

# Instruction Manual

Model #: PT300



[www.pure-therapy.com](http://www.pure-therapy.com)

# SAFETY INSTRUCTIONS



## IMPORTANT SAFETY INSTRUCTIONS

PLEASE READ BEFORE OPERATING THE PT300



### **WARNING: To reduce the risk of burns, electric shock or injury to persons:**

- Do not put small body parts near the rollers
- Do not use this product around any water or damp areas; also make sure your body is completely dry before sitting in the chair
- If the power cord is damaged, do not use the chair. Make sure that the power cord is replaced by the manufacturer before you use the chair again
- Periodically inspect the chair and power cord for signs of damage such as cracks or tears
- Only one person can use this chair at a time, more than one person can cause damage or result in injury
- Do not pull on the power cord or push the back rest to move the chair. Follow the directions on how to move the chair as described in the manual
- This device is for indoor use only, do not use it outdoors
- Make sure the chair is turned off and unplugged when not in use
- Do not massage any swollen, injured or inflamed body parts
- Do not stand on the chair, only sit in it
- Do not use the chair with a blanket or cushion over top of yourself or the chair. This can cause a heating problem and result in a fire or electric shock
- Use this product only for its intended uses that are described in the manual
- Only use attachments that are recommended by the manufacturer
- Avoid eating or drinking while seated in the chair as crumbs and spilling may cause damage to the fabric and mechanisms within the chair
- Make sure all controls are turned OFF before disconnecting the chair from a power supply
- Do not put the power cord near hot surfaces as this can damage the power cord and result in fire or electric shock
- Do not use this product if there is unfamiliar noise or noise above the normal operation
- Connect this appliance to a grounded outlet only
- Do not insert objects into any openings
- Do not operate where oxygen or aerosol products are used
- Only an experienced technician should perform maintenance on the chair, do not try to do it yourself
- The maximum weight is 265 lbs

### **Precautions**

- Comfortable clothing is recommended when using this product, do not use on bare skin
- Do not force any body parts into the back rest while the rollers are moving, this can cause injury and/or damage to the chair
- If you feel any abnormal discomfort while the chair is operating, turn off the power supply immediately and only use the product once you have consulted your physician
- Do not sit on or put pressure on the remote control
- Do not pull on the power cord
- When using this product after it has been in storage, check to see that the product is operating properly prior to use

### **Care and Maintenance**

#### **Main Body of Chair**

- To remove dirt from plastic parts and armrests, wipe area with a damp cloth using a mild cleaning agent, wipe fabric exterior with damp cloth
- Do not use alcohol, caustic agents or detergents to avoid damage, discoloring or splitting of the fabric
- Clean with a soft damp cloth; do not clean with any coarse materials or strong chemicals as this can damage the fabric of the chair

#### **Remote Control**

- Wipe remote control with only a dry cloth
- Never use damp materials to clean remote.

#### **Back rest Cushion and Head rest Cushion**

- If the back rest cushion and/or head rest cushion are dirty, clean with a damp cloth or mild cleaning agent and leave out of chair until dry

#### **Storing Method**

- After cleaning chair, keep in a dry place, avoid excessive heat or cold. If you are storing the chair for a long time, cover with sheet or plastic to avoid it getting dusty or dirty

**WARNING:** *Make sure that the outlet which the power cord is plugged into is grounded; improper grounding can result in injury or a product malfunction.*

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**Reap the Health Benefits of Massage**

Massage has been proven to improve and maintain the body and mind. Doctors say a daily dose of massage like eating a healthy meal causes positive activity within your body. With the PT300 you will benefit from improved blood and lymphatic circulation, flexibility, quality of sleep and body awareness. Enjoy increased range of motion, enhanced relaxation and elevated mood. Reduce your stress, pain and severity of injuries with regular massage therapy.



# INTRODUCTION



Congratulations on your purchase of the PT300 and taking a step towards a stress free life. Pure Therapy's 300 Series massage chair is like having a personal massage therapist at your fingertips 24/7. Designed to suit any home décor, the PT300 was engineered to relieve your daily stress and get you ready for your days to come. Two motors provide you with a soothing massage that can target your back and neck independently. Use the auto-massage program or customize your own and enjoy all the benefits of massage therapy. The back massage uses the kneading technique, a gentle circular squeezing motion that relieves stress and improves blood circulation. Use the leg rest to massage your calves simultaneously and stimulate blood flow. Sit upright or recline completely and prepare for a massage that normally could only be provided by a trained massage therapist. The cost of visiting a massage therapist every day could be over £20,000 in just one year. Your body is an investment that you cannot ignore. Live a better life with a relaxed body and mind. So, sit back, relax and enjoy the benefits of owning the PT300.

