NSD® PB-588/588C/588HC Gyroscopic Exerciser

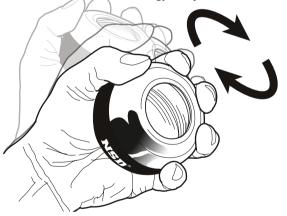


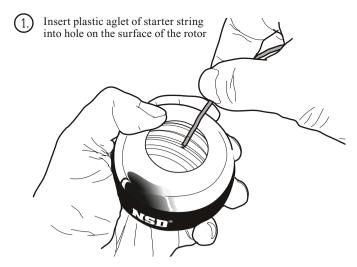
- Stainless steel shell construction, anodized in silver or gold color and polished to a mirror like shine
- Solid zinc rotor (PB-588 & 588C) for ultimate strength and muscle building, or hollow aluminum (PB-588HC) rotor to fine-tune fast twitch muscle
- Patented design with soft ergonomic grip
 - Computer balanced inner rotor for VIBRATION FREE operation at up to 27,000 RPM
 - Simple to start with a pull-string (included)
- Small, compact exercise machine you can take ANYWHERE.

) Wind starter string tightly around the rotor



4.) Rotate your wrist in a circular motion to speed up the gyroscopic rotor





3. Remove finger(s) from the surface of the rotor, then pull the starter string rapidly to get the rotor spinning



Below are a few tips to help you operate the exerciser:

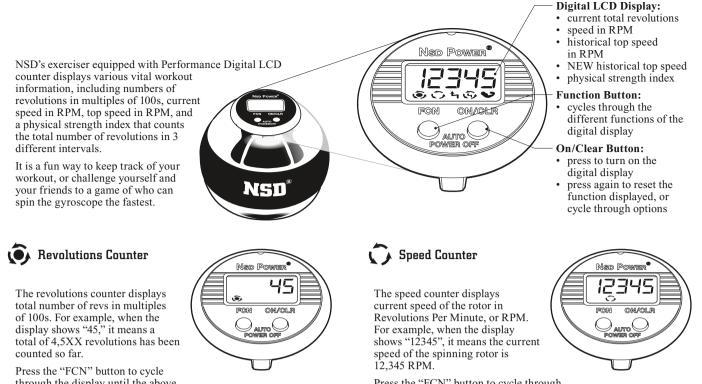
- The faster the rotor spins, the easier it is to operate. Make sure you give the starter string a firm tug
- Start your wrist rotation slowly, in a motion similar to opening that of a door knob
- When you've matched the rhythm of the rotor's gyration, you'll see the rotor orbit once around its track for every single rotation of your wrist
- Once the rotor is spinning up to speed, be sure to keep a tight grip on the ergonomic grip
- Do not drop the ball
- Please keep the interior of the sphere clean and away from liquid and grease
- DO NOT TOUCH THE INNER ROTOR WHEN OPERATING!



NSD Gyroscopic Hand, Wrist, and Forearm Exerciser

USEF MANUAL PB-588 PB-588C PB-588HC

NSD^{*}Spinner



through the display until the above symbol appears, then press the "ON/CLR" button to reset the counter.

Please note, when speed reaches in excess of 18,000 RPM, the revolution counter will stop counting.

Top Speed Counter

The top speed counter displays the historical highest speed achieved in RPM. For example, when the display shows "12345," it means the highest speed so far is 12,345 RPM. When the display shows a flashing "⁵," with a flashing score, it means a NEW top speed has been achieved.



Press the "FCN" button to cycle through the display until the above symbol appears. Press the "ON/CLR" button once to clear the top speed for current session (), press the "ON/CLR" button again to reset the historical top speed counter.

NSD Patents

NanoSecond Technology owns multiple patents in countries as listed. We will aggressively pursue and protect our intellectual property rights.

Australia	China	Germany	Japan
No. 2010100337 No. 2010101151 No. 2007100698 No. 2008101124 No. 2008100053	No. ZL201220665570.9 No. ZL201220227111.2 No. ZL201220221750.8 No. ZL201220032497.1 No. ZL201120235419.7 No. ZL2011202419065.1 No. ZL201020554021.5 No. ZL201020554021.5 No. ZL201020533429.4 No. ZL201020533429.4 No. ZL200620027443.0 No. 200820135219.2 No. 200520027599.4	Nr. 20 2012 103 794.7 Nr. 20 2012 102 791.7 Nr. 202011052088.9 Nr. 202010008973.5 Nr. 20 2010 005 323.4 Nr. 20 2009 011 213.6 Nr. 20 2006 014 737.3 Nr. 20 2007010179.1 Nr. 20 2004 017 469.3 Nr. 20 2005 017 793.8	No. 3127440 No. 3146882 No. 3118250

Press the "FCN" button to cycle through the display until the above symbol appears.



revolutions within a 30, 60, or 90 seconds interval. For example, when the display shows "30,", it

The physical strength index counter displays the numbers of

will start counting down from 30 seconds and total the number of revs within that time interval, then at the end of the 30 second interval the number of revolutions will display.

Physical Strenth Index Counter

Press the "FCN" button to cycle through the display until the above symbol appears. Press the "ON/CLR" button while the rotor is stationary to cycle through the 3 different intervals, between 30 seconds, 60 seconds, and 90 seconds. Start the rotor of the gyroscope and the countdown will begin as the symbol flashes. Press "ON/CLR" again to reset the counter.

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Korea	Taiwan	USA	U.K.
No. 20-0453244	No. M451997	No. D636,037	GB2440513
No. 20-0453243	No. M446007	No. 7,736,275	GB2478586
No. 20-0373474	No. M442860	No. 7,736,276	GB2463875
No. 20-0405233	No. M432444	No. 7,846,066	GB2431120
Netherlands	No. M419586	No. 7,381,155	
	No. M398942	No. 6,623,405	
No. 2004729	No. M424970	No. 7,101,315	
No. 1033359	No. M388191	No. 7,077,786	
Russia	No. M391415	No. 7,452,307	
	No. M294341	No. 7,086,990	
No. 2469762	No. M308777	No. 7,318,790	
No. 71795	No. M350393	No. 7,033,304	
No. 125082	No. M259618	No. 6,942,601	
South Africa	No. M289072		
No. 2007/6366			