Hypertension Management Software (HMS) 5.0



Directions for Use – CBP-License



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5 - Symbols

Symbols

The following signal words, symbols and pictographs are used in this direction for use to indicate important information:

Attention	The attention statement marks possible material damage. Non-adherence may lead to damage to the device or its accessories	Note	The note statement marks further information on the HMS
Тір	The tip statement marks a useful tip for example a short key	welchallyn.com	Consult Directions for Use, Electronic version available at Welchallyn.com, or Hard copy DFU available from Welch Allyn within 7 days.
	INTERNAL REFERENCE Marks references within the document to further information		EXTERNAL REFERENCE Marks references to external documents containing further optional information
(€ ⁴⁰⁰	Meets essential requirements of European Medical Device Directive 93/42/EEC	••••	Manufacturer

Introduction

Preliminary note

The Hypertension Management Software (**HMS**) serves to analyze the measurements taken by the blood pressure monitor ABPM 7100 from Welch Allyn.

With the help of the **HMS**, measurement results can be transferred out for analyzes via a USB interface cable or via Bluetooth®.

Measurement values can be displayed in various diagrams and other display formats, then processed further or printed out.

The upgrade to the **CBP License** provides you with the additional option of measuring and analyzing the central blood pressure (**CBP**).

About this directions for use

This direction for use provides you with extensive information on the individual options of analyzing the measurement values from your ABPM 7100.

Safety-relevant information

Safety-relevant information is contained in the directions for use of the ABPM 7100 Ambulatory Blood Pressure Monitor.

Intended use

The Hypertension Management Software is used in combination with the ABPM 7100 for the presentation and analyzes of blood pressure measurements.

The blood pressure curve of the ascending aorta is derived and central systolic and diastolic parameters are displayed. It is used in those patients where information related to the ascending aortic blood pressure is desired but in the opinion of the physician, the risk of cardiac catheterization procedure or other invasive monitoring may outweigh the benefits.



For further information on your ABPM 7100 please refer to the directions for use of the ABPM 7100.

6 - Working with HMS

Description of the HMS

The ABPM 7100 measures blood pressure and stores the measurement. Upon completion of the measurements, the stored measurements can be transferred to your computer, where measurements can be analyzed with the HMS according to your convenience.

The patient file contains data such as:

- Patient ID (mandatory input)
- Name (mandatory input)
- Contact information (address, telephone number, emergency contacts etc.)
- Personal data (age, gender etc.)
- Medication, Medical history, Blood pressure limits

The **HMS** offers you various analysis options. Results can be displayed on the computer screen or printed out:

- Display all individual measurements
- Statistical analysis with mean blood pressure values for the entire day, daytime and nighttime, first hour upon initial measurement, as well as mean hourly values
- Extreme values (maximum, minimum)
- Frequency percentage of measurement values above a specified limit value
- Calculation of daytime / nocturnal decrease
- Deviation from standards (variability)

Graphical analyzes:

- Envelope curve of mean hourly values
- Correlation
- Pie chart of exceeded limits in percent
- Bar chart of measurements
- Curve of changes in blood pressure
- Curve of measurement values
- Histogram of blood pressure distribution
- Curve comparison for treatment optimization

In this way, the course of and fluctuations in blood pressure over the day and night can be quickly and easily visualized. Medication can then be adjusted base on the account of these changes.

Working with HMS

Note Basic knowledge and experience in the Windows®, Mac® OS X or Linux® Operating System is required to use the **HMS**.

The **HMS** is used to administrate and analyze the measured blood pressure measurement data. These measurement values are then assigned to the patient. Each patient is not limited to one measurement series. Each measurement series consists of numerous individual values.

In general the following steps are run through:

- Before measurement: Preparing the measurement
 - 1. Start the HMS.
 - 2. Select existing patient or create new patient.
 - 3. Pair the ABPM 7100 to the **HMS**.
 - 4. Prepare the ABPM 7100 for measurement.
 - 5. Exit the **HMS.**

- After measurement: Process measurement data
 - 1. Start the HMS.
 - 2. Pair the ABPM 7100 to the HMS.
 - 3. Transfer the measurement results from the ABPM 7100.
 - 4. Analyze the measurement results.
 - 5. Exit the HMS.

Installing the software

The HMS is able to communicate with the ABPM 7100 via the following connections:

- USB interface cable
- Bluetooth® USB adapter
- **Note** Please insert only the Bluetooth® USB adapter or USB interface cable into the computer after the **HMS** has been installed or when you are prompted to do so.

Provisions for "Cyber Security"

Attention

For provisions of Cyber Security, the following should be observed for the safety of the HMS software

- Do not activate a guest account on the computer.
- Use the database export function for regular backups. The HMS does not provide automatic backups.
- Regularly update your operating system, firewall and antivirus software.
- Do not use Operating Systems for which support has been discontinued.
- Ensure that only authorized personnel have access to your computer.

System requirements

- 1. Computer
 - 1 GHz
 - 512 MB RAM
 - 100 MB Hard Disk Storage
 - 1024 x 768 Pixels
 - Two spare USB Ports
- 2. Operating System
 - Windows® Vista, Windows® 7, Windows® 8, Windows® 8.1 (32-bit & 64-bit)
 - Macintosh® OS X 10.7.5 and above (64-bit)
 - Linux® Ubuntu 14.04 and above (64-bit)
- 3. Software
 - Java-Runtime-Environment (JRE is contained on the installation CD)
- 4. Bluetooth®
 - Bluetooth® USB adapter
 - Bluetooth® 2.0
 - USB version 1.1 and above
 - BlueSoleil driver or software must not be installed

Installation for Windows®

The directions for use are located in the **docs** folder on the installation CD. Available documents are clearly displayed via **index.htm**.

Procedure:

The individual steps are explained in more detail below:

- A. Installing the **HMS** from CD.
- B. If required install drivers from the CD in the following sequence:
 - 1. Bluetooth® driver
 - 2. USB driver
- C. Insert the USB interface cable and/or the Bluetooth® adapter into the computer.

Installing the HMS from CD

- 1. Insert the CD into the CD drive.
- 2. The HMS installation should start automatically. If not, please perform the following steps:
 - I. Open the CD drive in Windows® Explorer.
 - II. Click on the file **CD_Start.exe** to start the installation.



3. Select the installation language. This launches the installation menu.

HMS Installation Welch Allyn* Hypertension Management Software			
Before plug-in USB cable: Please install USB Cable driver!			
Weich Allys* AEPM 7100 Public Wave Analysis eption	₽.	HMS Setup	Installation of HMS
Welchullym	Ð,	Documents	Manual, Short Guide etc.
CE0044	¢	USB Cable driver	Not for Windows 95, NT
Main Menu	2	Exit	Quit installation

4. Click on HMS Setup. The installation wizard appears.



5. Select a language and click on **OK**.

-	Please select a language:
	English
	OK Cancel

6. Follow the instructions on the screen.

Welcome to the HMS WelchAllyn Setup Wizard
This will install HMS WelchAllyn on your computer. The wizard will lead you step by step through the installation. Click Next to continue, or Cancel to exit Setup.
Next > Cancel

Installation for Macintosh® OS X 10.7.5 and above

Procedure:

- A. Installing the application from CD ROM.
- B. Insert the USB adapter and/or the Bluetooth[®] adapter into the computer.

Installing the application from CD ROM

- 1. Place the provided CD into your CD ROM drive. The Desktop will display the CD symbol for **HMS**.
- 2. Double-click on this CD symbol for HMS. CD-ROM will open.
- 3. Open the directory Mac_10-7-5.
- 4. Move the file **HMS.app** to your program directory.

Installation for Linux®

Procedure:

- A. Installing the application from CD ROM.
- B. Insert the USB adapter and/or the Bluetooth[®] adapter into the computer.

Installing the application from CD ROM

- 1. Log on as system administrator (root).
- 2. Place the provided CD into your CD ROM drive.
- 3. Open the directory Linux[®] on the CD.
- 4. Copy the folder **HMS** into the Home Directory.
- 5. Set the file **HMS** as executable in the Home Directory.
- 6. Create a desktop shortcut to the file **HMS**.

Installing the Bluetooth® driver

No driver is required for the Bluetooth® USB adapter DIGITUS (applicable from Windows® XP SP2 and above).

Installing the USB driver



- 1. In the installation menu, click USB Cable Driver.
- 2. Follow the instructions displayed on the screen.

Starting and exiting the HMS

Starting the HMS

Double-click the **W** icon on the computer desktop to start the **HMS**. Information on the loading progress (e.g. program version, progress bar) is displayed.

Exiting the HMS

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Click the *icon* on the application window top toolbar. If any data have been previously changed, the **HMS** will prompt the user if those changes should be saved. Information on the quitting progress is displayed.