## WHAT'S INCLUDED



Massage Chair



Remote Control



Instruction Manual



24/7 Lifetime Live Customer Support

Model #: PT300

# GETTING STARTING

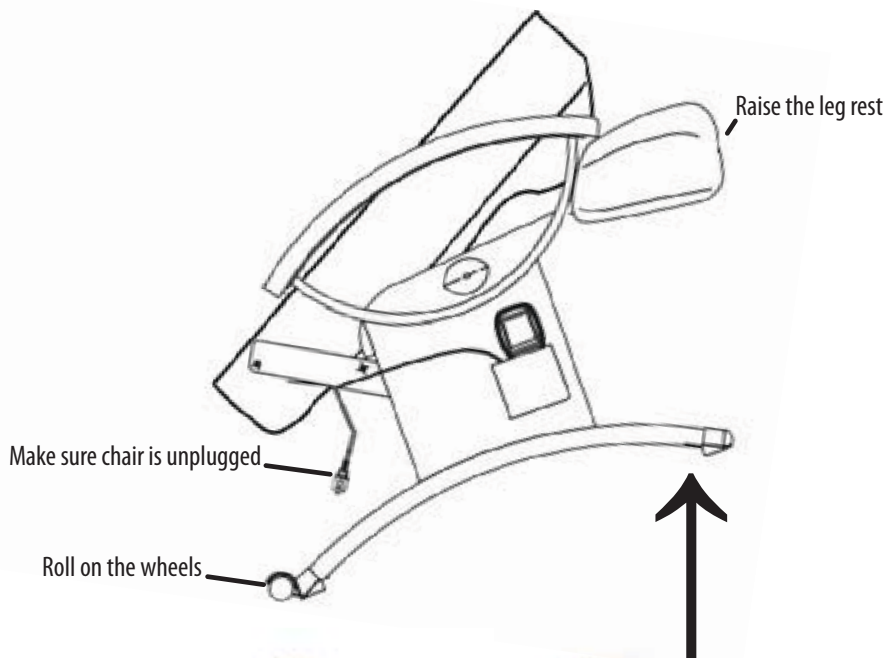
## ***To Get Started:***

- Carefully remove the lid from the box and use the handle on the box to remove the box from the bottom tray
- Remove any protective coating from the chair and move chair to a desired location in the room
- Open the chair up by pulling the back rest out; make sure the back rest and leg rest are free of hands and/or other objects
- Adjust the back rest cushion to your liking (see head rest adjustment)
- Plug power supply cord into a grounded, surge protecting power bar
- Plug the seat cushion into the chair
- Make sure that there is enough room for the chair to fully recline to the lying down position without any obstacles in the way

## MOVING AND LIFTING

### ***Moving the Chair***

1. Make sure the chair is unplugged.
2. Make sure no objects are in the way or resting on or around the chair.
3. Pull the lever on the back and completely fold the back rest in.
3. Lift the leg rest so that the chair is resting on the wheels on the back of the chair.
4. Push or pull the chair to where you would like it to be moved.
5. Do not use the back rest, seat or power cord to move the chair.



### ***Lifting the Chair***

1. Ask another person to assist you.
2. Have one person lift the leg rest and another lift by the back of the chair. Be sure to lift with your legs and not your back.
3. Lift carefully to avoid dropping or injury.



# POWERING ON

## To Power On:

1. Make sure that the chair is plugged into a grounded power source through the power supply cord located at the back of the chair. We recommend using a surge protected power source.
2. Turn the master power switch located on the back of the chair on.
3. Using the remote control, press the power button. The chair will turn on and begin massaging using the default settings.
4. The default massage uses all the functions operating at once at a medium intensity except for vibration. (See Default Mode for more information)



*Note: Each time the chair is powered off the default settings are restored which will allow for automatic mode to start up when the chair is powered on the next time.*

## HEAD REST CUSHION ADJUSTMENT

The head rest cushion is removable from the back rest of the chair. This is so you can remove the cushion if you would like to increase the intensity of the massage.

## To Remove/Add the Cushion:

1. Flip the head rest flap back for temporary removal or peel away from Velcro to completely remove it from the chair.
2. For a more intense massage on entire back area, remove the back rest cushion by unzipping it from the back rest.



