

# Butyrylcholinesterase Fluorescent Activity Kit

**User Manual** 

Catalog # K3016-1

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## INTENDED USE

The B-Bridge Butyrylcholinesterase Fluorescent Activity Kit (cat.# K3016-1) quantitatively measures Butyrylcholinesterase activity in serum and EDTA and heparin plasmas from a variety of species. This assay is species independent. It will also measure BChE in extracted tissue samples and cell lysates.

## BACKGROUND

Butyrylcholinesterase (BChE) belongs to the same structural class of proteins as acetylcholinesterase (AChE). The 440kDa tetrameric glycoprotein is predominantly found in blood, kidneys, intestine, liver, lung, heart and the central nervous system. Many species, such as human, horse and mice exhibit high BChE activity in plasma, whereas rats have higher acetylcholinesterase activity in plasma. BChE preferentially acts on butyrylcholine, but also hydrolyzes acetylcholine.



BChE serves a few known functions within the body. As a detoxification enzyme, it hydrolyzes ester-containing drugs and scavenges cholinesterase inhibitors, such as succinylcholine, before they have a chance to reach synaptic targets. By doing this, the enzyme minimizes the neuromuscular effect these agents have. A deficiency of BChE can result in delayed metabolism of various drugs, such as cocaine, and treatment with doses of BChE can help in overcoming the physiological reaction to them. As an activator enzyme, BChE converts administered prodrugs into functional therapeutics. Bambuterol is a prodrug with anti-asthmatic properties after being converted by BChE. BChE is the only enzyme in human serum that acts on heroin, and its end product, after crossing the blood-brain barrier, is hydrolyzed to morphine by enzymes in the brain.

Alzheimer's disease involves the degeneration of cholinergic neurons and loss of cholinergic transmission. The reduction in choline acetyltransferase leads to a decrease in acetylcholine and acetylcholinesterase activity, which appears to cause an increase in BChE activity. Potent cholinesterase inhibitor therapeutics protect the limited acetylcholine levels, acting on both AChE and BChE. Selective BChE inhibitors prevent the formation of new beta-amyloid plaques, which are created by BChE cleaving amyloid precursor protein to beta-amyloid protein. BChE-positive neurons project to the frontal cortex portion of the brain. BChE may have roles in attention, executive function, emotional memory and behavior. As dementia advances, BChE activity has been shown to increase, while AChE activity decreases, leaving the potential for BChE activity to be used as a biomarker for progression or target for future therapies.

# ASSAY PRINCIPLE

The Butyrylcholinesterase Fluorescent Activity kit is designed to quantitatively measure butyrylcholinesterase (BChE) activity in a variety of samples. The kit utilizes a proprietary non-fluorescent molecule, Thio, that covalently binds to the thiol product of the reaction between the BChE Substrate and BChE in the standards or samples, yielding a fluorescent product read at 510 nm in a fluorescent plate reader with excitation at 390 nm.

The readout of BChE activity is purely chemical; there are few interferants that will affect the readings obtained.

1. Sample or standard added to well.

2. The reaction is initiated with the addition of the Reaction Mix containing BChE, Substrate, and Thio Detection Reagent

Incubate for 20 minutes and read fluorescent signal. Calculate BChE activity from standard curve.
Alternatively samples can be read kinetically. Follow steps 1 and 2 above.

Add Reaction Mix and read signal at 510 nm over time. Compare rates for samples and standards to determine sample BChE activity.

### KIT COMPONENTS

Black 96-well plates	2 plates
Butyrylcholinesterase Standard (BChE) - 200 mU/ml	225 μl
Thio Detection Reagent - Stored in desiccator	2 vials
BChE Substrate - Butyrylthiocholine iodide freeze dried with	2 vials n stabilizers
Dimethyl Sulfoxide Solvent (DMSO) - DMSO will freeze at 2-8 °C. Store tigl	14 ml htly capped at room temperature.
10X Assay Buffer	28 ml

Store all components at 2-8 °C, except DMSO. Store DMSO tightly capped at room temperature.

## MATERIALS REQUIRED BUT NOT SUPPLIED

- Deionized or distilled water

- Fluorescence 96-well plate reader capable of reading fluorescent emission at 510 nm with excitation at 390 nm.

-Software for converting raw relative fluorescent unit (FLU) readings from the plate reader and carrying out four parameter logistic curve (4PLC) fitting.

### PRECAUTIONS

This kit should only be used by qualified personnel who have had laboratory safety instruction. The complete User Manual should be read and understood before using this product.

Dimethyl sulfoxide (DMSO) is a powerful aprotic organic solvent that has been shown to enhance the rate of skin absorption of skin-permeable substances. Wear protective gloves, safety glasses and clothing when working with DMSO. Consult your institution's safety procedures for working with hazardous chemicals.