Structure of the HMS application window

All functions can be accessed from the application window. Depending on function, additional windows may appear.



Functions can be called up from the menu bar at the top of the window. The toolbar below the menu bar contains buttons (icons) for the individual processing steps. The main working area contains three tabs:

- 1. Patient information
- 2. Blood Pressure
- 3. Pulse wave analysis

Menu bar

The menu bar is located at the top of the application window.

File Patient Measurement series Settings ?

12 - Structure of the HMS application window

Below shows the functions summary for each item:

File menu

Menu item	Function
Patient list	Display a list with previously created patients.
New patient	Create a new patient.
Import	Import patient data.
Back up data	Database back-up and recovery. (Attention: During recovery, the current database is replaced by the backed up database - risk of possible data loss)
Audit trail	Record all changes to patient data.
Quit program	Exits HMS.

Patient menu

Menu item	Function
Delete	Delete currently processed patients including all measurement data.
Export	Manually export a patient's data.
Change ID	Change the patient number of the currently processed patient.
Discard changes	Reverse changes made to a currently opened patient file.

Measurement Series menu

Menu item	Function
Export (Excel)	Save the currently selected measurement series to an Excel file.
Export (XML)	Save the currently selected measurement series to an XML file.
Export (GDT)	Save the currently selected measurement series to a GDT file.
Delete	Delete the currently selected measurement series.

Settings menu

Menu item	Function
Database	Configure the database.
Language	Specify the language for the program.
Port settings	Specify the port to the measurement device.
Blood pressure limits	Specify limit values for analysis.
Analysis	Specify the settings for the analysis.
Colors	Specify colors for curves and diagram backgrounds.
Format	Specify calculation, display and Bluetooth [®] procedures.
PWA/CBP Activation	Activate CBP Measurement (CBP).
GDT settings	Specify file and directory settings for GDT import / export.

About menu

Menu item	Function
	Display information on the HMS version.

13 - Structure of the HMS application window

Toolbar

The toolbar is located below the menu bar at the top of the application window. It contains buttons (icons) used to call up important functions quickly. The current patient's name and date of birth are displayed on the right.

	Patient: John Doe (08/02/45) WelchAllyn
--	---

Tip If you use the mouse to hover over a symbol, a brief tooltip will appear.

Symbol	Meaning	Function
2	New patient	Create a new patient.
*	Patient List	Display a list with previously created patients.
	Prepare device	Prepare the ABPM 7100 for the next measurement.
	Upload device	Transfer out measurement values from the ABPM 7100.
8	Bluetooth [®]	red: Bluetooth [®] not active. green: Bluetooth [®] active.
	Quit program	Exits HMS .

Note You can also access some of these functions via the menu bar.

Activating Central Blood Pressure (CBP)

Apart from the 24-hour blood pressure measurement, the ABPM 7100 also has an integrated system to determine central blood pressure (CBP). This function can only be unlocked after a device upgrade with a 16 digit license key that is unique to the ABPM 7100 device serial number. Please consult Welch Allyn on device upgrading.

- 1. Start the HMS.
- 2. In the Settings menu, click PWA/CBP Activation.



14 - First steps with the sample patient

3. Click Yes.



4. The **HMS** will then prompt the user to enter the 16 digit license key. Enter the 16 digit license key and click **Send**.

M Input License Key Code
Please insert a 16 digit alphanumeric license key code.
· · · · · · · · · · · · · · · · · · ·
Send

5. Click **OK** to confirm.

ſ	Attention	1!
	i	You successfully activated the following license: ABPM7100-CBP.
		ОК

First steps with the sample patient

2. In the toolbar, click the Patient List

Once you have successfully installed the $\ensuremath{\mathsf{HMS}}$ software, the $\ensuremath{\mathsf{HMS}}$ may be tested with the sample patient John Doe.

Displaying the patient

1. Start the **HMS** by double-clicking the icon located on the computer desktop. The application window will appear.



icon to display the following window:

Patien	t List				×
	Last Name 🛆	First name 🗠	Patient ID	Date of birth	Last ABPM
Doe		John	99999999999999999	08/02/45	07/17/13
	Open patient	🦀 New patient			Cancel

15 - First steps with the sample patient

- 3. Select the **John Doe** entry and the click **Open patient**.
- **Tip** Double-click on the patient you selected and the application window will display the patient information.

ww HMS - 5.0 - Welch Allyn						- 0 - ×
File Patient Measurement series Settin	ngs ?					
🚨 🖏 😤 😼 🚳 🝕					Patient: John Do	e (08/02/45) Welch Allyn
Patient information Blood Pressure	Pulse wave analysis					
Address		Medical history				
		From	То	Disease		Notes
	First name John			5,0000		110100
Street	Address 2					
Baker Street						
Zip Code City	Country					
83445 London						
Phone Fax number	Mobile					
+44123456789						
e-mail john@doe.com						
Jouniguoe.com		😳 New en	itry			Delete entry
Patient data	Blood pressure limits	Medication				
		From	То	Trade name	Active agent	Dosage
Patient ID Server-PID 9999999999999999	-ABPM Values			,		
	Average Values					
Height [cm] Weight [kg] BMI Smoker 180 82.0 25.3 No -	Day 135/85mmHg					
	Night 120/75 mmHg					
Date of birth [mm/dd/yyyy] Age Gender	Total 130/80 mmHg					
08/02/1945 69 Male -	Single Values Day 140/90 mmHg					
Insurance	Night 125/80 mmHg					
	- Self measurements					
Department/Room	135/85 mmHg					
	100700111111					
Emergency contacts						
Last Name First name	Phone Relationship	>				
🕜 New entry	Delete ent	try 💽 New en	try			Delete entry
	Selete en					Delete elitità

The patient's name and date of birth will be displayed on the top right of the application window. The **Patient Information** tab features several areas: Address, Patient data, Emergency contacts, Medical history, Medication and Blood pressure limits.

Displaying the patient's measurement data

1. Click the **Blood Pressure** tab and a list of previous measurements will be shown on the left.

File Patent Mesurement series Settings ?															
l 👂 😫 🧕	8 😣	-													Patient: John Doe (08/02/45)
Patient information Blood Pressure Putse wave analysis															
Office BP Monitoring			eIII		č	•				ľ	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~			1	
- 🙀 08/11/12	f .		_									rements			1
- 🙀 08/12/12	Num	Date	Time	Sys	MAP	Dia	Hr	cSys	cDia	Code	lineasa	emento			Notes
24h ABPM	1	02/27/12	10:44	106	81	60		97	61		Start ein	er manuel	len Messu	ng.	
4 02/27/12 (CBP)	2	02/27/12	10:45	106	85	67	87	96	68						
	3	02/27/12	11:00	100	78	60		90	61						
8	4	02/27/12 02/27/12	11:15	106 117	82 87	62 62		97	64						
- 🙀 06/12/12	6	02/27/12	11:45	116	84	57		95	62						
6/13/12	7	02/27/12	12:03	137	111	88	89								
	8	02/27/12	12:15	120	93	70		109	72						
	9	02/27/12 02/27/12	12:30 12:48	102 118	81 90	64 68		92	65						
	11	02/27/12	12.48	118	90	60		111	62						
	12	02/27/12	13:15	102	78	58		94	59						
	13	02/27/12	13:30	99	76	57	75	91	58						
	14	02/27/12	13:45	99	78	60		92	61						
	15	02/27/12	14:00	114	88	66		108	67						
	16	02/27/12 02/27/12	14:15 14:30	107	85 88	66 70		98 101	66 70						
	18	02/27/12	14:45	116	91	69		110	70		-				
	19	02/27/12	15:00	143	100	64		134	67						
	20	02/27/12	15:15	122	94	70		116	71						
		02/27/12	15:33								Pulsbas	isbreite ist	größer al	s in 'MAX_I	BEAT_WIDTH' definiert.
	21	02/27/12	15:45	111	88	69		104	70						
	22	02/27/12 02/27/12	16:03 16:18	111	94 98	80 75									
	24	02/27/12	16:30	120	90	64		101	68						
	25	02/27/12	16:45	110	90	72		105	73						
	26	02/27/12	17:00	116	90	67			68						
	27	02/27/12	17:15	120	102	86		115	88						
	28	02/27/12 02/27/12	17:30 17:48	117	89	66	83	102	69		Octillatio	on ist zu ho	ch (Cronz	worth	
	29	02/27/12	17.48	118	93	72	80	107	73		SOSZIIIau	on ist zu no	Grenz	wert).	
	30	02/27/12	18:15	119	95	75		108	76						
	31	02/27/12	18:30	121	93	69		111	71						
	32	02/27/12	18:45	108	94	81		97	82						
	33	02/27/12	19:00	124	90 98	62		109	65 70						
	34	02/27/12 02/27/12	19:15 19:30	135 136	98	67 60		123 120	63						
	36	02/27/12	19:45	127	95	69		114	71						
	37	02/27/12	20:00	130	95	65	89	117	67						
	38	02/27/12	20:15	124	106	91		118	93						
	39	02/27/12	20:33	143	108	79			70						
	40	02/27/12 02/27/12	20:45	131 139	103	71		116 122	72		Start ein	er manuel	Ion Meser	na	
	41	02/27/12	21:03	139	103	13	102	122	75			on ist zu ho			
	42	02/27/12	21:08	126	96	71									les vorgesehenen Zeitfensters betätigt. Es wurde in den Tag/Na
	43	02/27/12	21:30	108	79	55									
	44	02/27/12	22:00	98	65	36		89	36						
	45	02/27/12 02/27/12	22:30 23:00	110	79 72	53 49		92	51						
3.0.1	46	02/27/12 02/27/12	23:00	99 72	72 53	49		92	51		-				
Report	-47	32121112	23.30	12	33	31	80				-				

16 - Editing patient information

- 2. Click to select a measurement. The respective measurement data is then displayed. Highlighted measurement values are values exceeding the specified limit values.
- 3. For additional analyzes, click the required analysis tab.

