

Since 1988

# TOOLS FOR WELLNESS®

Live Smarter®

*FANTASTIC!  
Acupressure, Biofeedback,  
MEMORY help...  
even EMF Protection and  
CHAKRA jewelry!*

*Great selection of  
LIGHT AND SOUND  
MACHINES! Q-Link,  
Hemi-Sync and  
Qigong, too!*

**YOUR GUIDE TO  
ALTERNATIVE HEALTHCARE  
73 New Products Added**

# BIOFEEDBACK

## emWAVE PERSONAL STRESS RELIEVER

From The HeartMath Institute

A new, handheld, portable and convenient way to reduce stress, balance emotions and increase performance anytime, anywhere. It is especially useful when preparing for highly stressful



meetings, for improving sleep, to improve athletic performance, to overcome the effects of stress associated with health issues or to recover quickly from stressful situations.

Stress, the number one malady of our time, creates incoherence in our heart rhythms. However, when we are in high heart rhythm coherence, the nervous system, heart, hormonal and immune systems are working efficiently and we feel good emotionally. emWave Personal Stress Reliever helps you reduce your emotional stress by displaying your level of heart rhythm coherence in real time. Then, it guides you toward stress relief by training you to shift into a coherent, high performance state.

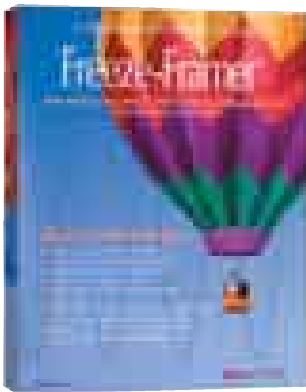
Developed by Doc Childre and a team of top scientists and engineers, using the Institute Of Heart Math's 15 years of innovative research on the relationship between the heart, stress and emotions. It is a precision device providing lifetime enhancement technology.

Weights only 2 oz. Comes with: hands-free ear sensor, carry case, battery charger, 55 page owner's manual and quick start guide, finger sensor and one year warranty.

#62170 emWave Stress Reliever \$199.00



## RE-ENERGIZE YOUR EMOTIONAL SYSTEM Increase Your Motivation, Energetic Drive and Focus



Your heartbeat is your body's most meaningful rhythm. The accurate Freeze-Framer system effectively monitors heart rhythm. Subtle changes in heart rhythm have been connected to shifts in emotional and mental well-being.

Using the Freeze-Framer system in a short midday break is very effective in offsetting the afternoon drag and re-energizing the emotional system.

When you're stressed, the beat to beat changes are chaotic and can be observed on the Freeze-Framer heart rhythm monitor as a jagged, incoherent wave form.

But, it doesn't have to be that way. **Why not practice intentionally shifting your heart's rhythm into a**

**coherent pattern?** Even when you're not feeling stressed, it can't hurt. It's easy with these three steps: Heart focus, Heart breathing, Heart feeling. Make what's natural more normal in your life.

Most people find that using the Freeze-Framer in a quiet place for five minutes or more, a couple of times a day helps to accumulate energy, recharges their emotional system, and cushions the impact of day-to-day stress and anxiety.

### The Freeze-Framer Features:

- Fingertip pulse sensor
- Real-Time pulse and HRV monitoring
- Entrainment scoring and feedback
- Frequency spectrum summaries
- Three easy, fun and self-reinforcing games
- On-Demand Session Review
- Session to session progress review
- In-depth on-line reference menus

Contains: Installation CD-ROM, Quick Start Guide, Music CD by Doc Childre, USB sensor pod, USB Fingertip Pulse Sensor and Multimedia Tutorial.

#42551 Freeze-Framer Version 2.0 \$295.00

## See the Stress Melt Away



The Stress Thermometer displays accurate digital

temperature readings. By testing different methods of relaxing, breathing, laughing, or just letting go of held muscle tension you will see the temperature rise. With practice, you can learn to relax at will. Easy to read digital display with tilting desktop stand

Includes: "Time To Relax" CD, and training guide.

#46070 Stress Thermometer™ Kit \$29.95  
Buy 5 and SAVE! Only \$24.95 each.

## Relax And Get Rid Of Stress

Learn to deeply relax and let go of chronic muscle tension that may cause headaches, insomnia, jaw tension, stiff upper



shoulders and fatigue. Three sensors read the muscle activity of your forehead (which shows your overall level of muscular tension) and feed it back as an audio tone. Simply close your eyes and learn to release the stress that often causes headaches and mental tension. Battery-operated. 1 year warranty.

#46072 Antense® \$159.95

## Increase Energy And Alertness With "Prescription-Strength" Classical Compositions

Inspired composers like Bach, Beethoven and Chopin instinctively understood the revitalizing effect that music can have on our emotions and physical body. Dr. Andrew Weil and Joshua Leeds present 18 invigorating selections that naturally stimulate body, mind and spirit. This 60 minute CD is fun, endorphin-boosting, harmonic-rich cerebral fuel for all ages. #62171 Increase Vitality CD \$17.98



## healing Rhythms

### BIOFEEDBACK TRAINING FOR A HAPPY MIND & HEALTHY BODY

An interactive program to restore your body's natural rhythms

- Learn proven techniques to relieve stress
- Experience deep states of relaxation
- Enjoy a renewed sense of well-being

*Authored by*  
 Deepak Chopra, M.D.  
 Dean Ornish, M.D.  
 Andrew Weil, M.D.  
 & other leading medical experts

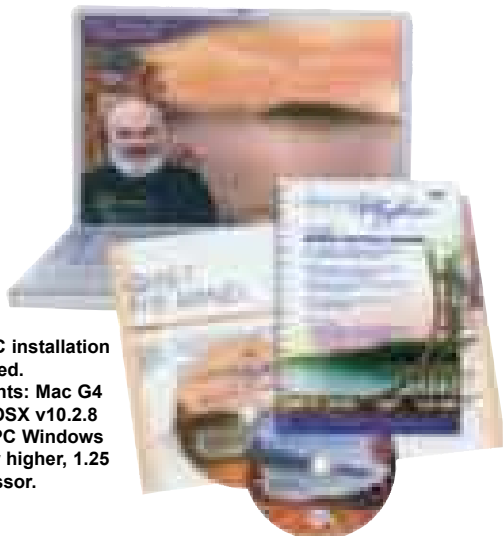


### Achieve A Deeper Sense Of Well-Being, Relieve Stress, And Live A More Balanced Life

Healing Rhythms is an entirely unique and interactive program that uses biofeedback to help you achieve a deeper sense of well-being, to relieve stress, and to live a stronger, more balanced life, using interactive imagery with EXPERT COACHING. Instead of

the adventure-type setting, users have direct access to:

- Guided meditation and breathing exercises led by Wild Divine's expert coaches
- Visually interactive biofeedback activities where users can practice the techniques they learn in the program



Mac and PC installation disk included.  
 Requirements: Mac G4 or higher, OSX v10.2.8 or higher. PC Windows 2000, XP or higher, 1.25 GHz processor.

- Biofeedback monitor screen that allows the user to monitor their physiology as they improve their mind-body skills
  - Online journal feature that allows users to track their improvements over time
- By artfully combining beautiful biofeedback activities with effective meditation and breathing techniques,

HEALING RHYTHMS allows you to transform the rhythms of your mind and body as you watch them play together on your computer screen.

- Finger sensors measure your skin conductivity levels and heart rate variability
- You are able to watch your real-time feedback

- Outstanding full color training manual and user's guide
  - Track you improvement over time
  - 30 guided meditation and breathing exercises
  - Developed in conjunction with Andrew Weil, M.D., Deepak Chopra, M.D. and Dean Ornish, M.D.
- Rediscover your body's

natural healing abilities with HEALING RHYTHMS, a truly outstanding product from the makers of WILD DIVINE.  
**#99868 Healing Rhythms**  
**\$295.00**



### MEASURE YOUR OWN STRESS And Learn How To Reduce It

The GSR-2 precisely monitors your stress levels by translating tiny tension-related changes in skin pores into a rising or falling tone. By resting two fingers on the sensors, you learn to lower the pitch and your stress level.

It can also be used for entering deep states of relaxation, enabling you to access guided imagery, psychotherapy, physical rejuvenation, meditation and to



**Deluxe System**  
 manage your stress levels. It's easy to use and takes

only 15 minutes. You get everything that you will need in both the basic and deluxe kits. In addition, the Deluxe System allows you to do hand warming" biofeedback, as it also includes a temperature sensor and remote electrodes for hands and feet.  
**DELUXE SYSTEM GSR2** Biofeedback unit, earpiece, finger temperature and GSR gauge, temperature meter, thermometer, owner's manual, instructional CD and carrying case. Our customers prefer this all-inclusive kit.

- #46069 Deluxe GSR2 Biofeedback System**  
**\$139.95**
- BASIC SYSTEM GSR2** Biofeedback unit, earpiece, operator's manual and instructional CD.
- #46068 Basic GSR2 Biofeedback System**  
**\$59.95**

## THE JOURNEY TO THE WILD DIVINE

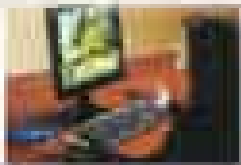
### The First “Inner Active” Computer Adventure Using Biofeedback

By integrating biofeedback as a tool to gain access to the mind-body connection, *WILD DIVINE* allows a person to “see” how their body is responding to certain stimuli. As a result, you will learn techniques to alter brain activity, blood pressure, muscle tension and other critical bodily functions.

***How It Works:*** Using the LightStone™ and finger sensors, our unique biofeedback device allows you to progress through the game’s enchanting and mythical landscapes using the power of your thoughts, feelings, breath and awareness.

***Meet Your Guides:*** Wise mentors teach you meditation and breathing exercises as they guide you gently throughout the realm helping you to cultivate a new sense of self awareness that is both peaceful and mindful.

***Biofeedback Events:*** Learn to focus through Zen Archery, build a magic stairway with your breath, juggle halls with your laughter – these are just a few of over 40 energy events you will discover on your journey.



An enchanting adventure for mind, body and spirit that links special biofeedback equipment with your computer to create an enlightening and entertaining multi-media experience. Visit a mythical world of towering palaces, sacred temples, sumptuous gardens and wise mentors where you are challenged to deepen your self-awareness with every step you take.

The benefits from doing the sessions include:

- Enhanced powers of creativity, intuition, and concentration
- Reduced stress and anxiety
- A sense of being in balance, connected, and in the “zone”
- Increased relaxation and energy
- Improved mental and physical performance
- Greater awareness of mind and body

This unique biofeedback device measures skin conductivity and heart rate, then the signals are fed back to you through energy “events” on your computer screen. By increasing, decreasing or synchronizing body rhythms, you’ll quickly learn to master the “events” and progress... all while enhancing your personal growth and well-being. You’ll be able to share the “Journey” with another player, if you wish. Family and friends will enjoy the “Journey,” too.

Works with PC and Mac. Contains: Energy Translator and 3 biofeedback finger sensors, cables, software, user’s manual, “Soul Flight” music CD, and a 115 page companion guide. What a great gift item!

**#42556 WildDivine \$159.95**

**MORE info  
OUR WEBSITE**



## BIOFEEDBACK MADE EASY

### Relax And Reduce Stress

The ThoughtStream Performance Feedback System precisely and accurately measures minute changes in the conductivity of your skin. Changes in your skin resistance directly

correspond to changes in your stress or relaxation level as reflected in changes in perspiration, muscle tension, pulse rate, respiration, body temperature, blood pressure, etc. These

changes are usually so subtle that you are not consciously aware of them. The term biofeedback has come into popular use to describe the assistance of a device to help amplify these changes as they are taking place.

**Biofeedback can tell you a great deal about the influences that affect the way you feel and react to situations.** It is a powerful way for you to acquire more control over your life. You can learn to become more relaxed, to release stress with greater ease, and to be able to exercise greater control over the influences that affect the way you feel and react to situations in stress-filled lives.

#### How it works:

ThoughtStream measures changes in the electrical conductivity of your skin. When skin moisture increases, conductivity goes down; moist skin conducts electricity better than dry skin. As you relax, your skin moisture content decreases meaning that electrical conductivity decreases as well – a highly accurate reflection of changes in your physiology. This information is translated into audio and visual signals which provides the biofeedback reading.

You'll enjoy using ThoughtStream because of the immediate and positive reinforcement you will receive. It's like riding a bicycle: A bicycle is a tool to efficiently get you from one place to another in less time and with less effort, but you are responsible for doing the work.

**ThoughtStream works with you to more quickly and easily help you calm your mind and release muscular tension.**

ThoughtStream is a particularly valuable addition to many relaxation and personal growth training programs. We are sure you will get many years of benefit from this device.

Includes: User Guide, Program Log, a program of sophisticated mental games, palm sensor, headphones and carry case.

**#75049 ThoughtStream \$129.00**

**ThoughtStream is not a medical device, and therefore is not intended for use in the diagnosis, mitigation, treatment or prevention of disease.**

# JOURNEY TO WILD DIVINE

## Part II Of The "Journey" Series

Experiment with advanced biofeedback techniques as you are enveloped in breath-taking three dimensional landscapes, soothing music and inspiring visuals. This will enable you to build upon the knowledge you acquired in Part I, The Passage, by teaching new meditation and breathing techniques. Includes: "Game Quest" and "Guided Activity" modes, new manual with tips and strategies for meditation, new music and more!

*Greatly expands the original "Journey."*

**#42692 Wisdom Quest \$59.95**



## Grapher Expansion Pack

Allows users to save Heart Rate Variability, Skin Conductance Level, and Raw Heart data during play. You can view this data while using other stimuli as a real-time biofeedback device. Saves data in ASCII format and prints in full color. Requires 256 MB RAM, 800 x 600, 24 bit color display and a CD-ROM drive. A great addition to your original investment in Journey To Wild Divine.

**#42709 Grapher Expansion Pack \$49.95**



## Find Deep States Of Relaxation And Peace

This accessory provides rapid visual and auditory feedback by showing changes in your stress levels. Using the three finger sensors allow you to read your stress levels by directly changing the 3D environments. The beautiful imagery and music in this marvelous program provide:

- More accurate stress measurements
- Relaxing musical feedback
- Environment descriptions
- Beautiful backgrounds
- Line graph displays
- Full screen option

**#99860 Particle Editor 3 \$89.95**



## A Video Game That Improves Life Skills

You'll learn to relax under pressure. You'll be able to apply this relaxation training to your daily life. Sensational graphics and clever strategies teach you how to relax to win!

Beat the game by mastering your mind & emotions (shown by skin sweat & heart rate). Apply this mastery to your everyday routines to remain calm during stressful situations.

This video game improves life skills. You don't need to try to relax. Just play the game and the feedback will teach you.

**#99861 Inner Tube \$79.95**



# SOUND THERAPY

## SOUND TECHNOLOGY FROM GERMANY

### Deeply Impacts The Physical & Mental Wellness Of Children And Adults Alike

Samonas sound technology is a cut above everything else we've heard, because it combines the science of sound with the proven theories of music therapy. This concept employs a whole new school of auditory training, producing benefits in areas such as learning, listening, hearing, balancing, attention, memory and relaxation. German sound engineer, Ingo Steinbach, researched many scientific and musical theories from

internationally acclaimed professionals such as Dr. Alfred Tomatis. Steinbach's studies led to the discovery of the unprecedented technology, engineering, recording techniques and pure aesthetic listening quality of Samonas.

- The recordings are captured in various locations from waterfalls to ancient cathedrals to provide the listening experience in diverse spaces.
- Particular musical

compositions and instrumentation have proven to be excellent tools for overcoming physical, emotional and cognitive challenges

- Harmonics are accentuated to spark interest for the auditory system
- In some recordings, slight weighting is applied to provide the right ear (quickest pathway to the language center of the brain) a stronger dose of music and sound.

Well worth the premium cost, these are truly in a class by themselves.