3. Reattach the back rest or head rest cushion if you would like to decrease the intensity of your massage.

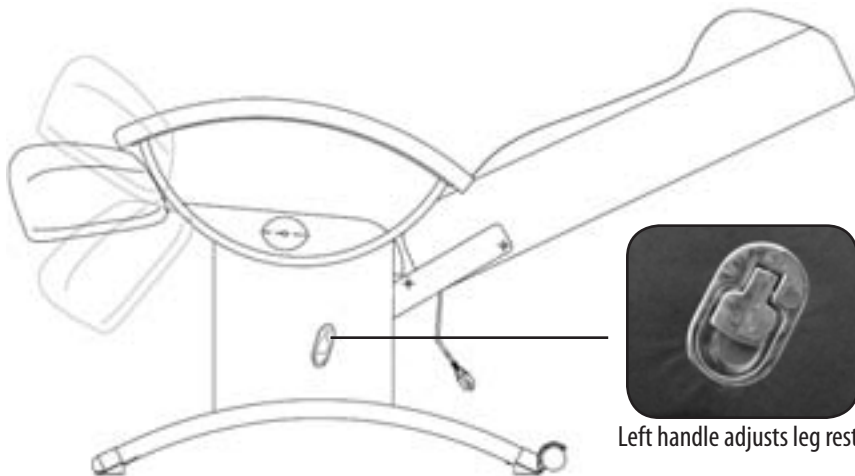


# ADJUSTING CHAIR POSITION

You can adjust the leg rest and back rest so that you are in a sitting or laying down position. While seated in the chair, the lever on the left is used to raise and lower the leg rest and the lever on the right adjusts the back rest up and down. The chair can go as far as 158 degrees.

## ***To Adjust the Leg Rest:***

1. While sitting in the chair, reach down and pull the lever on the left and lift.
2. Move the leg rest up by raising your legs away and the leg rest will rise with ease with your feet.
3. Move the leg rest down by pushing it down with your legs.
4. Once you have adjusted the leg rest to your level of comfort release the lever and it will safely lock into the desired position.



## ***To Adjust the Back Rest:***

1. While sitting in the chair, reach down to the lever on the right (next to remote pouch) and lift.
2. Move the back rest down into a lying position by lightly pushing it down with your back. The back rest does not need a lot of pressure, and it will go down very easily.
3. Move the back rest up by sitting up and allowing the back rest to move forward with you.
4. Once you have adjusted the back rest to your level of comfort release the lever and it will safely lock into your desired position.



# TIMING

Select the length of your massage and rest. The chair will turn off automatically once your time is up. You have three time settings to choose from: 10 minutes, 20 minutes and 30 minutes.

## ***To Change the Time:***

1. Press the timer button on the remote.
2. Pressing this button during a massage will reset your time settings to 10, 20 or 30 minutes. The time it resets to will depend on the time you had set last.
3. The default time is 20 minutes.



## AUTO/DEFAULT MODE

The automatic mode is the default mode for the PT300. This mode will always start each time you power on the chair.

### ***The Automatic Settings are as Follows:***

1. Shiatsu neck kneading is set to on, massaging towards the neck and changing direction every 20 seconds.
2. Back roller is set to on and massaging the full back.
3. The leg rest massagers are set to on and massaging at a medium intensity.
4. Seat vibration, by default, is set to off.

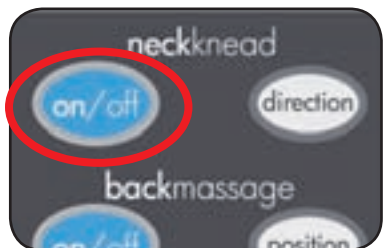
**Note:** Each time the chair is powered off the back rollers return the top position of the rollers route and the default settings are restored which will allow for automatic mode to start up when the chair is powered on the next time.



# Shiatsu Neck Kneading

Shiatsu neck kneading is a massage technique that works in a circular motion on both sides of your neck and upper spine. The PT300 offers two options with the neck kneading massage. Towards your neck helps to increase blood flow upwards, which will refresh your mind. Away from your neck helps to increase blood flow in your upper spine which will relax your body.

1. To turn the shiatsu neck kneading on or off, press the on/off button next to “neck knead” on the remote control.
2. To adjust the direction of the massage, press the direction button next to “neck knead” on the remote.



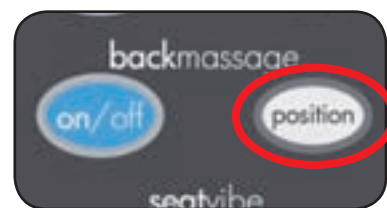
3. If you would like the massage a little stronger, remove the cushion from the head rest. (See Head Rest Cushion Adjustment)
4. If you would like the massage on a lower intensity, reinsert the head rest.