Tip If you use the mouse to hover over a symbol, a brief tooltip will appear.

The toolbar with the analysis tabs



Descriptions on the analysis options are detailed in the Analyzing the measurement chapter.

Editing patient information

Patient information is stored in a database. You can

- create new patients,
- edit patients data by clicking onto the respective field,
- import already available patient information from other databases.

Note Patient information can always be edited once it has been created.

0

Creating new patients

In the toolbar, click the New Patient icon to display th	e following window:
New patient	×
Patient ID*	
1	
Address	
Last Name* First name	
Street Address 2	
Zip Code City Country	
Phone Fax number Mobile	
e-mail	
Patient data Height [cm] Weight [kg] BMI Smoker	
0.0	-
Date of birth* [mm/dd/yyyyy] Age Gender	
* mandatory field	
Save	Cancel

Patient ID, Last Name and Date of birth are mandatory fields (these information serve as criteria for sorting or searching), all other information are optional.

Tip Use the tab key to jump from one field to the next.

17 - Editing patient information

To save the new patient, click **Save**.

To discard the new patient, click **Cancel**. Either option will return back to the application window.

HMS - 5.0 - Welch Allyn								
File Patient Measurement se	eries Setting	IS ?						
ଌ 羚 🧐 😼	8						Patient: Test	Patient (01/01/90) Welch Allyn
Patient information Blood P	Pressure	ulse wave analysis	1					
Address				Medical history				
Last Name	F	irst name		From	То	Disease		Notes
Patient	1	est						
Street		Address	2					
Zip Code City		Country						
			-					
Phone Fa	ax number	Mobile						
e-mail								
				C New ent	rv.			Delete entry
					.,			U conste entry
Patient data		Blood pressure li	mits	Medication				
	ver-PID			From	To	Trade name	Active agent	Dosage
1		- ABPM Values	Values					
Height [cm] Weight [kg] BMI 0 0.0	Smoker	Day 13	5/85 mmHg					
			0/70 mmHg					
Date of birth [mm/dd/yyyyy] Age Ger 01/01/1990 24	inder	Single V	:0/80 mmHg /alues					
Insurance		Day 14	0/90 mmHg					
			5/80 mmHg					
Department/Room		- Self measureme	nts 85 mmHg					
		1357	ooming					
Emergency contacts								
Last Name Firs	stname	Phone	Relationship					
C New entry			Delete entry	C New ent	ry			Delete entry
-								

The **Patient Information** tab displays several areas: Address, Patient data, Emergency contacts, Medical history, Medication and Blood pressure limits.

Selecting existing patients

Select a patient from the patients list previously created in the HMS to

- view their previous measurements,
- prepare the ABPM 7100 for this patient,
- transfer the measurement values from the ABPM 7100 to the HMS.

In the toolbar, click the **Patient List** icon to display the list of previously created patient entries.

Last Name First name Patient ID Date of birth Last ABPM Doe John 999999999999 08/02/45 07/17/13 Patient Test 1 01/01/90 1	Patient List				X
Doe John 99999999999999 08/02/45 07/17/13				ā	
	Last Name 🛆	First name 🗠	Patient ID	Date of birth	Last ABPM
Patient Test 1 01/01/90					07/17/13
	Patient	Test	1	01/01/90	
Open patient 2. New patient Cance					Cancel

Click to select the appropriate entry and then click **Open patient**.

18 - Editing patient information

To search for a patient follow the steps below:

- 1. Enter the last name, first name or patient ID in the search field at the top right. The **HMS** will search the database and display the detected patients.
- 2. Click to select the appropriate entry and the click **Open patient**.
- 3. The **HMS** returns to the application window.

If the required patient cannot be found, click New patient to create a new patient entry.

Modifying patient data

To modify an address and/or patient data, enter the new information in the respective fields.

- 1. To add Emergency contacts, Medical history and Medication, click New entry.
- 2. Enter the new information into the respective popup window.
- 3. Click **Save** to save the new data.
- 4. The window closes.

Changing the Patient ID

1. In the menu bar, click **Patient** then **Change ID** to display the following window with the current patient's ID shown.

Change Patient II	
1	
Save	Cancel

- 2. Change the patient's ID.
- 3. Click **Save** to save the change.

Blood pressure limits

- 1. In the Patient Information tab, click on the field Blood pressure limits.
- 2. Specify the blood pressure limits for the current selected patient in the open editing window. If any measurement results exceed the limit values, the respective results will be marked accordingly in the analysis.

Deleting a patient

- 1. In the menu bar, click Patient then Delete.
- 2. Click Yes to confirm.
- 3. The current selected patient's information is deleted together with all measurement data.

Audit Trail

In the menu bar click File and then Audit trail to display all changes in the patient master data.

🔉 Audit trail				_		_ X
Patient	Object	Field				
Patient	Time		Action	Object	Field	Value
1 Patient Test 01/01/1990 00:00	11/19/2014 09:58	Cre	ated	IEMPatient	id	2
	11/19/2014 09:58	Cre	ated	IEMPatient	weight_si	0.0
	11/19/2014 09:58		ated	IEMPatient	size_si	0.0
	11/19/2014 09:58	Cre	ated	IEMPatient	birthdate	01/01/1990
	11/19/2014 09:58		ated	IEMPatient	patientID	1
	11/19/2014 09:58	Cre	ated	Adresse	id	2
	11/19/2014 09:58	Cre	ated	Adresse	lastname	Patient
	11/19/2014 09:58	Cre	ated	Adresse	firstname	Test

Working with the ABPM 7100

Pairing via cable

Before 24-hour measurement:

When using the ABPM 7100 with cable connection, perform the following steps:

Pairing the computer to the ABPM 7100 via the USB interface cable

On the ABPM 7100:

- 1. Ensure that the ABPM 7100 is powered off.
- 2. Insert the USB interface cable into the computer's USB port.
- 3. Insert the USB interface cable plug into the data port at the bottom of the ABPM 7100.

Note The red dot on the plug must align with the red dot on the data port.

4. Switch on the ABPM 7100. The letters "**co**" will appear on the display.

Configuring the interface between the ABPM 7100 and the HMS

Setup conditions:

- The ABPM 7100 is connected to the computer.
- Both the ABPM 7100 and the computer are switched on.

On the computer:

- 1. Start the **HMS**. If the **HMS** is set appropriately, the **Patient List** window will appear. In this case select a patient.
- 2. In the menu bar, click **Settings** and then **Port settings**.
- 3. In the **Port settings** window, click the **Serial/USB** tab.

Preparing the ABPM 7100 for 24-hour measurement

Setup conditions:

- The ABPM 7100 is connected to the computer.
- Both the ABPM 7100 and the computer are switched on.

Note Always use fully charged batteries for a new measurement. Ensure the correct polarity when inserting the batteries.

On the computer:

- 1. Start the HMS.
- 2. Select a patient.
- 3. In the toolbar, click the **Prepare device** icon to display the following window.

Prepare device (Version 20)								
Patient John Doe	Send Pa	atient ID	Set clock on device					
Aug 2, 1945 999999999999999999	Delete mea	surements	Testing Device					
Protocol Protocol 10 V Send and activate.			Preset					
✓ Display of measured values								
Bluetooth active CBP								
1st daytime interval 2nd day Start 8 ▼Clock Start	time interval	3rd daytime interval	Night interval Clock Start 0 ▼ Clock					
	ements 30 V/h	Measurements 30						
₽ Buzzer ₽ Buzz	er	✓ Buzzer	✓ Buzzer					
Open patient			Close					

Note If the battery voltage in the measurement device is insufficient for a 24-hour measurement, the following warning will appear.