*Samonas*

Buy all 13 Samonas CDs and SAVE!

**#51007 Samonas Collection \$699.95**

**Special offer: Buy the Samonas Collection of 13 CDs plus the marvelous Sennheiser headphones (see page 11) and SAVE!**

**#51008 Samonas Collection with Sennheiser Headphones \$849.95**

#### FOCUS

*For people who need to improve their ability to concentrate, stay focused, be more alert and for those who are learning challenged.*

Carulli was a contemporary of Mozart. Features guitar and piano music. The recording is right ear-weighted-so as to stimulate the left hemisphere of the brain and thereby activate the logical domain.

**#63448 Carulli Duos CD \$59.95**

Very lively music composed by Rossini, Tchaikovsky and Grieg recorded in a northern Spanish cathedral which enriches the sound of this orchestration.

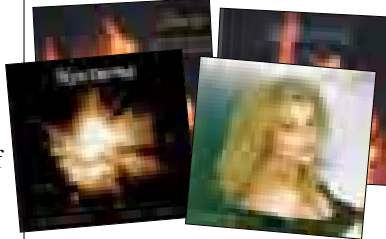
**#46029 Live In Catalunya \$59.95**

Highlights flute quartets by Haydn and Mozart and a string trio by Pleyel. Light and often cheerful, this CD has frequently been used for those with learning disabilities. Particularly suitable for younger children.

**#63449 Mozart and Contemporaries \$59.95**

#### GENERAL RELAXATION

*These CDs help you to calm down from emotional upset and relieve the tension of the day.*



Flute, harp and cello; a very definite healing and calming effect. Slightly right ear-weighted.

**#63447 Classic \$59.95**

Composers from the classic and early romantic periods. Recorded at an ancient German cathedral with rather unique acoustics, producing a very specific healing and calming effect.

**#63451 Romantic \$59.95**

Soft music for focus and peace. Music of J.S. Bach, Kuffner, Carulli, Ravel, Villa-lobos and Piazzolla. Encompasses feelings of security, fulfillment and relaxation.

**#63445 Nocturne \$59.95**

A soprano from Catalonia presents expressive styles ranging from child-like playfulness to emotional mischievous or soulful melodies with a hint of sensuality. Tells the story of human passion, accompanied by the warm sounds of the guitar. An extremely enjoyable CD for the end of the day.

**#42046 Lascia Ch'io Pianga \$48.95**

#### ENERGIZING & CREATIVITY

*These CDs use light and cheerful music to uplift your mood and enhance your creative energy.*

Guitar trio embracing Jazz, Classic and Flamenco... that spirits the listener away. An uplifting adventure. Evokes different moods: light-hearted, buoyancy, intensity and flaming energy that entices relaxation, inspiration and new ideas.

**#63442 Cadaques Night \$59.95**

Magical impressions on the flute and harp radiate warmth, energy, happiness and contentment. Particularly good for lifting the spirit of both body and soul; encourages peace and harmony in a stressful life and turns negative thoughts and moods into happiness.

**#63446 Cantabile \$59.95**

Mozart's music is performed in an old Spanish cathedral that has superb acoustics. The melodies and the



dancing rhythms are perfectly proportioned in an intellectually and emotionally balanced structure.

**#42045 Queen of the Night \$48.95**

#### DEEP RELAXATION

*These CDs use natural sounds to take you down to "very deep" states of rest and relaxation, even meditation.*



The natural circulation of water is combined with pure tones of music played on natural instruments. The level of deep relaxation produced here lies in the creative Alpha and Theta domains. Altered states of consciousness have also been experienced in addition to deep relaxation.

**#46030 Mystery of Water \$68.95**

Natural sounds of bird song at dawn and dusk. The deeply relaxing sounds were developed through a time space transformation of natural sounds. Track 1 takes you into the Theta state. Track 2 takes you deeper into Theta and the Delta region. Also suitable for super-learning.

**#46031 Alpha and Omega \$68.95**

Peaceful pulsating of two seas in the evening, conveys the tranquility of nature. The vibrating tone of a Tibetan sound bowl is heard. Calms the body and soul. The listener is led into deep relaxation, and it is particularly suitable for those who do not want distracting influences.

**#46032 Nature-Sound-Synergy \$68.95**



- Heightened auditory perception
- Improved speech and language
- Improved motor skills
- Increased energy
- Improved concentration
- Accelerated learning
- Used for ringing in the ears

Reproduction methods used in this series produce natural, whole sounds that maintain the high frequencies on which the success of the therapy depends. Copies would entail a loss of frequency and would not yield the desired therapeutic effect. The recording, mastering, activation and filtering processes put these products in a class by themselves.

# SOUND THERAPY



## Level 1: Basic Kit



This is the introductory kit for this remarkable technology. It makes it possible for listeners using this program at home in their own time to experience the full benefits and support that would be offered through clinical treatment. Answers to FAQs, what to expect, what others have experienced, how to get the best results, expert lectures, live user testimonials, clinical results and a self-assessment program. The activation and filtering of the music produces a powerful therapeutic program for the ear and brain, with outstanding results. It is a very complete, professional and powerful therapeutic program. You should start with this kit before proceeding to Levels 2, 3, 4, and 6, found elsewhere on this page.

You receive the filtered listening program of four 90 minute music CDs (with ascending frequencies), the Self-Help Listener's Workbook consisting of 2 DVDs and numerous support materials. This CD program uses digital sound for the final playback stage. However, the entire recording, mastering, activation and filtering processes are still carried out on analog sound, using reel to reel tape and a full analog studio.

**#62527 Sound Therapy Basic Kit \$299.95**

## Level 2: Full Spectrum



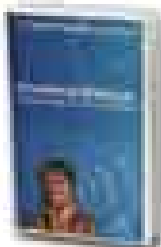
This is Level Two, designed to further enhance the ear and brain improvements initiated by the Basic Kit (#62527).

It combines whole, unadulterated classical music with another band of quiet, highly filtered (10 KHz) SOUND THERAPY music. Once the ear has been "opened" by the Basic Program, this non-intrusive background is enough to maintain the recharging effect on the brain, while at the same time; the listener can enjoy the full spectrum of the music. This dual focus provides further stimulation for the ear and also expands the consciousness. One can be attentive to the high frequency band with the higher regions of the mind, while the ears absorb the straight music. Contains: 4 tapes, Sound Therapy Full Spectrum Self Help Listeners Workbook and Training Course.

**#51013 Sound Therapy Full Spectrum Kit \$269.95**

## Level 4: Emotional Balance

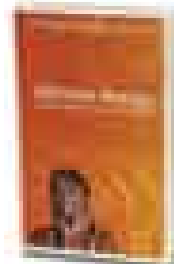
A selection of music to bring resolution of the emotions, it brings out the beauty in life and assist in finding balance between different sides of the personality. Improves communication with others. Draws out those who have been through difficult experiences and can also help in the final stages of the healing process. Very effective in recharging the brain. Audio tapes.



**#33808 Emotional Balance \$269.95**

## Level 6: Ultimate Energy

This kit aids in motivation, organization, mental faculties and maximum brain stimulation for peak performance. Stimulates energy. This set of tapes has



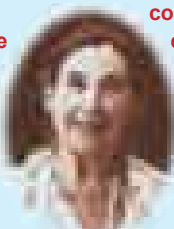
the liveliest and brightest melodies of this series.

Set of four 90 minute tapes, The Sound Therapy Self Help Listeners Workbook and Training Course For Ultimate Energy.

**#33809 Ultimate Energy \$269.95**

## Highly Filtered Classical Music That Heals Your Body And Balances Your Mind

Dr. Alfred Tomatis was a pioneer in the study of the effects of occupational noise and that listening problems are the root cause of many learning problems. His work served as the foundation for the development of these SOUND THERAPY programs by Dr. Patricia Joudry and continued by her daughter, Rafaele Joudry. The basic premise is that almost everyone exposed to industrial and city noise or loud music gradually begins to lose hearing in the higher frequency range, the frequencies that energize the brain. When people hear about SOUND THERAPY, they are often amazed, and perhaps dubious, about the great variety of conditions it can address. How can it be that simply listening to specially recorded, highly filtered classical music



Patricia Joudry

could do so much, helping conditions such as stress and anxiety, poor sleep, fatigue, ADHD, tinnitus, Meniere's, schizophrenia, epilepsy, stuttering, dyslexia, behavioral problems, and much more.

The answer lies in the fact that the brain constantly changes its structure by creating new brain connections, increasing its efficiency and order. The organized structure of classical music with the added enhancements due to Dr. Tomatis' work is an extremely efficient way to improve brain structure and function. As the brain's response to music is enhanced, the motor pathways retrain the ear muscles. This, in turn, allows high frequencies to reach the brain, creating a constant cycle of improvement.

## Level 3: Hearing Issues

This advanced kit is designed to further enhance the hearing improvement initiated by the Basic Kit. It combines a range of instruments and filtering styles to both activate and soothe the ear. It includes the filtered listening program and a Sound Therapy Self Help Listeners Workbook and Training Course for Hearing Issues. Set of four 90 minute tapes designed specifically to improve ear function and can be helpful in serious cases of tinnitus. In addition, it is uplifting for depression and the resolution of difficult emotions. Helpful for sleep.

**#33807 Hearing Issues \$269.95**

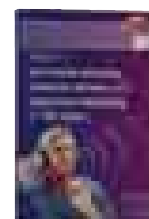


The programs on this page must be used with high quality tape/CD players. Headphones should be at least 15,000 Hz.

## The Story of Sound Therapy Tapes

Patricia Joudry's story will inspire anyone who has suffered a noise-related problem. This 11th edition is fully updated with the latest documented results for: tinnitus (ringing in the ears), chronic fatigue, insomnia, stress, anxiety, hearing loss, sound sensitivity, dizziness, Meniere's disease, travel sickness, jet lag, ADD, memory, and concentration. 205 pages.

**#51011 Sound Therapy: Music To Recharge Your Brain \$22.95**



**EVERY INDIVIDUAL IS UNIQUE**  
Different products result in different effects on people. People with special sensitivities may experience some unwanted side effects. Other users report that benefits didn't start to occur for several days. This can be attributed to the cumulative effect from many of the products in this catalog.



# SOUND THERAPY

## Sound Therapy Tones

By Wayne Perry

This is a brainwave entrainment CD set of 12 frequencies (C, C#, D, D#, E, F, F#, G, G#, A, A#, B). Each frequency is composed of three octaves of all vocal harmonics and overtones and is sustained for 15 minutes each. No synthesizers or tone generators were used. The CD insert describes what each of the 12 frequencies target on a physical and emotional level and also give instructions for how the listener may select the best frequency for themselves for that particular moment or day. Included is a booklet that contains a powerfully

effective toning release exercise. The CDs do not feature musical chords, lyrics or embellishments of any kind. Wayne Perry (read about him elsewhere on this page) uses this set with his private clients to assist in bringing them back into vibrational alignment and resonance. 4 CDs and booklet.

**#62151 Sound Therapy Tones \$149.95**



See page 54 for more from Wayne Perry

healer; his specialty is using the profound therapeutic capabilities of the human voice. He has facilitated the healing of himself and more than 1,000 others. He is a heart-centered and captivating educator who strives to combine concise and informative instruction with a little laughter and fun.

**#62150 Secrets To Healing With Sound And Toning \$64.95**

## Secrets To Healing With Sound And Toning

By Wayne Perry

This four volume instructional CD set contains six hours of step-by-step vibrational healing secrets, tools and techniques for healing yourself with sound and toning. Excellent for beginners as well as those well versed in sound therapy, it's like taking a workshop in your own home. Titles of the four CDs are:

- The Ultimate Healing Instrument: The Human Voice
  - The Secrets Of Vocal Overtoneing
  - Sonic Meditation And The Healing Sanctuary
  - Sound Relationships
- Wayne Perry is a sound therapist and vibrational



## Immerse Yourself In All Four Brainwaves States



On this 4 CD set, Anna Wise empowers you to be

more productive, positive, emotionally balanced, and spiritually aware.

You can manage your own states of consciousness by deliberately altering your brainwave pattern, a process used by many highly productive and creative people, individuals of high performance.

- Concentrate and focus more clearly

- Encourage self-healing
  - Relax and de-stress
  - Develop hidden creativity
  - Reach profound meditative states
  - Handle challenges and solve problems
  - Access and transform deep inner issues
  - Improve spiritual connection
- Features "frequency scores", binaural beat pulses of sound embedded in words and music to help you developed the

desired brainwaves. Teaches you a variety of ways to use your higher states of consciousness... including personal transformation, relaxation, creativity, self-healing, intuition, empathy, and sensualization skills.

Includes an informative booklet explaining brainwave frequencies and how to harness their potential.

**#22129 High Performance Mind 4 CD Set \$44.95**

## Uncover The Blueprint Of Brainwave States

Anna Wise provides a clear explanation of the four kinds of brainwaves – beta, alpha, theta and delta – and explains how the conscious and unconscious mind communicates. Learn meditation exercises, self-hypnosis, imagery and therapeutic techniques to enhance problem-solving, self-healing, communication and interpersonal skills. 271 pages

**#46034 High Performance Mind \$16.95**



## BRAINWAVES-TO-GO! Create Your Own Sound Therapy



You can have brainwaves on a CD. Choose from 1 to 37 Hertz; each track has a different brainwave... just use the "auto repeat" setting, allowing you complete entrainment control. Whether you are a musician, therapist or mind explorer, this CD will take you to the exact brainwave state that you select. 74 minutes.

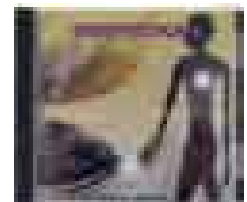
**#75351 LoopLogic 515 \$59.95**

## Treatment For Physical And Emotional Trauma

If you suffer from physical injury, pain or mental anguish... the mind-body-spirit collapses into a heightened condition of tension and stress.

This CD program, by Brian Paulson, works by reducing the rigidity in the body which affects breathing, blood pressure, muscle stiffness and mental confusion. The method used is entrainment and resonance. 32 minutes.

**#42741 Deep Release \$16.95**



## Brainwaves Made Simple

Why do we exhibit certain behavior? Why do we experience moodiness and melancholy? Can you change from being "down" to feeling "up"? What control do we have over our own mind?

Anna Wise gives a practical approach to human consciousness, rather than clinical examinations of the topic. 255 pages.

**#81061 Awakening The Mind \$16.95**





Brain Sync is the brain wave technology most often recommended by physicians and psychologists around the world. These CDs (60 minutes) have been clinically tested with an astounding 95% success rate. With this technology, you can reach states of being that directly nurture your sense of self, your creativity, and the dynamic expression of your power. These are states that will enhance your ability to give and receive love, direct your will to achieve new goals, and generate vibrant states of health and well being.



Kelly Howell, creator of Brain Sync, is internationally acclaimed for her pioneering work in mind expansion. Her 20 years of research into spiritual practices combined with her work with physicians and biofeedback therapists has allowed Brain-Sync to develop and refine this powerful, life enhancing audio technology.



