Sports Wristband User Manual

Appearance

This manual pictures for reference only, please prevail in kind.



[Basic parameters]

Screen:OLED	 Bluetooth: 4.0BLE
 Standby time:over 100 h 	 Battery: lithium polymer battery

Set up APP and Connect bluetooth

1.Load down and install APP

1)For Andriod devices(Andriod 4.3 or above, including Samsung S3/S4/S5/S6/Note3/Note4)

Go to google play store seach"wristbandApp" then loaddown and install it on your Andriod phone. Then set your information.

2)For Apple devices(IOS 6.0 or above, including iPhone4S/5/5S/5C/6/6 Plus, iPad2/mini/air)

Go to google play store seach "wristbandApp fitness" then loaddown and install it on your Andriod phone. Then set your information

2.Connect Bluetooth

Please make sure the Bluetooth of your phones is open before using the APP.

- Press the key of wristband go to the Bluetooth interface ; Press again to view the Bluetooth status, normal circumstances it is off by , press to open the Bluetooth by , It will display wristband ID on the screen.
- 2) Open the APP installed in your phone, "skip" the first menu and enter "Setting" by

,then down to slide the switch in red,if it turn to blue,the <u>Bluetooth connection</u> is successful then the wristband

appears ((1)) 12348DF and this ID also appears on APP in the end of setting interface.

3) Click with APP.Every time you want to update the

wristband data to the APP, please also click the

Pedometer

1. Press to enter the main menu, press the power key come to the

pedometer menu 🍱

2. Press to enter the pedometer 21354 (c), it shows the current movement steps.then press enter the distance 2153 (c), it shows the current movement distance.Press again enter energy consumption 213 (c), it shows the current energy consumption.Press the enter goals (c), it shows the progress of the completion of goals you set.

Sleep monitoring

- 1. Press the enter key be to enter the main menu, press twice the power key to enter sleep monitoring menu
- 2. Press I to enter sleep sub menu, it shows last night your sleep situation.

You can view your sleep status of last night in the second morning. The following marks represent your sleep quality.



Remote camera

1.After connecting Bluetooth,open the APP and click settings interface.



2.Click "remote camera", the wristband automatically come to the control

interface **mail and the same time phone's camera is open, press the enter**

key ^w to take photos.After taking photos,click the photos your want and click"use photo" to save them.

3. When APP exit the remote camera the wristband automatically exit control interface. If the Bluetooth suddently disconnected press the return key to exit.

Smart alarm

Open the APP then click enter setting page ,click the "smart alarm" to turn on the alarm and set the clock with time(click the time it will appear hours and minuts for your choosing) and date of week(just click the dates you want to alarm). Then remember to save what your set.

Remind features

- 1. Open the APP then click enter setting page, click "remind features" to turn on the switch of "call reminder" "message reminder" and save. Please note: the IOS devices are not support" message reminder"
- 2. After synchronization with the APP, if your phone have a call or message coming, wristband will notify users in unique way.

Bettery

1.It built in non-removable but rechargeable lithium battery.When it

appears ", it means the power is insufficient and need to be charged right now.When it appreas ", it means the power is full.

2.It need to be charged full 0.5-1 hours.