- 4. Specify the protocol for 24-hour measurement.
- 5. Click Set clock on device.
- 6. Click Send Patient ID.
- 7. Click Send and activate.
- 8. Click Close.
- 9. In the toolbar, click **11** to quit the **HMS**.

On the ABPM 7100:

- 10. Switch off the ABPM 7100.
- 11. Disconnect the cable by removing the plug from the data port.

Starting 24-hour measurement

On the ABPM 7100:

You need to perform the steps described below to connect the computer to the ABPM 7100. Please read the directions for use for the ABPM 7100 up to the chapter **Measurement Process**.

After 24-hour measurement

When using the ABPM 7100 with cable connection, perform the following steps:

Connecting the computer to the ABPM 7100 via cable after a 24-hour measurement

After 24-hour measurement, transfer the data from the ABPM 7100 to the HMS.

- 1. Ensure the ABPM 7100 is powered off.
- 2. Remove the ABPM 7100 from the patient (remove the cuff and disconnect the ABPM 7100).
- 3. Connect the ABPM 7100 to the computer using the USB interface cable:
 - a. Insert the USB interface cable into the computer's USB port.
 - b. Insert the USB interface cable plug into the data port at the bottom of the ABPM 7100.

Note The red dot on the plug must align with the red dot on the data port.

- 4. Switch on the ABPM 7100.
- 5. The letters "co" will be displayed on the ABPM 7100 LCD.

For further information on your ABPM 7100 please refer to the directions for use of the ABPM 7100.

Transferring 24-hour measurement values out from the ABPM 7100

Ensure the ABPM 7100 is connected to the computer and both the ABPM 7100 and the computer are switched on.

On the computer:

- 1. Start the HMS.
- 2. In the toolbar, click the **Patient List** icon to display the **Patient List** window.
- 3. Select a patient.
- 4. In the toolbar, click the **Upload device** icon. The **HMS** will prompt the user: "Assign measurement results to patient with patient ID XXX?"
- 5. Click **Yes**. The **HMS** will prompt the user: "Delete Patient ID and measurement results from the ABPM 7100?"
- **Note** Normally the measurement results from the ABPM 7100 are deleted once the results are transferred out. When preparing the ABPM 7100 for a "new" patient, the **HMS** will indicate any existing measurement results remaining in the ABPM 7100 from a previous patient.
 - 6. Click **Yes** to delete the measurements results or click **No** to keep the measurement results on the ABPM 7100. The **Measurement series** window appears.



- 7. If necessary, change the times for the daytime and night interval.
- 8. Enter a note.
- 9. Click **Save** to confirm and the transmitted measurement values are displayed as a table of measurements.

On the ABPM 7100:

- 10. Switch off the ABPM 7100.
- 11. Disconnect the USB interface cable (remove the plug from the data port).

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For further measurement series analyzes, refer to the chapter on Analyzing Measurements.

Pairing via Bluetooth®

Before 24-hour measurement

Please perform the following steps when using the ABPM 7100 with Bluetooth® connection:

Configuring the interface between ABPM 7100 and HMS

To configure the interface between ABPM 7100 and HMS ensure the computer is switched on and the Bluetooth® driver is installed.

4

For further information on your ABPM 7100 please refer to the directions for use of the ABPM 7100.

On the computer:

- 1. Start the **HMS.** If the **HMS** is set appropriately, the **Patient List** window will appear. In this case select a patient.
- 2. In the menu bar, click Settings and then Port settings.
- 3. In the Port settings window, click the Bluetooth® tab.
- 4. Click **Add device**. The following instruction appears: "Switch on the ABPM 7100 and change into "**PAIr**" mode".

On the ABPM 7100:

- 5. Switch on the ABPM 7100.
- 6. Switch the ABPM 7100 into Pairing mode:
 - i. Press and hold (and then press)
 - ii. Keep pressed until the letters "**PAIr**" start flashing on the LCD display.
 - iii. Press . "PAIr" stops blinking and the buzzer sounds.

On the computer:

- 7. Click **OK**. The **Bluetooth® device search** appears. After a moment the serial number of the ABPM 7100 (e.g. WSTXXX) appears in the application window.
- 8. Click the serial number.
- 9. Click Pairing. The following message appears: "Pairing successful".
- 10. Click **OK** to confirm and the **Device Connection** window appears.
- 11. Click Save.

On the ABPM 7100:

12. The buzzer sounds.

On the computer:

13. The measurement device appears in the **Port settings** window on the **Bluetooth**® tab. Click **Save**.

On the ABPM 7100:

14. Switch off the ABPM 7100.

The Bluetooth® interface between the ABPM 7100 and the **HMS** is now configured. From now on, the **HMS** will recognize the ABPM 7100 as soon as the ABPM 7100 is in communication mode "**bt**".

Preparing the ABPM 7100 for 24-hour measurement

Ensure the ABPM 7100 is switched off and the computer is switched on. The interface between ABPM 7100 and the **HMS** must already be configured.



For further information on your ABPM 7100 please refer to the directions for use of the ABPM 7100.

On the ABPM 7100:

1. Switch on the ABPM 7100.

On the computer:

- 2. Start the HMS.
- 3. In the toolbar, a green **Bluetooth**®

icon signals the active Bluetooth® connection.

4. Select a patient.

On the ABPM 7100:

- 5. Press and hold (and then press (
- 6. Press . The letters "bt" flash on the display.

7. Press . "bt" no longer flashes and the buzzer sounds.

On the computer:

8. The Device Action window appears.

On the ABPM 7100:

9. The buzzer sounds twice.

On the computer:

- 10. Click **Prepare device** to display the **Prepare device** window.
- **Note** If the battery voltage in the measurement device is insufficient for a 24-hour measurement, the following warning will appear.

A	Attention	! X
		The minimum battery voltage for a 24h measurement should be 2.60 Volts. The voltage is only 2.54 Volts.
		OK

- **Note** Before use, make sure that any previous measurement results stored in the ABPM 7100 are deleted to avoid incorrect value assignment. You can also delete measurement values manually on the device, please refer to the ABPM 7100 directions for use.
 - 11. Specify the protocol for 24-hour measurement.
 - 12. Click Set clock on device.
 - 13. Click Send Patient ID.
 - 14. Click Send and activate.
 - 15. Click Save.

On the ABPM 7100:

- 16. The buzzer sounds
- 17. The letters "bt End" flash in the LCD display, followed by the time.

On the computer:

18. In the toolbar, click *to exit the* **HMS**.

Starting 24-hour measurement

Ensure the ABPM 7100 is switched on.

For further information on your ABPM 7100 please refer to the directions for use of the ABPM 7100.

On the ABPM 7100:

- 1. Set up the ABPM 7100 on the patient (position the cuff and connect it to the ABPM 7100).
- 2. Press *for* manual measurement to ensure that the ABPM 7100 is functional.
- 3. Wait for the first manual measurement to be completed. If the measurement is acceptable, the patient can leave. A successful measurement is required for protocol activation.

After 24-hour measurement

Please perform the following steps when using the ABPM 7100 with Bluetooth® connection:

- 1. Ensure the ABPM 7100 is powered off.
- 2. Remove the ABPM 7100 from the patient (remove the cuff and disconnect the ABPM 7100).

Transferring out 24-hour measurement results from the ABPM 7100 via Bluetooth®

Ensure both the ABPM 7100 and the computer are switched on. The interface between ABPM 7100 and the **HMS** must already be configured.

On the computer:

- 1. Start the HMS.
- 2. In the toolbar, a green **Bluetooth**® *icon* signals the active Bluetooth® connection.

On the ABPM 7100:

- 3. Press and hold and then press
- 4. Press . The letters "bt" flash on the display.
- 5. Press . "bt" stops flashing and the buzzer sounds. The **Device Action** window appears.

On the computer:

- 6. Click on **Read-out of values**. The **HMS** will prompt the user: "Assign measurement data to patient with patient ID XXX?"
- 7. Click Yes to confirm. After data transmission, the Measurement series window appears.
- 8. If necessary, change the times for the daytime and nighttime interval.
- 9. Click **Save**. The **HMS** will prompt the user: "Delete Patient ID and measurement data from measurement device?"
- **Note** Normally the measurement results from the ABPM 7100 are deleted once the results are transferred. When preparing the ABPM 7100 for a "new" patient, the **HMS** will indicate any existing measurement results remaining in the ABPM 7100 from a previous patient.
 - 10. Click **Yes** to delete the measurements results or click **No** to keep the measurement results on the ABPM 7100. The Measurement Series window appears.

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- 11. If necessary, change the times for the daytime and night interval.
- 12. Enter a note.
- 13. Click Save to confirm and the transmitted measurement values are displayed as a table of measurements.

On the ABPM 7100:

- 14. The buzzer sounds.
- 15. The letters "bt End" appear on the display, followed by the time.
- 16. Switch off the ABPM 7100.