# SOUND THERAPY

Flow into a state of relaxed concentration where the right and left hemispheres of your brain move into perfect sync. You'll feel invigorated as you access up to 90% more of your untapped ability to learn.  
**#45003 Brain Power \$14.95**

Ever wish you could learn more and faster, and then retain the information longer?  
**#45004 Deep Learning \$14.95**

Change deep-seated behavior patterns and build a positive image.  
**#42754 Weight Loss \$14.95**

Change ingrained behavior patterns with lasting impact so that your appetite and self-esteem work in harmony to help you achieve and maintain your ideal weight.  
**#75076 Slim Naturally \$14.95**

Exquisite beautiful music based on Tantric traditions stimulates your sexual energy centers and opens your heart chakra. Experience peak pleasure and sexual fulfillment.  
**#75078 Ecstasy \$14.95**

With a shift in perception, we can manifest a destiny that fulfills our deepest intent.  
**#99801 Guided Meditation Destiny \$14.95**

When the sacred energy of desire is embodied fully, it creates an irresistible magnetism that attracts the very thing we long for.  
**#99802 Guided Meditation Desire \$14.95**

The power of faith is what miracles are made of. It bridges the gap between mind and matter, between self and higher powers.  
**#99803 Guided Meditation Faith \$14.95**

Through prayer, we can overcome challenges and transform reality in ways we might never have imagined.  
**#99804 Living Prayer \$14.95**

Enter a high-powered, high-performance brain state ideal for quick thinking, deep concentration and ability to focus mentally.  
**#99806 High Focus \$14.95**



Hurtle past creative blocks and stale concepts. Expand your perceptions and sources of inspiration.  
**#99807 Increase Creativity \$14.95**

Treat yourself to this unusual brain wave combination that feels like a holistic massage, creating rushes of positive energy.  
**#99808 Brain Massage \$14.95**

The electro-magnetic frequencies of the heart are 60 times more powerful than that of the brain. This program opens your heart to exude an irresistible glow of radiance that attracts the love you desire.  
**#42763 Attract Love \$14.95**

Walk your way to better health and higher awareness. An R&B musical score and a funky, hip-hop beat motivate you to keep moving. You'll wonder where the time has gone!  
**#99812 Walking Meditation \$14.95**

Within minutes, muscles relax, fears vanish and stress fades. A euphoric release for all that troubles you.  
**#99809 Total Relaxation \$14.95**

Science has proven that the contents of our thoughts and emotions directly and immediately influence our biochemistry.  
**#99810 Healing Meditation \$14.95**

For nights when thoughts are churning, this program will make you feel as if you are floating. Then, you'll start to slowly swirl and drift off.  
**#99811 Sound Sleep \$14.95**

A fusion of jazz, rock and world beat music creates a perfect soundscape for an endorphin-inducing accompaniment to your work out.  
**#99814 Power Training Vol. I \$14.95**  
**#99815 Power Training Vol. II \$14.95**

Close your eyes and sweep away negative thoughts. Free your spirit. Bring mind, body and spirit into harmony with the universe.  
**#45005 Guided Meditation \$14.95**

This CD imparts the sacred truth spiritual masters have taught for millennia. It starts by changing your belief system, slowly, subtly and gently while you sleep. As you are lulled into blissful slumber, The Secret is whispered into your ears – first audibly, and then below the level of consciousness. Just listen, everything you need and desire will come to you through the great Law of Attraction. Theta and Delta frequencies.  
**#62145 The Secret \$14.95**

Binaural beat frequencies will lift your physical tensions and mental anxieties in minutes. Helps you reach a profound meditative state.  
**#45006 Deep Meditation \$14.95**

You'll go to progressively deeper levels where electrical brain activity will produce vivid visualization and manifestation.  
**#41047 Sacred Ground \$16.95**

Arrive at your destination feeling refreshed, alert and ready to go. Helps balance and restore your brain's sodium and potassium levels, thus reducing mental fatigue and brain fog associated with jet lag. Contains no spoken words. 2 CDs.  
**#45014 Relieve Jet Lag \$16.95**

## Awakening Kundalini

An extraordinary powerhouse of cosmic energy resides within you. It is the source from which all creativity, genius and psychic gifts spring. Traveling upward through the chakra system, it removes obstacles to living your highest potential. Theta frequencies. 60 minutes.  
**#45015 Kundalini \$14.95**

## Embrace The Life You Were Meant To Live

Precision-engineered brain wave frequencies guide you into exquisite states of wholeness and unity. As negative thoughts are swept away by insight and inspiration, you align with the divine-ordering principle of the universe. 3 CDs: 3 hours  
**#45016 Unfold Your Potential \$24.95**

# ENHANCE YOUR LISTENING

## LISTENING AND LEARNING WITHOUT DISTRACTIONS

The Neurophone provides a means for ultrasonic waves to be interpreted by our brain as "hearing." This technology bypasses the normal audio mechanisms used by the body to hear sounds and provides a direct neural stimulation to the brain. By bypassing the ears to hear ...



effectively allows you to "hear without your ears."

A very popular use is to use the Neurophone with its built-in pink noise generator for meditation and relaxation. Some people go sleep with it on. Many people like to listen to pink noise through the

Neurophone as they are listening to music. Others have had success using it with language and memorization programs for direct ultrasonic input to the brain by connecting a CD player to the Neurophone.

meditating, studying and learning becomes easier to comprehend and retain. Imagine a time when you were trying

to concentrate on learning a new activity or concept and recall how easy it was to be distracted by other noises:

co-workers, family, telephone, television, vehicle sounds, etc.

Hearing is an amazing sense; however, our ears are not selective to the content that

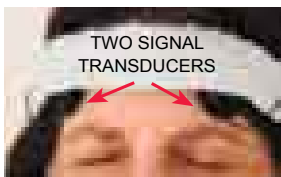
they do or do not hear. As a result, it becomes difficult to focus on the task at hand. The Neurophone

**One of the main goals while using the Neurophone will be to increase the gain levels (volume) of the output over time. As you are training yourself to hear ultrasonically through your ears, you will find that over time you are able to hear the output of the Neurophone at a seemingly higher volume even though you are turning down the gain control.**

Pink noise plays a key role in all of these applications; pink noise is white

noise that has been filtered to reduce the volume at each octave, resulting in a noise sound wave that has equal energy at every octave.

Pink noise is a favorite for meditation and relaxation. Listening to pink noise has been said to be analogous to listening to a waterfall in the distance. The integrated pink noise generator in the Neurophone provides pink noise on demand. Then, allow the pink noise to take your mind from your daily affairs



### CHOOSE NEUROPHONE if you are:

- Having trouble screening out extraneous noises
- Studying memorization programs
- Finding it difficult to focus, comprehend, and retain information
- Serious about meditating

to a new level of relaxation and meditation.

Patrick Flanagan, renowned scientist and author, developed the Neurophone as an advanced microprocessor control to create the finest experience in ultrasonic neuropathic stimulation. It is a precision scientific instrument with an extensive digital sound processor that encodes sound and modulates it into ultrasonic signals. Its digital engineering offers a quality

of ultrasonic transmission that is more accurate and richer in harmonics than an analog representation. Ongoing research is being conducted to evaluate the Neurophone's role in accelerating learning and memory retention.

Using the Neurophone is simple... put the transducers on your forehead using the headband as shown. Everything is supplied with your purchase.

**#83077 Flanagan Neurophone \$549.95**

## ARE YOU SEARCHING FOR AN ULTRA-LISTENING EXPERIENCE?

The Echofone generates the sensation of sound through neural induction, without any mechanical stimulation of the listener's eardrums.

The modulated ultrasonic signals are

amplifying the fidelity of quality recordings. If you have any high frequency hearing loss, such as damage caused by exposure to loud sounds,



Echofone allows

perception of the full dynamic range of music without missing the high frequencies.

perceived as high frequency audible sound. The Echofone extends your hearing perception to sounds well above anyone's hearing range. Music and sound from any high quality source comes alive with astonishing fidelity and dimension.

The perceptual expansion of overtones above your normal hearing range adds a sense of depth to many recordings. For example, you can close your eyes and perceive where instruments in a recorded orchestra actually are in space. Remarkable, but true!

**Recommended for: sound therapy sessions, programs with binaural beats, listening to high quality recordings of music, learning languages and other instances where extremely faithful reproduction is required.**

The Echofone headband uses a Velcro system allowing you to attach the transducers easily and comfortably. You get everything needed to use the Echofone, including a cable to attach to a CD player.

**#48609 Echofone \$399.95**

The results are enhanced tone, crispness and depth... greatly



### CHOOSE ECHOFONE if you are:

- Passionate about listening to high quality music
- Learning a new language and must listen to enunciation with clarity
- Suffering from hearing loss
- Listening to sound therapy programs with full dynamic range

## LOW FREQUENCY RESPONSE HEADPHONES

### For Light And Sound Machines

#### And All Other High Quality Recordings

They offer the low frequency response that many other headphones are not sensitive to, and are incapable of detecting.

You may have an excellent light and sound machine capable of low binaural beats frequencies. Photosonix, leader in audio-visual stimulation devices and maker of these headphones, has now enabled you to realize your machine's full potential. Binaural beat frequencies in the low pitch ranges (as low as 16 Hz) can be used in many varied and beneficial ways, and are outlined in the booklet included with your purchase.

These high quality headphones can be used with any light and sound machine or stereo source. They offer superb music reproduction as they produce a full range frequency response. We also recommend their use with audio-only entrainment programs, whether in combination with audio-visual stimulation or alone. You will

be pleasantly surprised at the enhanced results you get when used with programs such as Hemi-Sync, Hypno-Peripheral Processing and paralingual recordings, Brain Sync, meditation and others.

These have the largest headpiece among all high quality headphones. This feature is critical to all light and sound users, as these headphones shut out the "outside world." We have found these to be the best for use with light and sound machines and other audio programs that incorporate a low frequency response.

Included is an excellent handbook on light and sound, explanation of binaural beats, pulsed beats frequencies, and an extensive reference guide for further reading. If you really want to get the maximum performance out of a light and sound machine, look no further!

**#45019 UltraBass Headphones**  
**\$199.00**

**SUMMARY:** If you are serious about light and sound sessions and want to use your machine to its full potential, these headphones were designed with you in mind. They enable you far superior use of the low binaural beats frequencies and add a great enhancement of the audio-visual stimulation light and sound experience. Because of their superb range, they allow you to hear all types of music and sound sources like never before.



## Go On A Brainwave Journey

Subtle pulses of sound embedded in an evocative musical soundtrack stimulate your brainwave patterns – transporting you to an enhanced "visualization zone."



Ingrained within various classical selections from Vivaldi, Alberti, Bach, Haydn, Mendelssohn and others, are deep inaudible vibrations that are intended to add to brainwave entrainment. Total: over 4 hours. 4 CD set

**#34072 Brainwave Symphony**  
**\$29.95**

# ENHANCE YOUR LISTENING

## DYNAMIC SOUND— LIKE BEING AT A CONCERT

### Listening To High Quality Sound With Poor Headphones Is Like Attending A Concert With Cotton In Your Ears.

We've had some customers call to say they didn't get the results they wanted with the sound therapy programs and music that they received from us. After some questioning, we determined they were using inexpensive headphones purchased at their local discount store. Then, after buying full-spectrum headphones from us, we checked back with them. A three letter word was common in all the responses... WOW! What made the difference is the Sennheiser headphones which we recommend for sophisticated listening.

1. Made by one of the world's most outstanding audio manufacturers.
2. Broad frequency response: 15-

- 28,000 Hz spatial sound for professionals and audiophiles.
3. Open, dynamic, stereo design with ergonomic comfort.
4. Advanced Duofol diaphragm technology.
5. Excellent high frequency response, ideal for Samonas and Patricia Joudry programs and brainwave entrainment CDs.
6. Highly optimized, neodymium magnet systems.
7. Outstanding wearing comfort for long listening sessions.
8. Lightweight aluminum voice coils for highly efficient and dynamic sound quality.

These headphones are for those who want the very best effect and benefit from sound therapy programs and classical music. Once you hear the difference, you will never go back to regular headphones again.

**#42535 Sennheiser Headphones**  
**\$169.95**

**SUMMARY:** These headphones feature a special internal Surround Reflector, which generates a spatial sound field. State of the art, advanced Duofol diaphragms and highly optimized Neodymium ferrous magnet systems... make these ideal for high quality music listening and those brainwave technology programs used in the therapeutic use of sound.



## SOUND THERAPY

### Produce Brainwaves You Wish To Achieve

Natural brainwave frequencies with ambient music and natural sounds, Dr. Jeffrey Thompson has discovered a way to let you orchestrate your state of mind to stimulate

concentration, release tension, promote intuition, foster communication and enhance creativity. Blends subtle sound pulses with sounds of nature. Includes instructional booklet. 4 CD set. 60 minutes each.



**#46028 Brainwave Suite \$29.95**



# LIGHT & SOUND MACHINES

## A SUPERB MACHINE

You Won't Outgrow This One Anytime Soon

### Key Features:

- 64 built-in sessions (stores an additional 25)
- AudioStrobe Multimedia
- Connects to external music source

### What We Like:

- Unique features: gradual on/off light pulses, can change the session time, random light flash setting
- Lots of tone selections: surf, chords, binaural beats, dual monaural binaural beats
- Manual control (frequency range 0.25–42)

### Recommended For:

- Meditators
- Consciousness Explorers

**Specifications:** 6" x 4" x 1", battery-operated, 1 year warranty.

**Includes:** control unit, light glasses, headphones, patch

cord, and user's manual

#81073 InnerPulse with TruWhite, Blue, Red/Blue or TenColor Glasses \$259.95

#81073 InnerPulse with ColorTrack glasses (see page 14) \$349.95

#63619 110v Adapter \$11.95



## Advanced Programming Allows For Creating Dynamic Sessions

### Key Features:

- 50 built-in sessions (stores an additional 100)
- AudioStrobe Multimedia
- Random sessions
- Connects to external music source

### What We Like:

- Unique features: advanced programming software, BiColor red/green light glasses,
- Manual control (frequency range (0.4 – 50)

### Recommended For:

- Advanced Users
- Consciousness Explorers
- People who are adept at computer programming

**Specifications:** 4" x 3" x 1", battery-operated, 1 year warranty.

**Includes:** control unit, ruby/emerald light glasses, headphones, computer cable, patch cord, AudioStrobe sampler CD and user's manual.

#75044 Proteus \$159.00



**SUMMARY:** Has sine wave light which pulses light waves that start dim and gradually increase until full illumination, and then gradually decrease in light intensity. This means that your eyes will be very relaxed because it is not stressful on your eyes like other machines that pulse - off/on.

The breath-pacing programs entice you to extend your inhalation/exhalation via vis exercises that actually allow you to "see" through an increase, or decrease in light intensity corresponding to your breathing. The InnerPulse contains another unusual feature called "Phase Erase". Let's say you are "locked" into a particular state of mind, such as daydreaming. You can use "Phase Erase" to recondition your mind. Select the frequency associated with daydreaming. Choose the Phase Erase feature, and random light flashes within that brain state zone will disassociate your brain wave patterns, helping you to learn other options.

**SUMMARY:** It features both rich red and deep green lights. While red is stimulating, green is relaxing. The results of using both red and green light is very intense "magical" imagery. When your eyes are closed, you actually see "dichroic colors", the same vivid iridescent colors that occur on tropical birds.

The Proteus has an amazing array of programs featuring different uses of sound. This definitely impacts your state of consciousness because sound quickly changes emotions. The Proteus is special because it has dual color choices, meaning that you can accent one color over the other. For example, you can slowly dim red light, while slowly increasing the intensity of green light. This can be a great help in transitioning between brain states.

The Proteus software also allows you to alter sound waves from square to sine, to triangle. What this means is that the quality of your sessions can be dramatically impacted. Square sound waves are typical of wind instruments like a trumpet, while sine waves occur in piano and violin. Triangle waves are what occur in percussions instruments like drums and triangles. If you are a sound wave voyeur, you'll enjoy the Proteus.

### Guide To Light And Sound Machines

Unit	Price	Description	Built-in AudioStrobe	Can Be Customized	Compact Size
Sirius	\$99.00	Beginner's Unit			X
Luma 10	\$229.95	Beginner's Unit			X
Proteus	\$159.00	Intermediate Unit	X	X	X
Procyon	\$269.95	Advanced Programs	X	X	X
InnerPulse	\$259.95	Advanced Features	X	X	X
DAVID Pal 36	\$299.95	Advanced Features			X
Nova Pro 100	\$439.95	Advanced Features	X	X	

## For Brainwave States And Relaxation

Take a virtual trip through a world where audio and video synergistically come together. Journey into a place where inner and outer space converges into a universe of endless possibilities. Enjoy relaxing entertainment and mind



expansion while you connect with feelings of infinite space. You will love the lush colors of the sacred geometry images combined with pulsing frequencies of sound. DVD.