## BACK ROLLERS



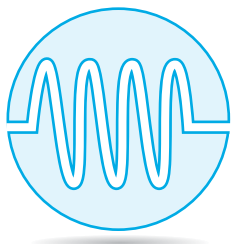
The back rollers simulate a professional back massage. The back massage has three options: upper back massage, lower back massage and full back massage. The upper back (trapezius muscle) is usually where tension in the back accumulates and the lower back (latisimus dorsi) is where the back tends to get strained or pulled.

1. To turn back massage on/off, press the on/off button next to “back massage” on the remote control.
  - When shutting the back massage off the rollers will return to their default positions automatically
2. To adjust the location of the back massage press the “position” button. Each time you press the “position” button the back rollers will move to the different positions along the back (upper, lower and full). The LCD screen on the remote control will indicate where the rollers are located.



*If the massage is too intense, try sitting slightly away from the back rest with less pressure on the back rollers. If you would like the massage to be more intense, you can remove the back rest cushion (See Head Rest Cushion Adjustment).*

# SEAT VIBRATIONS



The seat has a vibrating feature that helps stimulate blood flow as well as relax your upper thighs. You have the option to change the intensity of the seat vibrations.

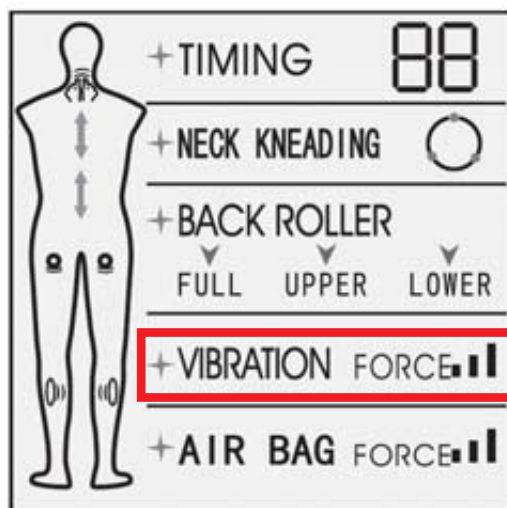
1. To turn the seat vibrations on/off, select the on/off button next to "seat vibe".



2. To adjust the intensity of the seat vibrations press the "intensity" button next to "seat vibe".



3. There are three levels of intensity, low, medium and high; the bars on the LCD screen will indicate the level of intensity.



## MESSAGE LEG REST

The leg rest has air bags inside of it that are used to massage the calves. By placing your feet in the slots you can enjoy a relaxing foot massage. The air bag massage applies and releases pressure simulating a draining massage technique; this technique relaxes and stretches the muscles. With the leg rest massager, you have the option to adjust the intensity.

1. To turn the calf massage on/off, select the on/off button next to "calf massage".



2. To adjust the intensity of the leg rest massage, press the "intensity" button next to "calf massage".



- There are three levels of intensity, low, medium and high; the bars shown on the LCD screen will indicate the level of intensity the calf massage is set.