For further measurement series analyzes, refer to the chapter on Analyzing Measurements.

Preparing the ABPM 7100 for measurement

Before performing a measurement on a patient, send via the HMS the information on the planned measurement to the ABPM 7100.

Ensure that the HMS has started and the ABPM 7100 is switched on and connected to the computer. The interface between the ABPM 7100 and the HMS must already be configured.

Please go through the following steps:

- Specify the measurement protocol.
- Set the ABPM 7100 clock. •
- Accept the patient ID. •
- Perform device tests. •
- Delete existing measurements. •
- Start 24-hour measurement. •
- 1. Select a patient.
- 2. In the toolbar, click the **Prepare device** icon to display the following window.

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Prepare device (Version 20)													
Patient John Doe	Send Patient ID	Set clock on device											
Aug 2, 1945 999999999999999999	Delete measurements	Testing Device											
Protocol													
Protocol 10 Send and activate.		Preset											
✓ Display of measured values													
Bluetooth active													
✓ CBP													
1st daytime interval 2nd day	time interval 3rd daytime inte	erval Night interval											
Start 8 Clock Start	10 Clock Start	13 Clock Start 0 Clock											
Measurements 30 🗸 /h Measure	ements 30 💌 /h Measurements	30 Vh Measurements 30 Vh											
✓ Buzzer ✓ Buzz	er Buzzer	✓ Buzzer											
Open patient		Close											

Setting the measurement protocol

The procedure for 24-hour measurement can be set here. In total 11 different protocols are provided. The protocols 1, 2, 10 and 11 can be adjusted individually.

Additionally, protocol 10 automatically sends measurement values to the doctor's computer via Bluetooth® after measurement. It is recommended to use protocol 10 for monitoring at the doctor's office.

Additionally, protocol 11 activates the Central Blood Pressure (CBP).

Selecting the protocol

- 1. In the protocol drop-down menu, click on the required protocol.
- 2. For protocols 1, 2, 10 and 11 under daytime and nighttime interval, determine the following:
 - The time frame (start of interval).
 - The number of measurements within the interval.
 - Whether the measurement values are displayed on the ABPM 7100 (measurement display value).
 - Whether an audible signal (buzzer) sounds during measurement.

Sending the protocol

- 1. Click Send and activate.
- 2. Click Yes to confirm.

Setting the ABPM 7100 clock

The computer's time will be adopted by the ABPM 7100.

- 1. Click Set clock on device.
- 2. Click **Ok** to confirm and the ABPM 7100 displays the adopted time.

Transmitting the Patient ID

The patient ID of the selected patient should be saved in the ABPM 7100. When the 24-hour measurement values are transferred, the **HMS** will automatically recognize the patient.

- 1. Click Send Patient ID.
- 2. Click **Ok** to confirm.

Testing the ABPM 7100

Perform the following steps to ensure that the ABPM 7100 is fully functional.

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1. Click **Testing Device** to display the following window.



- 2. Click on the appropriate function keys.
- 3. Click Ok to confirm.
- 4. Click **Close** to complete the testing.

Deleting old measurements

The measurement results in the ABPM 7100 are usually deleted once they have been transferred to the computer. When preparing the ABPM 7100 for a "new" patient, the **HMS** will indicate any existing measurement results remaining in the ABPM 7100 from a previous patient.

To remove existing measurement results in the ABPM 7100:

- 1. Click Delete measurements.
- 2. Click Yes to confirm.

Completing ABPM 7100 preparation

- 1. Click **Close** and the **Prepare device** window disappears.
- 2. Disconnect the ABPM 7100 from the computer.

Exporting measurement results

Measurement results from a 24-hour measurement which has been transferred from the ABPM 7100 to the **HMS** for analysis can be stored in a file. With the help of this file, there is the option to transfer the measurement results into your patient management system.

- 1. Select a patient
- 2. In the application window, click on the Blood Pressure or Pulse wave analysis tab.
- 3. These tabs contain a list of previous measurements on the left.

File Patient Measurement s	les Settings ?		
Export (Excel) Export (XML)	8 - 49		Patient: John Doe (08/02/45) WelchAllyn
Patient infor	essure Pulse wave analysis		• /
P- Office BP Monitoring			
- 🙀 08/11/12	Inter Access 1999	Measurements	
• 📑 24h ABPM	im Date Time Sys MAP	Dia Hr Code	Notes
02/27/12 (CBP)	1 08/12/12 09:00 161 118 2 08/12/12 09:02 163 117	95 76	
05/29/12	3 08/12/12 09:04 159 112 4 08/12/12 09:06 155 110	88 73	
- 🙀 06/12/12	5 08/12/12 09:08 153 110 6 08/12/12 09:10 150 108	87 77	
06/13/12	7 08/12/12 09:12 145 105 8 08/12/12 09:14 147 105	86 72 85 72	
	9 08/12/12 09:16 145 105 10 08/12/12 09:18 143 103	85 72	
	11 08/12/12 09:20 145 105 12 08/12/12 09:22 146 104	86 69	
		00, 12,	
(i) Report			

- 4. Click to select the measurement results to be exported.
- 5. In the menu bar, click **Measurement series** and then **Export** (Excel), (XML) and (GDT). The **Export measurement series** window appears.
- 6. Set the directory and name for the file.
- 7. Click Save.

Analyzing the measurement

Once the measurement values from the ABPM 7100 have been transferred and stored from the ABPM 7100 to the **HMS**, the following analyzes and functions are available for measurement analysis and are described in this chapter:

Tab	Analysis
	Measurements
	Trends
IFIII	Bar chart
	Scatter Points
	Exceeding norms
	Frequency distribution
	Summary
	Hourly Intervals
3	Rise and Fall
	Trends (CBP)
	Amplification
	Print

- 1. Select the required patient.
- 2. In the application window, click on the **Blood Pressure** tab. The **Blood Pressure** tab contains a list of previous measurements on the left.

3. Click on a measurement to display the associated table of measurements.

File Patient Measurement series Settings ?												
ଌ 💖 🧶 💺	8	\$									Patient: John Doe (08/02/45) WelchAllyr	
Patient information Blood	Pressure	Pulse w	vave analy	/sis								
🕈 🛅 Office BP Monitoring		-	wit:	1		9				ľ		
- 🙀 08/11/12		Hair	31111	10.0	-	•	3	24			—	
- 🙀 08/12/12	Num	Date	Time	Sys	MAP	Dia	Hr	cSys	cDia	Code	Measurements Notes	
e 🔤 24h ABPM		02/27/12	10:44	106	81	60	87	97	61		Start einer manuellen Messung.	
02/27/12 (CBP)		02/27/12	10:45	106	85	67	87	96	68			
05/29/12		02/27/12 02/27/12	11:00	100	78	60 62	85 83	90 97	61 64			
- 🙀 06/12/12	5	02/27/12	11:33	117	87	62	84					
06/13/12		02/27/12 02/27/12	11:45	116 137	84	57 88	90 89	95	62			
· 00/13/12		02/27/12	12:05	120	93	70	84	109	72			
	9	02/27/12	12:30	102	81	64	79	92	65			
		02/27/12	12:48	118	90 87	68 60	89					
		02/27/12	13:00	118	78	58	76	111 94	62 59			
	13	02/27/12	13:30	99	76	57	75	91	58			
		02/27/12	13:45	99	78	60	76	92	61			
		02/27/12	14:00 14:15	114	88 85	66 66	77	108 98	67 66			
	17	02/27/12	14:30	109	88	70	68	101	70			
		02/27/12	14:45	116	91	69	71	110	70			
		02/27/12 02/27/12	15:00	143	100 94	64 70	74	134 116	67			
		02/27/12	15:33	122	014	70		110			Pulsbasisbreite ist größer als in "MAX_BEAT_WIDTH" definiert.	
		02/27/12	15:45	111	88	69	73	104	70			
		02/27/12 02/27/12	16:03 16:18	111 125	94 98	80 75	75 81					
		02/27/12	16:30	120	90	64	75	101	68			
		02/27/12	16:45	110	90	72	76	105	73			
		02/27/12 02/27/12	17:00	116 120	90 102	67 86	74	106 115	68 88			
		02/27/12	17:30	117	89	66	83	102	69			
		02/27/12	17:48							3	Oszillation ist zu hoch (Grenzwert).	
		02/27/12	18:00	118	93	72	80	107	73			
		02/27/12	18:15 18:30	119	95 93	69	79 83	108	76			
	32	02/27/12	18:45	108	94	81	86	97	82			
		02/27/12	19:00	124	90	62	86	109	65			
		02/27/12	19:15 19:30	135 136	98 95	67 60	84 83	123 120	70 63			
	36	02/27/12	19:45	127	95	69	86	114	71			
		02/27/12	20:00	130	95	65	89	117	67			
		02/27/12 02/27/12	20:15	124	106 108	91 79	104 102	118	93			
		02/27/12	20:45	131	99	71	99	116	72			
		02/27/12	20:48	139	103	73	102	122	75		Start einer manuellen Messung.	
		02/27/12	21:03 21:08	126	96	71	115	-			Oszillation ist zu hoch (Grenzwert). Die Tag/Nacht-Taste wurde innerhalb des vorgesehenen Zeitfensters betätigt. Es wurde in den Tag/Nac	
		02/27/12	21:30	108	79	55	90	-		125	Die reginacie reale worde minemalo dea rorgeaenenen zelitensters betaugt. Es worde in den raginat	
		02/27/12	22:00	98	65	36	84	89	36			
		02/27/12	22:30 23:00	110 99	79	53 49	84 80	92	51			
(i) Report		02/27/12	23:30	72	53	49	80	92	51			
T nepon	40	00/00/40	00:00	400	70	40	70	05	E 4		<u> </u>	

The highlighted values are measurement values exceeding the specified limit values.