#41028 AV3x: The Innerscape Adventure \$49.95

## FULL SPECTRUM AUDIO-VISUAL SYNTHESIZER

### Advanced Light & Sound Technology

A new kind of light and sound experience, melding a full spectrum of color choices with clean, pure digital sound. The resulting new mediaform can be used to modulate states of consciousness in rich new ways. Its state-of-the-art color synthesis elements can modulate smoothly between fields of pure color (ganzfeld), through subtle shimmering effects, to full-on flicker frequency range up to 75 Hz. Each color channel (red, green, and blue) is independently programmable, allowing up to three simultaneous stimulation frequencies at once. This variety of innovative visual effects enables a new kind of audio-visual experience, and can closely match color to the desired mental state.

It also has the ability to precisely synchronize audio material on a CD or MP3 with a Procyon program. This exclusive feature, called SynchroMuse, is ideal for use with color-work, language learning, hypnotherapy, personal growth and the immense libraries of music now available.

- 255 shades of each color (red, green, blue)
- Complex, multiple visual effects and waveforms
- Frequency range: 0.1 to 75.0 Hz
- Large flash memory storage
- Each color channel is independently programmable
- Digital audio interface
- Can be controlled by a PC or other devices with its USB interface



**Includes:** Control unit, GanzFrames color glasses, headphones, USB cable, carry case, manual, free programming software via download, and one year warranty.

#46081 Procyon \$269.95 

**MORE info  
OUR WEBSITE**



**SUMMARY:** The first of the advanced audio-visual synthesizers. Pure and vivid flickering light. Programmable and expandable. Recommended for users of light and sound machines who want to advance to state-of-the-art technology.

## BRAINWAVE CHART


Brainwaves range from fast to slow (approximately 0.5 to 40 Hertz, or cycles per second)

Brainwaves (frequency—c/s)	Active State (when Rested)	Passive State (When Stressed)
Beta 13+ c/s	Concentration	Alert
Alpha 8-12 c/s	Learning-recall	Day Dreaming
Theta 5-7 c/s	Lucid visualization	Dreaming
Delta 0.5-4 c/s	Clearing	Deep Sleep

# LIGHT & SOUND MACHINES

## Heart Rate Feature Promotes Deep Relaxation

### Key Features:

- 36 built-in sessions 
- Music modulation
- Connects to external music source

headphones, 9 volt battery, patch cord, user's manual.

#62146 DAVID Pal 36 \$299.95

#62147 DAVID Pal 36-CES  
(same as above, with  
addition of CES  
and ear clip) \$499.95



### What We Like:

- Heartbeat sound (to pace your breathing)
- Tru-Vu Omniscreen light glasses with 3 color therapy filters,
- Small and light-weight

### Recommended For:

- Those who want CES, also
- People who want to condition themselves with heart beat sounds

**Specifications:** 2 1/2"x1"x3 1/2",  
internal rechargeable battery, 1  
year warranty.

**Includes:** control unit, Tru-  
Vu Omniscreen glasses,



**SUMMARY:** Well thought-out machine so beginners and others can get maximum benefits. The heart beat feature enables the user to rapidly settle down after a stressful situation. You get great visuals from the music modulation feature. The Tru-Vu Omniscreen light glasses are unique to this machine and are very gentle on the eyes.

## ENHANCE THE TRANCE!

### For Consciousness Exploration & Spellbinding Mental States

A powerful formula of unique ingredients, balanced to promote a sense of tranquility and reduce mental and emotional distress. Users report a boost to their experiences with light and sound and other consciousness – boosting adventures, such as inner journeying, meditation, tantra, and deepened intuitive awareness. The blend of Kava Kava, Ginkgo Leaf, Passion Flower, Kola



Nut, Bilberry, Schizandra berry, Chamomile Flower and a very fine variety of Korean Ginseng produce an unusual synergy.

This is a powerful nootropic combination and contains no Ephedra. For adult use only and not to be used while driving or operating machinery. The spray bottle makes it easy to put 2-10 sprays under your tongue for exceptional absorption. Each bottle contains 30-50 doses.

#41063 Altered States 1 oz.  
\$39.95

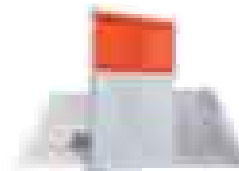
Buy 2 and SAVE! \$34.95 each

### Read About Light And Sound

"Must" reading for those serious about using light and sound. Learn about binaural beats, biofeedback applications, ADD, brain symmetry, memory and learning. 38 pages

#42555 Advanced Guide  
To Light and Sound

\$6.95



# LIGHT & SOUND MACHINES

## ALL-AROUND MACHINE FOR BEGINNERS Easy-To-Use

### Key features:

- 23 built-in programs
- AudioStrobe Multimedia

### What We Like:

- Unique random session creates a different session every time it runs
- Manual control (0.1 to 30.0 Hz) of pulse rates to create precise stimulation protocols for personalized exploration
- Turns any sound source into a synchronized light show
- Terrific value and easy-to-use

### Recommended For:

- Beginners
- Professionals to recommend to patients

**Specifications:** 4" x 3" x 1", battery-operated, 1 year warranty

**Includes:** PureWhite™ white light glasses, headphones, patch cord, user's manual, carry case, AudioStrobe Multimedia, sample CD.

#42688 Sirius \$99.00



**SUMMARY:** Easy-to-use, excellent reliability, many features at a terrific price. Built-in programs for relaxation, learning, increased energy, visualization, sports performance, and more.

Stylish, compact control console with built-in folding stand. This is important when you want to relax at home, be more productive at work, or help with jet lag while traveling.

### Multi-Color Light Glasses

TENcolor™ Lightframes feature independent left eye/right eye color selection and connect directly to most light and sound machines.

The TENcolor hues will vary somewhat depending upon which light and sound instrument they are being used with, but the general colors are:

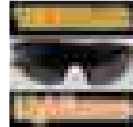
Pure red, ultra red, rose quartz, yellow California gold, white, pure green, aqua, pure blue, indigo, violet

Located on the left side of the

TENcolor Lightframes are eight color selection switches, controlling the right eye color and the left eye.

TENcolor Lightframes will work on the following Light and Sound Mind Machines: MindGear (all models), InnerQuest (IQ I, II, III and Jr. models), Photosonix (Luma 10, InnerPulse, Muse Sharp and Nova Pro 100)

#51043 TENcolor Lightframes \$89.95



### State-Of-The-Art Light And Sound Glasses

Phenomenal electronics inside these glasses allow you to take advantage of these many features:

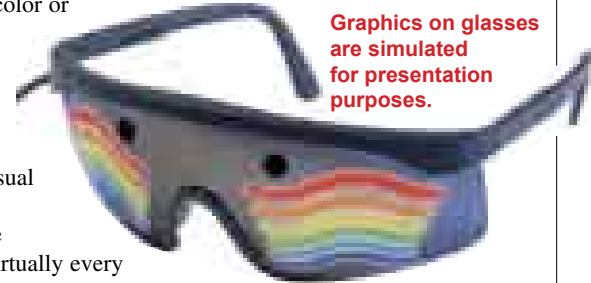
- A 20-color menu, including two selections with different colors in each eye
- One menu selection where the color responds to the flicker frequency that is fed into the glasses; the color actually tracks and changes with the frequency
- Color and intensity controls in the glasses for conveniently changing the color or intensity by pressing a button
- Ultra-bright LEDs create remarkable visual images
- Downloadable
- Works with virtually every light and sound machine

The kaleidoscope of colors and patterns will take you along a

colorful adventure, producing a new and engaging experience, even to those who have used light and sound for a long time. A revolutionary age of light and sound glasses is here. Come along and explore!

The name "ColorTrack" comes from the frequency-following mode in which the color responds to the frequency of stimulation. No other light and sound glasses even come close.

#46091 ColorTrack Glasses \$199.95



Graphics on glasses are simulated for presentation purposes.

Works with InnerPulse, NovaPro 100, Muse Sharp and Luma 10

## Expand Your Light And Sound Sessions With New Glasses

### How To Select Light Glasses

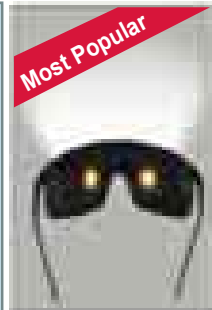
If your machine is a Nova Pro 100, InnerPulse, Luma 10, Muse Sharp, choose:

- TruWhite #32102 \$109.95 • Blue #25032 \$109.95
- Red #46015 \$39.95 • Red & Blue #63047 \$109.95

If your machine is an Orion, Proteus, Sirius, DAVID Paradise, Audio Imaging Decoder, choose:

- TruWhite #32101 \$109.95 • Blue #25031 \$109.95
- Red #46016 \$44.95

These three glasses are available by special order only. Allow additional 7-10 days for delivery.



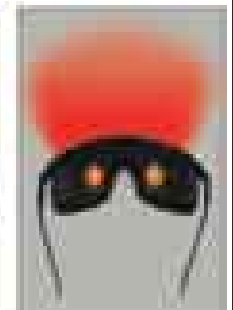
TruWhite  
For vivid visuals



Blue  
For sleep and deep rest



Red & Blue  
For creative visualization



Red  
For energy



## Dazzling Visuals Allow You To “Let Go”

### Key Features:

- 50 built-in sessions in several categories (relax, meditate, sleep, learn, energize, visualize, entertain, special, and random)
- Connects to external music source

### What We Like:

- Gradual on/off light pulses,

lights flash at different intervals, can be varied

- Very easy to use
- Dynamic lights not available anywhere else

### Recommended For:

- Light and sound users who have become bored with their current machine
- Consciousness Explorers

**Specifications:** 6” x 4” x 1”, internal battery, 1 year warranty.

**Includes:** control unit, light glasses, headphones, batteries, patch cord, and user’s manual.

#42048 Luma 10 with TruWhite,

 Blue, Red/Blue or TenColor Glasses \$229.95

#42048 Luma 10 with ColorTrack glasses (see page 14) \$312.95

#63619 110v Adapter \$11.95



**SUMMARY:** The Luma 10 contains very innovative programming that involves “Light Weave” technology with flashes of light that change “gently” (as in a dimmer switch) from on to almost off. Light Weave technology generates visuals that create movement of patterns within colors that have never been seen before in light and sound machine technology. Brainwaves take on the same rhythm as the flashes of light making this an effective tool to alter brainwave states. Some people, however, find flashing lights to be uncomfortable. The technology used in the Luma 10 solves that problem because the lights don’t flash and the intensity wavers up and down creating smoother transitions from one brainwave state to another. When the frequency of light and sound remains constant for any period of time, the brain becomes “bored” diminishing your ability to focus within a brainwave state. When the light and sound machine randomly changes its frequency within a specific brainwave state (beta, alpha, theta, or delta), the brain maintains maximum ability to focus.

## Light Brightness of Our Machines

The TOOLS FOR WELLNESS Brightness Factor helps you gauge the brightness of our light glasses, from dim (1), to bright (5). Brighter light glasses promote and enhance a fuller spectrum of colors, and generally create a more spectacular and vivid visual experience (with eyes closed).



FREE TO PURCHASERS  
OF LIGHT AND SOUND MACHINES

Written by a long-time user, we provide a booklet that helps you to maximize their enjoyment while avoiding commonly-made mistakes. Booklet shipped FREE with orders of all light and sound machines.

## 100 FASCINATING PROGRAMS

### Advanced Mind Machine

#### Key Features:

- 100 built-in sessions (stores an additional 100)
- AudioStrobe
- Connects to external music source

#### What We Like:

- You won’t outgrow this machine

- 2-user system
- Lots of tone selections – 8 (tone, surf, chords, binaural beats, binaural beats with surf, dual monaural binaural beats) with 6 octaves of pitch (16 – 960 Hz.)
- Manual mode (frequency range 0.25 – 42)

#### Recommended For:

- Researchers
- Professionals
- Experienced and Advanced Users




This is the top of the line light and sound machine, of professional quality with 100 easy-to-use relaxation, meditation, sleep, learning, energizing, visualization, entertainment and specialty sessions along with capacity for downloading 100 more sessions. You certainly won’t outgrow this one! It has the best flashing light and the finest sound. We’ve sold lots of them ... with NO BUGS and NO QUALITY ISSUES; the feedback from users has been super!

NovaPro 100 is AudioStrobe compatible. This is patented technology from the Tamas Laboratories in Germany. A brief description: Signals are recorded on a music CD at a high, inaudible frequency to control the lights in sync

with the music. All this is accomplished just by connecting your CD player to the external input of the NovaPro 100, along with your glasses and headphones connected. It produces a light and sound experience unlike any other.

**Specifications:** 4” x 9” x 1”, internal rechargeable battery, 1 year warranty.

**Includes:** control unit, light glasses, headphones, AC adapter, patch cord, programming software, computer cable, and user’s manual.

#48603 Nova Pro 100 Specify  TruWhite, Blue, Red/Blue or TenColor Glasses \$439.95

#48603 NovaPro 100 with ColorTrack glasses (see page 14) \$523.95

**SUMMARY:** It offers more programs than any other machine; 100 different programs authored by talented session programmers. Microphone jack—an industry FIRST! Therapists and hypno– therapists can now talk to their clients while in a deep receptive state. Two user capability allows for two people to do sessions at the same time. For those into sound therapy using binaural beats this unit has very low pitch control. In manual mode, you can create binaural beat, and dual binaural beat frequencies using very low pitches (carrier waves). It’s like getting two machines in one.

# EMF PROTECTION



The modern world is filled with numerous sources of electro-magnetic signals, including house wiring, computers, power lines, automobiles, appliances, and machinery. As we surround ourselves with more and more electrical devices, our bodies become stressed from external stimulus. Common symptoms of EMF pollution include headaches, eyestrain, fatigue, irritability, erratic sleep patterns and decreased immune function.

## High Quality EMF Measurement Tool

The TriField Meter is the only meter that combines measurement capability of electric, magnetic, radio, and microwave frequencies. The electrical setting is used to see if appliances are well grounded. Some older appliances may not be. Even water pipes can carry an electrical charge.

The magnetic setting is used around electronic equipment to



measure how far the field extends. This setting is also used to check high tension wires and fuse boxes. You can set up a safer office, home, and sleeping environment with this knowledge.

The microwave setting is used to check cell phones, wireless phones, remote controls, and microwave ovens, and radio towers.

This is the most accurate, least expensive device we have

found and it is so simple to use. Just turn the dial to one of the three settings, and walk around your home or office. 2-3 milligauss is the limit proposed by many health and engineering professionals. A red band on the meter shows you when this limit is reached. Includes 1-year limited warranty, 9v battery, and instructions. Calibrated to U.S. current.

**#46003 TriField Meter \$159.95**

### How Good Is the Trifield Meter?

“While riding on a train, I placed the Trifield Meter at a 90 degree angle facing outward and up towards the direction we were heading. I had it on the magnetic setting of 1 to 100. 3 Gauss and above is considered “unsafe”.

About every 4 minutes during the 30 minute ride, the needle would suddenly go up between the 3 and 5 gauss range and quickly back down. Looking outside there was

no indication of what it might be; no power lines or other noticeable electrical equipment.

At two points, there were massive relay stations; The reading went from 6 to 10. When there were residential power lines, the reading was 2 to 3. When multiple residential power lines were present, the reading was 3 to 5. High tension wires produced readings between 10 and 35 gauss.

At home, there was mostly zero gauss, with an occasional 0.25 reading. After

turning on the television, the gauss reading was extremely high right in front of the screen, 25 gauss, and went into the safe zone about 4 feet from the screen. The same thing with the microwave oven (meter was set on the microwave reading).

Overall, the best part of using the meter was becoming aware of the “invisible”, and knowing for a fact what is safe and what is not safe.”