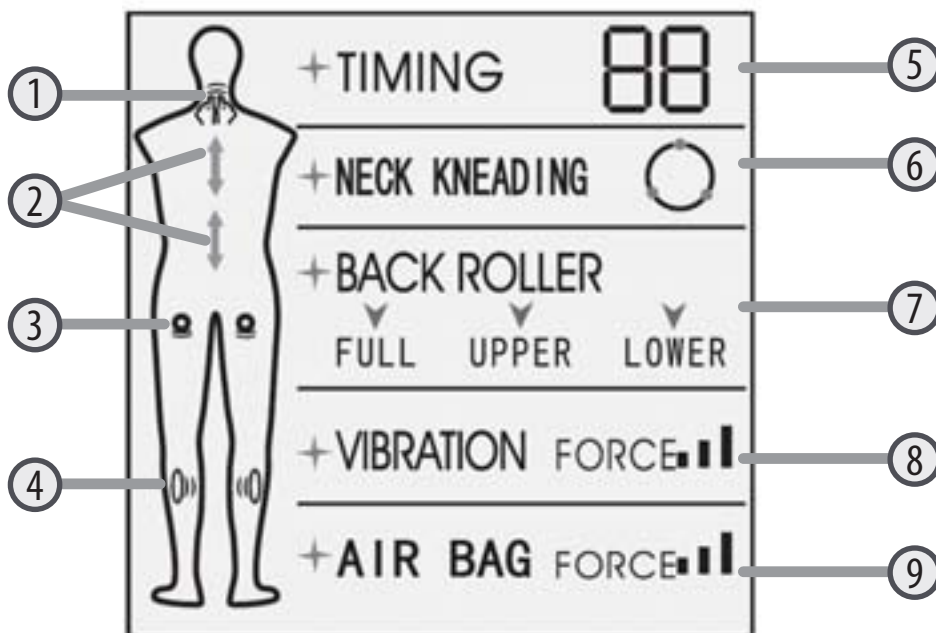
## REMOTE BUTTONS



- Power:**  
Turns chair on and off and restores rollers to default settings
- Timer:**  
Changes the length of time that the chair will massage for (10 minutes, 20 minutes or 30 minutes)
- Auto:**  
Resets the massage chair back to the default settings (timer will not readjust)
- Neck Kneading On/Off:**  
Turns the Shiatsu neck kneading on and off
- Neck Kneading Direction:**  
Adjusts the direction of the Shiatsu neck massage; it can knead inwards or outwards
- Back Roller On/Off:**  
Turns the back massager on and off
- Back Roller Position:**  
Moves the location of the back rollers to focus on a specific section of your back. (Full back, upper back or lower back)
- Seat Vibration On/Off:**  
Turns the seat vibration on and off
- Seat Vibration Intensity:**  
Increases and decreases the intensity of the seat vibrations
- On/Off Airbag:**  
Turns the leg rest massage function on and off
- Air Bag Force:**  
Increases and decreases the intensity of the calf massage

# REMOTE LCD SCREEN

The remote LCD displays what functions are on, what each function is set to, as well as how much time there is remaining in your massage. When a function is on, a “+” sign will appear next to the corresponding icon.



## 1. Neck Kneading Indicator

## 2. Back Roller Indicator

## 3. Seat Vibration Indicator

## 4. Calf Massage Indicator

## 5. Timing:

The number shown indicates how long the chair will massage for until it automatically shuts off and returns to default settings. There are three time intervals, 10 minutes, 20 minutes and 30 minutes

## 6. Neck Kneading:

The arrows on the circle indicate the direction that the Shiatsu neck kneading is moving; it can knead inwards or outwards

## 7. Back Roller:

The highlighted arrow indicates the section of your back that the rollers are set to massage. (Full back, upper back or lower back)

## 8. Vibration:

The bars indicate the intensity of the vibrations. There are three intensity levels, low (one bar), medium (two bars) and high (three bars)

## 9. Leg Massage:

The bars indicate the intensity of the leg massage. There are three intensity levels, low (one bar), medium (two bars) and high (three bars)

# MASSAGE CHAIR



## 1. Head Rest:

This head rest has a removable cushion for the neck rollers, which allows for a less penetrating neck rub. For a more intense neck rub, you can remove the cushion. For directions on removing the head rest cushion (See Head Rest Cushion Adjustment)

## 2. Back Rest:

The massaging back rollers and removable cushion are located in this area

## 3. Seat:

Must be plugged into the chair before operation. The vibrations in this seat are good for stimulation of blood flow in your thighs and buttocks

## 4. Remote Pouch:

This pouch is for storing the remote when not in use

## 5. Back Rest Adjustment:

Pulling this lever unlocks the back rest so it can be moved up or down (Located on the right when sitting in the chair)

## 6. Leg Rest:

You can put your calves or feet in the sections on the massaging leg rest for a relaxing calf or foot massage

## 7. Leg Rest Adjustment:

Pulling this lever unlocks the leg rest so it can be moved up or down (Located on the left when sitting in the chair)

## 8. Power Connection:

Plug this cord into a power supply

# THE 9-5 MASSAGE

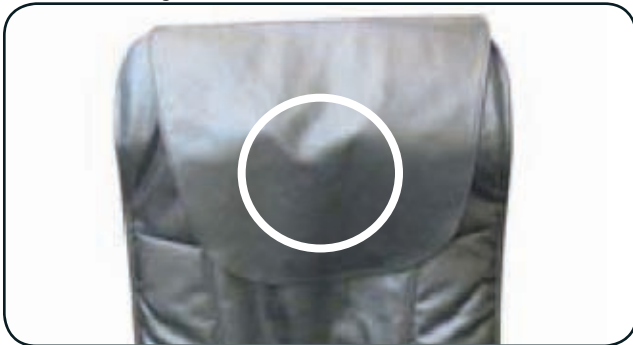
Sitting at a desk and looking at a computer screen all day can be very hard on your back. Pain in the upper back and neck is usually due to the muscles becoming too tight. Tight muscles restrict blood flow in your back, which can make the pain worse. The Shiatsu kneading and back rolling technique can help in relieving the pain as well as stimulate blood flow of those tight muscles.