4. To display additional analyzes, click on the required analysis tab.

Enter the results of the measurement series.

1. Double-click on the measurement and the Measurement series window appears.



- 2. Enter your notes.
- 3. Click Save to accept the notes and the Measurement series window disappears.

The Measurements tab

The Measurements tab lists all measurement values of a measurement series in table format.

To display the table of measurements, click on the **Measurements** tab.



The highlighted values are measurement values exceeding the specified limit values.

To enter measurement notes:

- 1. Click onto the required line in the Notes column.
- 2. Enter your note.
- 3. Press the Enter key.

Excluding measurements:

If any outlier measurement value that would falsify a representative long-term analysis, it can be excluded. Click onto the number of the respective column. The measurement disappears and the measurement value will be excluded from statistical analysis. To include the measurement values just click on the line again.

Printing the table of measurements:

Click the **Print** tab.

The Trends tab

These measurement values are graphically displayed in a diagram as a function of time:

- Systolic values
- Average Values
- Diastolic Values
- Heart rate



- The left y-axis with the unit mmHg applies to the systolic, diastolic and average values (blood pressure values).
- The right y-axis with the unit bpm applies the heart rate.
- The x-axis applies to the daytime. The four adjustable daytime intervals for measurements are highlighted. Manual measurements are marked with "M".
- The upper blood pressure limits (systolic, diastolic) are displayed as horizontal set point curves.
- Note The blood pressure limits can be specified in the **Patient Information** tab in the **Blood pressure limits** section.

Showing and hiding the heart rate

Click the option field **Hr**.

Showing and hiding average values

Click the option field **MAP**.

Showing and hiding average values

In the drop-down field Hourly Intervals, click the required number of hours.

Battery Voltage

Select the option field **Voltage**. The battery voltage is displayed as a 24-hour curve parallel to the blood pressure.

Displaying individual values

- 1. In the diagram, click to select the desired time. A vertical line appears and the measurement values are displayed in a window. To see adjacent measurement values, move the mouse over the diagram. The vertical line follows the movement of the mouse and the respective values are displayed.
- 2. Click again to deactivate the display.

Zooming into (enlarging) the diagram

Click onto the diagram and hold down the left mouse button and drag from the left to right to draw an enlargement section.

Zooming out (restore original size) of the diagram

Click onto the diagram and hold down the left mouse button and drag from the right to left to restore back to the original size.

The Bar Chart tab

These measurement values are graphically displayed in a diagram as a function of time:

- Systolic values
- Average Values
- Diastolic Values
- Heart rate



- The left y-axis with the unit mmHg applies to the systolic, diastolic and average values (blood pressure values).
- The right y-axis with the unit bpm applies the heart rate.
- The x-axis applies to the daytime. The four adjustable daytime intervals for measurements are highlighted. Manual measurements are marked with "M".
- The upper blood pressure limits (systolic, diastolic) are displayed as horizontal set point curves.

Note The blood pressure limits can be specified in the **Patient Information** tab in the **Blood Pressure Limits** section.

Zooming into (enlarging) the diagram

Click onto the diagram and hold down the left mouse button and drag from the left to right to draw an enlargement section.

Zooming out (restore original size) of the diagram

Click onto the diagram and hold down the left mouse button and drag from the right to left to restore back to the original size.

The Scatter Points tab

This diagram shows the correlation between systolic and diastolic blood pressure. Each point corresponds to one measurement.



- The y-axis applies to diastolic values.
- The x-axis applies to systolic values.
- Blood pressure limits are displayed as horizontal (systolic) and vertical (diastolic) set point curves.

Note The blood pressure limits can be specified in the **Patient Information** tab in the **Blood Pressure Limits** section.

Showing and hiding Total / Day / Night measurements

Use the drop-down field on the bottom left to display the required measurement (total, day, night).

The Exceeding norms tab

The values of a measurement series are analyzed according to specified blood pressure limits. Various pie charts show the percentages of acceptable, exceeded and normal measurement values.

Note The blood pressure limits can be specified in the **Patient Information** tab in the **Blood Pressure Limits** section.



The Frequency Distribution tab

Frequency distributions of systolic and diastolic measurement values, as well as heart rate, are displayed as histograms. Each bar diagram contains the proportional percentages of 10 units, i.e. 80-89, 90-99 etc.

To display the frequency distribution, click on the **Frequency distribution** tab.



Selecting measurement values for analysis

Use the drop-down field on the bottom left to display the required measurement (total, day, night). In the display for day and night, vertical lines indicate blood pressure limits.

Note The blood pressure limits can be specified in the **Patient Information** tab in the **Blood pressure limits** section.

The Summary tab

The summary contains important statistic statements on systolic and diastolic blood pressure. Values for day and night are displayed respectively.

To display the summary, click	on the	Su	ımn	nary		10×∅ A√→	tat	D.	
		2 2		*	10721		8		
				Sumr					
				otal	Day			light	
	Time		Value	Goal	Value	Goal	Value	Goal	
	Start		05/29/20	12 12:18	06 ⁻ 18		23:52		
	End			12 11:00			06:17		
	Duration		22:42		16:16		06:26		
	Measurement	s							
	Total		47		34		13		
	Valid		47		34		13		
	Valid	%	100	>70	100		100		
	Average: Over single measuremen								
	Systole	mmHg		<130	147	<135	125	<120	
	Diastole	mmHg		<80	104	<85	84	<75	
	Pulse pressure	mmHg	42		43	<60	42		
	Maximum Systole	mmHg	172	18:00	172	18:00	131	06:00	
	Diastole	mmHg		18:00	131	18:00	90	03:00	
	Heart rate	bpm	88	07:30	115	21:08	80	01:00	
	Minimum	opin				21.00			
	Systole	mmHg	120	02:30	128	12:30	120	02:30	
	Diastole	mmHg	78	03:30	91	23:30	78	03:30	
	Heart rate	bpm	68	16:30	67	04:30	68	05:00	
	i icari i acc	opin	00	10.50	07	04.50	00	05.00	

With Average, the patient's average values and target values are displayed. The blood pressure limits set for this patient are used as the target value.

Note The blood pressure limits can be specified in the **Patient Information** tab in the **Blood pressure limits** section.

With Day/Night Decrease, the percentage in decrease of the average blood pressure values (= average values) between day and night is shown.

Printing the summary

Click the **Print** tab.
The Hourly Intervals tab

Displaying hourly average values

This analysis lists all hourly average blood pressure and pulse values in table form.

(**@**

	🔤 🛛 💆 🖌 🕒	1					
· · · · · · · · · · · · · · · · · · ·			Hourly In	tervals			
Time	Systole	Std. Dev.	Diastole	Std. Dev.	Heart rate	Std. Dev.	Numb
0 - 1h	127	1.0	83	1.0	74	0.5	
1 - 2h	128	1.0	86	2.5	80	0.5	
2 - 3h 3 - 4h	122	2.5	86 84	2.0	76	3.5 0.5	
4 - 5h	125	3.0	83	6.0 1.0	76	1.5	
5 - 6h	123	0.0	80	0.5	69	1.0	
6 - 7h	138	6.5	91	3.0	79	3.0	
7 - 8h	156	2.5	110	7.0	85	3.0	
8 - 9h	156	7.0	116	12.0	84	1.5	
9 - 10h 10 - 11h	146	2.0	104	1.5	82	5.0	
10 - 11h 11 - 12h	150 144	2.0	106 98	4.0	78	1.5	
12 - 13h	136	8.0	104	4.0	74	1.5	
13 - 14h	144	10.5	107	5.0	72	2.0	
14 - 15h	142	0.0	100	2.5	73	1.0	
15 - 16h	150	5.0	108	3.5	74	4.5	
16 - 17h	144	1.5	102	3.5	70	2.0	
17 - 18h 18 - 19h	146	8.5	101 128	7.0	75 76	3.0 1.5	
19 - 20h	152	4.0	128	6.0	70	1.0	
20 - 21h	147	5.0	101	7.0	80	2.5	
21 - 22h	144	0.5	98	0.5	76	2.5	
22 - 23h	140	2.0	92	0.5	72	1.0	
23 - 24h	134	1.0	92	1.5	70	1.5	
2 2 M	1 101	1.9		1.01	19	1.01	

Editing the calculation basis for hourly intervals

Click the required hours (1, 2, 3, 4, 6, 8) in the drop-down field **Base of mean value (h)**. Time intervals are displayed in the left "Time" column. The average hourly value is recalculated.