— J.L. Silver Lake, CA

The Trifield Meter measures artificial electromagnetic fields. The Natural EM Meter (page 43) measures changes in the Earth field due to atmospheric electricity, a solar magnetic storm, or even trucks or magnetized objects moving nearby. Neither can measure any fields created by the body. See our website for more information.

## EMF Protection In The Car

Plugs in to your cigarette lighter

for protection while you are driving. Typically, cars create 30-40 milligauss field, far above what is accepted as safe. Great for long drives or in congested commuter traffic.

**#46004 Car Polarizer \$51.95**

### SUMMARY

- Guards against EMF radiation generated by the rapid firing of the spark plugs and absorbed by the metal body of the vehicle.

## Ionizer For Your Car

Effectively eliminates odors, dust, pollen, germs, bacteria and smoke. Helps relieve fatigue and promotes alertness while driving. Uses no chemicals or agents... produces a cleaner driving environment.

Plugs into your cigarette lighter and it's maintenance-free. Chrome finish.

**#75233 Automobile Ionizer \$29.95**



## Plan Your Life Around EMF

Anyone exposed to high levels of EMFs for prolonged periods of times increases their risk of becoming electrically sensitive. This book assists you in planning and implementing measures that reduce EMF exposure throughout our electrical society, indoors and out. 96 pages



**#41012 The Electrical Sensitivity Handbook \$23.00**

## The Truth About Electromagnetic Fields

Explains why and where EMFs occur, which illnesses may have a strong connection to them, and why your doctor's knowledge may be limited. Delivers salient information in a cool and lively manner. For all those concerned with personal and family health and well-being. 432 pages



**#41027 Electromagnetic Fields \$17.00**



Measure Harmful Powerline Frequencies Measure electro-magnetic fields from microwave signal transmission towers, satellite television signals, and radio signals.

EMF IS ALL AROUND YOU: In your home: kitchen range, microwave, electric blanket, hair dryer, fluorescent bulbs, television, appliances and power tools.



## ULTRA-SENSITIVE RADIO/MICROWAVE METER

Unlike other low-cost field strength meters, this meter's frequency response does not depend on the characteristics of an external antenna... the internal detection system yields a flat response over a wide range of frequencies. With sensitivity down to 1 nanowatt per 2 sq.cm., it can measure power density from a typical cell phone tower up to 10 miles away. It is also sensitive to all but the highest frequency radar, too. With this meter, you no longer have to wonder how much radio/microwave energy you're being exposed to. Instructions include how to estimate average frequency and how to determine the direction of the source of the waves. Advanced digital display. Operates on a 9-volt battery.

#41056 RF Field Strength Meter \$324.95

## FIND OUT EXACTLY WHAT IS EMITTING RADIO OR MICROWAVES INCLUDING HIDDEN SOURCES

About the size of a small pager, you can put this in your purse or pocket. After selecting the sensitivity you want, a clear, loud beep indicates radio waves stronger than the level you selected. If you move closer to the source, the beep becomes more frequent, and will ultimately become a solid tone if you move closer still. Or, if you move away from the

source, the beeping will stop. This handy (and accurate) device will fill you in on a lot of things you would have never guessed (like strong radio waves on some wall outlets but not others in the same building). It's also great for determining if a nearby cell phone is not only invading "your space", but harming it as well. With the different sensitivity settings, it can be used for

cell towers, microwave ovens, fluorescent lights, video monitor, cordless phones and more. Comes with a lithium battery (3-6 year life), pocket clip, and one year warranty.

#99848 MicroAlert 2 \$87.95



### MICROALERT 2 OR TRIFIELD METER?

The MicroAlert 2 measures general sensitivity and alerts you to dangers, even from hidden sources. The Trifield Meter (on the opposite page) is an instrument that precisely measures electromagnetic fields and displays the results on a dial.

## SHIELDS YOU FROM THE EFFECTS OF EMF

### Use In Your Home And Office

This is a true CLEARING DEVICE that will protect you within a spherical area with a 1000' radius. The Safe Space Device is designed to clear your space giving protection from detrimental EMFs, toxic earth radiations, and other noxious vibrational energies. This self-energized unit contains a holographic grid that holds and conducts a wide range of permanently imprinted vibrational frequencies... producing a purifying effect that causes a tangible change in the atmosphere, producing

a purifying and harmonious effect. A holographic grid, encased behind a metallic grid, holds and conducts a wide range of permanently imprinted vibrational frequencies, which interact with your environment to create a tangible, positive change. The device will begin to work immediately. When clearing a large space, the device should be placed somewhere in the center of the area. Under normal conditions, one unit can clear an entire house. Users often report a tangible change in the

atmosphere or air quality. Most people say they feel calmer, relax easier, become more creative and sleep better. 2 1/2" x 4" x 3/4".

#46005 Safe Space \$109.95

Clears the area allowing for enhanced meditation, a boost in creativity and an improved quality of sleep

"Before using Safe Space, I'd often feel drained doing computer work. Now, after 8 to 10 hours of work, I still feel alert and energetic." C.H., Programmer



### SUMMARY

- Protection covers a 1000' radius
- Has a purifying effect on the space where it is placed, causing a tangible change in the atmosphere, creating a bio-friendly environment and allowing a harmonious flow of positive energies



# EMF PROTECTION

## THE NEW LOOK OF Q-LINK

### Beautiful Bracelets With Same Technology

Q-Link bracelets and pendants feature the latest SRT-3 programming. They work like a tuning fork, resonating with and strengthening the life-enhancing information already present within the human biofield. Q-Links use no external power source. Athletes and non-athletes realize heightened energy, a quicker stress-reducing effect and experience a more rapid return to centered emotional states. Users also report an ability to think more clearly, increased awareness, calmness, better sleep, enhanced mental focus, stamina and vitality. Professional athletes, who have been among the strongest advocates of



Performance Bracelets

the Q-Link necklaces, have quickly embraced these bracelets as a powerful connection between the mind and body... a key to improved performance and overall well-being. Scientific tests have proven that Q-Link reduces stress caused by EMF immediately. One year warranty. Gift box included.

### Performance Bracelets

Lightweight and comfortable for sports and physical activity. Can be worn by men and women. 1/2" wide. Length can be adjusted by cutting the black rubber-like band to proper size.

- #62528 Brushed Silver \$79.95
- #62529 Polished Silver \$79.95
- #62530 Brushed 14K Gold Plated \$99.95
- #62156 Polished 14K Gold Plated \$99.95



Deluxe Bracelets

**Deluxe Bracelets Men:** 1/2" wide; women 1/3" wide. Men's and women's Deluxe Bracelets are available in brushed or polished finishes. Many more sizes available online. **Visit our website or call if you need assistance in selecting the right size.**

- #71321 Men: Brushed Stainless Steel Medium \$99.95
- #71327 Men: Polished Stainless Steel Two Tone Gold & Silver Medium \$149.95
- #71332 Women: Polished Stainless Steel Small \$99.95
- #71335 Women: Polished Stainless Steel, Two Tone Gold & Silver Small \$149.95



## HIGHER ENERGY, ENHANCED PERSONAL PERFORMANCE, AND LESS STRESS FROM EMF

### The ClearWave Is The Only Electronic Clock In The World That Does Not Drain Your Energy

The Q-Link® product line from Clarus Products

strengthens your resilience against the harmful effects of EMF. Every Q-Link® product is engineered with

- physically alive
- Feel more emotionally balanced with less stress
- See new ways to focus on problems at hand
- Act with more confidence and clarity
- Deal more creatively and effectively with pressure
- Be more physically able to perform at peak levels
- Have more energy during and at the end of the work day

### Q-link® ClearWaves

The most advanced form of home/office EMF protection. Available in 3 strength levels. Each alarm clock has adjustable brightness LED digits. The ClearWaves plug into any standard AC electrical outlet and come with a three year warranty. Clock function operates in North America only.

#### SUMMARY

- Users report more positive energy, easier relaxation. Heightened alertness, and increased vigor
- The only electronic clock which does not drain your energy while you sleep or work

### Q-Link ClearWave 1

8" long x 3" deep x 3 1/4" high. Protects up a 30' radius. Recommended for home use with average EMF stress.

#46006 Q-Link ClearWave 1 \$249.00

### Q-Link ClearWave 2

8" long x 3" deep x 3 1/4" high. Protects up a 40' radius. Recommended for home use or small offices with moderate EMF and stress.

#46007 Q-Link ClearWave 2 \$329.00



### Q-Link ClearWave 3

8" long x 3" deep x 3 1/4" high. Protects up to a 50' radius. Recommended for medium to large environments with high EMF stress.

#72064 Q-Link ClearWave 3 \$399.00

### Portable Protector

The portable "take-me-along" model, with the same strength and advanced micro-circuitry as the ClearWave 2. Measures 4" x 2" x 3/4". Protects from EMF up to a 40' radius. Includes charger and rechargeable battery. Excellent for use on flights or long trips in the car. Don't leave home without it!

#46008 Ally \$329.00

**EMF IS ALL AROUND YOU**  
At the office: fluorescent bulbs, computers and other electronic devices, high tension power lines.



Ally

#### SUMMARY

- Clarifies EMF radiations so they do not interact chaotically with the body
- 40' radius of protection
- Optimizes the human energy system through resonance

revolutionary Sympathetic Resonance Technology (SRT™). Scientists at Stanford University and the University of California have shown that SRT™ works to reduce a wide variety of stresses. Ongoing testing has shown it is especially effective in reducing the negative effects of EMF caused by computers, cell phones and other electronics. Using Q-Link® products you may experience many of the following benefits:

- Feel more energy, alert and



more energy  
less stress  
greater focus  
improved well-being

## Q-LINK STRENGTHENS YOUR RESILIENCE AND RESISTANCE TO STRESS

Protects Against Cell Phone, Computer and Other EMF



Feeling drained, weak, irritable, distracted, stressed, anxious? You may be suffering from electro-magnetic frequencies, the invisible and undetectable pollution that is getting more and more attention from the medical community. The Q-Link is the only jewelry that uses Sympathetic Resonance Technology (SRT) to help strengthen your natural resilience to EMF.

The Q-Link is a stylish pendant that helps your biofield function at its optimum level. The biofield, as it is called by the U.S. National Institutes of Health, is an ensemble or matrix of different energies that extend outward from each person's body. A strong biofield not only supports and nourishes the body, but also strengthens a person's ability to cope with stress. A resilient biofield can be thought of as a protective force field against life's stresses.

Q-Link users report having clearer thinking, increased awareness, calmness, better sleep, enhanced mental focus,

stamina, vitality and more. It also strengthens immunity to cell phone, computer and other electromagnetic fields.

This product first gained widespread publicity with very favorable reports from athletes. For instance, more than 300 professional golfers wear the Q-Link. Other competitors in soccer, hockey, tennis, running and swimming are enthusiastic users. In addition, actors, business people, healthcare workers, children and those who suffer from chronic illness are getting quantifiable results.

### #43122 Q-Link Titanium:

Black cord  
\$199.95

#45020 Q-Link Sterling Silver Pebble: Sterling silver chain \$299.95

#43114 Q-Link Black Acrylic: Black cord \$99.00

#42742 Q-Link White Acrylic: Beige cord \$99.00

#99851 Q-Link 14K Gold Pebble: Gold casing with polished finish. 1" diameter. Includes lanyard \$999.95

MORE info ON OUR WEBSITE

# EMF PROTECTION



#42742 with SRT-3 technology

#43122 with SRT-3 technology

#43114 with SRT-3 technology

Reverse side



#99851 with SRT-3 technology

#45020 with SRT-3 technology

Q-LINK

*"The Q-Link technology has been scientifically demonstrated to enhance the body's ability to protect itself from harmful environmental radiation. By reducing the noise in any energy field, this technology strengthens and purifies the body's own energies."*  
Ken Wilber, Author of 17 books on consciousness and integral theory and practice.

Sleek and fashionable design featuring a beveled-edge 1 1/2" triangle with two distinct sides, each making an individual statement. Can be worn by men and women. Wear it just like pendant jewelry; inside or outside your clothing. Incorporates the next-generation SRT-3 technology, which activates a more powerful response. 35" cord.

The Sympathetic Resonance Technology works like a tuning fork to help rebalance the body's biofield so that man-made sources of electromagnetic radiation do not interfere with the optimal functioning of the body.

### SUMMARY

- Constantly recharges your biofield when you wear it
- Supports optimal health, wellness and peak performance in everyday activities as well as sports
- Converts and conducts subtle energy into a more coherent energy state conducive to the healthy energy states of the user.

### How Does Q-Link Work?

The Q-Link pendant is comprised of three primary components: a resonating cell, tuning board and an amplifying coil. The resonating cell functions as a multi-frequency crystalline oscillator. The tuning board protects the integrity of the cell, helping it to function at its optimal harmonic frequency range. The amplifying coil strengthens and increases the amplitude of resonant body frequencies. In simpler terms, the Q-Link functions like a highly sophisticated series of tuning forks, sympathetically resonating to strengthen and stabilize the human biofield and its complicated electrochemical processes.

1-800-456-9887

# EMF PROTECTION

Stress Reduction • Decreased Hyperactivity • Less Fatigue •

Get all these benefits from a beautifully styled watch. Embedded in each watch is a unique electronic chip that emits the Schumann Frequency (the predominant frequency found in nature). Based on the work of Nikola Tesla, and named after him... these watches re-introduce nature's healing

frequency to your body. As a result of wearing these TESLAR watches, reports show an 80% increase in brainwave strength and a 76% increase in the body's immune response; athletes report a 20% increase in circulation, leading to improved performance. Other watch wearers experience less

## TESLAR



### Roman

- Gold stainless steel case
  - Black "alligator-style" band
  - 1/8" wide
  - 1 TESLAR CHIP inside
- #51017 \$189.95

### Empire

- Stainless steel case
  - 1 1/2" x 1"
  - Stainless steel mesh band
  - 1 TESLAR CHIP inside
- #99889 \$159.95



### Atlantic

- Gold stainless steel case
  - Men's: 1 1/4" x 1" white face
  - Women's: 1" x 3/4" white face
  - Black "alligator look" leather band
  - 1 TESLAR CHIP inside
- #99885 Men's \$159.95  
#99886 Women's \$159.95

### Big Date

- Gold stainless steel case
  - Brown leather band
  - Large date display
  - 1 1/2" diameter
  - 1 TESLAR CHIP inside
- #99899 Big Date \$199.95



### Deep Blue

- Stainless steel case,
  - 1 1/2" diameter
  - Screw down crown
  - Solid stainless steel bracelet
  - Day/Date display
  - Dark blue rotating bezel
  - 1 TESLAR CHIP inside
- #83058 \$299.95



### Wall Street

- Stainless steel case
  - 1 1/4" diameter
  - Raised index dial
  - Date display
  - Genuine leather band
  - 1 TESLAR CHIP inside
  - Gold face
- #83060 \$199.95



### Windsor

- Gold stainless steel case
  - Brown "alligator-style" band
  - Unisex - 1 1/4" wide
  - 1 TESLAR CHIP inside
- #42720 \$189.95

### Pacific

- Gold stainless steel case
  - Men's: 1 1/4" x 1" gold face
  - Women's: 1" x 3/4" gold face
  - Black "alligator look" leather band
  - 1 TESLAR CHIP inside
- #99887 Men's \$159.95  
#99888 Women's \$159.95



**SUMMARY**

- Reduces the effects of stress, fatigue and jet lag
- Decreases hyperactivity, anxiety, migraines, and depression
- The TESLAR chip uses subtle energy technology to screen the body from electronic pollution, allowing the body to operate more harmoniously within the earth's natural resonance field

Standard batteries need replacing every 18-24 months. Batteries are readily available at your local jeweler.



## Lowered Anxiety • Heightened Immune Response

stress, relief from the aches and pains of arthritis, less headaches, reduced symptoms associated with depression and hyperactivity. This technology is an active, not passive, approach to EMF protection... because the chip oscillates at the Schumann frequency.