The Butyrylcholinesterase Standard is derived from human blood. It has been extensively tested for viral contamination, but all human blood products should be treated as potentially infectious and adequate precautions taken. Protective clothing, gloves, and safety glasses should be worn. Consult your institution's safety procedures for working with human samples.

Thio Detection Reagent should be stored at 4 °C in the desiccator. Allow the desiccator to warm to room temperature prior to opening. Thio Detection Reagent will react with strong nucleophiles. Buffers containing the preservatives sodium azide, Proclin<sup>™</sup> and Kathon<sup>™</sup> will react with the substrate.

## **REAGENT PREPARATION**

Allow the kit reagents to come to room temperature for 30 minutes.

We recommend that all standards and samples be run in duplicate to accurately determine BChE activity. Ensure that all samples have reached room temperature and have been diluted as appropriate prior to assaying.

#### **1X Assay Buffer**

Prepare a 1X Assay Buffer by diluting 1 part 10X Assay Buffer with 9 parts deionized water. 1X Assay Buffer is stable for up to 3 months at 4 °C.

#### **10X Thio Detection Reagent**

Make a 10X Thio Detection Reagent by adding 700  $\mu$ l of DMSO to 1 vial of Thio Reagent, vortex thoroughly. Store any unused reconstituted Detection Reagent at 4 °C in the desiccator and use within 2 weeks.

#### 10X Butyrylcholinesterase Substrate

Make a 10X BChE Substrate Reagent by adding 700 µl of DMSO to 1 vial of BChE Substrate, vortex thoroughly. Store any unused reconstituted BChE Substrate at room temperature and use within 2 weeks

#### **Reaction Mix**

Follow the table below to make the appropriate volume of Reaction Mix. Use the Reaction Mix within 1 hour of preparation. Protect from light.

	Half Plate	Whole Plate
10X BChE Substrate	300 µl	550 μl
10X Thio Detection Reagent	300 µl	550 μl
DMSO	2.4 ml	4.4 ml

#### **Standard Preparation**

BChE Standards are prepared by labeling seven test tubes as #1 through #7. Briefly spin vial of standard in a microcentrifuge to ensure contents are at bottom of the vial. Pipet 450  $\mu$ l of 1X Assay Buffer into tube #1 and 250  $\mu$ l into tubes #2 to #7. Carefully add 50  $\mu$ l of the BChE Standard to tube #1 and vortex completely. Take 250  $\mu$ l of the BChE solution in tube #1 and add it to tube #2 and vortex completely. Repeat these serial dilutions for tubes #3 through #7. The activity of BChE in tubes 1 through 7 will be 20, 10, 5, 2.5, 1.25, 0.625 and 0.313 mU/ml.

#### Use all standards within 2 hours of preparation

	Standard						
Reagent	1	2	3	4	5	6	7
Assay Buffer Volume	450 μl	250 μl	250 μl	250 µl	250 µl	250 μl	250 µl
BChE Standard	50 μl						
Standard 1		250 μl					
Standard 2			250 μl				
Standard 3				250 μl			
Standard 4					250 µl		
Standard 5						250 μl	
Standard 6							250 μl
Final Concentration							
(mU/mL)	20	10	5	2.5	1.25	0.625	0.313

## SAMPLE PREPARATION

Store serum or plasma on ice until assaying or freeze in aliquots for later use. Samples containing visible particulate should be centrifuged prior to using.

Samples must be diluted in 1X Assay Buffer prior to assaying. Human serum and plasma typically have to be diluted  $\geq$  1:300 to read in the assay. Any samples with BChE activity outside the standard curve range should be diluted further with 1X Assay Buffer to obtain readings within the standard curve.

#### Use all samples within 2 hours of dilution

## ASSAY PROTOCOL

#### Standards and samples should be run in duplicate

- 1. Use a plate layout sheet to properly identify samples and standards.
- 2. Pipet 100  $\mu$ l of samples or standards into duplicate wells in the plate
- 3. Pipet 100 µl of 1X Assay Buffer into duplicate wells as a zero standard.
- 4. Add 50 µl of prepared Reaction Mix to each well using a repeater or multi-channel pipet
- 5. Gently tap the sides of the plate to mix the reagents.
- 6. Incubate at room temperature for 20 minutes
- 7. Read the fluorescent emission at 510 nm with excitation at 370-410 nm.

### CALCULATIONS

Average the duplicate fluorescent unit (FLU) readings for each standard and sample. Create a standard curve by reducing the data using the 4PLC (4 parameter logistic curve) fitting routine on the plate reader, after subtracting the mean FLU for the zero standard. The sample activity obtained should be multiplied by the dilution factor to obtain neat sample values.

# TYPICAL STANDARD CURVE: EXAMPLE ONLY

Standard curves vary with each assay. Always run your own standard curves for calculation of results; do not use this data