Printing hourly intervals

Click the **Print** tab.

The Rise and Fall tab

This analysis is used to monitor the increase in morning blood pressure. These measurement values are graphically displayed in a diagram as a function of time:

- Systolic values
- Average values
- Diastolic values
- Heart rate

To display the rise and fall in blood pressure, click the **Rise and Fall** tab.

38 - Analyzing the measurement



- The left y-axis with the unit mmHg applies to the systolic, diastolic and average values (blood pressure values).
- The right y-axis with the unit mmHg/h applies to the change in blood pressure.
- The x-axis applies to the time. Intervals for increases in morning blood pressure are highlighted.
- The bottom curve displays the smoothened course of blood pressure. Blood pressure data of the average blood pressure are transformed into the frequency range by Fourier analysis.
- High frequencies are neglected, resulting in the displayed curve after inverse Fourier transformation. It shows the positive blood pressure change (mmHg/h) for periods of blood pressure increase and the negative change during periods of blood pressure decrease.
- The red vertical lines mark the beginning and end (=duration) of the early-morning blood pressure increase and the time and extent of the maximum increase.
- The upper blood pressure limits (systolic, diastolic) are displayed as horizontal set point curves.
- **Note** The blood pressure limits can be specified in the **Patient Information** tab in the **Blood pressure limits** section.

Displaying individual values

In the diagram, click the desired time. A vertical line appears and the measurement values are displayed in a window. To see adjacent measurement values, move the mouse over the diagram. The vertical line follows the movement of the mouse and the respective values are displayed.

Click again to deactivate the display.

Zooming into (enlarging) the diagram

Click onto the diagram and hold down the left mouse button and drag from the left to right to draw an enlargement section.

Zooming out (restore original size) of the diagram

Click onto the diagram and hold down the left mouse button and drag from the right to left to restore back to the original size.

39 - Analyzing the measurement

The Trends (CBP) tab

This analysis shows you the course of Central Blood Pressure measurement (CBP) over 24 hours with a preset protocol 11. Central Blood Pressure is graphically displayed in a diagram as a function of time in the measurement series in addition to the blood pressure values and the pulse.

1. To display the course of the above-mentioned values, click on the Trends (CBP) tab.



- 2. To display an individual CBP, click on the **Measurements** tab.
- 3. Click to select a value in the table and the following window will appear displaying further details:



This displays the CBP in the same way as an individual CBP performed at the doctor's office.

40 - Analyzing the measurement

The Amplification tab

This analysis is used to monitor the variation of the difference between central and peripheral blood pressure values. The blue area indicates the difference between peripheral and central systolic values during the daytime and the grey area indicates the difference between peripheral and central diastolic values during the daytime.



The Print tab

The print function allows you to print out specific analyzes.

To print,	click the F	Print 🔚	tab.				
		kui 📉	•		1 🗮 1		
					Print	1	
			Print range				
			24H	-			
			Patient information	ation sheet			
			Report				
			✓ Trends				
			Bar chart		Custor	mization	
			Measurements	5	Printer	WEM-DC\Canon LBP6670 UFR II_Einkauf	
			Exceeding nor	ms			
			Rise and Fall		📙 Save	Page format	
			Frequency di	Scatter Points	Print	Save as PDF	
			Total	Total	Plint	Joseph Save as PDr	
			Day	Day Day			
			Night	Night			
			Hourly Intervals				
				-			

Click the analyzes to be printed out.

Click Print. The Print window appears.

41 - Monitoring at the doctor's office

Comparing several measurement results

If more than one measurement results are saved under one patient, it is possible to compare these results. Depending on the analysis, diagrams of individual measurement results are displayed in a list or the values are accumulated and graphically displayed.

Selecting and comparing several measurement results

- 1. Click on the first measurement result to highlight the measurement.
- 2. Hold the "ctrl" (or "command") key and click on other required measurement results to highlight them.
- 3. Click on the required analysis tab.

Example: Comparing the bar charts of two measurements



Monitoring at the doctor's office

The ABPM 7100 can be carried by the patient in the doctor's office, e.g. in the waiting room, and the measurement series is transferred directly via Bluetooth® to a computer at the doctor's office. Each measurement can be analyzed by the doctor immediately.

You can use the office monitoring to subject the patient to a narrow short-term control scan.

Attention The system does not claim to have alarm functions.

Preparing the ABPM 7100 for monitoring at the doctor's office

For office monitoring the Bluetooth® interface of the ABPM 7100 must be used.

42 - Monitoring at the doctor's office

Prepare device (Version 20)					
Patient John Doe	Send P	atient ID	Set clock on device		
Aug 2, 1945 99999999999999999	Delete mea	asurements	Testing Device		
Protocol					
Protocol 10 V Send and activate			Preset		
Display of measured values					
Bluetooth active					
CBP					
1st daytime interval 2nd	daytime interval	3rd daytime interval	Night interval		
Start 8 Clock Star	t 10 🔽 Clock	Start 13 Clock	Start 0 Clock		
Measurements 30 🔽 /h Mea	surements 30 💌 /h	Measurements 30 💌 /h	Measurements 30 💌 /h		
▶ Buzzer	Buzzer	✓ Buzzer	✓ Buzzer		
Open patient			Close		

- 1. Select "Protocol 10" for office monitoring.
- 2. Select "Time Interval, 30, 20, 15, 12... measurements per hour".
- **Note** For further information on the ABPM 7100 please refer to the directions for use of the ABPM 7100.
 - 3. Attach the ABPM 7100 on the patient. Position the cuff and connect it to the ABPM 7100.
 - 4. Tick "Bluetooth active".
 - 5. To ensure that the ABPM 7100 works as required, press very to start a manual measurement. A successful measurement is required for protocol activation.
 - 6. Wait for the first automatic measurement to be completed.

Assigning received measurement results

- 1. After the first measurement, the icon is will appear in the toolbar. Click on this icon.
- 2. The Office Monitoring window appears.

M Office monitoring					
Serial number	Start	Patient ID	Measurements	Assignment	Delete
CST015	11/20/2014 10:12	9999999999999	1	2	3

3. Click on assign. The Selection window appears.



4. Here you can assign the measurement results to either the current open patient or to another patient from the patient list.

43 - Central Blood Pressure (CBP)

Central Blood Pressure (CBP)

In connection with the ABPM 7100, the HMS offers optional Central Blood Pressure measurement at the office. This function can be unlocked with a license key. You can obtain the license key from your Welch Allyn specialist.

Performing CBP at the doctor's office

Central Blood Pressure measurement is performed at the doctor's office via the Bluetooth® interface of the ABPM 7100.

- 1. Position the cuff on the patient and connect the cuff to the ABPM 7100.
- 2. Switch on the ABPM 7100.
- 3. Select an existing patient or create a new patient in the **HMS**. By default, the CBP measurement is always assigned to the current patient on the screen.
- **Note** The patient's age, height and weight must be entered into the **HMS** prior to perform CBP measurement.
 - 4. Connect the ABPM 7100 to the HMS via Bluetooth®.



5. Then select **CBP measurement** to call up the CBP measurement window.

CBP	×
Set cuff in place (sitting)	С ок
First measurement	
30 second pause	
Blood Pressure + CBP	
Height [cm]	180
Weight [kg]	82
Peripheral	pulse wave (measured)
0 1 2 3 4	↓ 5 6 7 8 9 10 sec
Repeat measurement	Save 🛛 🤍 2. Measurement 🛛 🔀 Cancel

- 6. Click **OK** to start the measurement.
- 7. Click Save once all measurement steps associated with CBP have been successfully completed.

Performing 24-hour CBP

In order to perform 24-hour CBP, the ABPM 7100 must be upgraded with a valid CBP license key and the **HMS** software version must either be 5.0 and above.

When preparing the ABPM 7100 to perform a 24-hour CBP measurement, select protocol 11.

Once the ABPM 7100 is prepared with protocol 11, regular blood pressure measurement is performed at the preset intervals. After which, a CBP is additionally performed with the ABPM 7100 reinflates to record the pulses at diastolic pressure.

Transferring and analyzing 24-hour CBP measurement results

For transferring and analyzing of the 24-hour CBP measurement results perform the same steps as with the regular 24-hour ABPM.