## For Upper Back Pain:

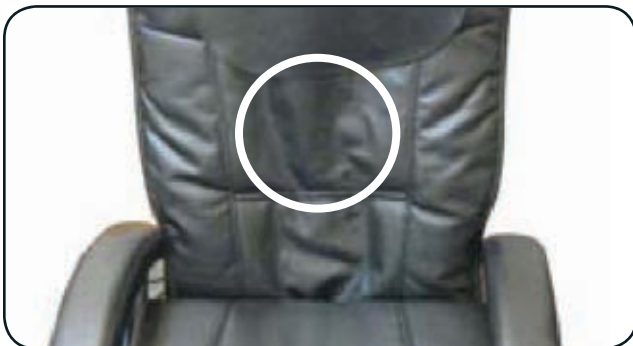
1. Adjust the chair so that you are lying down using the right lever for the back rest and the left lever for the leg rest.



2. Adjust your body so that your neck is centered between the shiatsu neck kneading area.



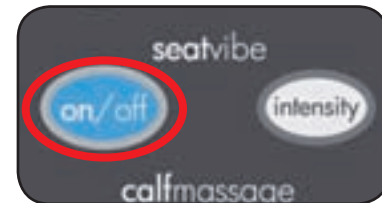
3. Make sure your spine is aligned with the center of the back rest so the rollers will focus on the proper muscles.



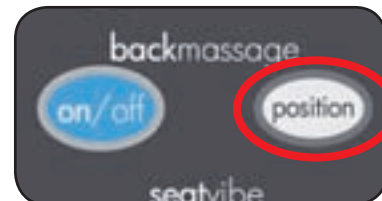
4. Turn the power to the chair on.



5. Turn off the vibration and the leg rest functions by pressing the on/off buttons for each.



6. Adjust the back rollers to focus solely on the upper back by selecting the roller location button on the remote.



7. Set the timer for 10 minutes.





# PRENATAL MASSAGE

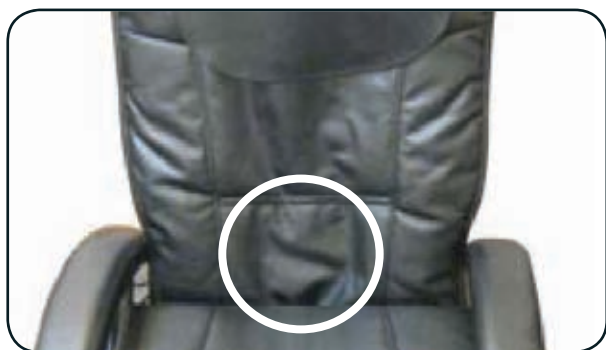
Lower back pain is a common problem; it is especially common in pregnant women as they carry their baby low on their bodies. The lower back massage is great for getting the lower back muscles relaxed and stimulating blood flow to relieve pain.

## *For Lower Back Pain:*

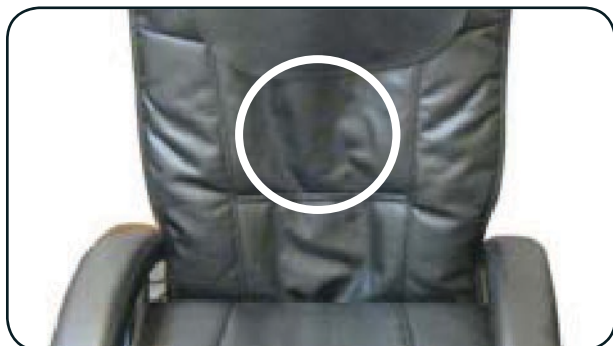
1. Adjust the chair into the sitting position, using the right lever for the back rest and the left lever for the leg rest. Make sure you are sitting up straight.



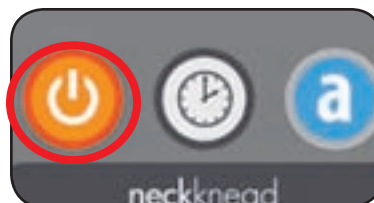
2. Move your body so that your lower back is against the back rest.



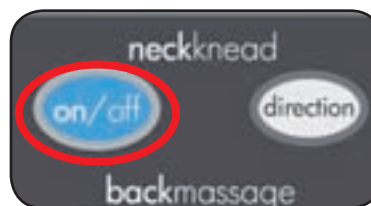
3. Make sure your spine is aligned with the center of the back rest so the rollers will focus on the proper muscles.



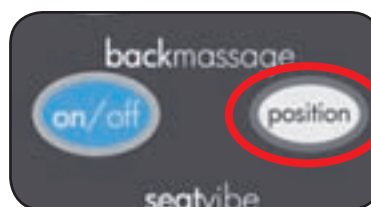
4. Turn the power to the chair on.