### La Sconza

- Stainless steel case
- Silver metal band; black face
- 1 1/2" diameter
- Date display
- 1 TESLAR CHIP inside

#42722 \$229.95



**TESLAR**

New styles always being added. Check our website.



### Quantum

- Stainless steel case
- 1 1/2" diameter
- Date display
- Silver metal band; blue face
- Chronograph movement
- 1 TESLAR CHIP inside

#51015 \$299.95

### Protection Diode For Wireless Headphones



This is a super concentrated 1/4" adhesive disk and can be attached to even the smallest Bluetooth or wireless headset. Wireless listening devices magnify and compress their EMF radiation, so this diode's formula has been magnified to neutralize the harmful EMFs. This tiny, yet powerful diode makes it convenient to use this new technology yet stay protected.

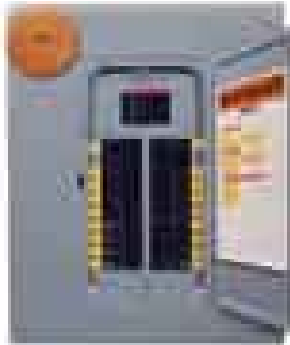
#62217 Wireless Headset Diode \$69.95



### Circuit Breaker Diode

This super high frequency Circuit Breaker Diode provides a powerful solution to EMF at the entry point where electrical power enters your house. With its adhesive backing, you place this on your circuit breaker box for extraordinary protection. This 3" Copper disc will neutralize the harmful energies emitting from your home's electrical wiring and the appliances running off those lines, even the newest, high energy appliances and devices. One Circuit Breaker Diode is effective for home or offices up to 4,000 sq. ft. No maintenance required.

#62218 Circuit Breaker Diode \$329.95



### ORAL IRRIGATOR

#### Get Professional Results

The Hydro Floss has a controlled strength magnetic flux field... it treats the cause of gum disease by inhibiting the bacteria's ability to bond to the teeth. It significantly reduces deposits AT THE GUM LINE and SLIGHTLY BELOW THE GUM LINE.

According to the Journal of Clinical

Periodontology, the addition of magnetic treatment to an oral irrigator was TWICE AS EFFECTIVE as ordinary units. Many thousands

of highly satisfied users; in fact, many of our sales are from referrals. 3 speeds and 4 interchangeable tips.

#46002 Hydro Floss  
\$129.95



### LEARN TO BRUSH CORRECTLY

#### A New Technique For Healthy Teeth And Gums

A 5 step oral health program that has changed the way thousands of people take care of their teeth and gums. Many people, even those who think they are doing everything properly will learn new techniques. This program also concentrates on the brushing and cleaning of gums, overlooked by almost everyone. 42 minutes

#42510 Gumology DVD (contains both English and Spanish) \$29.95



#### Soothes Sensitive Gum Tissue And Helps Remove Plaque.

A wonderful feeling when you brush your teeth and massage your gums with this excellent formula containing a high level of oxygen along with spearmint and peppermint essential oils. It disinfects the mouth. You could really call it a "mouth rejuvenator."

#41087 OxyVital Gum Elixir 1 oz. \$24.95

Buy 2 and SAVE! \$23.50 each



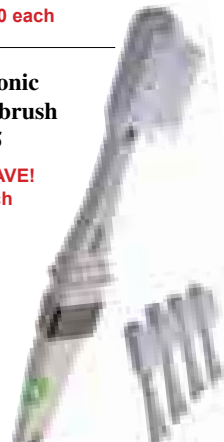
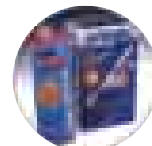
#### Removes Plaque

- Literally ionizes teeth to repel the formation of plaque
- 6 month double blind study found reduction of plaque 48.6% and improved the health of gums by 51.8%

Produces cleaner, whiter teeth and fresher breath. Includes 5 brush heads, travel case, instructional video and user's guide.

#62071 hyG Ionic Toothbrush \$29.95

Buy 2 and SAVE!  
\$27.95 each



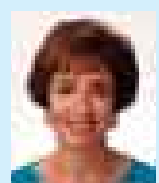
# EMF PROTECTION

## BEAUTIFUL PENDANTS For EMF Protection And Emotional Healing



The powerful Rejuvenizer pendant is designed to protect your body and energy field from the negative effects of EMF pollution and emotional distress. It is made of a special dichroic fused glass, the process and technology originally developed by NASA for use in the space industry.

Acting much like a computer chip, the Rejuvenizer has specific programs stored within the structure of the dichroic glass that perform particular protective and healing functions.



**Phyllis Light  
Ph.D.**

Phyllis Light developed this breakthrough technology after 30 years of research and development. Dr. Light has been trained over many years, to detect and repair subtle kinds of damage to a person's energy field which cause physical and ultimately mental and emotional distress. Tools For Wellness has sold these Rejuvenizer Pendants for many years with many, many satisfied users. Some of these users have written testimonials. Read them on our website.

- Removes negative charges stored in the body from years of exposure to EMF signals
- Strengthens energy fields
- Helps normalize the body from the effects of environmental toxicity Specially encoded by Dr. Phyllis Light. Benefits are cumulative over time.

Individually handcrafted; no two are alike. Comes with black satin cord and suede carrying pouch. 1" long x 3/4" wide.

**The REJUVENIZER can help you overcome the fatigue and exhaustion that often results from exposure to EMF. Clears old negative charges that have accumulated in your body over the years. Strengthens body's immune system and allows you to have more energy. Many users report a decreased frequency of illness.**

### SUMMARY

- Harmonizes body from negative effects of EMF pollution
- Increases energy, strength, stamina and clarity
- Reduces stress and fatigue
- Gives specific physical, mental, emotional and spiritual protective healing

- #48335 Tropical Isle:**  
Green, gold and copper  
**\$159.95**
- #71074 Celestial Sky:**  
Periwinkle, aqua and pink  
**\$159.95**
- #41061 Purple Majesty:**  
Purple with hint of emerald  
**\$159.95**
- #41062 Golden Sunrise:**  
Blue, green, gold and hint of pink  
**\$159.95**
- #99844 Midnight Blue:**  
Deep cobalt blue, purple and black  
**\$159.95**
- #48334 Rainbow Night:**  
Like Tropical Isle, but with pinks and purples  
**\$159.95**
- #71077 Opalescent: Silver,**  
white, aqua  
**\$159.95**
- #99931 Shimmering Mint:**  
Pastel rainbow colors on mint green background  
**\$159.95**
- #99932 Rose N Lilac**  
Mist: Pastel pink and purple on a transparent base. Colors are subtle  
**\$159.95**
- #99933 Cobalt Magic:**  
Deep cobalt blue and purple with specks of pink  
**\$159.95**
- #99934 Caribbean Seas:**  
Sparkly pastel rainbow colors on aqua blue background  
**\$159.95**



## Do Cell Phones Menace Your Health?

While it is still too early to determine long term adverse effects of using cell phones... some recent findings indicate the following:

- During usage, heart rate and hormone secretion is accelerated
- Usage should not be for prolonged periods
- Use by children should be severely restricted or eliminated
- Protection devices do help to reduce any dangers

### Stick The Cell Phone Diode On Your Phone

It's tiny, but its effects are huge. Tests showed the Cell Phone Diode reduced EMF radiation by over 90%, causing a decrease in the biological stress caused by cell phone EMF radiation. Our bodies are sensitive to even weak EMF fields, and when one frequency persists for more than a few minutes, our body's ability to electrically run itself at optimum efficiency is disrupted. The Cell Phone Diode is also effective with:

- Beepers and pagers
- Cordless phones
- Remote controls
- Computers and accessories

- Kitchen appliances
- Microwave ovens
- Fluorescent lights
- Televisions
- Electrical appliances
- Electrical tools

**#62520 Enhanced Digital Cell Phone Diode \$29.95**  
**Buy 2 and SAVE! \$27.95 each**

### SUMMARY

- It is a rectifier; stabilizes and rectifies the energies of the body
- Effective protection from EMF of phones, computers, TV, appliances and fluorescent lights
- Never wears out and is recharged by the sun



New, improved model protects with 52 frequencies

1/2" Diameter



Actual color of Diode may vary slightly

Attaches to phone with self adhesive backing

## SUNRISE SYSTEM DAWN SIMULATOR

### The Natural, Stress-Free Way To Wake Up

This wonderful appliance can be set to simulate a sunrise and a sunset. The sunrise setting brightens the room gradually, gently waking the sleeper and the sunset feature slowly dims the room, helping the user to relax, and ease into a restful and natural sleep. It has a built-in MP3 player which allows the user to listen or wake up to relaxing sounds, music, talking books or a downloaded radio program. The many advanced features allow the user to set it to meet your own individual lifestyle requirements:

- Timer for sunrise or sunset
  - Adjustable lamp and night light
  - Audible alarm, if you wish
  - Power back-up
  - Stereo MP3 player with external MMC card slot
  - Seven day alarm with snooze feature
  - MMC card is included with these sleep sounds: rain forest, the sea, the stream and thunderstorm
- 10" high; occupies only 5" of table space.

#62519 Sunrise System Dawn Simulator \$179.95



## HEALTHFUL LIGHTING

### Rise & Shine Bedside Lamp With Wake-Up Alarm

This lamp has all the features you would want in a bedside lamp plus world-famous Verilux quality and technology. Patented programmable natural light and sound alarm clock. Simulates sunrise to wake you gently. Light and sound gradually increase and decrease according to choice of 4 pre-set times.

Natural Spectrum light with super bright Xenon technology. Bulb is energy efficient 60 watt bulb with 150 watts of brightness. Lasts 2,000 hours.

Choice of 8 nature sounds, plus alarm/snooze and AM/FM radio. Battery backup. Space-saving design plus Verilux quality, reliability and innovation. 24" high, 6 1/2" base diameter. Shade: 12" diameter. Easy to operate.



- Wake up and fall asleep gently
- Feel refreshed and energized
- Reduces stress

#51085 Rise & Shine Bedside Lamp Ivory \$179.95  
 #45021 Rise & Shine Bedside Lamp Graphite \$179.95  
 #99846 Replacement bulb \$19.95

### Do You Have The Winter Blues?

A wealth of new information on SAD (Seasonal Affective Disorder) including new treatments, new research on antidepressants, ways to deal with unhealthy winter food cravings. How to distinguish between "winter blues" vs. full-blown SAD. There's also a self test that you can use to evaluate seasonal mood changes. Lots of helpful advice, coping tips and resources. Softcover, 372 pages.

#62211 Winter Blues \$15.95



### WAKE UP WITH THE NATURAL SUNRISE AND A CLOCK RADIO

#### No Noisy Alarm

You can start every day on the right foot with a better waking experience. With user relaxation and comfort as top priorities, the Sun Alarm effectively increases your energy levels and helps you to wake up easier and gently every morning.

Waking up "with the sun" can be activated from 15 to 120 minutes, gradually increasing brightness to simulate a sunrise. Likewise, there's a "sunset"

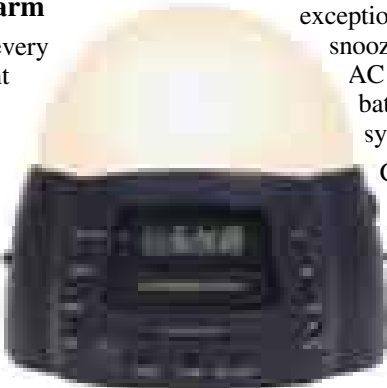
feature. AM/FM radio is built-in along with a flash/beeper feature for heavy sleepers.

To round out the list of exceptional features is a snooze button, alarm, AC adapter and a battery backup system.

Clinical studies at the National Institute of Health Indicate that waking to light has been known to help people with Seasonal Affective

Disorder, various forms of depression, and sleep disorders to overcome their problems by increasing daytime energy, limiting winter weight gain, and allowing them to wake up easier. 5"H x 5"W x 3"D

#42548 Sun Alarm \$89.95



### Blue Wave Technology For SAD, Winter Blues, Sleep Disorders, Jet Lag And Fatigue

For many years, it has been known that full-spectrum, 10,000 lux light can be very effective in treating seasonal affective disorder and other circadian rhythm related mood disorders. Recently, researchers have discovered a very specific range of blue light is the most effective color (wavelength) in treating Seasonal Affective Disorder. The goLite delivers only the most effective wavelengths, which means a more convenient treatment and fewer side effects than the traditional 10,000 lux light therapy devices.

The goLite will lift your mood during the day, improve sleeping cycles and quality of sleep, help avoid jet lag illness, and irregular sleep patterns and energy deficiencies due to erratic work habits.

The light produces natural sunlight without any ultraviolet radiation. The lamp is used 20" away from the face at a slight angle, with the eyes open. You can read, watch TV, operate a computer, or use it while you exercise. Fully programmable for treatment length and scheduling plus numerous personal settings. Great for traveling: protective flip-down cover and weighs less than 1 pound. 2 year limited warranty.

6" x 6" x 2". Carry case included.

#62162 goLite M-2 \$299.00





# HEALTHFUL LIGHTING

These lights simulate the natural spectrum of daylight, providing a glare-free

## Light Bulbs

Based on years of research and testing, not only do they bring out true, vibrant colors - they can ease eye fatigue, improve your mood, and they simply look and "feel right." These pure neodymium-glass bulbs work just like regular incandescent bulbs - but they emit a natural spectrum of light that is the closest you can get to sunlight indoors! They fit any standard incandescent bulb socket and last 5,000 hours - 5 times longer than incandescent bulbs. They work great anywhere - for table, desk and reading lamps, in workshops, kitchens and art studios and wherever you want quality light.



**VERILUX**

Natural Spectrum Bulb  
For use in U.S. only

### Regular Bulbs \$8.95 each

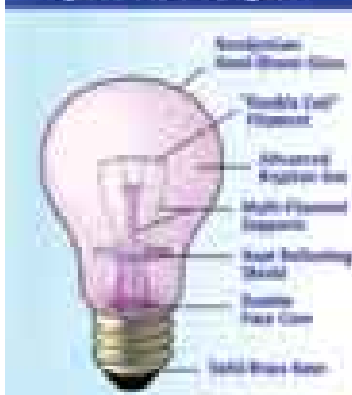
	CLEAR	FROSTED
60 Watt	#48353	#46084
75 Watt	#48354	#46071
100 Watt	#48356	#45023
150 Watt	-	#46083

### Other Bulbs Frosted Only

3 way	50/100/150W	#46082	\$11.95
Flood	75W	#48358	\$17.95
Beauty Bulb	40W	#34073	\$10.95

Shows skin colors accurately  
LARGER SELECTION ONLINE

Only Verilux bulbs give the best light!



**VERILUX**  
The Healthy Lighting Company

## HappyLite<sup>®</sup> SUNLIGHT SIMULATOR Deluxe

### Get Your Daily "Dose" Of Sunshine

Boost your body's sense of well-being, alertness and energy with the VERILUX<sup>®</sup> HappyLite

Deluxe Sunshine Simulator. Although our lives, health and



Rear View

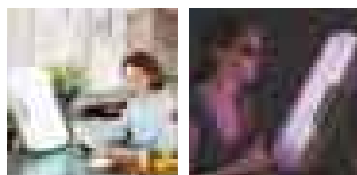
well-being are dependent upon the sun, most of us do not get enough sunshine every day. Bright light is used for alleviating symptoms associated with seasonal affective disorder (SAD), jet lag, shift work fatigue, seasonal change and insomnia.

Studies were conducted showing effective use of light boxes for 30 minutes (in this unit at a 9" distance). Some people are more sensitive to light than others and may experience results in as few as 15 minutes per day, but you should start out with the full 30 minutes.