Displaying the CBP

The following analysis appears automatically after a successful completed CBP:



Changing the default settings of the HMS

The following settings for the HMS can be specified:

- Analyzes:
 - Blood pressure limits
 - Basis of calculation
- User interface:
 - Language
 - Colors
 - Interfaces
 - Database
 - Bluetooth®

To change default settings of the HMS, click Settings in the menu bar and select the required function.

Database

Patient data and the associated measurement data are stored in a database. Here you can specify the information for access to the database. You can obtain further information from your Welch Allyn specialist.

1. In the menu bar, click Settings then Database. The Database window appears.

Database	X
Database configuration	
H2 Standalone	-
Data source	Selection Test
Save	Cancel

- 2. Enter the required information.
- 3. Click Save.

Changing the language

The user interface is available in various languages.

1. In the menu bar, click Settings then Language to display the Language window.

Language	X
After changing the languag	e the program must be restarted.
Auto	•
Save	Cancel

- 2. Select the required language from the drop-down field.
- 3. Once the modifications are completed, click **Save** to close the window.

Note For the new language to take effect, exit and restart the HMS.

Port settings

The interface to the following connections between the ABPM 7100 to the computer can be specified here:

- Cable with USB interface
- Bluetooth®

In the menu bar, click Settings then Port settings to display the Port settings window.

Specifying a serial / USB interface for the ABPM 7100

1. Click the Serial / USB tab.

2. Click Add device to display the Connection to the device window.

Connection to the device	×
Interface Type	▼ 🖧 Search
Save	Cancel

- 3. To search for a device, switch on the ABPM 7100.
- 4. Click **Search**. Detected devices will be displayed in the drop-down list. If no device is selected, a respective message will appear.
- 5. To add the device, click **Save**. The window disappears and the new device is displayed in the port settings list.

Performing a connectivity test for Serial / USB interface

- 1. Click the interface of the ABPM 7100 you want to test.
- 2. Click Connectivity test and the following window appears with the result of the connectivity test.

Connectivity test	×
Test successful.	
ОК	

If connection to the measurement device was not successful, a respective message will appear.

Specifying a Bluetooth® interface for the ABPM 7100

- 1. Click the **Bluetooth**® tab.
- 2. In the Bluetooth® tab, click **Add device**. The following instruction will appear: "Switch on the ABPM 7100 and change to pairing mode."
- 3. Switch on the ABPM 7100 and change into PAIr mode (refer to Connection via Bluetooth®).
- 4. Click **OK**. The **Searching for Bluetooth Devices** window appears and after a moment the device serial number will appear in the window.

Searching for Bluetooth Devices	
104002HD	٦
164001N1	
CST015	
Pairing Cancel Search	

- 5. Click to select the serial number.
- 6. Click Pairing. The following message appears: "Pairing successful."
- 7. Click OK.
- 8. Click Save. The new device will be listed on the Interfaces window of the Bluetooth® tab.

Deleting the ABPM 7100 from the list

- 1. Click on the ABPM 7100 to be deleted.
- 2. Click Delete device.
- 3. Click **Ok** to confirm and the device serial number will be deleted from the list.

Saving the interface

To accept the modification, click on Save and the Port settings window closes.

Blood pressure limits

You can specify global limit values for systolic and diastolic blood pressure. If the limit values are exceeded, the measurement results will be marked accordingly in the analysis.

Note These values are automatically saved as limit values for newly created patients.

In general, the blood pressure limit values established by World Health Organization (WHO) do NOT APPLY for children and adolescents between the ages of 3 to 18 years. Current studies (Blood Pressure percentiles by Age and Height from Nonoverweight Children and Adolescents in Germany, Neuhauser et al.: Pediatrics accepted Dec 10 2010) have shown that the limits in children and adolescents are dependent on their age and gender.

In 2010, the European Society for Hypertension (ESH) published extensive tables (Management of high blood pressure in children and adolescents: recommendations of the European Society of Hypertension, Lurbe et al.: Journal of hypertension accepted Jun 9 2009) on which the HMS limit values are based on. The limit values are determined according to the 95% percentile curve.

The threshold is defined by the value which is equivalent or lower than 95% of a collective cohort (statistical evaluation for 15.000 children).

Any value exceeding this limit is indicated as hypertension.

To have the percentile curve displayed for children and adolescents between the ages of 3 to 18 years, the patient's date of birth must be entered, from which the **HMS** will calculate the patient's age.

- **Note** By default, the **HMS** analysis will always refers to the current age of the patient. In order to maintain a patient history, a printout must be created for each appointment. The blood pressure limits for an individual patient can be specified on the **Patient Information** tab.
- **Note** The blood pressure limits for an individual patient can be specified on the **Patient Information** tab.

Specifying blood pressure limit values for analysis

1. In the menu bar, click Settings then Blood Pressure Limits to display the following window.

Blood pressure limits					
	Standard				
-Office measu	rements ———				
140 /	90 mmHg				
-ABPM Values					
Average V	alues				
Day 135	/ 85 mmHg				
Night 120	/ <u>75</u> mmHg				
Total 130	/ 80 mmHg				
Single Valu					
Day 140	/ 90 mmHg				
Night 125	Night 125 / 80 mmHg				
- Self measure	ments ———				
135 /	85 mmHg				
- Dipping ———					
Inverted < 0 %					
Non-Dipper < 10 %					
Normal < 20 %					
Save Save	Save Cancel				

- 2. Enter the limiting values.
- 3. To accept the new limit values, click **Save**.

Analysis

In the menu bar, click Settings then Analysis to display the following window.

Analysis	×
🗌 Initial (1 h a	after start)
Static beginning 12 h	
With Day/Night button	
With Day/Night button	
Day Individual / Protocol	
Evening 4 h Before Day/Night Change	
Night Individual / Protocol	
Morning 4 h After Night/Day Change	
Axis Range	
Save	Cancel

Various analysis settings can be selected:

- Initial: An additional start interval for the four daytime intervals.
- Static beginning: Start time of graphic displays.
- With or without Day / Night button: Settings for the start times of the four daytime intervals.
- Once the modifications are completed, click **Save** and the window closes.

Specifying colors for curves and diagram backgrounds

1. In the menu bar, click **Settings** then **Colors** to display the following window.



- 2. To change the colors, select the preferred color from the drop-down field.
- 3. Once the modifications are completed, click **Save** and the window closes.

Format

Here you can specify standard procedures for:

- Average calculation (for all individual values or the hourly mean values, HM).
- Calculation of the mean arterial pressure (measured MAP or calculated MAP).
- The measurement value analysis to be displayed after the measurement data has been transmitted from the ABPM 7100 to the **HMS** (table of measurements or graphics).
- Whether the patient list or an "empty" application window is displayed after the program starts.
- Whether Bluetooth® is used.

1. In the menu bar, click Settings then Format to display the following window.

Seneral	Export file name
Average calculation	Export file name
Over single measurements	Date of measurement
Mean arterial pressure	
Measured MAP 🗨	Time of measurement
After transmission of measurements	Initials 🗨 💶
Display of measurements	
Show patient list after program starts	Patient ID
	Type of measurement
Bluetooth active	
Combine SBPM Measurements	
Length unit	▼
cm 💌	
Weight unit	
kg 🔽	
AC Frequency	Date format
50 Hz. 👻	1995-05-31
Resist unit	
s*mmHg/ml 💌	Time format
✓ Audit trail	14-59
Save	

- 2. Specify the required settings.
- 3. Once the modifications are completed, click **Save** and the window closes.

GDT settings

Device Data Transfer (Gerätedatentransfer) is a data exchange format used by private-practices in the German healthcare system. The **GDT** interface serves system-independent data transmission purposes between medical measurement devices and an office IT.

The **GDT** settings are required for the automatic exchange of patient data between your office IT and **HMS**. If the settings are correct, the **HMS** can be started from your office software and patient data can be accepted directly.

In the menu bar, click on Settings then GDT Settings. The GDT Settings window appears.

GDT settings	×
GDT exchange directory	
C:\Program Files\HMS_WA	Selection
PMS -> HMS file	[*.GDT]
EXPORT.GDT	
HMS -> PMS file	[*.GDT]
IMPORT.GDT	
Save	Cancel

Click **Selection**. Here you can specify the joint directory of the **HMS** and your office IT. HMS and office IT must have the same directory settings. The **HMS** program directory should preferably be set first.

In the field **PMS -> HMS File**, enter the name of the GDT file, which transmits the patient data of your office IT to the HMS. The same name must be set in the HMS and in your office IT.

In the field HMS -> PMS file, enter the name of the GDT file, which transmits the report of the HMS to your office IT. The same name must be set in the HMS and in your office IT.

Enter the start file HMS_GDT.exe into the settings of your office IT.

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