5. Turn off the neck kneading and leg rest massage functions by pressing the on/off buttons for each.



6. Adjust the back rollers to focus solely on the lower back by selecting the roller location button on the remote.



7. Set the timer for 20 minutes.





# ATHLETIC MASSAGE

One of the largest complaints in athletes is leg pain. This can be caused by over exertion of the legs, muscle strains, general weakness or even long hours of standing. The leg rest massager can help relieve leg pain with gentle air bags that apply the right amount pressure to relieve those sore areas.

## For Leg Pain:

1. Adjust the chair using the right lever for the back rest and left lever for the leg rest, so that you are sitting straight, with your legs up and stretched out in front of you.



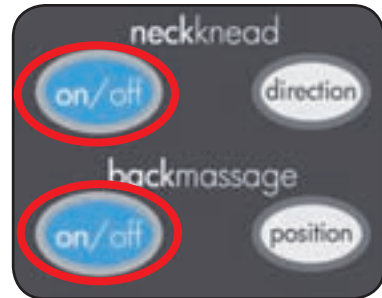
2. You may have to move your body slightly or lay down to make sure your calves comfortably fit into the leg rest sections.



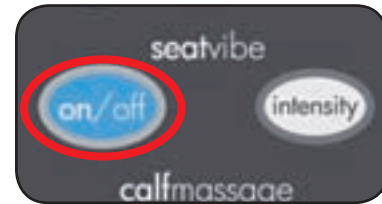
3. Turn the power to the chair on.



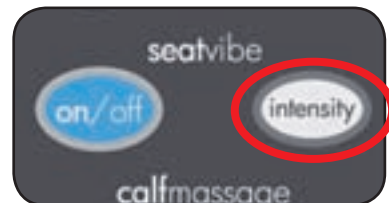
4. Turn off the neck kneading and back rolling function by pressing the on/off buttons for each.



5. Turn on the seat vibration function by pressing the on/off button.



6. Turn the intensity levels for the seat vibrations and leg massage to a setting you feel comfortable with by pressing the intensity button for each function on the remote.



7. Set the timer for 30 minutes.



# THE STRESS REDUCING MASSAGE

Relaxation is the best cure for stress. Techniques such as deep breathing and meditation can help in relieving stress but the most recommended stress relief technique involves relaxing the muscles through massage. The PURE THERAPY 300's massagers can aid in relaxing the muscles and in turn, relaxing the mind and body.

## For Reducing Stress:

1. Adjust the chair using the right lever for the back rest and left lever for the leg rest, so that you are sitting up, with your legs elevated.
4. Leave all functions on and turn up the leg rest massage intensity to enjoy a relaxing back massage and a vigorous foot massage.



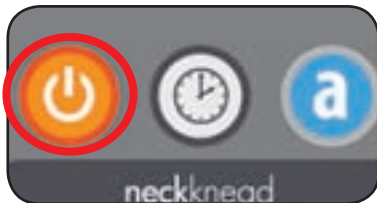
2. Make sure your spine is straight with the back rest, then bring your feet up and insert them into the massage areas on the leg rest.



5. Set the timer for 30 minutes.



3. Turn the power to the chair on.

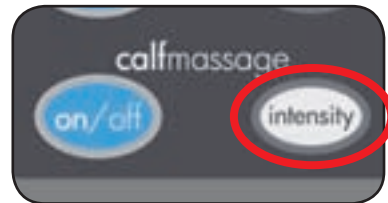


# THE REFLEXOLOGY MASSAGE

Many activities and occupations such as nursing, serving and shopping can cause you to be on your feet for long periods of time. The massager leg rest uses air bags to apply pressure to the feet, simulating the massage technique called reflexology. Reflexology aids in relaxing the entire body and easing any pain in your feet.

## **Foot Massage:**

1. Adjust the chair using the right lever for the back rest and left lever for the leg rest, So that you are sitting up, with your legs elevated.
4. With your feet in the massage area, turn on the airbag function to high intensity.



2. Bring your feet up and insert them into the massaging areas on the leg rest, then turn the power on.
5. Set the timer for 30 minutes.



3. Turn all other functions in the chair off.



Model #: PT300

# SPECIFICATIONS

Product Measure (leg and back rest not reclined) .....	42.9" X 46.3" X 27.6"	Available In PVC Synthetic Leather .....	Yes
External Carton Measure .....	41.3" X 28.7" X 26.7"	Adjustable Angle Of Back Rest .....	Yes
Gross Weight .....	127.87 lbs	Adjustable Angle Of Calves Position .....	Yes
Net Weight .....	108.03 lbs	Vibration .....	Yes
# Of Back Rollers .....	4	Automated Programs .....	Yes
# Of Air Cushions In Seat.....	0	CETL/ETL Certified .....	Yes
# Of Air Cushions In Calves.....	6		
LCD Display on Remote.....	Yes		
Massage Modes.....	Default		
.....	Manual		

