal abrasives that can get embedded in the skin, inhaled or ingested. Nu Brilliance uses gentle crystal free technology. It's Diamond Tip™ safely exfoliates dead and flaking cells on the skin surface, revealing fresh, clearer skin beneath. Vacuum Stimulation promotes collagen production to reduce the appearance of fine lines and wrinkles.

**What are the most common benefits of using Nu Brilliance?**

Nu Brilliance is a safe, pleasurable and convenient way to reduce the appearance of lines and wrinkles, improve texture, skin tone & elasticity, reduce the appearance of skin discoloration, dark spots and scarring - all in the privacy of your own home. Regular continuous use of Nu Brilliance in your home reduces the need to visit a salon for expensive skin rejuvenation treatments and is safe to use on all skin types and skin tones.

**Can I use Nu Brilliance to treat my whole body or just my face?**

Your Nu Brilliance Microdermabrasion and Pore Cleansing Kit is not just limited to the treatment of your face. There are many areas of the body that can benefit from diamond peel exfoliation, the most common areas include the face, neck, décolletage, hands, arms and legs.

**How soon will I see some improvement?**

Clinical results have reported very positive results in as little as 6 weeks. Skin responsiveness varies between individuals but many people will see visible results after the very first treatment,

and continued improvement over time.

**How often should I use Nu Brilliance for optimal results?**

This depends on your skin condition, the general guideline is twice a week for ongoing maintenance and as often as desired for special occasions.

**How do I get the most comfortable feeling when using Nu Brilliance?**

Do not press the diamond tip firmly against the face. Use smooth even strokes. When using, stretch the face and let the tip and the suction do the work.

**What if I'm not getting any suction?**

Make sure the grooves on the tip are lined up and snap onto the unit firmly. Check to see if the batteries need to be replaced. The unit takes 4 AAA batteries.

**I am a beginner, what do you suggest I do the first time I use Nu Brilliance?**

For first time use, use Low Setting and the Fine Diamond Tip™ until your skin gets accustomed to the treatment.

**Is it normal if I see redness after use?**

Yes, you may experience some redness and/or skin sensitivity after treatments. This is normal. It should fade shortly after treatment. If you continue to have discomfort and redness of the skin, reduce the frequency of use until you are comfortable. If you are still experiencing redness or discomfort, give your skin a rest for a few days.

**How do I get more Diamond tips and filters?**

Call our order line number toll-free at 1-866-783-8248 to order.