- Ultra lightweight... only 7 lbs.
- Sleek white satin lens cover
- Soothing glare-free light
- Flicker-free light, low EMI
- 10,000 Lux daylight natural spectrum light
- Built-in stand and carrying handle
- Can be wall mounted
- 20"H x 13"W x 4"D

#42001 HappyLite Deluxe \$189.95

#42514 Replacement Pack of 2 bulbs \$56.95



## Blue Light Therapy System

Sleep disturbance increases with age. The natural Circadian rhythm that regulates your body's sleep cycles can be thrown off by spending more time indoors as we age. Children can experience difficulty falling asleep and getting a restful slumber. Instead of seeking relief from potentially dangerous drugs, many people are looking for natural alternatives.

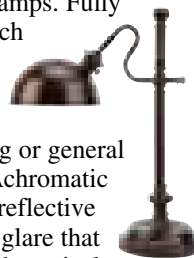
The TwiLight Blue Light Therapy System provides excellent blue light exposure that has been shown to optimize the re-calibration of the body's Circadian rhythm. Placing this light in the bedroom and turn it on for 30-60 minutes prior to falling asleep will help you fall asleep faster and provide more restful sleep. It is cool to the touch and safe to use. The flicker-free, no-buzz bulb lasts 10,000 hours. 12" high. 3 year warranty.

#62503 TwiLight Blue Light Sleep System \$89.95

#62504 Replacement bulb \$24.95

## Desk And Table Lamp

Designed from early 20<sup>th</sup> century work lamps. Fully dimmable switch provides infinite light levels suitable for task lighting or general illumination. Achromatic shade reduces reflective and peripheral glare that forces eyes to do optical "push-ups". Base: 8" diameter. 22" high.



#99880 Legacy Desk And Table Lamp Bronze \$89.95

#46084 Replacement Bulb \$8.95

## Floor Lamp

Same design and features. Base: 10". Height: 61".

\*#99881 Legacy Floor Lamp Bronze \$129.95

\* Additional \$10.00 shipping charge Continental U.S. shipments only. No rush/express delivery.

#46081 Replacement Bulb \$8.95

## Modern Desk Lamp

Sleek design provides daylight indoors from a compact source. Cool to the touch lamp head provides safe operation without adding heat to your workspace. Technology fills in wavelengths to counter the strobing effect of fluorescent lights and computer screens that can tire and even damage eyes. 8" diameter base. 17" high.

#99872 Modern Desk Lamp \$119.95

#75418 Replacement Bulb \$19.95

## Fluorescent Bulbs

It's hard to believe that just by changing your lighting, you'll get these benefits: unsurpassed color rendition, visual appeal, less eyestrain and a reduction in headaches. Our fluorescent tubes are the closest representation of natural light available. These tubes have become an international standard for diamond grading and are used in the Smithsonian Museum, the National Gallery of Art, among others. You, too, will notice a dramatic difference when you get rid of your old light tubes.

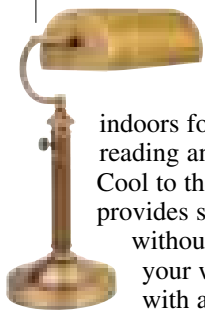
#51002 T-12, 1 1/4" diameter, 48" long, 40 watt. For most applications. Pack of 4 \$54.95

#51003 T-8, 1" diameter, 48" long, 32 watt. For electronic ballasts only. Pack of 4 \$54.95

How many times have you wished to have the bright, healthy, natural daylight transported to your room ... right to your desk? Verilux HappyEyes lamps simulate the natural spectrum of daylight. They are very attractive, very affordable, and very well made. They are the ORIGINAL lamps of this kind, not lower grade "knock-offs" made to meet a low advertised price. Keep in mind that TOOLS FOR WELLNESS also has the genuine Verilux replacement bulbs.

light source, which shows true colors and helps to ease eyestrain and fatigue.

## Desk And Table Lamp



Inspired by early 20<sup>th</sup> century banker's lamps. Brings daylight indoors for a superb reading and project light. Cool to the touch lamp head provides safe operation without adding heat to your workspace. As with all Verilux lamps, has

flicker-free light with instant-on illumination.

**#99873 Princeton Desk And Table Lamp Brass \$119.95**

**#99879 Princeton Desk And Table Lamp Silver \$119.95**

**#75418 Replacement Bulb \$19.95**



## Floor Lamp

Same design and features. Base: 10" diameter. 48-60" tall.

**\*#99874 Princeton Floor Lamp Antiqued Nickel \$149.95**

**\*#99877 Princeton Floor Lamp Antiqued Brass \$149.95**

**\* Additional \$10.00 shipping charge Continental U.S. shipments only. No rush/express delivery.**

**#75418 Replacement Bulb \$19.95**

## Sunshine In Small Space

Space-saving and lightweight, this sunshine supplement lamp will fit on any table or desk. Delivers 5,000 LUX of healthful light for treating S.A.D. and improving your mood.

12" high.

**#99882 HappyLite Mini \$89.95**

**#62144 Replacement Bulb \$24.95**

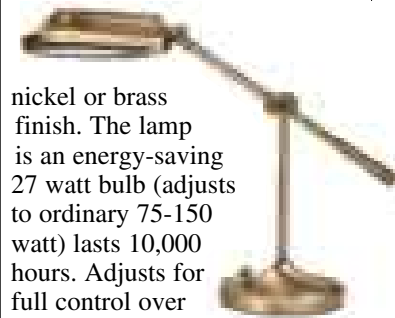


## HERITAGE™

### Desk Lamp

We call this the ultimate reading lamp, as it scientifically tunes original Natural Spectrum indoor sunlight for readers' eyes. Exclusive Verilux technologies optimize black-white contrast and reduce harmful flicker and glare to eliminate eyestrain and enhance vision.

Occupies only 8 1/2" of space, has full-rotation lamp head and telescopes 39"-53". Hand polished antiqued brushed



nickel or brass finish. The lamp is an energy-saving 27 watt bulb (adjusts to ordinary 75-150 watt) lasts 10,000 hours. Adjusts for full control over height and angle.

**\*#99775 Heritage Desk Lamp Brass \$179.95**

**\*#99776 Heritage Desk Lamp Nickel \$179.95**

**\* Additional \$2.00 shipping charge**



**Matching utility tray included with Happy Eyes Floor Lamp and Easy Flex Lamp**

### Portable Lamp

Integrated handle, onboard cord storage, auto on/off feature gives you "grab and go" convenience. Flicker-free illumination, no-buzz operation and a light diffuser that shields from eyestrain-producing glare. 4 lbs. Base: 4". Height: 11".



Close-up of Light Diffuser (Graphite Model)

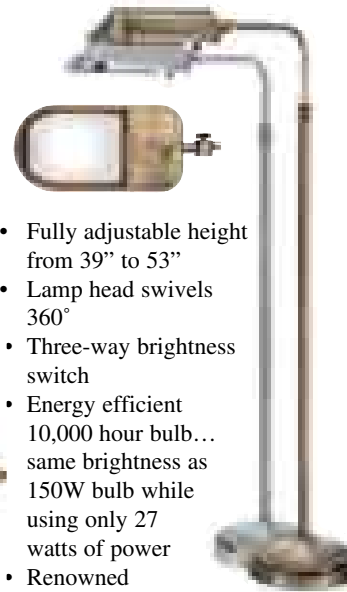
**#99883 Portable Light Graphite \$89.95**

**#75418 Replacement Bulb \$19.95**

## HERITAGE™

### Floor Lamp

- Classic decorative design in brass or nickel
- Filter virtually eliminates reflective glare



- Fully adjustable height from 39" to 53"
- Lamp head swivels 360°
- Three-way brightness switch
- Energy efficient 10,000 hour bulb... same brightness as 150W bulb while using only 27 watts of power
- Renowned Verilux quality

The high-luster, hand-polished, antique brushed brass or nickel finishes adds classic elegance to any room or office, especially those without windows.

**\* #51005 Heritage Floor Lamp Antique Brushed Brass \$249.95**

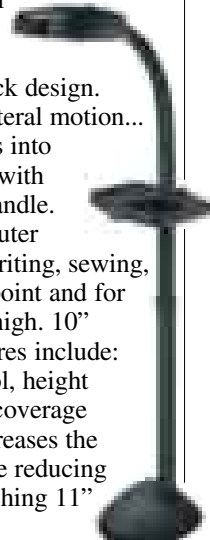
**\* #51006 Heritage Floor Lamp Antique Brushed Nickel \$249.95**

**#75418 Replacement Bulb \$19.95**

**\* Additional \$2.00 shipping charge**



Direct the natural light where you need it with the flexible gooseneck design. Wide range of lateral motion... smoothly swivels into exact placement with the ergonomic handle. Perfect for computer work, reading, writing, sewing, painting, needlepoint and for aging eyes. 52" high. 10" wide base. Features include: brightness control, height adjustment, full coverage reflector that increases the light output while reducing glare, and a matching 11" x 8" utility tray.

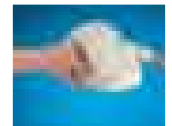


**#42533 EasyFlex Lamp: Ivory \$169.95**

**#51084 EasyFlex Lamp: Graphite \$169.95**

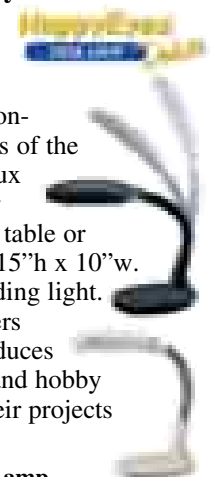
**#75418 Replacement Bulb \$19.95**

**A matching utility tray is included. It attaches with ease; no tools are required.**



## Turn A Windowless Office Into A Sunny Oasis.

This desk lamp brings all the mood-boosting, vision-easing features of the original Verilux lamps to your desk, bedside table or home office. 15"h x 10"w. A perfect reading light. Computer users find that it reduces glare. Craft and hobby people see their projects more clearly.



**#42700 Desk Lamp Ivory \$89.95**

**#42701 Desk Lamp Graphite \$89.95**

**#75418 Replacement Bulb \$19.95**

# VIBRANT HEALTH AND DETOX

## Think Before You Pop That Pill

Many anti-inflammatories may block the production of inflammatory chemicals regardless of whether they are needed for healing, which means the body may be unable to heal itself. The Infraconic 8000 calms cells so they can produce only the needed inflammatory chemicals for pain relief and accelerated healing. This is a truly new pain relief mechanism in place of narcotics, anesthetics, and over-the-counter pain pills.

## DEEP TISSUE PENETRATING MASSAGE

### Relieves Pain, Promotes Health And Vitality

What is Infraconic Therapy?

Infra means very low frequency; tonic means vitalizing. Infraconic Therapy uses specific, randomly generated bands of infrasound (below 30 Hz) waves to penetrate superficial and deep layers of the body. When our cells are traumatized, they send out signals of discomfort and aggravation, which lead to pain, swelling, and energy depletion. Infraconic Therapy works by interrupting trauma at the cellular level, using the same frequencies that the body itself uses for intercommunication. Research shows that this type of therapy decreases inflammation, reduces cellular

trauma, increases Hyaluronic Acid production, and promotes healing.

The Infraconic 8000 is the latest rendition of this type of therapy. Thousands of users world wide attest to its ability to accelerate sub cellular vitality, reduce stress and worry... important keys to accelerated recovery.

There are three patented vitalizing settings:

- FULL: Most effective for accelerated recovery
- SLEEP: excludes signals that create alertness
- PAIN: Excludes signals that accelerate sub-cellular activity, which could aggravate inflamed areas

## WHAT'S THE DIFFERENCE BETWEEN THE TWO?

Infraconic 8000 is used for accelerated recovery. Very effective where there are broken bones and tissue that are slow to heal. Excellent for the complete approach to the mind-body healing process. The SoniCalm 3 is targeted specifically for the relief of pain, particularly where nothing else has worked before, such as chronic pain.

## Infraconic Therapy Designed Specifically For Pain

The SoniCalm 3 focuses precisely on reducing or eliminating chronic and acute pain.

It works by producing signals that entrain lower pain signals and lifts them into the desired range. These therapeutic signals move pain from the physical to the emotional range and transfer worry signals from the analytical range into the intuitive range.

Put it where it hurts; it's that simple to use. It is highly effective with its three penetration levels:

- CALM
- MEDIUM
- DEEP

Like the Infraconic 8000, it is highly touted by professional healthcare practitioners.

From the makers of the Infraconic 8000, it works in a similar fashion... creating highly variable therapeutic signals (2-25 Hz) that repeatedly repositions the body's vibrational system for maximum effectiveness.

#46090 SoniCalm 3 \$695.00

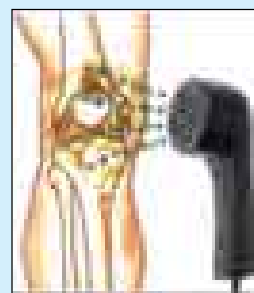
Doctors, chiropractors, acupuncturists, and veterinarians are among the many users. Just as Qigong masters are able to focus chi, or life energy, into patient's bodies and stimulate relaxation and energy, the unique "chaos" circuit delivers low frequency (2-25 Hz) sound waves directly to the area you want.

Nanosynthesis, Chirp Entrainment, Sonic Sequencing and Chaotic Carrier technologies all work together to create highly variable therapeutic signals that repeatedly reposition the body's vibration system for maximum effectiveness. The Infraconic 8000 is a very high quality device and is a U.S. FDA 510 (K) listed therapeutic massager.

#46088 Infraconic 8000 \$895.00

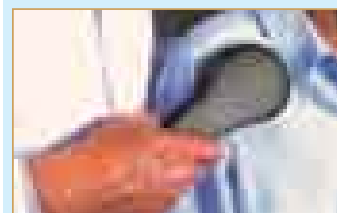
#75382 Position Arm (For hands-free use) \$69.95

MORE info  
OUR WEBSITE



NO RISK OF DEEP TISSUE BURNS LIKE FROM ULTRASOUND...

The Infraconic 8000 applies chaotic soundwaves to improve local microcirculation. While ultrasound uses high frequency sound which can cause local deep tissue burns, the Infraconic uses penetrating low frequency chaotic sound so there is no chance of excess heat build-up.



## READ BEFORE ORDERING

This is the genuine Infraconic 8000 machine. Independent tests show a dramatic difference in results with this machine, compared to look-alikes on the market. This device (the ONLY machine with the CHI logo on it) produces Regenerative Chaos, which is extraordinarily effective. Thousands are in use in doctor's offices and clinics. Should not be used by people with pacemakers or with suspected blood clots in the legs. Should not be used as a substitute for medical care. It is advisable to consult your healthcare professional.

## Greater Effectiveness And Greater Comfort With Sonic Sequencing

Infusing the body with several signals sequentially is more effective than using individual continuous signals because it minimizes the body's vibrational response. When applied using short bursts, the Sonic Sequencing system of the Infraconic 8000 and the SoniCalm 3 are comfortable and very effective. With Sonic Frequencing, the signal is constantly jumping (randomly every second or two) from one frequency band to another so the body does not have time to develop a vibrational response. Infraconic 8 and SoniCalm 3 with Sonic Sequencing have produced superb results and users are very enthusiastic about the new added features, particularly Sonic Frequency.





**RELIEF OF LOWER BACK PAIN ASSOCIATED WITH SORE AND ACHING MUSCLES**

Uses TENS, Transcutaneous Electrical Nerve Stimulation, a safe, non-invasive drug-free method to manage pain. It works by sending small electrical impulses through the electrodes placed on the skin to underlying fibers. TENS allows many people with lower back pain conditions to resume daily activity. This therapy has been used for over 25 years by healthcare professionals. This same, very effective TENS modality can be used by individuals, and without a prescription.

The system consists of a small battery-operated control unit that is worn on a belt. Two small cables connect this to the

self-adhesive electrode pads that are positioned where you want them on the lower back. Use the controls to vary the time, intensity and/or stimulation modes in order to customize your



**VIBRANT HEALTH AND DETOX**

treatment. Provides an effective and gentle alternative to drugs and repeated treatments that is non-invasive and non-addictive.