## TROUBLESHOOTING GUIDE

<b>I am hearing strange noises coming from the motors chair and/or the leg stretch</b>	<ul style="list-style-type: none"> <li>The motors within the chair make regular operation noises; therefore most noises are completely normal. If the noise becomes very loud or straining, contact your manufacturer.</li> </ul>
<b>The massage rollers stopped moving during operation</b>	<ul style="list-style-type: none"> <li>If you apply too much pressure on the rollers they may stop moving for safety purposes. Try to ease up on the rollers and they should start working again.</li> </ul>
<b>I am unable to recline the leg rest and/or back rest</b>	<ul style="list-style-type: none"> <li>Make sure there are no obstacles around the chair that can be stopping it from reclining</li> </ul>
<b>The leg rest is not turning on with the rest of the chair</b>	<ul style="list-style-type: none"> <li>The leg rest functions separately from the chair. You must turn it on separately using the leg rest functions on the remote.</li> </ul>
<b>The unit is not working at all</b>	<ul style="list-style-type: none"> <li>Make sure it is plugged into a power source</li> <li>Make sure the switch located at the back of the chair is set to the ON position</li> <li>The time may have come up, try turning the chair on with the remote again</li> </ul>
<b>There is damage to the cord and/or unit</b>	<ul style="list-style-type: none"> <li>Stop using the chair immediately and do not use until repaired and inspected by a professional</li> </ul>
<b>I feel unusual pain and discomfort to my body</b>	<ul style="list-style-type: none"> <li>Stop using the chair immediately and contact your doctor or physician</li> </ul>



# ADDITIONAL WARNINGS

Read all instructions before using this appliance

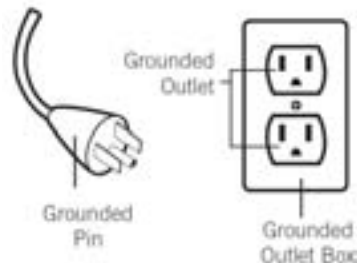
*When using an electrical appliance, basic precautions should always be taken, including the following:*

## Grounding instruction

This product must be grounded, if it should malfunction or breakdown, grounding provides a path of least resistance for the electric current to reduce the risk of electric shock. This product is equipped with a cord that has an equipment grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

## Danger

Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or service man if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product if it will not fit your outlet, instead, have a proper outlet installed by a qualified electrician. This product is for use on a nominal 120 volt circuit and has a grounding plug that looks like the plug illustrated in the below image. Make sure that the product is connected to an outlet that has the same configuration as the plug. No adapter should be used with this product.



This appliance is intended for household use only.

## Danger

- Do not use alcohol, caustic agents or detergents on the chair in order to avoid any damage, discoloring and/or splitting of the fabric
- Never use damp or wet materials on the remote control to avoid damage
- Avoid leaving the device in direct sunlight or in excessive heat as this can cause fading of the fabric and/or color change

## Danger

**To reduce the risk of electrical shock:**

1. Always unplug the appliance from an electrical outlet immediately after using, turning off and before cleaning.

## Varning

**To reduce the risk of burns, fire, electric shock or injury to persons:**

1. An appliance should never be left unattended when plugged in. Unplug from outlet when not in use as well as before putting on and/or taking off any parts.
2. Do not operate machine whilst under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury.
3. Close supervision is necessary when this massager is used on or near children, invalids or disabled persons. "Keep children away from the extended back support and foot support (as well as any other similar parts).
4. Use this massager only for its intended use as described in this manual. Do not use attachments that are not recommended by the manufacturer.
5. Never operate this massager if it has a damaged cord or plug, if it is not working properly, if it has been dropped, damaged, or dropped into water. You must return the massager to a certified service center for examination and repair before using again.
6. Do not carry the device with the supply cord or use the supply cord as a handle.
7. "Keep the cord away from heated surfaces.
8. Never operate where aerosol (spray) products are being used or where oxygen is being administered.
9. To disconnect, turn all controls to the off position, then remove the plug from the outlet.
10. Connect this massager to a properly grounded outlet only.

## Varning

To avoid injury, do not remove the back cushion when the chair is turned on or operating.

This appliance is equipped with a thermal resetting protection device. This is a safety feature to protect the appliance from overheating. If the appliance should suddenly stop and will not start, turn off the main switch and remove the plug from the outlet and do not operate the appliance for at least 30 minutes. Failure to turn the appliance off may result in the appliance starting unexpectedly when the device cools. Any other servicing should be performed by an authorized service representative.

NOTES



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