



# HEIGHT ADJUSTBLE ROLLATOR OWNER'S HANDBOOK

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# INTRODUCTION

The Drive Medical lightweight 4-wheeled rollator is designed to aid the user to walk and, as an option, carry items such as shopping.

The R6HA is ideal for indoor use, whilst the R8HA is suitable for indoor and outdoor use. They are intended to be lightweight and portable whilst offering stability and security to the user.

It features an aluminium frame, a height adjustable padded seat and height adjustable handles with arthritic friendly brake levers. They come with a choice of 6" (R6HA) or 7.5" (R8HA) diameter wheels with solid tyres.

# PARTS DESCRIPTION



## **PERSONAL SAFETY**

- For your health and comfort, make sure that you adopt a comfortable posture and that you can operate the brakes with ease.
- Ensure that the handles are at equal heights and securely locked in position.
- Ensure the walker is always fully folded out before using.
- Ensure that all the wheels are stable and are on the ground before using.
- Ensure that the brakes are adequate and test before using.
- Ensure that the user sits in the centre of the seat.
- Do not use the four-wheel rollators on gradients 7°
  / 1 in 8 or above.
- Ensure that the brakes are always locked on when sitting on the seat.
- Ensure that the latest health and safety practice is used for carrying and lifting items, such as wheeled walkers.

## ASSEMBLY

- 1. Remove all contents from carton
- Open the frame and place up-side-down on the floor. Attach the legs with the front castors in to the front of the walker by pushing the Height Adjustment Button and inserting the leg in to the receptacle.
- 3. Attach the back legs (with brakes) using the same process, making sure the wheels are on the outside of the rollator.
- 4. Ensure that all the wheels are set at the same height and secure by screwing in a Height Adjustment Knob in to the hole at the bottom of each receptacle.
- 5. Insert the handle in to the frame and set to the desired height. Screw in the Height Adjustment Knob in to the hole at the top of the frame receptacle to secure. Repeat for the second handle, ensuring both handles are set at the correct height.

Attach the padded back rest by pressing the black thumb buttons and sliding in to the plastic back rest receivers.

# **FOLDING**

 To fold the rollator for transporting, lift the seat up and pull the black cord whilst holding the rollator handles, lifting the rollator at the same time.



- To unfold the rollator before using, lift the rollator by the handles and cord and place on the ground wheels first. This action should enable you to unfold the rollator after releasing the cord.
- The back rest will flip up for storage when not use.

# ADJUSTMENTS FOR COMFORT

#### HANDLE HEIGHT



To adjust the height of the rollator handles, unscrew the tightening handles at either side of the walker anticlockwise.

Adjust the height of the rollator handles to suit the user and then tighten by turning the tightening handles clockwise to secure (as shown in the photo).

Ensure that the tightening handles are on the outside of the rollator.

#### SEAT HEIGHT



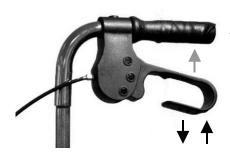
The seat height is set by the position of the legs on the rollator.

- Loosen the Height Adj Knob (A) by turning anticlockwise and remove.
- Press the Height Adj Button (B) and adjust the leg until in locks to the required height. Ensure that the button 'clicks' in to one of the holes.
- 3. Reinsert the Height Adj Knob (A) in to the original hole and turn clockwise to secure.
- 4. Repeat the procedure for the other 3 legs, ensuring they are all set at the same height.

## **BRAKE OPERATION**

To operate the cable brakes:

 Squeeze the brake lever up to engage the brake (in the direction shown by the grey arrow). To lock the brakes, push down on the brake lever until it locks (as shown by the black downwards arrow in the photo). To unlock the brakes, pull up on the brake lever until the lock removes (as shown by the black upwards arrow)



NOTE: The brakes on rollators are factory set and should not require adjustment. For technical assistance on the walker brakes, contact your Drive Medical Ltd dealer.

### CARE AND MAINTENANCE

- Ensure the walker is used only as an aid for mobility.
- Ensure the walker is kept clean. Wipe down the walker with a damp cloth on a regular basis.
- Check the moving parts (e.g. wheels and height adjustment) regularly. All moving parts should operate freely without excessive movement or play.
- Ensure that the hand operated cable brakes are functioning correctly. When squeezed or locked on, the two rear wheels should not be able to turn.
- All the fasteners (screws, nuts and bolts) are to be checked regularly to ensure they are securely tightened.
- It is recommended that the rollator is serviced on an annual basis, if the rollator is used by a single user. If the rollator is used in a multi-user environment (such as in communal housing) servicing may be required more frequently. Any servicing, maintenance or repairs should be done by competent personnel such as a Drive Medical dealer.
- Check that the front castor wheel(s) swivels freely. Withdraw the walker from use if it does not.
- The estimated service life for the rollator is 6 years given normal everyday use by a single user. After 6 years, the device should be replaced.

## SPECIFICATION

	R6RDHA / R6BLHA	R8RDHA / R8BLHA
Dimensions (L x W x H) (cm/in)	62-75 x 62 x 75-97cm 25-30" x 25" x 30-38"	69-79 x 62 x 79-99cm 27-31" x 25" x 31"-39"
Dimensions folded	25 x 62cm	25 x 62cm
(L x W) (cm/in)	10" x 25"	10" x 25"
Seat Height(cm/in)	46 - 56cm (18"-22")	48 - 58cm (19"-23")
Weight (kg/lb)	6.6kg (14lb)	7.1kg (15lb)
Max. User Mass	135kg / 21 stone	135kg / 21 stone

### WARRANTY

Your Drive branded product is warranted to be free of defects in materials and workmanship for one year from date of purchase.

This device was built to exacting standards and carefully inspected prior to shipment. This warranty is an expression of our confidence in the materials and workmanship of our products and our assurance to the customer.

In the event of a defect covered by this warranty, we will at our option supply parts or replace the device.

This warranty does not cover device failure due to owner misuse or negligence, or normal wear and tear. The warranty does not extend to nondurable components, such as rubber accessories, castors and grips, which are subject to normal wear and need periodic replacement.

If you have any queries or require full warranty conditions, please contact your Drive stockist.



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Document Code: R8HA\_IFU (Issued Oct 11)