- #99896 TENS Back Pain Relief System \$149.95
- #99897 TENS Replacement Pads (Pack of 4) \$19.95



**ACUPRESSURE FOOT MASSAGER**

**Goodbye To Pain In Your Feet, Back, Legs And Neck**

Massaging your feet stimulates all the nerve endings and pressure points in your feet, creating a soothing effect that actually relieves pain and discomfort in your extremities and throughout your body (all major organs and nerves end in the nerve endings underneath your feet). It improves your blood circulation

and creates soothing relief. Used by athletes and massage professionals.

- Includes acupressure nodes that stimulate the meridian points on the soles of your feet
- Relieves stress and pain
- Relieves neuropathy
- Heat is available with a separate switch
- 10 minute timer and 3 intensity levels
- Instruction manual

#62236 AcuPressure Foot Massager \$129.95

**STIMULATE NERVE ENDINGS AND PROMOTE CIRCULATION**

**The Power Of Chinese Medicine And New Technology**

Wouldn't you love to have a magic wand to take away your everyday aches and pains? While it may not be magic, our Acu-Point Pen utilizes specially designed electronic acupuncture probes which simulate traditional acupuncture treatments.

anywhere on the body. It has a diagrammatic screen that's easy to read; the controls make it easy-to-use. Lightweight. 9" long. Battery-operated.

#99857 Acu-Point Pen \$99.95  
This product is not intended for the diagnosis, treatment, or prevention of any disease.

Passing the Acu-Point Pen over the palm of your hand allows you to identify areas that may need attention.

You'll feel the stimulus signal sent to the specific area as it stimulates the nerve and muscle while promoting improved blood circulation to the desired area. Can be used just about

or more loosely for comfort. 6" wide.

#48257 Large, 29"-42" \$39.95

#48258 X-Large, 33"-46" \$39.95



**For Sore Muscles**

This remarkable liquid can relax muscles and reduce arthritic pain within minutes. Produces a Tachyon "blast" that will balance an area in 15 minutes.

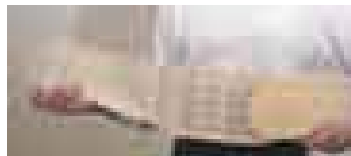


#48142 Tachyonized Panther Juice 1 oz. \$19.95

**Magnetic Lower Back Belt**

Support your entire lower back while experiencing a penetrating magnetic field. Our bioceramic magnetic belt packs a punch with 16 strong grade VIII ceramic magnets. With over 5" of field penetration you can rest assured that the

magnetism will get to the areas that you want it to. Velcro type closure allows the belt to be worn tightly for added support



# VIBRANT HEALTH AND DETOX

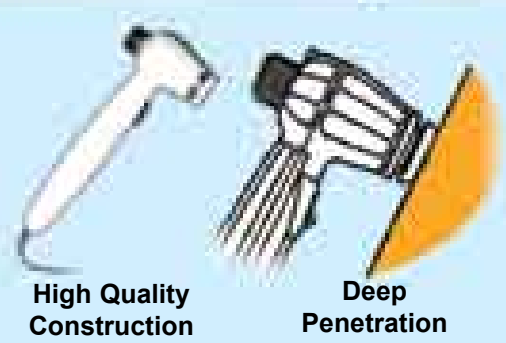
## USE SOUND WAVES TO HEAL Extra Deep And Penetrating Vibrational Transducer Frequencies

In 1928, Erwin Schliephake, a German scientist, discovered that sound waves accelerated healing.

When sound waves are applied to the body, the cells and tissue absorb some of this energy, thus increasing circulation to enhance healing.



Used by Athletes



High Quality Construction

Deep Penetration

The Novasonic unit utilizes a sound transducer that vibrates at selected frequencies within the audible range (between 16 - 20,000 Hertz). Sound waves are transmitted to the treatment area through a specially designed "sound head", applied without pressure to the skin surface. The sound waves can penetrate up to 2/4" within the body, treating areas inaccessible to other techniques. Furthermore, the intensity of the waves and accompanying vibration can be adjusted easily.

The unit may look like an ultrasound unit, but Novasonic

uses audible sounds, a different technology. This provides intensive stimulation of the natural functions of the cellular, circulatory and nervous systems.

The direct consequence of each molecular impact is to create altering compression and dilation zones...

in effect, a form of massage, but at a cellular level, deep within the treated tissue. This stimulation results in an immediate and demonstrable tightening of the cell-wall membranes, leading to increased blood circulation and improved metabolism. It is by this intensive stimulation of the natural functions of the cellular, circulatory and nervous systems of the body that the beneficial effects of the therapy are achieved.

Novasonic simply gives nature a helping hand.

Users report significant relief, particularly in the joints.

The Novasonic has two speeds (high and low), and an intensity control knob. There are two sound heads; flat for large areas, and round for points. Comes with carrying case.

The Novasonic can be used to stimulate lymph nodes, spinal fluids, cartilage, joints, muscles, and tissue.

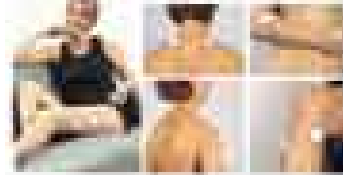
**#42500 Novasonic \$199.95**

**CAUTION:** You should not undergo any form of electrotherapy without first having consulted with a healthcare professional.

## PERSONAL ELECTRONIC MASSAGER

### Soothes Sore And Aching Muscles

Uses low intensity electrical currents for pain relief and to relax muscles. The same technique previously available only to doctors and hospitals can now be used in the privacy and comfort of your own home. Avoids the necessity for needles and expensive therapy sessions. The Massager sends small electrical impulses through the skin to reach the underlying peripheral nerves to reduce pain, alleviate muscle soreness and to improve circulation.



- 6 treatment modes
- 8 intensity levels
- 10 minute fixed timer
- Portable (lightweight; battery-operated)

**#72071 Personal Electronic Massager \$129.95**

**#42537 Extra Pack of 8 Pads \$14.95**

## Advanced Magnetic Therapy

Uses pulsating electromagnetic fields that imitate the natural and ongoing frequencies of different organ systems in the body. Works to recharge cells to their correct level of function with very beneficial and often dramatic results. Improvement has been reported in conditions such as pain, asthma, arthritis, fatigue, osteoporosis, insomnia, migraines, circulation problems and high cholesterol.

Safe and easy to use, simply lie down on the QRS mattress for 8 minutes, twice a day. Currently 50,000 units are in use worldwide in private homes, professional practices and hospitals.

- Stress relief and stress recovery
- Deeper sleep and rejuvenation
- Increased energy and vitality
- Strengthened immune system
- Increased oxygen in the blood
- Improved vitamin and mineral absorption
- Strengthened respiratory system
- More dense bone structure

Features include:

- Three programs, each with intensity gradations
- Easy-to-read display for program, intensity and time indication
- Timer function: 1 to 60 minutes
- Memory function to repeat the



last treatment

- Program up to 4 treatments
- Mat for full body treatment
- Pillow for local treatment
- Customer support and a 2 year warranty

Please allow additional 3-5 weeks for order processing. Standard delivery only. This is a non-returnable product, and your credit card will be billed at the time your order is placed. Persons with medical conditions should consult a physician before using. Not to be used with: pacemakers, severe mycosis, pregnancy and epilepsy.

**#62059 Quantron Resonance System \$2,790.00**



# VIBRANT HEALTH AND DETOX

## SAFE, EFFECTIVE AND NATURAL: Detox In 14 Days

The Total Body Cleanse consists of six formulas to systematically support and assist the body to cleanse the main channels of elimination: the Lymphatic, the Blood, the Liver, the Bowel and the Urinary Tract of unwanted waste and toxins. These five have been created to address each of the eliminatory systems, while the sixth is formulated to eliminate



parasites. This program includes easy-to-use directions to be taken over a 14 day period.

We think this is the most comprehensive clinically tested body cleanse system on the market today. These formulas used bioenergetic testing and were designed to attack the source, restore the immune system and promote general good health.

Each of the six bottles contains 100 capsules.

#22149 14 Day Body Cleanse \$69.95

## Clean Out Your Body

This is a true colon conditioner. It increases bowel activity, and releases oxygen that actually removes old impacted fecal matter helping to remove harmful pathogens and revitalize the entire colon. Oxy-Cleanse allows room for the bowel process to resume normal activity. This product does not cause uncomfortable bloating and does not have harsh effects on your system.



It does not just push out waste material. It works by breaking down old matter so the elimination is gentle and natural. Some people take it daily for continuous cleaning action; others adjust the dose according to their needs. Compared to the myriad of products on the market, Oxy-Cleanse has been found to be very safe and very effective. It is a proven 70 year old formula (updated over the years) 75 capsules

#22118 Oxy-Cleanse \$19.95

Buy 2 and SAVE! \$18.75 each

## Anti-Aging Manual

This *Encyclopedia of Natural Health* is the most comprehensive, and well-arranged, natural health book in print, organizing the entire holistic field. Contains information on: 90 vitamins, 100 minerals, 55 proteins, 450 power foods, 900 herbs plus neurotransmitters, hormones, 1600 disease conditions. A huge index makes it easy to find what you are looking for. 1742 pages.



#42021 Anti-Aging Manual 3rd Edition \$49.95

## Don't Accept Aging As A Fact Of Life

The accumulation of acidic waste products within our bodies is the process of aging. Learn how to remove them and reverse aging. 123 pages

#62077 Reverse Aging \$11.95



**In order to achieve real health – glowing, long-lasting health – your body needs two things: to eliminate toxins, and to receive vital nutrients. Cellfood is the ONLY formula in the world that effectively accomplishes both at the same time. When you add Cellfood to your daily regimen, you know that you'll be continually cleaning and detoxifying your body, and bringing oxygen, hydrogen and 129 essential nutrients into each and every cell. It's why Cellfood is No. 1 in the world.**

Oxygen aids the functioning of every body system. Even with aerobic exercise, we are not getting optimum levels of oxygen into our bodies. It is estimated that the earth's atmosphere used to contain 38-50% oxygen; now it's below 20%... in some cities, it is as low as 10%.

The highly effective, time-release delivery system in Cellfood enables over 95% of its nutrients to be absorbed and utilized at the cellular level. Because it is colloidal, bioavailability is increased substantially. As a result, this product provides an incredible oxygen source and delivery system. The resulting benefits are: IMPROVING ENERGY, ENDURANCE, AND NATURAL HEALTH.

Contained in the formula are: "aerobic" proteins, 17 amino acids, 34 enzymes, 78 major and trace elements, deuterons, electrolytes, and dissolved oxygen. A few drops in a glass of water are all it takes. 1 month supply.

#75001 Cellfood 1 oz. \$24.95  
Buy 2 and SAVE! \$22.95 each



## SILICA ADDITIVE

**A Healthier, More Youthful, And Pain-Free Body With Reduced Healing Time**

Silica enables our bodies to remain flexible, resilient and energetic. Aids in supporting healthy bones, joints and cartilage, skin, nails, hair, teeth and gums. Silica levels decrease



with age and therefore may be needed among the elderly. Studies also show that silica counteracts the effects of Aluminum and may be important in supporting neurological health. 40 day supply.

#99628 Cellfood Silica 4 oz. \$24.95

Buy 3 and SAVE! \$22.95 each



# VIBRANT HEALTH AND DETOX

## TAKE BACK YOUR POWER AND RE-CHARGE THE BODY ELECTRIC!

The Silver Pulser has two functions:

1. It makes ionic-colloidal silver
2. It neutralizes microorganisms in the blood.

The Silver Pulser is an experimental non-invasive method called blood electrification, used by health researchers only. It is based on research and patents that shows that electrification of the blood neutralizes viruses, bacteria and fungi. This unit also generates colloidal silver using 99.99% pure silver electrodes. Colloidal Silver has been



used for over a century to ameliorate numerous health

problems. This powerful liquid can be made at home, and is of the highest quality. The Silver Pulser makes colloidal silver at 3-5 parts per million in one hour per 8 oz. glass of distilled water. The ionic colloids range in size of .005 to .015 microns, the optimum size and concentration for most applications.

This device is for experimental purposes only and is not meant to cure or treat medical conditions. Includes: battery-operated base unit, 99.99% pure silver electrodes, copper plated stimulator probes and sleeves, straps, instructions, carrying case and a 3 year warranty.

#73054 Silver Pulser \$229.95

## Magnetic Pulser For Lymphatic Stimulation



This is the best magnetic pulser we have ever seen under \$1,000.

An excellent adjunct to the Silver Pulser. With a biological penetration of 9" it is primarily used on the lymph system as well as the deeper organs. Through the principle of induction, this magnetic field can create eddy-currents (tiny electrical micro-currents) in living organic material that contains electrolytes. Includes AC powered base unit, magnetic hand paddle, operating instructions and 2-year warranty.

This device is for experimental purposes only and is not meant to cure or treat medical conditions. Consult with a medical professional.

#73055 Magnetic Pulser \$329.95

## Detox With Chelation

Chelation is the binding of a metal or mineral to another substance, which in turn enables those materials to be flushed out of the body. This formula employs the weak acid EDTA, and has long been the treatment of choice for removing lead and other heavy metals.

- Removes heavy metals and calcification

- Minimizes blood clots
  - Thins the blood
  - Reduces lipid peroxidation, a major cause of atherosclerosis
- Each capsule contains: Garlic 400 mg and EDTA 100 mg.

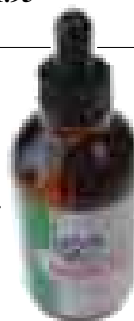
#48386 EDTA 480 capsules \$71.95



## All-Natural Colloidal Silver

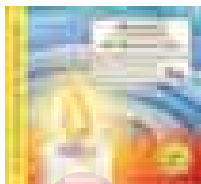
Using only 99.99% pure Silver and nanopure water, using a unique electrosonic process, yielding true particles in the more desirable and stable 1-9 nanometer (.001-.009) range. May be taken orally or applied topically. 1 month supply.

#43121 Colloidal Silver Drops 4 oz. \$24.95



## Breathe And Unwind With Alpha Brainwaves

Silvia Nakkach is a pioneer in the field of sound transformation of consciousness, and, music shamanism. For this unique collaboration, her own ambient vocals, keyboards, percussion, cello, bass, and guitars are embedded with clinically proven Alpha relaxation audio processes developed by Dr. Jeffrey



Thompson. Alpha waves are the brainwaves which people naturally produce in states of deep relaxation. After a few minutes of listening, your own brainwaves "lock" onto the pulses and carry you to states of renewed relaxation. A synergistic fusion of ethereal melodies and audio technology transports you to a place of inner peace and quiet joy.

#62193 Breathe & Unwind \$19.95

## Experience The Healing Power Of Breathing With This Four Week Program

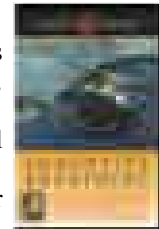
If something is troubling you, then changing the way you breathe will help. In fact, the FDA has approved breath training as a recognized treatment for hypertension, and there are many studies that show its effectiveness in relieving anxiety, depression, chronic fatigue, and more. This very effective training program will help you master the skills of this healing art at your own pace, in just 10 minutes a day. You get: DVD that teaches the Lifestream Breathing Technique, an audio CD with guide sessions to expand your consciousness, heal from emotional trauma, increase energy levels, and reduce stress... plus study cards and a guidebook.

#51054 The Breathing Box \$26.95



## Breathing Techniques To Relax At Any Time

Longevity Breathing cultivates your ability to relax at any time and concentrate on what you are doing without becoming distracted. This Taoist practice of breathing with the whole body releases blockages in the mind/ body, enhancing well-being and spiritual awareness. Recommended for anyone involved in healthcare, meditation, athletics, and the performing arts (particularly for those who use their voices professionally). Includes classroom sessions as well as practical animations. 90 minute DVD.



#41064 Longevity Breathing DVD \$24.95