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NIGHT OWL

Owls that will warm you up made with very soft fabric, with big felt eyes and a belly stuffed with organic rye and lavender.

To soothe babies' stomach aches or just to hoot with pleasure before bedtime, simply heat up the night owl (best of all: he smells great).

Having a night owl is a hoot!
There are many benefits to having a night owl.

hot:

- they calm colic in newborns (and they work for stomach aches in big kids too, or for new moms whose breasts are full of milk).
- they relax muscles after a long bike ride or a crazy snail race.
- they help repair damaged tissue, ouch, especially if you fall off your bike during the ride.
- they lessen light pains, discomfort from teething, muscle aches and small bruises, and headaches.
- they promote tissue elasticity, ideal for pregnant women and daddies that eat a lot!

cold:

- they ease the pain of big booboos, such as the bruise that appears after a missed triple somersault, blind-folded on your parents' bed.
- they calm painful joints, which always results after death-defying somersaults...
- they relieve scrapes and scratches, such as the war wounds suffered against your little sister, who'd transformed without her knowing it into a wild dragon.
- they reduce muscle spasms, after the stool falls apart while you're looking for cookies in the kitchen cupboard.
- they reduce aches, pains and other discomforts, just like when they're heated!

DIRECTIONS FOR USE

hot:

- **Remove the night owl's cover, then place the seed bag on a clean oven-ready plate and put in the appliance of your choice.**
- **Microwave: warm the seed bag for 60 to 90 seconds at maximum (according to the power of your appliance), shake the bag then wait a minute to spread the heat throughout the bag. Do not overheat.**

ONE VERY IMPORTANT NOTE: never heat for longer than recommended!

- **Conventional oven: preheat to 100°C (or 200°F), then TURN IT OFF (that is also very important) and place the seed bag inside for 10 min to warm up.**

Common sense and adult supervision are always required to ensure the night owl is not too hot before giving it to a child.

cold:

- **Freezer: place the seed bag in a plastic freezer bag and put it in the freezer for at least three hours before using it. Do not put it directly in the oven from the freezer (and above all don't put it in with the plastic bag!).**

25 cm X 25 cm. Cotton pouch stuffed with 450 g of seeds and 5 g of lavender blossoms, delivered with a user manual.

Machine wash the cover in cold water. Hang to dry. Never wet the seed pouch.

When not in use, remove the seed bag from its cover and place it somewhere dry.

Your night owl is not a toy! Children less than three years old should not use it without adult supervision.

Careful, if the seed bag shows signs of wear you should replace it. Contact us quickly, as if it breaks, your child may ingest the bag's seeds.

SMILE WON'T FADE IN THE WASH

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